

October LLI Forum

Wednesday, October 2, 2013, at 10 a.m.
(Social Time at 9:30 a.m.)

***What Policy Choices Are Needed to Keep
Medicare and Social Security Strong?***

Bill Kallio, Virginia's Director of AARP (formerly the American Association of Retired Persons), will address several important national issues related to Social Security and Medicare. He will review the origins of these two programs, trace the legislative history and how they have changed over the years, and discuss how major reforms have improved both programs. Additionally, he will look at the challenges currently facing both programs and outline the policy choices that need to be made if promises are to be kept for current and future generations.



Bill Kallio

Mr. Kallio has worked for AARP for 25 years; since 1995, he has served as Director of Virginia's operations, overseeing AARP's program, community service and advocacy activities within the commonwealth. As a senior program specialist, he directed AARP's national Widowed Persons Service with over 230 sites across the country. Later he served as a legislative representative, organizing AARP's federal advocacy activities and developing grassroots volunteer activities in six states. AARP has more than 40 million members, with staff offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands.

Please join in welcoming Mr. Kallio, who is coming from Richmond to be our Forum speaker. In addition to his main topic, there will be an opportunity to learn about some of AARP's new programs and to ask questions on other issues.



2013 Holiday Lunch *Save the Date!*



Please save the date for our fun and festive annual Holiday Luncheon. The registration form will be in the next newsletter.



REMINDER — LLI Arts & Crafts Exhibit Before the Forum

Don't Forget! Please plan to arrive early to view the Arts & Crafts exhibit, displaying the talents of some of our LLI members, starting at 9:00 a.m. Refreshments will be available at the usual time of 9:30 a.m.

Please Note: *Parking is available in the parking garage (\$2/hour). Parking in B and C lots is by permit only. If no garage slots are available, a \$12 daily permit for the B lot is available at the office to the right just inside the garage entry gate.*

Calendar of Events



October 2013

- 2 Forum
- 11 Board Meeting
- 11 November newsletter deadline
- 21 November newsletter mailing
- 25 **Lincoln's Legacy Day Trip**

December 2013

- 3 **LLI Holiday Party**
- 5 **Longwood Gardens Holiday Tour**
- 6 January newsletter deadline
- 13 Board Meeting
- 16 January newsletter mailing

November 2013

- 6 Forum
- 8 Board Meeting
- 8 December update deadline
- 18 December update mailing

January 2014

- 10 Board Meeting
- 10 February newsletter deadline
- 15 Forum
- 21 February newsletter mailing



IMPORTANT: Report Address / E-Mail / Phone Number Changes

Laura Charron, Administrator

To be assured of receiving important notices concerning classes and trips, **please remember** to notify the LLI office as soon as possible of a new e-mail address as well as a change in mailing address and/or telephone number. Notify the office by phone at (703) 503-0600, or e-mail at llinova@juno.com.

LLI Board of Directors

President: Ed McKnight	Members: Ray Bednarsky 15 *,
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	Arline Sachs 16, Gina Trapp 14

* year term ends

Administrator: Laura Charron

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Newsletter Editor: Lynda Brittain 703-425-8240 brittains@cox.net

Assistant Editor: Bev Portman, 703-560-6740 firse@juno.com

Graphic Design/Desktop Publisher: Alfred Brothers

Mailing Coordinators: Bob and Merry Huley

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Members

Louise Blakely 703-451-2084
blakelylk@yahoo.com

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

New Members

Beth Altman, 8623 Silver Oak Ct., Springfield, VA 22153, (703) 644-6639, (703) 304-6882, philbethaltman@cox.net

Sharon Block, 602 Battery Place Alexandria, VA 22314, (703) 261-3941, sblock@aol.com

Nicholas Chybinski, 205 Yoakum Pkwy, Apt. 1217, Alexandria, VA 22304, (703) 751-1816, nickchy@aol.com

Ralph Driscoll, 7452 Spring Village Drive, #516, Springfield, VA 22150, (703) 451-3308, ralph1923@icloud.com

Phyllis Furdell, 3345 Sheffield Ct., Falls Church, VA 22042, (703) 289-9702, pfurdell@cox.net

Martha Johnson, 1166 N. Pitt St., Alexandria, VA 22314, (703) 837-1613, (703) 944-8660, mmjohnson@verizon.net

Joan Karl, 205 Yoakum Pkwy., # 1007, Alexandria, VA 22304, (703) 370-1850, (703) 966-6105, davisberger@aol.com

Ingrid Larson, 7501 Candytuft Ct., Springfield, VA 22153, (703) 455-7871, (703) 314-3650, rogermlarson@verizon.net

Roger Larson, 7501 Candytuft Ct., Springfield, VA 22153, (703) 455-7871, (703) 314-3648, rogermlarson@verizon.net

Cheri Neri, 4510 Sonata Ct., Fairfax, VA 22032, (703) 323-9595, (703) 505-0300, pcneri@verizon.net

Nancy Powderly, 8425 Peace Lily Ct., #411, Lorton, VA 22079

Judy Robison, 10128 Homar Pond Drive, Fairfax Station, VA 22039, (703) 440-8479, (703) 850-5795, robisonja23@gmail.com

Richard Robison, 10128 Homar Pond Drive, Fairfax Station, VA 22039, (703) 440-8479, (540) 840-3641, the_robisons@verizon.net

Carol Rothenbacher, 5704 Evergreen Knoll Ct., Alexandria, VA 22303, (703) 329-0005, crothenbacher@cox.net

Updates

Carole Compton, carole7412@cox.net

Annette Henzke, new apt. number. Now #452

Martha (Martie) McDowall, formerly Martha Martin

J. Douglas McDowall, 302 Bishop Ct., Falls Church, VA 22046, (703) 532-0965, (703) 927-9546 (cell), Indmcd@aol.com

Janet Sperry, 2211 Enclave Paris Drive, Greenville, SC 29609



President's Message

Over the past few months, I have highlighted a number of the committees and other assignments that are established to help LLI operate efficiently and effectively. Everything that was discussed is handled by member volunteers, from the smallest one-time task to more challenging duties that can require a commitment of a year or more. Within this range there is something for everyone and now is the time for you to take your turn at volunteering. Whether you are a brand new member or you've belonged for several years, you have something to contribute to make us even better.

At this stage in our lives, each of us has acquired knowledge, experience, skills, expertise and interests that we could use to help almost any organization that we choose to join. We have had to use our creativity and ingenuity to solve problems, reached agreements when opinions and points of view were varied, and we have pursued interests to improve our minds and to simply have some fun. Whether it was through a rewarding career, the management of a home and family, the achievement of an athletic or academic goal, service to the country, a hobby, or other accomplishments, each of us has been successful in many things and acquired a good mix of skills along the way.

So consider teaching a course, finding a course instructor, helping to locate classroom space, helping to edit our course catalogs or newsletter, assisting with our annual audit, contributing ideas for Forum speakers, joining a committee to plan our annual picnic or holiday luncheon, planning a day or overnight trip, being a class coordinator, using your web development or maintenance skills to improve our website, benefitting worthy students by assisting on the Scholarship Committee, taking a turn at capturing a Forum or special event in photos, becoming a Board member, organizing or bringing treats for a Forum, assisting in selecting domestic or overseas travel destinations, helping out in the office, or creating a new Special Interest Group. There is a little or a lot for everyone.

Check our Organization Chart in this newsletter, or our website, <http://lli.nova.org>, lists all the folks who currently manage our various operations.

Community Outreach

Carol Weber, caroljeanweber@hotmail.com
Marianne Moerman, mcmoerman@juno.com

October food donations will go to Ecumenical Community Helping Others (ECHO), formed in 1968 by representatives of nine Springfield churches who met to address the social needs of the community, on an ecumenical basis, with lay persons assisting the community without clergy leadership.

Currently, ECHO represents 26 congregations in the Springfield and Burke areas, is entirely staffed by about 400 unpaid volunteers, and spends less than 4% of its income on administrative expenses.

ECHO distributes donated food, clothing, school supplies, household items, and holiday baskets; offers ESL and computer classes; and provides emergency financial assistance and emotional support. The organization participates in Meals-on-Wheels and shares excess donations with other charities, including Medical Missions, The Salvation Army, and American Rescue. ECHO is proud of its policy that no client pays for any assistance received.

Although any non-perishable food is appreciated, the following are currently in low supply at the pantry: **dried beans, box potatoes, muffin mixes, canned meat, baked beans, mac and cheese, tuna, spaghetti sauce, rice, tomato sauce and paste, canned tomatoes, condiments (mustard, ketchup, mayonnaise), and deodorant.** Martie Klee will deliver our donations to ECHO.

Our year was off to a great start as members generously filled five grocery carts to the brim with their contributions to Committee for Helping Others. Thank you so much.



Click on "Who We Are" on the top, then click on "Board and Committees" to find the name of a person to contact. If you want to volunteer, but have no specific assignment in mind, please contact Phil Centini, our volunteer coordinator, who will assist in finding the right fit for your skills and interests among our current needs.

We hope you will resolve to find the time to help out.

Ed McKnight

Special Interest Groups



LLI Bridge Group

Bob or Merry Huley, 703-534-4819 or
703-489-9045 roberthuley@cox.net

October/November Play Dates — In October, we will play on **Thursday,**

October 10, and **Friday, October 25** (yes, these dates are unusual). In November, we are scheduled for **Thursday, November 14,** and **Wednesday, November 20**

Time: 10:00 a.m. – 2:00 p.m.

Location: Mason District Governmental Center

Bring a bag lunch. You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call or email me if you would like to attend (or for more information) so that we can provide sufficient card tables. We will also continue our mini-lessons after each game.

Recent Results — In our game on **August 15,** the top four players were: **Janet Goodrich, George Chalou, Connie Fullerton,** and **Jessica Burmester.**

For the game on August 28, the top four were: **Connie Fullerton, Arline Sachs, Nate Rosenbaum,** and **Jessica Burmester.** Congratulations to all.



LLI Current Events Group

Marion Jacknow, 703-698-8702
mjacknow@aol.com

Date/Time: **Friday, October 4,** 10:00 a.m. – 11:30 a.m.

Location: Small Conference Room, Mason District Governmental Center

The Current Events Group meets monthly for interesting and educational discussions. Topics reflect the current social, political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or learn more about current events — whatever is your pleasure. For more information, please contact Marion Jacknow.

*Deadline for the
November newsletter
is October 11.*



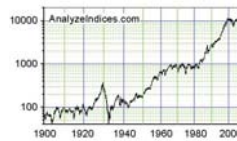
LLI Favorite Books Club

Lynne Smaldone, 703-525-9623
smaldonega@hotmail.com

Date/Time: **Thursday, October 17,**
11:30 a.m. – 1:00 p.m.

Location: Braddock District Governmental Center,
9002 Burke Lake Road (in back of King's Park Library)

Our selection for October is *A Tree Grows in Brooklyn*, a beloved American classic written by Betty Smith in 1943. Meet Francie Nolan and her family, and follow her during her bittersweet years growing up in the slums of Williamsburg, Brooklyn. Though often categorized as a coming-of-age novel, it is much more than that. Its richly-plotted narrative of three generations in a poor but proud American family offers a detailed and unsentimental portrait of urban life at the beginning of the twentieth century. Come join us! For further information, please contact Lynne Smaldone.



Financial Discussion Group

Doug Johnson, 703-628-3115
llinovadoug@gmail.com

Date/Time: **Fridays, October 11** and **December 13,** 1:30 p.m. – 3:00 p.m.

There will not be a meeting in November due to a schedule conflict at the library.

Location: Braddock District Governmental Center (in back of the King's Park Library)

Come join us as we try to figure out the market's gyrations and other financial matters. For further information, please contact Doug Johnson.



LLI French Conversation Group

Lois Czapiewski, 703-578-7562
loiszap@gmail.com

Date/Time: **Tuesdays, October 1**
and **October 15,** 10:00 a.m. – noon

Location: Goodwin House, Media Room, 3440 S. Jefferson St., Falls Church

Under the expert guidance of AI Brothers, we will continue to increase our French language skills and also our appreciation of French culture with the program *French in Action*, Leçon #19. For more information, please contact Lois Czapiewski.

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A Longwood Holiday Tour...Get in the spirit

How quickly summer is passing! Before long we will have crisp cool air, the smell of balsam in the air and jingle bells being rung. To celebrate the upcoming holiday season, we invite you to experience the traditions of the past and dazzling entertaining displays in a special wintertime visit to Longwood Gardens in Pennsylvania.

Wander through half a million twinkling lights, thousands of poinsettias, and magnificently adorned trees. Beautifully lit fountains dance in the garden's starry holiday wonderland and concerts are presented daily. Longwood's Conservatory is one of the world's great greenhouse structures. It shelters 20 indoor gardens and 5,500 types of plants. The Conservatory, which was built in 1919, has been periodically expanded and renovated and is beautifully decorated for the holidays. This event is both indoors and outdoors so visitors should dress accordingly and wear comfortable shoes. To see all of the outdoor lights, there is ample walking involved.

Tour Date: Thursday, December 5, 2013

We will leave at 9:30 am sharp (*please arrive no later than 15 minutes before departure time*) from the Little River United Church of Christ, 8410 Little River Turnpike, Annandale (across from the Northern Virginia Community College). We will stop at the Sovana Bistro for lunch before heading over to Longwood Gardens. We will have timed tickets for entry to the gardens. You are then free to roam throughout the gardens and conservatory. We estimate our arrival back in Virginia by 9:30 pm, depending on traffic.

Longwood Gardens has a café and Restaurant 1906 where you are welcome to have dinner on your own at your leisure while on the garden grounds.

Price: \$87 for members and \$97 for non-members. Includes round trip bus transport, bus driver tip, administrative fee, lunch, and entry to Longwood Gardens.

REGISTRATION IS DUE BY NOVEMBER 14, 2013. PLEASE COMPLETE THE REGISTRATION FORM AND MAIL TO THE ADDRESS ON THE FORM. SEE RESERVATION FORM FOR FURTHER DETAILS.

For questions or additional information, please contact Linda LeDuc at lal5040@aol.com or call 703-578-1178.

LLI Tour Registration Form

Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for participation, this Assumption and Acknowledgement must be signed and *two* emergency contact names and telephone numbers must be supplied. *Please print clearly.*

Tours of the Lifetime Learning Institute of Northern Virginia may require walking and physical capability to access sites that may have structural obstacles. By participating, I assume the risks inherent in this tour and agree not to hold LLI, its Board of Directors, Administrator, volunteers, and other agents responsible for any and all claims from bodily injury and/or property damage which results from my participation in this tour or my inability to participate fully.

Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance and registering the person with LLI, with payment, who can and will be totally responsible for providing all my assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

Participant Signature	Name/Tel. No. of: Emergency Contact No. 1/Emergency Contact No. 2
Participant Signature	Name/Tel. No. of: Emergency Contact No. 1/Emergency Contact No. 2

Tour Title: <u>A Longwood Christmas Tour</u>	Tour #: <u>DT-12-5-13</u>
Date of Day Trip: <u>Thursday, December 5, 2013</u>	Register by: <u>November 14, 2013</u>
Tour Fee: <u>Members: \$87; Non-members: \$97</u>	
1) Name: _____	Phone: (H) _____ (C) _____
Address: _____	Email: _____
City: _____	State: _____ Zip: _____ - _____
2) Name: _____	Phone: (H) _____ (C) _____
Address: _____	Email: _____
City: _____	State: _____ Zip: _____ - _____
Number of Reservations: _____	Total Cost: _____

Make check payable to LLI/NOVA and send to:
 LLI/NOVA
 Godwin Building (CG), Room 202
 8333 Little River Turnpike
 Annandale, VA 22003-3743

<i>For Office Use Only</i>
Amount Paid: _____
Check No. _____
Date/Initials _____

TO BE REGISTERED:

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.

Trip Contact/Information: Linda LeDuc (703) 578-1178 – la15040@aol.com.

Reservations & Payment: Payment of fee is required at time of registration. Reservations are accepted on a first-come, first-served basis.

Refunds & Cancellations: Refunds, less any non-refundable financial costs incurred, will be made if the cancellation notice is received at least two weeks (*by November 21*) before the date of departure. A refund after that date will be provided only if the reservation is filled by someone else, e.g. from the wait list. Refunds will be made after the trip is completed.

Trip Notification: You will receive confirmation by email. **If you do not have an email address correctly listed in the LLI Directory, please enclose a self-addressed, stamped legal sized envelope with your payment and registration form.**

Special Interest Groups

Continued from page 4



LLI Gourmands

Mary Underwood, 703-329-8391
maryunderwood29@verizon.net

October Event: Friday, October 4, noon at **La Côte d'Or**, 6876 Lee

Highway, Arlington. The phone number is (703) 538-3033, website: www.lacotedorcafe.com. Please contact Edie Berman at ediebe@aol.com or (703) 534-5565 by September 27 if you plan to attend.

November Event: Tuesday, November 19, noon at **Maplewood Grill**, 132 Branch Road, S.E., Vienna. The phone number is (703) 281-0070, website: www.maplewoodgrill.com. If you plan to attend, please contact Suzanne Pastura at hookedonwool@cox.net or (703) 560-1477 by November 12.

Recent Gourmand events: Karren Scott arranged the September event at Bastille Restaurant and Wine Bar in Alexandria and Beverly Harris hosted seven Gourmands at Jimmy's Old Town Grill in Herndon in August.



LLI Photography Group

Buck Myers, 703-532-3726
hbm@hbmphoto.com

Date/Time: Friday, October 18, 10:00 a.m. — 12:00 p.m.

Location: Braddock District Governmental Center, (in back of the King's Park Library)

Members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings center on a specific topic, area of interest or theme decided by the group and also include lessons from the video series "Fundamentals of Photography." Each lesson includes a small assignment to practice the information taught, which we review at the following meeting. New members are always welcome.

For further information, please contact Buck Myers.

Please remember to wear your name badges as this is now a requirement for many facilities where classes are scheduled. It is also the best way for new members to get to know others and a way for established members to welcome new members. If you have lost your badge, just contact Laura Charron at the LLI office and she will send you a new one; a replacement lanyard has a fee of \$1.00.



LLI Walkabouts

Merry Macke, 703-451-3248, cell phone:
978-505-9506 merry.macke@verizon.net

October 4 Huntley Meadows, the largest park in Fairfax County, 3701 Lockheed Blvd, Alexandria. The easiest route is to take the Rte. 1 south exit from the Beltway to Lockheed Blvd. Turn right, and just as the road veers sharply to the right, turn left into the park. This walk involves wetlands with boardwalks.

October 11 (Note this is the second Friday.) **Eakin Park**. From Little River Turnpike, go north on Prosperity Ave. The park is on the right at the second dip in the road. We can walk either way on the Cross-County Trail.

November 8 Fairview Park. From the Beltway, take Rte. 50 east. After exiting, follow the signs for Fairview Park south and to the Marriot Hotel on your left. Park there and meet in front of the hotel.

November 22 **What vigorous walk could we take to get prepared for the Thanksgiving overload on carbs? Suggestions? Please email your ideas to Merry Macke.**



In Memoriam

Former LLI member, **Peggy Wyatt**, passed away August 26, 2013. Her husband, Jack, continues to be an active participant in the Poetry Group.

LLI Travel News

Don't Forget To Sign Up! Just a reminder that the day trip, "Lincoln's Legacy Lives!" will take place on **Friday, October 25, 2013**. Registration closes on October 11. The registration form was included in last month's newsletter, and should be available online as part of the September newsletter on our website. If you have any questions, please contact Lynne Smaldone at 703-525-9623, or smaldonega@hotmail.com.

Study Travel July 10 to 23, 2014 — Grand Circle's *Travel Northwest National Parks Land Tour* — Seattle, Glacier National Park, Banff, Jasper, Sun Peaks, Vancouver. Also there is an optional pre-trip extension to Seattle and Victoria. Family and friends are welcome. For more information, contact Terry Brittain at 703-425-8240 or terry_brittain@cox.net.

BOARD OF DIRECTORS

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Secretary	Karren Scott	2016
Treasurer	Chuck Hulick	2015
Past President	Paul Hople	2014

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2	Louise Blakely	2014
3	Phil Centini	2015
4	Pat Harrison	2014
5	Nancy Jerdan	2016
6	Phil Myers	2016
7	Scott Pinckney	2016
8	Phil Runge	2014
9	Arline Sachs	2016
10	Gina Trapp	2014

* Year term ends

Administrator	Laura Charron
Asst. Treasurer	Phil Runge

Special Interest Groups

Bridge	Bob Huley
Current Events	VACANT
Notices	Marion Jacknow
Favorite Books Club	Lynne Smaldone
Financial	Doug Johnson
French Conversation	Lois Czapiewski
Gourmands	Mary Underwood
Photography	Buck Myers
Walkabouts	Merry Macke

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Publicity

Registration

Social Events Liaison

Sp. Int. Groups Liaison

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Scholarship Liaison

Study Travel

Trips

Liaison

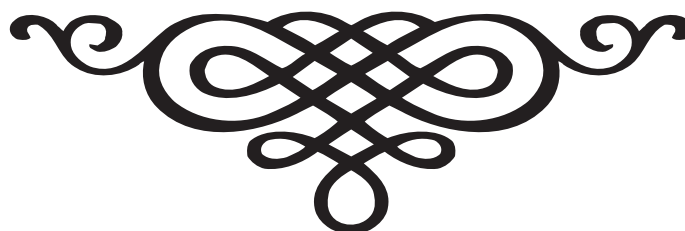
Sunshine Committee

Volunteer Coordinator

Web Site

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Ray Bednarsky
Barry Murphy
Ray Bednarsky
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Doug Johnson (Chair)
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Arline Sachs
Arline Sachs
Terry Brittain
VACANT
Louise Blakely
Pat Harrison
Phil Centini
Sid Sachs (Webmaster), Karren Scott (Editor)



From the LLI Scrapbook

*Retiring LLI board members
(l. to r.) Peter Schwarzkopf, Arlene
Gribben, Marianne Moerman,
and Merry Macke.
Absent from photo: Bob Huley.*



*Pictured here are five of the six
NOVA / Annandale Scholarship
winners.*



*LLI president Ed McKnight (l.)
thanks Dr. Robert G. Sutter (r.) for
his informative presentation on
China's current world outlook.*



*LLI members seek more answers from
Dr. Sutter.*



Established 1996



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**Time Sensitive Material
Please Deliver by
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**Look at the date on this label.
Is it time to send your dues?**

Happy Halloween



***October
2013***