

- Light Fare - Flowers

Chocolate

January LLI Forum

Wednesday, January 15, 2013, at 10 a.m. (Social Time at 9:30 a.m.)

What Should We Expect as the Affordable Care Act is Implemented?

Because of the advent of the Affordable Care Act (ACA) and the controversy surrounding the significant changes it will make to our health care system, seniors, along with others, need to be informed. What do these changes mean for me, my family, and my future health care? How will health benefits change?



Dr. Kalahn Taylor-Clark

What about costs — will they go up or down? Is there a chance I will lose all my health insurance?

With her extensive background in public health and health policy, **Dr. Kalahn Taylor-Clark** will provide some basics on the ACA and delve more deeply into what to expect from the changes occurring over the next several years.

Dr. Taylor-Clark holds a BA in International Relations from Tufts University, a Masters in Public Health from Tufts School of Medicine, and a PhD in Health Policy and Political Analysis from Harvard University. In addition she was a Kellogg Health Scholar at Harvard University. Currently, she is an Assistant Professor and Senior Advisor to the Center for Health Policy Research and Ethics at George Mason University; Director of Health Policy at the National Partnership for Women & Families, a non-profit public policy organization; and a Visiting Scholar at The Brookings Institution.

LLI welcomes Dr. Taylor-Clark as she takes time from her busy schedule to inform us on this important topic. ic Poetry — Candlelight — Live M Mark Your Calendar and Celebrate Valentine's Day at the 10th Annual Valentine's Day Open House Sponsored by the LLI Poetry Group Friday, February 14 2:00 p.m. to 4:00 p.m. Little River United Church of Christ Social Hall

Chocolate — Light Fare — Flowers —

Balloons

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Mark Your <u>2014</u> Calendars The 2014 Holiday Luncheon is scheduled for December 3, 2014.

Please Note: Parking is available in the parking garage (\$2/hour). Parking in B and C lots is by permit only. If no garage slots are available, a \$12 daily permit for the B lot is available at the office to the right just inside the garage entry gate.

Calendar of Events

January 2014

March

14

- 10 Board Meeting
- 10 February newsletter deadline
- 15 Forum
- 21 February newsletter mailing

February

- 5 Forum
- 14 LLI Valentine Party
- 14 Board meeting
- 14 March newsletter deadline
- 24 March newsletter mailing



4 Forum (note change

Board meeting

of date)

14 April newsletter

24 April newsletter

deadline

mailing

IMPORTANT: Report Address / E-Mail / Phone Number Changes

Laura Charron, Administrator

To be assured of receiving important notices concerning classes and trips, **please remember** to notify the LLI office as soon as possible of a new e-mail address as well as a change in mailing address and/or telephone number. Notify the office by phone at (703) 503-0600, or e-mail at *llinova@juno.com*.

LLI Board of Directors

President:Ed McKnightVice President:George ChalouSecretary:Karren ScottTreasurer:Charles HulickPast President:Paul Hopler

Members: Ray Bednarsky 15 *, Louise Blakely 14, Phil Centini 15, George Chalou 15, Pat Harrison 14, Nancy Jerdan 16, Phil Myers 16, Scott Pinckney 16, Phil Runge 14, Arline Sachs 16, Gina Trapp 14

* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Lynda Brittain 703-425-8240 brittains@cox.net Assistant Editor: Bev Portman, 703-560-6740 firse@juno.com Graphic Design/Desktop Publisher: Alfred Brothers Mailing Coordinators: Bob and Merry Huley

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Members

Louise Blakely 703-451-2084 blakelylk@yahoo.com

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

New Members

Bob Bowen, 3707 Moss Drive, Annandale, VA 22003, (703) 941-4253, *bowenhq@cox.net*

Kate Greeley, 9600 Helenwood Drive, Fairfax, VA 22032, (703) 978-4733, gogogreeley@cox.net

Mike Greeley, 9600 Helenwood Drive, Fairfax, VA 22032, (703) 978-4733, *mngreeley@cox.net*

Ruth Uhlig, 4615 Briar Patch Ct., Fairfax, VA 22032, (703) 323-1954

Updates

Mary Hollingshead, molholling53@gmail.com



NVCC Newsletter

The Northern Virginia Community College, Annandale Campus, issues an electronic community newsletter. Goals of the newsletter include providing information regarding activities and events on campus and addressing community concerns. If you would like to receive this newsletter, send your request with your email address to *rhull@nvcc@nvcc.edu*.



If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather or other emergency, all LLI classes, Forums, and other activities, except trips, are cancelled regardless of class location. LLI morning classes are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon classes are cancelled if the FCPS announces early dismissal.

President's Message

ave you ever wondered how many LLI members actually participate in the class offerings we have each session? The answer is really quite important to the Curriculum Committee and the Board as a whole. It is sort of our "score card," if you will. Are we providing courses that interest a lot of our members? Are people participating? How are we doing?

Let's look at the just completed Fall 2013 program. We offered 43 classes (about normal for a fall session) covering subject areas of art/music, government/politics, health/science, history/religion, literature, personal development/crafts, and trips/travel. From my perspective, that's a lot of diversity and choice. There should be something for everyone, even if it's just one class. I'm sure there are other areas of interest and we would offer classes in them if we knew what was wanted.

So, back to the question: how did we do? Of the roughly 360 members (the number floats from month to month), 246 members (a little over 68%) signed up for at least one class. We average around 66%, so fall registration was slightly higher than average. The average number of classes taken per registration member was 6.5. We also had close to 1,600 *individual students* in classes during this one term. But...what about the 31.5% who didn't take a class? We are never sure why this occurs, but it happens each session. Sometimes, life interferes. The reasons are as varied as our membership. People travel; they have medical issues or their loved ones do; and some join just for the Special Interest Groups or for our travel programs. And, of course, there are those times when nothing really appeals to you, which we need to correct. Our collective concern, however, is that we are not providing what the 31.5% want. It is important that you, the members, let us know what we need to do to get closer to the 100% participation level.

The Winter/Spring program is now underway. I hope you found something you liked and were excited about. The Curriculum Committee works very hard to bring you diverse class offerings as well as several sure fire classes that over time, have "long legs." The Committee exists only to serve the membership and is constantly looking for ways to approach that 100% participation. If you didn't find

Community Outreach

Carol Weber, caroljeanweber@hotmail.com Marianne Moerman, mcmoerman@juno.com

The St. Phillip Catholic Church in Falls Church is the recipient of the January 2014 LLI food drive. Their food pantry is in special need of **peanut butter**, **jelly**, **and canned tuna**, but any nonperishable item would be appreciated. Thanking in advance all those who bring donations to the January Forum. George Chalou will deliver our donations this month.

Recent cuts to SNAP (formerly Food Stamps) have already eliminated 200 million meals, many of which would have gone to recipients who are elderly or with disabilities. The Congressional bill currently being debated proposes even deeper cuts — the Senate by \$4.5 billion over a decade and the House by \$40 billion by tightening eligibility rules. As those in need rely more heavily on food pantries, our donations are needed more than ever.

Volunteer Opportunities

LLI always needs volunteers to help with a variety of activities. For a list of these activities please contact one or more of the LLI Coordinators listed below. Match your talents with an area in which you can contribute your time and energy. Join other volunteers, support LLI, and have fun!

Volunteer Coordinator: Phil Centini, 703-658-1545, *barry.centini@verizon.net*

Speaker Forum Committee: Joseph Pincus, 703-569-0973, *joseph@pincus.org*

anything that appeals to you, let us know. You can help the Curriculum Committee by suggesting courses you would like to see as well as identifying instructors you have heard about. In fact, based on all you are, you could give a class! Help the Committee help LLI offer the best programs possible.

Special Interest Groups



LLI Bridge Group

Bob or Merry Huley, 703-534-4819 or 703-489-9045 roberthuley@cox.net

Time: 10:00 a.m. – 2:00 p.m.

Location: Mason District Governmental Center

January/February Play Dates — In January, we plan to play on Thursday, January 9, and Wednesday, January 22. In February, we will play on Thursday, February 13, and Wednesday, February 26.

Bring a bag lunch. You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call or email me if you would like to attend (or for more information) so that we can provide sufficient card tables.

Recent Results — In our game on November 14, the top four players were: Janet Goodrich, Nate Rosenbaum, Betty Yeary, and Connie Fullerton. For the game on November 20, the top four were: Dick Schacher, Marie Schacher, Merry Huley, and Bob Huley. Happy Holidays and congratulations to all.



LLI Current Events Group

Marion Jacknow, 703-698-8702 mjacknow@aol.com

Date/Time: Friday, January 3, 10:00 a.m. — 11:30 a.m.

Location: Small Conference Room, Mason District Governmental Center

The Current Events Group meets monthly for interesting and educational discussions. Topics reflect the current social, political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or learn more about current events – whatever is your pleasure. For more information, please contact Marion Jacknow.

Deadline for the February issue is January 10.



LLI Favorite Books Club

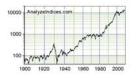
Lynne Smaldone, 703-525-9623 smaldonega@hotmail.com

Date/Time: Thursday, January 16, 11:30 a.m. – 1:00 p.m.

Location: Braddock District Governmental Center, 9002 Burke Lake Road (in back of King's Park Library)

Our selection for this month is *The Painted Girls* by Canadian author Cathy Marie Buchanan. A historical novel set in 1870's Paris during the Belle Époque, it was inspired by the real-life model for Degas' *Little Dancer Aged 14* and by the era's most famous criminal trials. Follow the lives of the van Goethem sisters as they struggle to survive after their father's sudden death and their mother's descent into absinthe addiction.

Come join us! For further information contact Lynne Smaldone.



Financial Discussion Group

Doug Johnson, 703-628-3115 llinovadoug@gmail.com

Date/Time: Friday, January 10, 1:30 p.m. — 3:00 p.m.

Location: Braddock District Governmental Center (in back of the King's Park Library)

Come join us as we try to figure out the market's gyrations and other financial matters. For further information, please contact Doug Johnson.



LLI French Conversation Group

Lois Czapiewski, 703-578-7562 loisczap@gmail.com

Date/Time: Tuesdays, January 7 and January 21, 10:00 a.m. — noon

Location: Goodwin House, Media Room, 3440 S. Jefferson St., Falls Church

Under the expert guidance of Al Brothers, we will continue to increase our French language skills and also our appreciation of French culture with the program "French in Action", Leçon #21 and then #22.

For more information, please contact Lois Czapiewski.



LLI Gourmands

Linda Cyr 703-750-1257, linda.cyr@verizon.net Patti Volz, 703-892-6124, pattivolz@verizon.net

January Event: Monday, January 13, 11:30 a.m. at the Pho Hai Duong Vietnamese restaurant located in the Seoul Plaza, 4231-M Markham St., Annandale. If you are interested in attending, please contact Linda Cyr by January 8 at 703-750-1257, or by email to *linda.cyr@verizon.net*.



LLI Photography Group

Buck Myers, 703-532-3726 hbm@hbmphoto.com

Date/Time: Friday, January 17, 10:00 a.m. - 12:00 p.m.

Location: Braddock District Governmental Center, (in back of the King's Park Library)

Members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings center on a specific topic, area of interest or theme decided by the group and also include lessons from the video series "Fundamentals of Photography." Each lesson includes a small assignment to practice the information taught, which we review at the following meeting. New members are always welcome.

For further information, please contact Buck Myers.

Membership Renewal Reminder

The mailing label on each newsletter includes your membership renewal date. You must renew and be a member in good standing in order to register for courses and to participate in LLI's many other activities. Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI.



Please print clearly to help ensure that your information is entered correctly. It is important to include the form with your check, for ease in crediting your membership renewal in our database.



LLI Walkabouts

Merry Macke, 703-451-3248, cell phone: 978-505-9506 merry.macke@verizon.net

Date/Time: Fridays at noon — If the temperature is below freezing or the roads are icy, the walk will be

cancelled.

We all know that walking is one of the best and easiest exercise seniors can do. If it is difficult to make it part of your usual routine, one way to convince yourself to do it regularly is to come to Walkabouts twice a month. It is only an hour, usually on an easy course, and you will discover all kinds of neighborhood walks that you never knew about. Fairfax County has many lovely walks that follow streams, plus there are nice folks to talk with to make walking so much easier. So please join us for our twice-monthly noon walks. Call Merry Macke at 703-451-3248 if you wish further details.

December 27: Roundtree Park. 3320 Annandale Rd. The park is located in Falls Church on the south (right) side of Annandale Rd. between Gallows Rd. and Graham Rd./Hickory Hill Rd. It is somewhat hidden as you go up a hill from the direction of Gallows Rd. Meet in parking lot. The path goes toward Sleepy Hollow Rd.

January 10: Burke Lake Park. 7315 Ox Rd. (Rte. 123). From Braddock Rd., take Burke Lake Rd. south until Rte. 123 (Ox Rd). Turn left and the second left is the park entrance. As you enter the park, go left and park in the large parking lot close to Ox Rd. We will meet by the restrooms close to the road.

January 24: Lake Mercer. Fairfax County Parkway (VA 286) going west. Take Pohick exit but proceed to Hooes Rd. going south, which is the second left. Pass 1st light Newington/Valleyfield Drive) and then look to the right for a small parking area in the woods. Park and path begin there. The path has been made into a paved road on the east side. Meet there.

Please remember to wear your name badges as this is now a requirement for many facilities where classes are scheduled. It is also the best way for new members to get to know others and a way for established members to welcome new members. If

you have lost your badge, just contact Laura Charron at the LLI office and she will send you a new one; a replacement lanyard has a fee of \$1.00.

Gourmands Under New Leadership

Greetings fellow Gourmands and all LLI members! As the new chairs of this Special Interest Group, Linda Cyr and Patti Volz, we would like to introduce ourselves as we take the reins of leadership from Mary



Underwood. We joined LLI in May/June 2013 as recent retirees from the federal government, each having worked in the Intelligence Community for over 30 years. We have been very happy with the opportunities that LLI affords; we are excited about our new challenge; and we want to make the Gourmands whatever the Gourmands participants want it to be!

And that can run the gamut from a wine pairing lunch, a weekend brunch, ethnic cuisine explorations, an afternoon tea, home-hosted event, or just good food. We encourage you to think outside the box since none of us has the corner on food opportunities in the Washington area. We will continue to plan events the same way: each month, a member volunteers to "manage" the event (e.g., talking with the restaurant about individual billing or fixed pricing, making the reservations) and keeps track of who plans to attend. We'll provide a current membership list, the announcement in the LLI newsletter, and other support as needed.

We are always looking for new members. So if you've ever been curious about what the group does, please let us know and we'll add you to the membership list and welcome your participation. Being a member does not mean you have to attend every event, although the more the better! We think you'll find it a lot of fun, and we hope to continue the success the Gourmands SIG has enjoyed through the years.

If you have any questions, comments, or (let's hope not) complaints, please contact us: Linda Cyr at *linda.cyr@verizon.net* and Patti Volz at *pattivolz@verizon.net*.



Humor Corner

Walking the Dog

A WOMAN was flying from Melbourne to Brisbane. Unexpectedly, the plane was diverted to Sydney along the way. The flight attendant explained that there would be a delay, and if the passengers wanted to get off the aircraft the plane would re-board in 50 minutes.

Everybody got off the plane except one lady who was blind. A man had noticed her as he walked by and could tell the lady was blind because her guide dog lay quietly underneath the seats in front of her throughout the entire flight.

He could also tell she had flown this very flight before because the pilot approached her, and calling her by name, said, "Kathy, we are in Sydney for almost an hour. Would you like to get off and stretch your legs?"

The blind lady replied, "No thanks, but maybe Buddy would like to stretch his legs."

Picture this:

All the people in the gate area came to a complete standstill when they looked up and saw the pilot walk off the plane with a guide dog! The pilot was even wearing sunglasses.

People scattered.

They not only tried to change planes, but they were trying to change airlines!

True story... Have a great day and remember...

...THINGS AREN'T ALWAYS AS THEY APPEAR.

Gingham Dress

lady in a faded gingham dress and her husband, dressed in a homespun threadbare suit, stepped off the train in Boston, and walked timidly without an appointment into the Harvard University President's outer office.

The secretary could tell in a moment that such backwoods, country hicks had no business at



Harvard & probably didn't even deserve to be in Cambridge.

"We'd like to see the president," the man said softly.

"He'll be busy all day," the secretary snapped.

"We'll wait," the lady replied.

For hours the secretary

ignored them, hoping that the couple would finally become discouraged and go away.

They didn't, and the secretary grew frustrated and finally decided to disturb the president, even though it was a chore she always regretted.

"Maybe if you see them for a few minutes, they'll leave," she said to him.

He sighed in exasperation and nodded. Someone of his importance obviously didn't have the time to spend with them, and he detested gingham dresses and homespun suits cluttering up his outer office.

The president, stern faced and with dignity, strutted toward the couple.

The lady told him, "We had a son who attended Harvard for one year. He loved Harvard. He was happy here. But about a year ago, he was accidentally killed. My husband and I would like to erect a memorial to him, somewhere on campus."

The president wasn't touched. He was shocked. "Madam," he said, gruffly, "we can't put up a statue for every person who attended Harvard and died. If we did, this place would look like a cemetery."

"Oh, no," the lady explained quickly. "We don't want to erect a statue. We thought we would like to give a building to Harvard."

The president rolled his eyes. He glanced at the gingham dress and homespun suit, then exclaimed, "A building! Do you have any earthly idea how

much a building costs? We have over seven and a half million dollars in the physical buildings here at Harvard."

For a moment the lady was silent. The president was pleased. Maybe he could get rid of them now.

The lady turned to her husband and said quietly, "Is that all it cost to start a university? Why don't we just start our own? " Her husband nodded. The president's face wilted in confusion and bewilderment.

Mr. and Mrs. Leland Stanford got up and walked away, traveling to Palo Alto, California where they established the university that bears their name, Stanford University, a memorial to a son that Harvard no longer cared about.

You can easily judge the character of others by how they treat those who they think can do nothing for them.

— A TRUE STORY by Malcolm Forbes

LLI Trip Committee Bids Farewell

The trip committee sponsored two recent day trips: The Lincoln Legacy tour in October and the Longwood Garden Holiday tour in December. In 2013, the committee also sponsored day trips to the Suicide Bridge/Harriet Tubman tour and the Nats Baseball game. Many of us have fond memories of these and other past LLI day and overnight trips.

Unfortunately, although two members stepped forward to help staff the committee (and we thank them for volunteering), we were unable to obtain the eight volunteers that were needed in order to continue providing these events to our members. So sadly, we must bid "adieu" to the LLI Trip Committee. Should new members desire to restart the committee at some future time, an LLI Trip Committee Procedures Manual, which has been drafted and is awaiting Board approval, can serve as a guide to developing new trips.

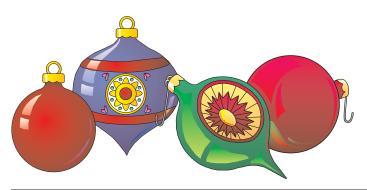
To all the trip committee leaders (and our founder Louise Sousk) and members, past and present, who have so generously given of their time and talent, a *great big thank you* for providing such wonderful trips to the LLI membership over these many years.

Many Thanks for a Job Well Done!

warm and heartfelt thank you to the 2013 Holiday Luncheon Committee! A wonderful time was had by all on December 3 at the Country Club of Fairfax. Committee Chair Bonnie Hopler, along with Louise Blakely, Anna Dixon, Kathy Hall, Trudy Hynes, Nancy Jerdan, Bo Kelley, Merry Macke, Sheri Masek, and Suzanne Pastura, really "outdid themselves" this year. The luncheon theme, "Christmas and Hanukah around the World," sparked much interest and conversation. For those who were unable to attend, each table represented a different country with a centerpiece and "favors" that were symbols of how that country celebrates the holidays. Countries represented included Denmark, Ireland, Israel, Germany, the United States, and Russia, among others, and on each table was a description of how that country's celebrations came to be. Not one detail was overlooked, down to the small flags from different countries that graced each dessert!

Katie and Logan, a local husband and wife acoustic duo, provided the enjoyable entertainment, singing Christmas, Hanukah, and winter-themed songs. The Luncheon Committee also provided narrated descriptions of holiday celebrations in various countries and these descriptions accompanied each song. Judging by LLI members' many compliments and praise of the day's festivities, it's obvious how much they enjoyed the event and very much appreciated the Committee's hard work.

Committee Chair **Bonnie Hopler** wishes to add her thank you to the generous people who attended the annual Holiday Party — a record attendance — and for the toys given to the children at Bethany House. Because of the two cars full of gifts that were collected from our members and their guests, babies to teens will have wonderful toys and games on Christmas and throughout the year. The administrator and staff at this shelter for women and children truly appreciated your gifts.





Committee Members



Table Decorations



The Two Singers

From the LLI Scrapbook













See more pictures on the LLI Website.



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Time Sensitive Material Please Deliver by December 27, 2013

Look at the date on this label. Is it time to send your dues?

