

October LLI Forum

Wednesday, October 1, 2014, at 10 a.m.
(Social Time at 9:30 a.m.)

Is Google Making Us Stupid?
What Is the Internet Doing to Our Brains?

The Internet has transformed our lives faster and to a much greater extent than the Industrial Revolution. But, despite its undeniable advantages, the Internet has some hidden consequences. Why are heavy Internet users having problems concentrating on serious studies in college and in the professions? Can it be that the Internet is altering our brains, changing the way we learn? In his book, *The Shallows: What the Internet Is Doing to Our Brains*, Nicholas Carr crystallized one of the most important debates of our time: As we enjoy the internet's bounties, are we sacrificing our ability to read and think deeply?



Joseph Pincus

Our speaker, **Joseph Pincus**, has been researching this subject since 2011 when Nicholas Carr's book was a finalist for the Pulitzer Prize in non-fiction. Mr. Pincus presently is in his eighth year as chair of the LLI Forum committee. He is a Phi Beta Kappa graduate of George Washington

University and was a Fulbright scholar to Queen Mary College in London. He earned a Masters degree from American University in Computer Science — perhaps a little ironic considering this topic — and he developed international computer systems for the U.S. Customs Service. In September 2009, he presented at the Forum a most stimulating program about the Shakespeare authorship controversy. As at his Shakespeare lecture, he will again ask questions, award prizes, and engage us all in a very lively and thought-provoking topic.



Let's Hear It for the Creative Folks

Remember the old high school sports cheer from your youth:

Give me

a C
 an R
 an E
 an A
 a T
 an I
 a V
 an I
 a T
 a Y



Yay! C-R-E-A-T-I-V-I-T-Y!

Well, we creative folks are looking forward to showing you our talent during the LLI Arts and Craft Exhibit. As advertised, it will be held in conjunction with the October 1 Forum, starting at 9 a.m. in the class rooms next to the Forum space. Be sure to set your alarm a little early that morning and join us for this sure-to-be fun event.

Volunteer for the LLI Holiday Party

If you would like to serve on the planning committee for this annual LLI event, please contact Bonnie Hopler at pbhopler@cox.net or 703-978-9381. We'd love to have your ideas and expertise.

Please Note: *Parking is available in the parking garage (\$2/hour). Parking in B and C lots is by permit only. If no garage slots are available, a \$12 daily permit for the B lot is available at the office to the right just inside the garage entry gate.*

Calendar of Events



October 2014

- 1 Forum
- 10 Board Meeting
- 8 November newsletter deadline
- 20 November newsletter mailing

December 2014

- 3 Holiday Luncheon
- 12 Board Meeting
- 10 January newsletter deadline
- 22 January newsletter mailing

November 2014

- 5 Forum
- 14 Board Meeting
- 12 Update deadline
- 24 Update mailing
- 26 – 28
LLI office closed

23 – Jan 1

LLI office closed

January 2015

- 6 Forum
- 9 Board Meeting
- 7 February newsletter deadline
- 19 February newsletter mailing



IMPORTANT: Report Address / E-Mail / Phone Number Changes

Laura Charron, Administrator

To be assured of receiving important notices concerning classes and trips, **please remember** to notify the LLI office as soon as possible of a new e-mail address as well as a change in mailing address and/or telephone number. Notify the office by phone at (703) 503-0600, or e-mail at llinova@juno.com.

LLI Board of Directors

President: George Chalou	Members: Susan Alexander 17 *
Vice President: Scott Pinckney	Ray Bednarsky 15, Phil Centini 15,
Secretary: Karren Scott	Anna Dixon 17, Delsa Hildebrandt
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Past President: Ed McKnight	Myers 17, Phil Myers 16, Kathryn
	O'Toole 17, Arline Sachs 16

* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Lynda Brittain 703-425-8240 brittains@cox.net
Assistant Editor: Bev Portman, 703-560-6740 firse@juno.com
Graphic Design/Desktop Publisher: Alfred Brothers
Mailing Coordinators: Bob and Merry Huley

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Members

Louise Blakely 703-451-2084
blakelylk001@gmail.com

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

New Members

Hanan Alkaysi, 5976 Queenston Street, Springfield, VA 22152, (703) 644-8475, halkaysi@msn.com

Maureen Coccozza, 3715 Larchmont Drive, Annandale, VA 22003, (703) 941-4018, mrcoccozza@aol.com

Michael Davis, 4509 Park Rd., Alexandria, VA 22312, (703) 642-3097, mikedavis999@gmail.com

John Flanagan, 10510 Pohick Court, Fairfax Station, VA 22039, (703) 250-6525, jtflanagan@gmail.com

Janet Greenhaugh, 7175 Scenic Creek Place, Fairfax Station, VA 22039, (703) 503-7354, jwdgreenhaugh@cox.net

Alexandra Keith, 10510 Pohick Court, Fairfax Station, VA 22039, (703) 250-6525, (202) 412-0174, abkeith91@aol.com

Joy McLaughlin, 309 Yoakum Pkwy., #809, Alexandria, VA 22304, (703) 370-5131, (703) 727-5170, joynbillmcl@yahoo.com

Linda Mitchell, 8909 Yellow Daisy Place, Lorton, VA 22079, (793)493-9440, donlincd@msn.com

Mercedes Pfeffer, 8704 Queen Elizabeth Blvd., Annandale, VA 22003, (703) 978-5643, lospfeffers@verizon.net

David Soroka, 7607 Gralnick Place, Springfield, VA 22153, (703) 455-3341, soroka14@verizon.net

Ellen Soroka, 7607 Gralnick Place, Springfield, VA 22153, (703) 455-3341, happysoroka@gmail.com

Joyce Taormina, 7912 Lobelia Lane, Springfield, VA 22152, (703) 644-4103, augietaormina@cox.net

Beatrice Taylor, 6315 Manchester Way, Alexandria, VA 22304, (703) 370-5787, btayphd@aol.com

Herman Viola, 7307 Pinewood St., Falls Church, VA 22046, (703) 573-6211, (703) 851-8278, herman@viola-research.com

Susan Viola, 7307 Pinewood, St., Falls Church VA 22046, (703) 573-6211, (703) 852-8277, susan@viola-research.com

Updates

Correction: Doug and Leona Johnson, (703) 628-3115



Tea & Halloween! What a Great Combo!

Course 14F31A, Tea Tasting. There's still room to join us in learning about some rare and unusual teas and perhaps experience some Halloween surprises! Certified Tea Specialist and Chef Laurie Bell will be teaching about the history, flavors, and uses of these teas at her home in Great Falls on Thursday, October 30, from 10:30 a.m. to 12:30 p.m. Laurie's courses are always so interesting and fun, not to mention tasty! The cost is \$25, payable to Great Falls Tea Garden. If you'd like to participate, send your check and registration form to LLI/NOVA, c/o Provost Office, CG Room 202, 8333 Little River Turnpike, Annandale, VA 22003. Please contact Gina Trapp at 703-522-7528 or GTrapp_26@msn.com if you'd like any further information. Happy Haunting! Directions to the site will be provided to those who register.

Are Catalog Registration Deadlines Really Important?

Registration closed August 22 and, yet, more than 30 registration forms arrived between then and September 5. If you didn't get the class of your choice, our apologies, and consider submitting your form earlier next term. Remember, your priority choices and the timing of your form make a difference.



In Memoriam

Gladys Keating, an early member of LLI, passed away on August 19, 2014. A 22-year member of the Virginia House of Delegates, Gladys assisted with state legislature interaction when LLI was being established as a non-profit organization. She also provided information and assistance when LLI sponsored trips to the State Capitol.



Community Outreach

Carol Weber, caroljeanweber@hotmail.com
Marianne Moerman, mcmoerman@juno.com

The October food collection will be received by the food pantry operated by Providence Presbyterian Church. Located a short distance from NVCC on Little River Turnpike, Providence has seen a 15 percent increase this year in needy families seeking help. Many of the families have children who are eligible for the school breakfast programs, but they have little food at home on weekends and holidays. The families served come from the nearby community.



The food items most needed are **canned meat (beef stew, tuna, spam, etc.); dried beans of all kinds, especially red ones; canned vegetables, cereal, soup, peanut butter, jam or jelly, pasta, and spaghetti sauce.**

Clint Hall will deliver this month's donations. Thank you very much. At our first Forum in September, we collected four overflowing carts of food for the Arlington Food Assistance Center. Thank you again.

Reminder

LLI members may opt to receive the newsletter only electronically rather than by both (electronically and hard copy). Please notify Laura Charron at (703) 503-0600 or llinova@juno.com if you wish to change.

Did You Know?

As a member of LLI you have a wonderful Northern Virginia Community College library at your disposal. The library is located on the third floor of the Godwin Building just up the ramp from the Richard J. Ernest Community and Cultural Center. To use the library, you simply sign up for a Community Patron card by showing a picture ID. You then can check out a limit of three books for three weeks and take them home. Also you can renew books online for an additional period. If you have LLI classes on the campus, this resource would be very convenient. Go to <http://www.nvcc.edu/library> for more information.

Special Interest Groups



LLI Bridge Group

Bob or Merry Huley, 703-534-4819 or
703-489-9045 roberthuley@cox.net

Time: 10:00 a.m. — 2:00 p.m.

Location: Mason District Governmental Center,
6507 Columbia Pike

October/November Play Dates — In October, we will play on **Wednesday, October 8**, and **Thursday, October 23**. In November, we will play on **Thursday, November 13** and **Thursday, November 20** (note two Thursdays).

Bring a bag lunch. You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call or email me if you would like to attend (or for more information) so that we can provide sufficient card tables.

Recent Results — Catching up on results of our summer games: On **July 9**, the top four players were **Carole Compton, Connie Fullerton, Nate Rosenbaum**, and a tie with **Marie and Dick Schacher**; on **July 30**, the top four were **Arline Sachs, Raymond Burmester, Jessica Burmester**, and **Victoria Blackman**; on **August 14**, the top four were **Nancy Sherman, Lynda Brittain, Janet Goodrich**, and **Victoria Blackman**; and finally on **August 20**, the top four were **Bob Huley, Lynda Brittain, Ferne Beyer**, and **Nate Rosenbaum**. Congratulations to all. September results will be provided in next month's newsletter.



LLI Current Events Group

Peter Schwarzkopf 703-998-0769
pschwarzkopf@verizon.net

Date/Time: **Friday, October 3**, 10:00 a.m. —
11:30 a.m.

Location: Small Conference Room, Mason District Governmental Center, 6507 Columbia Pike (May be moved to the Large Conference Room (to the right of the main entrance), because of voting preparations).

The Current Events Group meets monthly for interesting and educational discussions. Topics reflect the current social, political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or learn more about current events — whatever is your pleasure.

For further information, please contact Peter Schwarzkopf.



LLI Favorite Books Club

Lynne Smaldone, 703-525-9623
smaldone@hotmail.com

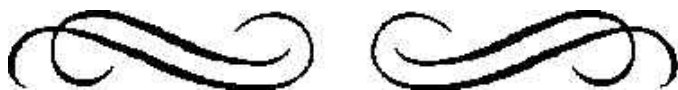
Date/Time: **Thursday, October 16**,
11:30 a.m. — 1:00 p.m.

Location: Braddock District Governmental Center,
9002 Burke Lake Road (in back of King's Park Library)

Our selection this month is *The Light Between Oceans*, a novel by M. L. Stedman. Tom Sherbourne, survivor of four harrowing years on the Western Front, returns to Australia and takes a job as the lighthouse keeper on Janus Rock. To this isolated island nearly half a day's journey from the coast, he brings his young bride Isabel.

Years later, after two miscarriages and a stillbirth, Isabel hears cries carried on the wind — a boat has washed ashore carrying a dead man and a living baby. Should they report their find or is this baby a "gift from God"? Come join us and learn the answer.

For further information, please contact Lynne Smaldone.



Please remember to wear your name badge as this is now a requirement for many facilities where classes are scheduled. It is also the best way for new members to get to know others and a way for established members to welcome new members. If you have lost your badge, just contact Laura Charron at the LLI office and she will send you a new one; a replacement lanyard has a fee of \$1.00.

Deadline for the November issue of the newsletter is Wednesday, October 8.



Financial Discussion Group

Doug Johnson, 703-628-3115
 llinovadoug@gmail.com

Date/Time: Friday, October 10, 1:30 p.m. — 3:00 p.m.

Location: Braddock District Governmental Center, 9002 Burke Lake Road (in back of the King's Park Library)

Come join your fellow LLIers as we try to figure out the market's financial matters and to discuss our options. Hope to see you there.

For further information, please contact Doug Johnson.



LLI French Conversation Group

Lois Czapiewski, 703-578-7562
 loisczap@gmail.com

Date/Time: Tuesdays, October 7 and 21, 10:00 a.m. — noon

Location: Top of the West at the Goodwin House Baileys, 3440 S. Jefferson St., Falls Church

Under the expert guidance of AI Brothers, we will continue to increase our French language skills and also our appreciation of French culture with the program "French in Action," Leçon #27 and #28.

For more information, please contact Lois Czapiewski.



LLI Gourmands

Linda Cyr 703-750-1257,
 linda.cyr@verizon.net
 Patti Volz, 703-892-6124,
 pattivolz@verizon.net

Melkam Megeb! That's Bon Apptit in Amharic, Ethiopia's primary dialect. Join the Gourmands as we trek to **Meaza, Friday, October 31** at 11:30 a.m. to enjoy the food of Ethiopia. Expect lots of lentils, chick peas, and assorted salads. Patti and Linda will work with the restaurant on the menu, and everyone will be charged a base price with drinks extra.

Ethiopian food is enjoyed communally with bread called injera that serves as your utensil. It's tasty and fun, so please let your host, Patti (pattivolz@verizon.net or 703 892-6124), know by October 27 if you plan to attend. **Meaza is located in the Baileys Crossroads area at 5440 Columbia Pike, Falls Church** and has ample parking in front. While it does not have its own web site, there is information available from yelp, etc, if you Google the restaurant. Hope to see you there!

As always, if you want to join the LLI Gourmands, please notify Patti or Linda.



LLI Photography Group

Buck Myers, 703-532-3726
 hbm@hbmphoto.com

Date/Time: Friday October 17, 10:00 a.m. — 12:00 p.m.

Location: Braddock District Governmental Center, 9002 Burke Lake Road (in back of the King's Park Library)

Members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings center on a specific topic, area of interest or theme decided by the group. Recent meetings have focused on getting the most out of your camera, editing and organizing techniques for digital pictures and photographic themes such as 'Spring'. Meetings also include lessons from the "Fundamentals of Photography" or "The Art of Travel Photography" courses, part of the curriculum offered by *The Great Courses*. Each lesson is presented as a video and includes a small assignment to practice the information taught, which we review at the following meeting. Come join the group if you have an interest in photography.

For further information, please contact Buck Myers.



LLI Walkabouts

Merry Macke, 703-451-3248, cell phone:
 978-505-9506 merry.macke@verizon.net

Do We Need this SIG? We currently have a very small turn-out for the Walkabouts group. We all know the importance of exercise for seniors, but, apparently, the current schedule of walks has not enticed people to participate and some of the regulars have not been able to attend for health reasons. Fridays, at noon, was selected for LLI members to be able to attend AM and PM classes around the hour walk. Leading the group for five years, I've enjoyed the socialization and finding those shady walks close to water. After learning that Fairfax County has many walks plus the 35-mile Cross County Trail, I expanded our walks to include many that no one had ever known about. Please think it over and give me feedback as to whether Walkabouts is an essential offering for LLI; and, if so, what would make it more appealing. Thank you for responding. Merry Macke

Date/Time: Fridays at noon

September 26: Walk is cancelled

October 10: Occoquan Regional Park, 9751 Ox Rd, Lorton. Take I-95 South to Rte.123 (exit 160). Go north on Rte.123, crossing a bridge and taking the first right into the park. Continue following the road and on your right is a big parking area by the water. Meet there and we will be going west on the Cross Country Trail path going north by the water.

October 31: Cove Landing Road. From Braddock Rd., go south on Burke Lake Rd. Take Burke Centre Parkway (VA 643) west, past Roberts Parkway, and take a right on Cove Landing Road. Park on the right by the swimming pool. We will start there.

For further information, please contact Merry Macke,

Study Travel

Study Travel is now focusing on both the study and travel portions of our 2015 trip, Grand Circle Travel's (GCT) "**Discover Sicily: Heart of the Mediterranean,**" departing for 16 days, including Rome, on **May 9, 2015**. Early registration exceeded expectations, with 35 already signed up, but two rooms remain available on this exclusive LLI adventure. If you've always wanted to visit Sicily, there is still time to join us. For more information, contact Bob Huley, 703-534-4819, or roberthuley@cox.net for a copy of the trip flyer, which includes detailed itinerary, pricing, pre-trip and post-trip options, and registration instructions. Bob will also have flyers available at the October Forum.

Study Travel is also starting to plan for the 2016 destination. Put your thinking caps on, start developing your travel bucket list, and join us at an initial planning meeting right after the November Forum.

NVCC Newsletter

The Northern Virginia Community College, Annandale Campus, issues an electronic community newsletter. Goals of the newsletter include providing information regarding activities and events on campus and addressing community concerns. If you would like to receive this newsletter, send your request with your email address to rhull@nvcc@nvcc.edu.



Volunteer Opportunities

LLI always needs volunteers to help with a variety of activities. For a list of these activities please contact one or more of the LLI Coordinators listed below. Match your talents with an area in which you can contribute your time and energy. Join other volunteers, support LLI, and have fun!

Volunteer Coordinator: Phil Centini, 703-658-1545, barry.centini@verizon.net

Speaker Forum Committee: Joseph Pincus, 703-569-0973, joseph@pincus.org

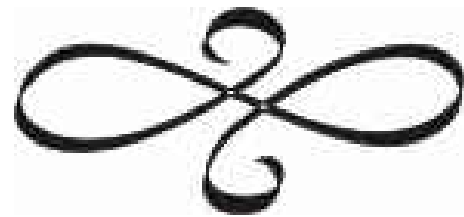
LLI Newsletter Reminder

Our monthly newsletter is generally available on the LLI website earlier than you will receive it through the mail. In light of recent extended delivery delays by the Postal Service, you may want to keep <http://lli.nova.org> in mind. Any pictures and/or graphics will also be in color on the website.

Campus Parking for the Handicapped



NVCC does not issue special permits for using the parking spaces designated for the handicapped on the Annandale campus. Appropriate parking permits issued by any state and the District of Columbia are honored. The permit must be properly displayed and used only by the person or persons to whom it is issued.



Membership Renewal Reminder

The mailing label on each newsletter includes your membership renewal date. You must renew and be a member in good standing in order to register for courses and to participate in LLI's many other activities. Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI.



Please print clearly to help ensure that your information is entered correctly. **It is important to include the form with your check, for ease in crediting your membership renewal in our database.**

**LIFETIME LEARNING INSTITUTE (LLI)
ORGANIZATIONAL CHART FY2015**

5-Sep-14

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Vice President	Scott Pinckney	2016
Secretary	Karren Scott	2016
Treasurer	Chuck Hulick	2015
Past President	Ed McKnight	2015

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1	Susan Alexander	2017
2	Ray Bednarsky	2015
3	Phil Centini	2015
4	Anna Dixon	2017
5	Delsa Hildebrandt	2017
6	Nancy Jerdan	2016
7	Buck Myers	2017
8	Phil Myers	2016
9	Kathryn O'Toole	2017
10	Arline Sachs	2016

* Year term ends

Administrator	Laura Charron
Asst. Treasurer	Phil Runge

Special Interest Groups

Bridge	Bob Huley
Current Events	Peter Schwarzkopf
Favorite Books Club	Lynne Smaldone
Financial	Doug Johnson
French Conversation	Lois Czapiewski
Gourmands	Linda Cyr, Patti Volz
Photography	Buck Myers
Walkabouts	Merry Macke

COMMITTEES

Administrative Review
Automation
Financial Review
Budget & Finance
Classroom/Space
Community Service

Computer Projector Equip. Curriculum

ROAD SCHOLAR Liaison Forum

Speakers
Speakers Liaison
Logistics

Historian/Archivist

Hospitality

Mailings

Membership

Newsletter

Newsletter Liaison
Nominating Committee

Photographer (Events)

Publicity

Registration

Social Events Liaison

Sp. Int. Groups Liaison

Strategic Plan

Student Scholarship
Scholarship Liaison

Study Travel

Trips

Liaison

Sunshine Committee

Volunteer Coordinator

Web Site (Current Site)

(Future Site)

CHAIRS AND OTHER KEY MEMBERS

Karren Scott
Ray Bednarsky
Tom Jefford
Ray Bednarsky
Moe Moser
Marianne Moerman, Carol Weber (Co-chairs)
Paul Hopler
Paul Hopler (Chair), Doug Johnson
Phil Centini

Joseph Pincus (Chair)
George Chalou
Phil Myers
George Chalou
Mary Purdy, Nancy Jerdan
Laura Charron, Bob & Merry Huley
Laura Charron (Chair), Louise Blakely
Lynda Brittain (Editor), Bev Portman (Assistant)
Phil Centini
VACANT
Moe Moser
Susan Alexander
Laura Charron
Nancy Jerdan
Nancy Jerdan
VACANT
Arline Sachs
Arline Sachs
Bob Huley
VACANT

Pat Harrison
Phil Centini
Sid Sachs (Webmaster),
Karren Scott (Editor)
Buck Myers, Kathryn O'Toole,
Gina Trapp (Asst)

Who Does What for LLI?



Lois Czapiewski, the coordinator of the French Conversion Special Interest Group.



Patti Voltz (l.) and Linda Cyr (r.), coordinators of the LLI Gourmands Special Interest Group.

Humor Corner

Always REMEMBER this:
You don't stop laughing
because you grow old;
you grow old because
you stop laughing.

LLI's Friendship Connection

Pat Harrison, 703-550-7530, pjharris80@msn.com



One of the benefits of LLI membership is making friends. We like to show support for fellow members by sending a card to anyone who is ill or has suffered a loss. If you would like a card sent to an LLI member or

spouse on behalf of the LLI membership, please contact Pat Harrison. Be sure to include sufficient information so an appropriate card may be selected.



Ask the Board

Each month colored 3x5 cards are placed on tables throughout the Forum. You may use the cards to address any questions that you would like answered by the Board. Please print or write your question legibly and leave the card on the table to be picked up by a Board member. You may sign the card or submit it anonymously. Responses will be posted in the first available LLI Newsletter.

From the LLI Scrapbook

From the September Forum



"Guiding Eyes for the Blind" members shared their inspiring mission and wonderful dogs with LLI at the September Forum.

Northwest National Parks Tour



LLI members at the Continental Divide on the Northwest National Parks Tour.



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Change Service Requested

**Time Sensitive Material
Please Deliver by
September 22, 2014**

Look at the date on this label.
Is it time to send your dues?

