

October LLI Forum

Wednesday, October 7, 2015, at 10 a.m.
(Social Time at 9:30 a.m.)

How Does the Food Safety Modernization Act Impact the Safety of Our Food Supply?

Based on several LLI/NOVA membership surveys, food safety is the longtime most popular topic of interest. We are thrilled to have the Food and Drug Administration's (FDA's) **Christopher A. Waldrop**, Senior Public Health Educator in the Division of Public Health Informatics and Analytics at the Center for Food Safety and Applied Nutrition (CFSAN) as our keynote for the October 7th Forum. Mr. Waldrop helps identify and assess emerging consumer research and educational needs, advises CFSAN staff on potential and emerging issues, and assists in prioritizing activities.



Chris Waldrop

Mr. Waldrop will discuss the safety of America's food supply from farm-to-table to FDA's current plans for enhanced regulation and/or legislation. At a high level, we can learn about organic determinations and heavily chemically engineered foods. This is particularly important in light of the forthcoming implementation of the Food Safety Modernization Act, which equips the FDA with new authorities to regulate the way foods are grown, harvested and processed. The new law also significantly enhances FDA's ability to achieve greater oversight of the millions of food products coming into the United States from other countries each year.

Mr. Waldrop has an advertising degree from Texas Tech University and a Master of Public Health degree from Johns Hopkins University. From 2010 to 2013, he served on the FDA's Food Advisory Committee, which advises the Commissioner on emerging food safety, food science, nutrition, and other policy-related health issues. Earlier in his career, he served as a Peace Corps Volunteer in Ghana as a community health educator.

Janice Viola Is Named New LLI Administrator

Please welcome Janice Viola as our new LLI Administrator. She comes to us with a well-rounded background. After graduating from Pennsylvania State University, she was employed by Booze Allen Hamilton as a programmer analyst, where she provided project design, programming and support for a personnel system for the Army and Army Corp of Engineers. In addition, she implemented test plans and updated user documentation.



Janice Viola

When Janice and her husband began their family, which grew to three sons, she "retired" from the workforce but remained active in their neighborhood. For the past 15 years, she has volunteered her services in her community and is presently the membership chairman for the Little River Citizens Association. She served multiple terms on the community pool board as social chairman and as swim team representative.

At Wakefield Elementary School, Janice volunteered for several years on the school PTA board and acted as the website coordinator. She also worked the last several years as an aide and a substitute teacher.

LLI is fortunate that Janice Viola has agreed to become the new Administrator and we welcome her to our organization.



Please Note: *Parking is available in the parking garage (\$2/hour). Parking in B and C lots is by permit only. If no garage slots are available, a \$12 daily permit for the B lot is available at the office to the right just inside the garage entry gate.*

Calendar of Events

October 2015

- 7 Forum
- 7 November newsletter deadline
- 8 Library of Congress Tour
- 9 Board Meeting
- 19 November newsletter mailing
- 25 Fallingwater/Kentuck Knob Trip

23 December Update mailing

December 2015

- 3 Holiday Party
- 8 Holidays in Baltimore Trip
- 9 January newsletter deadline
- 11 Board Meeting
- 21 January newsletter mailing

November 2015

- 3 Congressional Cemetery Tour
- 4 Forum
- 11 December Update deadline
- 13 Board Meeting

January 2016

- 5 Forum
- 6 February newsletter deadline
- 8 Board Meeting

IMPORTANT: Report Address / E-Mail / Phone Number Changes

To be assured of receiving important notices concerning classes and trips, please remember to notify the LLI office as soon as possible of a new email address or a change in mailing address and/or telephone number. Notify the office by phone at 703-503-0600, or e-mail at llinova@juno.com.

LLI Board of Directors

President: George Chalou
Vice President: Scott Pinckney
Secretary: Susan Alexander
Treasurer: Charles Hulick
Past President: Ed McKnight

Members: Phil Centini 18 *, Anna Dixon 17, Delsa Hildebrandt 17, Robert Huley 18, Nancy Jerdan 16, Sheri Masek 18, HB 'Buck' Myers 17, Phil Myers 16, Kathryn O'Toole 17, Arline Sachs 16, Karren Scott 16

* year term ends

Administrator: Janice Viola

Newsletter Staff

Newsletter Co-Editors: Peg McCall, 703-532-1405, pegmcnews@juno.com and Bev Portman, 703-560-6740, firse@juno.com
Graphic Design/Desktop Publisher: Alfred Brothers
Mailing Coordinators: Bob and Merry Huley

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Members

Louise Blakely 703-451-2084
blakelylk001@gmail.com

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

New Members

- Dina Anderson**, 7127 Stanchion Lane, Burke, VA 22015, 703-455-1420, 703-623-0461, dina.anderson@gmail.com
Penny Anderson, 2223 Beacon Lane, Falls Church, VA 22043, 703-532-0988, 703-582-4533, pennypritts@yahoo.com
Robert Anderson, 7127 Stanchion Lane, Burke, VA 22015, 703-455-1420, 703-623-0461, dina.anderson1@gmail.com
Bonnie Becker, 7040 Leestone St., Springfield, VA 22151. 703-658-0951, busybb5@aol.com
Patricia Bevis, 6328 Manchester Way, Alexandria, VA 22304, 703-461-0310, 703-507-1211, pbevis1@aol.com
Lee Cutter, 7305 Rebecca Drive, Alexandria, VA 22307, 703-265-5387, 410, 533-9764
Nancy Gorman, 8305 Briar Creek Dr., Annandale, VA 22003, 703-978-5594, 703-401-3772, ncgorman1@gmail.com
John Lee, 7444 Spring Village Dr., #302, Springfield, VA 22150, 703-852-1113, 205-534-5204, jeljr1706@gmail.com
Marie Lee, 7444 Spring Village Dr., #302, Springfield, VA 22150, 703-852-1113, 205-534-5204, marie.arnts.lee@gmail.com
Elizabeth Lonoff, 7000 Polins Ct., Alexandria, VA 22306, 703-765-2635, elonoff@msn.com
Amy Nave, 5340 Jennifer Dr., Fairfax, VA 22032, 703-250-7782, adamyn@aol.com
Kay Packard, 5416 Pt. Longstreet Way, Burke, VA 22015, 703-764-9682, 703-380-8026, mjpackard@hotmail.com
Gary Rasmussen, 3210 Armory Ct., Fairfax, VA 22030, 703-385-2991, 703-628-0020, rasmusgm@verizon.net
Mary Jo Rasmussen, 3210 Armory Ct., Fairfax, VA 22030, 703-385-2991, rasmusgm@verizon.net
Eli Sasaran, 5370 Gainsborough Drive, Fairfax, VA 22032, 703-764-9219, ejsasaran@cox.net
Janice Sasaran, 5370 Gainsborough Drive, Fairfax, VA 22032, 703-764-9219, jksasaran@cox.net
Kathy Schwartz, 8401 Mountain Larkspur Drive, Lorton, VA 22079, 703-495-8039, kzschwartz@cox.net
Andrea Silverman, 5587 Queen Victoria Ct., Burke, VA 22015, 703-554-3342, 703-554-3326, asilverman@nvcc.edu
Mark Silverman, 5587 Queen Victoria Ct., Burke, VA 22015, 703-554-3342, marksilverman2007@gmail.com
Chris Suskiewicz, 5824 Hall St., Burke, VA 22015, 703-569-3132, 703-943-7863, theunits@aol.com
Valerie Sutter, 4301 Ann Fitz Hugh, Dr., Annandale, VA 22003, 703-425-3765, vsutter8@aol.com
Louise Welch, 2207 King St., Alexandria, VA 22301, 703-683-5315, 703-867-2014, louisepwelch@aol.com
- ### Update
- Virginia Fernbach**, 7448 Spring Village Dr. Apt # 522, Springfield, VA 22150, 703-517-1206
Mike Greeley, mgreeley@cox.net
Jim Hughes, jhughes5335@gmail.com
Shirley Lytle, 3440 S. Jefferson St., #1015, Falls Church, VA 22041

President's Message

September is always a good month for new beginnings. We started the month with a wonderful speaker from the Fairfax County International and Domestic Disaster Rescue Team, Chief Michael Schaff.

The board hired a new LLI Administrator, Janice Viola, who began in September. During the early Summer I named a small group — Kathryn O'Toole, Bob Huley, Ed McKnight, and George Chalou — to review the LLI Administrator's contract, make changes in the contract, and then submitted it to Laura Charron for signature. When Laura decided not to sign the contract, the Board posted the position and the same group interviewed candidates for the administrator position, put forward our recommendation to the board, and with their acceptance of our recommendation, offered the position to Janice Viola. We feel we have a most competent person to take on the task of being our administrator.

I close this message with the challenge of Bob Huley at the last Forum meeting. It is up to us — the members — to spread the many offerings of LLI. If people are aware of the many benefits our organization offers they will want to be members and take advantage of our classes, trips, travels, and social gatherings.

George Chalou

Forum Refreshments

If you are unable to deliver refreshments on the day for which you have volunteered, please notify **Nancy Jerdan**, (703) 455-2699, or **Phil Centini**, (703)658-1545, as soon as possible so they may make other arrangements.

Volunteer Opportunities

LLI always needs volunteers to help with a variety of activities. For a list of these activities, please contact one or more of the LLI Coordinators listed below. Match your talents with an area in which you can contribute your time and energy. Join other volunteers, support LLI, and have fun!

Volunteer Coordinator: Phil Centini, 703-658-1545, phil.centini@verizon.net

Speaker Forum Committee: Joseph Pincus, 703-569-0973, joseph@pincus.org

Community Outreach

Carol Weber, caroljeanweber@hotmail.com
Marianne Moerman, mcmoerman@juno.com

Western Fairfax Christian Ministries Food Bank in Chantilly, VA will receive our October food donations. In FY 2014, WFCM served 807 households in Western Fairfax County with 28,291 bags of free groceries. The need for food donations continues to grow.



The food pantry is in need of cereals, canned chicken, canned fruit and vegetables (excluding green beans), black beans, flour, mac and cheese, ramen noodles, pasta and pasta sauce. Also much appreciated are shampoo, toilet paper and tissues, and diapers (sizes 4, 5, 6).

The working poor of Western Fairfax, and those in chronic financial crises, are very grateful for your help. Mariann Horejsi will deliver the food donations.

Thanks to LLI members for your generous food donations at the September Forum. They filled the trunks of two cars!

Grab Your Walking Shoes

Space Still Available for Congressional Cemetery Walking Tour

A few spaces are still available for the November 3rd walking tour of the Congressional Cemetery, led by Dr. Herman Viola. The tour will cover a portion of the 35-acre historic burial ground, which has over 67,000 burials. Hear Dr. Viola talk about some of the noteworthy individuals who are buried here. The cemetery also has many lovely statues and beautiful old trees. If interested, hurry; submit your registration form, found elsewhere in this newsletter, to the LLI office.

Important — Keep Your Membership Directory Current

Please remember to retain your LLI Handbook and Membership Directory and note in it the Members information that is provided each month on Page 2 of the newsletter. This will help keep your directory up to date with changes that occur between the annual directory issuance dates.

Special Interest Groups



LLI Bridge Group

Bob or Merry Huley, 703-534-4819 or
703-489-9045 roberthuley@cox.net

Time: 10:00 a.m. — 2:00 p.m.

Location: Mason District Governmental Center,
6507 Columbia Pike

In October, we plan to play on **Wednesday, October 14**, and **Wednesday, October 28**. In November, we will play on **Thursday, November 12**, and **Wednesday, November 18**. (Yes, 2 weeks in a row to avoid Thanksgiving.) Bring a bag lunch.

You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call 703-534-4819, or email me (roberthuley@cox.net), if you would like to attend (or for more information) so that we can provide sufficient card tables.

Recent Results

The top four players at the July 22 game were **Carole Compton, Carolyn Fowler, Peg McCall, and Peggy Weiss**; for our game on August 12, the top four were **Bob Huley, Peg McCall, Nate Rosenbaum, and Merry Huley**; and finally, for the game on August 26, the top four players were **Lynda Brittain, Victoria Blackman, Bob Huley, and Peggy Weiss**. Congratulations to all.



LLI Current Events Discussion Group

Peter Schwarzkopf 703-998-0769
pschwarzkopf@verizon.net

Date/Time: **Friday, Oct. 2, Nov. 6, Dec. 4**, 10:00 a.m. — 11:30 a.m.

Location: Small Conference Room, Mason District Governmental Center, 6507 Columbia Pike

The Current Events Discussion Group meets the first Friday of each month for interesting and educational discussions. Topics reflect the current social, political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or learn more about current events — whatever is your pleasure.

For further information, please contact Peter Schwarzkopf.



LLI Favorite Books Club

Lynne Smaldone, 703-525-9623
smaldonega@hotmail.com

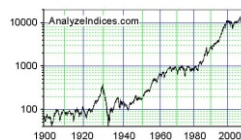
Date/Time: **Thursday, October 15**,
11:30 a.m. — 1:00 p.m.

Location: Braddock District Governmental Center,
9002 Burke Lake Road (in back of King's Park Library)

Our selection this month is *A Town Like Alice*, a novel by Nevil Shute, first published in 1950. It is the story of an ordinary woman's extraordinary life in the face of various hardships. A tale of love and war, it follows its enterprising heroine, a young English woman named Jean Paget, from the Malayan jungle during World War II, where she is a prisoner of the invading Japanese, to the rugged Australian outback a few years after the war.

Come join us!

For further information, please contact Lynne Smaldone



Financial Discussion Group

Doug Johnson, 703-628-3115
llinovadoug@gmail.com

Date/Time: **Thursday, Oct. 8 and Fridays, Nov. 13, Dec. 11 and Jan. 8**, 1:30 p.m. — 3:00 p.m.

PLEASE NOTE THAT OCTOBER'S MEETING HAS CHANGED TO A THURSDAY.

Location: Braddock District Governmental Center,
9002 Burke Lake Road (in back of the King's Park Library)

Come join your fellow LLers as we try to figure out the market's financial matters and discuss our options. Hope to see you there.

For further information, please contact Doug Johnson.

*Deadline for the
November newsletter
is October 7.*



LLI French Conversation Group

Patty & Richard Steelman,
PattySteelman@gmail.com

Date/Time: Tuesdays, October 6 and 20, 10:00 a.m. — noon

Location: Top of the West at the Goodwin House Baileys, 3440 S.

Jefferson St., Falls Church

Under the expert guidance of Al Brothers, we will continue to increase our French language skills and also our appreciation of French culture with the program *French in Action*, Leçon #38.

For more information, please contact Patty or Richard Steelman.



LLI Gourmands

Linda Cyr 703-750-1257,
linda.cyr@verizon.net

Patti Volz, 703-892-6124,
pattivolz@verizon.net

APANE BHOJANA KA ANANDA LEM! Join the Gourmands on **Wednesday, October 14 at 11:30 a.m.** for a taste of exotic India at **Dishes of India** in the Belle View Shopping Center, 1510 Belle View Blvd, Alexandria, VA 22307. The Washington Post says *"this half-hidden treasure serves up tandoori and other Indian specialties at bargain prices.great food, impeccable service and welcome touches of civility not usually found in modest establishments."* Nancy Kobilarcik is our hostess on this adventure. Please **RSVP directly to Nancy** at ekoby3918@aol.com or 703-751-4838 by **Friday, October 9** if you plan to attend this Gourmands event.

As always, if you have any questions, your SIG Co-Coordinator, Linda Cyr (linda.cyr@verizon.net) and Patti Volz (pattivolz@verizon.net), are standing by. Hope to see you in October!

Please remember to wear your name badge as this is now a requirement for many facilities where classes are scheduled. It is also the best way for new members to get to know others and a way for established members to welcome new members. If you have lost your badge, just contact the LLI office and they will send you a new one; a replacement lanyard has a fee of \$1.00.



LLI Photography Group

Buck Myers, 703-532-3726
hbm@hbmphoto.com

Date/Time: Friday, October 16, 10:00 a.m. — 12:00 p.m.

Location: Braddock District Governmental Center (Braddock Hall Meeting Room), 9002 Burke Lake Road (on right hand side of the King's Park Library)

Members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings center on a specific topic, area of interest or theme decided by the group. Recent meetings have focused on getting the most out of your camera, editing and organizing techniques for digital pictures and photographic themes such as Creative Cropping, Patterns and the Fourth of July. Meetings sometimes include lessons from the "Fundamentals of Photography" or "The Art of Travel Photography" courses, which are part of the curriculum offered by *The Great Courses*. Each lesson is presented as a video and includes a small assignment to practice the information taught, which we review at the following meeting. Come join the group if you have an interest in photography. New members are always welcome.

For further information, contact Buck Myers



LLI Walkabouts

Merry Macke, 703-451-3248, cell phone:
703-987-7751, merry.macke@verizon.net

Date/Time: Fridays at noon.

October 9: Americana Park is located just west of the Beltway, I-495, on the south side of Rte. 236 (Little River Turnpike). If you are driving east toward Annandale on Rte. 236, on top of the hill just before I-495, turn right onto Pineridge, then take an immediate left onto the road that parallels Rte. 236, Accotink Parkway (there may not be a street sign at the corner). Park by the baseball field/kiosk. If you are driving west toward Fairfax, make a U-turn at Lake Blvd., then turn right onto Pineridge and follow the same directions as above.

October 30: Occoquan Regional Park. Take I-95 south to Rte. 123 (exit 160). Take a right going north on Rte. 123. Due to construction, there are 4 lights before turning right after a bridge on Rte. 123 north. Park your car in the parking lot to the left of the boat launching. We will walk the Cross-County trail.

If there are any further questions, call Merry at 703-987-7751. **Happy Hiking!**

In Memoriam



Longtime LLI member **Louise Sousek** passed away on September 11, 2015, after a lengthy illness. She was a founding member of LLI, joining the organization even before it was officially established. Louise created the Trip Committee and with only her longtime companion and fellow LLI member Edward Mark to assist, planned and led most of the trips for many years. She and Edward also taught basket-making classes for LLI for about 10 years, sometimes offering to teach a different basket style each term. Additionally, Louise created the Gourmands with the goal of not only offering dining opportunities, but also as a means for LLI members to get to know each other better and to form long-term friendships.

LLI's Friendship Connection

Pat Harrison, 703-550-7530, pjharris80@msn.com



One of the benefits of LLI membership is making friends. We like to show support for fellow members by sending a card to anyone who is ill or has suffered a loss. If you would like a card sent to an LLI member or

spouse on behalf of the LLI membership, please contact Pat Harrison. Be sure to include sufficient information so an appropriate card can be selected.

Seeking Forum Topics/Speakers

Your **Forum Committee** welcomes suggestions about topics and speakers that would have widespread appeal for future Forums. Please contact Joseph Pincus at 703-569-0973 or email joseph@pincus.org. If we cannot use your idea for a Forum, we will pass along the information to the LLI curriculum committee.

Study Travel

Our primary 2016 trip, Grand Circle Travel's "**Romantic Villages of Alpine Europe**," departing in June, is currently fully booked. If you are interested, however, an informal wait list is being maintained, which will give you first choice if a room becomes available. For more information on this trip, go to the LLI website or contact Bob Huley (see below).

Our 2016 secondary trip, Overseas Adventure Travel's "**Untamed Iceland**," is also fully booked for the July 12 departure date, but may have a room left on our second date, July 13. These two tours will overlap extensively, so friends on either trip will be able to meet up. For more information regarding this tour, go to the LLI website or contact Sidney or Arline Sachs on 703-646-5606.

It is now time to start **planning for 2017**. Please join us after the **November Forum** (November 4) for the 2017 trip selection kickoff meeting. Have a destination that you have always wanted to visit? Bring your ideas to the meeting because we want to go where you want to go!

If you would like to be on our Study Travel email list and join us on our travels, please contact Bob Huley at 703-534-4819 or roberthuley@cox.net.

Happy Traveling!



Trip Committee Survey

Thank you to those who completed the short trip committee survey at the September Forum. Your "vote" was noted and additional suggestions appreciated.

Unfortunately, we will be unable to pursue them all, but each will be considered and those with a high degree of interest will be looked into now and going forward.

If you did not get a chance to make a trip suggestion and would still like to do so, contact any of the Trip Committee Managers whose contact information is in the current directory. Trip Managers are: Pat Harrison (Chair), Arlene Gribben, Win Kutz, Nickie Myers, Sue Olesch, and Margaret Whitfield.



Save the Date!
**Annual
Holiday Party**

Thursday, December 3
Country Club of Fairfax

The registration form will be
in the next newsletter.

Holiday Sharing

As many of you know, at the **Holiday Luncheon** we collect toys for the boys and girls at Bethany House, an organization that helps women and their children who have suffered domestic abuse. This year we would also like to purchase gifts for the mothers. To insure there is a gift for each mom, we need to know who would like to participate. If interested, please let Arlene Gribben, (703-569-0357) or arlenegribb@aol.com, know by October 16th so she can give you the details.

Thanks in advance for helping to make a small difference for these mothers during the holiday season.

Scholarship Fund

Start the year by remembering the students who desperately need our help. In a few weeks we will be sending out letters asking for donations for the scholarship fund. Keep the students in mind. Any questions, contact Arline Sachs, chair, Scholarship Committee, at sachs@nova.org.

NVCC Newsletter

The Northern Virginia Community College, Annandale Campus, issues an electronic community newsletter. Goals of the newsletter include providing information regarding activities and events on campus and addressing community concerns. If you would like to receive this newsletter, send your request with your email address to rhull@nvcc@nvcc.edu.

Facebook...for Seniors...

This is for those of my older generation who do not really comprehend why Facebook exists.

Currently, I am trying to make friends outside of Facebook while applying the same principles.

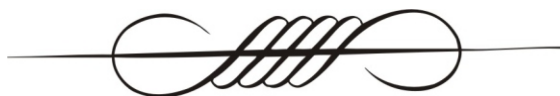
Therefore, every day I go down on the street and tell the passers-by what I have eaten, how I feel, what I have done the night before, and what I will do tomorrow night.

Then I give them pictures of my family, my dog, and me gardening and spending time in my pool.

I also listen to their conversations and I tell them I love them.

And it works.

I already have three persons following me — two police officers and a psychiatrist.



Membership Renewal Reminder

The mailing label on each newsletter includes your membership renewal date. You must renew and be a member in good standing in order to register for courses and to participate in LLI's many other activities. Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI.

Please print clearly to help ensure that your information is entered correctly. **It is important to include the form with your check, for ease in crediting your membership renewal in our database.**



From the LLI Scrapbook

September with LLI



SEPTEMBER



September

LLI TRIP REGISTRATION FORM

Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for tour participation, this Assumption and Acknowledgement must be signed by trip participant (s), along with providing *two* emergency contact numbers.

Tours of LLI/NOVA may require walking and physical capability to access sites having structural obstacles. By participating, I assume risks inherent in this tour. I agree not to hold LLI, its Board of Directors, Administrator, Volunteers, and other agents responsible for any and all claims of bodily injury and/or property damage, resulting from my participation in this tour, or my ability to participate fully.

Further, I understand should I require personal assistance to participate in this tour, I am responsible for securing such assistance, and registering a person who can and will be totally responsible for providing all assistance. I will register the person by having them sign below. I also understand LLI reserves the right to deny requests to participate in this tour, if, as determined by LLI, such participation would impact the tour's operation or diminish the enjoyment of other tour participants.

Participant Signature	Emergency Contact # 1	Emergency Contact #2
Participant Signature	Emergency Contact #1	Emergency Contact #2

Tour Name: Tour # DT-11/3/15 — Congressional Cemetery Tour

Date of Day Trip: Tuesday, November 3, 2015

Tour Fee: **\$25.00** No. members: No. non-members: Total Cost:

1) Name: Address: City/State:

Zip: Phone: Cell: Email:

2) Name: Address: City/State:

Zip: Phone: Cell: Email:

Number of Reservations: Total Cost: Reservation Deadline: **October 13, 2015**

Reservation & Payment: Trip Payment is required at time of registration. Reservations are accepted on first-come, first-served basis. CANCELLATION POLICY: A refund, less any non-refundable financial commitment (tickets and administrative fee), will be made if cancellation notice is received at least seven (7) days before the departure date (by October 27, 2015). A full refund will be provided if the reservation is filled by someone from the wait list. Or, if there is no wait list person interested, by someone else. Refunds will be made after the trip is completed.

Make checks payable to: LLI/NOVA and send to: LLI/NOVA, Godwin Building, (CG), Room 202, 8333 Little River Turnpike, Annandale, VA 22003-3743.

Trip Notification: You will receive trip confirmation via email; if you do not have your email address listed in the LLI Directory, please enclose a SELF-ADDRESSED, STAMPED, LEGAL SIZE ENVELOPE, and your confirmation will be sent via mail.

Trip Contact: June Chalou, 703-573-7769 or chalouj@cox.net

For office use only: Amount Paid: Check #: Date/Initials:



Active Adults - Inspired Learning
Travel - Friendship

Lifetime Learning Institute of Northern Virginia
c/o Provost Office CG 202
8333 Little River Turnpike
Annandale, Virginia 22003-3743
Phone / FAX (703) 503-0600
E-Mail: llinova@juno.com — Website: <http://lli.nova.org>



Change Service Requested

Look at the date on this label.
Is it time to send your dues?

October 2015

Columbus Day

1492

1492



October 12

HAPPY HALLOWEEN



October 31