

## March LLI Forum

**Ernst Cultural Center (CE),  
NOVA Annandale Campus  
Wednesday, March 1, 2017, at 10 a.m.  
(Social Time at 9:30 a.m.)**

***Autism Spectrum Disorder: What Are the Signs and Variations, Treatment Interventions and Services Available, Programs for Parents and Caretakers, and Some of the Latest Research?***

**W**hy has Autism Spectrum Disorder (ASD) been increasing in recent decades? This remains a mystery — an area being studied according to the U.S. Center for

Disease Control. Presently about 1 in 68 children are diagnosed with varying symptoms. Many cases seem to be linked to inherited genes and/or spontaneous genetic copying mutations with no prior history. Several theories about the causes of ASD, such as childhood vaccines and the lack of parenting skills, have been widely disproved. This neurodevelopment disorder places tremendous challenges on children, families, caregivers, and our society. **Elizabeth Roy**, the Managing Director of The Autism Society of Northern Virginia, will give an overview of what autism is, its characteristics, signs, and symptoms, common approaches to treatments and therapies, current research trends, and what we can do to support individuals in our community who are touched by autism. Ms. Roy will also discuss legislative initiatives at the local, state, and Federal levels.



*Elizabeth Roy*

*Continued on page 9*

## Arts and Crafts Exhibit

**I**t's again time to show what talented people we have in LLI. Our annual Arts and Crafts Exhibit is scheduled in conjunction with the Wednesday, April 5 Forum. So, all you artisans — whether painter, potter, jeweler, needle crafter, photographer, fabric artist, card maker, weaver, doll maker, or any other medium — please contact Arlene Gribben, [arlenegribb@aol.com](mailto:arlenegribb@aol.com) or (703) 569-0357, no later than Saturday, March 18, to let her know what you plan to enter in the exhibit. It could be something you constructed 30 years ago or yesterday. Due to limited space, each person can submit no more than two items.

On April 5 participants need to bring their items to the classrooms next to the forum room by 8:15 a.m. We will only have 45 minutes to set up, so please be on time. The exhibit will be from 9 a.m. until the start of the forum at 10 a.m. and during the break before the business meeting. If you have any questions, please contact Arlene.

Let's make this exhibit as successful as in past years. The way to have that happen is to have a lot of enthusiastic participants. Arlene is ready to hear from you.

## Cancellations Due to Inclement Weather

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather or other emergency, all LLI classes, Forums, and other activities, except trips, are cancelled regardless of class location. LLI morning classes are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon classes are cancelled if the FCPS announces early dismissal.

**Read Again! — Even If the Weather Conditions Look Good to You, Check on the Schools' Announcement Before Going to Class.**

# Calendar of Events



## March 2017

- 1 Forum
- 1 April Newsletter deadline
- 10 Board meeting

## April 2017

- 5 Forum
- 5 Arts and Craft Exhibit
- 5 May Newsletter deadline
- 14 Board meeting
- 19 Annapolis in the Spring Trip
- 28 Spring Fling

## May 2017

- 3 Forum
- 3 June Newsletter deadline
- 11 National Gallery of Art Trip
- 12 Board meeting
- 17 Franciscan Monastery Trip



## IMPORTANT: Report Address / E-Mail / Phone Number Changes

To be assured of receiving important notices concerning classes and trips, please remember to notify the LLI office as soon as possible of a new email address or a change in mailing address and/or telephone number. Notify the office by phone at 703-503-0600, or e-mail at [llinova.admn@gmail.com](mailto:llinova.admn@gmail.com).

### LLI Board of Directors

<b>President:</b> Scott Pinckney	<b>Members:</b> Phil Centini 18 *, Anna Dixon 17, Delsa Hildebrandt 17, Robert Huley 18, Carol Jeffords 18, Sheri Masek 18, HB 'Buck' Myers 17, Phil Myers 19, Judy Robison 19, Arline Sachs 19, Patti Volz 19
<b>Vice President:</b> Kathryn O'Toole	
<b>Secretary:</b> Susan Alexander	
<b>Treasurer:</b> Charles Hulick	
<b>Past President:</b> George Chalou	

\* year term ends

**Administrator:** Janice Viola

### Newsletter Staff

**Newsletter Co-Editors:** Peg McCall, 703-532-1405, [pegmcnews@juno.com](mailto:pegmcnews@juno.com) and Linda LeDuc, 703-578-1178, [lal5040@aol.com](mailto:lal5040@aol.com)  
**Graphic Design/Desktop Publisher:** Alfred Brothers  
**Mailing Coordinators:** Bob and Merry Huley

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## Members

June Chalou 703-573-7769  
[chalouj@cox.net](mailto:chalouj@cox.net)

**Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.**

### New Members

**Janet Bush**, 6110 Roxbury Avenue, Springfield, VA 22152, phone: (703) 644-5774, cell: (703) 371-2465, [jbush@nvcc.edu](mailto:jbush@nvcc.edu)

**Judith Dyer**, 6327 Youngs Branch Dr, Fairfax Station, VA 22039, phone: (703) 978-3554, [judithdyer0@gmail.com](mailto:judithdyer0@gmail.com)

**Jean Miller**, 4038 Dovevill Ln, Fairfax, VA 22032, phone: (703) 978-0620, [jlanphva@verizon.net](mailto:jlanphva@verizon.net)

**Nancy & Paul O'Day**, 8261 Private Ln, Annandale, VA 22003, phone: (703) 425-7727 [odayn@verizon.net](mailto:odayn@verizon.net)

**Daniel Schell**, 6024 Forrest Hollow Lane, Springfield, VA 22152, phone: (703) 569-5994, cell: (703) 655-5994, [abbaustin@aol.com](mailto:abbaustin@aol.com)

**Tempie Tavenner**, 5942 Cove Landing Rd #303, Burke, VA 22015, phone: (703) 250-1690, cell: (703) 282-8111, [temtav@verizon.net](mailto:temtav@verizon.net)

**Susan Voss**, 9220 Dellwood Drive, Vienna, VA 22180, phone: (703) 938-2341, cell: (703) 819-1590, [susanlvoss@gmail.com](mailto:susanlvoss@gmail.com)

### Changes

**Raymond Bednarsky**, [raybednarsky@gmail.com](mailto:raybednarsky@gmail.com)

**Eldon Hildebrandt**, [eldonhildebrandt@gmail.com](mailto:eldonhildebrandt@gmail.com)



## LLI's Friendship Connection

Pat Harrison, 703-550-7530, [pjharris80@msn.com](mailto:pjharris80@msn.com)



One of the benefits of LLI membership is making friends. We like to show support for fellow members by sending a card to anyone who is ill or has suffered a loss. If you would like a card sent to an LLI member or spouse on behalf of the LLI membership, please contact Pat Harrison. Be sure to include sufficient information so an appropriate card may be selected.

## President's Message

The 2017 Winter-Spring LLI/NOVA Class Program is underway with two continuing issues, no-shows and waitlisted applicant requests. The two problems are somewhat linked. Our most experienced volunteers, including class coordinators, administrators who process 2,500 class requests and past LLI Presidents, have offered their thoughts on what can be done. We all have unavoidable calendar conflicts that come up, especially when the registration is three months or more in advance. Unlike some LLIs, we do not charge for classes, which inherently limits attendance (cost of certain materials an exception). Coordinators appreciate registrants who do provide notices of not being able to attend a class. However, these are few compared to upwards of 20-25 % no-shows for some classes. Experienced coordinators use a no-show factor when sizing the facility, but that does not work well when we are surprised by an unexpected high registration, especially with a new program.

This year's Winter-Spring Program has 389 waitlisted members involving 20 of the 50 classes offered. Setting aside the few classes when the instructor sets a low-class size, usually due to the hands-on nature of the instruction, there are few options to relocate a class with higher enrollment to a larger facility. Residential retirement facilities welcome our classes and can accommodate larger attendance. However, due to inadequate parking, we have difficulty scheduling classes there. With improved parking at Greenspring, we may schedule classes there again soon. Attempts to repeat a class in the same semester depends on facility and instructor availability, which is often difficult. The more practical solution is to offer the class again the following semester.

What can a member do to avoid the waitlist? Mail your registration early as classes are filled based on the post-mark of your envelope. Use your priority class ranking wisely and don't request more classes than you can realistically attend. Give the highest priority to the class that often fills up. The very popular iPhone classes by Kyla Lupo, for example, are already repeated regularly each program period. There may be the possibility of attending as a back-row non-participating observer. As the class date approaches, contact the class coordinator to see if there is any possibility of attending a class.

We appreciate your interest in helping to resolve these concerns for the greater enjoyment of LLI classes. The Curriculum Committee does an outstanding job of providing a high level of popular classes.

*Scott Pinckney, LLI President*

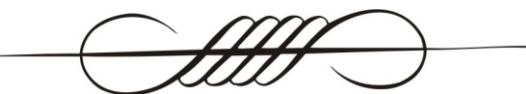
## Community Outreach

Carol Weber, [caroljeanweber@hotmail.com](mailto:caroljeanweber@hotmail.com)  
Marianne Moerman, [marianne.c.moerman@gmail.com](mailto:marianne.c.moerman@gmail.com)

Our March donations of non-perishable food items will be delivered by Bea Taylor to the Church of the Resurrection's Lazarus Food Pantry — West End Alexandria. This food pantry was recently started and already serves between 125 - 130 people each Monday evening. Donations come from community organizations and individuals to help our neediest neighbors in the Alexandria corridor. **Food items needed: low or no salt canned vegetables, tomato sauce, tomato products, baked beans (vegetarian), cereals, oatmeal, powdered milk (small packets 8 — 10 in a box), pasta (any kind), spaghetti sauce (can), complete pancake mix, syrup, peanut butter, jelly or jam (strawberry), sugar, brownie mix, tuna, liquid cooking oil, soup, ramen noodles, potatoes in a box, packs of dried beans, cheese, and spam.**



Church member Carleigh Rockett and her Scout troop, with the help of Church of the Resurrection members, built a Little Food Pantry at the Bus Stop (Beauregard and Fillmore Avenues). Individuals at the bus stop can help themselves to small cans of fruit, tuna and green beans. These items are always needed. NPR recently featured the little pantry on its program. This will be the first time LLI has helped this organization. *Thank you so much for your generosity!*



## Forum Refreshments

If you are unable to deliver refreshments on the day for which you have volunteered, please notify **Patty Brennan**, (703) 425-6738, or **Phil Centini**, (703) 658-1545, as soon as possible so they may make other arrangements.

# Special Interest Groups



## LLI Bridge Group

Bob or Merry Huley, (703) 534-4819 or  
(703) 489-9045 [roberthuley@cox.net](mailto:roberthuley@cox.net)

**Time:** 10:30 a.m. — 2:30  
p.m. **NOTE: NEW TIMES**

**Location:** Mason District Governmental Center,  
6507 Columbia Pike

**Note:** We have changed several of our previously planned play dates. The games on **Thursdays, February 16 and February 23**, have both been cancelled. In March, we plan to play on **Thursday, March 2** (new date), and **Thursday, March 30**. In April, we will play on **Thursdays, April 13 and April 27**. Bring a bag lunch.

You do not need a partner because we rotate partners, so you play with everyone. This friendly group of LLI bridge players invites new members to join us, regardless of your level of expertise. The purpose of the group is to not only enjoy the game, but the comraderie as well. Please call ((703) 534-4819), or email me ([roberthuley@cox.net](mailto:roberthuley@cox.net)), if you would like to attend (or for more information) so that we can provide sufficient card tables.

### Recent Results —

The top six players for all of 2016 were: **Connie Fullerton, Victoria, Blackman, Jessica Burmester, Carole Compton, Raymond Burmester, and Lynda Brittain**. Starting the new year off, at the January 12 game, the top four were: **Jessica Burmester, Raymond Burmester, Lynda Brittain, and Mindy Rojahn**. At the January 18 game, the top four were: **Victoria Blackman, Carole Compton, Lynda Brittain, and Martin Stutsman**. Congratulations to all.



## LLI Current Events Discussion Group

Merry Macke, (703) 852-5133, cell  
phone: (703) 987-7751,  
[merry.macke@gmail.com](mailto:merry.macke@gmail.com)

**Date/Time:** Friday, March 3. 10:00 a.m. —  
11:30 a.m.

**Location:** Small Conference Room, Mason District  
Governmental Center, 6507 Columbia Pike

The Current Events Discussion Group meets the first Friday of each month for interesting and educational discussions. Topics reflect the current social, political and world events surrounding the time of the meeting. Please come to share your ideas and/or learn more about current events — whatever is your

pleasure. As the new coordinator, Merry Macke is asking current email recipients to send her an email if they wish to **remain** on the distribution list. Her contact information is in the LLI Member Directory.



## LLI Favorite Books Club

Lynne Smaldone, (703) 525-9623  
[smaldonega@hotmail.com](mailto:smaldonega@hotmail.com)

**Date/Time:** Thursday, March  
16. 11:30 a.m. — 1:00 p.m.

**Location:** Braddock District Governmental Center,  
9002 Burke Lake Road (Supervisor's Meeting Room,  
on the backside of King's Park Library)

Our selection this month is *The Story of My Life* by Helen Keller. Published in 1903, when she was only 22 years old, this autobiography details her early life, focusing especially on her experiences with Anne Sullivan, and her eventual triumph over the isolation imposed on her by her blindness and deafness.

**Come join us!**



## Financial Discussion Group

Doug Johnson, (703) 628-3115  
[llinovadoug@gmail.com](mailto:llinovadoug@gmail.com)

**Date/Time:** Fridays: March  
10, April 14, May 12 and June 9. 1:30 p.m. —  
3:00 p.m.

**Location:** Braddock District Gov't Center, 9002  
Burke Lake Road (in back of the King's Park Library)

Come join your fellow LLIers as we try to figure out the market's financial matters and discuss our options. Hope to see you there.



## LLI French Conversation Group

Patty & Richard Steelman,  
(703)504-6866  
[richardsteelman@hotmail.com](mailto:richardsteelman@hotmail.com)

**Date/Time:** Tuesdays, March 7  
and March 21. 10:00 a.m. – noon

**Location:** Top of the West at the  
Goodwin House Baileys, 3440 S.

Jefferson St., Falls Church

Under the expert guidance of AI Brothers, we will continue to increase our French language skills and also our appreciation of French culture with the program *French in Action*, starting with the questions in Leçon 48, the video of Leçon 49, and perhaps see a French film.



## LLI Gourmands

Patti Volz, (703) 892-6124,  
[pattivolz@verizon.net](mailto:pattivolz@verizon.net)  
Nancy Kobilarcik, (703) 751-4838,  
[ekoby3918@aol.com](mailto:ekoby3918@aol.com)

**A CONTEMPORARY "OLD" BISTRO:** Please join the Gourmands on **March 16 at 11:30 a.m. at Bazin's on Church at 111 Church Street, Vienna, Virginia ((703) 255-7217)**. Evoking the feeling of an old bistro, yet with a contemporary twist, Bazin's on Church brings to Vienna an inviting dining experience. Bazin's on Church offers a contemporary American menu featuring organic and seasonal ingredients. The wine bar features a collection of wonderful wines from around the world. Bazin's recently received the 2014 Wine Spectator Award for Excellence. **Susan Alexander** is hosting this event. Please **RSVP to: [salex50@yahoo.com](mailto:salex50@yahoo.com), by March 13**. The bistro's menu can be viewed at [www.bazinsonchurch.com](http://www.bazinsonchurch.com).

As always, should you have any questions regarding the Gourmands SIG, please contact your co-chairs, Nancy Kobilarcik, [ekoby3918@aol.com](mailto:ekoby3918@aol.com), or Patti Volz, [pattivolz@verizon.net](mailto:pattivolz@verizon.net).



## LLI Photography Group

Buck Myers, (703) 532-3726  
[hbm@hbmphoto.com](mailto:hbm@hbmphoto.com)

**Date/Time: Friday, March 17.** 10:00 a.m. - 12:00 p.m.

**Location:** Braddock District Governmental Center (Braddock Hall Meeting Room), 9002 Burke Lake Road (on right hand side of the King's Park Library)

Members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings center on a specific topic or area of interest decided by the group and include display and discussion of photos taken by members based on a monthly theme. Recent meetings have focused on getting the most out of your camera, editing and organizing techniques for digital pictures, and photographic themes such as Creative Cropping, Patterns, Autumn Leaves and Faces. Come join the group if you have an interest in photography. New members are always welcome. Meetings are held on the third Friday of every month.

*Deadline for the  
April Newsletter  
is March 1.*



## LLI Walkabouts

Merry Macke, (703) 852-5133, cell phone:  
(703) 987-7751, [merry.macke@gmail.com](mailto:merry.macke@gmail.com)

**Date/Time: Fridays at noon. Let's try these again!**

**March 10: CCT Hunter Mill Rd. to Meadowlark Park:** Take Rte.123 in Vienna, and go north (left turn) on Hunter Mill Road. Continue until the intersection with Hunter Station Road. Park there. We will proceed South on the W&OD Trail and go through Tamarack Park.

**March 24: Roundtree Park.** 3320 Annandale Road. The park is located in Falls Church on the south (right) side of Annandale Road between Gallows Road and Graham Road/Hickory Hill Road. It is somewhat hidden as you go up a hill from the direction of Gallows Road. Meet in the parking lot. The path goes toward Sleepy Hollow Road.

**Happy Hiking!**

## In Memoriam Notification

One of the benefits of belonging to LLI is that we make and enjoy many friends and acquaintances. So that we may express our condolences, LLI members would appreciate being notified in the sad event that we lose someone from our community. If you become aware of the passing of any LLI member, please contact Gina Trapp at [GTrapp\\_26@msn.com](mailto:GTrapp_26@msn.com) or (703) 522-7528. She will include a notification in the following newsletter. Thank you.



**Please remember to wear your name badge as this is now a requirement for many facilities where classes are scheduled. It is also the best way for new members to get to know others and a way for established members to welcome new members. If you have lost your badge, just contact the LLI office and they will send you a new one.**

## LLI Presidents — Past & Present



*Norma Hughes (seated), standing (l.-r.) Ed McKnight, George Chalou, Dick DiBuono, Paul Hopler, Scott Pinckney, Lorin Goodrich. The opportunity to photograph all the living LLI/NOVA Presidents took place last month and was taken by Moe Moser. Our thanks and appreciation go to this distinguished group, who gave and are still giving, their time and talent to make our LLI organization prosper and grow.*

### List of LLI Presidents

Knox Singleton ..... Founder, deceased  
 Alan Mayer ..... deceased  
 Lorin Goodrich ..... Jul 2001 — Jun 2004  
 Norma Hughes ..... Jul 2004 — Jun 2007  
 Dick DiBuono ..... Jul 2007 — Jun 2009  
 Paul Hopler ..... Jul 2009 — Jun 2012  
 Ed McKnight ..... Jul 2012 — Jun 2014  
 George Chalou ..... Jul 2014 — Jun 2016  
 Scott Pinckney ..... Jul 2016 — present



## Important — Keep Your Membership Directory Current

Please remember to retain your LLI Handbook and Membership Directory and note in it the members information that is provided each month on Page 2 of the newsletter. This will help keep your directory up to date with changes that occur between the annual directory issuance dates.

## Weekend Coffee Meetups by City / ZIP Codes

**T**his spring LLI NOVA will be initiating a weekend social program to encourage members who live near each other to connect and socialize.

Members in designated zip codes will be invited to meet informally with their fellow members at a member host's home on a Saturday/Sunday afternoon for coffee/tea and socializing. There is no pressure to perform a task or activity — just enjoy a non-alcoholic drink and share a story with fellow LLI members who also live nearby.



Anna Dixon is the coordinator for this project. Karren Scott (Greater Alexandria) will host the first meetup on April 1 and Anna Dixon (Fairfax Station/Burke/Lorton) will host a meetup on April 22. Greater Springfield will be May 6 (tentative). Stay tuned!

## Join the LLI Poetry Group for a Spring Fling!

**Y**ou are enthusiastically invited to attend a "Spring Fling" sponsored by the LLI Poetry Group. For all those who have enjoyed our past Valentine's Day Socials, we decided to move the event to a more "weather-friendly" time of year, as we have had to cancel some of the February events due to snow and ice. Please come and celebrate with us! We will still feature all the things you enjoy — flowers, live music, balloons, light fare and treats — just at a more comfortable time of the year. Please bring a poem to share with the group. It can be something you've written yourself or one of your classic favorites. And even though Valentine's Day will have come and gone, it is always time for poetry about love! We look forward to seeing you there!

**Where:** Little River United Church of Christ,  
 Social Hall  
 8410 Little River Turnpike  
 Annandale, Virginia

**When:** Friday, April 28, 2:00 p.m. to 4:00 p.m.

**Why:** For Love, Poetry and Friendship!

## Social Sciences Discussion at NOVA Alexandria

**Dr. Jack Lechelt**, Associate Professor of Political Science, who has made several presentations for us, invites LLI members to attend “**The Millennial Problem**” discussions given during March by various faculty members. Millennials are people who were born in the 1980s and 1990s. These discussions will be held in the BILDORF (AA) Building on the Alexandria campus. You are welcome to attend as many as you like; no registration required.

**March 20, 1:30-2:00 p.m., room AA-158:**

The Social Sciences & Millennials

**March 20, 2:00-3:00 p.m., room AA-158:**

Mapping the New Millennium (geography)

**March 22, 12:30-1:45 p.m., room AA-196:**

Economics & Millennials (John Min presenter)

**March 23, 12:30-1:45 p.m., room AA-196:**

Psychology & Millennials

**March 28, 12:30-1:45 p.m., room AA-196:**

Psychology & Millennials, part 2

**March 29, 11:00 a.m.-12:15 p.m., room AA-196:**

The Millennial Voter (Jack Lechelt presenter)

**March 29, 12:30-1:45 p.m., room AA-196:**

Sociology & Millennials

**March 30, 12:30-2:00 p.m., room AA-196:**

Capstone Panel on Social Science

Directions & parking at NOVA Alexandria: I-395 to Exit 5 (King Street West). Turn left onto Beauregard Street. Turn right onto East Campus Drive and park in the garage. The parking spaces are numbered. Go to a pay station, enter the number of your parking space and take a ticket. Look for payment instructions. The BILDORF (AA) Building is located at the top of the hill. Maps and directions can be found at <http://www.nvcc.edu/alexandria/maps.html>.

*“Instruction ends in the school  
room, but education ends  
only with life.”*

*— Frederick W. Robertson*

## Study Travel

The Study Travel Committee finished their detailed reviews of specific tours to the six destinations selected for consideration for 2018. This information was sent to the Study Travel mailing list, requesting they select their top three destinations. Based on the responses, we expect to reduce our options to three or fewer destinations before the March Forum.

The destinations that we are currently considering are:

- Northern Tier US National Parks (both versions, i.e., including Mt. Rushmore, and Mt. Rushmore and Southwest Parks extension)
- California State/National Parks (including Yosemite)
- The Canadian Maritimes
- Adriatic/Dalmatian Coast (land tour)
- Italy — Northern Regions and Major Cities

Our June 2017 trip to Scotland, “**Scottish Isles and Glens**,” may now have one double room available. We are accepting members on our “Wait List” for this trip, so contact Bob Huley if you are interested. There are still cabins available for our second 2017 trip, “**Cruising Burgundy & Provence to the Côte d’Azur**.” If you are interested in joining us on this river cruise, the trip flyer is posted on the LLI website (<http://lli.nova.org>) or you can contact Bob Huley for more information.

To join the Study Travel email list and participate in the 2018 trip selection process, contact Bob Huley at (703) 534-4819 or [roberthuley@cox.net](mailto:roberthuley@cox.net). We are seeking more help to analyze destinations and tours for future trips and to provide the Study classes for our destinations. Please let Bob know if you are interested. See you at the March Forum.

*Happy traveling!*

## Campus Parking for the Handicapped



NVCC does not issue special permits for using the parking spaces designated for the handicapped on the Annandale campus. Appropriate parking permits issued by any state and the District of Columbia are honored. The permit must be properly displayed and used only by the person or persons to whom it is issued.

# Humor Corner

## About Growing Older

**First** — Eventually you will reach a point when you stop lying about your age and start bragging about it.

**Second** — The older we get, the fewer things seem worth waiting in line for.

**Third** — Some people try to turn back their odometers. Not me; I want people to know 'why' I look this way. I've traveled a long way, and some of the roads weren't paved.

**Fourth** — When you are dissatisfied and would like to go back to youth, think of Algebra.

**Fifth** — You know you are getting old when everything either dries up or leaks.

**Sixth** — I don't know how I got over the hill without getting to the top.

**Seventh** — One of the many things no one tells you about aging is that it's such a nice change from being young.

**Eighth** — One must wait until evening to see how splendid the day has been.

**Ninth** — Being young is beautiful, but being old is comfortable.

**Tenth** — Long ago, when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

And, **finally** — If you don't learn to laugh at trouble, you won't have anything to laugh at when you're old.

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## A New Take on Football

A guy took his girlfriend to her first football game. They had great seats right behind their team's bench. After the game, he asked her how she liked it.

"Oh, I really liked it," she replied, "especially the tight pants and all the big muscles, but I just couldn't understand why they were killing each other over 25 cents."

Dumbfounded, her boyfriend asked, "What do you mean?"

"Well, they flipped a coin, one team got it and then for the rest of the game, all they kept screaming was... 'Get the quarterback! Get the quarterback! I'm like...Helloooooo? It's only 25 cents!!!!!"

## Incontrovertible Universal Laws

**We Didn't Believe These Laws at First,  
But Have Found Them to Be True  
from Actual Experience**

**Law of Probability** — The probability of being watched is directly proportional to the stupidity of your act.

**Supermarket Law** — As soon as you get in the smallest line, the cashier will have to call for help.

**Variation Law** — If you change lines (or traffic lanes), the one you were in will always move faster than the one you are in now.

**Law of the Bath** — When the body is fully immersed in water, the telephone rings.

**Law of Close Encounters** — The probability of meeting someone you know increases dramatically when you are with someone you don't want to be seen with.

**Law of the Result** — When you try to prove to someone that a machine won't work, it will.

**Law of Physical Surfaces** — The chances of an open-faced jam sandwich landing face down on a floor, are directly correlated to the newness and cost of the carpet or rug.

**Wilson's Law of Commercial Marketing Strategy** — As soon as you find a product that you really like, they will stop making it.



## March LLI Forum

*Continued from page 1*

Elizabeth Roy, the director at the Autism Society of Northern Virginia since 2014, has a Masters degree in Public Administration from George Mason University. She will be joined by a Board Member, Sharon Cummings, and her autistic son Conner . If possible, Ms. Roy may also bring a scientist who is familiar with some of the latest ASD research trends and projects underway.

**Please Note:** *Parking is available in the parking garage (\$2/hour). Parking in B and C lots is by permit only. If no garage slots are available, a \$12 daily permit for the B lot is available at the office to the right just inside the garage entry gate.*

### Newsletter on the Web

Our monthly newsletter is generally available on the LLI website earlier than you will receive it through the mail. In cases of delivery delays by the Postal Service, you may want to keep <http://lli.nova.org> in mind. Any pictures and/or graphics will also be in color on the website.

### Membership Renewal Reminder

The mailing label on each newsletter includes your membership renewal date. You must renew and be a member in good standing in order to register for courses and to participate in LLI's many other activities. Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI. Please print clearly to help ensure that your information is entered correctly. **It is important to include the form with your check, for ease in crediting your membership renewal in our database.**



# From the LLI Scrapbook



*President Scott Pinckney and Jill Ingrassia at February Forum.*



*Falls Church  
1-18-17*

*Bamian Restaurant*



*NOOSH'E JAAN*



*KHA ISHTYA WALARE*



*Gourmands at Bamian Restaurant on January 18.*

### NVCC Newsletter

The Northern Virginia Community College, Annandale Campus, issues an electronic community newsletter. Goals of the newsletter include providing information regarding activities and events on campus and addressing community concerns. If you would like to receive this newsletter, send your request with your email address to [rhull@nvcc.edu](mailto:rhull@nvcc.edu).

## An Artful LLI/NOVA Spring Outing

**M**eeet your fellow LLI members at the National Gallery of Art on May 11 for lunch and to view the exhibition *Frédéric Bazille and the Birth of Impressionism*. Organized thematically, this exhibition juxtaposes works by Bazille with important works by the predecessors who inspired him — including Théodore Rousseau, Jean-Baptiste-Camille Corot, and Gustave Courbet — and by contemporaries such as Édouard Manet and Claude Monet, with whom he was closely associated. The National Gallery of Art, which holds the largest group of Bazille's works outside of France, as well as important related impressionist paintings of the 1860s, is the sole American venue for the exhibition. This is the first major presentation of Bazille's work in America in 25 years.

We will meet at the Gallery at 10:30 a.m. in the West Building Rotunda to tour the exhibition and then meet for lunch at 11:45 p.m. in the concourse main cafeteria. At 1:00 p.m. we will join an optional lecture, which ends by 2:30 p.m. LLI member, Anna Dixon, a 20 year docent at the National Gallery, who will be with us throughout, will give an afternoon East Building modern art tour for those who wish to remain.

If you are interested in joining us, please register for this meet-up by calling or emailing your name to Pat Harrison no later than April 27. More information will be provided at a later time to those who register for the tour. If you have questions or want additional information, you may email or call Pat. Her contact information is in the LLI Directory.

### Internet Alert

**S**ince some members of LLI are having trouble receiving our LLI e-mails through their Cox and AOL e-mail accounts, we are now posting these e-mails on the <http://lli.nova.org> website. In the top left hand column, right under the link to our latest newsletter, there is a link to our recent e-mails. After receiving an e-mail, our webmaster will copy it with the name of the person mailing it, the subject of the e-mail and the date/time of the message to a special web page. The newsletter is posted, in color, online about one week before the black and white copy is received in the U.S. mail.

## Lincoln's Cottage and The Franciscan Monastery

On Wednesday, May 17, we will start our day with a 10:30 a.m. tour of Abraham Lincoln's Cottage in northwest D.C on the grounds of the Armed Forces Retirement Home. Although Lincoln was not the only president to stay in the cottage, it is said he spent about a quarter of his presidency there, more than any other president, during which time he made some of his most critical decisions and wrote the Emancipation Proclamation. Lincoln commuted daily to the White House on horseback or by carriage. In 2000, President Bill Clinton declared the Cottage a National Monument and, after an eight-year restoration period, the Cottage opened to the public in 2008.

Our next stop will be the Franciscan Monastery, one of the best kept secrets in our area. Regardless of one's religious preference, the Monastery has something for everyone with its spectacular architecture, beautiful domes, and lovely gardens. The herb and flower gardens cover about 42 acres. Although there is no designated picnic area, benches and seating are available, where we will enjoy our box lunch in the gardens before the tour. Pansies, azaleas, lilies-of-the-valley, late blooming tulips, early blooming roses, irises, and rhododendrons are just a few of the blooms expected in the gardens during May. Our tour of the Monastery begins at 1:00 p.m. You must be able to walk at least 45 minutes to see both the upper and lower church. To see the lower church, you must walk 21 steps descending (railing available) and 30 steps ascending. You may choose to tour just the upper church and skip the lower church and catacombs.

**PRICE:** \$55.00 includes transportation and tip, box lunch, cottage tour, and donations.

**SIGN UP:** **This trip is limited to 24 registrants.** The trip will be cancelled if the minimum number of registrations has not been received by March 24. Registration Form and payment are due by March 24 and should be mailed to Lifetime Learning Institute, NOVA Annandale Campus, 8333 Little River Turnpike, Annandale, Virginia 22003.

**DEPARTURE:** We will depart around 8:15 a.m. and return about 3:30 p.m. Specific departure location will be designated at a later date.

**QUESTIONS:** LLI Trip Managers, Pat Harrison at (703) 550-7530 or [pjharris80@msn.com](mailto:pjharris80@msn.com); or Patti McKnight at (703) 982-8030 or [pattimk1@aol.com](mailto:pattimk1@aol.com).

**CANCELLATION POLICY:** Refunds will be given only if a replacement is available.

## LLI TRIP REGISTRATION FORM

### Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for tour participation, this Assumption and Acknowledgement must be signed by trip participant (s), along with providing *two* emergency contact numbers.

Tours of LLI/NOVA may require walking and physical capability to access sites having structural obstacles. By participating, I assume risks inherent in this tour. I agree not to hold LLI, its Board of Directors, Administrator, Volunteers, and other agents responsible for any and all claims of bodily injury and/or property damage, resulting from my participation in this tour, or my ability to participate fully.

Further, I understand should I require personal assistance to participate in this tour, I am responsible for securing such assistance, and registering a person who can and will be totally responsible for providing all assistance. I will register the person by having them sign below. I also understand LLI reserves the right to deny requests to participate in this tour, if, as determined by LLI, such participation would impact the tour's operation or diminish the enjoyment of other tour participants.

Participant Signature	Emergency Contact # 1	Emergency Contact #2
/	/	
Participant Signature	Emergency Contact #1	Emergency Contact #2

Tour #: DT-5/17/17 Tour Name: Lincoln Cottage and Franciscan Monastery

Date of Day Trip: Wednesday, May 17, 2017

Tour Fee: \$55.00

1) Name: \_\_\_\_\_ Address: \_\_\_\_\_ City/State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

2) Name: \_\_\_\_\_ Address: \_\_\_\_\_ City/State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Number of Reservations: \_\_\_\_\_ Total Cost: \_\_\_\_\_ Reservation Deadline: **March 24, 2017**

**Reservation & Payment:** Trip Payment is required at time of registration. Reservations are accepted on first-come, first-served basis. **CANCELLATION POLICY. A full refund will be provided if the reservation is filled by someone from the wait list. Or, if there is no waitlist person interested, by someone else. Refunds will be made after the trip is completed.**

**Make checks payable to: LLI/NOVA and sent to: LLI/NOVA, Godwin Building, (CG), Room 202, 8333 Little River Turnpike, Annandale, VA 22003-3743.**

**Trip Notification:** You will receive trip confirmation via email; if you do not have your email address listed in the LLI Directory, please enclose a SELF-ADDRESSED, STAMPED, LEGAL SIZE ENVELOPE, and your confirmation will be sent via mail.

**Trip Contact:** Pat Harrison, 703-550-7530, [pjharris80@msn.com](mailto:pjharris80@msn.com); or Patti McKnight, 703-982-8030, [pattimk1@aol.com](mailto:pattimk1@aol.com).

For office use only: Amount Paid: \_\_\_\_\_ Check #: \_\_\_\_\_ Date/Initials: \_\_\_\_\_



Active Adults - Inspired Learning  
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## Lifetime Learning Institute of Northern Virginia

c/o Provost Office CG 202  
8333 Little River Turnpike  
Annandale, Virginia 22003-3743  
Phone / FAX (703) 503-0600

E-Mail: [llinova.admn@gmail.com](mailto:llinova.admn@gmail.com) — Website: <http://lli.nova.org>



## Change Service Requested

Look at the date on this label.  
Is it time to send your dues?

# March 2017

*Daylight Saving  
Time Begins*



*March 12*

*St. Patrick's  
Day*



*March 17*

*First Day  
of Spring*



*March 20*