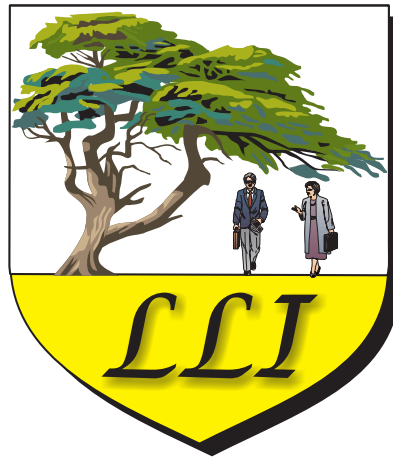




# *Fall 2012 Program*



## **Lifetime Learning Institute**

NOVA Annandale Campus  
8333 Little River Turnpike  
Godwin Building (CG), Room 202  
Annandale, VA 22003-3743  
Phone: (703) 503-0600 / FAX: (703) 503-5350  
Website: <http://lli.nova.org>  
E-Mail: [llinova@juno.com](mailto:llinova@juno.com)



# ***HOLIDAY LUNCHEON***



**Tuesday, December 4, 2012**

**Starting at 11:00 a.m.**

**at the**

**Country Club of Fairfax**

**More details to follow!**

## General Information

### What Is LLI?

Sponsored by Northern Virginia Community College (NOVA), the Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Elderhostel Institute Network (EIN) and benefits from the services EIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired), who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

LLI:

- is governed and financed by members
- is supported by member-led planning, administration, and instruction
- provides non-credit, non-degree courses
- offers educational, cultural, and social events
- recognizes that physical and mental health are major elements of vital aging.

### What Do We Have to Offer?

- Participation in courses and special interest groups throughout the year, usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic and winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

In addition, affiliation with both NOVA and EIN means that, as a member of LLI/NOVA, you are entitled to a Community Patron card, obtained from the NOVA library by showing a picture ID. This entitles members to use the NOVA library, located on the third floor of the Godwin Building. Up to three books can be charged out for three weeks; they can be renewed online for an additional period. Go to <http://www.nvcc.edu/library> for more information. There is no cost for the card.

### How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

### When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10:00 a.m. and 3:00 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers and other suitable locations.

### How Do I Become a Member and What Is the Cost?

Complete the membership application form found on page 35 and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

### How Do I Register for Courses and Tours?

Complete a course registration form found on pages 31 and 33, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed, stamped envelope and any applicable fees as soon as possible; *registration for courses closes Friday, August 24, 2012*. Registration forms received after that date will be considered only if there are spaces remaining in the courses you select. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been canceled. **As a courtesy to other LLI members, please call the Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.**

LLI courses are open only to those LLI members who have registered and been accepted into the course unless otherwise specified. **Please note that if you are wait-listed for a course, you are not "accepted" unless notified. The next time the course is offered, you must re-register but will be given priority acceptance.**

## What Is the Monthly Forum?

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 4) on the NOVA Annandale Campus (see page 5 for schedule). For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on Center Drive next to the Ernst Center. There is a \$1.00 per hour charge to park in the garage.

## Class Cancellations

**For Classes:** If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather or other emergency, all LLI classes, Forums, and other activities, **(except for Trips/Travel—see below)**, are cancelled regardless of class location. LLI morning classes are cancelled if the FCPS announces a two-hour delay in class openings; LLI afternoon classes are cancelled if the FCPS announces early dismissal.

**For Trips/Travel:** The Trip Committee Chair is responsible for the decision to cancel a trip.

## When Is the Registration Deadline?

The registration deadline for the courses in this catalog is **Friday, August 24, 2012**. See full addresses of course locations starting on page 20.

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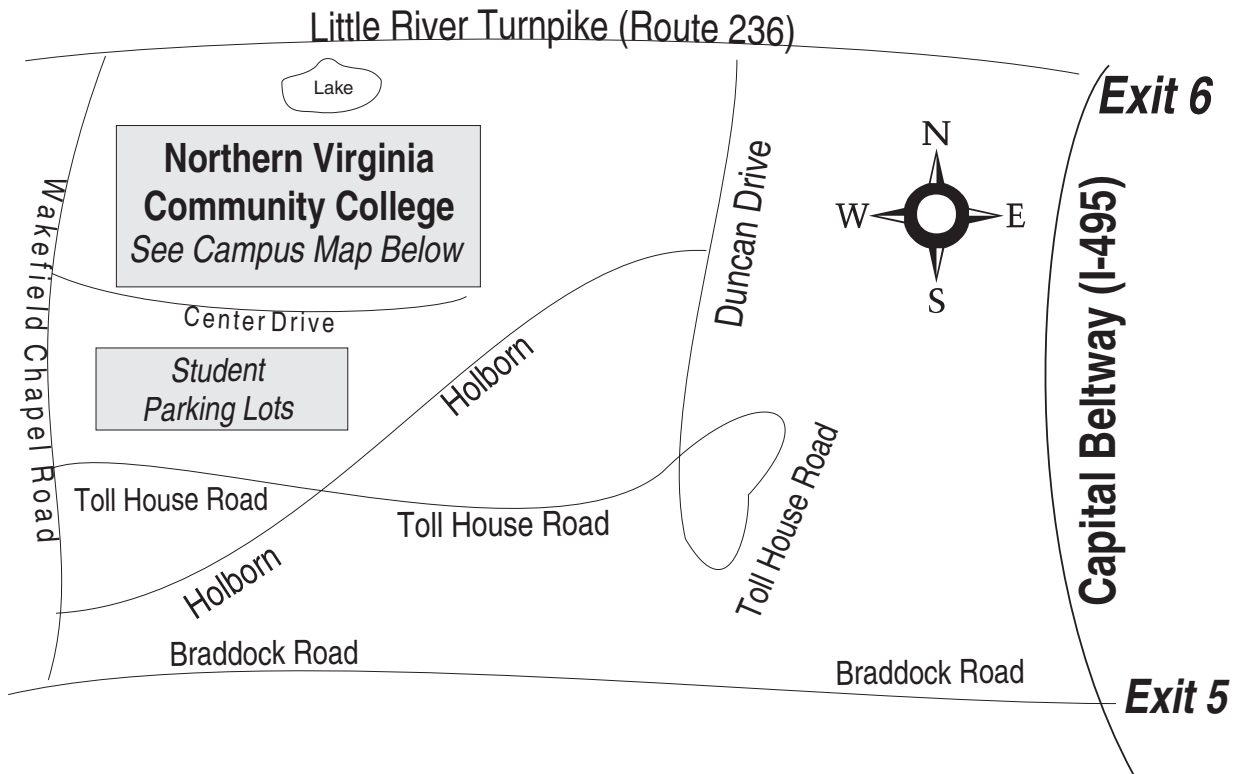
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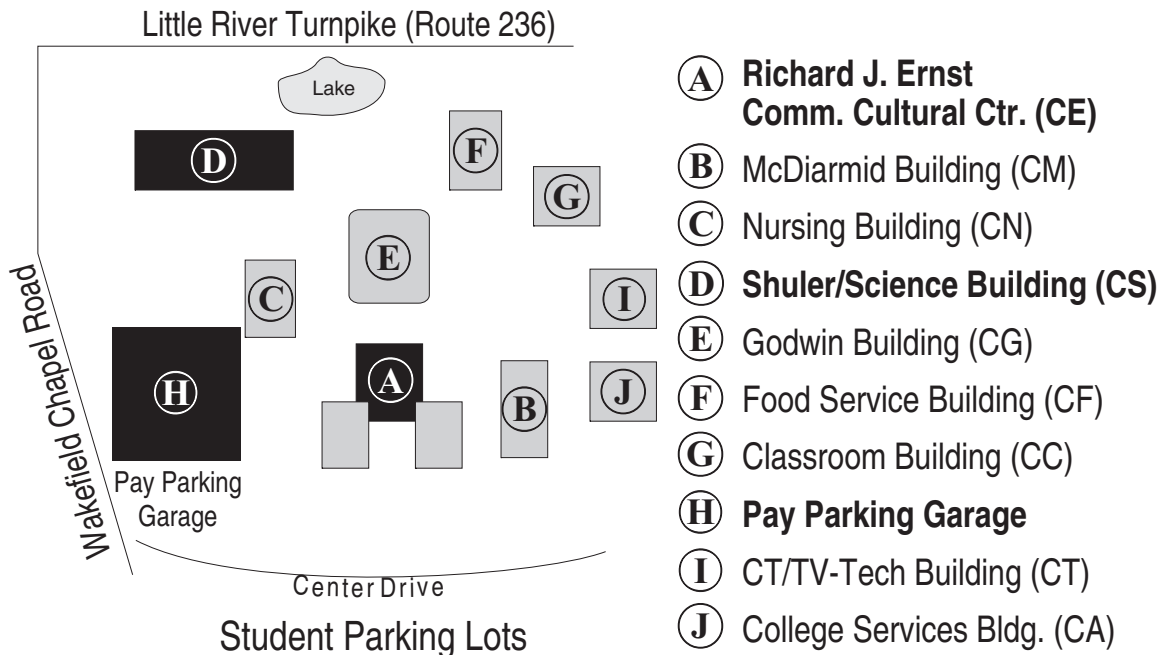
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# NOVA Campus Maps



## Annandale Campus Map



# LLI Fall Program 2012

**Note:** All programs are free to members unless otherwise specified. See full addresses of course locations starting on page 20.

**Members must register for the courses prior to attending because of space constraints. If you are unable to attend after registering, please contact the course coordinator so that anyone on the waiting list can be given the opportunity to attend the course.**

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## LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations, brief announcements are usually made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

**Upcoming Forum dates are:** Wednesdays, September 5, October 3, and November 7. There is no Forum in December.

**Place:** Ernst Cultural Center (CE), NOVA Annandale Campus

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## Lunch Bunch

LLI members and guests are invited to join fellow members for lunch following each Forum meeting. For the convenience of participants, a restaurant not too far from the NOVA Campus that offers quality food at moderate prices is selected each month. The lunch gives attendees a chance to meet and greet fellow LLI members. No advance reservation is necessary. A count of those planning to participate that day is taken at the Forum. Contact John Bogart at (703) 273-2547 or [bogartje@cox.net](mailto:bogartje@cox.net).

## Monday Mornings

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### Course 12F01A Great Presidents: Ronald Reagan (2 Sessions)

Ronald Reagan made conservatism respectable in late 20th century America, slowed the growth of domestic spending, shifted priorities to the military, deregulated industry, achieved a major arms reduction treaty, and brought America to the brink of victory in the Cold War. For his supporters, he fulfilled his campaign pledge of 1980 to restore "the great confident roar of American progress and growth and optimism." For his detractors, he weakened the nation's financial strength, favored the rich at the expense of the poor and middle class, pursued a wasteful arms build-up, and abandoned efforts to achieve opportunity for minorities. We will view four DVD's from the Great Presidents series—two 30-minute DVD's followed by 30 minutes of discussion in each session. The four lectures are: Ronald Reagan, "The Gipper;" Ronald Reagan, a Conservative in the White House; Ronald Reagan, the Acting President; and Ronald Reagan, the Teflon President.

**Dates & Time:** Mondays, September 17, 24; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Course Size:** Min. 10, Max. 70

**LLI Coordinator:** Peter Schwarzkopf (703) 998-0769; [pschwarzkopf@verizon.net](mailto:pschwarzkopf@verizon.net)

**Leader:**

**CHUCK HULICK**, BS in Economics, Wharton School, University of Pennsylvania; MBA in Finance, Kogod School of Business, American University; worked as a Senior Consultant with the National Academy of Public Administration following a career in federal acquisition with the General Services Administration.

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### Course 12F02A Health and Wellness (4 Sessions)

Join us as four medical professionals who practice locally share information on different aspects of our everyday health.

**October 1** *Optimal Wellness by Dr. Steinmetz.* You will be introduced to and informed about integrative medicine and how to reach your personal optimal wellness. Integrative medicine combines conventional Western medicine and complementary techniques. These include acupuncture, nutritional supplements and herbs, homeopathy as well as osteopathic manipulation. Dr. Steinmetz will stress her use of evidence-based practices from both Western and Eastern medical traditions to develop customized treatment plans designed to specifically meet patient needs.

**October 15** *Toxins with Dr. Rose.* Toxins are everywhere in our environment. A recent study discovered 287 chemicals in newborn cord blood. Dr. Rose will help explain toxins, where they come from, how we deal with them, and why we should be made aware of them. Integrative medicine recognizes the importance and seriousness of toxins and how they can cause many diseases and conditions. This session includes an introduction to toxins and how to start eliminating them from your life.

**October 29** *Headaches/Migraines with Dr. Lee.* Dr. Lee will educate and explore the integrative way to look at headaches and migraines. Instead of just covering up the pain with a magic pill, she approaches headaches from a more comprehensive view. The integrative tool box explores different ways of approaching headaches, such as nutrition, acupuncture, osteopathic manipulation, herbs and supplements, and many more.

**November 12** *Fatigue with Dr. Shiffman.* Chronic fatigue is a debilitating and complex disorder that affects many Americans. People with chronic fatigue often function at a substantially lower level of activity and feel exhausted even during daily activities. Dr. Shiffman will introduce the integrative toolbox and show us that the way to approach fatigue is different than Western medicine. Integrative doctors look at the whole person and work with their patient to find the best treatment for that individual.

**Dates & Time:** Mondays, October 1, 15, 29, November 12; 10:00 a.m.—11:30 a.m. (**Note: there are no classes on October 8, 22, and November 5.**)

**Place:** Goodwin House (Auditorium), Falls Church

**Course Size:** Min. 15, Max. Unlimited

**LLI Coordinator:** Salli Wise (703) 256-8001; [sarahwise7@verizon.net](mailto:sarahwise7@verizon.net)

**Leaders:**

**MARIE STEINMETZ, MD**, Diplomate, American Board of Family Medicine; BS, MD, University of Pittsburgh; Residency, University of North Carolina; board certifications include the American Board of Family Medicine, American Board of Medical Acupuncture, and American Board of Integrative Medicine; teaching affiliations at Virginia Commonwealth University; special areas of practice include intestinal problems and fatigue, with an emphasis on acupuncture.

**ROSEMARIE D. ROSE, MD**, Diplomate, American Board of Family Medicine; holds board certification in Family Medicine; is HeartMath® Certified; searching for a deeper understanding of diseases which are difficult to manage with conventional medical practices, she first completed specialized training in Amino Acid Supplementation for the treatment of neurotransmitter diseases such as ADHA, fibromyalgia, migraine headaches and Parkinson's Disease; studied at the Institute of Functional Medicine, giving her the knowledge and depth to explore gastrointestinal issues, hormonal imbalances, thyroid disease, fatigue, and chronic diseases.

**JENNIFER LEE**, Doctor of Osteopathic Medicine, Kirksville College of Osteopathic Medicine; Residency, Virginia Commonwealth University School of Medicine; BA in Chinese Language and Literature and Masters of Public Health, Maternal and Child Health, George Washington University; Diplomate, American Board of Family Medicine; board certifications include American Board of Family Medicine, American Board of Integrative Holistic Medicine, and Integrative and Holistic Medicine; teaching affiliations at Virginia Commonwealth University, Georgetown University; special areas of practice include headaches, fatigue, stomach/intestinal problems, fibromyalgia, thyroid and low back pain, with an emphasis on osteopathy and acupuncture.

**JEANNE SHIFFMAN, MD**, BA in Russian Studies, University of Virginia; Pre-Medical Program and MD, Georgetown University School of Medicine; Residency, Georgetown University/Providence Hospital Family Practice; Diplomate, American Board of Family Medicine; board certifications include American Board of Integrative and Holistic Medicine; teaching affiliations at Georgetown University School of Medicine, Virginia Commonwealth University Medical Center; special areas of practice include menopause, fatigue, and thyroid, with an emphasis on bio-identical hormones, acupuncture, and complimentary cancer care.

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**Course 12F03A A Survey of U.S. Public Health Agencies and Programs (1 Session)**

This course will briefly describe the key federal public health agencies and the programs they administer. Examples will include how human drugs and medical devices are reviewed by the Federal Drug Administration, the role of the Centers for Disease Control in developing seasonal and pandemic flu vaccines, and how the National Institutes of Health prioritizes its research.

**Date & Time:** Monday, October 22; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Course Size:** Min. 20, Max. 70

**LLI Coordinator:** Peter Schwarzkopf (703) 998-0769; [pschwarzkopf@verizon.net](mailto:pschwarzkopf@verizon.net)

**Leader:**

**JOHN P. FORD, BA**, George Washington University; LLM, George Washington University Law School; JD, University of Denver Law School; Senior Director, Federal Government Affairs and Policy, Abbott Laboratories (pharmaceutical, medical devices, and nutritional issues); formerly served as Senior Counsel, House Committee on Energy and Commerce, and as Director of Federal Government Affairs, Kellogg Company.

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**Course 12F04A “To the Immortal Name...of George Washington:” The Boundary Stones (1 Session)**

The Boundary Stones of the District of Columbia, placed by the 1791-1792 territorial surveyors, stand as long-forgotten tributes to George Washington. General Washington's vision, dedication and devotion gave birth not only to a great nation but also to the city that bears his immortal name. The rough-hewn sandstone columns exemplify the simplicity of our early days yet endure amidst the urban sprawl that characterizes our modern Nation's Capital. Few locals appreciate their enduring message and hardly any visitor to Washington, D.C., seeks them out, but the boundary stones remain of the utmost importance to those who respect both the history of our area and the “immortal name of George Washington.”

**Date & Time:** Monday, November 19; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Course Size:** Min. 25, Max. Unlimited

**LLI Coordinator:** Pat and/or Rick Daniels (703) 354-3792; [rwdaniel@mindspring.com](mailto:rwdaniel@mindspring.com)

**Leader:**

**MICHAEL T. KELLY**, studied American History through undergraduate work at The Pennsylvania State University and seasonal employment with the National Park Service; currently coordinates the National Mall and Memorial Parks interpretive outreach program and assists with ongoing park initiatives in partnership, cultural resource management, and interpretive media; prior NPS experience includes Eisenhower National Historic Site and Gettysburg National Military Park.

## Monday Afternoons

### Course 12F05P Facing Down Big Oil and How It Was Done Successfully, and the Lessons Learned for All of Us (2 Sessions)

Edward Jaffee will be joined in the first session by former Congressman Doug Walgren of Pennsylvania, who was heavily involved in the case history to be reviewed during this course. In the first class, we will briefly outline the mini-syllabus and then discuss Mr. Jaffee's book, *Dodging the Bullet: An Inside Washington Look at High Stakes Lobbying Against an Oil Giant*. We'll also view the first 15 minutes of a DVD of "H.R. 6161," which traces the passage of the Clean Air Act of 1977. The second class will begin with the last 15 minutes of "H.R. 6161" and will be followed by a discussion of the pros and cons of lobbying and the public's role in government. There will be time for Q & A in both sessions.

**Date & Time:** Mondays, October 1, 15; 1:30 p.m.—3:00 p.m. (Note: there is no class on October 8.)

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Course Size:** Min. 20, Max. 40

**LLI Coordinator:** Brent Beeson (703) 425-8560

**Leader:**

**EDWARD L. JAFFEE**, a Journalism graduate of George Washington University; has worked for the Washington Post, the Wall Street Journal and the United Press; was an Industrial Editor for IBM and head of Environmental Quality Information for a major trade association; joined PPG Industries' Washington Office in 1973 as a Washington representative and lobbyist, primarily on environmental and energy issues and acting as liaison between PPG and the environmental community.

### Course 12F06P The Election 2012: Results in Perspective (1 Session)

This course will analyze the results of the 2012 presidential election and will (1) identify the patterns of support for the different candidates among key groups of voters including women, racial and ethnic minorities, and older Americans; (2) highlight the role of money in this campaign and campaigns in general; (3) contrast the different policy positions of the candidates and identify which issues seemed to resonate most with voters; (4) provide insight for how the presidential election results may have shaped results for congressional and local elections; and (5) discuss the policy implications for 2013.

**Date & Time:** Monday, November 19; 1:00 p.m.—2:30 p.m. (Note class time.)

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9574;

[lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**JENNIFER SAYASITSENA**, Ph.D. in Political Science, George Washington University; MA in Political Science, University of Southern California; BA in Government, Georgetown University; is currently an Assistant Professor of Political Science at Northern Virginia Community College, teaching several courses including American National Politics, U.S. Government, State and Local Politics, and Introduction to Political Science; prior to joining the college, she worked as a Public Affairs Consultant to leading health care organizations and government agencies.

## Tuesday Mornings

### Course 12F07A Introduction to Hinduism (1 Session)

This course will consist of an introduction to Hinduism in which we will learn the basics and history of the Hindu religion, which is quite different from the Judeo-Christian worship. Following our leader's explanation, we will have a chance to visit the area where members of the Durga Temple worship and see their gods. **Note: This is a repeat of the course given during the Fall 2011 semester. Course 12F08A (see below) is a new course and is considered a continuation of this course. Also note: There is a set of stairs to go up to the worship area, but it is not a requirement to visit this part of the Temple.**

**Date & Time:** Tuesday, September 18; 10:00 a.m.—12:00 p.m. (Note class time.)

**Place:** Durga Temple, Fairfax Station

**Course Size:** Min. 10, Max. 35

**LLI Coordinator:** Anna Dixon (703) 503-5463; [njoi2day@aol.com](mailto:njoi2day@aol.com)

**Leader:**

**Dr. G. V. V. RAO**, retired Professional Engineer and International Development Consultant who worked in 40 countries; was also an Affiliate Professor at George Mason University and a Visiting Professor at Tokyo Institute of Technology in Japan. Over 30 years ago, he established a Hindu Sunday School which he still leads as Balavikas of Fairfax; teaches respect for all religions and his students frequently participate in a variety of interfaith activities in the DC metro area.

### Course 12F08A Fundamentals of Hindu Philosophy (1 Session)

The course will cover the fundamentals of the philosophical base of Hinduism. Some of the commonalities with Judeo-Christian philosophy will be discussed. **Note: Those who attended the Introduction to Hinduism course during the Fall 2011 semester (repeated above) may wish to attend this Fundamentals course only. As a prerequisite for this Fundamentals course, all registrants should have attended the Introduction course above or during the Fall 2011 semester.**

**Date & Time:** Tuesday, September 25; 10:00 a.m.—12:00 p.m. (Note class time.)

**Place:** Durga Temple, Fairfax Station

**Course Size:** Min. 10, Max. 35

**LLI Coordinator:** Anna Dixon (703) 503-5463; [njoi2day@aol.com](mailto:njoi2day@aol.com)

**Leader:**

**Dr. G. V. V. RAO** (see Course 12F07A for bio information)

### Course 12F09A Learning is a Life-Long Process: Using Our Brains to the Fullest (1 Session)

The brain is a complex network allowing us to absorb and process information quickly and efficiently. This course will cover brain plasticity, creativity, and the importance of sleep and exercise in learning and memory. We will also look at how we can build a "brain reserve" and keep our brains in the best condition as we age.

**Date & Time:** Tuesday, October 2; 10:00 a.m.—11:30 a.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9574,  
[lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**Professor JILL CAPORALE**, MS in Biology, American University; MS in Communications, American University; BS in Biology, State University of New York at Albany; is an Associate Professor of Biology and Natural Sciences at Northern Virginia Community College.

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### Course 12F10A Gravity: A History (1 Session)

In 1589, as every schoolboy thinks he knows, Galileo dropped cannonballs from the Leaning Tower of Pisa in order to demonstrate that all objects fall at the same rate. This surprising and (then) unanticipated result led Isaac Newton to enunciate the Law of Universal Gravitation in 1686 and Albert Einstein to formulate the Theory of General Relativity in 1915. Join us to learn more!

**Date & Time:** Tuesday, October 23; 10:00 a.m.—11:30 a.m.

**Place:** Greenspring Village (Village Square Theater), Springfield

**Course Size:** Unlimited

**LLI Coordinator:** Doug Johnson (703) 628-3115;  
[llinovadoug@gmail.com](mailto:llinovadoug@gmail.com)

**Leader:**

**MARK RUBENSTEIN**, Adjunct Professor at NOVA Woodbridge Campus; previously employed as a Condensed Matter Physicist at the Naval Research Lab.

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### Course 12F11A Lincoln, Slavery, and Emancipation — A Sesquicentennial Seminar (2 Sessions)

The course will examine Abraham Lincoln's evolving positions on slavery and emancipation as Illinois legislator, Member of Congress, and President. Assessments of his views and actions by leading historians and biographers will be discussed. Lincoln's policies on slavery and emancipation will be considered in their historical context. The course coincides with the 150th anniversary of Lincoln's Preliminary Emancipation Proclamation issued on September 22, 1862.

**Dates & Time:** Tuesdays, October 23, 30; 10:00 a.m.—11:30 a.m.

**Place:** St. Matthew's United Methodist Church, (Room 304), Annandale

**Course Size:** Min. 10, Max 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9574;  
[lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**JOHN ELLIFF**, BA, DePauw University; Ph.D. in Government from Harvard University; taught American Government at Barnard College and Brandeis University before serving for 35 years in various government positions; his articles on Lincoln have appeared in the *Journal of the Abraham Lincoln Association*, the *Lincoln Forum Bulletin*, and *The Lincolnian*; he is a member of the Lincoln Group of DC and a volunteer at Ford's Theatre National Historic Site.

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### Course 12F12A Museum Masterpieces: The Metropolitan Museum of Art (3 Sessions)

Our visit to New York's famed Metropolitan Museum of Art, courtesy of the Great Courses and Yale-educated Art Professor Richard Brettel, concludes with lectures covering American art from

1865-1900 (including paintings, decorative arts, and sculpture by Cassatt, Whistler, Sargent, Tiffany, Herter, Homer, St. Gaudens, etc.) and 20th century art in the pre-WWII and post-WW II period (covering Picasso, Matisse, Demuth, O'Keeffe, Frank Lloyd Wright, Brancusi, Pollack, Rothko, and DeKooning). In addition, we will view one of the centerpieces of the Museum: The Robert Lehman Collection, which spans the centuries—Petrus Christus, Botticelli, El Greco, Durer, Rembrandt, Canaletto, Matisse, Gauguin, and Van Gogh. In the last lecture, Professor Brettel discusses "The People of the Museum:" the directors, curators, and donors responsible for the Met's position as the country's premier museum.

**Note: Lunch may be purchased (cash or credit card) in the Bistro at Goodwin House. Allow about 1 hour for lunch. Please advise your Course Coordinator if you plan on eating lunch in the Bistro so that the Coordinator can notify Goodwin House ahead of time.**

**Dates & Time:** Tuesdays, November 13, 20, 27; 10:00 a.m.—11:30 a.m.

**Place:** Goodwin House (Media Room), Falls Church

**Course Size:** Min. 12, Max. 35

**LLI Coordinator:** Mary Underwood (703) 329-8391;  
[maryunderwood29@verizon.net](mailto:maryunderwood29@verizon.net)

**Leader:**

**MARCIA TOEPFER**, took 30 credits in Art History and Studio Art at the State University of New York; while a student at Manhattan's famed High School of Music and Art (now the LaGuardia High School of Music, Art, and the Performing Arts), she spent weekends at the Met and its sister museum, The Cloisters—a practice she continued through college. Choosing a more practical major, she studied American Diplomatic History at the University of Virginia and was awarded a Ph.D. in 1976. She spent her professional career in the intelligence community.

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### Course 12F13A The Other Washington Monument: Alice Roosevelt Longworth in Washington, D.C. Society (1 Session)

Relive the exploits of famous First Daughter Alice Roosevelt Longworth. After a sad childhood, she became well known around the world as the elder daughter of President Theodore Roosevelt. She traveled in her own political circles. She was wife to Congressman Nicholas Longworth, but was also involved in a romantic relationship with Senator William Borah. She enjoyed a long life in Washington, D.C., speaking freely and ruling the capital's society scene until her death in 1980.

**Date & Time:** Tuesday, December 11; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Course Size:** Min. 25, Max. Unlimited

**LLI Coordinator:** Pat and/or Rick Daniels (703) 354-3792;  
[rwdaniel@mindspring.com](mailto:rwdaniel@mindspring.com)

**Leader:**

**JENNIFER EPSTEIN**, Education Specialist for National Mall and Memorial Parks in Washington, D.C.; graduated from Gettysburg College; demonstrated her historical and educational background through work in education and at several National Park Service sites such as Gettysburg National Military Park, Adams National Historical Park, Mount Rushmore National Memorial, and Jamestown National Historic Site.

## Tuesday Afternoons

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### Course 12F14P Central Europe: Enemies, Neighbors, and Friends (9 Sessions)

This is a repeat of the course given during the Fall 2006 and 2009 semesters. We will trace the development of eight Central European countries, beginning with the Barbarians and the Romans. Our major focus will be on the late Middle Ages (post 1400) to modern times as well as the 20th century. Suggested text: *Central Europe—Enemies, Neighbors and Friends*, L.R. Johnson, Oxford University Press, 1996 (with more recent updates).

**Dates & Time:** Tuesdays, September 18, 25, October 2, 9, 16, 23, 30, November 6, 13; 1:30 p.m.—3:00 p.m.

**Place:** Little River United Church of Christ (Room 8), Annandale

**Course Size:** Min. 8, Max. 25

**LLI Coordinators:** For October 30, November 6 and 13 sessions, Anna Dixon (703) 503-5463; [njo12day@aol.com](mailto:njo12day@aol.com). Coordinators to be Announced for Remaining Dates.

**Leader:**

**BURT GREENSTEIN**, BA, MA, History, Geography, Languages, University of Buffalo; taught English History and European Governments; worked in the Department of the Air Force and the Defense Intelligence Agency.

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### Course 12F15P Between the Wars: Preparing for WWII (6 Sessions)

Several new weapons had been introduced in World War I and the development of doctrine for the use of these innovations was needed and became critical as war clouds again arose in the late 1930's. We will cover effects of the Naval Disarmament Treaties, the development of amphibious warfare doctrine by the Navy and Marine Corps, the growth of Naval Aviation between the wars and the U.S. Army's preparations and developments in armor and aviation.

**Dates & Time:** Tuesdays, October 2, 9, 16, 30, November 6, 13; 1:30 p.m.—3:30 p.m. (Note class time. Also note there is no class on October 23.)

**Place:** The Woodlands (Theater), Fairfax

**Course Size:** Min. 10, Max. 30

**LLI Coordinator:** Lorin Goodrich (703) 425-9574; [lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**KEITH YOUNG**, U.S. Naval Academy graduate; MBA, Old Dominion University; retired U.S. Navy Captain; has taught graduate level business courses at Averett University's Northern Virginia campus; made presentations on a variety of topics at the Osher Lifelong Learning Institute at George Mason University, Fairfax City Senior Center and the Arlington Learning in Retirement Institute.

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### Course 12F16P An Indefinite Period: The Cuban Missile Crisis (1 Session)

On October 22, 1962, the history of mankind came as close to Armageddon as it has ever come. This course will include a summary of why there was a Cuban Missile Crisis, and how the instructor came to be living 40 miles from the Russian nuclear weapons that Fidel Castro had secretly put in place in his "patria" and had aimed, not only at Guantanamo Bay

Naval Base (where she and her children lived), but at the belly of the United States for a 2,400-mile radius. The sands of time were running out for those who had a front row seat on the Cuban Missile Crisis. Given daily headlines about Guantanamo Bay, it is clear the full story has yet to be told.

**Date & Time:** Tuesday, October 23; 1:30 p.m.—3:00 p.m.

**Place:** The Virginian (Assembly Room), Fairfax

**Course Size:** Min. 20, Max. Unlimited

**LLI Coordinator:** Salli Wise (703) 256-8001; [sarahwise7@verizon.net](mailto:sarahwise7@verizon.net)

**Leader:**

**PATRICIA HALE FEENEY**, a Ford Scholar, graduate of Stanford University, and a published newspaper journalist; her professional career includes 25 years as a Technical Writer for Martin Marietta and TRW; she is the author of two books: *An Indefinite Period: Personal Perspective on the Cuban Missile Crisis*; and *Defining Moments: A Personal Journey*.

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### Course 12F17P LLI Goes Baltic (1 Session)

If you regret not going on the LLI Travel Group's June 2011 cruise around the Baltic Sea, or if you just prefer to do your traveling vicariously, here is your chance to visit and learn about Helsinki, Finland; St. Petersburg, Russia; Tallinn, Estonia; Riga, Latvia; Visby in Gotland, Sweden; Gdansk, Poland; the island of Bornholm in Denmark; and Berlin and Rostock in Germany, all from the comfort of a chair. Join us to view the trip video designed and created by Conne Rubinstein, with photos contributed by LLI members Terry and Linda Brittain, Bob and Merry Huley, Doug and Leona Johnson, Carol McCormack, and Mark and Conne Rubinstein. If you have attended other video travelogues created by Conne, you know that you can expect to be both entertained and educated.

**Date & Time:** Tuesday, October 23; 1:30 p.m.—3:00 p.m.

**Place:** Greenspring Village (Village Square Theater), Springfield

**Course Size:** Unlimited

**LLI Coordinator:** Doug Johnson (703) 628-3115; [llinovadoug@gmail.com](mailto:llinovadoug@gmail.com)

**Leader:**

**CONNIE RUBINSTEIN**, taught English to Talented and Gifted students at Oxon Hill Science and Technology High School for 25 years; for 12 years, since her retirement, she has been creating entertaining and technically sophisticated videos, using Apple's Final Cut and other software, which she shares at Senior Centers and LLI presentations.

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### Course 12F18P Mystery and Controversy: Women Soldiers of the American Civil War (1 Session)

Often overlooked in the study of the American Civil War is the topic of women who disguised themselves as men to serve as soldiers. Why did they enlist? How did they disguise themselves? How were they able to go undetected? What is the significance of their service? We will look not only at several of the best documented women soldiers but also at some of those who are less well known.

**Date & Time:** Tuesday, October 30; 1:30 pm.—3:00 p.m.

**Place:** The Virginian (Assembly Room), Fairfax

**Course Size:** Min. 10, Max. Unlimited

**LLI Coordinator:** Ed McKnight (703) 425-6224; [edjem@aol.com](mailto:edjem@aol.com)

**Leader:**

**CAROL JEFFORDS**, BA in History, Washington State University; worked as an Intelligence Analyst at the CIA and in the training

offices of MITRE Corporation and TRW; currently employed by LEAD Alliance, a small, woman-owned consulting firm; member of the Society of Women and the Civil War, and LLI.

## Wednesday Mornings

### Course 12F19A The Underground Railroad Quilt Codes: Fact or Fiction? (1 Session)

The “Underground Railroad” is the name of the ancient route slaves took to escape to freedom. It was given this name because slaves who traveled on it just seemed to vanish as if traveling underground. When slaves were captured and forced to leave their homeland, they brought with them the knowledge of weaving cotton into fabrics and quilt patterns rich in African traditions. They used this knowledge to communicate with each other, and it is possible that quilt patterns were used as codes during escapes via the “Underground Railroad” network. Some historians believe the “Underground Railroad” quilt codes are fiction because there is no documentation. However, researchers recently learned through oral history that quilt codes are highly possible and that the quilt codes existed to guide fugitives to freedom. Our instructor will explain how quilts were a means for slaves to communicate and you can decide if the stories about secret messages hidden in quilt patterns and colors are reality or fantasy. “Underground Railroad” quilts will be on display.

**Date & Time:** Wednesday; September 19, 10:00 a.m.—12:00 p.m.

**(Note class time.)**

**Place:** St. Matthew’s United Methodist Church (Room 304), Annandale

**Course Size:** Min. 10, Max. 25

**LLI Coordinator:** Lorin Goodrich (703) 425-9574;

*lorin.goodrich@verizon.net*

**Leader:**

**SHARON TINDALL**, BS in Elementary Education/Textiles, Montclair State University; course work in Design from Parsons School of Design, Manhattan; she is a quilt instructor for G Street Fabrics, NOVA, and the Indonesian Embassy; has displayed quilts and given talks at NOVA (Annandale, Manassas and Medical Education campuses), Ronald F. Lewis Museum, Gum Springs Museum and the Legacy Museum; has also made presentations at Zorn Church (PA), Spring Garden Elementary School (PA), and locally at Brown Academy, National Council of Negro Women (VA Chapter), and for the youth of the Mount Olive Baptist Church.

### Course 12F20A Meadowlark Botanical Gardens: Late Blooms and Fall Color (1 Session)

Education Specialist Patricia Dietly will lead a tour of Meadowlark Gardens where you will enjoy the many late-blooming flowers and the beginning of the fall foliage. Learn how Meadowlark prepares their gardens for winter. The walk is all outdoors on about a mile of paved trails. Dress for the weather.

**NOTE:** The trails are ADA accessible. Also, feel free to bring a picnic lunch if you’d like. You may eat your lunch in the picnic area—no cooking, but lots of table space!

**Date & Time:** Wednesday, September 26; 10:00 a.m.—11:30 a.m.

**Place:** Meadowlark Botanical Gardens, Vienna

**Course Size:** Min. 8, Max. 20

**LLI Coordinator:** Elaine Cherry (703) 560-4860;

*elainecherry@cox.net*

**Leader:**

**PATRICIA DIETLY** is an experienced Field Biologist who specializes in native plants; works at Meadowlark Botanical Gardens where she is the lead educator; studied botany at Grove City College and attained certification to teach secondary science through Gannon University (both in Pennsylvania); has a background in environmental project consulting, as well as wetlands delineation; enjoys sharing her knowledge and love of plants with students of all ages.

### Course 12F21A The West: Myth and Reality (3 Sessions)

In 1893, historian Frederick Jackson Turner noted the end of the frontier (according to the U.S. Census of 1890) and wondered what this event would do to the self-image of the American people. We will look at the three phases of western expansion: (1) the lone trailblazer; (2) pioneers in covered wagons; and (3) the big railroad, ranching and mining capitalists. We will attempt to answer the following questions: Was the West ever necessary for the development of American freedom? What impact did the closing of the West have on America’s self-image? More details will appear on Professor Anderson’s website (*www.nosrednam.com*) prior to the beginning of the course.

**Dates & Time:** Wednesdays, October 10, 17, 24; 10:00 a.m.—11:30 a.m.

**Place:** Annandale United Methodist Church (Room 300), Annandale

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9574,

*lorin.goodrich@verizon.net*

**Leader:**

**Professor MICHAEL G. ANDERSON**, BA, University of Illinois; MA, PhD, University of Chicago; Adjunct Professor at NOVA Alexandria Campus, George Mason University, and U.S. Coast Guard Academy; retired from the State Department’s Foreign Service, where he reported on political developments in Poland and Italy; served in Islamabad.

### Course 12F22A Topics of Interest: Carl Steiner’s Perspectives (4 Sessions)

*October 10* Mormonism: An American Religion

*October 17* The E.U.—Europe’s Imperfect Union

*October 24* A Third Industrial Revolution

*October 31* American Exceptionalism: Then and Now

**Dates & Time:** Wednesdays, October 10, 17, 24, 31; 10:00 a.m.—11:30 a.m.

**Place:** St. Matthew’s United Methodist Church (Room 304), Annandale

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Dottie Kilgore (703) 865-6580; *dottierk@cox.net*

**Leader:**

**Dr. CARL STEINER**, PhD, Professor Emeritus, George Washington University; pursues studies in many areas of knowledge and gives lectures on his findings.

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**Course 12F23A Different Views of the Afterlife in Judaism, Christianity and Islam (4 Sessions)**

This course will include a survey of the development of concepts of the afterlife in Judaism, Christianity and Islam from both scriptural and non-scriptural sources. In all three major monotheistic (Abrahamic) religions, concepts on the afterlife developed far beyond their original scriptural foundations. What is the scriptural basis of beliefs—and do later developments and increasing detail represent further revelation or wishful thinking?

**Dates & Time:** Wednesdays, October 10, 17, 24, 31; 10:00 a.m.—11:30 a.m.

**Place:** Greenspring Village (Village Square Theater), Springfield

**Course Size:** Unlimited

**LLI Coordinator:** Ellen Gale (703) 569-3370

**Leader:**

**JOHN RYBICKI**, BS, Clarkson College of Technology; MA, University of Arkansas; MS, George Washington University; diplomas in Theological Studies, Virginia Theological Seminary and Antiochian Orthodox Church; studied at St. George's College, Jerusalem; serves as Pastoral Associate at Riderwood Retirement Community.

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## Wednesday Afternoons

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**Course 12F24P "The Hunger Games:" A Religious Review (2 Sessions)**

Join Rabbi Aft as he discusses a religious review and response to the movie "The Hunger Games." We will discuss how religion can deal with the challenges of modern culture.

**Dates & Time:** Wednesdays, November 7, 14; 2:30 p.m.—4:00 p.m. (Note class time.)

**Place:** Greenspring Village, Village Square (Accotink Room), Springfield

**Course Size:** Unlimited.

**LLI Coordinator:** Ellen Gale (703) 569-3370

**Leader:**

**Rabbi BRUCE AFT**, spiritual leader at Adat Reyim Synagogue since 1991. He is a graduate of the Reconstructionist Rabbinical College, Philadelphia, and has worked with March of the Living since 1992, and B'nai Brith Youth Organization since 1985. He is involved in teen dialogue groups at George Mason University's Institute for Conflict Analysis and Resolution.

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**Course 12F25P How to Listen to and Understand Opera, Part III (3 Sessions)**

This is a continuation of the courses given during the Winter/Spring and Summer 2012 semesters. Using Robert Greenberg's "How to Listen to and Understand Opera," we will view a lecture on the Bel Canto style and Rossini's "The Barber of Seville." The next lectures will cover Verdi and "Otello."

**Dates & Time:** Wednesdays, November 14, 28, December 5; 1:00 p.m.—3:00 p.m. (Note class time. Also note there is no class on November 21.)

**Place:** Greenspring Village, Village Square Theatre, Springfield

**Course Size:** Min. 15, Max. Unlimited

**LLI Coordinator:** Deanna DeMember (703) 866-0907; [ddemember@gmail.com](mailto:ddemember@gmail.com)

**Leader:**

**FERNE BEYER**, degree in Elementary Education, Hofstra University; studied voice in New York City for 10 years; has sung over 40 works of the oratorio with various choruses; wide knowledge of and has sung many great works of Lieder and French melodie, plus other art songs.

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## Thursday Mornings

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**Course 12F26A Motivation, Nutrition and Exercise (3 Sessions)**

Sometimes we need help in jumpstarting our attitudes. We hope to do this with tips on motivation, nutrition and exercise. Our goal is to increase our awareness of what we do and don't do every day. We will share ideas and tips on ways to incorporate exercise into our daily living and thereby become stronger and more agile. We also want to have fun reaching that goal!

**Dates & Time:** Thursdays, November 1, 8, 29; 10:00 a.m.—11:30 a.m. (Note: There is no class on November 15 or 22.)

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Course Size:** Min. 10, Max. 20

**LLI Coordinator:** Chuck Hulick (703) 750-3180; [chulick@verizon.net](mailto:chulick@verizon.net)

**Leaders:**

**MERRY MACKE** has been motivating people all of her professional life, preparing folks to explore themselves and their relationship with others. She had a month of Outward Bound Training when she joined the Peace Corps and enjoyed testing herself physically from then on. Her philosophy is that keeping your body in shape with your own individual goals will keep you healthy and happy; don't torture yourself.

**JUNE CHALOU** taught elementary school for many years. Since retirement she has strived to remain active. She enjoys biking and has biked the entire C & O Trail. She also did a half marathon two years ago and a mini-triathlon last year. Her main exercises have been walking and biking with her husband.

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**Course 12F27A Economics, Energy, Environment and the Earth (4 E's): Part II (1 Session)**

This lecture will continue the examination of the complex interrelationships between the 4 E's covered in the Fall of 2011 by first reviewing that presentation. Then we will examine new developments in energy extraction and movement by looking at their cost/benefits, their effect on the economy/environment, and their impact on the fall political season.

**Date & Time:** Thursday, November 8; 10:00 a.m.—11:30 a.m.

**Place:** Goodwin House (Auditorium), Falls Church

**Course Size:** Min. 10, Max. Unlimited

**LLI Coordinator:** Ed McKnight (703) 425-6224; [edjem@aol.com](mailto:edjem@aol.com)

**Leader:**

**BARRY CENTINI**, PhD, University of North Carolina at Chapel Hill; taught Geology at Emory University; directed Computer Based Distance Learning Programs and worked on computer learning issues with the U.S. Army; retired as a Senior Research Engineer for SRI International in 2004.

## Thursday Afternoons

### Course 12F28P Fall Garden Stroll & Tea (1 Session)

**Cost: \$27.** Tour the demonstration gardens with a master gardener docent who will inspire you with stories of Green Spring Gardens past and present. Then come into the historic house to relax over an elegant English afternoon tea!

**Date & Time:** Thursday, October 4; 1:00 p.m.—3:00 p.m. (Note class time.)

**Place:** Green Spring Gardens, Alexandria

**Course Size:** Min. 10, Max. 20

**LLI Coordinator:** Bonnie Hopley (703) 978-9381; [pbhopley@cox.net](mailto:pbhopley@cox.net)

**Leader:** Green Spring Gardens Staff

### Course 12F29P Psychology Presentations by NOVA Faculty (2 Sessions)

Members of NOVA's Psychology faculty will continue their annual informative presentations.

**October 4** How to Stop Procrastinating (Dr. Darlene VanEvery)

**November 1** How to Say "No" and Maintain Good Relations (Prof. Donald Devers)

**Dates & Time:** Thursdays, October 4, November 1; 1:30 p.m.—3:00 p.m. (Note: There are no classes on October 11 through 25.)

**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9574;

[lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leaders:**

**Dr. DARLENE VAN EVERY**, BA, Parker College; MA, Catholic University; DA, George Mason University.

**Professor DONALD DEVERS**, BA, University of Hawaii; MA, Catholic University.

### Course 12F30P History Presentations by Professor Mary Zimmerman (2 Sessions)

NOVA History Professor Mary Zimmerman will be retiring in December 2012. She has made numerous presentations for LLI members during the last several years and will present these last two lectures before she begins her well-deserved retirement. LLI will miss her.

**October 18** Decline of British Aristocracy

**November 29** Civilian Life in England During World War II

**Dates & Time:** Thursdays, October 18, November 29; 1:30 p.m.—3:00 p.m. (Note: There are no classes on October 25 through November 22.)

**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9584;

[lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**Professor MARY ZIMMERMAN**, BA, Carleton College; MA, Vanderbilt University; she has served on the faculty of NOVA since 1974, initially as an Adjunct Professor; she has been serving full time since 1992.

### Course 12F31P Travelogue: "Around the World in 80 Days," Continued (2 Sessions)

**October 25** Continuing on their "Around the World in 80 Days" trip, the Garsons sailed from Singapore through the Straits of Malacca, into the Indian Ocean and on to India where they visited the magnificent Taj Mahal in Agra, then on to the bustling city of Mumbai. From India they sailed across the Arabian Sea and through the Strait of Hormuz to the modern city of Dubai, United Arab Emirates. Passing through the Gulf of Oman, they visited towns and deserts near Muscat and Salalah, Oman. Traversing the Red Sea, they were able to visit the antiquities in Luxor, Egypt. After cruising the length of the Gulf of Aqaba, they were able to see the magnificent sights of Petra in Jordan. The vistas and people in these diverse cultures made for an exciting and very unusual journey.

**November 8** On the final leg of their trip, the Garsons sailed through the Suez Canal and had an unexpected stop in Israel where they visited the Dead Sea and Masada. Near Kusadasi, Turkey, they explored the ruins of three ancient Hellenistic cities. Piraeus, the ancient and current seaport of Athens, offered additional, fascinating historical sites. The Amalfi Coast of Italy provided scenic beauty and picturesque towns. Civitavecchia, the modern seaport for Rome, was, in itself, a pleasant locality. Cartagena and Cádiz, Spain, were cities to delight the photographer's eye. The last port-of-call, Funchal, Madeira (Portugal), was a beautiful, mountainous island. Then, finally, the travelers crossed the Atlantic Ocean to Florida and home to Virginia!

**Dates & Time:** Thursdays, October 25, November 8; 1:30 p.m.—3:00 p.m. (Note: there is no class on November 1.)

**Place:** The Virginian (Assembly Room), Fairfax

**Course Size:** Min.10, Max. Unlimited

**LLI Coordinator:** Paul Hopley (703) 978-9381; [phopley4@gmail.com](mailto:phopley4@gmail.com)

**Leaders:**

**LORRIN and ANN GARSON** began traveling internationally in 1978. They have visited all seven continents and over 115 countries. They enjoy independent or "off the beaten path" travels. They have given numerous travel presentations to various audiences.

## Friday Mornings

### Course 12F32A A Discussion of Democracy and Politics (1 Session)

This course will provide a timely discussion of the role of politics in the U.S. democratic process. Current events will be used to illustrate the interrelation between politics and governing in America.

**Date & Time:** Friday, September 28; 10:00 a.m.—11:30 a.m.  
**Place:** Mason District Governmental Center (Main Community Room), Annandale  
**Course Size:** Min. 20, Max. 70  
**LLI Coordinator:** Peter Schwarzkopf (703) 998-0769; [pschwarzkopf@verizon.net](mailto:pschwarzkopf@verizon.net)  
**Leader:**

**KRISTIN D. W. MORRIS**, Purdue University (Communications and Math Sciences); Divisional Vice President, Federal Government Affairs, Abbott Laboratories; formerly served as Vice President, Legislative Affairs, American Hospital Association, as a representative of the American Medical Association and several other physician associations, and as a Lobbyist for AdvaMed, a trade association for the medical device industry.

### Course 12F33A The History of the D.C. Prison at Lorton (1 Session)

The prison at Lorton is now long gone but for over 90 years it was a great part of the landscape in this rural community in southeastern Fairfax County. Learn how the prison site, located over 20 miles from the District of Columbia, was selected and how over the years it grew to cover 3,500 acres and, at its peak, house almost 8,000 prisoners. Through archival photographs, stories garnered from oral histories, first-hand accounts and old newspaper clippings, follow the rise and fall of a system that was once hailed as a model prison and was visited by interested prison officials from around the country and around the world.

Following the lecture and *PowerPoint* presentation, we will have a docent-led tour of the Workhouse Arts Center which will give us an overview of parts of this restored complex. You may ask questions as we go along. Following this tour, feel free to continue exploring the center on your own. **Note: The building in which our lecture takes place is the only two-story building in the complex, and it does have an elevator in the back of the building. Also, following the tour, you may have lunch in The Garden Kitchen on the grounds of the Workhouse Arts Center if you choose.**

**Date & Time:** Friday, October 5; 10:15 a.m.—12:00 p.m. (**Note class time.**)  
**Place:** Workhouse Arts Center, Building W-16, Main Gallery, Lorton  
**Course Size:** Min. 10, Max. 50  
**LLI Coordinator:** Gina Trapp (703) 522-7528; [GTrapp\\_26@msn.com](mailto:GTrapp_26@msn.com)  
**Leader:**

**IRMA CLIFTON** has done course work in Historic Preservation at the University of Mary Washington and is currently in her second term as President of the Lorton Heritage Society; worked for 26 years at the Lorton prison, during which time she amassed an eclectic collection of prison artifacts and served as the de-facto archivist and prison historian, lecturing to new employees about the history of the D.C. Department of Corrections; although retired

by the time the prison closed, she was selected to serve on a county task force to plan the future of the property after it was turned over to Fairfax County; she was able to convince the task force that there was value in retaining the architecturally significant older buildings for adaptive reuse; many of the recommendations of that task force are being implemented today. The Workhouse and Reformatory Historic District is now listed on the Virginia Landmarks Register and the National Register of Historic Places.

### Course 12F34A Introduction to Tornado Chasing, Forecasting, Photography and Preparation (1 Session)

Join us for a brief history of storm chasing since it began in 1953, along with commentary on why people do this, the hazards they face, photographic challenges, and prospects for success. Also included will be a basic, non-technical discussion of long-range (3-7 day) forecasting tools and information sources to help predict tornadoes. Brief DVD tornado segments will be shown, along with the use of an overhead projector to show weather maps.

**Date & Time:** Friday, October 19; 10:00 a.m.—11:30 a.m.  
**Place:** Goodwin House (Auditorium), Falls Church  
**Course Size:** Min. 5, Max. Unlimited  
**LLI Coordinator:** Delsa Hildebrandt (703) 532-3970; [delsa007@aol.com](mailto:delsa007@aol.com)  
**Leader:**

**DAVID HOADLEY**, BA in Political Science; MA in Foreign Affairs; retired from the Environmental Protection Agency; moved with his parents to Bismarck, ND, in 1953, where he was attracted to the storms of the plains; has been chasing tornadoes ever since (56 years) and longer than anyone else; he is described by some as the “father of storm chasing;” began a newsletter on this topic in 1977 (first of its kind), which is now online at [www.stormtrack.org](http://www.stormtrack.org). As a mostly solo storm chaser, he has seen 220 tornadoes over 800,000 miles in the plains and occasionally on the east coast.

### Course 12F35A “Dare Mighty Things:” The Era of Theodore Roosevelt, 1900—1919, Part I (4 Sessions)

Dynamic change defined the early decades of the 20th century and transformed the United States from a nascent hemispheric force into an established global power. The rise of Theodore Roosevelt, commensurate with that of the American nation, exemplified this maturation. Roosevelt sought to “dare mighty things” and drove the country forward with a presidential fervor rarely exhibited and certainly unequalled. Although Theodore Roosevelt presided over national affairs for just seven and a half years, he commanded American attention throughout the remainder of his life—much to his successors’ chagrin. Part II of this course will follow during the Winter/Spring 2013 semester.

**Dates & Time:** Fridays, November 9, 30, December 7, 14; 10:00 a.m.—11:30 a.m. (**Note: there is no class on November 16, 23, or December 1.**)  
**Place:** Mason District Governmental Center (Main Community Room), Annandale  
**Course Size:** Min. 25, Max. Unlimited  
**LLI Coordinator:** Pat and/or Rick Daniels (703) 354-3792; [rwdaniel@mindspring.com](mailto:rwdaniel@mindspring.com)  
**Leader:**

**MICHAEL T. KELLY** (see Course 12F04A for bio information.)

**Course 12F36A Russian/Soviet Union Brief History: Revolution to Stalin's Terror (3 Sessions)**

Recent archival materials have uncovered the brutality of Soviet Terror unleashed by Josef Stalin after he assumed power from Lenin in the 1920's. This brief history will examine the origins of this terror from the perspective of the: (1) Russian Revolution; (2) Russian Civil War; and (3) establishment of the Soviet State, all leading up to Stalinism and the Soviet Repression until 1940. Nazi and Soviet regimes will be examined to explain how their totalitarianism and extreme repression conspired to create the worst atrocities mankind has ever experienced. Primary content is derived from a college professor's DVD lectures supplemented with additional LLI instructor materials and information. Student interaction is encouraged through instructor provided questions.

**Dates & Time:** Fridays, November 9, 16, December 7; 10:00 a.m.—11:30 a.m. (**Note: There is no class on November 23 or 30.**)  
**Place:** St. Matthew's United Methodist Church (Room 304), Annandale  
**Course Size:** Min. 15, Max. 30  
**LLI Coordinator:** Doug Johnson (703) 628-3115; [llinovadoug@gmail.com](mailto:llinovadoug@gmail.com)

**Leader:**

**BARRY NEWMAN**, graduate studies/degrees and a career in Workforce Development; has been active in LLI since 2005 during which time he served on the Board of Directors and Curriculum Committee; he is now a member of the Forum Committee; retired from the Department of Homeland Security in 2004 and has since done extensive reading of history never taught in school; his interest has been focused on learning the truth about the 20th century.

## Friday Afternoons

**Course 12F37P Economics Presentations by NOVA Faculty (2 Sessions)**

Dr. John Min, Economics Professor at NOVA's Alexandria Campus, continues his presentations on current economic issues. At the time of publication, the following issues concerning the European Union (EU) are planned to be presented and discussed.

- September 21** How Does the EU Turmoil Impact U.S. Economic Recovery?
- October 5** Would Any of the EU Countries Fare Better Economically if They Left the EU?

**Dates & Time:** Fridays, September 21, October 5; 1:00 p.m.—3:00 p.m. (**Note class time. Also note: There is no class on September 28.**)  
**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus  
**Course Size:** Min. 10, Max. 40  
**LLI Coordinator:** Lorin Goodrich (703) 425-9574; [lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**Dr. JOHN MIN**, BA, MBA, George Washington University; PhD in Economics with a research focus on measuring and improving organizational productivity, George Mason University; has been teaching Economics at NOVA since 1999; outside of college he consults with various private sector companies and has worked in

various positions in finance at corporations such as Bell South, Unisys and Xerox.

**Course 12F38P Poetry and You (4 Sessions)**

Join us for one of LLI's long-time favorite classes and learn more about how poetry can change your life. We will read and talk about the work of contemporary poets as well as our favorite classics.

**Dates & Time:** Fridays, October 12, 19, 26, November 2; 1:30 p.m.—3:00 p.m.  
**Place:** Little River United Church of Christ (Room 8), Annandale  
**Course Size:** Min. 8, Max. 30  
**LLI Coordinator:** Marianne Moerman (703) 751-0523; [mcmoerman@juno.com](mailto:mcmoerman@juno.com)

**Leader:**

**RICHARD RISK**, BS in Business Administration, University of Missouri; retired from the Environmental Protection Agency; founding member of LLI.

**Course 12F39P Papal History—from 1303 to the Present (6 Sessions)**

This 6-session course picks up where the Fall 2011 course (**Course 11F40P**) ended.

- October 12** *To 1417: Review of Papal History to 1303, the Popes in Avignon, and The Great Western Schism.* In order to understand the period 1303-1417, we briefly retrace papal history thru Boniface VIII (1294-1303) and his losing fight with the King of France. Next comes the Babylonian Captivity of the Papacy (1309-78) in Avignon, followed by The Great Western Schism (1378-1417) needlessly created by the unstable Urban VI (1378-89). The Council of Constance fires three simultaneously reigning popes, installs another, and opens a centuries-long new threat to the Papacy.
- October 26** *To 1623: From Machiavelli to the Popes of the Counter Reformation.* We welcome the gang from *The Prince* and open the period in which the old St. Peter's was torn down for today's (its financing ignites The Reformation). One pope divides the New World between Spain and Portugal, and the Warrior Pope rides into our lives today. The stress of clean-up kills Adrian VI (1522-23), the last non-Italian pope until 1978. The Counter-Reformation launches with a leaked Vatican secret report (that somewhat sided with Protestants) and stages the Council of Trent that one pope couldn't kill. Henry VIII (r. 1509-47) spices up this period.
- November 2** *To 1823: From the Baroque Popes to Voltaire, and from the "Last Pope" to Napoleon.* Urban VIII (1623-44) arrests Galileo and monarchs sideline the popes (for whom things go from bad to worse). Catholicism's arch-enemy honors Benedict XIV (1740-58), and the French Revolution buries the "Last

Pope” whose secret orders for conclave elect Pius VII (1800-23)—his papal flag flies today. The dignity with which he endured Napoleon’s abuse brings high esteem to the Papacy.

**November 9** *To 1958: From the Loss of the Papal States to the World Wars.* One pope condemns technology while another embraces it. When a unified Italy kills off the Papal States, the longest-lived pope locks himself in the Vatican for life and becomes infallible. One pope ends another’s internal witch-hunt but is ignored by the WW-I combatants (yet his ideas affect the League of Nations). Pius XI (1922-39) parleys with Mussolini and Hitler who then feel the papal lash (under the WW-II dictators, the Church suffers its greatest martyrdom). Pius XII (1939-58) is the last pope to speak infallibly and the first to appear on television.

**November 16** *Review.*

**November 30** *To Present: From Vatican II to the Present and Beyond.* The former sergeant Angelo Roncalli becomes John XXIII (1958-63), history’s most beloved pope and Time’s Man of the Year (1962). He launches Vatican II as he fights off those who would stop it. This great Church Council passes to his best friend, Paul VI (1963-78) who suffers greatly. We meet the September Pope, John Paul I, and then Bl. John Paul II (1978-2005), Time’s Man of the Year (1994). His right-hand man is now Benedict XVI (*Viva il Papa!*). We end with some thoughts on the Papacy’s direction in Century XXI.

**Dates & Time:** Fridays, October 12, 26, November 2, 9, 16, 30; 1:30 p.m.—3:00 p.m. (**Note: There is no class on October 19 or November 23.**)

**Place:** St. Matthew’s United Methodist Church (Room 304), Annandale

**Course Size:** Min. 10, Max. 40

**LLI Coordinator:** Lorin Goodrich (703) 425-9574;

[lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

**Leader:**

**Dr. BRUCE COLLETTI**, Adjunct Professor of Mathematics, NOVA Alexandria Campus, and of Operations Research at Florida Institute of Technology; retired Air Force Officer and career Operations Researcher; co-founded a Department of Defense-University Research Consortium; student of Papal History since 1978, the Year of Three Popes; his LLI course web pages are in the LLI section of [www.nvcc.edu/home/bcolletti](http://www.nvcc.edu/home/bcolletti).

## Day Trips

### DT 9-7-12 Blossoms, Butterflies and More!

We will begin our day in Wheaton, MD, at a hidden gem: the award-winning Brookside Gardens. After a one-hour docent-led tour ending at the south Conservatory, we will step into the world of “Wings of Fancy,” an exhibit of live butterflies flying freely inside the Conservatory. **Note: Heat levels inside**

**the Conservatory are approximately 10 degrees hotter than the outside temperature. Also note: extensive walking and steep inclines are involved at the Gardens.**

Then it’s on to Rockville, MD, where we will relax and enjoy a leisurely three-course luncheon at the lovely (also award-winning!) Greek restaurant, “Mykonos.”

After lunch, we will end our trip with a visit to the Strathmore Mansion and Music Center where we will have a docent-led tour of both sites. Time permitting, we will stop by the Mansion’s unique gift shop before heading for home.

**Date:** Friday, September 7, 2012. **Cost:** \$70 for members; \$80 for non-members. Cost includes admissions, docent-led tours, lunch, tax, gratuity, bus, driver tip, and non-refundable administrative fee. Please submit check payable to LLI/NOVA with your registration. Be sure to sign the “Assumption of Risk and Acknowledgement of Responsibility” statement. **YOUR TRIP CONFIRMATION NOTICE WILL BE SENT TO YOU VIA E-MAIL. IF YOU DO NOT HAVE AN E-MAIL ADDRESS LISTED IN THE LLI HANDBOOK AND MEMBERSHIP DIRECTORY, PLEASE INCLUDE A SELF-ADDRESSED, STAMPED, LEGAL-SIZE ENVELOPE WITH YOUR CHECK AND REGISTRATION.**

**Note:** LLI has a new mailing address. It is:

LLI/NOVA

Godwin Building (CG), Room 202

8333 Little River Turnpike

Annandale, VA 22003-3743

**Deadline for Trip Registration:** August 31, 2012

**Time & Place of Departure:** The bus departs Little River United Church of Christ, 8410 Little River Turnpike, Annandale, **promptly at 8:30 a.m.** and returns at **approximately 5:30 p.m.** Please arrive at **least 15 minutes** prior to departure.

**Trip Size:** Max. 44

**Leader/Assistant Leader:** Lynne Smaldone (703) 525-9623, [smaldonega@hotmail.com](mailto:smaldonega@hotmail.com), or Linda LeDuc (703) 578-1178, [lal5040@aol.com](mailto:lal5040@aol.com).

### DT 10-11-12 Jefferson’s Monticello

We will travel to Charlottesville, VA, to visit the new Thomas Jefferson Visitor Center and Smith Education Center during the morning. Start your exploration of *Thomas Jefferson’s World* with a 20-minute film on his life and the activities of the people who lived and worked at Monticello. You will have free time to visit exhibits on Jefferson’s ideas about liberty and the design and construction of Monticello and the Museum Shop.

For lunch we will visit the historic Michie Tavern for the best fried chicken you will ever eat and some more health-conscious choices at the buffet.

After lunch, we will return to the Visitor’s Center to travel a short distance on a shuttle bus to take our group tour of the home itself. Jefferson taught himself to be an architect and began in 1768 the 40-year period of construction of Monticello. He utilized styles from the buildings of ancient Rome, modified by his visits to neoclassical houses he had seen in Paris during 1784. Upon completion of the house tour, we can walk a short distance to the east of the house to Mulberry Row where enslaved, free, and indentured workers and craftsmen lived and worked. The stone Workmen’s House was occupied by bricklayers and woodworkers, by house servants, by masons and by textile manufacturers at different

stages of the development of Monticello. Archeological excavations have discovered thousands of discarded artifacts.

**Date:** Thursday, October 11, 2012. **Cost:** \$75 for members; \$85 for non-members. Cost includes docent-led house tour, Michie Tavern lunch, tax, gratuity, bus, driver tip, and non-refundable administrative fee. Please submit check payable to LLI/NOVA with your registration. Be sure to sign the "Assumption of Risk and Acknowledgement of Responsibility" statement. **YOUR TRIP CONFIRMATION NOTICE WILL BE SENT TO YOU VIA E-MAIL. IF YOU DO NOT HAVE AN E-MAIL ADDRESS LISTED IN THE LLI HANDBOOK AND MEMBERSHIP DIRECTORY, PLEASE INCLUDE A SELF-ADDRESSED, STAMPED, LEGAL-SIZE ENVELOPE WITH YOUR CHECK AND REGISTRATION.**

**Note:** LLI has a new mailing address. It is:

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

**Deadline for Trip Registration:** September 24, 2012

**Time & Place of Departure:** The bus departs Little River United Church of Christ, 8410 Little River Turnpike, Annandale, **promptly at 7:30 a.m.** and returns at **approximately 6:45 p.m.** Please arrive at **least 15 minutes** prior to departure.

**Trip Size:** Max. 44

**Leader/Assistant Leader:** Mary Jablonski (703) 281-9730, [mjablonski1@verizon.net](mailto:mjablonski1@verizon.net); Virginia Fernbach (703) 751-8369, [lvfern@aol.com](mailto:lvfern@aol.com).

#### DT-11-13-12 "Splendor in the Glass"

Just in time, a kaleidoscope of colors guaranteed to get you through the black, white and gray of winter! Come with us to explore the largest installation on the east coast to date of Dale Chihuly glass at the Virginia Museum of Fine Arts (VMFA) in Richmond. The artist co-founded the Pilchuck Glass School in Washington State, and has led the contemporary Studio Glass Art development of glass as a fine art. Chihuly's work is included in the permanent collections of more than 200 museums, public installations in 33 States, and 12 other countries. He is the recipient of 11 honorary doctorates and 2 National Endowment for the Arts Fellowships. The works we will see include the awe-inspiring "Persian Ceiling," which is a bit like passing under a perfectly lighted organic stained glass window.

We will travel by bus to VMFA during which time we will view a video about the artist, his history, and the Studio Glass Movement. We will spend 2 hours in the Chihuly exhibit as we listen to an audio tour narrated by the artist himself, after which you may continue to tour Chihuly's works. **Note: Museum entrance is handicapped accessible.**

Next, we will gather for lunch at 1:15 p.m. in the Marble Hall, a private dining area located on VMFA's lower level (elevator access available). Menu choices will be sent to you. (Bring snacks for the bus ride if this is a late lunch time for you!) After lunch, we will have until 4:30 p.m. to view other items in the museum's permanent collection of more than 23,000 works of art from almost every major world culture. Especially outstanding are its collections of Art Nouveau, Art Deco, American Art, French and Post-Impressionist, British sporting art, Fabergé jeweled objects, and English silver. VMFA's special collections of South Asian, Himalayan and African art are reputed to be among the finest in the nation.

**Date:** Tuesday, November 13, 2012. **Cost:** \$83 for members; \$93 for non-members. Cost includes tour with audio, lunch, gratuity, tax, bus, driver tip, and non-refundable administrative fee. Please submit check payable to LLI/NOVA with your registration. Be sure to sign the "Assumption of Risk and Acknowledgement of Responsibility" statement. **YOUR TRIP CONFIRMATION NOTICE WILL BE SENT TO YOU VIA E-MAIL. IF YOU DO NOT HAVE AN E-MAIL ADDRESS LISTED IN THE CURRENT LLI HANDBOOK AND MEMBERSHIP DIRECTORY, PLEASE INCLUDE A SELF-ADDRESSED, STAMPED, LEGAL-SIZE ENVELOPE WITH YOUR CHECK AND REGISTRATION FORM.**

**Note:** LLI has a new mailing address. It is:

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

**Deadline for Trip Registration:** October 19, 2012

**Time & Place of Departure:** Bus departs Little River United Church of Christ, 8410 Little River Turnpike, Annandale, **promptly at 8:00 a.m.** and returns at **approximately 6:30 p.m.** Please arrive at **least 15 minutes** prior to departure.

**Trip Size:** Max. 44

**Leader/Assistant Leader:** Kathryn O'Toole (703) 289-9646, [kotoole@cox.net](mailto:kotoole@cox.net); Sue Olesch (703) 425-9617, [s.olesch@yahoo.com](mailto:s.olesch@yahoo.com).

#### DT 12-10-12 Garden Fest of Lights, Lewis Ginter Botanical Garden, Richmond, VA

Join fellow LLI members in viewing one of the region's most spectacular holiday illuminations—unlike any you have ever seen. The Lewis Ginter Botanical Garden near Richmond features a yearly Garden Fest holiday light display of more than a million lights that bring the Gardens to life at night. The theme of the light display changes each year. See lily pads, grape arbors, fairies, flamingos and all sorts of unusual displays not normally seen at this time of year.

We will have an "Early Bird Tour" of the Garden Fest of Lights at 4:00 p.m., led by a trained Garden guide. We then tour the library, home to a collection of 7,000 titles on botany and garden design as well as original 19th century watercolor plant drawings among the reading nook and fireplace. The Education Building features doll houses and an extensive model train exhibit, complete with a helicopter hovering over the train town. Then it's on to the Classical Domed Conservatory, the only one in the mid-Atlantic region, to see more model trains and dazzling displays and plantings in the tropical Conservatory atmosphere. These include a 100-foot holiday tree and a dazzling display of a wide variety of poinsettia plants of varying types and colors.

At 5:30 p.m., we will enjoy a semi-private, delicious dinner buffet in the beautiful Robin Room in the Visitor's Center, which will be festooned with holiday decorations featuring hand-crafted botanical ornaments. Following dinner, we will enjoy the Gardens as they are transformed in the night with their twinkling lights. We will also have time to visit the Garden Shop to pick up some unusual and beautiful gifts you won't find in the mall!

Many of you who went on this trip last year have requested a return trip and those who were on the wait list last time have another chance to attend this popular event!

**Date:** Monday, December 10, 2012. **Cost:** \$69 for members; \$79 for non-members. Cost includes guided tour, dinner, tax, gratuity, bus, driver tip, and non-refundable administrative fee. Please submit check payable to LLI/NOVA with your registration. Be sure to sign the "Assumption of Risk and Acknowledgement of Responsibility" statement. **YOUR TRIP CONFIRMATION NOTICE WILL BE SENT TO YOU VIA E-MAIL. IF YOU DO NOT HAVE AN E-MAIL ADDRESS LISTED IN THE LLI HANDBOOK AND MEMBERSHIP DIRECTORY, PLEASE INCLUDE A SELF-ADDRESSED, STAMPED, LEGAL-SIZE ENVELOPE WITH YOUR CHECK AND REGISTRATION.**

**Note:** *LLI has a new mailing address. It is:*

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

**Deadline for Trip Registration:** December 3, 2012

**Time & Place of Departure:** The bus departs Little River United Church of Christ, 8410 Little River Turnpike, Annandale, **promptly at 2:00 p.m.** and returns at **approximately 9:00 p.m.** Please arrive at **least 15 minutes** prior to departure.

**Trip Size:** Max. 44

**Leader:** Deanna DeMember (703) 866-0907, [ddemember@gmail.com](mailto:ddemember@gmail.com).

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board supports the SIG coordinator's flexibility to invite non-LLI members to participate in an activity whenever the objectives of the SIG would be enhanced by non-member participation.

## Special Interest Groups

### ARTS & SMARTS GROUP

The Arts & Smarts Group has a monthly trip to one of the many museums and art galleries in Washington, DC. We take advantage of a variety of visiting exhibitions, as well as touring some of the museums' permanent exhibits. We always have a docent. The tours are approximately one hour in length, after which we have a choice to enjoy a group lunch or continue on with more museum/gallery exploration. Information about our tours is available in the LLI Newsletter, on the LLI web site, or by contacting either Donna Trogler at (703) 751-8932 or [dtrogler@aol.com](mailto:dtrogler@aol.com); or Doug Johnson at (703) 628-3115 or [LLINOVAOUG@gmail.com](mailto:LLINOVAOUG@gmail.com).

### BRIDGE GROUP

The LLI Bridge Group meets twice monthly to play social, i.e., not duplicate, bridge. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners, so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Please feel free to bring a brown bag lunch. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

**Dates & Time:** Usually the second and fourth Wednesdays of each month; 10:00 a.m.—2:00 p.m., September 12 & 26, October 10 & 24, November 14 & 28, December 5 & 12. Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.

**Place:** Mason District Governmental Center, Annandale

**Coordinators:** Bob and Merry Huley, (703) 534-4819 or [roberthuley@cox.net](mailto:roberthuley@cox.net).

### COMMUNITY THEATRE GROUP

We are fortunate that many excellent stage productions, both drama and musical, are available in Northern Virginia through a number of very excellent community theatre organizations. LLI maintains a list of members who are interested in getting together to attend these productions. One or two members or couples volunteer to be "hosts" for an event, selecting a play from a provided list of theatres and their scheduled productions. The hosts then inform everyone (via e-mail) of the play, the theatre location, date and time (Sunday matinees are usually preferred). Also the hosts will select a restaurant near the theatre where some may wish to gather after or before the play to enjoy light fare, socialize and decide on upcoming productions. Those attending the theatre will each purchase their own tickets either at the box office or by reservations in accordance with the particular theatre's policy. An added benefit is that Senior tickets are offered at very reasonable costs.

Future plans of the Theatre Group will be in the Newsletter. If you are interested in further information, contact Norma Hughes at (703) 569-0232 or [nah.home@verizon.net](mailto:nah.home@verizon.net).

### CURRENT EVENTS GROUP

Given the excitement and fluidity of changes in current political and worldly events, the Current Events Group will meet the first Friday of each month for continued interesting and educational discussions. Topics reflect the current events surrounding the time of the meeting. We welcome all to share your ideas and/or learn more about current events—whatever is your pleasure.

**Dates & Time:** First Friday of each month; 10:00 a.m.—11:30 a.m., September 7, October 5, November 2, December 7.

**Place:** Mason District Governmental Center (Small Conference Room), Annandale

**Contact Information:** LLI members can receive reminder notices by contacting Marion Jacknow at (703) 698-8702 or [mjacknow@aol.com](mailto:mjacknow@aol.com).

### FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly LLI Newsletter prior to discussion.

**Dates & Time:** Third Thursday of each month; 11:30 a.m.—1:00 p.m., September 20, October 18, November 15. **Note:** There is no meeting in December.

**Place:** Braddock District Government Center (Kings Park Library), Burke

**Coordinator:** Lynne Smaldone, (703) 525-9623 or [smaldonega@hotmail.com](mailto:smaldonega@hotmail.com).

### FINANCIAL DISCUSSION GROUP

Would you like to join a lively group of LLI members who talk about the fascinating and frustrating world of finance and investments? Whether you are a neophyte looking for some answers or Warren Buffet's "secret advisor," we think you will find us enjoyable and informative.

**Dates & Time:** Second Friday of each month; 1:30 p.m.—3:00 p.m., September 14, October 12, November 9, December 14.

**Place:** Braddock District Government Center (King's Park Library), Burke

**Coordinator:** Doug Johnson, (703) 628-3115 or [LLINOVAOUG@gmail.com](mailto:LLINOVAOUG@gmail.com).

# LLI Fall Program 2012

# September 2012

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> LLI Forum & Open House	<b>6</b>	<b>7</b> 12S23A—Entropy Day Trip—Blossoms & Butterflies	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> 12S24P—Beginning Yoga Practice	<b>15</b>
<b>16</b>	<b>17</b> 12F01A—Great Presidents	<b>18</b> 12F07A—Intro. to Hinduism 12F14P—Central Europe: Enemies, Neighbors, Friends	<b>19</b> 12F19A—Underground RR Quilt Codes—Fact/Fiction?	<b>20</b>	<b>21</b> 12F37P—Economics Presents. by NOVA Faculty	<b>22</b>
<b>23</b>	<b>24</b> 12F01A—Great Presidents	<b>25</b> 12F08A—Hindu Philosophy 12F14P—Central Europe: Enemies, Neighbors, Friends	<b>26</b> 12F20A—Meadowlark Botanical Gardens	<b>27</b>	<b>28</b> 12F32A—Discussion of Democracy & Politics	<b>29</b>
						<b>30</b>

**Remove this calendar to use as a handy reference.**

# October

# 2012

## LLI Fall Program 2012

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

	<b>1</b> I2F02A—Health & Wellness I2F05P—Facing Down Big Oil	<b>2</b> I2F09A—Learning: A Life-Long Process I2F14P—Central Europe: Enemies, Neighbors, Friends I2F15P—Between the Wars	<b>3</b> LLI Forum & Open House	<b>4</b> I2F28P—Fall Garden Stroll & Tea I2F29P—Psych. Presents. by NOVA Faculty	<b>5</b> I2F33A—History of DC Prison at Lorton I2F37P—Economics Presents. by NOVA Faculty	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> I2F14P—Central Europe: Enemies, Neighbors, Friends I2F15P—Between the Wars	<b>10</b> I2F21A—The West: Myth or Reality I2F22A—Carl Steiner's Topics of Interest I2F23A—Different Views of the Afterlife	<b>11</b> Day Trip—Monticello	<b>12</b> I2F38P—Poetry and You I2F39P—Papal History — from 1303 to Present	<b>13</b>
<b>14</b>	<b>15</b> I2F02A—Health & Wellness I2F05P—Facing Down Big Oil	<b>16</b> I2F14P—Central Europe: Enemies, Neighbors, Friends I2F15P—Between the Wars	<b>17</b> I2F21A—The West: Myth or Reality I2F22A—Carl Steiner's Topics of Interest I2F23A—Different Views of the Afterlife	<b>18</b> I2F30P—Hist. Presents. by Prof. Mary Zimmerman	<b>19</b> I2F34A—Intro. to Tornado Chasing, etc. I2F38P—Poetry and You	<b>20</b>
<b>21</b>	<b>22</b> I2F03A—Publ. Health Agencies & Programs	<b>23</b> I2F10A—Gravity: A History I2F11A—Lincoln, Slavery, Emancipation I2F14P—Central Europe: Enemies, Neighbors, Friends I2F16P—Cuban Missile Crisis I2F17P—LLI Goes Baltic	<b>24</b> I2F21A—The West: Myth or Reality I2F22A—Carl Steiner's Topics of Interest I2F23A—Different Views of the Afterlife	<b>25</b> I2F31P—Travelogue: Around the World in 80 Days	<b>26</b> I2F38P—Poetry and You I2F39P—Papal History — from 1303 to Present	<b>27</b>
<b>28</b>	<b>29</b> I2F02A—Health & Wellness	<b>30</b> I2F11A—Lincoln, Slavery, Emancipation I2F14P—Central Europe: Enemies, Neighbors, Friends I2F15P—Between the Wars I2F18P—Mystery/Controversy	<b>31</b> I2F22A—Carl Steiner's Topics of Interest I2F23A—Different Views of the Afterlife			

**Remove this calendar to use as a handy reference.**

# November

# 2012

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

<b>4</b>	<b>5</b>	<b>6</b> 12F14P—Central Europe: Enemies, Neighbors, Friends 12F15P—Between the Wars	<b>7</b> LLI Forum & Open House 12F24P—“Hunger Games” A Religious Review	<b>8</b> 12F26A—Motivation, Nutrition, & Exercise 12F27A—Econ., Energy, Environment, Earth: 4-E’s, Pt II 12F31P—Travelogue: Around the World in 80 Days	<b>9</b> 12F35A—Dare Mighty Things: Era of T. Roosevelt, Pt. I 12F36A—Revolution to Stalin’s Terror 12F39P—Papal History — from 1303 to Present	<b>10</b>	
<b>11</b>	<b>12</b> 12F02A—Health & Wellness	<b>13</b> 12F12A—Museum Masterpieces 12F14P—Central Europe: Enemies, Neighbors, Friends 12F15P—Between the Wars Day Trip—“Splendor in the Glass”	<b>14</b> 12F24P—“Hunger Games” A Religious Review 12F25P—How to Listen to/ Understand Opera, Pt III	<b>15</b>	<b>16</b> 12F36A—Revolution to Stalin’s Terror 12F39P—Papal History — from 1303 to Present	<b>17</b>	
<b>18</b>	<b>19</b> 12F04A—Boundary Stones 12F06P—Election 2012	<b>20</b> 12F12A—Museum Masterpieces	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	
<b>25</b>	<b>26</b>	<b>27</b> 12F12A—Museum Masterpieces	<b>28</b> 12F25P—How to Listen to/ Understand Opera, Pt III	<b>29</b> 12F26A—Motivation, Nutrition, & Exercise 12F30P—Hist. Presents. by Prof. Mary Zimmerman	<b>30</b> 12F35A—Dare Mighty Things: Era of T. Roosevelt, Pt. I 12F39P—Papal History — from 1303 to Present		

**Remove this calendar to use as a handy reference.**

# LLI Fall Program 2012

# December 2012

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b> Holiday Luncheon	<b>5</b> I2F25P—How to Listen to/ Understand Opera, Pt III	<b>6</b>	<b>7</b> I2F35A—Dare Mighty Things: Era of T. Roosevelt, Pt I I2F36A—Revolution to Stalin's Terror	<b>8</b>
<b>9</b>	<b>10</b> Day Trip—Ginter Botanical Garden	<b>11</b> I2F13A—Other Washington Monument	<b>12</b>	<b>13</b>	<b>14</b> I2F35A—Dare Mighty Things: Era of T. Roosevelt, Pt I	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	<b>30</b>	<b>31</b>				

**Remove this calendar to use as a handy reference.**

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### FRENCH CONVERSATIONALISTS

Under the expert guidance of Al Brothers, we will continue to strive to improve our French language skills. We hope to increase our appreciation of French culture by viewing French movies, listening to French music, and occasionally sampling some French cuisine. We are currently working our way through the well-known *French in Action* program.

**Dates & Time:** First & third Tuesdays of each month; 10:00 a.m.—12:00 p.m., September 4 & 18, October 2 & 16, November 6 & 20.

**Note:** There are no meetings in December.

**Place:** Goodwin House (Media Room), Falls Church

**Coordinator:** Sally Reynolds (703) 352-7494 or [saldonreyn@aol.com](mailto:saldonreyn@aol.com).

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### GOURMAND GROUP

The Gourmand Group meets monthly and enjoys adventures in dining out. Each month a member plans a particular meal event that can include a traditional meal prepared at home, a full English tea, or an ethnic meal at a local restaurant. Contact Mary Underwood at (703) 329-8391 or [maryunderwood29@verizon.net](mailto:maryunderwood29@verizon.net) for further information.

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### Bacchus Wine Tasting Subgroup

Bacchus Wine Tasting is a subgroup under the Gourmands. This group is for anyone who enjoys having a glass of wine with others; our feeling is that everyone is a connoisseur of the wines they like. The current plan is to have an event once every three months. Proposed events include a wine tasting at a local wine bar/shop, a wine and cheese gathering at a member's home, and a day trip to a Virginia winery. Contact Anne Austin at (703) 569-5994 or [abbaustin@aol.com](mailto:abbaustin@aol.com) for further information.

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### NIMBLE FINGERS

Share your enjoyment of needlecrafts with fellow LLI members. Bring a small project to work on; learn a new stitch, technique or craft; get help on a particular

problem; discover a new source of supplies or classes or just chitchat. Any type of needlecraft is welcome—knitting, crochet, embroidery, cross stitch, needlepoint, tatting, etc.

**Dates & Time:** Second Wednesday of each month; 10:00 a.m.—12:00 p.m., September 12, October 10, November 14, December 12.

**Place:** Mason District Governmental Center (Small Conference Room), Annandale

**Coordinator:** Bev Portman (703) 560-6740 or [firse@juno.com](mailto:firse@juno.com).

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### PHOTOGRAPHY GROUP

LLI members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings of this SIG will focus on a specific topic or area of interest decided by the group. Topics to date have included "Sorting and Filing Your Digital Pictures" and "Understanding Exposure." New members are always welcome.

**Dates & Time:** Third Friday of each month; 10:00 a.m.—12:00 p.m., September 21, October 19, November 16, December 21.

**Place:** King's Park Library (Small Conference Room), Burke

**Coordinator:** Buck Myers (703) 532-3726 or [hbm@hbmphoto.com](mailto:hbm@hbmphoto.com).

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### WALKABOUTS

Weather permitting, the Walkabouts Group meets twice each month for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not included in the published schedule are coordinated through Merry Macke. She can be reached at (703) 451-3248 or by e-mail at [merry.macke@verizon.net](mailto:merry.macke@verizon.net). Members may sign up to receive notifications by contacting the coordinator.

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*Please register as soon as possible, but not later than Friday, August 24, 2012.*

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# Directions to Class Locations — Fall 2012

**Annandale United Methodist Church**, 6935 Columbia Pike, Annandale.

## *Directions from the Beltway*

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and get into the left lane. At the next traffic light (Backlick Road), take a left onto Backlick Road and bear right immediately. You will go only a short block and after passing a Jiffy Lube, turn right onto Columbia Pike. Drive to the second traffic light which is at Gallows Road where you will see a small old white church on the right. Proceed just beyond the traffic light and turn right into the parking lot. Enter the brick church through the main entrance and look for signs.

**Durga Temple**, 8400 Durga Place, Fairfax Station.

## *Directions from I-495/I-395*

From I-495 (the Beltway) or I-395, take I-95 South toward Richmond. Take exit 163 (Lorton exit) and turn right onto Lorton Road (SR-642). Turn right at the light onto Silverbrook Road (SR-600). Go straight on Silverbrook Road for 2.4 miles and at the first traffic light, turn right onto Hooes Road (SR-636). Take the first left turn onto Copper Leaf Way. The Temple is on the left at the intersection of Hooes Road and Silverbrook Road. Park at the far end and enter the lower doors.

## *Directions from Route 7100, Fairfax County Parkway*

Take the Fairfax County Parkway (VA-7100) South toward Springfield. Take the exit for Hooes Road South (SR-636). Go 1.1 miles and turn right onto Copper Leaf Way. The Temple is on the left at the intersection of Hooes Road and Silverbrook Road. Park at the far end and enter the lower doors.

## *Directions from Route 123*

Go south on Route 123 to Silverbrook Road (SR-600). Turn left at the light onto Silverbrook Road. Go about 2 miles on Silverbrook to Hooes Road (SR-636). Turn left onto Hooes Road and then another left onto Copper Leaf Way. The Temple is on the left at the intersection of Hooes Road and Silverbrook Road. Park at the far end and enter the lower doors.

**Goodwin House**, 3440 South Jefferson Street, Falls Church.

## *Directions from Bailey's Crossroads (intersection of Columbia Pike and Leesburg Pike/Route 7)*

Go east on Leesburg Pike/Route 7. Turn left at the traffic light at South Jefferson Street. South Jefferson is located between two shopping centers, "Crossroads Place" and "Leesburg Pike Plaza." As a landmark, look for the *Olive Garden* restaurant on your left as you turn onto South Jefferson. Follow South Jefferson Street. Go through one traffic light, and go to the Goodwin House entry driveway. Go to the right and follow the circular drive back toward the left. A number of visitors' and handicapped parking spots are available there; a larger number are available along the side of the building.

**Green Spring Gardens**, 4603 Greenspring Road, Alexandria (entrance on Witch Hazel Road).

## *Directions from the Beltway*

Take Route 236 East (Little River Turnpike) for about 3.5 miles east of the Beltway. Turn left at the light at Braddock Road. Pass Pinecrest Shopping Center and Pinecrest Office Park on your right. Stay in the right hand lane and turn right onto Witch Hazel Road. Witch Hazel Road is the entrance to Green Spring Gardens. Follow the road to the parking lot. The telephone number at the Gardens—in case you get lost—is 703-941-7987.

**Greenspring Village**, 7440 Spring Village Drive, Springfield.

## *Directions from the Beltway toward Richmond*

Take Exit 169-B toward Old Keene Mill Road. Bear right at the Brandon Avenue exit and turn left onto Bland Street. Then turn left onto Amherst Avenue. Amherst will become South Backlick Road. Continue on Backlick Road to the exit for the Springfield/Franconia Parkway West (Route 7900). Turn right at the first traffic light onto Spring Village Drive into the entrance to Greenspring Village.

Advise the guard station attendant that you are going to be attending a "Lifetime Learning Institute" class. Follow signs to Village Square. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.

## *Directions from the Fairfax County Parkway (Route 7100)*

Going east toward Springfield, continue to Spring Village Drive and turn left into Greenspring Village.

Advise the guard station attendant that you are going to be attending a "Lifetime Learning Institute" class. Follow signs to Village Square. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.

**Little River United Church of Christ**, 8410 Little River Turnpike, Annandale.

## *Directions from the Beltway*

Go west on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

## *Directions from Wakefield Chapel Road*

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

**Mason District Governmental Center**, 6507 Columbia Pike, Annandale.

## *Directions from the Beltway*

Go east on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection

with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

**Meadowlark Botanical Gardens**, 9750 Meadowlark Gardens Court, Vienna.

*Directions from the Beltway*

Proceeding on the Beltway toward Baltimore (and the American Legion Bridge), exit onto Route 123 South (Dolley Madison Boulevard) and proceed through two traffic signals (past Tysons Corner Center on your left and Tysons II Galleria on your right) to the intersection with Gallows Road (the third traffic signal). Turn right onto Gallows Road, moving immediately into the left turn lane. The next intersection is with Old Courthouse Road (and another traffic signal). Turn left onto Old Courthouse Road and proceed until it intersects with Beulah Road on your left. Proceed straight through this intersection (you may notice that the road's name changed from Old Courthouse to Beulah even though you kept straight ... only in Virginia!). Proceed on Beulah Road until you reach Meadowlark Gardens (and Meadowlark Gardens Court) on your left. Turn into the Court and you will find parking on your left.

**NOVA Campus Buildings**

(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities. **PLEASE PARK IN THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$1.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

**Ernst Community Cultural Center (CE)**, also called the NOVA Cultural Center, Annandale Campus, building marked "A" on the map. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

**St. Matthew's United Methodist Church**, 8617 Little River Turnpike, Annandale.

*Directions from the Beltway*

Drive west on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot. Park in spaces near the left-hand side of the church since you will be entering the building through a basement door on the left side.

*Directions from Braddock Road going East*

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

**The Virginian**, 9229 Arlington Boulevard (Route 50), Fairfax.

*Directions from the Beltway and Little River Turnpike (Route 236)*

Drive west on Little River Turnpike to Pickett Road. Turn right on Pickett Road and drive to Arlington Boulevard. Turn right onto Arlington Boulevard and then turn right at the first traffic light which will take you into The Virginian's driveway.

*Directions from the Beltway and Arlington Boulevard (Route 50)*

Drive west on Arlington Boulevard. Turn left at the first traffic light\*\* after Nutley Street into The Virginian's driveway. Parking is permitted in any vacant slot that is not designated as handicapped or employee parking.

\*\*Landmark at this traffic light: Stonehurst Drive is on the right. Be sure to take a left at the traffic light into The Virginian complex.

**The Woodlands**, 4320 Forest Hill Drive, Fairfax.

*Directions from the Beltway*

Take the Braddock Road West exit and go west on Braddock Road (approximately 7 miles) to Shirley Gate Road (Route 655). Turn right onto Shirley Gate Road and proceed to the first traffic light at Lee Highway. Turn left onto Lee Highway and then turn left at the next traffic light (Forest Hill Road). Continue to the second entrance on your right at The Woodlands sign.

Parking is permitted at The Woodlands as well as at the first building, The Gardens, next door. If both parking lots are full, street parking is permitted on Forest Hill Drive.

*Directions from I-66*

Take I-66 to the exit for Route 50 East (Fairfax). Go right at the first traffic light (Waples Mill Road). Turn right onto Lee Highway, and then turn left at the first light (Forest Hill Drive). Take the second entrance on the right into The Woodlands on the left.

Parking is permitted at The Woodlands as well as at the first building, The Gardens, next door. If both parking lots are full, street parking is permitted on Forest Hill Drive.

**Workhouse Arts Center**, 9601 Ox Road, Lorton.

Take I-395 South/I-95 South to Exit 160, VA Route 123 North, toward Occoquan/Lake Ridge. Drive approximately 2 miles on Route 123. The Workhouse Arts Center, on your right, is before the intersection of Route 123/Ox Road and Lorton Road. Follow the signs to Building W-16, Main Gallery. It is the only 2-story building in the complex. Park anywhere around this building.



## LLI Tour Registration Form

### Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for participation, this Assumption and Acknowledgement must be signed and *two* emergency contact numbers must be supplied. ***Provide both the name and telephone contact number. Please print clearly.***

The tours of the Lifetime Learning Institute of Northern Virginia require walking and the physical capability to access sites that may have structural obstacles. By participating, I assume the risks inherent in this tour and agree to hold LLI, its Board of Directors, Administrator, volunteers, and other agents harmless from any and all claims from bodily injury and/or property damage that result from my participation in this tour, or my inability to participate fully.

Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

_____	_____ / _____
Participant Signature	Emergency Contact No. 1/Emergency Contact No. 2
_____	_____ / _____
Participant Signature	Emergency Contact No. 1/Emergency Contact No. 2

**Tour Title:** Blossoms, Butterflies and More!

**Tour #:** DT-9-7-12

**Date of Day Trip:** Friday, September 7, 2012

**Tour Fee:** Members: \$70; Non-members: \$80

**First Participant Name:** \_\_\_\_\_

**Second Participant Name:** \_\_\_\_\_

**First Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Second Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address(es):** \_\_\_\_\_

**Number of Reservations:** \_\_\_\_\_ **Total Cost:** \_\_\_\_\_

Checks should be made payable to LLI/NOVA.  
Send to:

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

*For Office Use Only*

Amount Paid: \_\_\_\_\_

Check No. \_\_\_\_\_

#### TO BE REGISTERED:

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.
3. If you do not have an email address listed in the LLI Handbook and Membership Directory, please enclose a self-addressed, stamped, legal size envelope for this trip only.

**Fees & Information:** Lynne Smaldone (703) 525-9623, [smaldonega@hotmail.com](mailto:smaldonega@hotmail.com), or Linda LeDuc (703) 578-1178, [lal5040@aol.com](mailto:lal5040@aol.com).

**Reservations & Payment:** Payment of fee is required at time of registration. Reservations are accepted on a first-come, first-served basis.

**Refunds & Cancellations:** Refunds will be made if notice is received by **August 31, 2012**, and if a trip replacement can be found, **less** any non-refundable financial commitments and administrative fee. Refunds will be made after the trip is completed.

**Notification:** You will receive confirmation by email. If you do not have an email address, you will receive confirmation in your self-addressed, stamped envelope. If you do not receive either, please contact Lynne Smaldone (703) 525-9623, [smaldonega@hotmail.com](mailto:smaldonega@hotmail.com), or Linda LeDuc (703) 578-1178, [lal5040@aol.com](mailto:lal5040@aol.com), to verify your registration.



## LLI Tour Registration Form

### Assumption of Risk and Acknowledgement of Responsibility

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Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

_____	_____ / _____
Participant Signature	Emergency Contact No. 1/Emergency Contact No. 2
_____	_____ / _____
Participant Signature	Emergency Contact No. 1/Emergency Contact No. 2

**Tour Title:** Jefferson's Monticello

**Tour #:** DT-10-11-12

**Date of Day Trip:** Thursday, October 11, 2012

**Tour Fee:** Members: \$75; Non-members: \$85

**First Participant Name:** \_\_\_\_\_

**Second Participant Name:** \_\_\_\_\_

**First Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Second Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address(es):** \_\_\_\_\_

**Number of Reservations:** \_\_\_\_\_ **Total Cost:** \_\_\_\_\_

Checks should be made payable to LLI/NOVA.

Send to:

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

*For Office Use Only*

Amount Paid: \_\_\_\_\_

Check No. \_\_\_\_\_

#### TO BE REGISTERED:

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.
3. If you do not have an email address listed in the LLI Handbook and Membership Directory, please enclose a self-addressed, stamped, legal size envelope for this trip only.

**Fees & Information:** Mary Jablonski (703) 281-9730, [mjablonski@verizon.net](mailto:mjablonski@verizon.net).

**Reservations & Payment:** Payment of fee is required at time of registration. Reservations are accepted on a first-come, first-served basis.

**Refunds & Cancellations:** Refunds will be made if notice is received by **October 4, 2012**, and if a trip replacement can be found, less any non-refundable financial commitments and administrative fee. Refunds will be made after the trip is completed.

**Notification:** You will receive confirmation by email. If you do not have an email address, you will receive confirmation in your self-addressed, stamped envelope. If you do not receive either, please contact Mary Jablonski (703) 281-9730, [mjablonski@verizon.net](mailto:mjablonski@verizon.net), to verify your registration.



## LLI Tour Registration Form

### Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for participation, this Assumption and Acknowledgement must be signed and *two* emergency contact numbers must be supplied. ***Provide both the name and telephone contact number. Please print clearly.***

The tours of the Lifetime Learning Institute of Northern Virginia require walking and the physical capability to access sites that may have structural obstacles. By participating, I assume the risks inherent in this tour and agree to hold LLI, its Board of Directors, Administrator, volunteers, and other agents harmless from any and all claims from bodily injury and/or property damage that result from my participation in this tour, or my inability to participate fully.

Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

_____ Participant Signature	_____ / _____ Emergency Contact No. 1/Emergency Contact No. 2
_____ Participant Signature	_____ / _____ Emergency Contact No. 1/Emergency Contact No. 2

**Tour Title:**     “Splendor in the Glass”

**Tour #:** DT-11-13-12

**Date of Day Trip:** Tuesday, November 13, 2012

**Tour Fee:** Members: \$83; Non-members: \$93

**First Participant Name:** \_\_\_\_\_

**Second Participant Name:** \_\_\_\_\_

**First Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Second Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address(es):** \_\_\_\_\_

**Number of Reservations:** \_\_\_\_\_ **Total Cost:** \_\_\_\_\_

Checks should be made payable to LLI/NOVA.  
Send to:

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

<i>For Office Use Only</i>
Amount Paid: _____
Check No. _____

**TO BE REGISTERED:**

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.
3. If you do not have an email address listed in the LLI Handbook and Membership Directory, please enclose a self-addressed, stamped, legal size envelope for this trip only.

**Fees & Information:** Kathryn O'Toole (703) 289-9646, [kotoole@cox.net](mailto:kotoole@cox.net), or Sue Olesch (703) 425-9617, [s.olesch@yahoo.com](mailto:s.olesch@yahoo.com).

**Reservations & Payment:** Payment of fee is required at time of registration. Reservations are accepted on a first-come, first-served basis.

**Refunds & Cancellations:** Refunds will be made if notice is received by **October 19, 2012**, and if a trip replacement can be found, less any non-refundable financial commitments and administrative fee. Refunds will be made after the trip is completed.

**Notification:** You will receive confirmation by email. If you do not have an email address, you will receive confirmation in your self-addressed, stamped envelope. If you do not receive either, please contact Kathryn O'Toole (703) 289-9646, [kotoole@cox.net](mailto:kotoole@cox.net), or Sue Olesch (703) 425-9617, [s.olesch@yahoo.com](mailto:s.olesch@yahoo.com), to verify your registration.



## LLI Tour Registration Form

### Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for participation, this Assumption and Acknowledgement must be signed and *two* emergency contact numbers must be supplied. ***Provide both the name and telephone contact number. Please print clearly.***

The tours of the Lifetime Learning Institute of Northern Virginia require walking and the physical capability to access sites that may have structural obstacles. By participating, I assume the risks inherent in this tour and agree to hold LLI, its Board of Directors, Administrator, volunteers, and other agents harmless from any and all claims from bodily injury and/or property damage that result from my participation in this tour, or my inability to participate fully.

Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

_____	/	_____
Participant Signature		Emergency Contact No. 1/Emergency Contact No. 2
_____	/	_____
Participant Signature		Emergency Contact No. 1/Emergency Contact No. 2

**Tour Title:** Garden Fest of Lights, Lewis Ginter Botanical Garden

**Tour #:** DT-12-10-12

**Date of Day Trip:** Monday, December 10, 2012

**Tour Fee:** Members: \$69; Non-members: \$79

**First Participant Name:** \_\_\_\_\_

**Second Participant Name:** \_\_\_\_\_

**First Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Second Participant Home Phone:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email Address(es):** \_\_\_\_\_

**Number of Reservations:** \_\_\_\_\_ **Total Cost:** \_\_\_\_\_

Checks should be made payable to LLI/NOVA.  
Send to:

LLI/NOVA  
Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

*For Office Use Only*

Amount Paid: \_\_\_\_\_

Check No. \_\_\_\_\_

#### TO BE REGISTERED:

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.
3. If you do not have an email address listed in the LLI Handbook and Membership Directory, please enclose a self-addressed, stamped, legal size envelope for this trip only.

**Fees & Information:** Deanna DeMember (703) 866-0907, [ddemember@gmail.com](mailto:ddemember@gmail.com).

**Reservations & Payment:** Payment of fee is required at time of registration. Reservations are accepted on a first-come, first-served basis.

**Refunds & Cancellations:** Refunds will be made if notice is received by **December 3, 2012**, and if a trip replacement can be found, less any non-refundable financial commitments and administrative fee. Refunds will be made after the trip is completed.

**Notification:** You will receive confirmation by email. If you do not have an email address, you will receive confirmation in your self-addressed, stamped envelope. If you do not receive either, please contact Deanna DeMember (703) 866-0907, [ddemember@gmail.com](mailto:ddemember@gmail.com), to verify your registration.



## LLI Course Registration Form — Fall 2012

◆◆◆◆◆ Please one form per person ◆◆◆◆◆

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Return Form to: LLI/NOVA

Date: \_\_\_\_\_

Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1 = 1st choice, 2 = 2nd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	FOR OFFICE USE ONLY * Action/Comments
	12F01A	Great Presidents: Ronald Reagan			
	12F02A	Health and Wellness			
	12F03A	Survey of U.S. Public Health Agencies and Programs			
	12F04A	"To the Immortal Name...of George Washington:" The Boundary Stones			
	12F05P	Facing Down Big Oil			
	12F06P	The Election of 2012: Results in Perspective			
	12F07A	Introduction to Hinduism			
	12F08A	Fundamentals of Hindu Philosophy			
	12F09A	Using Our Brains to the Fullest			
	12F10A	Gravity: A History			
	12F11A	Lincoln, Slavery, and Emancipation — A Sesquicentennial Seminar			
	12F12A	Museum Masterpieces: The Metropolitan Museum of Art			
	12F13A	The Other Washington Monument: Alice Roosevelt Longworth in DC Society			
	12F14P	Central Europe: Enemies, Neighbors, and Friends			
	12F15P	Between the Wars: Preparing for WWII			
	12F16P	An Indefinite Period: The Cuban Missile Crisis			
	12F17P	LLI Goes Baltic			
	12F18P	Mystery and Controversy: Women Soldiers of the American Civil War			
	12F19A	The Underground Railroad Quilt Codes: Fact or Fiction?			
<i>Continued on next page</i>					

\* To be completed by LLI Office. **A** = registration accepted; **C** = course canceled; **W** = wait-listed (you will be notified if space becomes available).

**REMINDERS:**

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	FOR OFFICE USE ONLY * Action/Comments
<i>Continued from other side</i>					
	12F20A	Meadowlark Botanical Gardens			
	12F21A	The West: Myth and Reality			
	12F22A	Carl Steiner's Perspectives			
	12F23A	Different Views of the Afterlife in Judaism, Christianity and Islam			
	12F24P	"The Hunger Games:" A Religious Review			
	12F25P	How to Listen to and Understand Opera, Part III			
	12F26A	Motivation, Nutrition and Exercise			
	12F27A	Economics, Energy, Environment and the Earth (4 E's): Part II			
	12F28P	Fall Garden Stroll & Tea	\$ 27.00		
	12F29P	Psychology Presentations by NOVA Faculty			
	12F30P	History Presentations by Professor Mary Zimmerman			
	12F31P	"Around the World in 80 Days," Continued			
	12F32A	A Discussion of Democracy and Politics			
	12F33A	History of the D.C. Prison at Lorton			
	12F34A	Introduction to Tornado Chasing, Forecasting, Photography & Preparation			
	12F35A	"Dare Mighty Things:" The Era of Theodore Roosevelt, 1900-1919, Part I			
	12F36A	Russian/Soviet Union Brief History: Revolution to Stalin's Terror			
	12F37P	Economics Presentations by NOVA Faculty			
	12F38P	Poetry and You			
	12F39P	Papal History — from 1303 to the Present			

\* To be completed by LLI Office. **A** = registration accepted; **C** = course canceled; **W** = wait-listed (you will be notified if space becomes available).

**REMINDERS:**

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

## LLI Course Registration Form — Fall 2012

◆◆◆◆◆ Please one form per person ◆◆◆◆◆

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Return Form to: LLI/NOVA

Date: \_\_\_\_\_

Godwin Building (CG), Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1 = 1st choice, 2 = 2nd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	FOR OFFICE USE ONLY * Action/Comments
	12F01A	Great Presidents: Ronald Reagan			
	12F02A	Health and Wellness			
	12F03A	Survey of U.S. Public Health Agencies and Programs			
	12F04A	"To the Immortal Name...of George Washington:" The Boundary Stones			
	12F05P	Facing Down Big Oil			
	12F06P	The Election of 2012: Results in Perspective			
	12F07A	Introduction to Hinduism			
	12F08A	Fundamentals of Hindu Philosophy			
	12F09A	Using Our Brains to the Fullest			
	12F10A	Gravity: A History			
	12F11A	Lincoln, Slavery, and Emancipation — A Sesquicentennial Seminar			
	12F12A	Museum Masterpieces: The Metropolitan Museum of Art			
	12F13A	The Other Washington Monument: Alice Roosevelt Longworth in DC Society			
	12F14P	Central Europe: Enemies, Neighbors, and Friends			
	12F15P	Between the Wars: Preparing for WWII			
	12F16P	An Indefinite Period: The Cuban Missile Crisis			
	12F17P	LLI Goes Baltic			
	12F18P	Mystery and Controversy: Women Soldiers of the American Civil War			
	12F19A	The Underground Railroad Quilt Codes: Fact or Fiction?			
<i>Continued on next page</i>					

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### REMINDERS:

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Priority	Class Number	Class Name	Fee	Check Number	FOR OFFICE USE ONLY * Action/Comments
<i>Continued from other side</i>					
	12F20A	Meadowlark Botanical Gardens			
	12F21A	The West: Myth and Reality			
	12F22A	Carl Steiner's Perspectives			
	12F23A	Different Views of the Afterlife in Judaism, Christianity and Islam			
	12F24P	"The Hunger Games:" A Religious Review			
	12F25P	How to Listen to and Understand Opera, Part III			
	12F26A	Motivation, Nutrition and Exercise			
	12F27A	Economics, Energy, Environment and the Earth (4 E's): Part II			
	12F28P	Fall Garden Stroll & Tea	\$ 27.00		
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# LLI / NOVA Membership Form

Phone: (703) 503-0600 E-Mail: [llinova@juno.com](mailto:llinova@juno.com)

Title: Mr., Mrs., Ms., Dr., Other \_\_\_\_\_ (circle one)

*Please indicate if any information differs from latest directory.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_

Phone Number(s): Home ( ) \_\_\_\_\_ Other ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

**Fee: \$110 per year for individual membership.** Checks should be made payable to **LLI /NOVA**

*Send to:* Lifetime Learning Institute  
NOVA Annandale Campus  
8333 Little River Turnpike  
Godwin Building (CG), Room 202  
Annandale, VA 22003-3743

*As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.*

**Please also complete the following:**

Date \_\_\_\_\_  New  
Amount Paid \_\_\_\_\_  Renewal  
Check # \_\_\_\_\_

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Present a Course            | <input type="checkbox"/> Plan a Course          | <input type="checkbox"/> Coordinate a Course |
| <input type="checkbox"/> Serve on a Committee        | <input type="checkbox"/> Serve on the LLI Board | <input type="checkbox"/> Help in the Office  |
| <input type="checkbox"/> Assist with Travel Planning | <input type="checkbox"/> Other _____            |  |

If you have any questions about volunteer opportunities, contact the LLI Volunteer Coordinator, Merry Macke, at [merry.macke@verizon.net](mailto:merry.macke@verizon.net) or (703) 451-3248.



## Program Compiled by the Curriculum Committee

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Ed McKnight

Marianne Moerman

Kim Rendelson

Peter Schwarzkopf

Mary Underwood

LLI President — Ed McKnight

(h) 703-425-6224

(email) edjem@aol.com

The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations and publishing the Program Catalogue with the required information.

If you would like to participate on the Committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above members.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.

*LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin. It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.*



Lifetime Learning Institute  
NOVA Annandale Campus  
8333 Little River Turnpike  
Godwin Building (CG), Room 202  
Annandale, VA 22003-3743  
Phone: (703) 503-0600 / FAX: (703) 503-5350 / E-Mail: llinova@juno.com

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**Reminder:  
Registration closes  
August 24, 2012**