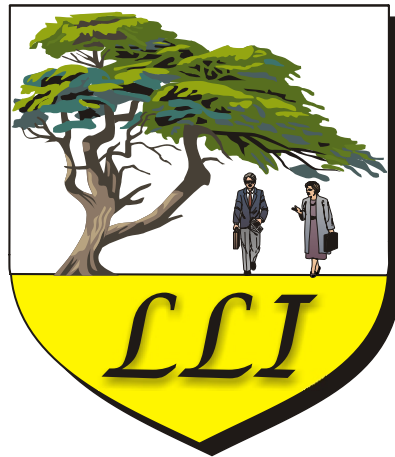




Fall 2014 Program



Lifetime Learning Institute

NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600
Website: <http://lli.nova.org>
E-Mail: llinova@juno.com

Member of
**Road Scholar
Institute Network**



*Plan to attend the
Nationals-Phillies
Baseball game at 4:00
p.m. on September 6.
Deadline is August 15.*



*2014 Holiday
Luncheon*

*Wednesday,
December 3, 2014
starting at 11:00 a.m.
at the
Country Club of Fairfax*

Details to follow!

General Information

What Is LLI?

Sponsored by Northern Virginia Community College (NOVA), the Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Road Scholar Institute Network (RSIN) and benefits from the services RSIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired) who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

LLI:

- is governed and financed by members.
- is supported by member-led planning, administration, and instruction.
- provides non-credit, non-degree courses.
- offers educational, cultural, and social events.
- recognizes that physical and mental health are major elements of vital aging.

What Do We Have to Offer?

- Participation in courses and special interest groups throughout the year, usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic and winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

In addition, affiliation with both NOVA and RSIN means that, as a member of LLI/NOVA, you are entitled to a Community Patron card, obtained from the NOVA library by showing a picture ID. This entitles members to use the NOVA library, located on the third floor of the Godwin Building. Up to three books can be charged out for three weeks; they can be renewed online for an additional period. Go to <http://www.nvcc.edu/library> for more information. There is no cost for the card.

How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10:00 a.m. and 3:00 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers, and other suitable locations. See full addresses of class locations starting on page 18.

How Do I Become a Member and What Is the Cost?

Complete the membership application form found on pages 25 and 27, and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

How Do I Register for Classes and Tours?

Complete the class registration form found on pages 21 and 23, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed, stamped envelope and any applicable fees as soon as possible; *registration for classes closes Friday, August 22, 2014*. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been cancelled. **As a courtesy to other LLI members, please call the Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.**

As a general rule, LLI courses are open to LLI members only. However, there may be occasions when non-members may attend (or may be invited to attend). Course Coordinators are authorized to admit non-members when appropriate, and

when space is available. Please note that if you are wait-listed for a course, you are not “accepted” unless notified. The next time the course is offered, you must re-register but will be given priority acceptance.

What Is the Monthly Forum?

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 4) on the NOVA Annandale Campus (see page 5 for schedule). For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on Center Drive next to the Ernst Center. There is a \$2.00 per hour charge to park in the garage.

What Are the Cancellation Policies?

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather, all LLI classes, special interest groups (SIGs), and Forums are cancelled regardless of location. LLI morning activities are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon activities are cancelled if the FCPS announces early dismissal. Trips and social events will take place unless cancelled at the leaders’ directions.

When Is the Registration Deadline?

The registration deadline for the courses in this catalog is *Friday, August 22, 2014*.

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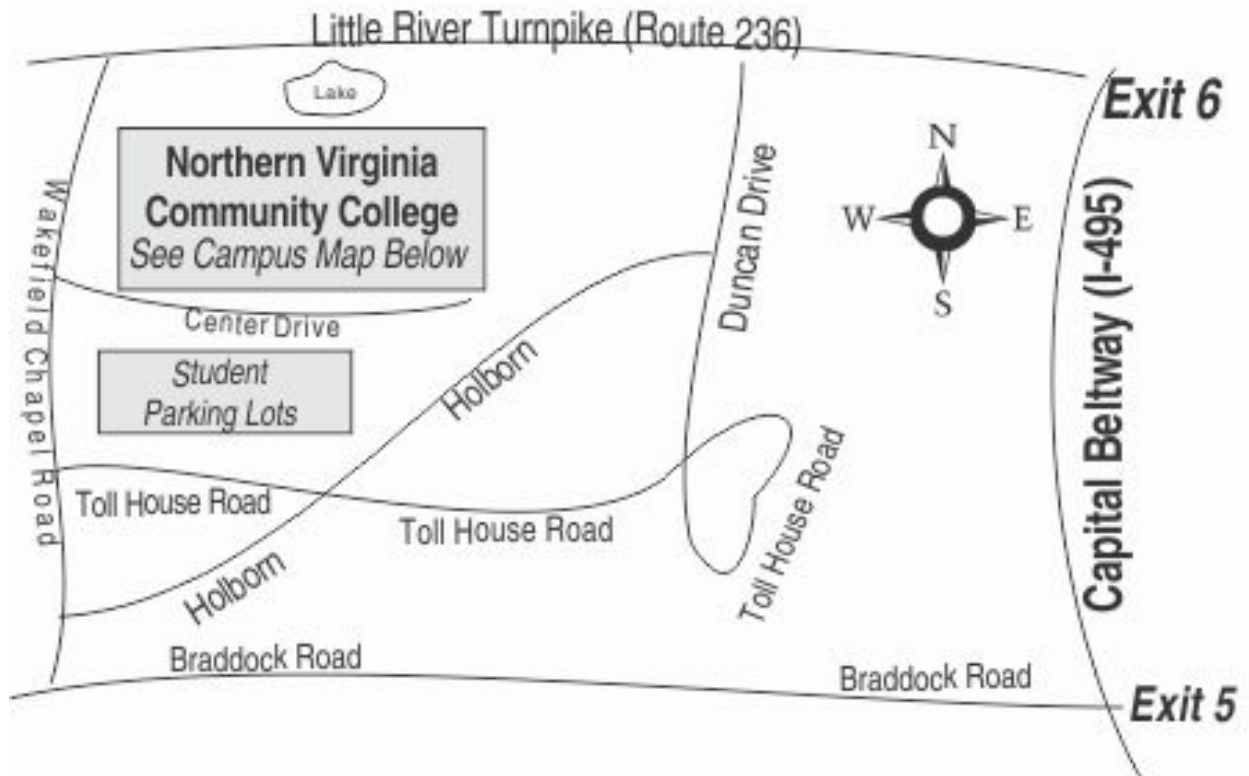
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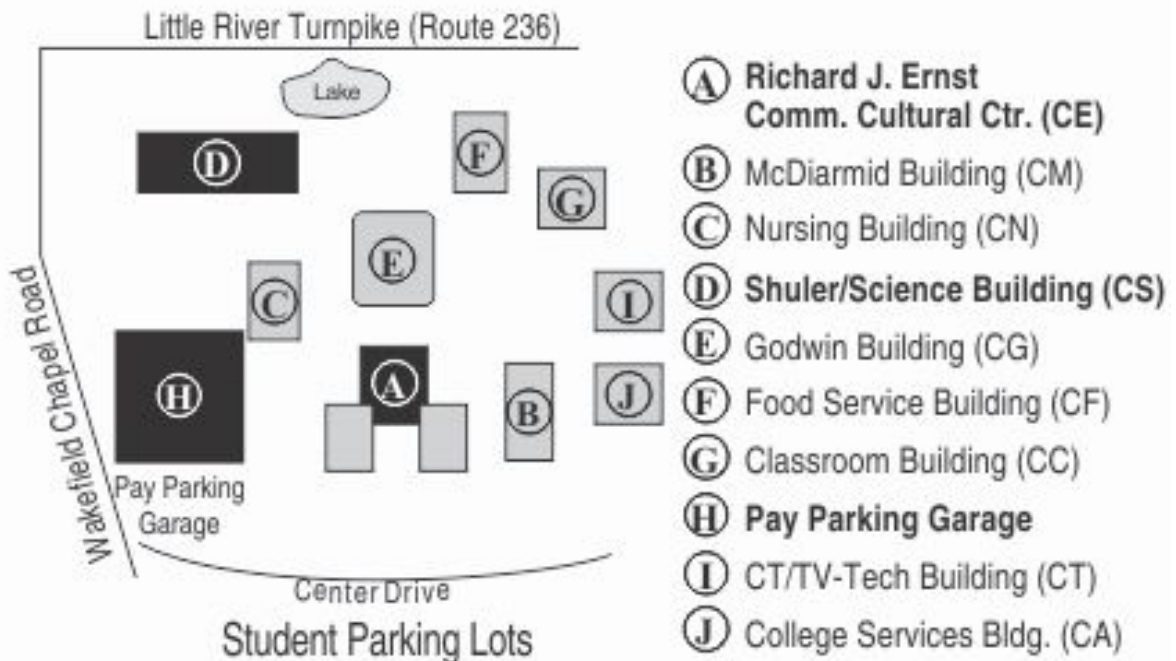
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NOVA Campus Maps



Annandale Campus Map



LLI Fall Program 2014

Note: All programs are free to members unless otherwise specified. See full addresses of course locations starting on page 18.

Members must register for the courses prior to attending because of space constraints. If you are unable to attend after registering, please contact the Course Coordinator so that anyone on the waiting list can be given the opportunity to attend the course.

Remember that we are guests in the buildings where we attend courses; in some cases, these buildings are residents' homes. We need to be courteous to both the staff who work in these buildings as well as the residents. If we don't extend such courtesy, we run the risk of not being invited back.

LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations, brief announcements are made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

Upcoming Forum dates are: Wednesdays, September 3, October 1, and November 5; Ernst Cultural Center (CE), NOVA Annandale Campus

ATTENTION! PLEASE WEAR YOUR LLI BADGE/LANYARD TO ALL LLI ACTIVITIES.

This is imperative. If you have lost your badge/lanyard, just contact Laura Charron in the LLI office and she will send you a new one (replacement cost is \$1.00).

Monday Mornings

Course 14F01A Understanding Opera, Part I (3 Sessions)

Discover the world's greatest art form or simply deepen your appreciation of it, guided by an operatic composer, singer and author. Students will gain appreciation of and insight into operatic masterpieces, using the first two productions of Virginia Opera's 2014-2015 season: Sondheim's brilliant musical *Sweeney Todd: The Demon Barber of Fleet Street* and Gilbert and Sullivan's *H.M.S. Pinafore*. Musical and dramatic analyses are illustrated with audio and video excerpts. Recommended for beginners and aficionados alike.

Dates & Time: Mondays, September 15, 22, 29; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Little River United Church of Christ (Choir Room); Annandale

Course Size: Min. 20, Max. 50

LLI Coordinator: Anna Dixon (703) 503-5463; njoi2day@aol.com

Leader:

GLENN WINTERS, Ph.D in Music, Northwestern University; M.A. and B.A. in Piano Performance, Indiana University. His background includes teaching at two universities, performing as a solo pianist and accompanist, and performing as an operatic baritone. Dr. Winters has sung principal roles with Virginia Opera, Opera Festival di Roma, and others. He has composed two

children's operas commissioned by the Virginia Opera's Education Department, and authored the book, *The Opera Zoo: Singers, Composers and the Primates*. He has served as Community Outreach Musical Director for Virginia Opera's Education Department and Audience Development Department since 2004.

Course 14F02A Cortez's Conquest of the Aztecs (1 Session)

Learn how Cortez's Army of 400 was able to conquer the mighty Aztec Empire.

Date & Time: Monday, September 22; 10:00 a.m. — 11:30 a.m.

Place: Greenspring Village (Village Square Theater), Springfield

Course Size: Min. 10, Max. Unlimited

LLI Coordinator: Ellen Gale (703) 569-3370

Leader:

CHARLES MCCLELLAND, Adjunct Professor at Georgetown University.

Course 14F03A Science in Your Life (3 Sessions)

You have lived your life in your body since you were formed. You know your body intimately — or do you? How often do you stop to appreciate just how wondrous you are? Billions of cells communicating, exchanging materials, building proteins; copying DNA; building bone, muscle, brain; interpreting light, sound, smells, and tastes; responding to heat, cold, pressure, carbon dioxide levels and infection. Let's take a look at "Science in Your Life" with a three-part series: (1) learning and the brain, (2) everything you wanted to know about the immune system but were afraid to ask, and (3) the biology of aging.

Dates & Time: Mondays, October 6, 27, November 10; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leader:

Dr. GILLIAN S. BACKUS, B.A., Mount Holyoke College; Ph.D. in Toxicology, University of North Carolina, Chapel Hill; Associate Professor of Biology, Northern Virginia Community College, Loudoun Campus. Gillian spent her graduate schooling trying to unravel the mystery of genetic susceptibility to environmental exposure of ozone in the lungs.

Course 14F04A Geology, Paleontology, and the History of the Earth (1 Session)

This course will cover the physical and biological history of the earth as seen through the eyes of both a physical geologist and a paleontologist. By describing the tools and techniques of these scientists, we will understand the complexity involved in interpreting events that happened hundreds of millions of years ago. We will discuss evolution from the geologic viewpoint and look at subsequent controversies it has caused.

Date & Time: Monday, October 20; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 10, Max. 70
LLI Coordinator: Philippa Centini (703) 658-1545; phil.centini@verizon.net
Leader:

BARRY CENTINI, Ph.D., University of North Carolina at Chapel Hill. He taught Geology at Emory University. He also directed Computer-Based Distance Learning Programs and worked on computer learning issues with the U.S. Army. Barry retired as a Senior Research Engineer for SRI International in 2004.

Course 14F05A The Mystery of the Mayan Civilization (1 Session)

Learn about the rise and fall of a great culture that dominated Mesoamerica for 3000 years.

Date & Time: Monday, October 27; 10:00 a.m. — 11:30 a.m.
Place: Greenspring Village (Village Square Theater), Springfield
Course Size: Min. 10, Max. Unlimited
LLI Coordinator: Ellen Gale (703) 569-3370
Leader:

CHARLES MCCLELLAND, Adjunct Professor at Georgetown University.

Course 14F06A Virginia Is for Lovers...Bird Lovers (1 Session)

This talk will begin with a brief description of the history of birding and why it is so popular in the United States. After a review of birding cultures around the world, we will look at the specifics of birding in Northern Virginia and identify locations for high-visibility species. We conclude with a discussion on several activities open to birders, such as the traditional Christmas Bird Count.

Date & Time: Monday, November 3; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 10, Max. 70
LLI Coordinator: Barry Centini (703) 658-1545; barry.centini@verizon.net
Leader:

LARRY CARTWRIGHT received a B.A. in History from York College of Pennsylvania and an M.A. in Russian/Soviet History from Georgetown University. He is both an avid recreational birder and an amateur field ornithologist. He leads avian-related surveys for governmental and conservation-based organizations and has received awards for his work. Larry recently retired from a 31-year career with the Defense Intelligence Agency.

Course 14F07A Civil War Ladies (2 Sessions)

In commemoration of the 150th anniversary of the Civil War, we note the wives of the president and generals. This course will cover Mary Lincoln and Mary Lee and will describe how the women behind the men supported and encouraged their husbands to be the leaders they became.

Dates & Time: Mondays, November 3, 10; 10:00 a.m. — 11:30 a.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Course Size: Min. 10, Max. Unlimited
LLI Coordinator: Delsa Hildebrandt (703) 532-3970; delsa007@aol.com
Leader:

MARY LIPSEY received a B.A. in History and Sociology from Mary Washington College (1972) and a Masters in Middle School Education from Virginia Tech (1989). In June 2003, Mary retired after over 30 years with Fairfax County Public Schools. She has been a volunteer docent for the Smithsonian American History Museum and for the National Archives.

Course 14F08A Watching the Supreme Court In Person (1 Session)

This one-session course will discuss what it is like to listen to Supreme Court arguments and decision days from the perspective of a Member of the Supreme Court Bar. It will briefly discuss the history of the Supreme Court's physical location, as well as some memorable arguments. Discussion of legal issues will be kept to a minimum to focus on the human drama that can emerge in the nation's highest court—the best free show in town, if you can get in. Two Supreme Court decisions will be discussed in detail: *Minersville School District v. Gobitis*, and *West Virginia Board of Education v. Barnette*, one that reversed the other just three years later. The societal impact of both cases will also be covered. The course will conclude with a discussion of the pros and cons of broadcasting Supreme Court arguments.

Date & Time: Monday, November 17; 10:00 a.m. — 11:30 a.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Course Size: Min. 10, Max. Unlimited
LLI Coordinator: Peter Schwarzkopf (703) 998-0769; pschwarzkopf@verizon.net
Leader:

DAVID DRACHSLER, NYU (1965), Harvard Law School (1968). Attorney, U.S. Department of Labor (1969-2004), primarily dealing with civil rights and whistleblower cases. Admitted to the U.S. Supreme Court (SC) Bar in 1972, and attended numerous SC oral arguments thereafter. Published a number of law journal articles and newspaper op eds on civil rights, civil liberties and administrative law. Served as Vice Chair of the statewide VA Council on Human Rights, and Chair of the Alexandria Human Rights Commission; Member of the Board of Directors of ACLU VA (1989-2013); Member of the ACLU VA Legal Panel; and Board Member of ACLU of the Nation's Capital (currently a member of its Legislative Committee).

Monday Afternoons

Course 14F09P Throwing Fire: The History of Black Powder in Warfare (1 Session)

The face of warfare changed 1000 years ago with the combination of saltpeter, charcoal and sulfur to create black powder. Since its inception near the end of the first millennium C.E. and introduction to the European continent in the 1300s, black powder has been involved in nearly every military campaign and engagement that shaped and affected events and civilizations around the world. Learn the origins of its creation and the evolution of its use in military weapons and tactics from 1000 C.E. to the beginning of the American Civil War.

Date & Time: Monday, September 22; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Community Room), Annandale

Course Size: Min. 25, Max. Unlimited

LLI Coordinator: Rick and/or Pat Daniels (703) 354-3792; rwdaniels63@gmail.com

Leader:

MARK RAGAN has a B.A. in Political History, and an M.A. in U.S. History focusing on POW Ethics and the Cold War. He originally hails from Southern California, having served in the Marine Corps and as a San Diego Police Officer before working for federal land management agencies. He has worked for the National Park Service as a Ranger for over 28 years, within 10 different parks, including Andersonville National Historic Site.

Course 14F10P Planning for Health Care in Retirement (1 Session)

As we age, one of the biggest concerns for retirees is the increasing cost of health care, which can cause great risk to our financial security. Taking steps to prepare for costly medical bills with proper planning can help avoid this pitfall. This course will include:

- Gaining insight into health care costs;
- Understanding health insurance options, including Medicare coverage;
- Factoring health care costs into retirement income planning;
- Taking advantage of all possible sources of funding health care expenses; and
- Creating a health care financial plan.

Date & Time: Monday, October 6; 1:30 p.m. — 3:00 p.m.

Place: St. Matthew's United Methodist Church (Room 304) Annandale

Course Size: Min. 5, Max. 50

LLI Coordinator: Scott Pinckney (703) 323-9361; spinck3@aol.com

Leader:

SAM EISEN has 35-plus years of experience in financial planning and investment management. He works with individuals and small business owners to help them understand their current financial situation and then set a course of action toward wealth-related goals that were thought unreachable. His professional experience began as a Financial Advisor in 1983. Sam is now a Retirement Plan Consultant, Accredited Investment Fiduciary and Financial Advisor.

Tuesday Mornings

Course 14F11A An Ordinary Hero (1 Session)

This two-hour class will allow time to see a very unusual movie, "An Ordinary Hero: The True Story of Joan Trumpauer Mulholland." She was a local woman in the forefront of the 1960's Freedom Riders.

Date & Time: Tuesday, September 16; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Spring Hill Club House, Lorton

Course Size: Min.10, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115; llinovadoug@gmail.com

Leader:

ARLINE SACHS, B.S., Mathematics, University of Illinois; Masters in Computer and Information Systems, American University. She is a retired Associate Professor at NOVA, where she taught computer classes for 22 years. She is also an avid genealogist and wrote a published book about her great-great-grandfather. (See <http://www.BernhardCahn.org>.) Arline loves to travel and take pictures, and has given numerous travelogues and genealogy classes for LLI.

Course 14F12A Re-Electing Lincoln in 1864 (1 Session)

This year marks the 150th anniversary of Abraham Lincoln's re-election during the Civil War. He faced challenges from "Radical Republicans" and "Peace Democrats." By August he expected defeat. What made it possible for him to win on a platform calling for the total abolition of slavery? The discussion will cover both political and military developments in 1864, and there will be time for Q&A.

Date & Time: Tuesday, September 23; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leader:

JOHN ELLIFF holds a B.A. from DePauw University and a Ph.D. in Government from Harvard University. He taught American Government at Barnard College and Brandeis University before serving for 35 years in various government positions. His articles on Lincoln have appeared in the *Journal of the Abraham Lincoln Association*, the *Lincoln Forum Bulletin*, and *The Lincolnian*. He is a member of the Lincoln Group of DC and a volunteer at Ford's Theatre National Historic Site.

Course 14F13A American Colonial History (10 Sessions)

In this course we will discuss the conditions in 15th and 16th century Europe that led up to the age of exploration and colonization of North America, stressing the founding of the United States and Canadian settlements. We will focus on growth and development, and learn what life was really like through the 17th & 18th centuries. Finally, we will address the conditions that led to the American Revolution, which will be the topic of another class in the Winter/Spring 2015 term.

Dates & Time: Tuesdays, September 23, 30, October 7, 14, 21, 28, November 4, 11, 18, 25; 10:00 a.m. — 11:30 a.m.

Place: Greenspring Village (Classroom at Hunters Crossing), Springfield

Course Size: Min. 10, Max. Unlimited

LLI Coordinator: Ellen Gale (703) 569-3370

Leader:

BURT GREENSTEIN, B.A., M.A., History, Geography, Languages, University of Buffalo. He taught English History and European Governments, and worked for the Department of the Air Force and the Defense Intelligence Agency.

Course 14F14A Fall at Meadowlark Botanical Gardens (1 Session)

Enjoy a guided, one-hour walking tour through the gardens and see the fabulous colors of fall. Learn about hearty flowers that can tolerate cooler temperatures and how Meadowlark prepares its flower beds for winter. Admission and tour are free for LLI members. You may follow the tour route or explore on your own. Stay as long as you like after the tour. The picnic area is open to the public (no cooking). The park closes at 9:00 p.m.

Date & Time: Tuesday, October 7; 10:00 a.m. — 11:30 a.m.

Place: Meadowlark Botanical Gardens, Vienna

Course Size: Min. 8, Max. 20

LLI Coordinator: Mary Lu Bednarsky (703) 455-3999;

mlbednarsky@earthlink.net

Leader:

JULES MALONEY started as the Meadowlark Botanical Gardens Specialist in March of 2014. From 1988-2001, Jules served as a Public Relations Specialist for the Northern Virginia Regional Park Authority, Meadowlark's parent organization, and promoted all regional parks and their programs and events. A former elementary school teacher, Jules provides Meadowlark's educational programming for schools and community groups.

Course 14F15A Paint Along with Davi and Take Home Your Own Original I (1 Session)

Class participants need no prior painting experience, as Davi D'Agostino will walk them through the process, step-by-step, to create their very own small masterpieces! Participants will learn how to use acrylic paints, deal with composition, understand relationships between objects and perspective, and shade and highlight using paint. They will go home with their own signed original—surprised at how well they can paint! **(This class is offered twice; please sign up for I or II, not both.)**

Date & Time: Tuesday, October 28; 10:00 a.m. — 12:00 p.m. **(Note class time.)**

Place: Braddock District Government Center (Braddock Hall), Burke

Course Size: Min. 7, Max. 15

LLI Coordinator: Anna Dixon (703) 503-5463; *njoi2day@aol.com*

Leader:

DAVI M. D'AGOSTINO began drawing and painting as a child, and returned to painting in her retirement years. She has sold several of her works and won awards, showing her oil and acrylic paintings throughout Northern Virginia. She is a member of the Vienna Arts Society, the Fairfax Art League, and the Springfield Art Guild. Her paintings have been exhibited at the Lorton Arts Center, the Alexandria Goodwin House, the Vienna Arts Center,

L'Image Salon, Fairfax Old Town Hall Gallery, and the Fairfax Village Gallery. Visit her website at www.davifineartsgallery.com.

Tuesday Afternoons

Course 14F16P One Week in Oaxaca (1 Session)

Get an up-close-and-personal look at Oaxaca, Mexico, as experienced by Mark and Conne Rubinstein. Conne's travelogue will introduce you to fascinating natural, cultural, and archaeological sites as well as many different crafts for which Oaxacans are famous. Go with Conne to the town square (Zocalo), the Santo Domingo Cultural Center, and the archaeological sites of Monte Alban and Mitla. She will take you to such nature sites as the Ethnobiological Garden, El Tule Tree, and Hierve, a frozen waterfall. In addition, see impressive demonstrations of local craft-making such as mezal (like tequila), woodcarving, pottery, backstrap, and carpet weaving. Note: the town name is pronounced: Wha-**HA**-Ka.

Date & Time: Tuesday, September 16; 1:30 p.m. — 3:00 p.m.

Place: Spring Hill Club House, Lorton

Course Size: Min. 10, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115,

llinovadoug@gmail.com

Leader:

CONNIE RUBINSTEIN taught English to Talented and Gifted students at Oxon Hill Science and Technology High School for 25 years. Since her retirement in 1999, she has been creating entertaining and technically sophisticated videos, using Apple's Final Cut Pro and other software. She shares those videos at senior centers and LLI presentations.

Course 14F17P Philosophy Presentations by NOVA Faculty (2 Sessions)

October 7

Philosophical Foundations of the U.S. Political System. The U.S. Federal Government is based on the U.S. Constitution as inspired by the Declaration of Independence. The underlying ideology is derived from the political philosophers of the Enlightenment (Locke, Montesquieu, Rousseau and Hobbes). This framework provided a common perspective for the participants in the Constitutional Convention and fostered the rational dialogue necessary to produce the Constitution and obtain its ratification. An overview of this intellectual history behind the formation of the U.S. Government will provide an example of the kind of reasoned discourse that the contemporary American political process often lacks. This may suggest an approach to constructive political dialogue based on a positive historical paradigm. The basic idea is that what worked for the Founding Fathers of the United States might also work for their descendants — us — in sustaining a reasoned, respectful dialogue despite strong differences of opinion.

October 21

Principles of “Just War” Theory. Traditional “just war” theory seeks to mitigate the evil effects of large-scale armed conflict while recognizing that it is an inevitable part of international affairs. War is thus considered ethically justifiable only when it conforms to certain principles. It must be: (1) for a just cause, (2) declared by a competent or legitimate political authority, (3) a last resort for the settlement of serious grievances, (4) open to peaceful resolution, (5) worth the cost in terms of the likely levels of destruction and loss of life, (6) potentially successful, (7) conducted by just means by discriminating between combatants and civilians, and (8) proportionate in its use of force. These principles will be explained briefly and applied to current actual or prospective conflicts, including Operation Iraqi Freedom and the use of lethal drone strikes in the ongoing international struggle against violent extremism.

Dates & Time: Tuesdays, October 7, 21; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 15, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net

Leader:

JOHN P. MCGUINNESS, M.A. in Philosophy, University of Chicago. He worked for the U.S. Government for 40 years as a Marine Corps officer, Foreign Service Officer, Intelligence Officer, and finally (for 20 years) as a Foreign Affairs Officer at the State Department. John is currently in his fifth year of teaching as an Adjunct Professor at NOVA Annandale.

Course 14F18P Intermediate iPads! (1 Session)

Are you ready for even more exciting iPad adventures? You’ve mastered the basics of your iPad and you’re ready to learn even more. In this class we’ll cover the camera and photos, FaceTime, taking advantage of iCloud, iTunes, the iWork suite (including Pages, Keynote and Numbers) and some really cool apps. Join Kyla Lupo for this fun and interactive class where we will take the next steps towards becoming power users of our iPads. Bring your questions and your charger.

NOTE: It is expected that if you come to this class you’ve already taken iPads and iYou, or have equivalent knowledge. This class will focus exclusively on iOS 7 and iPads. This is not a class on Android Tablets (like the Samsung Galaxy, Google Nexus 7 or 10, or the Kindle Fire). If you have not updated your iPad to the latest version of iOS, please contact Kyla Lupo prior to class so she can guide you through the steps.

Date & Time: Tuesday, October 21; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Large Conference Room), Annandale
Course Size: Min. 5, Max. 20

LLI Coordinator: Pat Daniels (703) 354-3792;
rwdaniels63@gmail.com

Leader:

KYLA LUPO has been teaching adults about the wonders of technology for 10 years. As the CEE (Chief Executive of Everything) at Smart Again Tutoring, she has crafted classes and workshops for the techno-phobic, impatient, and those who consider themselves lost causes. She consults with small businesses to help them maximize technology to increase profits. She also works with individual students and with small groups in their homes on independent projects.

Course 14F19P Intermediate iPhones (1 Session)

Are you ready for even more iPhone adventures? You’ve mastered the basics of your iPhone and you’re ready to learn even more. In this class we’ll cover the camera and photos, FaceTime, making phone calls, taking advantage of iCloud, iTunes radio, creating a WiFi hotspot and some really good apps. Join Kyla Lupo for this fun and interactive class where we will take the next steps towards becoming power users of our iPhones. Bring your questions and your charger.

NOTE: It is expected that if you come to this class you have already taken iPhones and iYou, or have equivalent knowledge. This class will focus exclusively on iOS 7 and iPhones. This is not a class on Android Phones (like the Samsung Galaxy, Google Nexus 4, or Motorolas). If you have not updated your phone to iOS 7, please contact Kyla Lupo prior to class so she can guide you through the steps.

Date & Time: Tuesday, October 28; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Large Conference Room), Annandale

Course Size: Min. 8, Max. 20

LLI Coordinator: Pat Daniels (703) 354-3792;
rwdaniels63@gmail.com

Leader:

KYLA LUPO (See Course 14F18P for bio information.)

Course 14F20P Five of the Greatest Risks to Your Retirement “Nest Egg” (1 Session)

You have worked hard during your working years to accumulate a retirement “nest egg” that you hope will last as long as you do. This class will examine five of the greatest risks to your nest egg (health care expenses, outliving investments, withdrawing too quickly, inflation, and investing too conservatively) and suggest some ways to minimize those risks.

Date & Time: Tuesday, November 4; 1:30 p.m. — 3:00 p.m.

Place: St. Matthew’s United Methodist Church (Room 304), Annandale

Course Size: Min. 10, Max. 50

LLI Coordinator: Scott Pinckney (703) 323-9361; spinck3@aol.com

Leader:

J. MIKE MAY, a Chartered Financial Consultant (ChFC) and Chartered Life Underwriter (CLU), has been helping seniors with their financial planning issues for over 30 years.

Course 14F21P The Birth and Death of the Universe and Black Holes (2 Sessions)

In this two-session course we will examine the formation and ending of the Universe, as depicted in three DVDs, with particular emphasis on Black Holes. There will be additional time for discussion. In the

initial session we will use Discovery Channel's DVD, *Into the Universe with Stephen Hawking*, the world's most preeminent Cosmologist. We will view episode three, entitled *What is the Universe — The Story of Everything*. (1 1/2 hrs.) Our second session will include two DVDs: Discovery Channel's *How the Universe Works — Black Holes* (45 min.) and the Great Courses' *Black Holes Explained — Stephen Hawking and Black Hole Evaporation* (30 min.). **NOTE: The sessions will be two hours (1:30-3:30) to leave time for a short break and discussion.**

Dates & Time: Tuesdays, December 9, 16; 1:30 p.m. — 3:30 p.m.
(Note class time.)

Place: Mason District Governmental Center (Main Community Room), Annandale

Course Size: Min. 10, Max. Unlimited

LLI Coordinator: Peter Schwarzkopf (703) 998-0769;
pschwarzkopf@verizon.net

Leader:

PETER SCHWARZKOPF, B.A., Dartmouth College; J.D., L.L.M. in International Law, Harvard Law School. Peter retired from the U.S. Department of Transportation (2007) where he engaged primarily in international negotiations for commercial airline landing rights with numerous foreign countries. He has led discussions for several courses at LLI.

Wednesday Mornings

Course 14F22A From God to the Afterlife (5 Sessions)

Concepts of God, attributes and characteristics are important in the development of thoughts on the afterlife. In these sessions we will review the development of concepts of God in Christianity, Judaism, and Islam to better understand life-after-death reward and punishment.

Dates & Time: Wednesdays, September 10, 17, October 8, 15, 22;
10:00 a.m. — 11:30 a.m.

Place: Greenspring Village (Village Square Theater), Springfield **(This course will begin prior to your receiving your acceptance notifications. Please feel free to attend even without your acceptance.)**

Course Size: Min. 10, Max. Unlimited

LLI Coordinator: Ellen Gale (703) 569-3370

Leader:

JOHN RYBICKI, B.S., Clarkson College of Technology; M.A., University of Arkansas; M.S., George Washington University. He has diplomas in Theological Studies from Virginia Theological Seminary and Antiochian Orthodox Church. He studied at St. George's College, Jerusalem, and serves as Pastoral Associate at Riderwood Retirement Community.

Course 14F23A Gluten-Free: Will You Benefit? (1 Session)

This class will explore the variety of reasons why people go on a gluten-free diet, and evaluate the current research consensus behind the hype. The class will also discuss how to determine if you have Celiac disease and gluten sensitivity.

Date & Time: Wednesday, October 8; 10:30 a.m. — 12:00 p.m. **(Note class time.)**

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Course Size: Min. 10, Max. 40

LLI Coordinator: Judy Robison (703) 440-8479;
robisonja23@gmail.com

Leader:

CHERYL HARRIS, Masters in Public Health, R.D. was selected one of the best nutritionists in the DC area in 2014 by *The Washingtonian*, to which she is a regular contributor, and was named the "Emerging Dietetics Leader of the Year" for 2012 for Virginia. She has given presentations on diet and health for the USDA, FDA, the Institute of Medicine, and the Virginia Dietetics Association, as well as numerous groups of nutrition professionals, nurses and community organizations. Her articles have appeared in *Today's Dietitian* and the Academy of Nutrition and Dietetics newsletters, and she has been quoted by many media outlets, including *The Washington Post*, ABC.com, WebMD, and the Food Network. She is the Nutrition Advisor for the DC Metro Celiac Sprue Support Group.

Course 14F24A Cooking with Chef Cal (2 Sessions)

This class is a primer for assembling great party appetizers. Just what are appetizers and are they different from hors d'oeuvres? Why are they so hard to make and why do they cost so much? How many items do I need for my group? Chef Cal will answer these questions and give some quick and easy recipes to fix at home.

The class will cover understanding, reading, and following recipes to get the most from them. It is said if you can read, you can cook; however, most mistakes are made as a result of not reading, understanding, or knowing what a recipe says. We will review recipes to identify areas that can cause confusion, misunderstanding, or drastic results. We will discuss some of the tidbits of information learned in cooking school that cookbooks never tell you. While not really secrets, they do make cooking a lot more fun.

Dates & Time: Wednesdays, October 15, 29; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Course Size: Min. 10, Max. 40

LLI Coordinator: Bonnie Hopley (703) 978-9381; pbhopley@cox.net

Leader:

CALVIN KRAFT attended L'Académie de Cuisine and The Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. He retired in 1995 to pursue his interest in cooking and running a country inn. For several years he was the Innkeeper at the Bailiwick Inn in Old Town Fairfax. For 10 years he was the owner and Executive Chef of Dinner Is Served LLC, a personal chef/catering operation.

Course 14F25A A History of Fort Belvoir (1 Session)

This class will cover the history of Fort Belvoir from the Native American period through the 17th and 18th centuries; the impact of the Fairfax family and the Northern Neck Proprietary; changes during the 19th century; the arrival of the U.S. Army in 1912; the installation during World Wars I and II; post-war changes; the impact of the 2005 Defense Base Closure and Realignment legislation; and the installation today.

Date & Time: Wednesday, November 12; 10:30 a.m. — 12:00 p.m. **(Note class time.)**

Place: Spring Hill Club House, Lorton

Course Size: Min. 15, Max. 40

LLI Coordinator: Judy Robison (703) 440-8479;
robisonja23@gmail.com

Leader:

GUS PERSON is a native New Yorker with a B.A. and an M.A. in History from Queens College, City University of New York. He served three years on active duty and 26 years in the New York Army National Guard. He retired after 30 years service in the New York State Division of Parole. From March 2003 to December 2012, he was employed as the Installation Historian at Fort Belvoir. He is now engaged in doing volunteer work at Fort Belvoir as the Historian.

Course 14F26A Paint Along with Davi and Take Home Your Own Original II (1 Session)

See description for **Course No. 14F15A**. (This class is offered twice; please sign up for I or II, not both.)

Date & Time: Wednesday, November 19; 10:00 a.m. — 12:00 p.m.
(Note class time.)

Place: Braddock District Government Center (Braddock Hall), Burke

Course Size: Min. 7, Max. 15

LLI Coordinator: Anna Dixon (703) 503-5463; *njoi2day@aol.com*

Leader:

DAVI M. D'AGOSTINO (See Course 14F15A for bio information.)

Wednesday Afternoons

Course 14F27P Mr. Madison and His Political Genius (2 Sessions)

This course takes a brief look at James Madison and his commitment to the superiority of the individual over the government. It will also discuss his political genius in analyzing the prospect of constitutional approval by his tenacity in limiting constitutional amendments to the principle of retaining personal liberties. The course will include an interview the instructor had with "Mr. Madison" in his home at Montpelier last summer.

Dates & Time: Wednesdays, September 17, 24; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Course Size: Min. 10, Max. 70

LLI Coordinator: Doug Johnson (703) 628-3115;

llinovadoug@gmail.com

Leader:

BILL RHATICAN is an Adjunct Instructor at NOVA. He was an advisor to two presidents and to Treasury, Commerce and Interior Cabinet Officers. He is a consulting teacher for the Center for the Constitution at James Madison's Montpelier. He has written and published numerous articles on personalities prominent in the American Revolutionary War and edited three books on American History and the U.S. Constitution.

Course 14F28P Poetry Writing — Let's Make it Happen (3 Sessions)

Join us to discover or revisit the poet within. From the beatific to the bawdy, we will write, share and cheer each other on.

Dates & Time: Wednesdays, November 5, 12, 19; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Course Size: Min. 10, Max. 30

LLI Coordinator: Marianne Moerman (703) 751-0523;

mcmoerman@juno.com

Leaders:

HELEN HARVEY is an accomplished poet and a member of Richard Risk's Poetry and You class, as well as the Osher LLI Workshop.

ED SADTLER has been reading and writing poetry for many years. He is a long-time member of Richard Risk's LLI class, Poetry and You. He is also a long-time member of Osher LLI's Poetry Workshop, and co-leader of Osher's Writer's Workshop.

Course 14F29P Papal Names (1 Session)

Why did Popes Pius VII (r. 1800-1823) thru Francis I choose their names? From a legacy standpoint, what were they telling Rome and the world? Did Angelo Roncalli really choose John XXIII (r. 1958-1963) because John was his father's name? And Francis I? What was the nail-biting relationship between St. Francis of Assisi (1181-1226) and Innocent III (r. 1198-1216), the most powerful Pope in history? With the Papacy there are no short answers, only fascinating instructive ones going back centuries.

Date & Time: Wednesday, November 12; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Course Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574;

lorin.goodrich@verizon.net

Leader:

BRUCE COLLETTI, Ph. D. is a retired Air Force Officer, career Operations Research Analyst, and Adjunct Professor of Mathematics (NOVA-Alexandria) and Operations Research (Florida Institute of Technology). He has been a student of papal history since 1978 (the "Year of Three Popes"). If he could spend only 10 minutes with anyone from history, that would be Pope John XXIII — Angelo Roncalli, and not the 15th Century antipope by the same name who was fired by the Council of Constance (1414-1418) that he had convoked!

Thursday Mornings

Course 14F30A Whose Land is This? Population Movement and Ethnic Strife (4 Sessions)

We will look at the history of population movement, both unplanned and government-sponsored, and how the arrival of a new ethnic group in a settled area can provoke civil strife and even war. This case study course will examine the current situation in Ukraine, as well as the earlier settlement of Scots in Ireland, Germans in Poland, Anglo-Americans in Texas, and Jewish settlers in the West Bank. Professor Anderson will be placing notes on his website (*www.nosrednam.com*) in advance of the course for optional reading.

Dates & Time: Thursdays, October 2, 9, 16, 23; 10:00 a.m. — 11:30 a.m.

Place: Annandale United Methodist Church (Room 300), Annandale

Course Size: Min. 10, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net

Leader:

MICHAEL ANDERSON, B.A., University of Illinois; M.A. and Ph. D. in History, University of Chicago. Professor Anderson is a retired U.S. Foreign Service Officer (1973-2002), and after retirement from the Foreign Service taught U.S. History and Western Civilization at Northern Virginia Community College and George Mason University. Professor Anderson has recently retired from college teaching and, in addition to continuing his long-time association with LLI, he will be teaching courses for ENCORE, the Arlington County adult learning program.

Course 14F31A Tea Tasting and Presentation: Rare and Unusual Teas (1 Session)

Dark Tea, Red Tea, Blue Tea, Brick Tea—what are these unusual categories of tea? Join Certified Tea Specialist and Chef Laurie Bell for an interactive educational tasting of these and other rare styles of tea while enjoying some treats made with tea. Halloween dress is optional but certainly welcomed!
Cost: \$25. Enclose a check made payable to Great Falls Tea Garden with your registration.

Date & Time: Thursday, October 30; 10:30 a.m. — 12:30 p.m. (**Note class time.**)

Place: Great Falls (**Directions will be provided to those who register for the course.**)

Course Size: Min. 10, Max. 20

LLI Coordinator: Gina Trapp (703) 522-7528; GTrapp_26@msn.com

Leader:

Laurie Bell, Chef and Certified Tea Specialist. Très bien Grand Diplôme from Le Cordon Bleu in Paris. Culinary career spanning 25 years; founded La Belle Cuisine, teaching cooking classes focused on French technique; also developed a catering business. Has been cooking with and studying about tea for many years. Writes freelance and for the American Institute of Wine and Food newsletter. She serves on the local Chapter Board of AIWF, the Advisory Board of Stratford University's School of Culinary Arts, and Friends of Colvin Run Mill. She also coordinates local educational and networking events for Women Chefs and Restaurateurs.

Thursday Afternoons

Course 14F32P Shopping Online — Everything You Need to Know (1 Session)

There are lots of great benefits to shopping online. You can find specialty items, compare prices, get some great deals and savings, and even have everything delivered directly to your door! If you're ready to find out more, this class will provide the answers.

Date & Time: Thursday, September 25; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 20

LLI Coordinator: Kim Rendelson (703) 204-0388; kim@gabegold.com

Leader:

Julia Loughran holds a Master's degree in Artificial Intelligence from George Washington University. She is the President and Owner of a coaching and tutoring company based

in Northern Virginia. Ms. Loughran has been teaching computer classes to Seniors since 1997 in support of the Jewish Council for the Aging's Senior Tech program. In addition to her Shopping Online course, Ms. Loughran has taught classes in digital photography, Facebook, social media, file management, and Android tablets and phones.

Course 14F33P Great American Bestsellers: The Books That Shaped America (3 Sessions)

This is a continuation of the Great Courses lectures given by Professor Peter Conn of the University of Pennsylvania, which began in the fall of 2013. Once again we will be looking at the works of various American authors after reviewing the DVDs. We will discuss the books that we will be reading.

September 25 *The Jungle* by Upton Sinclair

October 9 *The Last of the Mohicans* by James Fenimore Cooper

November 13 *The Grapes of Wrath* by John Steinbeck

Dates & Time: Thursdays, September 25, October 9, November 13; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Choir Room); Annandale

Course Size: Min. 12, Max. 30

LLI Coordinator: Lynne Smaldone (703) 525-9623;

smaldonega@hotmail.com

Leaders:

Lynne Smaldone received a Bachelor's degree from the State University at New Paltz, New York. She taught for four years at the elementary school level, and then worked as a programmer for IBM. She is currently the coordinator for the LLI Favorite Books Club.

Libby Burge received a B.S. from Oklahoma State University, an MEd from the University of Oklahoma, and an M.A. from George Mason University. She was a Fairfax County Juvenile and Domestic Relations Court Intake Officer for 16 years, working with juvenile criminal and status offenders. She has been an LLI member for 14 years, and is a charter member and former coordinator of the Favorite Books Club.

Shirley Lytle received a B.A. from the University of Oklahoma and an M.A. from George Washington University. She has worked as a Choir Director and a Speech Clinician. She is a member of LLI's Favorite Books Club, the Poetry Group, and the French Conversationalists Group, and has traveled with the Travel group.

Course 14F34P Arlington National Cemetery in the 20th Century (1 Session)

From the Spanish-American War to the Space Race, Arlington National Cemetery saw its roll call expand significantly during the 20th century. The courageous efforts of Americans from all walks of life are chronicled here among these hallowed hillsides sprinkled with testaments of both simplicity and grandeur. Visitors walk the cemetery daily in search of those tied to them by kinship—or perhaps they come to pay their respects to people whose heroism graces the history books. Arlington is a quiet, idyllic spot fittingly overlooking the capital city that called many of the interred into their nation's service. Stories to awe and inspire exist around every corner.

Date & Time: Thursday, November 13; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Course Size: Min. 25, Max. Unlimited
LLI Coordinator: Rick and/or Pat Daniels (703) 354-3792; rwdaniels63@gmail.com
Leader:

BRAD BERGER, B.A. in European History; M.A. in American Colonial History. Brad served in the Federal Republic of Germany as a Security Specialist for the U.S. Air Force, and interned for the National Park Service at Harpers Ferry National Historical Park. Ranger Berger currently serves as a Park Ranger at the National Mall and Memorial Parks in Washington, D.C., where he helps coordinate operations for presidential inaugurations as well as annual National Independence Day Celebrations and National Cherry Blossom Festivals.

Friday Mornings

Course 14F35A History of Modern Syria (1 Session)

The political crisis in Syria is of serious concern to geo-politics and current affairs. This course examines the political history of Syria from Ottoman times to the present. It focuses on the Mandate System and Western domination, independence movements, Arab nationalism, the rise of the Ba'ath Party, Arab-Israeli conflicts, and the present Assad regime. It will attempt to contextualize the history and politics of Syria into the greater view of the Middle East and global affairs.

Date & Time: Friday, October 10; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 10, Max. 40
LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net
Leader:

MUHANNAD A. SALHI, received his Ph.D. in History from the University of Chicago. He is the Area Specialist for the Arab World at the Library of Congress. He is also the author of *Syria and the Palestine Question 1918-1920*, and has lectured widely on the Middle East for the Foreign Service Institute of the State Department.

Course 14F36A A Gem off the Beaten Path: The Smithsonian American Art Museum (1 Session)

This course introduces the wonderful collection of the Smithsonian American Art Museum. We will discuss the fascinating history of the building, examine some of the highlights of the collection and include a brief history of American painting as displayed at the museum. We will also look at some of the special resources available to visitors, both in person and electronically.

Date & Time: Friday, November 7; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 10, Max. 70
LLI Coordinator: Philippa Centini (703) 658-1545; phil.centini@verizon.net

Leader:

SARA SHOOB has a background in teaching and educational administration with an emphasis in history, social studies and the arts. She is currently a docent at the Smithsonian American Art Museum. It's her dream retirement gig.

Course 14F37A Political Science Presentation by NOVA Faculty: The 2014 Mid-Term Election Results (1 Session)

The November election for U.S. Congressional seats will most likely have an impact on the political landscape going into the 2016 Presidential election cycle. Two of NOVA's political scientists will analyze the November 4, 2014 election results and discuss the ramifications for President Obama's final two years in office and whether there are predictors regarding the next election for President.

Date & Time: Friday, November 21; 10:30 a.m. — 12:30 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 70
LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leaders:

JENNIFER SAYASITSENA, Ph.D. in Political Science, George Washington University; M.A. in Political Science, University of Southern California; B.A. in Government, Georgetown University. She is currently an Assistant Professor of Political Science at NOVA Annandale.

JACK LEHELDT, B.A., Kean University; M.A., Rutgers University; Ph.D., University of South Carolina. He is currently an Assistant Professor of Political Science at NOVA Alexandria.

Friday Afternoons

Course 14F38P Economics Presentation by NOVA Faculty: Income Inequality in America (1 Session)

Dr. John Min will explore the issue of income inequality in the United States. Americans agree that income inequality has widened during the last decade, but there is a great deal of debate over its causes. What are the underlying issues and what does this disparity mean for the future of our economy? Are there solutions?

Date & Time: Friday, September 26; 12:30 p.m. — 2:00 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 70
LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leader:

JOHN MIN, B.A., M.B.A., George Washington University; Ph.D., George Mason University. Dr. Min is currently an Assistant Professor at Northern Virginia Community College, Alexandria Campus.

Course 14F39P Poetry and You (4 Sessions)

Join us for one of LLI's long-time favorite courses, and learn more about how poetry can change your life. We will read and talk about the work of contemporary poets as well as our favorite classics.

Dates & Time: Fridays, October 3, 10, 17, 24; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Course Size: Min. 10, Max. 30

LLI Coordinator: Marianne Moerman (703) 751-0523;

mcmoerman@juno.com

Leader:

RICHARD RISK, B.A., University of Missouri. Richard is retired from the Environmental Protection Agency and was a founding member of LLI.

Various Days

Course 14F40A Presentations on Aging by Fairfax County (3 Sessions)

Several members of Fairfax County's staff will provide presentations for LLI.

Fri., Sept. 26; 10:00 a.m. — 11:30 a.m. Fairfax County Now and in the Future: What Services are Available Now to Help Older Adults Age in Place? What's on the Horizon?

Learn about the activities and services now available to Fairfax County older adults and adults with disabilities. Hear about the new initiatives in the 50+ Community Plan that will help Fairfax County become an even more aging-friendly community. (Karen Hannigan & Sharon Lynn)

Thurs., Oct. 2; 10:00 a.m. — 11:30 a.m. What Does Care Management Have to Do With Health and Happiness?

Care management provides a complete assessment of the strengths and difficulties that an older adult may be having. Care managers can be the link between the hospital systems, insurance-provided services, and community services. Learn about the Health and Wellness programs available through ElderLink, a public-private partnership among the Fairfax Area Agency on Aging, Inova Health System, and the Alzheimer's Association, National Capital Area. (Catherine Cole & Colleen Turner)

Wed., Oct. 8; 10:00 a.m. — 11:30 a.m. Design and Technology for Living Independently

This session will focus on "Aging in Place." Many people would like to stay in their homes as they age. Learn more about home modifications and technology options that can help to make that possible. Universal design will also be an important concept for discussion. (Matt Barkley & Michelle Smith)

Dates and Time: See above.

Place: Spring Hill Club House, Lorton

Course Size: Min. 15, Max. Unlimited

LLI Coordinator: Anna Dixon (703) 503-5463; *njoi2day@aol.com*

Leaders:

MATT BARKLEY is the Director of Disability Services Planning and Development for the Fairfax County Department of Family Services, and administers the county's Building For All Committee—a coalition that promotes universal design features and advocates for the community to be comfortable, safe, and convenient for residents of all ages and abilities. As a person with a disability and as an advocate for older adults and people with disabilities, he has developed policy, as well as advised and educated people on home modifications and accessibility on the local, state and federal level for more than 15 years.

CATHERINE COLE has a master's degree from American University and is a Certified Care Manager. She is the Director of ElderLink and has over 25 years of experience assisting older adults and their families in managing the issues of aging. During Cathy's tenure, ElderLink has been the recipient of several recognitions, including the Commonwealth Council on Aging's Best Practices Award for Education and the Injury Prevention Recognition from the Virginia Department of Health for the Independent Living Project and for the ElderLink's caregiver support programs.

KAREN HANNIGAN is a Licensed Clinical Social Worker who received her Master's Degree in Geriatric Social Work in 1994. Since then she has worked in private geriatric care management and done counseling in nursing homes, but has worked primarily in the field of Adult Protective Services (APS). She was an APS investigator in East St. Louis, IL, worked for the National Center on Elder Abuse in Washington, D.C., and was a Supervisor of the APS unit in Arlington County, VA. Currently she supervises Fairfax County's Intake Unit in Fairfax County's Area Agency on Aging.

SHARON LYNN, MSW, the Director of the Fairfax Area Agency on Aging, has worked in aging services for over 20 years. She previously worked for the Northern Virginia Long-Term Care Ombudsman Program and was the director of ElderLink for 13 years.

MICHELLE SMITH holds a graduate degree in Gerontology and Clinical Social Work. She is a geriatric professional with 20 years' experience. Most recently she has been a Caregiver Specialist, with other sub-specialties in dementia, therapeutic recreation, and low-tech assistive devices. She is a former member of *Toastmasters International*, which she credits for assisting her in turning her passion for older adults into public speaking, advocacy and out-reach education. Over the years Ms. Smith has worked in almost every imaginable setting serving older adults, including community social services, adult day care, assisted living, nursing facilities, community mental health and hospital care. Her knowledge of "aging in place" and "family caregiving" comes from direct client contact in the various community settings.

COLLEEN TURNER received her Master's in Social Work from Temple University, and completed her graduate certificate in Gerontology from George Mason University in 2004. She is a Licensed Clinical Social Worker who has been providing social work services for over 30 years. During that time Colleen has provided ElderLink geriatric care management services and support to Fairfax County older adults and their families. For the past four years, Colleen has been the local Program Coordinator for "Take Control of Your Health & Your Happiness," Stanford University's evidence-based chronic disease self-management educational program.

September 2014

LLI Fall Program 2014

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

	1	2	3	4	5	6
			LLI Forum & Open House		14S18A—What's a Mother to Do? History of American Cooking	
7	8	14S23P—"A Summer of Love" Film Series	14F22A—From God to the Afterlife	11	12	13
14	15 14F01A—Understanding Opera, Part I	16 14F11A—An Ordinary Hero 14F16P—One Week Oaxaca	17 14F22A—From God to the Afterlife 14F27P—Mr Madison	18	19	20
21	22 14F01A—Understanding Opera, Part I 14F02A—Cortez's Conquest 14F09P—Throwing Fire	23 14F12A—Re-Electing Lincoln 14F13A—Am. Colonial History	24 14F27P—Mr Madison	25 14F32P—Shopping Online 14F33P—Great American Bestsellers	26 14F38P—Economics Presentation 14F40A—Presentations on Aging by Fx County	27
28	29 14F01A—Understanding Opera, Part I	30 14F13A—Am. Colonial History				

Remove this calendar to use as a handy reference.

October 2014

LLI Fall Program 2014

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

			1 LLI Forum & Open House	2 I4F30A—Whose Land Is This? I4F40A—Presentations on Aging by Ffx County	3 I4F39P—Poetry and You	4
5	6 I4F03A—Science in Your Life I4F10P—Planning for Health Care in Retirement I4F41A/P—Psychology Presentations	7 I4F13A—Am. Colonial History I4F14A—Meadowlark Botanical Gardens I4F17P—Philosophy Present.	8 I4F22A—From God to the Afterlife I4F23A—Gluten-Free: Will You Benefit? I4F40A—Presentations on Aging by Ffx County	9 I4F30A—Whose Land Is This? I4F33P—Great American Bestsellers	10 I4F35A—History of Modern Syria I4F39A—Poetry and You I4F42P—History Present.	11
12	13	14 I4F13A—Am. Colonial History	15 I4F22A—From God to the Afterlife I4F24A—Cooking w/ Chef Cal	16 I4F30A—Whose Land Is This?	17 I4F39P—Poetry and You	18
19	20 I4F04A—Geology, Paleontology, History of Earth	21 I4F13A—Am. Colonial History I4F17P—Philosophy Present. I4F18P—Intermed. iPads!	22 I4F22A—From God to the Afterlife I4F41A/P—Psychology Presentations	23 I4F30A—Whose Land Is This? I4F42P—History Presentations	24 I4F39P—Poetry and You	25
26	27 I4F03A—Science in Your Life I4F05A—Mystery of Mayan Civilization	28 I4F13A—Am. Colonial History I4F15A—Paint with Davi I I4F19P—Intermed. iPhones	29 I4F24A—Cooking w/ Chef Cal	30 I4F31A—Tea Tasting I4F41A/P—Psychology Presentations	31	

Remove this calendar to use as a handy reference.

November

2014

LLI Fall Program 2014

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

						1
2	3 I4F06A—Virginia Is for Lovers...Bird Lovers I4F07A—Civil War Ladies	4 I4F13A—Am. Colonial History I4F20P—Five Risks to Your "Nest Egg"	5 LLI Forum & Open House I4F28P—Poetry Writing I4F43P—The Great War: Crises of 1914	6	7 I4F36A—Gem Off the Beaten Path	8
9	10 I4F03A—Science in Your Life I4F07A—Civil War Ladies	11 I4F13A—Am. Colonial History	12 I4F25A—Ft. Belvoir History I4F28P—Poetry Writing I4F29P—Papal Names I4F43P—The Great War: Crises of 1914	13 I4F33P—Great American Bestsellers I4F34P—Arlington Natl. Cemetery	14 I4F43P—The Great War: Crises of 1914	15
16	17 I4F08A—Watching the Supreme Court in Person	18 I4F13A—Am. Colonial History	19 I4F26A—Paint with David I4F28P—Poetry Writing	20	21 I4F37A—Political Science Presentation I4F43P—The Great War: Crises of 1914	22
23	24	25 I4F13A—Am. Colonial History	26	27	28	29
	30					

Remove this calendar to use as a handy reference.

December

2014

LLI Fall Program 2014

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1	2	3 LLI Holiday Luncheon	4	5	6
7	8	9 14F2 IP—The Universe and Black Holes	10	11	12	13
14	15	16 14F2 IP—The Universe and Black Holes	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Remove this calendar to use as a handy reference.

Course 14F41A/P Psychology Presentations by NOVA Faculty (3 Sessions)

Several members of NOVA's Psychology faculty will continue their annual presentations for LLI.

Mon., Oct. 6; 1:30 p.m.— 3:00 p.m. Why are Prejudice and Conflict So Common? (Professor Kathleen Lloyd)

Wed., Oct. 22; 10:00 a.m. — 11:30 a.m. Why Are People So Full of Themselves? (Professor Deanna DeGidio)

Thurs., Oct. 30; 2:30 p.m.— 4:00 p.m. Forgetting and Remembering (Professor Pamela Stewart) (**Note class time.**)

Dates & Times: See above.

Place: Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min.10, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leaders:

DEANNA DeGIDIO, B.S., John Carroll University; M.A., Cleveland State University.

KATHLEEN LLOYD, B.A., Smith College; MEd Loyola College; M.S., Howard University.

PAMELA STEWART, M.A., Clinical Psychology, George Mason University; MSW, Virginia Commonwealth University.

Course 14F42P History Presentations by NOVA Faculty (2 Sessions)

Two of NOVA's History faculty will continue making presentations for LLI.

Fri., Oct. 10; 1:30 p.m. — 3:00 p.m. Female Education and Literacy in Colonial America (Professor Jennifer Winters)

Thurs., Oct. 23; 2:00 p.m. — 3:30 p.m. Are Human Trafficking and Slavery Synonymous? (Dr. Rashmi Chilka) (**Note class time.**)

Dates & Times: See above.

Place: Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leaders:

RASHMI CHILKA, Ph. D., University of Washington, Seattle
JENNIFER WINTERS, B.A., James Madison University; M.A. in Literature and Ph. D., University of St. Andrews, UK

Course 14F43P The Great War: The Crises of 1914 (4 Sessions)

British Foreign Secretary Edward Grey sadly opined during the summer of 1914 that "the lamps are going out all over Europe." While his poetic words hint at a certain Great War sentimentalism, they nonetheless manifest prescient pessimism. The forces of nationalism, militarism, expansionism and other factors propelled the great European powers into a massive arms race that virtually guaranteed catastrophe. Inter-marriage among the great ruling families failed to maintain peace as assassinations and insults to imperial honor impelled leaders to issue ultimatums and enforce alliances and ententes. Military mobilizations and war declarations resulted in offensive operations that plunged Europe into a war unlike any in human history. Lethal new technologies pioneered death and destruction that stretched the limits of human endurance. Flesh and blood stood little chance of survival in this maelstrom of industrial slaughter. Although each side boasted of a hard won but inevitable victory by the end of 1914, events on the battlefields proved otherwise.

Dates & Time: Wednesdays, November 5, 12 & Fridays, November 14, 21; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Community Room), Annandale

Course Size: Min. 25, Max. Unlimited

LLI Coordinator: Rick and/or Pat Daniels (703) 354-3792; rwdaniels63@gmail.com

Leaders:

BRAD BERGER (See Course 14F34P for bio information.)

PAUL O'BRIAN currently serves as a Park Ranger at National Mall and Memorial Parks. His 17-year career with the National Park Service includes service at Independence National Historical Park, Roosevelt-Vanderbilt National Historic Site, Manassas National Battlefield Park, Appomattox Court House National Park, Lake Mead National Recreation Area, and Colonial National Historical Park, particularly the Yorktown Battlefield.

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board supports the SIG coordinator's flexibility to invite non-LLI members to participate in an activity whenever the objectives of the SIG would be enhanced by non-member participation.

Special Interest Groups

BRIDGE GROUP

The LLI Bridge Group meets twice monthly to play social, i.e., not duplicate, bridge. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners, so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Please feel free to bring a brown bag lunch. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

Dates & Time: Usually the second and fourth Wednesdays of each month; 10:00 a.m.—2:00 p.m., September 4 and 24, October 8 and 23, November 13 and 20, December 10 and 17. Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.

Place: Mason District Governmental Center, Annandale

Coordinators: Bob and Merry Huley, (703) 534-4819 or roberthuley@cox.net.

CURRENT EVENTS GROUP

Given the excitement and fluidity of changes in current political and worldly events, the Current Events Group will meet the first Friday of each month for continued interesting and educational discussions. Topics reflect the current events surrounding the time of the meeting. We welcome all to share your ideas and/or learn more about current events—whatever is your pleasure.

Dates & Time: First Friday of each month; 10:00 a.m.—11:30 a.m., September 5, October 3, November 7 and December 5.

Place: Mason District Governmental Center (Small Conference Room), Annandale

Contact Information: LLI members can receive reminder notices by contacting Peter Schwarzkopf at (703) 998-0769 or pschwarzkopf@verizon.net.

FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly LLI Newsletter prior to discussion.

Dates & Time: Third Thursday of each month; 11:30 a.m.—1:00 p.m., September 18, October 16 and November 20. **No meeting in December.**

Place: Braddock District Government Center (King's Park Library, Braddock Hall), Burke

Coordinator: Lynne Smaldone, (703) 525-9623 or smaldonega@hotmail.com.

FINANCIAL DISCUSSION GROUP

Would you like to join a lively group of LLI members who talk about the fascinating and frustrating world of finance and investments? Whether you are a neophyte looking for some answers or Warren Buffet's "secret advisor," we think you will find us enjoyable and informative.

Dates & Time: Second Friday of each month; 1:30 p.m.—3:00 p.m., September 12, October 10, November 14 and December 12.

Place: Braddock District Government Center (King's Park Library), Burke

Coordinator: Doug Johnson, (703) 628-3115 or LLINOVADOUG@gmail.com.

FRENCH CONVERSATIONALISTS

Under the expert guidance of Al Brothers, we will continue to strive to improve our French language skills. We are currently working our way through the well-known language series, *French in Action*.

Dates & Time: First & third Tuesdays of each month; 10:00 a.m.—12:00 p.m., September 2 and 16, October 7 and 21, November 4 and 18, December 2 and 16.

Place: Goodwin House (Media Room), Falls Church

Coordinator: Lois Czapiewski (703) 578-7562 or loisczap@gmail.com.

GOURMAND GROUP

The Gourmand Group meets monthly. If you have ever been curious about what our group does, please join us at one of our monthly outings which can run the gamut from a wine pairing lunch, a weekend brunch, ethnic cuisine explorations, an afternoon tea or just good food. We encourage members to think outside the box since none of us has the corner on food opportunities in the Washington area. Each month a member volunteers to plan and manage the event. The Gourmand Group has been very active through the years and we think you'll find it a lot of fun. Contact Patti Volz at (703) 892-6124 or pattivolz@verizon.net or Lynda Cyr at (703) 750-1257 or linda.cyr@verizon.net for further information.

PHOTOGRAPHY GROUP

LLI members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings of this SIG will focus on a specific topic or area of interest decided by the group. Topics to date have included "Sorting and Filing Your Digital Pictures" and "Understanding Exposure." New members are always welcome.

Dates & Time: Third Friday of each month; 10:00 a.m.—12:00 p.m.,
September 19, October 17, November 21 and December 19.

Place: Braddock District Government Center (King's Park Library),
Small Conference Room, Burke

Coordinator: Buck Myers (703) 532-3726 or hbm@hbmphoto.com.

listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not included in the published schedule are coordinated through Merry Macke. She can be reached at (703) 451-3248 or by e-mail at merry.macke@verizon.net. Members may sign up to receive notifications by contacting the coordinator.

WALKABOUTS

Weather permitting, the Walkabouts Group meets twice each month for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are

Please register as soon as possible, but not later than Friday, August 22, 2014.

Directions to Class Locations — Fall 2014

Annandale United Methodist Church, 6935 Columbia Pike, Annandale.

Directions from the Beltway

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and get into the left lane. At the next traffic light (Backlick Road), take a left onto Backlick Road and bear right immediately. You will go only a short block and after passing a Jiffy Lube, turn right onto Columbia Pike. Drive to the second traffic light which is at Gallows Road where you will see a small old white church on the right. Proceed just beyond the traffic light and turn right into the parking lot. Go to entrance 2 located to the left of the main entrance. Follow instructions at entrance 2 to gain access to the church and follow signs to the classroom after entering. Please do not attempt to enter the church through the main entrance.

Braddock District Government Center, 9002 Burke Lake Road, Burke.

Directions from the Beltway

Go west on Braddock Road. Turn left onto Burke Lake Road at King's Park Shopping Center. Go across Rolling Road and go past the bank. Turn right into the parking lot.

Directions from NOVA

Take Wakefield Chapel Road to Braddock Road. Turn right on Braddock Road. Go approximately 1 mile and turn left onto Burke Lake Road. Pass the King's Park Shopping Center on your right and go through the light at Rolling Road. The Government Center is on your right past the bank. Turn right into the parking lot.

Goodwin House, 3440 South Jefferson Street, Falls Church.

Directions from Bailey's Crossroads (intersection of Columbia Pike and Leesburg Pike/Route 7)

Go east on Leesburg Pike/Route 7. Turn left at the traffic light at South Jefferson Street. South Jefferson is located between two shopping centers, "Crossroads Place" and "Leesburg Pike Plaza." As a landmark, look for the Olive Garden restaurant on your left as you turn onto South Jefferson. Follow South Jefferson Street. Go through one traffic light, and go to the Goodwin House entry driveway. Go to the right and follow the circular drive back toward the left. A number of visitors' and handicapped parking spots are available there; a larger number are available along the side of the building.

Greenspring Village, 7440 Spring Village Drive, Springfield.

Directions from NOVA

Go east on Little River Turnpike. Turn right onto Backlick Road/VA-617. Go 4.3 miles to the Franconia/Springfield Parkway/Rt. 289 (old Rt. 7900). Merge onto Parkway and take the first right onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Fairfax and West of the Beltway

Drive south on Rolling Road. Exit from Rolling Road east onto the Franconia-Springfield Parkway/Rt. 289 (old Rt. 7900). Drive 1 mile and turn left onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Annandale, Falls Church and locations inside the Beltway

Drive south on Backlick Road, passing under the Beltway. Exit from Backlick Road, heading west onto the Franconia-Springfield Parkway/Rt. 289 (old Rt. 7900). Drive 1 mile and turn right onto Spring Village Drive. Proceed to the Greenspring entrance. See * below.

Directions from Alexandria and Arlington

Take I-395 south and exit at Duke Street East. Stay in right-hand lane and go through one light. Then move immediately to far right lane and take Van Dorn Street exit. Bear right at light. Drive south on Van Dorn Street, which becomes South Van Dorn as you pass over the Beltway. Turn right on Kingstowne Boulevard, which becomes the Franconia-Springfield Parkway. Drive 2 miles and turn right on Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Centerville, Chantilly and Western Fairfax County

Drive south on the Fairfax County Parkway/Rt. 286 (old Rt. 7100), which becomes Rt. 289 (old Rt. 7900) at Rolling Road. Turn left at Spring Village Drive. Proceed to the Greenspring entrance. See * below.

*Advise the guard station attendant that you are going to be attending a "Lifetime Learning Institute" class. Follow signs to either Village Square, Town Center, or Hunters Crossing. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.

Little River United Church of Christ, 8410 Little River Turnpike, Annandale.

Directions from the Beltway

Go west on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

Directions from Wakefield Chapel Road

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

Mason District Governmental Center, 6507 Columbia Pike, Annandale.

Directions from the Beltway

Go east on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna.

Directions from the Beltway

Proceeding on the Beltway toward Baltimore (and the American Legion Bridge), exit onto Route 123 South (Dolley Madison Boulevard) and proceed through two traffic signals (past Tysons Corner Center on your left and Tysons II Galleria on your right) to the intersection with Gallows Road (the third traffic signal). Turn right onto Gallows Road, moving immediately into the left turn lane. The next intersection is with Old Courthouse Road (and another traffic signal). Turn left onto Old Courthouse Road and proceed until it intersects with Beulah Road on your left. Proceed straight through this intersection (you may notice that the road's name changed from Old Courthouse to Beulah even though you kept straight . . . only in Virginia!). Proceed on Beulah Road until you reach Meadowlark Gardens (and Meadowlark Gardens Court) on your left. Turn into the Court and you will find parking on your left.

NOVA Campus Buildings

(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities. **PLEASE PARK IN THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$2.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

Ernst Community Cultural Center (CE), also called the NOVA Cultural Center, Annandale Campus, building marked "A" on the map. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

Spring Hill Club House, 8946 Yellow Daisy, Lorton, VA.

Directions from I-395 South (I-395 becomes I-95 south of the Beltway)

Take I-395 South to I-95 South and then take Exit 163 for Lorton. Turn right onto Lorton Road. At the very next traffic light (just a few feet ahead) turn right onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn left onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet).

** At this point, there is a gate. The gate does not open until 10:00 a.m. Enter through the gate. Go to the second street. Turn right. Go one block to the club*

house, just past the stop sign. (In case you are late you might have to knock on the door or go around the back to knock on a door.)

Directions from the Fairfax County Parkway (old Route 7100 — new Route 286)

Take the Hooes Road south exit. After approximately 1.3 miles, turn left at the second traffic light onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn right onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet). Continue at * above.

Directions from Route 123

From Route 123 heading south, go to Silverbrook Road and turn left onto Silverbrook. Continue on Silverbrook to the second light. Turn right onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet). Continue at * above.

St. Matthew's United Methodist Church, 8617 Little River Turnpike, Annandale.

Directions from the Beltway

Drive west on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot.

Directions from Braddock Road going East

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

Classroom: Enter the classroom on the far left-hand side of the building through a basement door. However, if this side basement door is not yet open, enter the church through the main doors in the center. Follow the signs to the main church office. Right before the office is a stairwell on your left. You need to open the door to see the stairwell. Walk down one level and the classroom is a few feet from the foot of the stairs.

LLI Course Registration Form – Fall 2014

*****Please use one form per person*****

Name: _____ **Telephone:** _____

Email: _____

Return Form to:

LLI/NOVA

Date: _____

Godwin Building (CG), Room 202

8333 Little River Turnpike

Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	14F01A	Understanding Opera, Part I			
	14F02A	Cortez's Conquest of the Aztecs			
	14F03A	Science in Your Life			
	14F04A	Geology, Paleontology, and the History of the Earth			
	14F05A	The Mystery of the Mayan Civilization			
	14F06A	Virginia is for Lovers...Bird Lovers			
	14F07A	Civil War Ladies			
	14F08A	Watching the Supreme Court In Person			
	14F09P	Throwing Fire: The History of Black Powder in Warfare			
	14F10P	Planning for Health Care in Retirement			
	14F11A	An Ordinary Hero			
	14F12A	Re-Electing Lincoln in 1864			
	14F13A	American Colonial History			
	14F14A	Fall at Meadowlark Botanical Gardens			
	14F15A	Paint Along with Davi and Take Home Your Own Original I			
	14F16P	One Week in Oaxaca			
	14F17P	Philosophy Presentations by NOVA Faculty			
	14F18P	Intermediate iPads!			

Continued on next page

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	14F19P	Intermediate iPhones			
	14F20P	Five of the Greatest Risks to Your Retirement “Nest Egg”			
	14F21P	The Birth and Death of the Universe and Black Holes			
	14F22A	From God to the Afterlife			
	14F23A	Gluten-Free: Will You Benefit?			
	14F24A	Cooking with Chef Cal			
	14F25A	A History of Fort Belvoir			
	14F26A	Paint Along with Davi and Take Home Your Own Original II			
	14F27P	Mr. Madison and His Political Genius			
	14F28P	Poetry Writing — Let’s Make it Happen			
	14F29P	Papal Names			
	14F30A	Whose Land is This? Population Movement and Ethnic Strife			
	14F31A	Tea Tasting and Presentation: Rare and Unusual Teas	\$25.00		
	14F32P	Shopping Online — Everything You Need to Know			
	14F33P	Great American Bestsellers: The Books That Shaped America			
	14F34P	Arlington National Cemetery in the 20th Century			
	14F35A	History of Modern Syria			
	14F36A	A Gem off the Beaten Path: The Smithsonian American Art Museum			
	14F37A	Poli. Sci. Present. by NOVA Faculty: The 2014 Mid-Term Election Results			
	14F38P	Economics Presentation by NOVA Faculty: Income Inequality in America			
	14F39P	Poetry and You			
	14F40A	Presentations on Aging by Fairfax County			
	14F41A/P	Psychology Presentations by NOVA Faculty			
	14F42P	History Presentations by NOVA Faculty			
	14F43P	The Great War: The Crises of 1914			

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue’s class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

LLI Course Registration Form – Fall 2014

*****Please use one form per person*****

Name: _____ Telephone: _____

Email: _____

Return Form to:

LLI/NOVA
 Godwin Building (CG), Room 202
 8333 Little River Turnpike
 Annandale, VA 22003-3743

Date: _____

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	14F01A	Understanding Opera, Part I			
	14F02A	Cortez's Conquest of the Aztecs			
	14F03A	Science in Your Life			
	14F04A	Geology, Paleontology, and the History of the Earth			
	14F05A	The Mystery of the Mayan Civilization			
	14F06A	Virginia is for Lovers...Bird Lovers			
	14F07A	Civil War Ladies			
	14F08A	Watching the Supreme Court In Person			
	14F09P	Throwing Fire: The History of Black Powder in Warfare			
	14F10P	Planning for Health Care in Retirement			
	14F11A	An Ordinary Hero			
	14F12A	Re-Electing Lincoln in 1864			
	14F13A	American Colonial History			
	14F14A	Fall at Meadowlark Botanical Gardens			
	14F15A	Paint Along with Davi and Take Home Your Own Original I			
	14F16P	One Week in Oaxaca			
	14F17P	Philosophy Presentations by NOVA Faculty			
	14F18P	Intermediate iPads!			

Continued on next page

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	14F19P	Intermediate iPhones			
	14F20P	Five of the Greatest Risks to Your Retirement “Nest Egg”			
	14F21P	The Birth and Death of the Universe and Black Holes			
	14F22A	From God to the Afterlife			
	14F23A	Gluten-Free: Will You Benefit?			
	14F24A	Cooking with Chef Cal			
	14F25A	A History of Fort Belvoir			
	14F26A	Paint Along with Davi and Take Home Your Own Original II			
	14F27P	Mr. Madison and His Political Genius			
	14F28P	Poetry Writing — Let’s Make it Happen			
	14F29P	Papal Names			
	14F30A	Whose Land is This? Population Movement and Ethnic Strife			
	14F31A	Tea Tasting and Presentation: Rare and Unusual Teas	\$25.00		
	14F32P	Shopping Online — Everything You Need to Know			
	14F33P	Great American Bestsellers: The Books That Shaped America			
	14F34P	Arlington National Cemetery in the 20th Century			
	14F35A	History of Modern Syria			
	14F36A	A Gem off the Beaten Path: The Smithsonian American Art Museum			
	14F37A	Poli. Sci. Present. by NOVA Faculty: The 2014 Mid-Term Election Results			
	14F38P	Economics Presentation by NOVA Faculty: Income Inequality in America			
	14F39P	Poetry and You			
	14F40A	Presentations on Aging by Fairfax County			
	14F41A/P	Psychology Presentations by NOVA Faculty			
	14F42P	History Presentations by NOVA Faculty			
	14F43P	The Great War: The Crises of 1914			

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LLI / NOVA Membership Form

Phone: (703) 503-0600 E-Mail: llinova@juno.com

Title: Mr., Mrs., Ms., Dr., Other _____ (circle one)

Name _____

Address _____

City _____ State _____ ZIP _____ - _____

Phone Number(s): Home () _____ Other () _____

E-Mail Address _____

Please indicate if any information above differs from latest LLI Directory.

Where did you hear about LLI? _____

Briefly tell us about your career, expertise, or skills _____

Fee: \$110 per year for individual membership. Checks should be made payable to **LLI/NOVA**.

Send to: LLI / NOVA
Building CG, Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743

As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.

Please also complete the following:

Date _____

Amount Paid _____

Check # _____

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

Present a Course Plan a Course Coordinate a Course Serve on the Board

Serve on a Committee Help in the Office Assist with A/V equipment

Assist with Travel Planning Other _____

Would you like for someone to contact you to answer any questions or provide additional information? _____

If you have any questions about volunteer opportunities, contact the LLI Volunteer Coordinator, Philippa Centini, at phil.centini@verizon.net or (703) 658-1545.

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Program Compiled by the Curriculum Committee

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Judy Robison

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LLI President — George Chalou

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The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations and publishing the Program Catalogue with the required information.

If you would like to participate on the Committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above members.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.

LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin. It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.



Lifetime Learning Institute
NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
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A starburst-shaped graphic with a jagged, multi-pointed border, containing the following text:

**Reminder:
Registration closes
August 22, 2014**