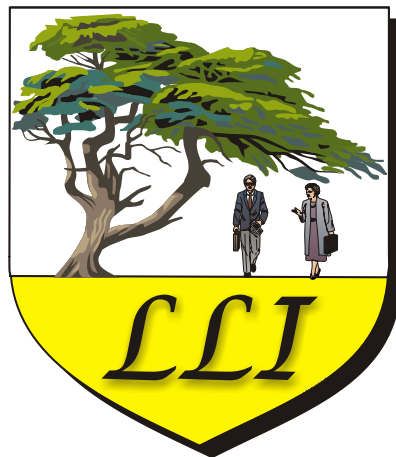




Fall 2015 Program



Lifetime Learning Institute

NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600
Website: <http://lli.nova.org>
E-Mail: llinova@juno.com

Member of
**Road Scholar
Institute Network**

Baseball Game



*Thursday, September 3
7:05 p.m.*



General Information

What Is LLI?

Sponsored by Northern Virginia Community College (NOVA), the Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Road Scholar Institute Network (RSIN) and benefits from the services RSIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired) who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

LLI:

- is governed and financed by members.
- is supported by member-led planning, administration, and instruction.
- provides non-credit, non-degree courses.
- offers educational, cultural, and social events.
- recognizes that physical and mental health are major elements of vital aging.

What Do We Have to Offer?

- Participation in courses and special interest groups throughout the year, usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic and winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

In addition, affiliation with both NOVA and RSIN means that, as a member of LLI/NOVA, you are entitled to a Community Patron card, obtained from the NOVA library by showing a picture ID. This entitles members to use the NOVA library, located on the third floor of the Godwin Building. Up to three books can be charged out for three weeks; they can be renewed online for an additional period. Go to <http://www.nvcc.edu/library> for more information. There is no cost for the card.

How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10:00 a.m. and 3:00 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers, and other suitable locations. See full addresses of class locations starting on page 19.

How Do I Become a Member and What Is the Cost?

Complete the membership application form found on page 27, and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

How Do I Register for Classes and Tours?

Complete the class registration form found on pages 23 and 25, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed, stamped envelope and any applicable fees as soon as possible; *registration for classes closes Friday, August 14, 2015*. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been cancelled. **As a courtesy to other LLI members, please call the Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.**

As a general rule, LLI courses are open to LLI members only. However, there may be occasions when non-members may attend (or may be invited to attend). Course Coordinators are authorized to admit non-members when appropriate, and

when space is available. Please note that if you are wait-listed for a course, you are not “accepted” unless notified. The next time the course is offered, you must re-register but will be given priority acceptance.

What Is the Monthly Forum?

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 4) on the NOVA Annandale Campus (see page 5 for schedule). For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on Center Drive next to the Ernst Center. There is a \$2.00 per hour charge to park in the garage.

What Are the Cancellation Policies?

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather, all LLI classes, special interest groups (SIGs), and Forums are cancelled regardless of location. LLI morning activities are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon activities are cancelled if the FCPS announces early dismissal. Trips and social events will take place unless cancelled at the leaders’ directions.

When Is the Registration Deadline?

The registration deadline for the courses in this catalog is *Friday, August 14, 2015*.

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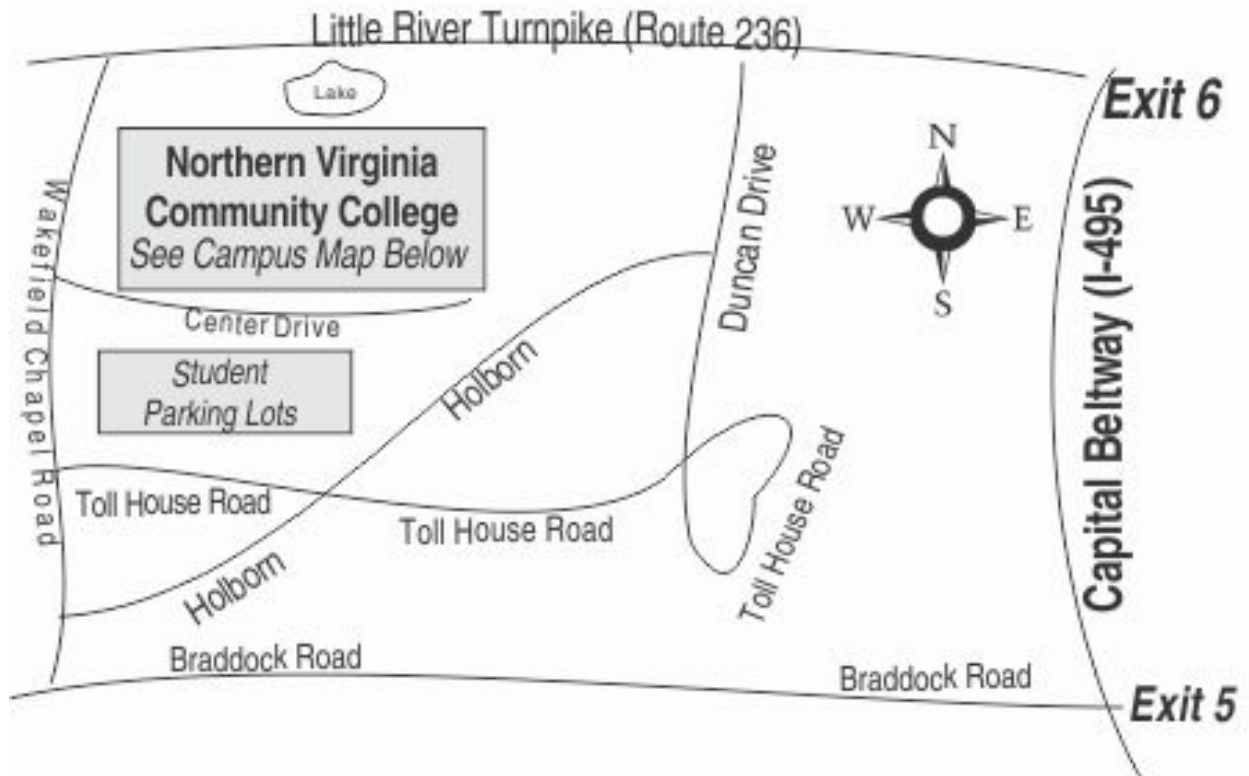
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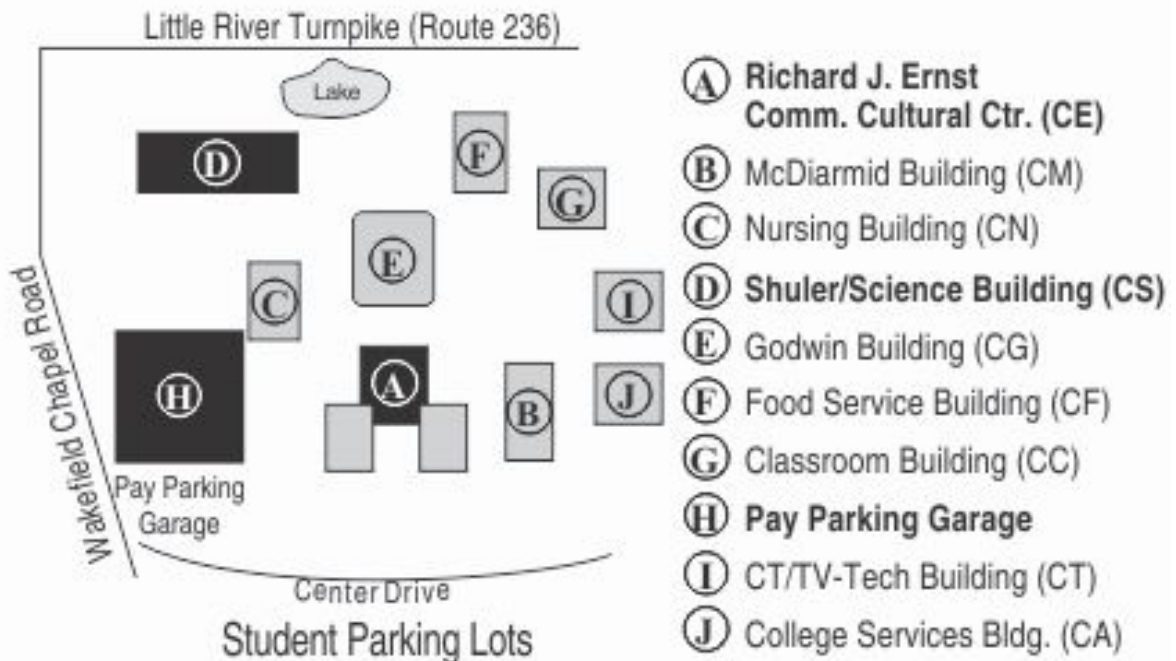
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NOVA Campus Maps



Annandale Campus Map



LLI Fall Program 2015

Note: All programs are free to members unless otherwise specified. See full addresses of course locations starting on page 19.

Members must register for the courses prior to attending because of space constraints. If you are unable to attend after registering, please contact the Course Coordinator so that anyone on the waiting list can be given the opportunity to attend the course.

Remember that we are guests in the buildings where we attend courses; in some cases, these buildings are residents' homes. We need to be courteous to both the staff who work in these buildings as well as the residents. If we don't extend such courtesy, we run the risk of not being invited back.

LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations, brief announcements are made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

Upcoming Forum dates are: Wednesdays, September 2, October 7, November 4, 2015; Tuesday, January 5, 2016. Ernst Cultural Center (CE), NOVA Annandale Campus

ATTENTION! PLEASE WEAR YOUR LLI BADGE/LANYARD TO ALL LLI ACTIVITIES.

This is imperative. If you have lost your badge/lanyard, just contact Laura Charron in the LLI office and she will send you a new one (replacement cost is \$1.00).

Monday Mornings

Course 15F01A How You Breathe (NOVA Faculty) (3 Sessions)

From your first breath at birth, your lungs have been quietly inhaling and exhaling, providing your body with life-giving oxygen and preventing a toxic build-up of carbon dioxide. Each day you breathe 23,040 times. Over your lifetime, you will breathe over 672,768,000 times! Join us for a three-part series to learn about the wonders of your respiratory system. Part 1 will emphasize normal physiology, and special adaptations at altitude and underwater. Part 2 will center on the pathophysiology of common lung ailments like emphysema, asthma, cystic fibrosis, pneumonia, and COPD. Part 3 will focus on the environmental toll placed on our lungs from particulates and inhaled toxins, and how our respiratory system deals with, and even adapts, to environmental injuries.

Dates & Time: Mondays, September 21, October 26, November 16; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leader:

GILLIAN BACKUS, B.A., Mount Holyoke College; Ph.D. in toxicology, University of North Carolina at Chapel Hill. Dr. Backus

is a professor of biology at NOVA-Loudoun. She spent her graduate schooling trying to unravel the mystery of genetic susceptibility to environmental exposure to ozone in the lungs.

Course 15F02A Understanding Opera, Part 1 (3 Sessions)

Discover the world's greatest art form or simply deepen your appreciation of it, guided by an operatic composer, singer and author. Students will gain appreciation and insight into operatic masterpieces. This class is designed to acquaint students with the first two productions of Virginia Opera's 2015-2016 Season: Offenbach's zany comedy *Orpheus in the Underworld* and Puccini's beloved classic *La Bohème*. Students will receive complete musical/dramatic analysis, illustrated with audio and video excerpts. Recommended for beginners and aficionados alike.

Dates & Time: Mondays, September 21, 28; October 5; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Little River United Church of Christ (Choir Room), Annandale

Class Size: Min. 20, Max. 50

LLI Coordinator: Anna Dixon (703) 503-5463 (H), (703) 517-3556 (B); njoi2day@aol.com

Leader:

GLENN WINTERS, Ph.D. in music, Northwestern University; M.A. and B.A. in piano performance, Indiana University. Dr. Winters' background includes teaching at two universities, performing as a solo pianist and accompanist, and performing as an operatic baritone. He has sung principal roles with Virginia Opera, Opera Festival di Roma, and others. His compositions include eight children's operas commissioned by the Virginia Opera's Education Department. He authored the book, *The Opera Zoo: Singers, Composers, and Other Primates*. Dr. Winters joined the Virginia Opera's Education and Audience Development Department in 2004 as Community Outreach Musical Director.

Course 15F03A Savvy IRA Planning: Tax Saving Strategies to Help You Get More Out of Your IRA (1 Session)

Do you want to know what IRA questions seniors are asking? Do you want to know what the IRA rules are? In this class we will discuss:

- seven strategies for savvy IRA planning;
- six roll-over options;
- three common required minimum distribution mistakes;
- the difference between indirect and direct rollovers; and

- three different options for spousal IRA beneficiaries.

You will also learn how to coordinate your IRA planning with your overall retirement, estate, tax, education, Social Security, and financial plans.

Date & Time: Monday, September 28; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 70
LLI Coordinator: Scott Pinckney (703) 323-9361; *Spinck3@aol.com*
Leader:

J. MICHAEL MAY, chartered financial consultant (ChFC) and chartered life underwriter (CLU), is a financial planner and frequent presenter at LLI and OLLI. He is a registered representative of Lincoln Financial Advisors Corporation. Mike has been assisting seniors for over 30 years.

Course 15F04A Wills and Trusts: What's the Difference and What Can They Do for Me?
(1 Session)

In this class you will learn how to consider the uses of wills and trusts as part of their estate planning. Topics will include how wills and trusts work, and how to determine which vehicle is best suited to accomplish your estate planning goals.

Date & Time: Monday, October 5; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 15, Max. 70
LLI Coordinator: Scott Pinckney (703) 323-9361; *spinck3@aol.com*
Leader:

MARGARET A. (PEGGY) O'REILLY is a certified elder law attorney and serves on the board of directors of the Virginia Chapter of the National Academy of Elder Law Attorneys. She holds a degree in psychology from Duke University and a law degree from Northeastern University. Peggy focuses her practice in the fields of elder law, estate planning, guardianship, and probate. She was a presenter in LLI NOVA's Winter/Spring class on Navigating Lifestyle Changes Facing Seniors conducted by J. Michael May.

Course 15F05A Paint Along with Davi and Take Home Your Own Original II (1 Session)

Class participants need no prior painting experience, as Davi D'Agostino will walk them through the process, step-by-step, to create their very own small masterpiece! Participants will learn how to use acrylic paints, deal with composition, understand perspective, and shade and highlight using paint. They will go home with their own signed original—surprised at how well they can paint! (**This class is offered twice. Please sign up for I or II, not both. See Course 15F09A on September 15 for I.**) Participants should bring an apron or old shirt to paint in. An \$8.00 materials fee (exact change please) will be collected at the beginning of class.

Note: Walk-ins are not permitted for this class. To attend, you must have a confirmed registration.

Date & Time: Monday, October 19; 10:00 a.m. — 12:00 p.m. (**Note class time.**)
Place: Spring Hill Club House, Lorton

Class Size: Min. 7, Max. 12

LLI Coordinator: Anna Dixon (703) 503-5463 (H), (703) 517-3556 (C); *njoi2day@aol.com*

Leader:

DAVI M. D'AGOSTINO began drawing and painting as a child and returned to painting in her retirement years. She has sold several of her works and won several awards, showing her oil and acrylics paintings throughout Northern Virginia. She is a member of the Springfield Art Guild and the Vienna Arts Society. Her paintings have been exhibited at the Lorton Arts Center, Vienna Arts Center, the Alexandria Goodwin House, the Fairfax Old Town Hall Gallery, and the Fairfax Village Gallery. She also has exhibited her works for sale at the Bistro L'Hermitage restaurant in Woodbridge, VA. Visit her website at www.davifineartsgallery.com.

Course 15F06A The New Deal: America's Recovery from the Great Depression (NOVA Faculty)
(1 Session)

Historian and NOVA professor Peter Beeman will explore with us the dramatic "Stock Market Crash of 1929" and evaluate the various causes of the Great Depression that ensued. He will then review the campaign and policies of President Franklin Roosevelt that attempted to manage the economic crisis focusing on the "3Rs": Relief, Recovery and Reform (i.e., relief for the unemployed and poor, recovery of the economy, and reform of the financial system).

Date & Time: Monday, November 2; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 70
LLI Coordinator: Lorin Goodrich (703) 425-9574; *lorin.goodrich@verizon.net*
Leader:

PETER D. BEEMAN, B.A., Notre Dame University; M.A., George Mason University. Professor Beeman teaches various courses in the history branch at NOVA-Annandale.

Monday Afternoons

Course 15F07P Philosophy Presentations (NOVA Faculty) (2 Sessions)

Session 1

Descartes, as the "Father of Modern Philosophy," espoused a perspective of radical doubt that set the course for much of subsequent philosophical speculation up to the twentieth century. We will briefly summarize and discuss *Meditations 1 and 2* from *Meditations on First Philosophy* to get a sense of Descartes' view of certainty in knowledge and how to attain it, and the significance of his claim, "Cogito, ergo sum." Then we will turn to the end of *Meditation 2* and the first part of *Meditation 3* to get some insight into Descartes' conception of the dualistic relationship between the mind and the body, what some have called "the ghost in the machine."

Session 2

Nietzsche was the self-proclaimed champion of the emotive over the introspective approach to life. He

announced the “death of God” (or at least the prevailing concepts of Supreme Being) and called for the transformation of values in order to get beyond good and evil. We will review and discuss brief selections from some of his better-known works (*Beyond Good and Evil*, *Thus Spake Zarathustra*, *The Twilight of the Idols*) in order to get a sense of Nietzsche’s place in contemporary philosophical efforts, especially in regard to the existentialist tradition in continental (European) philosophy.

Dates & Time: Mondays, October 19, 26; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 70
LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net
Leader:

JOHN MCGUINNESS earned his M.A. in philosophy at the University of Chicago and worked for the federal government for 40 years as a Marine Corps officer, foreign service officer, intelligence officer, and finally (for 20 years) as a foreign affairs officer at the State Department. He is currently an adjunct professor at NOVA-Annandale.

Course 15F08P You Can Be An iPhone Guru (1 Session)

Are you ready for even more exciting iPhone adventures? You’ve mastered the basics of your iPhone and you’re ready to learn even more. In this class we’ll cover the camera and photos; FaceTime; making conference calls; taking advantage of iCloud, iTunes and iTunes radio; creating a Wi-Fi hotspot; and some really cool apps. Join Kyla Lupo for this fun and interactive class where we will take the next steps towards becoming iPhone gurus! Bring your questions and your charger. **It is expected that if you come to this class you’ve already taken iPhones and iYou, or iPhones for Beginners, or have equivalent knowledge.** *NOTE: This class will focus exclusively on iOS 8 and iPhones. This is not a class on Android Phones (like the Samsung Galaxy, Google Nexus 4 or Motorolas).* If you have not updated your iPhone to iOS 8, please contact Kyla Lupo prior to class so she can guide you through the steps. If all you’re looking for is some great apps, consider coming to the More Apple Apps class (Course 15F14P).

Date & Time: Monday, November 9; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Class Size: Min. 5, Max. 25
LLI Coordinator: Pat Daniels (703) 354-3792; rwdaniels63@gmail.com
Leader:

KYLA LUPO has been teaching adults about the wonders of technology since 2006. As the CEE (Chief Executive of Everything) at Smart Again!, she has been specially crafting classes and workshops for the technophobic, the impatient, and those who consider themselves lost causes. After spending four years teaching high school photography, Kyla set out on a new journey: empowering adults to conquer technology! She also consults with small businesses to help them maximize technology to increase profits, and works with individual students or small groups in their homes, on independent projects.

Tuesday Mornings

Course 15F09A Paint Along with Davi and Take Home Your Own Original I (1 Session)

Class participants need no prior painting experience, as Davi D’Agostino will walk them through the process, step-by-step, to create their very own small masterpiece! Participants will learn how to use acrylic paints, deal with composition, understand perspective, and shade and highlight using paint. They will go home with their own signed original—surprised at how well they can paint! (**This class is offered twice. Please sign up for I or II, not both. See Course 15F05A on October 19 for II.**) Participants should bring an apron or old shirt to paint in. An \$8.00 materials fee (exact change please) will be collected at the beginning of class.

Note: Walk-ins are not permitted for this class. To attend, you *must* have a confirmed registration.

Date & Time: Tuesday, September 15; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Spring Hill Club House, Lorton

Class Size: Min. 7, Max. 12

LLI Coordinator: Anna Dixon (703) 503-5463 (H), (703) 517-3556 (C); njoi2day@aol.com

Leader:

DAVI M. D’AGOSTINO began drawing and painting as a child and returned to painting in her retirement years. She has sold several of her works and won several awards, showing her oil and acrylics paintings throughout Northern Virginia. She is a member of the Springfield Art Guild and the Vienna Arts Society. Her paintings have been exhibited at the Lorton Arts Center, Vienna Arts Center, the Alexandria Goodwin House, the Fairfax Old Town Hall Gallery, and the Fairfax Village Gallery. She has also exhibited her works for sale at the Bistro L’Hermitage restaurant in Woodbridge, VA. Visit her website at www.davifineartsgallery.com.

Course 15F10A Fall Walk at Meadowlark Botanical Gardens (1 Session)

Enjoy the picturesque fall colors and discover the fascinating ways that nature prepares for the change in seasons. Please wear closed-toed shoes and be prepared to walk for most of the program time.

Date & Time: Tuesday, October 6; 10:00 a.m. — 11:30 a.m.

Place: Meadowlark Botanical Gardens, Vienna

Class Size: Min. 8, Max. 20

LLI Coordinator: Mary Lu Bednarsky (703) 455-3999; mlbednarsky@earthlink.net

Leader:

JULES MALONEY started as the Meadowlark Botanical Gardens specialist in March of 2014. From 1988-2001, Jules served as a public relations specialist for the Northern Virginia Regional Park Authority, Meadowlark’s parent organization, and promoted all regional parks and their programs and events. A former elementary school teacher, Jules provides Meadowlark’s educational programming for schools and community groups.

Course 15F11A Recognizing Women Artists

(1 Session)

This course will introduce women artists who are included in the collection of the Smithsonian American Art Museum. As we examine a large range of work, including sculpture, portraits, and contemporary art, we will learn about the lives of these talented artists and give them the attention they deserve.

Date & Time: Tuesday, October 20; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70

LLI Coordinator: Philippa Centini (703) 658-1545;
phil.centini@verizon.net

Leader:

SARA SHOOB has a background in teaching and educational administration with emphasis in history, social studies, and the arts. She is currently a docent at the Smithsonian American Art Museum. Sara has presented several art courses for LLI.

Course 15F12A Financial Well-Being for Women

(1 Session)

Learn about the growing financial power of women and the financial challenges that are unique to them. Find out if women discuss money issues often enough with their peers, colleagues and advisors. Learn how a woman's financial stability can affect her family. Discover the benefits of working with a financial advisor to achieve your goals.

Date & Time: Tuesday, October 27; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 15, Max. 40

LLI Coordinator: Scott Pinckney (703) 323-9361, *spinck3@aol.com*; Sam Eisen, the Virginia Chapter Director of the Foundation for Personal Financial Education (FPFE) will coordinate this class with the assistance of Rhoda Miller (also of FPFE), PAX World, and Scott Pinckney.

Leader:

MARY ANNE MAJERUS-LAMBERT is a graduate of Villanova University. She holds the Financial Industry National Regulatory Authority (FINRA) registrations to perform as a representative of various corporate and government securities, and is licensed to supervise and manage sales activities of investment companies. Mary Anne also holds associated state credentials, as contained in the Uniform Securities Act administered by the North American Securities Administrators Association. Mary Anne has worked in the financial services industry for the past 25 years and is responsible for developing and managing relationships with advisors in the Atlantic region. Prior to joining PAX World, Mary Anne worked for Calvert Distributors, Inc., and American Skandia. She has also been a consultant in the UK for AXA, SunLife, Royal Bank of Scotland, Allmerica Financial, GT Global, Franklin Templeton, and Wells Fargo Bank.

Tuesday Afternoons

Course 15F13P History of Central Europe

(9 Sessions)

This class will trace the development of the countries of Central Europe: Germany, Austria, Bohemia, Poland, Hungary, Lithuania, and Slovakia. We will

begin with the Barbarians and the Romans. Our major emphasis will be on the late Middle Ages (post 1400) up to modern times.

Suggested text: *Central Europe: Enemies, Neighbors and Friends*, L. R. Johnson; Oxford University Press.

Dates & Time: Tuesdays, Sept. 29, Oct. 6, 13, 20, 27, Nov. 3, 10, 17, 24; 1:30 p.m. — 3:00 p.m.

Place: Greenspring Village (Hunters Crossing Classroom), Springfield

Class Size: Min. 10, Max. 25

LLI Coordinator: Doug Johnson (703) 628-3115;
llinovadoug@gmail.com

Leader:

BERT GREENSTEIN, B.A., M.A., in history, geography, and languages, University of Buffalo. Bert taught English history and European governments and worked for the Department of the Air Force and the Defense Intelligence Agency.

Course 15F14P More Apple Apps (1 Session)

Did you know there are over a MILLION apps offered in the Apple App store? But how do you know which ones are good? If you want to edit photos, learn a new language, watch movies, or simply play a few great games, there's an app for that! And what about some apps to help your different devices work together? We'll cover that, too. Join Kyla Lupo for an interactive and informative roundup of the best apps available to Apple users.

NOTE: This class will focus exclusively on Apple products and the App Store (iPads and iPhones.) This is not a class for Android devices (like Samsungs, Motorolas, or Amazon/Google devices) or the Google Play store or Amazon Marketplace. This is a repeat of the Apple App RoundUp class that was offered during the summer session (Course 15S06P). Priority for registration will be given to those who registered for the summer course but were wait-listed.

Date & Time: Tuesday, October 27; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Large Conference Room), Annandale

Class Size: Min. 5, Max. 30

LLI Coordinator: Pat Daniels (703) 354-3792;
rwdaniels63@gmail.com

Leader:

KYLA LUPO has been teaching adults about the wonders of technology since 2006. As the CEE (Chief Executive of Everything) at Smart Again!, she has been specially crafting classes and workshops for the technophobic, the impatient, and those who consider themselves lost causes. After spending four years teaching high school photography, Kyla set out on a new journey: empowering adults to conquer technology! She also consults with small businesses to help them maximize technology to increase profits, and works with individual students or small groups in their homes, on independent projects.

Course 15F15P On the Way to Women's Suffrage

(1 Session)

Follow the trail to the 19th Amendment and walk in the footsteps of the heroes of women's suffrage in the U.S., from Abigail Adams to Susan B. Anthony. Follow Lucy Burns and Alice Paul along with the women from across the country as they picket President Wilson's White House and are arrested in an effort to gain the vote. Picture the Occoquan Women's Workhouse as the suffragists experience

unspeakable degradation and harsh treatment by the prison superintendent and his henchmen. These women risked their reputations and even their lives to gain the right to vote. Watch and listen as the story unfolds in both narrative and photos from the period, as we approach the 100th anniversary of the passage of the 19th Amendment in 2020.

Date & Time: Tuesday, November 10; 1:30 p.m. — 3:00 p.m.

Place: Spring Hill Club House, Lorton

Class Size: Min. 10, Max. 40

LLI Coordinator: Judy Robison (703) 850-5795;
robisonja23@gmail.com

Leader:

IRMA CLIFTON formerly worked for the DC Department of Corrections in Lorton, where she held a variety of positions related to management and security. While working there she developed her interest in corrections history. She assembled and maintained a museum associated with the Department of Corrections and acted as a corrections historian. She is president of the Lorton Heritage Society, a volunteer historian and museum collections manager at the Workhouse Prison Museum, and has been involved with the development of the Lorton Arts Foundations and Workhouse Arts Center from its beginning.

Course 15F16P Downsizing Your Home (1 Session)

This class provides techniques for organizing, sorting, and disposing of the accumulated furnishings we all have. A list of various ways to sell or donate items will be provided, in addition to a list of professional services, ranging from estate appraisers, to movers, to services that help you dispose of your valuables and household furnishings.

Date & Time: Tuesday, November 17; 1:30 p.m. — 3:00 p.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Bonnie Hopley (703) 978-9381; *pbhopley@cox.net*

Leader:

NICKIE MYERS retired from teaching and opened her own interior design business. She specializes in working with the homeowner's furnishings. Over the last 16 years, Nickie has helped many clients downsize their homes.

Wednesday Mornings

Course 15F17A The Book of Genesis and Human Relations (NOVA Faculty) (3 Sessions)

We will carefully read sections of the Book of Genesis, focusing on particular stories: the Binding/Sacrifice of Isaac; the Esau/Jacob Story and the Role of Rebekah; the Rape of Dinah; Tamar and her Quest; and Joseph the Dreamer. As always, we will ask the central question: What does this mean for us?

Note: Course 15W19A, *The Book of Genesis and Human Relations*, is not a prerequisite to register for this course. It is recommended that you bring the text of the Book of Genesis to the sessions (e.g., a Bible). You may want to read Genesis prior to the course as a refresher.

Dates & Time: Wednesdays, September 16, 23, 30; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note:** Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net

Leader:

HEMCHAND GOSSAI is Associate Dean of Liberal Arts at NOVA-Annandale. He has a B.A. from Concordia College, Moorhead, MN, graduating summa cum laude with a triple major in English, religion and Spanish. He earned his M.Div. from Luther Seminary, St. Paul, MN, and his Ph.D. in biblical criticism and Hebrew from the University of St. Andrews, Scotland.

Course 15F18A Art Talk: An Historic Look at the Greatest Works of Portraiture Art (1 Session)

This course will cover the great age of European fine art portraiture from the late Renaissance to the genre's great achievements of the 19th century. The talk will present and discuss examples of paintings that are both exhilarating and brilliant, from Leonardo da Vinci, to Vermeer, to John Singer Sargent. Iconic paintings will be shown. Their little-known cultural and psychological backgrounds will be discussed and their meanings explained. Featured works include Vermeer's *The Girl With the Red Hat* (held by the National Gallery of Art), da Vinci's *Lady With an Ermine*, Hans Holbein's *Portrait of Sir Thomas More*, John Singer Sargent's *Portrait of Madame X*, as well as works by Caravaggio, Velazquez, and a number of other masterpieces of portraiture.

Date & Time: Wednesday, October 14; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note:** Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Anna Dixon (703) 517-3556; *njoi2day@aol.com*

Leader:

JOHN FRANCIS McCABE has been painting in oil and watercolor, and drawing in charcoal and pencil, for over 25 years. His works have been included in a number of Washington, DC area group and solo exhibitions. John has been a member of the Portrait Society of America since 1999. He attended the Washington Studio School (Washington, DC), the Art League School (Alexandria, VA) and the Grand Central Academy (New York, NY) and has also studied in workshops with a number of nationally-known portrait artists. John has studios in Great Falls, VA and Milford, CT. His website can be found at www.mccabestudio.com.

Course 15F19A Understanding and Mastering Public Speaking (1 Session)

Learn the secrets of public speaking and tips that contribute to an effective oral presentation from an award-winning Toastmaster. After this presentation, you should be able to speak in front of groups and feel comfortable while doing so.

Date & Time: Wednesday, October 21; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Bonnie Hopley (703) 978-9381; *pbhopley@cox.net*

Leader:

CALVIN T. KRAFT is a graduate of Middle Tennessee State University and has taken classes at the Colgate Darden Graduate School of Business Administration at the University of Virginia. He worked in the travel and hospitality industry for 30 years. After retirement in 1995, he pursued interests in cooking and running a country inn. Calvin was a member of Toastmasters for five years. During that period, he entered several local and regional speech contests and won several awards for humorous speeches. Calvin has recently presented other classes for LLI members.

Course 15F20A Sharpen Your Knife Skills (1 Session)

Join us for a short course on knife skills. Know and understand:

- the best knives to have in your kitchen;
 - why certain knives are best for particular culinary tasks;
 - how to use and safely handle kitchen knives; and
 - how to sharpen, clean and store kitchen knives.
- Slicing and dicing everyday food items will also be discussed.

Date & Time: Wednesday, October 28; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 30

LLI Coordinator: Bonnie Hopley (703) 978-9381; pbhopley@cox.net

Leader:

CALVIN KRAFT attended *L'Academie de Cuisine* and The Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring, he was the owner and executive chef of Dinner Is Served LLC, a personal chef/catering operation.

Course 15F21A From Theropod Dinosaurs to Birds: The Evolution of Feathers, Flight and Birds (1 Session)

The course will begin with a discussion of the development of feathers in some theropods (a group of primarily carnivorous dinosaurs that walked on their hind legs) as insulation before becoming adapted to flight. We will then explore the transition from theropod dinosaurs to modern-day birds with some emphasis on the morphological changes that took place to the rise of "true" birds. We will look at the archeological evidence in the fossil record to determine the difference between a feathered dinosaur and a bird. The course will conclude with a brief overview of species development and spread of birds.

Date & Time: Wednesday, November 18; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70

LLI Coordinator: Barry Centini (703) 658-1545;

barry.centini@verizon.net

Leader:

LARRY CARTWRIGHT has been a nature lover for most of his life. Although he is enamored with all aspects of the natural world, he has a special fondness for birds and bats. He is an avid recreational birder, but also leads several avian-related surveys, including the Dyke Marsh Breeding Bird Survey for the National Park Service, a winter waterfowl survey for the Audubon Society

of Northern Virginia, and is the compiler of the Washington, DC Christmas Bird Count sponsored by the National Audubon Society. Larry has received several awards from scientific and conservation-based organizations, including the Virginia Society of Ornithology's Jackson M. Abbott Conservation Award for 2013.

Course 15F22A Geology, Anthropology, and the History of Man (1 Session)

This course will cover the interaction of geology with physical anthropology. Emphasis will focus on the important role that geologists play in helping physical anthropologists establish timelines and environmental conditions for early man. We will discuss the evolution of man and look at numerous controversies it created that continue to the present day.

Date & Time: Wednesday, January 13, 2016; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70

LLI Coordinator: Philippa Centini (703) 658-1545;

phil.centini@verizon.net

Leader:

BARRY CENTINI, Ph.D. in geology, University of North Carolina at Chapel Hill. Barry has been offering geology and science classes to LLI members for several years.

Wednesday Afternoons

Course 15F23P Fiji and Northern Norway — a Contrast of Countries and Cultures (1 Session)

Join Sandy and Gail Cohen in this one-session class where they will present travelogues on Fiji and Norway, a contrast of two countries and cultures. The first presentation features a diving adventure in Fiji, in the far Pacific, a place where some of the friendliest people on the planet can be found. Sandy and Gail visit the two largest islands, Viti Levu and Vanua Levu. As a result of their British occupation, both have substantial Indian populations. The Cohens visit a Hindu temple, are invited to dinner by their Indian cabdriver, and tour a well-preserved Fijian village. In the second half of this session, Sandy and Gail visit North Norway, one of the northern-most reaches of Europe. After relaxing for a few days in Oslo, they bask in the midnight sun and visit the Laplanders and their reindeer. Join them in their travel from the incomparably beautiful Lofoten Islands to Kirkenes, on the Russian border.

Date & Time: Wednesday, September 30; 1:30 p.m. — 3:00 p.m.

Place: The Virginian (Assembly Room), Fairfax

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115;

ljinovadoug@gmail.com

Leader:

SANDY COHEN founded SC&A, Inc., a consulting firm specializing in the radiation sciences. Gail Cohen was his administrator. For over 13 years Sandy has recorded their trips as they travelled around our planet. Gail custom-plans each trip and then selects a travel agency specializing in that part of the world. Using their own guides and drivers, they have the flexibility to

make changes as they see fit. This results in a leisurely pace and opportunities to get “off the beaten path,” thus leading to an intimate and fascinating video adventure.

Course 15F24P The Berlin Airlift (NOVA Faculty)
(1 Session)

We will examine this important Cold War event that took place during the late 1940s. What happened when the United States joined Western European nations in flying much-needed necessities into West Berlin, and East Germany cut off supply routes? Was the effort successful and what was its impact on relations with the Soviet Union?

Date & Time: Wednesday, November 4; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)
Class Size: Min. 10, Max. 70
LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net
Leader:

DEBORAH GOMEZ, M.A., Ph.D., George Mason University. Dr. Gomez teaches various courses in the history branch at NOVA-Annandale.

Thursday Mornings

Course 15F25A The Columbian Exchange (1 Session)

The Columbian Exchange refers to a period of biological and cultural exchanges between the Old and New Worlds as the result of the voyages of Columbus in 1492 and thereafter. In this class we will discuss aspects of the changes wrought by these voyages, among them: the introduction of new diseases against which the indigenous people were defenseless, the imposition of cultural and religious ideas, and the theft of precious metals (i.e., gold and silver) and other assets. The exchange of ideas and practices from the New to the Old World will also be covered.

Date & Time: Thursday, September 24; 10:00 a.m. — 11:30 a.m.
Place: Greenspring Village (Village Square Theater), Springfield
Class Size: Min. 20, Max. Unlimited
LLI Coordinator: Doug Johnson (703) 628-3115;
llinovadoug@gmail.com
Leader:

CHARLES McCLELLAND grew up in the Panama Canal Zone and has travelled extensively throughout Latin America and the Caribbean. He has studied in Mexico and was a Peace Corps volunteer in Colombia. Charles is an adjunct professor at Georgetown University. In his spare time he is a guest lecturer for Holland America cruises.

Course 15F26A The History of American Political Parties (4 Sessions)

How did our modern political parties come into being? Are they still important today? What exactly is an American conservative, liberal, libertarian, or populist? This course will look at American parties in four different periods: 1790-1830; 1830-1860; 1860-1932; 1932 to the present. We will also consider the importance of third parties, i.e., those that have

never elected a president, but have had a significant impact on the two major parties.

Dates & Time: Thursdays, Oct. 8, 15, 22, 29; 10:00 a.m. — 11:30 a.m.
Place: Annandale United Methodist Church (Room 300), Annandale
Class Size: Min. 10, Max. 40
LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net
Leader:

MICHAEL ANDERSON, B.A., University of Illinois; M.A. and Ph.D. in history, University of Chicago. Dr. Anderson is a retired U.S. Foreign Service officer (1973-2002). After retirement he taught U.S. History and Western Civilization at NOVA and George Mason University (2002-2013). In addition to his long-term association with LLI teaching a variety of courses, he teaches courses for ENCORE (Arlington County adult learning program).

Course 15F27A Firsts for Women (1 Session)

In the 1800s women were considered emotional, frail, weak, and sickly, with limited intelligence and the need to be protected. They were not legally equal to their husbands and were expected to be housewives and mothers. In spite of that image, a few women were able to overcome hardships and stereotypes to achieve firsts for women. Learn about the first American female doctor, the first female bank president, the first woman candidate for president, and the first woman to be a presidential cabinet member.

Date & Time: Thursday, November 5; 10:00 a.m. — 11:30 a.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Class Size: Min. 10, Max. Unlimited
LLI Coordinator: Delsa Hildebrandt (703) 532-3970;
delsa007@aol.com
Leader:

MARY LIPSEY received a B.A. in history and sociology from Mary Washington College (1972) and a Masters in Middle School Education from Virginia Tech (1989). In June 2003, Mary retired after over 30 years with Fairfax County Public Schools. She has been a volunteer docent for the Smithsonian American History Museum and for the National Archives.

Course 15F28A The German Economy of War, 1933 — 1945 (2 Sessions)

This course will explore the Nazi government's approach to the management of the German national economy in peace and war. We will examine Hitler's initial disdain for economics, Nazi policy in meeting the demands of depression-bound Germany, plans for mobilization, the “command” system that evolved, and the strains of conflicting ideological demands and fiscal realities. The personalities of the people involved in restructuring the German economy after 1933 and forging a basis for war will be presented, including Hermann Goering, Hjalmar Schacht, Erhard Milch, Oswald Pohl, Fritz Sauckel, Albert Speer, and various leading industrial figures. The effects of global war and the fixation on racial solutions within this structure will be examined in light of attempts to overcome the overwhelming might of Allied powers by 1944. We will conclude by reflecting on the legacy of the Nazis' decisions and events in post-war German and European history.

Dates & Time: Thursdays, November 5, 12; 10:00 a.m. — 11:30 a.m.
Place: The Woodlands (Theater), Fairfax
Class Size: Min. 10, Max. 30
LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net

Leader:

ALFRED M. "FRED" BECK received his Ph.D. in European diplomatic history from Georgetown University with a dissertation on Lt. Gen. Friedrich von Boetticher, the military attaché in the German Embassy in Washington, 1933-1941. Fred completed a 31-year federal government career in 1994 as a historian serving as chief editor and publisher of the Air Force History Program. Dr. Beck continues an active retirement with lectures, research, and publishing.

Thursday Afternoons

Course 15F29P Partition of the Indian Subcontinent: The Cost of Independence and Its Impact on Human Experiences (NOVA Faculty) (1 Session)

When the British gave independence to the Indian subcontinent they also helped create two republics, India and Pakistan. The creation of these two republics led to approximately 12 million people being "relocated" and about one million perishing in this endeavor. This presentation will concentrate on the tragic cost of independence, highlighting the experiences of the people who were engulfed in the violence of the eventual creation of two nations.

Date & Time: Thursday, September 24; 2:30 p.m. — 4:00 p.m. (Note class time.)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574;

lorin.goodrich@verizon.net

Leader:

RASHMI CHILKA, Ph.D., University of Washington, Seattle. Dr. Chilka heads the history branch at NOVA-Annandale.

Course 15F30P Exploring Additional Treasures: A Tour of the Gallery, the Luce Visible Storage Center and the Lunder Conservation Lab at the Smithsonian American Art Museum (1 Session)

Join Sara Shoob and other docents to learn more about works in the Smithsonian American Art Museum. At the conclusion of a one-hour gallery tour of the main museum, the group will continue to the Luce Visible Storage Center to view a small sampling of the more than 3,000 objects, including paintings, sculptures, miniatures, craft objects, and folk art pieces on display. There will also be a presentation in the Lunder Conservation Lab to see how conservators examine and treat frames, paintings, paper, and objects in various laboratories.

In order to fully enjoy this tour, participants must be able to remain on their feet for approximately 2 — 2½ hours, though a short break will be provided. The tour will begin at 1:00 p.m. Meet at the G Street entrance of the museum.

Date & Time: Thursday, October 15; 1:00 p.m. — 3:15 p.m. (Note class time.)

Place: Smithsonian American Art Museum, 750 9th St. NW, Washington, DC

Class Size: Min. 15, Max. 30

LLI Coordinator: Philippa Centini (703) 658-1545;

phil.centini@verizon.net

Leader:

SARA SHOOB has a background in teaching and educational administration with emphasis in history, social studies, and the arts. She is currently a docent at the Smithsonian American Art Museum. Sara has presented several courses for LLI.

Course 15F31P Southern Italy Travelogue (1 Session)

Were you unable to travel to Sicily in May with the LLI travel group? This travelogue is your opportunity to see Sicily through the eyes of LLI members. Some of the places you will "visit" are Palermo, Monreale Cathedral, the historic village of Corleone, the UNESCO World Heritage Site at Agrigento, and Siracusa. You will visit the famous resort city of Taormina, with its classical Greco-Roman theater and views of Mt. Etna and the seacoast. Although the main trip was to the island of Sicily, you will also visit the picturesque Amalfi Coast and the city of Rome in southern Italy.

Date & Time: Thursday, November 5; 1:30 p.m. — 3:00 p.m.

Place: Spring Hill Club House, Lorton

Class Size: Min. 20, Max. 80

LLI Coordinator: Doug Johnson (703) 628-3115;

linoavadoug@gmail.com

Leader:

ARLINE SACHS, B.S., mathematics, University of Illinois; master's in computer and information systems, American University. Arline is a retired associate professor at NOVA where she taught computer classes for 22 years. She has given numerous travelogues and has also taught a series of genealogy classes.

Course 15F32P Coral Reefs: The Beauty, the Beasts, and the Problems (1 Session)

Steve Cohen continues to dive the world over to produce high definition videos of what's happening under the waves. Join him for discussions and demonstrations of that beautiful underwater world.

Date & Time: Thursday, November 12; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Ed McKnight (703) 425-6224; *edjem@aol.com*

Leader:

STEVEN J. COHEN, B.S., D.V.M., Cornell University. Dr. Cohen practiced small animal veterinary medicine, 1975-2010. From 1980-2010 he owned and operated Mobile Veterinary Services of Northern Virginia, the first full-time veterinary house call practice in the Commonwealth of Virginia. After becoming a certified scuba diver in 1988, he began to travel the world. In 1994 he began making underwater videos, and has won several awards in underwater video competitions. He has had several videos, including *New Year's at Socorro* and *Law and Order*, shown at the San Diego Underwater Film exhibition. Steve is a member of the Coral Reef Alliance and is on its Coral International Council. He

resides in Annandale with his lovely wife Debbie and their cat "Knuble".

Course 15F33P Origin of Life (1 Session)

In this course, we will watch three half-hour DVDs from The Great Courses on the Origin of Life (i.e., Grow, Evolve, Reproduce), with lectures by Professor Robert M. Hazen, George Mason University's professor of earth sciences. The first DVD summarizes three scenarios for life's first origin: genetic, metabolic, or a combination of the two. The second and third DVDs detail the genetic and metabolic theories as the first progenitors of life.

Date & Time: Thursday, November 19; 1:30 p.m. — 3:30 p.m. (**Note class time.**)

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Peter Schwarzkopf (703) 998-0769;

pschwarzkopf@verizon.net

Leader:

PETER SCHWARZKOPF, B.A., Dartmouth College; J.D., LL.M. in international law, Harvard Law School. Peter retired from the U.S. Department of Transportation (2007) where he engaged primarily in international negotiations for commercial airline landing rights with numerous foreign countries. He has led discussions for several courses at LLI.

Friday Mornings

Course 15F34A Christian Gnosticism and the Gospel of Thomas (2 Sessions)

This course will explore an alternative form of early Christianity called Gnosticism, and one of its most famous documents, the Gospel of Thomas. Gnosticism was suppressed as a heresy because of its belief that gnosis, or self-knowledge is knowledge of God, and that the self and the divine are identical. Such teaching—coupled with a concern about enlightenment, and a Jesus who is presented not as saving Lord, but as a spiritual guide—sounds more Eastern than Western, more Buddhist or Hindu than Christian. The Gospel of Thomas is an ancient manuscript found by Arab peasants in 1945 in the sands of Egypt. It is not a narrative, unlike the canonical Gospels. Rather, it portrays Jesus as a proclaimer of wise sayings with a Gnostic twist. We will start with a brief overview of this alternative form of Christianity. Subsequently, we will compare various sayings in the Gospel of Thomas with those in the canonical Gospels to examine the mystery and secrecy that characterize Gnosticism.

Dates & Time: Friday, September 25; 10:00 a.m. — 11:30 a.m. and 1:00 p.m. — 3:00 p.m. (**Note class time. This is a two-session class, but both sessions will meet on the same day. The class meets for 1½ hours in the morning and for 2 hours in the afternoon. There will be a break for lunch.**)

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574;

lorin.goodrich@verizon.net

Leader:

FRANCINE KIMEL SAMUELSON majored in medieval studies at Vassar College where she graduated Phi Beta Kappa. She

completed a master's of theological studies at Wesley Theological Seminary, summa cum laude, and did Ph.D. work in religious studies at the University of Wales (Lampeter, UK). Ms. Kimel Samuelson retired as a senior management analyst for the federal government in order to devote her time to academic work.

Course 15F35A The Modern Balkans — An American Perspective (1 Session)

This class will discuss U.S. policy and the implications of the breakup of Yugoslavia from 1998 to 2008. The speaker will cover background on the Balkan region of Europe and the crisis over the disintegration of Yugoslavia, with the consequences of those events. A collection of textiles and cultural artifacts from Bulgaria and Eastern Europe will also be displayed.

Date & Time: Friday, October 23; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Judy Robison (703) 850-5795;

robisonja23@gmail.com

Leader:

Ambassador (Retired) JAMES PARDEW was directly engaged in U.S. negotiations and policy development in the Balkans from 1995 to 2008. He was a member of the Holbrooke negotiating team that achieved the Dayton Agreement ending the war in Bosnia, and has served as U.S. Ambassador to Bulgaria. Ambassador PardeW also completed a military career as a colonel in the U.S. Army.

Course 15F36A Afghanistan's Quest for Peace and Stability (NOVA Faculty) (2 Sessions)

Is it possible for Afghanistan to achieve the peace and stability that has eluded it for so long, or is it just a "pipe dream"? Join Ms. Hodei Sultan from the U. S. Institute of Peace (USIP) in coming up with possible ways for Afghanistan to achieve a brighter future. During last spring semester (Course 15W45A) Hodei described the country's obstacles and conducted a reconciliation exercise. During this two-session course she will describe the USIP's efforts to assist with the country's peace efforts and through interactive exercises, will explore with us the elements (e.g., economics, security, justice, trust) that are essential for progress and ultimate success.

Note: You can attend this course whether or not you attended the spring course. Just come with your ideas for how Afghanistan can move toward self-reliance.

Dates & Time: Fridays, November 6, 13; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 30

LLI Coordinator: Lorin Goodrich (703) 425-9574;

lorin.goodrich@verizon.net

Leader:

HODEI SULTAN is a program officer for South and Central Asia at the U.S. Institute of Peace (USIP). She leads a training program at a private university in Kabul, Afghanistan that aims to institutionalize a peace studies degree program within the university. She earned her A.A. at NOVA and continued at George Mason University, earning a B.A. in global affairs and an M.S. in conflict analysis and resolution. Ms. Sultan serves on the

adjunct faculty at NOVA-Annandale teaching political science courses dealing with conflict analysis/resolution and peace/stability operations.

Course 15F37A 2015 Virginia General Assembly Election: Analysis and Aftermath (NOVA Faculty) (1 Session)

All 40 seats in the Senate and all 100 seats in the House of Delegates are up for election on November 3, 2015. Two members of NOVA's political science faculty will present their analysis of the election results on the political dynamics of Virginia's legislative body. They will also discuss the relationship with the governor during the 2016 legislative session. Are there implications for the 2016 presidential election?

Date & Time: Friday, November 20; 11:00 a.m. — 12:30 p.m. (Note class time.)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leaders:

JACK LEHELDT, B.A., Kean University; M.A., Rutgers University; Ph.D., University of South Carolina. Dr. Lechelt is an assistant professor of political science at NOVA-Alexandria.

JENNIFER SAYASITHSENA, B.A. in government, Georgetown University; M.A. in political science, University of Southern California; Ph.D. in political science, George Washington University. Dr. Sayasithsena is an assistant professor of political science at NOVA-Annandale.

Course 15F38A History of Modern Iraq (1 Session)

This course will trace the history of modern Iraq from Ottoman times to the fall of Saddam Hussein. We will examine the rise of the monarchy, revolutions, the rise of Ba'athism, the Iran-Iraq War, and Operation Desert Storm.

Date & Time: Friday, December 4; 10:00 a.m. — Noon. (Note class time.)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leader:

MUHANNAD A. SALHI is the Area Specialist for the Arab World at the Library of Congress. He received his Ph.D. in history from the University of Chicago. He is the author of *Syria and the Palestine Question 1918-1920*, and has lectured widely on the Middle East for the Foreign Service Institute of the State Department.

Friday Afternoons

Course 15F39P Poetry and You (4 Sessions)

Join us for one of LLI's long-time favorite courses and learn more about how poetry can change your life. We will read and talk about the work of contemporary poets as well as our favorite classics.

Dates & Time: Fridays, October 9, 16, 23, 30; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 8, Max. 30

LLI Coordinator: Marianne Moerman (703) 751-0523; marianne.c.moerman@gmail.com

Leader:

RICHARD RISK, B.S., University of Missouri. Richard is retired from the Environmental Protection Agency and is a founding member of LLI.

Course 15F40P The Global Economy: Can It Rebound? (NOVA Faculty) (1 Session)

Will global growth rebound in the coming years, or is the world destined for economic disappointment? The International Monetary Fund (IMF) predicts some growth in richer countries, but will the stagnation in the poorer countries drag everyone down? Dr. John Min will explore with us the potential GDP (Gross Domestic Product) growth in advanced and emerging economies, including productivity, employment and demography.

Date & Time: Friday, October 9; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

Leader:

JOHN MIN, B.A., M.B.A., George Washington University; Ph.D., George Mason University. Dr. Min is an assistant professor at NOVA-Alexandria.

Course 15F41P The Great Schism (1378-1417) (1 Session)

Second only to the Lombard threat of 568-774, the all-time gravest threat to the Papacy was The Great Schism of 1378-1417. Needlessly caused by the deranged Urban VI, this schism ultimately split Christendom into the Roman, "Avignonese" and "Pisan" Obediences. Each pope excommunicated the others. During this time, supposedly no soul entered Heaven. The good news is that the Council of Constance (1414-1418) ended the Schism. But that was also the bad news, as we'll see in this talk whose end is a cliffhanger. You just can't make up this stuff!

Date & Time: Friday, November 6; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

September 2015

LLI Fall 2015 Program

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

	1	2 LLI Forum & Open House	3 Baseball Game	4	5
6	7	8	9	10	11
13	14	15 I5F09A—Paint Along with Davi I	16 I5F17A—Book of Genesis & Human Relations I5F43P—Park Ranger Grab Bag	17	18 I5F43P—Park Ranger Grab Bag
20	21 I5F01A—How You Breathe I5F02A—Understanding Opera, Part I	22	23 I5F17A—Book of Genesis & Human Relations I5F43P—Park Ranger Grab Bag	24 I5F25A—The Columbian Exchange I5F29P—Partition of Indian Subcontinent	25 I5F34A—Christian Gnosticism & the Gospel of Thomas I5F43P—Park Ranger Grab Bag
27	28 I5F02A—Understanding Opera, Part I I5F03A—Savvy IRA Planning	29 I5F13P—History of Central Europe	30 I5F17A—Book of Genesis & Human Relations I5F23P—Fiji & No. Norway		

Remove this calendar to use as a handy reference.

October

2015

LLI Fall 2015 Program

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

	1	2	3
4			
5	15F02A—Understanding Opera, Part I 15F04A—Wills and Trusts		
6	15F10A—Fall Walk/Meadow-lark Botanical Gardens 15F13P—History of Central Europe 15F44P—Constitution & Bill of Rights, Part I	7 LLI Forum & Open House	8 15F26A—History of American Political Parties
9	15F39P—Poetry and You 15F40P—The Global Economy		
10			
11			
12			
13	15F13P—History of Central Europe	14 15F18A—Art Talk	15 15F26A—History of American Political Parties 15F30P—Exploring Additional Treasures
16	15F39P—Poetry and You 15F44P—Constitution & Bill of Rights, Part I		
17			
18			
19	15F05A—Paint Along with Davi II 15F07P—Philosophy Presentation	20 15F11A—Recognizing Women Artists 15F13P—History of Central Europe 15F45P—Uproar of Sixties at UC-Berkeley	21 15F19A—Understanding & Mastering Public Speaking
22	15F26A—History of American Political Parties	23 15F35A—The Modern Balkans 15F39P—Poetry and You 15F44P—Constitution & Bill of Rights, Part I	
23			
24			
25			
26	15F01A—How You Breathe	27 15F12A—Financial Well-Being for Women 15F13P—History of Central Europe 15F14P—More Apple Apps	28 15F20A—Sharpen Your Knife Skills
29	15F26A—History of American Political Parties 15F44P—Constitution & Bill of Rights, Part I	30 15F39P—Poetry and You	
30			
31			

Remove this calendar to use as a handy reference.

November

2015

LLI Fall 2015 Program

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

1	2 15F06A—The New Deal	3 15F13P—History of Central Europe	4 LLI Forum & Open House 15F24P—The Berlin Airlift	5 15F27A—Firsts for Women 15F28A—German Economy of War 1933-1945 15F31P—Southern Italy Travelogue	6 15F36A—Afghanistan's Quest for Peace & Stability 15F41P—The Great Schism (1378-1417) 15F42P—Poetry Writing	7
8	9 15F08P—You Can Be an iPhone Guru 15F45P—Up roar of Sixties at UC-Berkeley	10 15F13P—History of Central Europe 15F15P—On the Way to Women's Suffrage	11	12 15F28A—German Economy of War 1933-1945 15F32P—Coral Reefs	13 15F36A—Afghanistan's Quest for Peace & Stability 15F42P—Poetry Writing	14
15	16 15F01A—How You Breathe	17 15F13P—History of Central Europe 15F16P—Downsizing Your Home	18 15F21A—Theropod Dinosaurs to Birds	19 15F33P—Origin of Life	20 15F37A—2015 VA General Assembly Election 15F42P—Poetry Writing	21
22	23	24 15F13P—History of Central Europe	25	26	27	28
29	30					

Remove this calendar to use as a handy reference.

December

2015

LLI Fall 2015 Program

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

		1	2	3 LLI Holiday Party	4 15F38A—History of Modern Iraq	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	January 2016 Tues., Jan. 5: LLI Forum & Open House Wed., Jan. 13: 15F22A—Geology, Anthropology, History of Man Tues., Jan. 5, 12, 19; Mon., Jan. 25: 15F46P—Constitution & the Bill of Rights, Part II	

Remove this calendar to use as a handy reference.

Leader:

BRUCE COLLETTI is a retired Air Force officer, career operations research analyst, and was an adjunct professor of mathematics at NOVA-Alexandria from 2000-2015. He has been a student of papal history since 1978 (the “Year of Three Popes”). If he could spend just 10 minutes with anyone from history, that would be Pope John XXIII—Angelo Roncalli and not the 15th century antipope by the same name who was fired by the Council of Constance (1414-1418) that he had convoked!

Course 15F42P Poetry Writing — Let’s Make It Happen (3 Sessions)

Join us to discover or re-visit the poet within! From the beatific to the bawdy, we will write, share, and cheer each other on.

Date & Time: Fridays, November 6, 13, 20; 1:30 — 3 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 8, Max. 20

LLI Coordinator: Marianne Moerman (703) 751-0523; marianne.c.moerman@gmail.com

Leaders:

ED SADTLER has been reading and writing poetry for many years. He is a long-time LLI attendee of Richard Risk’s Poetry and You course, and a long-time member of the Poetry Workshop at George Mason University’s Osher Lifelong Learning Institute. Ed is also the co-leader of the Osher LLI Writer’s Workshop.

HELEN HARVEY has been a studio potter for 30 years, making functional stoneware in her own studio, Summerhouse Stoneware. She is both a gardener and a bereavement counselor. Helen retired to writing memoirs and poetry, discovering fascinating new people, and discussing current affairs with her cat, Katman.

Various Days

Course 15F43P Park Ranger Grab Bag (4 Sessions)

With the centennial of the National Park Service just around the corner in 2016, it is fitting to highlight the versatility of the rangers who work in the DC Metro area. Park Rangers from National Mall and Memorial Parks return for a four-session course highlighting a new subject each session. Moments that shaped the world and the historical fabric of the federal city are investigated. With the myriad sites contained in the park, the stories to be told are legion! World War II will be examined with classes involving the Holocaust (Lowell Fry) and the filmmaker Leni Riefenstahl (Heidi Dietze). Closer to home, the children of our presidents (Jen Epstein), and the history and symbolism of the Lincoln Memorial (Brad Berger) will be discussed. Tragedies, histories, and comedies alike are contained herein.

Dates & Time: Wednesdays, September 16, 23; Fridays September 18, 25; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Community Room), Annandale

Class Size: Min. 25, Max. Unlimited

LLI Coordinator: Rick and/or Pat Daniels (703) 354-3792, rawdaniels63@gmail.com

Leaders:

BRAD BERGER, B.A., in European history; M.A., in American colonial history. Brad served in the Federal Republic of Germany as a Security Specialist for the U.S. Air Force, and interned for the

National Park Service at Harpers Ferry National Historical Park. Ranger Berger currently serves as a Park Ranger at the National Mall and Memorial Parks in Washington, DC where he helps coordinate operations for presidential inaugurations, annual National Independence Day celebrations, and National Cherry Blossom Festivals.

HEIDI DIETZE spent much of her childhood traveling through several Midwestern states, visiting sites from the Santa Fe Trail to the Corn Palace. She developed an interest in history that led to an undergraduate degree in holocaust studies and a graduate degree in film history. Ranger Dietze came to the National Mall and Memorial Parks in Washington, DC as a Park Ranger in 2002 following two years of service at the U.S. Holocaust Memorial Museum.

JENNIFER EPSTEIN spearheads the National Park Service’s extensive education and outreach program. Before coming to Washington, DC, Ranger Epstein worked at the Adams National Historic Site, the Colonial National Historical Park, Gettysburg National Military Park, and the Mount Rushmore National Memorial.

LOWELL FRY, B.A. in history, Houghton College. Ranger Fry has been a ranger with the National Park Service full-time on the Mall since 1998. He has lived in Europe, during which time he visited Dachau and Auschwitz.

Course 15F44P The Constitution and Bill of Rights, Part I (4 Sessions)

The course will review the history and development of the U.S. Constitution and its amendments. It will examine the unique form of government created therein. The amendments to the Constitution will be studied, particularly the first ten and their application to today’s society. (**Note: See Course 15F46P, for Part II.**)

Dates & Time: Tuesday, October 6; Fridays, October 16, 23; Thursday, October 29; 1:30 p.m. — 3:00 p.m.

Place: Greenspring Village (Accotink Room), Springfield

Class Size: Min. 25, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115; llinovadoug@gmail.com

Leader:

MARVIN WAGNER, L.L.B., Brooklyn Law School; L.L.M., Georgetown Law School. Marvin is an instructor at various NOVA campuses and other institutions. His focus is in criminal, constitutional, business, and hospitality law.

Course 15F45P Amidst the Uproar of the Sixties at UC-Berkeley and Lessons Learned (2 Sessions)

In 1964, university administration at the University of California-Berkeley suddenly broadened a ban of on-campus political activities to include a traditional “Hyde Park” type area next to the campus. The students’ protests were unprecedented in scope and continued to expand to encompass many other issues, including the Free Speech Movement. The protest/counterculture movement then spread to many other campuses. Even for those who were there at that time, the sweep of events is bewildering. There is much more to be learned.

Session 1

We will trace key events in the campus protest movement from the Free Speech Movement in 1964 through the violent clashes over “People’s Park” in 1969. The instructor will share descriptions and

anecdotes of some of the most influential people, including radical leaders, administration officials, University of California system Regents, obscure bureaucrats, student government leaders, and random interlopers. The instructor will recount some little-known sidelights, including entertainment, comic relief and some great music. Anyone who claims to understand thoroughly what was happening probably wasn't there. We'll review some of what they missed.

Session 2

Much of what happened during the protest movement of the 1960s resembles unrest and insurrections in other parts of the world, and in the United States at other times. Join the instructor in a lively discussion as he explores the similarities with us. We will review some of the lessons learned (and some not learned) from the sixties, such as government responsiveness, mediation, community building (or lack of it), law enforcement (strong, but not oppressive), the importance of ideology (probably overrated), and the role of social and economic factors. How do these matters apply to current situations?

Dates & Time: Tuesday, October 20; Monday, November 9; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net

Leader:

DOUGLAS SAMUELSON was an undergraduate student at UC-Berkeley, 1965-1969. From 1967-1969 he was a reporter for

the student newspaper, the *Daily Californian*, affording him a close observation point during the protests. During his senior year (1968-1969) he served on the Dean's Student Advisory Council, and as one of two student representatives to the Faculty Senate. He went on to earn a D.Sc. at George Washington University in operations research followed by a career as a federal government policy analyst, inventor, high-tech entrepreneur and executive, and a consultant and researcher on how organizations and people affect each other.

Course 15F46P The Constitution and Bill of Rights, Part II (4 Sessions)

This will be a continuation of the course given in October 2015. The development of our Constitution and the first 10 amendments (the Bill of Rights) will be analyzed. Their application and relevance to today's society will be discussed. (**See Course 15F44P, for Part I.**)

Note: Part I is not a prerequisite for this course.

Dates & Time: Tuesdays, January 5, 12, 19, 2016; Monday, January 25; 1:30 p.m. — 3:00 p.m.

Place: Greenspring Village (Accotink Room), Springfield

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115;
llinovadoug@gmail.com

Leader:

MARVIN WAGNER, L.L.B., Brooklyn Law School; L.L.M., Georgetown Law School. Marvin is an instructor at various NOVA campuses and other institutions. His focus is in criminal, constitutional, business, and hospitality law.

Please register as soon as possible, but not later than Friday, August 14, 2015.

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board supports the SIG coordinator's flexibility to invite non-LLI members to participate in an activity whenever the objectives of the SIG would be enhanced by non-member participation.

Special Interest Groups

BRIDGE GROUP

The LLI Bridge Group meets twice monthly to play social, i.e., not duplicate, bridge. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners, so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Please feel free to bring a brown bag lunch. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

Dates & Time: Usually the second and fourth Wednesdays of each month; 10:00 a.m.—2:00 p.m., September 9 and 23, October 14 and 28, November 12 and 18, December 2 and 16. **January to be decided.** Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.

Place: Mason District Governmental Center, Annandale

Coordinators: Bob and Merry Huley, (703) 534-4819 or roberthuley@cox.net.

CURRENT EVENTS GROUP

Given the excitement and fluidity of changes in current political and worldly events, the Current Events Group will meet the first Friday of each month for continued interesting and educational discussions. Topics reflect the current events surrounding the time of the meeting. We welcome all to share your ideas and/or learn more about current events—whatever is your pleasure.

Dates & Time: First Friday of each month; 10:00 a.m.—11:30 a.m., September 4, October 2, November 6, December 4, January 8. **Note change for January.**

Place: Mason District Governmental Center (Small Conference Room), Annandale

Contact Information: LLI members can receive reminder notices by contacting Peter Schwarzkopf at (703) 998-0769 or pschwarzkopf@verizon.net.

FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly LLI Newsletter prior to discussion.

Dates & Time: Third Thursday of each month; 11:30 a.m.—1:00 p.m., September 17, October 15, November 19, January 21. **No meeting in December.**

Place: Braddock District Government Center (King's Park Library, Braddock Hall), Burke

Coordinator: Lynne Smaldone, (703) 525-9623 or smaldonega@hotmail.com.

FINANCIAL DISCUSSION GROUP

Would you like to join a lively group of LLI members who talk about the fascinating and frustrating world of finance and investments? Whether you are a neophyte looking for some answers or Warren Buffet's "secret advisor," we think you will find us enjoyable and informative.

Dates & Time: Second Friday of each month; 1:30 p.m.—3:00 p.m., September 11, October 9, November 13, December 11, January 8.

Place: Braddock District Government Center (King's Park Library), Burke

Coordinator: Doug Johnson, (703) 628-3115 or llinovadoug@gmail.com.

FRENCH CONVERSATIONALISTS

Under the expert guidance of AI Brothers, we will continue to strive to improve our French language skills. We are currently working our way through the well-known language series, *French in Action*.

Dates & Time: First & third Tuesdays of each month; 10:00 a.m.—11:30 p.m., September 1 and 15, October 6 and 20, November 3 and 17, December 1 and 15, January 5 and 19.

Place: Goodwin House (Top of the West), Falls Church

Coordinator: Lois Czapiewski (703) 578-7562 or loisczap@gmail.com.

GOURMAND GROUP

The Gourmand Group meets monthly. If you have ever been curious about what our group does, please join us at one of our monthly outings which can run the gamut from a wine pairing lunch, a weekend brunch, ethnic cuisine explorations, an afternoon tea or just good food. We encourage members to think outside the box since none of us has the corner on food opportunities in the Washington area. Each month a member volunteers to plan and manage the event. The Gourmand Group has been very active through the years and we think you'll find it a lot of fun. Contact Patti Volz at (703) 892-6124 or pattivolz@verizon.net or Lynda Cyr at (703) 750-1257 or linda.cyr@verizon.net for further information.

PHOTOGRAPHY GROUP

LLI members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings of this SIG will focus on a specific topic or area of interest decided by the group. Topics to date have included "Sorting and Filing Your Digital Pictures" and "Understanding Exposure." New members are always welcome.

Dates & Time: Third Friday of each month; 10:00 a.m.—12:00 p.m., September 18, October 16, November 20, December 18, January 15.

Place: Braddock Hall meeting room which is located just inside the entrance to the Braddock District Supervisor's Office, 9002 Burke Lake Road, Burke (on the right hand side of the King's Park Library building).

Coordinator: Buck Myers (703) 532-3726 or hbm@hbmphoto.com.

WALKABOUTS

Weather permitting, the Walkabouts Group meets twice each month for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not included in the published schedule are coordinated through Merry Macke. She can be reached at (703) 451-3248 or by e-mail at merry.macke@verizon.net. Members may sign up to receive notifications by contacting the coordinator. This SIG meets twice each month, usually on the 2nd and 4th Fridays.

Directions to Class Locations — Summer 2015

Annandale United Methodist Church, 6935 Columbia Pike, Annandale.

Directions from the Beltway

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and get into the left lane. At the next traffic light (Backlick Road), take a left onto Backlick Road and bear right immediately. Drive only a short block; after passing a Jiffy Lube, turn right onto Columbia Pike. At the second traffic light (Gallows Road), you will see a small old, white church on the right. Proceed just beyond the traffic light and turn right into the parking lot. Go to entrance 2 located to the left of the main entrance. Follow instructions at entrance 2 to gain access to the church and follow signs to the classroom after entering. Please do not attempt to enter the church through the main entrance.

Braddock District Government Center, 9002 Burke Lake Road, Burke.

Directions from the Beltway

Go west on Braddock Road. Turn left onto Burke Lake Road at Kings Park Shopping Center. Go across Rolling Road and go past the bank. Turn right into the parking lot.

Directions from NOVA

Take Wakefield Chapel Road to Braddock Road. Turn right on Braddock Road. Go approximately 1 mile and turn left onto Burke Lake Road. Pass the King's Park Shopping Center on your right and go through the light at Rolling Road. The Government Center is on your right past the bank. Turn right into the parking lot.

Goodwin House, 3440 South Jefferson Street, Falls Church.

Directions from Bailey's Crossroads (intersection of Columbia Pike and Leesburg Pike/Route 7)

Go east on Leesburg Pike/Route 7. Turn left at the traffic light at South Jefferson Street. South Jefferson is located between two shopping centers, "Crossroads Place" and "Leesburg Pike Plaza." As a landmark, look for the Olive Garden restaurant on your left as you turn onto South Jefferson. Follow South Jefferson Street. Go through one traffic light, and go to the Goodwin House entry driveway. Go to the right and follow the circular drive back toward the left. A number of visitors' and handicapped parking spots are available there; a larger number are available along the side of the building.

Greenspring Village, 7440 Spring Village Drive, Springfield.

Directions from NOVA

Go east on Little River Turnpike. Turn right onto Backlick Road/VA-617. Go 4.3 miles to the Franconia/Springfield Parkway/Rt. 289 (old Rt. 7900). Merge onto the parkway and take the first right onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Fairfax and West of the Beltway

Drive south on Rolling Road. Exit from Rolling Road east onto the Franconia-Springfield Parkway/Route 289 (old Route 7900). Drive 1 mile and turn left onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Annandale, Falls Church and locations inside the Beltway

Drive south on Backlick Road, passing under the Beltway. Exit from Backlick Road, heading west onto the Franconia-Springfield Parkway/Route 289 (old Route 7900). Drive 1 mile and turn right onto Spring Village Drive. Proceed to the Greenspring entrance. See * below.

Directions from Alexandria and Arlington

Take I-395 south and exit at Duke Street East. Stay in the right-hand lane and go through one light. Then move immediately to the far right lane and take the Van Dorn Street exit. Bear right at the light. Drive south on Van Dorn Street, which becomes South Van Dorn as you pass over the Beltway. Turn right on Kingstowne Boulevard, which becomes the Franconia-Springfield Parkway. Drive 2 miles and turn right on Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Centreville, Chantilly and Western Fairfax County

Drive south on the Fairfax County Parkway/Route 286 (old Route 7100), which becomes Route 289 (old Route 7900) at Rolling Road. Turn left at Spring Village Drive. Proceed to the Greenspring entrance. See * below.

* Obtain a visitor pass at the guardhouse and inform the attendant that you are attending an LLI program. Proceed to Village Square for classes at the theater or the Accotink room. Parking is permitted in any space marked "visitor" or in any unmarked space on the upper deck of parking lot K. For classes in the classroom at Hunters Crossing, park in the visitor parking lot.

Little River United Church of Christ, 8410 Little River Turnpike, Annandale.

Directions from the Beltway

Go west on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

Directions from Wakefield Chapel Road

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

Mason District Governmental Center, 6507 Columbia Pike, Annandale.

Directions from the Beltway

Go east on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median, reading "Fairfax County Police Station."

Proceed a short distance and turn right into the parking lot of the Center.

Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna.

Directions from the Beltway

Proceeding on the Beltway toward Baltimore (and the American Legion Bridge), exit onto Route 123 South (Dolley Madison Boulevard) and proceed through two traffic signals (past Tysons Corner Center on your left and Tysons II Galleria on your right) to the intersection with Gallows Road (the third traffic signal). Turn right onto Gallows Road, moving immediately into the left turn lane. The next intersection is with Old Courthouse Road (and another traffic signal). Turn left onto Old Courthouse Road and proceed until it intersects with Beulah Road on your left. Proceed straight through this intersection (you may notice that the road's name changed from Old Courthouse to Beulah even though you kept straight). Proceed on Beulah Road until you reach Meadowlark Gardens (and Meadowlark Gardens Court) on your left. Turn into the court and you will find parking on your left.

NOVA Campus Buildings

(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities: **USE THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$2.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

Ernst Community Cultural Center (CE), also called the NOVA Cultural Center, Annandale Campus, building marked "A" on the map. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

Smithsonian American Art Museum, 750 9th St., NW, Washington, DC

The American Art Museum is located between F and G Streets and between 7th and 9th Streets, near the Verizon Center. The nearest Metro stop is Gallery Place; use the Chinatown exit to the museum. Metro Center is also located two blocks away from the museum.

Spring Hill Club House, 8946 Yellow Daisy, Lorton, VA.

Directions from I-395 South (I-395 becomes I-95 south of the Beltway)

Take I-395 South to I-95 South and then take Exit 163 for Lorton. Turn right onto Lorton Road. At the very next traffic light (just a few feet ahead) turn right onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn left onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet).

Directions from the Fairfax County Parkway (old Route 7100 — new Route 286)

Take the Hooes Road south exit. After approximately 1.3 miles, turn left at the second traffic light onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn right onto Laurel Crest Drive. Turn left onto Mountain

Larkspur Drive (about 500 feet). Continue at * above.

Directions from Route 123

From Route 123 heading south, go to Silverbrook Road and turn left onto Silverbrook. Continue on Silverbrook to the second light. Turn right onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet). Continue at * above.

* There is a keypad on the left hand side by the gate. Enter #9087 and the gate will open. Enter through the gate. Go to the second street. Turn right. Go one block to the club house, just past the stop sign. **NOTE: Back gate is no longer open.**

St. Matthew's United Methodist Church, 8617 Little River Turnpike, Annandale.

Directions from the Beltway

Drive west on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot.

Directions from Braddock Road going East

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

Classroom: Enter the classroom on the far left-hand side of the building through a basement door. However, if this side basement door is not yet open, enter the church through the main doors in the center. Follow the signs to the main church office. Right before the office is a stairwell on your left. You need to open the door to see the stairwell. Walk down one level and the classroom is a few feet from the foot of the stairs.

The Virginian, 9229 Arlington Boulevard (Route 50), Fairfax.

Directions from the Beltway and Little River Turnpike (Route 236)

Drive west on Little River Turnpike to Pickett Road. Turn right on Pickett Road and proceed to Arlington Boulevard (Route 50). Turn right onto Arlington Boulevard and take another right at the first traffic light, which takes you into The Virginian's driveway. Parking is permitted in any vacant slot that is not designated as handicapped or employee parking.

Directions from the Beltway and Arlington Boulevard (Route 50)

Drive west on Arlington Boulevard. Turn left at the first traffic light** after Nutley Street into The Virginian's driveway. Parking is permitted in any vacant slot that is not designated as handicapped or employee parking.

** Landmark at this traffic light: Stonehurst Drive is on the right. Be sure to take a left at the traffic light into The Virginian complex.

The Woodlands, 4320 Forest Hill Drive, Fairfax.

Directions from the Beltway

Take the Braddock Road West exit and go west on Braddock Road (approximately 7 miles) to Shirley Gate Road (Route 655). Turn right onto Shirley Gate Road and proceed to the first traffic light at Lee Highway. Turn left onto Lee Highway and then turn left at the next traffic light (Forest Hill Road). Continue to the second entrance on your right at The Woodlands sign. Parking is permitted at The Woodlands as well as at the first building, The Gardens, next door. If both parking lots are full, street parking is permitted on Forest Hill Drive.

Directions from I-66

Take I-66 to the exit for Route 50 East (Fairfax). Go right at the first traffic light (Waples Mill Road). Turn right onto Lee Highway, and then turn left at the first light (Forest Hill Drive). Take the second entrance on the right into The Woodlands on the left.

Parking is permitted at The Woodlands as well as at the first building, The Gardens, next door. If both parking lots are full, street parking is permitted on Forest Hill Drive.

LLI Course Registration Form – Fall 2015

*****Please use one form per person*****

Name: _____ **Telephone:** _____

Email: _____

Return Form to:

LLI/NOVA
 Godwin Building (CG), Room 202
 8333 Little River Turnpike
 Annandale, VA 22003-3743

Date: _____

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	15F01A	How You Breathe			
	15F02A	Understanding Opera, Part 1			
	15F03A	Savvy IRA Planning: Tax Saving Strategies to Help You Get More Out of Your IRA			
	15F04A	Wills and Trusts: What's the Difference and What Can They Do for Me?			
	15F05A	Paint Along with Davi and Take Home Your Own Original II	\$8.00		
	15F06A	The New Deal: America's Recovery from the Great Depression			
	15F07P	Philosophy Presentations			
	15F08P	You Can Be An iPhone Guru			
	15F09A	Paint Along with Davi and Take Home Your Own Original I	\$8.00		
	15F10A	Fall Walk at Meadowlark Botanical Gardens			
	15F11A	Recognizing Women Artists			
	15F12A	Financial Well-Being for Women			
	15F13P	History of Central Europe			
	15F14P	More Apple Apps			
	15F15P	On the Way to Women's Suffrage			
	15F16P	Downsizing Your Home			
	15F17A	The Book of Genesis and Human Relations			
	15F18A	Art Talk: An Historic Look at the Greatest Works of Portraiture Art			
	15F19A	Understanding and Mastering Public Speaking			
	15F20A	Sharpen Your Knife Skills			
	15F21A	From Theropod Dinosaurs to Birds: The Evolution of Feathers, Flight and Birds			
<i>Continued on next page</i>					

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	15F22A	Geology, Anthropology, and the History of Man			
	15F23P	Fiji and Northern Norway – A Contrast of Countries and Cultures			
	15F24P	The Berlin Airlift			
	15F25A	The Columbian Exchange			
	15F26A	The History of American Political Parties			
	15F27A	Firsts for Women			
	15F28A	The German Economy of War, 1933 – 1945			
	15F29P	Partition of the Indian Subcontinent: The Cost of Independence and Its Impact on Human Experiences			
	15F30P	Exploring Additional Treasures: A Tour of the Gallery, the Luce Visible Storage Center and the Lunder Conservation Lab at the Smithsonian American Art Museum			
	15F31P	Southern Italy Travelogue			
	15F32P	Coral Reefs: The Beauty, the Beasts, and the Problems			
	15F33P	Origin of Life			
	15F34A	Christian Gnosticism and the Gospel of Thomas			
	15F35A	The Modern Balkans – An American Perspective			
	15F36A	Afghanistan’s Quest for Peace and Stability			
	15F37A	2015 Virginia General Assembly Election: Analysis and Aftermath			
	15F38A	History of Modern Iraq			
	15F39P	Poetry and You			
	15F40P	The Global Economy: Can It Rebound?			
	15F41P	The Great Schism (1378-1417)			
	15F42P	Poetry Writing – Let’s Make It Happen			
	15F43P	Park Ranger Grab Bag			
	15F44P	The Constitution and Bill of Rights, Part I			
	15F45P	Amidst the Uproar of the Sixties at UC-Berkeley and Lessons Learned			
	15F46P	The Constitution and Bill of Rights, Part II			

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	15F11A	Recognizing Women Artists			
	15F12A	Financial Well-Being for Women			
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LLI / NOVA Membership Form

Phone: (703) 503-0600 E-Mail: llinova@juno.com

Title: Mr., Mrs., Ms., Dr., Other _____ (circle one)

Name _____

Address _____

City _____ State _____ ZIP _____ - _____

Phone Number(s): Home () _____ Other () _____

E-Mail Address _____

Please indicate if any information above differs from latest LLI Directory.

Where did you hear about LLI? _____

Briefly tell us about your career, expertise, or skills _____

Fee: \$110 per year for individual membership. Checks should be made payable to **LLI / NOVA.**

Send to: LLI / NOVA
Building CG, Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743

As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.

Please also complete the following:

Date _____ Renewal
Amount Paid _____ New
Check # _____

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

- Present a Course Plan a Course Coordinate a Course Serve on the Board
 Serve on a Committee Help in the Office Assist with A/V equipment
 Assist with Travel Planning Other _____

Would you like for someone to contact you to answer any questions or provide additional information? _____

If you have any questions about volunteer opportunities, contact the LLI Volunteer Coordinator, Philip Centini, at phil.centini@verizon.net or (703) 658-1545.

Program Compiled by the Curriculum Committee

Doug Johnson – Chairperson

(c) 703-628-3115 (email) llinovadoug@gmail.com

Moe Moser – Space Coordinator

Barry Centini

Philippa Centini

Pat Daniels

Anna Dixon

Lorin Goodrich

Carol Jeffords

Paul Hopler

Nickie Myers

Scott Pinckney

Kim Rendelson

Judy Robison

Peter Schwarzkopf

LLI President — George Chalou

(h) 703-573-7769

(email) gchalou@cox.net

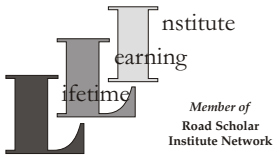
The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations, and publishing the Program Catalogue with the required information.

If you would like to participate on the Committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above members.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.


*LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin.
It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.*



Lifetime Learning Institute
NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600 / E-Mail: llinova@juno.com

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A starburst-shaped graphic with a jagged, multi-pointed border, containing the following text:

**Reminder:
Registration closes
August 14, 2015**