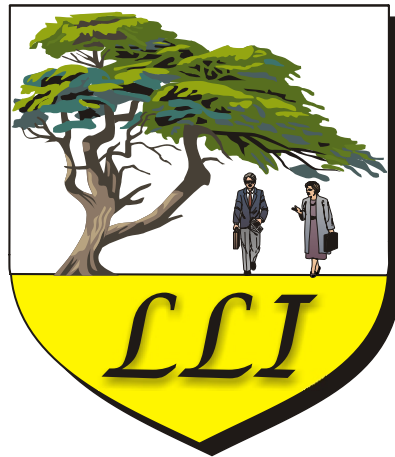




Summer 2015 Program



Lifetime Learning Institute

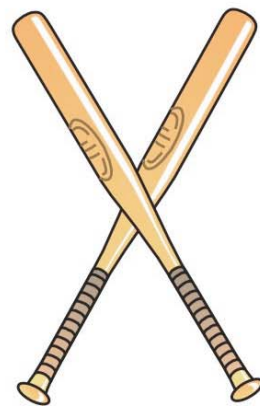
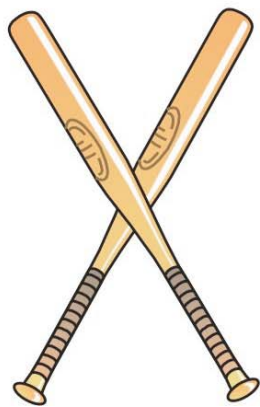
NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600
Website: <http://lli.nova.org>
E-Mail: llinova@juno.com

Member of
**Road Scholar
Institute Network**

Baseball Game



*Thursday, September 3
7:05 p.m.*



General Information

What Is LLI?

Sponsored by Northern Virginia Community College (NOVA), the Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Road Scholar Institute Network (RSIN) and benefits from the services RSIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired) who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

LLI:

- is governed and financed by members.
- is supported by member-led planning, administration, and instruction.
- provides non-credit, non-degree courses.
- offers educational, cultural, and social events.
- recognizes that physical and mental health are major elements of vital aging.

What Do We Have to Offer?

- Participation in courses and special interest groups throughout the year, usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic and winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

In addition, affiliation with both NOVA and RSIN means that, as a member of LLI/NOVA, you are entitled to a Community Patron card, obtained from the NOVA library by showing a picture ID. This entitles members to use the NOVA library, located on the third floor of the Godwin Building. Up to three books can be charged out for three weeks; they can be renewed online for an additional period. Go to <http://www.nvcc.edu/library> for more information. There is no cost for the card.

How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10:00 a.m. and 3:00 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers, and other suitable locations. See full addresses of class locations starting on page 13.

How Do I Become a Member and What Is the Cost?

Complete the membership application form found on page 19, and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

How Do I Register for Classes and Tours?

Complete the class registration form found on pages 15 and 17, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed, stamped envelope and any applicable fees as soon as possible; *registration for classes closes Friday, May 15, 2015*. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been cancelled. **As a courtesy to other LLI members, please call the Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.**

As a general rule, LLI courses are open to LLI members only. However, there may be occasions when non-members may attend (or may be invited to attend). Course Coordinators are authorized to admit non-members when appropriate, and

when space is available. Please note that if you are wait-listed for a course, you are not “accepted” unless notified. The next time the course is offered, you must re-register but will be given priority acceptance.

What Is the Monthly Forum?

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 4) on the NOVA Annandale Campus (see page 5 for schedule). For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on Center Drive next to the Ernst Center. There is a \$2.00 per hour charge to park in the garage.

What Are the Cancellation Policies?

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather, all LLI classes, special interest groups (SIGs), and Forums are cancelled regardless of location. LLI morning activities are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon activities are cancelled if the FCPS announces early dismissal. Trips and social events will take place unless cancelled at the leaders’ directions.

When Is the Registration Deadline?

The registration deadline for the courses in this catalog is *Friday, May 15, 2015*.

Table of Contents

AMERICAN HISTORY

Amidst the Uproar of the Sixties at UC-Berkeley and Lessons Learned	10
A Melancholy Mile: The Rough and Tumble Side of Pennsylvania Avenue	7
Saved by the Bell — The Rescue of Mount Vernon	7
The Booth Conspiracy and Crime at Ford’s Theatre	8

ART

Paint Along with Davi and Take Home Your Own Original I	5
Paint Along with Davi and Take Home Your Own Original II	7

FINANCIAL PLANNING

Financial Planning for Couples, Widows and Widowers	8
Understanding Annuities	9

HEALTH/SCIENCE

A Bird Walk at Dyke Marsh	5
Motivation, Nutrition and Exercise	8
The World of Gems	9

PERSONAL DEVELOPMENT

Apple App RoundUp	6
Android App RoundUp	6
Improve Difficult Conversations in Everyday Life	7
Poetry Writing — Let’s Make It Happen	10
Poetry and You	10
Privacy Isn’t Dead! Why It Isn’t and What You Need to Know to Protect Your Personal and Financial Information	8
The Discipline and Benefits of Mindful Meditation	6

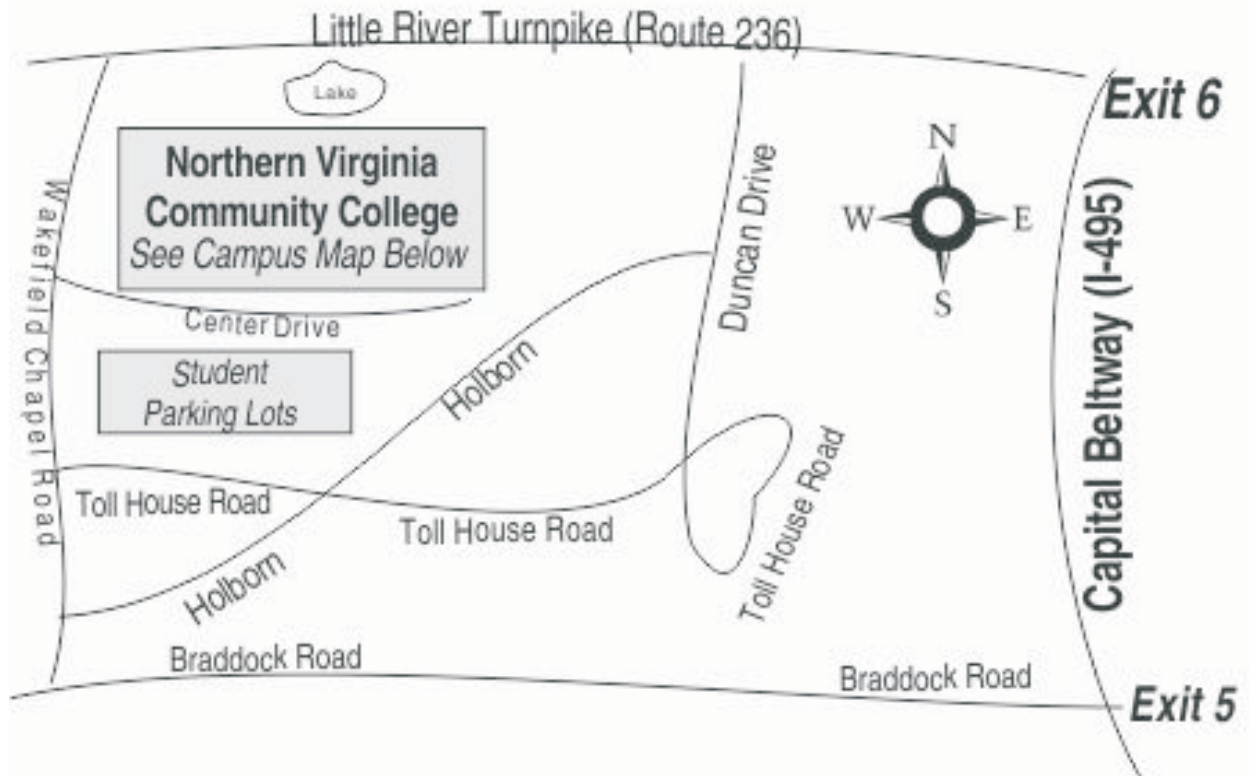
RELIGION/WORLD HISTORY

Children of the Sun — The Rapid Rise and Fall of the Inca Civilization	6
History of Modern Lebanon	9
Search for the Historical Jesus	6

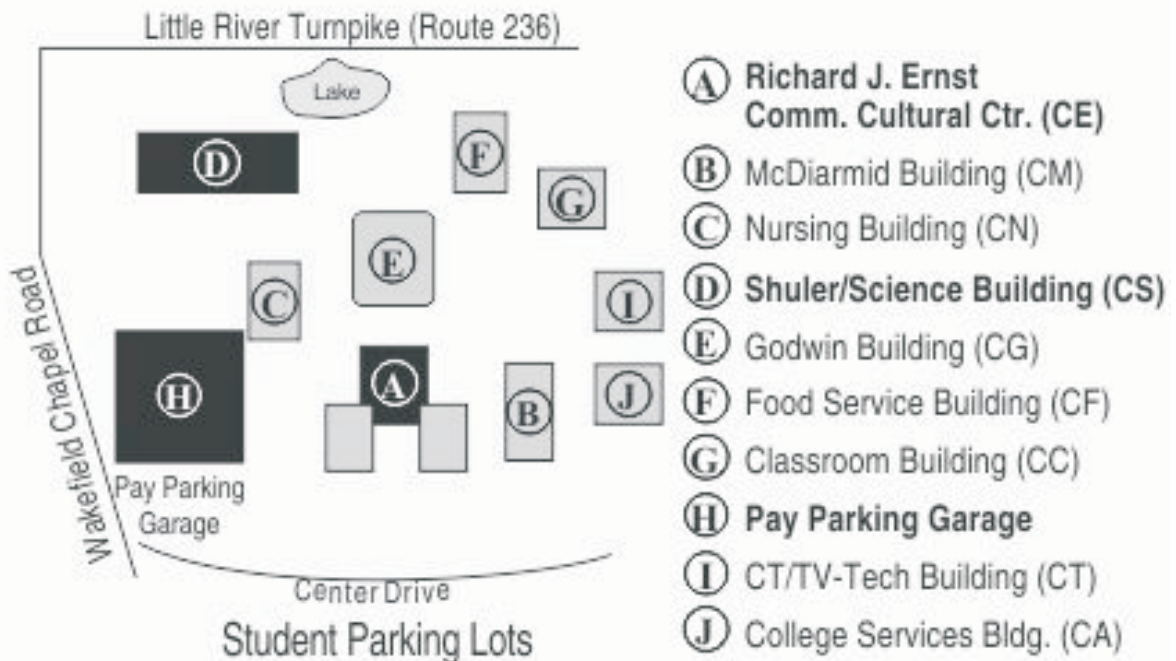
SPECIAL INTEREST GROUPS

Bridge Group	11
Current Events Group	11
Favorite Books Club	11
Financial Discussion Group	11
French Conversationalists	11
Gourmand Group	11
Photography Group	11
Walkabouts Group	12
<i>Directions to Class Locations</i>	<i>13</i>

NOVA Campus Maps



Annandale Campus Map



LLI Summer Program 2015

Note: All programs are free to members unless otherwise specified. See full addresses of course locations starting on page 13.

Members must register for the courses prior to attending because of space constraints. If you are unable to attend after registering, please contact the Course Coordinator so that anyone on the waiting list can be given the opportunity to attend the course.

Remember that we are guests in the buildings where we attend courses; in some cases, these buildings are residents' homes. We need to be courteous to both the staff who work in these buildings as well as the residents. If we don't extend such courtesy, we run the risk of not being invited back.

LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations, brief announcements are made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

Upcoming Forum dates are: Wednesdays, May 6, June 3, September 2; Ernst Cultural Center (CE), NOVA Annandale Campus

ATTENTION! PLEASE WEAR YOUR LLI BADGE/LANYARD TO ALL LLI ACTIVITIES.

This is imperative. If you have lost your badge/lanyard, just contact Laura Charron in the LLI office and she will send you a new one (replacement cost is \$1.00).

Monday Morning

Course 15S01A Paint Along with Davi and Take Home Your Own Original I (1 Session)

Class participants need no prior painting experience, as Davi D'Agostino will walk you through the process, step-by-step, to create your very own small masterpiece! Through the instruction, you will learn how to use acrylic paints, deal with composition, shade and highlight using paint, and will understand relationships between objects and perspective. You will go home with your own signed original — surprised at how well you can paint! (**This class is offered twice. Please sign up for I or II, not both. See Course 15S08A for II.**) Participants should bring an apron or old shirt to paint in. An \$8.00 materials fee (exact change please) will be collected at the beginning of class.

Note: Walk-ins are not permitted for this class. To attend, you *must* have a confirmed registration.

Date & Time: Monday, June 15; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Spring Hill Clubhouse, Lorton

Class Size: Min. 7, Max. 12

LLI Coordinator: Anna Dixon (703) 503-5463; njoi2day@aol.com

Leader:

DAVI M. D'AGOSTINO began drawing and painting as a child and returned to painting in her retirement years. She has sold several of her works and won several awards, showing her oil and acrylics paintings throughout Northern Virginia. She is a member of the Springfield Art Guild and the Vienna Arts Society. Her

paintings have been exhibited at the Lorton Arts Center, Vienna Arts Center, the Alexandria Goodwin House, the Fairfax Old Town Hall Gallery, and the Fairfax Village Gallery. She also has exhibited her works for sale at the Bistro l'Hermitage restaurant in Woodbridge, VA. Visit her website at www.davifineartgallery.com.

Tuesday Mornings

Course 15S02A A Bird Walk at Dyke Marsh (1 Session)

The walk will focus on the more common breeding birds to be found at the Dyke Marsh Wildlife Preserve. There are two distinct habitat types in the preserve. We will look for Baltimore and orchard orioles among the sycamores in more open woodland while beautiful yellow warblers may greet us at the end of the Haul Road peninsula. If we are lucky, the bubbly marsh wren will be singing for us in the open marsh and least bitterns may be preparing to breed in marsh vegetation. An active osprey nest can be viewed from less than 30 feet away at the Dyke Marsh marina. Don't be surprised if we find a snapping turtle or two!

The walk, roughly 1½ miles round trip, will take place on flat surfaces on either packed dirt or on a boardwalk.

Special Instructions: The walk is weather-dependent. In the case of a slight drizzle, the walk will proceed as scheduled on the preferred date. Otherwise, the alternate date will be used, although it is weather-dependent, as well. A pair of binoculars will greatly add to the ability to see the birds and to enjoy the walk. Comfortable walking shoes, long pants, and drinking water are recommended.

Date & Time: Tuesday, June 2; 8:00 a.m. — 10:30 a.m. (**Note class time.**)

Rain Date: Wednesday, June 10

Place: Dyke Marsh Wildlife Preserve, Alexandria (See *Directions to Class Locations*)

Class Size: Min. 10, Max. 30

LLI Coordinator: Barry Centini (703) 658-1545; barry.centini@verizon.net

Leader:

LARRY CARTWRIGHT has been a nature lover for most of his life. Although he is enamored with all aspects of the natural world, he has a special fondness for birds and bats. He is an avid recreational birder, but also leads several avian-related surveys, including the Dyke Marsh Breeding Bird Survey for the National Park Service, a winter waterfowl survey for the Audubon Society

of Northern Virginia, and is the compiler of the Washington, D.C. Christmas Bird Count sponsored by the National Audubon Society. Larry has received several awards from scientific and conservation-based organizations, including the Virginia Society of Ornithology's Jackson M. Abbott Conservation Award for 2013.

Course 15S03A Search for the Historical Jesus
(4 Sessions)

This will be a four-session set of 90-minute classes. Session one will begin with a review of Reza Aslan's *Zealot: The Life and Times of Jesus of Nazareth*. Session two will examine aspects of Jesus's brothers, James and Jude, and whether the New Testament books attributed to them were actually written by them. The last two sessions will review and discuss new studies arising from Westar Institute and the Jesus Seminar.

Recommendation: Buy or borrow Reza Aslan's book (listed above) and read it prior to class.

Dates & Time: Tuesdays, June 23; July 7, 14, 21; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 20, Max. 40

LLI Coordinator: Moe Moser (703) 451-7469; mrnmoser@gmail.com

Leader:

GLENN DOWNING, M.A. in economics, University of Michigan. Glenn worked on several archeological digs in Galilee with James Strange of the University of South Florida. He is a board member of Westar Institute, home of the Jesus Seminar. Glenn previously lectured at LLI NOVA on the subject of historical Jesus, and was the main discussant on a Reston Cable TV series on the historical Jesus.

Course 15S04A Children of the Sun — The Rapid Rise and Fall of the Inca Civilization (1 Session)

Discover how a small tribe in the heart of the Andes Mountains created an empire that extended over 4,000 miles in length. Learn about the Incas' religious and social customs, and the reasons why they rose and fell so quickly.

Date & Time: Tuesday, June 30; 10:00 a.m. — 11:30 a.m.

Place: Greenspring Village (Village Square Theater), Springfield

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115;

llinovadoug@gmail.com

Leader:

CHARLES MCCLELLAND grew up in the Panama Canal Zone and has travelled extensively throughout Latin America and the Caribbean. He studied in Mexico and was a Peace Corps volunteer in Colombia. Charles is a professional instructor and adjunct professor at Georgetown University. In his spare time he is a guest lecturer on Holland America cruises.

Course 15S05A The Discipline and Benefits of Mindful Meditation (2 Sessions)

Join us to explore mindful meditation techniques as a means to find calm in this hectic world. Preparedness for life's challenges may be an additional benefit.

In session one we will review some historical background about mindful meditation. We will learn what it *is* and *is not* and will have an opportunity to practice it. Additional print and audio resources will be offered. In session two we will explore a number of different approaches so that participants can identify techniques that are suitable for them.

Dates & Time: Tuesdays, August 11, 18; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 5, Max. 30

LLI Coordinator: Doug Johnson (703) 628-3115;

llinovadoug@gmail.com

Leader:

MERRY MACKE has been a licensed social worker since 1987. She has learned a number of theories, but finds the latest trend of mindful meditation extremely helpful both professionally and personally. Merry has experimented with meditation off and on, but it has only become a part of her life in the last two years, through a weekly mindful meditation class. Merry wishes to share that experience.

Tuesday Afternoons

Course 15S06P Apple App RoundUp (1 Session)

Did you know there are over a *million* apps offered in the Apple App Store? How do you know which ones are good? If you want to edit photos, stay organized, learn a new language, watch movies or simply play a few great games, there's an app for that! What about some apps to help your various devices work together? We'll cover that, too. Join Kyla Lupo for an interactive and informative roundup of the best apps available to Apple users. **NOTE:** This class will focus exclusively on Apple products (iPads and iPhones) and the Apple Store. *This is not a class for Android devices like Samsungs, Motorolas, or Amazon/Google devices, or for the Google Play Store or Amazon Marketplace.* If you have one of these devices, register for **Android App RoundUp** (Course 15S07P).

Date & Time: Tuesday, July 14; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Community Room), Annandale

Class Size: Min. 5, Max. 30

LLI Coordinator: Pat Daniels (703) 354-3792;

rwdaniels63@gmail.com

Leader:

KYLA LUPO teaches adults about the wonders of technology. As the CEE (chief executive of everything) at Smart Again Tutoring, she has crafted classes and workshops for the techno phobic, impatient, and those who consider themselves lost causes. She consults with small businesses to help them maximize technology to increase profits. She also works with individual students and with small groups in their homes on independent projects.

Course 15S07P Android App RoundUp (1 Session)

Did you know there are hundreds of thousands of apps offered in the Google Play/Android App Store? How do you know which ones are good? If you want to edit photos, stay organized, learn a new language, watch movies or simply play a few great games, there's an app for that!

What about some apps to help your different devices work together? We'll cover that, too. Join Kyla Lupo for an interactive and informative roundup of the best apps available to Android users. **NOTE:** This class will focus exclusively on Android devices and the Google Play Store. *This is not a class for Apple devices like the iPad or iPhone or for the Apple App Store.* If you have an Apple device, register for **Apple App RoundUp (Course 15S06P)**.

Date & Time: Tuesday, July 21; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Class Size: Min. 5, Max. 30
LLI Coordinator: Pat Daniels (703) 354-3792;
rwdaniels63@gmail.com

Leader:
KYLA LUPO (See Course 15S06P for bio information.)

Wednesday Mornings

Course 15S08A Paint Along with Davi and Take Home Your Own Original II (1 Session)

See description for Course 15S01A. (This class is offered twice. Please sign up for I or II, not both.) Participants need to pay an \$8.00 cash fee (exact change please) directly to the instructor.

Note: Walk-ins are not permitted for this class. To attend, you *must* have a confirmed registration.

Date & Time: Wednesday, July 22; 10:00 a.m. — 12:00 p.m. (Note class time.)
Place: Spring Hill Clubhouse, Lorton
Class Size: Min. 7, Max. 12
LLI Coordinator: Anna Dixon (703) 503-5463; *njoi2day@aol.com*
Leader:
DAVI M. D'AGOSTINO (See Course 15S01A for bio information.)

Course 15S09A Saved by the Bell — The Rescue of Mount Vernon (1 Session)

In 1853, Mrs. Louise Cunningham's attention was drawn to Mount Vernon as the steamboat on which she was a passenger passed the mansion. The captain followed a long tradition of ringing a bell as a ship on the Potomac passed President Washington's home. Mrs. Cunningham was shocked by the poor condition of Mount Vernon. The next day, she wrote to her daughter, Ann Pamela Cunningham in South Carolina, describing what she saw and wondering if the women of the South could do what the U.S. and Virginia legislators had failed to do — rescue Mount Vernon. Learn how it was rescued, restored, and protected so that today over a million visitors can enjoy it annually.

Date & Time: Wednesday, September 9; 10:00 a.m. — 11:30 a.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Class Size: Min. 10, Max. Unlimited
LLI Coordinator: Bonnie Hopler (703) 978-9381; *pbhopler@cox.net*
Leader:

MARY LIPSEY received a B.A. in history and sociology from Mary Washington College and a master's in middle school education

from Virginia Tech. In June 2003, Mary retired after over 30 years with Fairfax County Public Schools. She has been a volunteer docent for the Smithsonian American History Museum and for the National Archives.

Wednesday Afternoons

Course 15S10P Improve Difficult Conversations in Everyday Life (1 Session)

Do you want your neighbor to stop playing loud music? Do you believe a company has overcharged you? Do you want to convince your spouse to stop driving? Chances are that you are facing a difficult conversation. Stop avoiding and start discussions with confidence. Learn a new approach to these high-stakes, high-emotion exchanges. Take away powerful tips for transforming conflict into opportunity. Participants discover words to use — and not use — to improve the dialogue and move forward. Live re-enactments of "bad" and "good" conversations will reveal constructive approaches to sensitive issues.

Date & Time: Wednesday, July 8; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms C & D), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)
Class Size: Min. 10, Max. 40
LLI Coordinator: Anna Dixon (703) 503-5463; *njoi2day@aol.com*
Leaders:

JEANETTE P. TWOMEY, J.D., American University, Washington College of Law; B.A., Hollins University. Jeannette is a Virginia Certified Mediator, conflict resolution trainer and coach. She has practiced mediation since 1992 in the DC metro area, settling family and workplace disputes. She is a pioneer in the use of mediation to resolve family conflict about elder issues. Jeannette received the 2014 Distinguished Mediator Award from the Virginia Mediation Network and was named Mediator of the Year by Northern Virginia Mediation Service in 1994. She is an Adjunct Professor at the Washington College of Law, teaching mediation and negotiation.

CHERYL BEVERSDORF, B.S. in nursing, University of Maryland; M.H.S. in Health Planning, Johns Hopkins University School of Hygiene and Public Health; M.A. in Public Communication, American University. Cheryl has served as chief staff executive for three national not-for-profit health organizations, where she developed collaborative, team-building skills. She has an extensive background in organizational planning, executive management, health policy, government relations, and public affairs. In 2001, she founded, managed and performed with *HealthonStage*, a health communications company, which produced educational events focusing on health promotion and disease prevention, especially among women.

Course 15S11P A Melancholy Mile: The Rough and Tumble Side of Pennsylvania Avenue (1 Session)

Pennsylvania Avenue, America's Main Street, has served as the setting for powerful moments in our nation's history. Bracketed on one side by the White House and the Capitol on the other, this one mile of the avenue in question is also a symbol of our national government. Parades welcoming new presidents, astronauts fresh off successful missions, and championship football teams, are all part and parcel of

this storied road; however, this stretch of the avenue has also seen a significant share of tragedy. Riots, fights, and assassinations are a few of the moments that have added a sense of the macabre to this special place.

Date & Time: Wednesday, July 22; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Class Size: Min. 25, Max. Unlimited
LLI Coordinator: Rick and/or Pat Daniels (703) 354-3792; rwdaniels63@gmail.com

Leaders:

BRAD BERGER, B.A. in European history; M.A. in American colonial history. Brad served in the Federal Republic of Germany as a security specialist for the U.S. Air Force, and interned for the National Park Service at Harpers Ferry National Historical Park. Ranger Berger currently serves as a park ranger at National Mall and Memorial Parks in Washington, D.C. where he helps coordinate operations for presidential inaugurations as well as annual National Independence Day Celebrations and National Cherry Blossom Festivals.

HEIDI DIETZE, a Minnesota native, spent much of her childhood traveling through several Midwestern states, visiting sites from the Santa Fe Trail to the Corn Palace. From this random trundling, she developed an interest in history that led to an undergraduate degree in Holocaust studies and a graduate degree in film history. Ranger Dietze came to National Mall and Memorial Parks as a park ranger in 2002 following two years at the United States Holocaust Memorial Museum.

Course 15S12P The Booth Conspiracy and Crime at Ford's Theatre (1 Session)

Abraham Lincoln's assassination ranks as one of the most tragic events in our country's history. Listen to a Ford's Theatre Park Ranger narrate the details of this crime, its relationship to the end of the Civil War, and how it reverberates through our country's history leading up to the present day. The class will also focus on the assassin, John Wilkes Booth, and his famous family of actors, and how the violent atmosphere of the border state, Maryland, contributed to Booth's racism and radicalism.

Date & Time: Wednesday, July 29; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Class Size: Min. 25, Max. Unlimited
LLI Coordinator: Rick and Pat Daniels (703) 354-3792; rwdaniels63@gmail.com

Leader:

ROGER POWELL grew up in Southern Maryland. He has been a National Park Ranger for 19 years, 13 of which have been spent educating the public about the details of Abraham Lincoln's assassination and the end of the Civil War. Roger has worked at most of the parks in the D.C. area, including several years at The Frederick Douglass National Historic Site in Anacostia. He also worked as a summer seasonal in some western parks, including Bryce Canyon in Utah.

Thursday Mornings

Course 15S13A Financial Planning for Couples, Widows and Widowers (1 Session)

Topics to be covered in this course include:

- How to avoid probate
- The estate tax rules
- When and why to update your estate
- How your assets will transfer to beneficiaries
- How your assets will be taxed at death
- How survivor benefits work
- What to do when a loved one dies
- How to engage an estate attorney

Date & Time: Thursday, July 9; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 40
LLI Coordinator: Scott Pinckney (703) 323-9361; Spinck3@aol.com

Leader:

KELLY CAMPBELL, CFP, ChFC, CMFC, AIF, is an investment adviser representative with Campbell Wealth Management. He has conducted classes at LLI NOVA for the past decade.

Course 15S14A Motivation, Nutrition and Exercise (2 Sessions)

Most of us want to maintain or improve our physical strength and fitness. We want to manage or prevent diseases and feelings of depression. What are some small, daily practices that we can easily do to improve our emotional and physical health? Join us to learn more about how to incorporate these changes into our schedules and to improve our ability to do the things we want to do.

Dates & Time: Thursdays, August 6, 13; 10:00 a.m. — 11:30 a.m.
Place: St. Matthew's United Methodist Church (Room 304), Annandale
Class Size: Min. 8, Max. 25
LLI Coordinator: Chuck Hulick (703) 750-3180; chulick@verizon.net

Leader:

JUNE CHALOU is a retired educator who taught in Ohio and Virginia. She now volunteers once a week at the Fairfax County Jail, where she teaches Fatherhood. She is interested in staying active and strong, and has participated in 5K and 10K races, a half-marathon, and a mini-triathlon.

Thursday Afternoon

Course 15S15P Privacy Isn't Dead! Why It Isn't and What You Need to Know to Protect Your Personal and Financial Information (1 Session)

Don't believe the pundits who say "privacy is dead" or that we can't control who gets our personal information or how it's used. Privacy is very much alive! This course will be a "privacy primer" providing attendees with an overview of what privacy means in today's world. Attendees will learn practical approaches so they can be empowered to be

proactive in protecting their personal information. This is not a “law course” although certain key laws will be discussed but only at a high level as a way of discussing concrete situations (e.g., health and medical data). Our discussion will also include timely topics such as:

- Scams and data breaches: What are they? How can people spot and avoid them?
- Patient and fitness data: Who really owns it? What are the pros and cons of using fitness apps?
- Website privacy policies: Why are they so long? What should I look for?
- Remedies: What can people do if their personal information is shared or misused without their permission?

This will be an interactive discussion with questions welcomed throughout the presentation. At the end of the course, attendees will be better equipped to know the questions to keep in mind when being asked for personal information on a website, in person, or in most everyday situations.

Date & Time: Thursday, July 9; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms B, C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 25, Max. 70
LLI Coordinator: Anna Dixon (703) 503-5463; njoi2day@aol.com
Leader:

DEBRA N. DIENER, B.A., Syracuse University; M.A., University of Pennsylvania; J.D., George Washington University. Ms. Diener’s career spans over 30 years including service in senior managerial, legal, and policy positions in all three branches of the federal government. She served as the Senior Advisor and Deputy Director for Privacy Policy with the Department of Homeland Security. She also worked on cutting-edge identity management and security issues as one of the first co-chairs of the Identity Management Subcommittee of the Federal CIO Council’s Privacy Committee. She was a member of the U.S. delegation to the OECD’s Working Party on Information Security and Privacy. She is now an independent consultant providing a range of privacy-related expertise to industry and non-profit clients. Ms. Diener frequently speaks on a wide range of privacy and privacy-related topics. She is also a Certified Information Privacy Professional with a government specialization. Ms. Diener authors the privacy blog PrivacyMadeSimple.net.

Friday Mornings

Course 15S16A The World of Gems (1 Session)

This course will look at gemstones from the viewpoint of a mineralogist and a gemologist.

We will discuss the classification, value, industrial use, and exotic history of gems. A descriptive overview of the gems of the Smithsonian Natural History Museum will also be presented.

Date & Time: Friday, July 10; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms B, C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70
LLI Coordinator: Philippa Centini (703) 658-1545;
phil.centini@verizon.net
Leader:

BARRY CENTINI, Ph.D. in geology, University of North Carolina at Chapel Hill. Barry has been offering geology and science classes to LLI members for several years.

Course 15S17A Understanding Annuities (1 Session)

Annuities can be very confusing. This class will teach you the pros and cons of various types of annuities available in the marketplace. There are many different types. Some start sending income immediately; others, including legacy annuities, defer payments until later. Some charge direct fees, while others contain indirect fees. You will learn what the fees are. This class is designed to teach you what you need to know so that you can determine whether or not an annuity is appropriate for yourself or for someone you care about.

Date & Time: Friday, July 17; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 40
LLI Coordinator: Scott Pinckney (703) 323-9361; Spinck3@aol.com
Leader:

MIKE MAY is a chartered financial consultant and chartered life underwriter. He is a financial planner and frequent presenter at LLI and OLLI. Mike has been assisting seniors for over 30 years.

Course 15S18A History of Modern Lebanon (1 Session)

Lebanon’s strategic geographic location, its unique history, and distinct political system have placed the country in the center of political turmoil in the Middle East. This course will cover the history of Lebanon from the late Ottoman Empire to the modern period. We will discuss the foundation of the modern nation-state of Lebanon, and the various trials and tribulations it has undergone, including civil wars and military invasions.

Date & Time: Friday, August 28; 10:00 a.m. — 12:00 p.m. (**Note class time.**)
Place: Ernst Cultural Center (CE) (Seminar Rooms B, C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 70
LLI Coordinator: Lorin Goodrich (703) 425-9574;
lorin.goodrich@verizon.net
Leader:

MUHANNAD A. SALHI is an Area Specialist for the Arab World at the Library of Congress. He received his Ph.D. in history from the University of Chicago. He is the author of *Syria and the Palestine Question, 1918-1920*, and has lectured widely on the Middle East for the U.S. State Department’s Foreign Service Institute. Dr. Salhi has previously presented interesting classes for LLI on Syria and on Arab-Israeli relations.

Friday Afternoons

Course 15S19P Poetry Writing — Let's Make it Happen (4 Sessions)

Join us to discover or re-visit the poet within! From the beatific to the bawdy, we will write, share, and cheer each other on.

Dates & Time: Fridays, June 12, 19, 26; July 3; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 8, Max. 20

LLI Coordinator: Marianne Moerman (703) 751-0523;
mcmoerman@juno.com

Leaders:

ED SADTLER has been reading and writing poetry for many years. He is a long-time LLI attendee of Richard Risk's Poetry and You course, and a long-time member of the Poetry Workshop at George Mason University's Osher Lifelong Learning Institute. Ed is also the co-leader of the Osher LLI Writer's Workshop.

HELEN HARVEY has been a studio potter for 30 years, making functional stoneware in her own studio, Summerhouse Stoneware. She is both a gardener and a bereavement counselor. She retired to writing memoirs and poetry, discovering fascinating new people, and discussing current affairs with her cat, Katman.

Course 15S20P Poetry and You (4 Sessions)

Join us for one of LLI's favorite courses and learn more about how poetry can change your life. We will read and talk about the work of the contemporary poets as well as our favorite classics.

Dates & Time: Fridays, July 24, 31; August 7, 14; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 8, Max. 30

LLI Coordinator: Marianne Moerman (703) 751-0523;
mcmoerman@juno.com

Leader:

RICHARD RISK has a B.S. from the University of Missouri. He is retired from the Environmental Protection Agency, and was a founding member of LLI.

Various Days

Course 15S21P Amidst the Uproar of the Sixties at UC-Berkeley and Lessons Learned (2 Sessions)

In 1964, university administration at the University of California-Berkeley suddenly broadened a ban of on-campus political activities to include a traditional "Hyde Park" type area next to the campus. The students' protests were unprecedented in scope and continued to expand to encompass many other issues, including the Free

Speech Movement. The protest/counterculture movement then spread to many other campuses. Even for those who were there at that time, the sweep of events is bewildering. There is much more to be learned.

Session One

We will trace key events in the campus protest movement from the Free Speech Movement in 1964 through the violent clashes over "People's Park" in 1969. The instructor will share descriptions and anecdotes of some of the most influential people, including radical leaders, administration officials, University of California System Regents, obscure bureaucrats, student government leaders, and random interlopers. The instructor will recount some little-known sidelights, including entertainment, comic relief, and some great music. Anyone who claims to understand thoroughly what was happening probably wasn't there. We'll review **some of what they missed.**

Session Two

Much of what happened during the protest movement of the 1960s resembles unrest and insurrections in other parts of the world and in the United States at other times. Join the instructor in a lively discussion as he explores the similarities with you. We will review some of the lessons learned (and some not learned) from the sixties, such as government responsiveness, mediation, community building (or lack of it), law enforcement (strong, but not oppressive), the importance (probably overrated) of ideology, and the role of social and economic factors. How do these matters apply to current situations?

Dates & Time: Wednesday, August 5; Monday, August 24; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms B, C & D), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 70

LLI Coordinator: Lorin Goodrich (703) 425-9574;

lorin.goodrich@verizon.net

Leader:

DOUGLAS SAMUELSON was an undergraduate student at UC-Berkeley, 1965-1969. From 1967-1969 he was a reporter for the student newspaper, the *Daily Californian*, affording him a close observation point during the protests. During his senior year (1968-1969) he served on the Dean's Student Advisory Council, and as one of two student representatives to the Faculty Senate. He went on to earn a D.Sc. at George Washington University in operations research followed by a career as a federal government policy analyst, inventor, high-tech entrepreneur and executive, and a consultant and researcher on how organizations and people affect each other.

June

2015

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

	1	2 15502A—Bird Walk at Dyke Marsh 15W49A/P—History Presentation FRENCH CONVERSATIONALISTS	3 LLI Forum & Open House	4	5 15W46A—Understanding Contemporary Art CURRENT EVENTS GROUP	6
7	8	9	10 15502A—Bird Walk at Dyke Marsh (Rain Date) BRIDGE GROUP	11	12 15519P—Poetry Writing FINANCIAL DISCUSSION GROUP	13
14	15 15502A—Paint with Davi I	16 FRENCH CONVERSATIONALISTS	17	18 FAVORITE BOOKS CLUB	19 15519P—Poetry Writing PHOTOGRAPHY GROUP	20
21	22	23 15503A—Search for Historical Jesus	24	25 BRIDGE GROUP	26 15519P—Poetry Writing	27
28	29	30 15504A—Children of the Sun	May 2015 Wednesday — May 6: LLI Forum & Open House			

Remove this calendar to use as a handy reference.

July

2015

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

			1	2	3 15519P—Poetry Writing	4
5	6	7 15503A—Search for Historical Jesus FRENCH CONVERSATIONALISTS BRIDGE GROUP	8 15510P—Improve Difficult Conversations BRIDGE GROUP	9 15513A—Financial Planning 15515P—Privacy Isn't Dead!	10 15516A—The World of Gems CURRENT EVENTS GROUP FINANCIAL DISCUSSION GROUP	11
12	13	14 15503A—Search for Historical Jesus 15506P—Apple App RoundUp	15	16	17 15517A—Understanding Annuities PHOTOGRAPHY GROUP	18
19	20	21 15503A—Search for Historical Jesus 15507P—Android App RoundUp FRENCH CONVERSATIONALISTS	22 15508A—Paint with Davi II 15511P—A Melancholy Mile BRIDGE GROUP	23	24 15520P—Poetry and You	25
26	27	28	29 15512P—The Booth Conspiracy & Crime at Ford's Theatre	30	31 15520P—Poetry and You	

Remove this calendar to use as a handy reference.

August

2015

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

2	3	4 FRENCH CONVERSATIONALISTS	5 15521P—Amidst the Uproar of the 60s at UC-Berkeley	6 15514A—Motivation, Nutrition & Exercise	7 15520P—Poetry and You CURRENT EVENTS GROUP	1 8
9	10	11 15505A—Discipline/Benefits of Mindful Meditation	12 BRIDGE GROUP	13 15514A—Motivation, Nutrition & Exercise	14 15520P—Poetry and You FINANCIAL DISCUSSION GROUP	15
16	17	18 15505A—Discipline/Benefits of Mindful Meditation FRENCH CONVERSATIONALISTS	19	20	21 PHOTOGRAPHY GROUP	22
23	24 15521P—Amidst the Uproar of the 60s at UC-Berkeley	25	26 BRIDGE GROUP	27	28 15518A—History of Modern Lebanon	29
30	31					

Remove this calendar to use as a handy reference.

September 2015

LLI Summer Program 2015

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

		1 FRENCH CONVERSATIONALISTS	2	3	4 CURRENT EVENTS GROUP	5
6	7	8	9 15309A—Saved by the Bell	10	11 FINANCIAL DISCUSSION GROUP	12
13	14	15 FRENCH CONVERSATIONALISTS	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Remove this calendar to use as a handy reference.

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board supports the SIG coordinator's flexibility to invite non-LLI members to participate in an activity whenever the objectives of the SIG would be enhanced by non-member participation.

Special Interest Groups

BRIDGE GROUP

The LLI Bridge Group meets twice monthly to play social, i.e., not duplicate, bridge. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners, so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Please feel free to bring a brown bag lunch. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

Dates & Time: Usually the second and fourth Wednesdays of each month; 10:00 a.m.—2:00 p.m., June 10, June 25 (**Note this is a Thursday**), July 8 and 22, August 12 and 26. Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.

Place: Mason District Governmental Center, Annandale

Coordinators: Bob and Merry Huley, (703) 534-4819 or roberthuley@cox.net.

CURRENT EVENTS GROUP

Given the excitement and fluidity of changes in current political and worldly events, the Current Events Group will meet the first Friday of each month for continued interesting and educational discussions. Topics reflect the current events surrounding the time of the meeting. We welcome all to share your ideas and/or learn more about current events—whatever is your pleasure.

Dates & Time: First Friday of each month; 10:00 a.m.—11:30 a.m., June 5, July 10, August 7, September 4. **Note change in July date.**

Place: Mason District Governmental Center (Small Conference Room), Annandale

Contact Information: LLI members can receive reminder notices by contacting Peter Schwarzkopf at (703) 998-0769 or pschwarzkopf@verizon.net.

FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly LLI Newsletter prior to discussion.

Dates & Time: Third Thursday of each month; 11:30 a.m.—1:00 p.m., June 18. **No meetings in July and August.**

Place: Braddock District Government Center (King's Park Library, Braddock Hall), Burke

Coordinator: Lynne Smaldone, (703) 525-9623 or smaldonega@hotmail.com.

FINANCIAL DISCUSSION GROUP

Would you like to join a lively group of LLI members who talk about the fascinating and frustrating world of finance and investments? Whether you are a neophyte looking for some answers or Warren Buffet's "secret advisor," we think you will find us enjoyable and informative.

Dates & Time: Second Friday of each month; 1:30 p.m.—3:00 p.m., June 12, July 10, August 14, September 11.

Place: Braddock District Government Center (King's Park Library), Burke
Coordinator: Doug Johnson, (703) 628-3115 or llinovadoug@gmail.com.

FRENCH CONVERSATIONALISTS

Under the expert guidance of Al Brothers, we will continue to strive to improve our French language skills. We are currently working our way through the well-known language series, *French in Action*.

Dates & Time: First & third Tuesdays of each month; 10:00 a.m.—11:30 p.m., June 2 and 16, July 7 and 21, August 4 and 18, September 1 and 15.

Place: Goodwin House (Top of the West), Falls Church

Coordinator: Lois Czapiewski (703) 578-7562 or loisczap@gmail.com.

GOURMAND GROUP

The Gourmand Group meets monthly. If you have ever been curious about what our group does, please join us at one of our monthly outings which can run the gamut from a wine pairing lunch, a weekend brunch, ethnic cuisine explorations, an afternoon tea or just good food. We encourage members to think outside the box since none of us has the corner on food opportunities in the Washington area. Each month a member volunteers to plan and manage the event. The Gourmand Group has been very active through the years and we think you'll find it a lot of fun. Contact Patti Volz at (703) 892-6124 or pattivolz@verizon.net or Lynda Cyr at (703) 750-1257 or linda.cyr@verizon.net for further information.

PHOTOGRAPHY GROUP

LLI members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings of this SIG will focus on a specific topic or area of interest decided by the group. Topics to date have included "Sorting and Filing Your Digital Pictures" and "Understanding Exposure." New members are always welcome.

Dates & Time: Third Friday of each month; 10:00 a.m.—12:00 p.m., June 19, July 17, August 21.

Place: Braddock Hall meeting room which is located just inside the entrance to the Braddock District Supervisor's Office, 9002 Burke Lake Road, Burke (on the right hand side of the King's Park Library building).
Coordinator: Buck Myers (703) 532-3726 or hbm@hbmphoto.com.

WALKABOUTS

Weather permitting, the Walkabouts Group meets twice each month for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not included in the published schedule are coordinated through Merry Macke. She can be reached at (703)

451-3248 or by e-mail at merry.macke@verizon.net. Members may sign up to receive notifications by contacting the coordinator. This SIG meets twice each month, usually on the 2nd and 4th Fridays.

Please register as soon as possible, but not later than Friday, May 15, 2015.

Directions to Class Locations — Summer 2015

Dyke Marsh Wildlife Preserve, Alexandria.

Dyke Marsh Wildlife Preserve is located off the George Washington Parkway, approximately one mile south of Alexandria. As you proceed south on the Parkway you will pass Hunting Creek, the Belle Haven Country Club and Belle Haven Road. A sign for "Belle Haven Park and Marine/Dyke Marsh Wildlife Preserve" will direct you into the Preserve. Park in the southern-most Belle Haven picnic area lot, where we will meet for the bird walk. For more information, see the Friends of Dyke Marsh website, www.fodm.org.

Greenspring Village, 7440 Spring Village Drive, Springfield.

Directions from NOVA

Go east on Little River Turnpike. Turn right onto Backlick Road/VA-617. Go 4.3 miles to the Franconia/Springfield Parkway/Rt. 289 (old Rt. 7900). Merge onto Parkway and take the first right onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Fairfax and West of the Beltway

Drive south on Rolling Road. Exit from Rolling Road east onto the Franconia-Springfield Parkway/Rt. 289 (old Rt. 7900). Drive 1 mile and turn left onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Annandale, Falls Church and locations inside the Beltway

Drive south on Backlick Road, passing under the Beltway. Exit from Backlick Road, heading west onto the Franconia-Springfield Parkway/Rt. 289 (old Rt. 7900). Drive 1 mile and turn right onto Spring Village Drive. Proceed to the Greenspring entrance. See * below.

Directions from Alexandria and Arlington

Take I-395 south and exit at Duke Street East. Stay in right-hand lane and go through one light. Then move immediately to far right lane and take Van Dorn Street exit. Bear right at light. Drive south on Van Dorn Street, which becomes South Van Dorn as you pass over the Beltway. Turn right on Kingstowne Boulevard, which becomes the Franconia-Springfield Parkway. Drive 2 miles and turn right on Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Centreville, Chantilly and Western Fairfax County

Drive south on the Fairfax County Parkway/Rt. 286 (old Rt. 7100), which becomes Rt. 289 (old Rt. 7900) at Rolling Road. Turn left at Spring Village Drive. Proceed to the Greenspring entrance. See * below.

**Advise the guard station attendant that you are going to be attending a "Lifetime Learning Institute" class. Follow signs to either Village Square or Town Center. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.*

Little River United Church of Christ, 8410 Little River Turnpike, Annandale.

Directions from the Beltway

Go west on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

Directions from Wakefield Chapel Road

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

Mason District Governmental Center, 6507 Columbia Pike, Annandale.

Directions from the Beltway

Go east on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

NOVA Campus Buildings

(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities. **PLEASE PARK IN THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$2.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

Ernst Community Cultural Center (CE), also called the NOVA Cultural Center, Annandale Campus, building marked "A" on the map. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

Spring Hill Club House, 8946 Yellow Daisy, Lorton, VA.

Directions from I-395 South (I-395 becomes I-95 south of the Beltway)

Take I-395 South to I-95 South and then take Exit 163 for Lorton. Turn right onto Lorton Road. At the very next traffic light (just a few feet ahead) turn right onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn left onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet).

** At this point, there is a gate. The gate does not open until 10:00 a.m. Enter through the gate. Go to the second street. Turn right. Go one block to the club house, just past the stop sign. (In case you are late you might have to knock on the door or go around the back to knock on a door.*

Directions from the Fairfax County Parkway (old Route 7100 — new Route 286)

Take the Hooes Road south exit. After approximately 1.3 miles, turn left at the second traffic light onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn right onto Laurel Crest Drive. Turn left onto Mountain

Larkspur Drive (about 500 feet). Continue at * above.

Directions from Route 123

From Route 123 heading south, go to Silverbrook Road and turn left onto Silverbrook. Continue on Silverbrook to the second light. Turn right onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet). Continue at * above.

St. Matthew's United Methodist Church, 8617 Little River Turnpike, Annandale.

Directions from the Beltway

Drive west on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot.

Directions from Braddock Road going East

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

Classroom: Enter the classroom on the far left-hand side of the building through a basement door. However, if this side basement door is not yet open, enter the church through the main doors in the center. Follow the signs to the main church office. Right before the office is a stairwell on your left. You need to open the door to see the stairwell. Walk down one level and the classroom is a few feet from the foot of the stairs.

LLI Course Registration Form – Summer 2015

*****Please use one form per person*****

Name: _____ Telephone: _____

Email: _____

Return Form to:

LLI/NOVA

Date: _____

Godwin Building (CG), Room 202

8333 Little River Turnpike

Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	15S01A	Paint Along with Davi and Take Home Your Own Original I	\$ 8.00		
	15S02A	A Bird Walk at Dyke Marsh			
	15S03A	Search for the Historical Jesus			
	15S04A	Children of the Sun — The Rapid Rise and Fall of the Inca Civilization			
	15S05A	The Discipline and Benefits of Mindful Meditation			
	15S06P	Apple App RoundUp			
	15S07P	Android App RoundUp			
	15S08A	Paint Along with Davi and Take Home Your Own Original II	\$ 8.00		
	15S09A	Saved by the Bell — The Rescue of Mount Vernon			
	15S10P	Improve Difficult Conversations in Everyday Life			
	15S11P	A Melancholy Mile: The Rough and Tumble Side of Pennsylvania Avenue			
	15S12P	The Booth Conspiracy and Crime at Ford's Theatre			
	15S13A	Financial Planning for Couples, Widows and Widowers			
	15S14A	Motivation, Nutrition and Exercise			

Continued on next page

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	15S15P	Privacy Isn't Dead! Why It Isn't and What You Need to Know to Protect Your Personal and Financial Information			
	15S16A	The World of Gems			
	15S17A	Understanding Annuities			
	15S18A	History of Modern Lebanon			
	15S19P	Poetry Writing -- Let's Make It Happen			
	15S20P	Poetry and You			
	15S21P	Amidst the Uproar of the Sixties at UC-Berkeley and Lessons Learned			

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

LLI Course Registration Form – Summer 2015

*****Please use one form per person*****

Name: _____ Telephone: _____

Email: _____

Return Form to:

LLI/NOVA

Date: _____

Godwin Building (CG), Room 202

8333 Little River Turnpike

Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	15S01A	Paint Along with Davi and Take Home Your Own Original I	\$ 8.00		
	15S02A	A Bird Walk at Dyke Marsh			
	15S03A	Search for the Historical Jesus			
	15S04A	Children of the Sun — The Rapid Rise and Fall of the Inca Civilization			
	15S05A	The Discipline and Benefits of Mindful Meditation			
	15S06P	Apple App RoundUp			
	15S07P	Android App RoundUp			
	15S08A	Paint Along with Davi and Take Home Your Own Original II	\$ 8.00		
	15S09A	Saved by the Bell — The Rescue of Mount Vernon			
	15S10P	Improve Difficult Conversations in Everyday Life			
	15S11P	A Melancholy Mile: The Rough and Tumble Side of Pennsylvania Avenue			
	15S12P	The Booth Conspiracy and Crime at Ford's Theatre			
	15S13A	Financial Planning for Couples, Widows and Widowers			
	15S14A	Motivation, Nutrition and Exercise			

Continued on next page

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	15S15P	Privacy Isn't Dead! Why It Isn't and What You Need to Know to Protect Your Personal and Financial Information			
	15S16A	The World of Gems			
	15S17A	Understanding Annuities			
	15S18A	History of Modern Lebanon			
	15S19P	Poetry Writing -- Let's Make It Happen			
	15S20P	Poetry and You			
	15S21P	Amidst the Uproar of the Sixties at UC-Berkeley and Lessons Learned			

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

LLI / NOVA Membership Form

Phone: (703) 503-0600 E-Mail: llinova@juno.com

Title: Mr., Mrs., Ms., Dr., Other _____ (circle one)

Name _____

Address _____

City _____ State _____ ZIP _____ - _____

Phone Number(s): Home () _____ Other () _____

E-Mail Address _____

Please indicate if any information above differs from latest LLI Directory.

Where did you hear about LLI? _____

Briefly tell us about your career, expertise, or skills _____

Fee: \$110 per year for individual membership. Checks should be made payable to **LLI/NOVA**.

Send to: LLI / NOVA
Building CG, Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743

As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.

Please also complete the following:

Date _____ Renewal
Amount Paid _____ New
Check # _____

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

- | | | | |
|------------------------------------------------------|---------------------------------------------|----------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Present a Course | <input type="checkbox"/> Plan a Course | <input type="checkbox"/> Coordinate a Course | <input type="checkbox"/> Serve on the Board |
| <input type="checkbox"/> Serve on a Committee | <input type="checkbox"/> Help in the Office | <input type="checkbox"/> Assist with A/V equipment | |
| <input type="checkbox"/> Assist with Travel Planning | <input type="checkbox"/> Other _____ | | |

Would you like for someone to contact you to answer any questions or provide additional information? _____

If you have any questions about volunteer opportunities, contact the LLI Volunteer Coordinator, Philippa Centini, at phil.centini@verizon.net or (703) 658-1545.

Program Compiled by the Curriculum Committee

Doug Johnson – Chairperson

(h) 703-628-3115 (email) llinovadoug@gmail.com

Moe Moser – Space Coordinator

Barry Centini

Philippa Centini

Pat Daniels

Anna Dixon

Lorin Goodrich

Carol Jeffords

Paul Hopler

Kim Rendelson

Judy Robison

Peter Schwarzkopf

LLI President — George Chalou

(h) 703-573-7769

(email) gchalou@cox.net

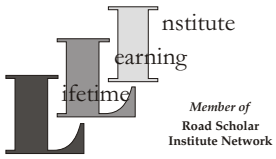
The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations, and publishing the Program Catalogue with the required information.

If you would like to participate on the Committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above members.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.


LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin. It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.



Lifetime Learning Institute
NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600 / E-Mail: llinova@juno.com

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Permit No. 2192
Merrifield, VA

Change Service Requested

A starburst-shaped graphic with a jagged, multi-pointed border, containing the following text:

**Reminder:
Registration closes
May 15, 2015**