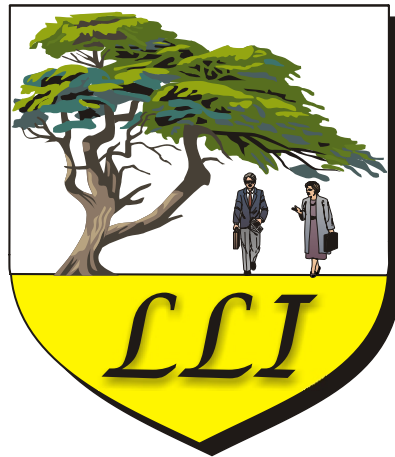




Winter-Spring 2016 Program



Lifetime Learning Institute

NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600
Website: <http://lli.nova.org>
E-Mail: llinova.admn@gmail.com

Member of
**Road Scholar
Institute Network**

Romantic Poetry — Candlelight — Live Music
Flowers — Balloons — Chocolate — Light Fare



*Mark Your Calendar
and
Celebrate Valentine's Day
at the*



12th Annual Valentine's Day Open House

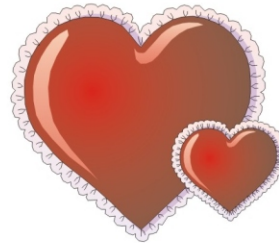
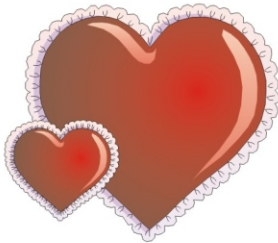


*Sponsored by the
LL9 Poetry Class*



*Friday, February 12
2:00 p.m. to 4:00 p.m.*

*Little River United Church of Christ
Social Hall*



General Information

What Is LLI?

Sponsored by Northern Virginia Community College (NOVA), the Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Road Scholar Institute Network (RSIN) and benefits from the services RSIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired) who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

LLI:

- is governed and financed by members.
- is supported by member-led planning, administration, and instruction.
- provides non-credit, non-degree courses.
- offers educational, cultural, and social events.
- recognizes that physical and mental health are major elements of vital aging.

What Do We Have to Offer?

- Participation in courses and special interest groups throughout the year, usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

In addition, affiliation with both NOVA and RSIN means that, as a member of LLI/NOVA, you are entitled to a Community Patron card, obtained from the NOVA library by showing a picture ID. This entitles members to use the NOVA library, located on the third floor of the Godwin Building. Up to three books can be charged out for three weeks; they can be renewed online for an additional period. Go to <http://www.nvcc.edu/library> for more information. There is no cost for the card.

How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10:00 a.m. and 3:00 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers, and other suitable locations. See full addresses of class locations starting on page 21.

How Do I Become a Member and What Is the Cost?

Complete the membership application form found on pages 27 and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

How Do I Register for Classes and Tours?

Complete the class registration form found on pages 23 and 25, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed, stamped envelope and any applicable fees as soon as possible; *registration for classes closes Friday, December 18, 2015*. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been cancelled. **As a courtesy to other LLI members, please call the Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.**

As a general rule, LLI courses are open to LLI members only. However, there may be occasions when non-members may attend (or may be invited to attend). Course Coordinators are authorized to admit non-members when appropriate, and

when space is available. Please note that if you are wait-listed for a course, you are not “accepted” unless notified. The next time the course is offered, you must re-register but will be given priority acceptance.

What Is the Monthly Forum?

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 4) on the NOVA Annandale Campus (see page 5 for schedule). For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on Center Drive next to the Ernst Center. There is a \$2.00 per hour charge to park in the garage.

What Are the Cancellation Policies?

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather, all LLI classes, special interest groups (SIGs), and Forums are cancelled regardless of location. LLI morning activities are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon activities are cancelled if the FCPS announces early dismissal. Trips and social events will take place unless cancelled at the leaders’ directions.

When Is the Registration Deadline?

The registration deadline for the courses in this catalog is *Friday, December 18, 2015*.

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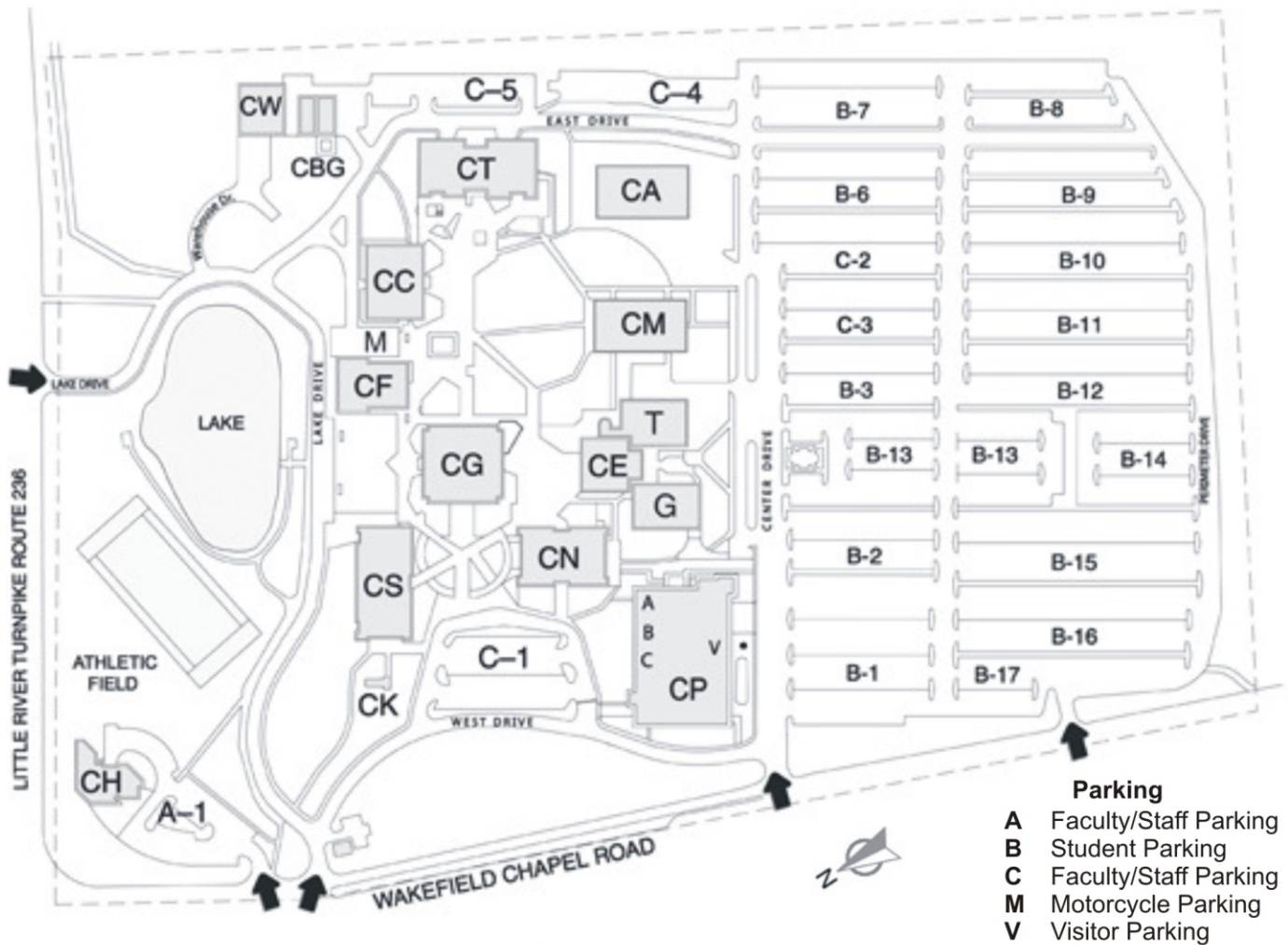
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NOVA Campus Map



Building Identification

- | | |
|---|--------------------------------------|
| CA Student Services Building Police | CN Nursing Building |
| CC Classroom Building | CBG Building and Grounds |
| CE Richard J. Ernst Comm. Cult. Ctr. | CP Parking Garage |
| CF Food Services Building | CS Shuler Building |
| CG Godwin Building | CT TV Tech. Building |
| CH Brault Building | CW College Warehouse Building |
| CK Greenhouse | G Gymnasium |
| CM McDiarmid Building | T Theater |

LLI Winter-Spring Program 2016

Note: All programs are free to members unless otherwise specified. See full addresses of course locations starting on page 21.

Members must register for the courses prior to attending because of space constraints. If you are unable to attend after registering, please contact the Course Coordinator so that anyone on the waiting list can be given the opportunity to attend the course.

Remember that we are guests in the buildings where we attend courses; in some cases, these buildings are residents' homes. We need to be courteous to both the staff who work in these buildings as well as the residents. If we don't extend such courtesy, we run the risk of not being invited back.

LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations, brief announcements are made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

Upcoming Forum dates are: Tuesday, January 5, and Wednesdays, February 3, March 2, April 6, May 4, and June 1. Ernst Cultural Center (CE), NOVA Annandale Campus

ATTENTION! PLEASE WEAR YOUR LLI BADGE/LANYARD TO ALL LLI ACTIVITIES.

This is imperative. If you have lost your badge/lanyard, just contact Janice Viola in the LLI office and she will send you a new one (replacement cost is \$1.00).

Monday Mornings

Course 16W01A Journey Down the Alimentary (Gastrointestinal) Canal (NOVA Faculty) (3 Sessions)

Join us on a trip of epic proportions. We will shrink ourselves to the size of a morsel of food and journey down our alimentary canals (aka our digestive tracts). This course will debunk the mysteries of the digestive system by providing an accurate physiological tour of the way the system works. You will learn how, when, and where different foodstuffs are digested. The first session will be an overview of the digestive system, discussing the anatomy and physiology of the upper gastrointestinal tract. The second session will concentrate on the organs of the lower gastrointestinal tract. The third session will focus on the absorption and distribution of nutrients in the body cells. Along the way we will discuss the various "ports of call," including the pancreas, liver and gall bladder. This is not a nutrition course per se; however, there will be time to answer questions about various GI disorders and basic nutrition.

Dates & Time: Mondays, January 18, February 15, March 21; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. GILLIAN BACKUS, B.A., Mount Holyoke College; Ph.D. in toxicology, University of North Carolina (Chapel Hill). Dr. Backus is a professor of biology at NOVA-Loudoun. She teaches an honors level biology 101 course focusing on the potential role of food in influencing cancer.

Course 16W02A Understanding Opera, Part II (3 Sessions)

Discover the world's greatest art form or simply deepen your appreciation of it, guided by an operatic composer, singer and author. Students will gain appreciation and insight into operatic masterpieces. This class is designed to acquaint students with the last two productions of Virginia Opera's 2015-2016 season: a lush new production of Gounod's classic opera *Romeo and Juliet* and Wagner's haunting supernatural tale *The Flying Dutchman*. Students will receive complete musical/dramatic analysis, illustrated with audio and video excerpts. Recommended for beginners and aficionados alike.

Dates & Time: Mondays, January 25, February 1, February 8; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Little River United Church of Christ (Choir Room), Annandale

Class Size: Min. 20, Max. 50

LLI Coordinator: Anna Dixon (703) 503-5463 (H), (703) 517-3556 (C); njoi2day@aol.com

Leader:

GLENN WINTERS, Ph.D. in music, Northwestern University; M.A. and B.A. in piano performance, Indiana University. His background includes teaching at two universities, performing as a solo pianist and accompanist, and performing as an operatic baritone. Dr. Winters has sung principal roles with Virginia Opera, Opera Festival di Roma, and others. His compositions include eight children's operas commissioned by the Virginia Opera's Education Department. He authored the book, *The Opera Zoo: Singers, Composers, and Other Primates*. Dr. Winters joined the Virginia Opera's Education and Audience Development Department in 2004 as Community Outreach Musical Director.

Course 16W03A Staging Your Home for Sale (1 Session)

Real estate staging is the process of visually preparing a home for market. In this class you will learn how a staged home will maximize the financial return and minimize the time on the market.

Date & Time: Monday, April 11; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 20, Max. 60

LLI Coordinator: Gina Trapp (703) 522-7528 (H), (571) 345-5897 (C); gtrapp_26@msn.com

Leader:

NICKIE MYERS retired from teaching and opened her own interior design business. She specializes in working with the homeowner's furnishings. Over the last 16 years Nickie has helped many clients downsize their homes.

Monday Afternoon

Course 16W04P Great American Bestsellers: The Books That Shaped America (2 Sessions)

This is a continuation of The Great Courses lectures given by Professor Peter Conn of the University of Pennsylvania, which began in the fall of 2013. Once again, we will be looking at the works of various American authors. After viewing the DVDs, we will discuss the books that we will be reading.

March 14 *The Catcher in the Rye* by J. D. Salinger

April 11 *Catch-22* by Joseph Heller

Dates & Time: Mondays, March 14, April 11; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Choir Room), Annandale

Class Size: Min. 12, Max. 30

LLI Coordinator: Lynne Smaldone (703) 525-9623 (H); smaldonega@hotmail.com

Leaders:

LYNNE SMALDONE received a bachelor's degree from the State University at New Paltz, New York. She taught for four years at the elementary school level, and then worked as a programmer for IBM. Lynne is currently the coordinator for the LLI Favorite Books Club.

LIBBY BURGE received a B.S. from Oklahoma State University, an M.Ed. from the University of Oklahoma, and an M.A. from George Mason University. She was a Fairfax County Juvenile and Domestic Relations Court Intake Officer for 16 years, working with juvenile criminal and status offenders. Libby has been an LLI member for 16 years, and is a charter member and former coordinator of the Favorite Books Club.

Tuesday Mornings

Course 16W05A The Johnstown Flood (NOVA Faculty) (1 Session)

On Thursday, May 10, 1889, Johnstown, Pennsylvania, was hit by a devastating flood. The flood was caused by the breach of a dam belonging to a sporting club owned by well-off Pittsburgh industrialists. The course will recount this historic tragedy when over 2,300 were killed. We will learn how government action during its aftermath is somewhat reminiscent of more recent disasters (e.g., San Francisco earthquake, Hurricane Katrina, Superstorm Sandy, and the Oklahoma City Murrah Federal Building bombing).

Subsequent investigations into the Johnstown flood revealed a complex relationship between the owners of the sporting club and the town. The muckraking

newspapers in Pittsburgh reported the tragedy to the rest of the country as a case of newly rich industrialists acting in disregard of the rights of others. The disaster dramatically changed Johnstown and the state and national capabilities to respond to disasters.

Date & Time: Tuesday, February 2; 11:00 a.m. — 12:30 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. ROGER HILL retired from the Air Force in 1992 after 27 years of service. He then earned a Ph.D. from George Mason University and became a history instructor at several academic institutions (e.g., University of Maryland, Strayer University online, Germanna Community College, NOVA, and George Mason University). During research, he came across a book by David McCullough entitled *The Johnstown Flood* and recalled a number of comments his father (the city editor of Johnstown's newspaper) had made about the flood. His research caused Professor Hill to consider the significance of the man-made catastrophe when compared with several later ones in American history.

Course 16W06A Lincoln's Great Speeches Before His Presidency (1 Session)

Abraham Lincoln delivered notable speeches marking milestones in his public life before the presidency. What do those speeches tell us about the evolution of Lincoln's thinking? How did they affect his political career from young legislator to one-term congressman to defeated senate candidate to Republican candidate for president? Are they relevant today?

Date & Time: Tuesday, February 9; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

JOHN ELLIFF holds a B.A. from DePauw University and a Ph.D. in government from Harvard University. He taught American Government at Barnard College and Brandeis University before serving in various government positions. His articles on Lincoln have appeared in the *Journal of the American Lincoln Association*, the *Lincoln Forum Bulletin*, and *The Lincolnian*. He is vice president of the Lincoln Group of DC.

Course 16W07A Risk Management and Asset Protection (1 Session)

After saving and investing for many years, people often have accumulated their largest amount of assets just prior to retirement. Suffering a large financial loss at this time or during retirement can be devastating. Along with establishing cash reserves and an estate plan, a comprehensive review of risk management is one of the first issues that should be addressed when developing a financial plan. We will discuss risk management-related topics that will not only help

protect your assets, but can also provide peace of mind for you and your family.

Date & Time: Tuesday, February 16; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Scott Pinckney (703) 323-9361 (H), (703) 786-2995 (C); spinck3@aol.com

Leader:

JOSHUA GOULDING is a Level II Chartered Financial Analyst and a First Vice President at the McLaughlin Ryder Firm in Alexandria, VA. He is a well-known and highly regarded financial professional who specializes in working with seniors, retirees, and those approaching retirement. He is a graduate of Georgetown University where he earned a B.A. in psychology and pre-med studies. Mr. Goulding also earned an Executive Certificate in Financial Planning from Georgetown University.

Course 16W08A Managing Your Investments During Retirement (1 Session)

This is an opportunity to learn about strategies for investing retirement funds in uncertain times. When combined with an uncertain future for interest rates and heightened volatility of the markets, the need for sound investment strategies has never been greater. In this course we will discuss considerations before investing, investment categories, investment vehicles, types of investment risk, and risk management strategies.

Date & Time: Tuesday, February 23; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Scott Pinckney (703) 323-9361 (H), (703) 786-2995 (C); spinck3@aol.com

Leader:

JOSHUA GOULDING is a Level II Chartered Financial Analyst and a First Vice President at the McLaughlin Ryder Firm in Alexandria, VA. He is a well-known and highly regarded financial professional who specializes in working with seniors, retirees, and those approaching retirement. He is a graduate of Georgetown University where he earned a B.A. in psychology and pre-med studies. Mr. Goulding also earned an Executive Certificate in Financial Planning from Georgetown University.

Course 16W09A How to Speak With Your Doctor About Your Heart (1 Session)

Heart disease becomes more prevalent as we age. Basic knowledge regarding cardiac anatomy and physiology will enhance any discussion with your doctor. Communication is key to a rewarding physician-patient relationship.

Date & Time: Tuesday, March 22; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Philippa Centini (703) 658-1545 (H), (703) 472-5269 (C); phil.centini@verizon.net

Leader:

LEWIS SUSKIEWICZ, M. D. received both his undergraduate and medical degrees from Georgetown University. After completing his postgraduate training, he began private practice in internal medicine in December 1975. Dr. Suskiewicz spent his entire professional career in practice in Springfield, Virginia until his retirement in August 2013. During that period, many of his patients and their families retained Dr. Suskiewicz as their primary care physician.

Course 16W10A How Americans Memorialize Our War Dead (NOVA Faculty) (2 Sessions)

During the last several decades there have been controversies about how, or whether Americans should provide memorials honoring those who died defending our nation. This course will focus on American efforts to memorialize those killed during the 20th century and explain the history of such efforts over the centuries. Not all memorials are developed to honor soldiers, and not all are statues or arches!

Dates & Time: Tuesdays, March 29, April 5; 11:00 a.m. — 12:30 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. ROGER HILL spent 27 years in the Air Force serving primarily in Europe and at the Pentagon. Upon retiring in 1992 he earned a Ph.D. from George Mason University. His dissertation was on the building of the National D-Day Memorial in Bedford, VA, focusing on how the town's D-Day losses led to it becoming the location of the Memorial. Professor Hill has taught history at the University of Maryland, Strayer University online, Germanna Community College, NOVA, and George Mason University.

Course 16W11A Spring Blooms Tour at Meadowlark Botanical Gardens (1 Session)

Trees are budding, birds are singing, and flowers are blooming! Enjoy spring's finest on a guided tour of Meadowlark Botanical Gardens, a 95-acre garden park. Learn about flowers that are champions of the spring landscape. (**Note: Please wear walking shoes.**)

Date & Time: Tuesday, April 19; 10:00 a.m. — 11:30 a.m.

Place: Meadowlark Botanical Gardens, Vienna

Class Size: Min. 8, Max. 20

LLI Coordinator: Mary Lu Bednarsky (703) 455-3999; mbednarsky@earthlink.net

Leader:

JULES MALONEY started as the Meadowlark Botanical Gardens specialist in March of 2014. From 1988-2001, Jules served as a public relations specialist for the Northern Virginia Regional Park Authority, Meadowlark's parent organization, and promoted all regional parks and their programs and events. A former elementary school teacher, Jules provides Meadowlark's educational programming for schools and community groups.

Course 16W12A Honoring Those Who Served During the Civil War (1 Session)

During the Civil War, the unprecedented number of deaths of soldiers resulted in efforts to respect and honor the men who had died far from home. Thousands of known and unknown were hastily buried in shallow graves on the battlefields. In July 1862 the U.S. Congress authorized President Lincoln to purchase land for the establishment of cemeteries for those who died fighting on behalf of the U.S. As a result, fourteen national cemeteries were created. In 1864, Quartermaster General Montgomery Meigs established Arlington National Cemetery on the Custis-Lee property. Through the years, governments and communities have established other cemeteries to honor both Union and Confederate soldiers. This presentation was prepared by the Fairfax County Cemetery Preservation Association (FCCPA).

Date & Time: Tuesday, April 26; 10:00 a.m. — 11:30 a.m.
Place: Mason District Governmental Center (Main Conference Room), Annandale
Class Size: Min. 10, Max. Unlimited
LLI Coordinator: Delsa Hildebrandt (703) 532-3970; delsa007@aol.com

Leader:

MARY LIPSEY received a B.A. in history and sociology from Mary Washington College (1972) and a master's in Middle School Education from Virginia Tech (1989). In June 2003, Mary retired after over 30 years with Fairfax County Public Schools. She has been a volunteer docent for the Smithsonian American History Museum and for the National Archives.

Tuesday Afternoons

Course 16W13P The Civil War and the Town of Occoquan, Virginia (1 Session)

The Confederacy didn't trust the small town of Occoquan because of its reputation as an abolitionist stronghold. Confederate troops were encamped in the vicinity and constructed a gun battery above Rockledge Mansion, which was fired upon at least twice by a Union warship. Even as enemy troops skirmished around them, residents carried out an "informal" mail service between North and South routed through the town. Learn the details and more stories about the quaint Town of Occoquan during the years 1861-1863.

Date & Time: Tuesday, March 8; 1:30 p.m. — 3:00 p.m.
Place: Spring Hill Club House, Lorton
Class Size: Min. 10, Max. 40
LLI Coordinator: Judy Robison (703) 440-8479 (H), (703) 850-5795 (C); robisonja23@gmail.com

Leader:

KAY PIETREWICZ couldn't have guessed how her life would blossom when she moved to Prince William County in 2009. She owns Haunted Occoquan Tours and holds memberships with Historic Dumfries, Inc. and the Occoquan Historical Society. She recently acquired her CTA (Certified Tourism Ambassador) with the Journey Through Hallowed Ground Tourism Ambassadors Program.

Course 16W14P Three Pros Help Sell Your Home (1 Session)

A real estate broker, a moving company representative, and an estate sale expert form a panel to give practical advice about selling your home.

Date & Time: Tuesday, March 8; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 30, Max. 60
LLI Coordinators: Nickie Myers (703) 532-3726 (H), (703) 507-6645 (C), nickie@yoursbydesign.com; Gina Trapp (703) 522-7528 (H), (571) 345-5897 (C), gtrapp_26@msn.com

Leaders:

LYNN HOOVER is a certified senior advisor (CSA), a senior real estate specialist (SRES), and an associate real estate broker with McEearney Associates. She has spent over 40 years helping folks buy and sell real property. Assisting and counseling her many over-55 clients and exploring their options is a large part of Lynn's business, and one that she treasures with each relationship she and her clients build together.

AMY POLLY and SARAH HELMICKI are both certified moving consultants (CMC), a certification awarded by AMSA, the American Moving and Storage Association. Amy and Sarah each have ten years in the moving industry with an emphasis on downsizing and senior moving.

SANDRA JORGENSON is the owner and operator of Transition Services for Moves and Estates, and has worked in estate liquidation for over 20 years. From the largest, most fully-packed house to the smallest of living quarters, she has managed, with care and consideration, the removal of personal property and household goods from many homes.

Course 16W15P Philosophy Presentations (NOVA Faculty) (2 Sessions)

Session 1: *Hippocrates*, as the "Father of Medicine," established the tradition of medical treatment based on the correction of observable, unhealthy imbalances in the bodies of patients. His emphasis on detailed observations as the foundation for diagnosis, as well as his dismissal of mythical or supernatural causes of disease, preceded equivalent approaches in the development of early Greek philosophy (i.e., the insistence that the phenomena of nature can be explained by diligent observation and dedicated use of reason instead of reliance on traditional myths). Early efforts at explaining the nature of human beings often developed a parallel between what was required for the health of the body and what was recommended for the health of the soul, the knowing and choosing powers, of human beings. We will briefly consider the underlying justification for the principles set forth in the Hippocratic Oath and how those principles can be generalized by looking at one example of an ancient medical facility dedicated to the application of Hippocratic principles.

Session 2: *Francis Bacon* was one of the earliest exponents of what became known as empiricism, a theory that emphasized experience as the basis of all knowledge. Human beings are the servants and interpreters of nature, and cannot go beyond what they have observed in or thought about nature. In his *Novum Organum*, he effectively explained and successfully promulgated the use of accurate observation and experimentation in the advancement

of science. We will review selected extracts from *Novum Organum* illustrating Bacon's recommendations for a sound scientific methodology and his identification of typical biases or "idols" that interfere with accurate knowing.

Dates & Time: Tuesdays, March 15, 29; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 40

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

JOHN McGUINNESS earned his M.A. in philosophy at the University of Chicago and worked for the federal government for 40 years as a Marine Corps officer, foreign service officer, intelligence officer, and finally (for 20 years) as a foreign affairs officer at the State Department. He is currently an adjunct professor at NOVA-Annandale.

Course 16W16P You Can Be an iPhone/iPad Guru (1 Session)

Are you ready for even more exciting iPhone and iPad adventures? You've mastered the basics of your iDevice and you're ready to learn more. In this class we'll cover the camera and photos; FaceTime; taking advantage of iCloud, iTunes, and Apple Music; creating a WiFi hotspot; using our devices to edit documents (and do more laptop-like things); and some really cool apps. Join Kyla Lupo for this fun and interactive class where we will take the next steps towards becoming iPhone and iPad gurus! Bring your questions, and your charger. It is recommended that students bring their devices fully charged.

NOTE: This class will focus exclusively on iOS 9, iPhones and iPads. This is not a class on Android or Windows devices (like the Samsung Galaxy, Google Nexus 4, Motorolas, the Amazon Fire, or Windows Surface). If you have not updated your iPhone or iPad to iOS 9, please contact Kyla Lupo at (571) 357-4022 prior to class so she can guide you through the steps. It is expected that if you come to this class you've already taken iPhones and iPads for Beginners, or have equivalent knowledge. If you haven't taken the beginner class, please register for it (see Course 16W17P).

Date & Time: Tuesday, March 22; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Community Room), Annandale

Class Size: Min. 5, Max. 30

LLI Coordinator: Pat Daniels (703) 354-3792 (H), (703) 517-9725 (C); rwdaniels63@gmail.com

Leader:

KYLA LUPO has been teaching adults about the wonders of technology since 2006. As the CEE (Chief Executive of Everything) at Smart Again!, she has been specially crafting classes and workshops for the technophobic, the impatient, and those who consider themselves lost causes. After spending four years teaching high school photography, Kyla set out on a new journey: empowering adults to conquer technology. She also consults with small businesses to help them maximize technology to increase profits, and works with individual students or small groups in their homes on independent projects.

Course 16W17P iPhones and iPads for Beginners (1 Session)

Did you know your iPhone has a compass or that you can get walking or public transportation directions, not just driving directions? Did you know that you can send an e-mail or a text using only your voice? Your iPhone and iPad can also video chat with other iDevices (like iPhones, iPads, and even Apple computers). What about the awesome digital camera that's right in the device? (Don't worry, we'll also cover how to answer a phone call and listen to your voicemail!) Join Kyla Lupo for this fun and interactive class where we will unearth all the hidden treasures in your iPhone, iPad and iOS 9. Bring your questions, and your charger. It is recommended that students bring their devices fully charged.

NOTE: This class will focus exclusively on iOS 9 and iPhones and iPads. This is not a class on Android or Windows devices (like the Samsung Galaxy or Motorola Razr, the Amazon Fire, or the Microsoft Surface). If you have not updated your iPhone or iPad to the latest version of iOS, please contact Kyla Lupo at (571) 357-4022 prior to class so she can guide you through the steps. If you have already taken this beginner class or one similar to it and feel confident in your abilities, consider registering for the You Can Be an iPhone/iPad Guru class (see Course 16W16P).

Date & Time: Tuesday, April 12; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Community Room), Annandale

Class Size: Min. 5, Max. 30

LLI Coordinator: Pat Daniels (703) 354-3792 (H), (703) 517-9725 (C); rwdaniels63@gmail.com

Leader:

KYLA LUPO has been teaching adults about the wonders of technology since 2006. As the CEE (Chief Executive of Everything) at Smart Again!, she has been specially crafting classes and workshops for the technophobic, the impatient, and those who consider themselves lost causes. After spending four years teaching high school photography, Kyla set out on a new journey: empowering adults to conquer technology. She also consults with small businesses to help them maximize technology to increase profits, and works with individual students or small groups in their homes on independent projects.

Course 16W18P Public Women: Prostitution During the American Civil War (1 Session)

It is estimated that 100,000 books have been written about the American Civil War. They discuss topics such as battles, generals, tactics, strategy, fortifications, prisons, uniforms, and weapons, but devote little attention to human and social issues. This course focuses on the issue of prostitution, with special emphasis on its presence and impact in Washington, DC.

Date & Time: Tuesday, April 19; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Ed McKnight (703) 425-6224 (H); edjem@aol.com

Leader:

CAROL JEFFORDS earned a B.A. in history from Washington State University. She is a former intelligence analyst at CIA and

worked in the training offices of MITRE Corporation and TRW (now Northrop Grumman) before joining LEAD Alliance, Inc., a small, woman-owned consulting company. She is a member of the Society of Women and the Civil War, and LLI.

Course 16W19P The Constitution and Bill of Rights, Part IV (4 Sessions)

The development of our Constitution and the first 10 amendments (the Bill of Rights) will be analyzed. Their application and relevance to today's society will be discussed.

Note: Part III of *The Constitution and Bill of Rights*, which precedes this course, will be found listed under Various Days. Part III is not a prerequisite for Part IV.

Dates & Time: Tuesdays, June 7, 14, 21, 28; 1:30 p.m. — 3:00 p.m.

Place: Greenspring Village (Village Square Accotink Room), Springfield

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Doug Johnson, (703) 628-3115 (C);

llinovadoug@gmail.com

Leader:

MARVIN WAGNER, L.L.B., Brooklyn Law School; L.L.M. Georgetown Law School. Marvin is an instructor at various NOVA campuses and other institutions. His focus is in criminal, constitution, business and hospitality law.

Wednesday Mornings

Course 16W20A Paint Along with Davi and Take Home Your Own Original I (1 Session)

Class participants need no prior painting experience, as Davi D'Agostino will walk them through the process, step-by-step, to create their very own small masterpiece! Participants will learn how to use acrylic paints, deal with composition, understand perspective, and shade and highlight using paint. They will go home with their own signed original—surprised at how well they can paint! **Participants should bring an apron or old shirt to paint in. Acrylic paints, canvas, and brushes will be supplied. An \$8.00 materials fee (exact change please) will be collected at the beginning of class.**

Note: To attend this class, you *must* have a confirmed registration. (This class is offered twice; please sign up for I or II, not both.)

Date & Time: Wednesday, January 20; 10:00 a.m. — 12:00 p.m.

(Note class time.)

Place: Spring Hill Club House, Lorton

Class Size: Min. 7, Max. 12

LLI Coordinator: Anna Dixon (703) 503-5463 (H), (703) 517-3556 (C);

njoi2day@aol.com

Leader:

DAVI M. D'AGOSTINO began drawing and painting as a child and returned to painting in her retirement years. She has sold several of her works and won several awards, showing her oil and acrylics paintings throughout Northern Virginia in juried and judged shows. She is a member of the Vienna Arts Society and the Art Guild of Clifton. Her paintings have been exhibited at the Vienna Arts Center and Gallery, Green Spring Gardens, and the Fairfax Art League's Galleries. Davi was the Art Guild of Clifton's June 2015 Featured Artist at the Clifton Wine Shop and Tasting Room. Visit her website at www.davifineartsgallery.com.

Course 16W21A Sharpen Your Knife Skills (1 Session)

Join us for a short course on knife skills. Know and understand:

- The best knives to have in your kitchen;
 - Why certain knives are best for particular culinary tasks;
 - How to use and safely handle kitchen knives; and
 - How to sharpen, clean and store kitchen knives.
- Slicing and dicing everyday food items will also be discussed.

Date & Time: Wednesday, February 17; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 20

LLI Coordinator: Bonnie Hopler (703) 978-9381 (H), (703) 508-6219

(C); *pbhopler@cox.net*

Leader:

CALVIN KRAFT attended *L'Académie de Cuisine* and The Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring, Cal was the owner and executive chef of Dinner Is Served LLC, a personal chef/catering operation.

Course 16W22A Savvy Social Security Planning: Strategies for Maximizing Social Security Benefits (1 Session)

This course is designed for LLI members and their children/guests on what they need to know before starting their benefits. The course is also a recruiting device to interest prospective new LLI members. Baby boomers will learn how the rules can affect their own benefits as well as an eligible spouse, survivor, divorced spouse, or working spouse, and the associated tax issues. Decisions made before starting your benefits can have a tremendous bearing on the amount of benefits you stand to receive. Learn innovative strategies for coordinating benefits with your spouse and other retirement income.

Date & Time: Wednesday, February 24; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Scott Pinckney (703) 323-9361 (H), (703) 786-2995

(C); *spinck3@aol.com*

Leader:

J. MICHAEL MAY is a chartered financial consultant (ChFC) and chartered life underwriter (CLU). He is a financial planner and frequent presenter at LLI and OLLI. Mike is a registered representative of Lincoln Financial Advisors Corporation, and has been assisting seniors for over 30 years.

Course 16W23A Paint Along with Davi and Take Home Your Own Original II (1 Session)

Class participants need no prior painting experience, as Davi D'Agostino will walk them through the process, step-by-step, to create their very own small masterpiece! Participants will learn how to use acrylic paints, deal with composition, understand perspective, and shade and highlight using paint. They will go home with their own signed original—surprised at how well they can paint! **Participants should bring an apron or old shirt to**

paint in. Acrylic paints, canvas, and brushes will be supplied. An \$8.00 materials fee (exact change please) will be collected at the beginning of class.

Note: To attend this class, you *must* have a confirmed registration. (This class is offered twice; please sign up for I or II, not both.)

Date & Time: Wednesday, March 9; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Spring Hill Club House, Lorton

Class Size: Min. 7, Max. 12

LLI Coordinator: Anna Dixon (703) 503-5463 (H), (703) 517-3556 (C); njoi2day@aol.com

Leader:

DAVI M. D'AGOSTINO began drawing and painting as a child and returned to painting in her retirement years. She has sold several of her works and won several awards, showing her oil and acrylics paintings throughout Northern Virginia in juried and judged shows. She is a member of the Vienna Arts Society and the Art Guild of Clifton. Her paintings have been exhibited at the Vienna Arts Center and Gallery, Green Spring Gardens, and the Fairfax Art League's Galleries. Davi was the Art Guild of Clifton's June 2015 Featured Artist at the Clifton Wine Shop and Tasting Room. Visit her website at www.davifineartsgallery.com.

COURSE 16W24A The Prophets and a Just Society (NOVA Faculty) (2 Sessions)

The course will explore select biblical texts from the Hebrew Bible/Old Testament and interpret them in light of contemporary society. Topics will include: Justice and Worship; Justice and Power; War and Peace. (**Note:** Students may wish to bring a copy of the Bible.)

Dates & Time: Wednesdays, March 23, 30; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C), lorin.goodrich@verizon.net

Leader:

Dr. HEMCHAND GOSSAI is the Associate Dean of Liberal Arts at NOVA-Annandale. He has a B.A. from Concordia College, Moorhead, MN, graduating summa cum laude with a triple major in English, Religion and Spanish. He earned his M.Div. from Luther Seminary, St. Paul, MN and his Ph.D. in Biblical Criticism and Hebrew from the University of St. Andrews, Scotland.

Course 16W25A An Artful Trip Across America (1 Session)

Enjoy a visual trip across America by examining art from the Smithsonian American Art Museum. By looking at landscapes, seascapes, and cityscapes, we will explore how regional differences influence artists and their work. The relationship between people and their environment is also depicted in the museum's vast collections. Without leaving Northern Virginia, we'll journey from "sea to shining sea."

Date & Time: Wednesday April 13; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinators: Philippa and Barry Centini (703) 658-1545 (H); (703) 472-5269 (C); phil.centini@verizon.net

Leader:

SARA SHOOB has a background in teaching and educational administration with an emphasis in history, social studies and the arts. She currently enjoys her work as a docent at the Smithsonian American Art Museum. Sara has presented a number of courses for LLI.

Course 16W26A The Life of Hummingbirds (1 Session)

Hummingbirds seem to be one of the favorites of every bird lover. This class will explore the migration, courtship, nesting behavior, and diet of hummingbirds, with a focus on the Ruby-throated hummingbird, the only hummingbird species that breeds in Northern Virginia. Finally, a brief overview of hummingbird morphology will explain how they fly backward and are built like miniature helicopters.

Date & Time: Wednesday, April 20; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Barry Centini (703) 658-1545 (H);

barry.centini@verizon.net

Leader:

LARRY CARTWRIGHT has been a nature lover for most of his life. Although he is enamored with all aspects of the natural world, he has a special fondness for birds and bats. He is an avid recreational birder, but also leads several avian-related surveys, including the Dyke Marsh Breeding Bird Survey for the National Park Service, a winter waterfowl survey for the Audubon Society of Northern Virginia, and is the compiler of the Washington, DC Christmas Bird Count sponsored by the National Audubon Society. Larry has received several awards from scientific and conservation-based organizations, including the Virginia Society of Ornithology's Jackson M. Abbott Conservation Award for 2013.

Course 16W27A Zen Doodle (1 Session)

This meditative art is a take-off on the Zentangle art form created by Rick Roberts and Maria Thomas. You do not need previous drawing experience to create intricate and lovely designs of repeating patterns, where the emphasis is on the journey, with results that are surprisingly beautiful. **A \$6.00 materials fee (exact change please) will be collected at the beginning of class.**

Date & Time: Wednesday, April 27; 10:00 a.m. — 12:00 p.m. (**Note class time.**)

Place: Spring Hill Club House, Lorton

Class Size: Min. 5, Max. 12

LLI Coordinator: Arline Sachs (703) 646-5606 (H); sachs@nova.org

Leader:

PAT DAVIDSON is an amateur artist working primarily in pencil, ink, and watercolors. She formerly taught English literature, was a floral designer, and did process redesign with the Fairfax County court system.

Wednesday Afternoons

Course 16W28P Women as a Voting Block — Fact or Fiction? (NOVA Faculty) (1 Session)

Using evidence from recent elections, this course will examine the commonly held belief that women vote as a united block. It will include historical analysis of voting trends among women, as well as the policy issues that seem to unite or divide women on Election Day. The impact of a potential female presidential candidate in 2016 will also be discussed.

Date & Time: Wednesday, March 16; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. JENNIFER SAYASITSENA is an associate professor of political science at NOVA-Annandale. Prior to coming to NOVA in 2011, Dr. Sayasithsena worked for a public affairs firm specializing in health policy. She received her Ph.D. in political science from George Washington University, where she served as an editorial fellow for the American Political Science Review. Dr. Sayasithsena also holds a master's degree in political science from the University of Southern California and a B.A. in government from Georgetown University.

Course 16W29P History, Heritage and Culture of East Asia (2 Sessions)

Session 1: In the spring of 2015, Lorrin and Ann Garson flew 9,690 miles to Singapore to commence a 13,200 nautical mile trip to East Asia. Join them to visit some fascinating ports of call: Singapore, a global financial center with a tropical climate and multicultural population; Malacca, Penang, Langkawi and Kuala Lumpur, Malaysia, offering rich trading histories, colonial and multicultural heritage; Myanmar (formerly Burma), previously off-limits to tourists, with gilded pagodas and traditional way of life; and Phuket, Koh Samui and Bangkok, Thailand, showcasing opulent royal palaces, ancient ruins and tantalizing cuisine.

Session 2: In this session, the Garsons continue sharing highlights of their trip to East Asia. This presentation begins with Cambodia, with its temples of grandeur and resilient people. Then it is on to Vietnam (Phu My, Nha Trang, Da Nang, and Halong Bay), a country of natural beauty, with colonial landmarks alongside rapid development; followed by China (Hong Kong, Shanghai, Beijing), a populous country featuring vast landscapes, modern architecture with historic sites and widely diverse scenery.

Dates & Time: Wednesdays, April 6, 13; 1:30 p.m. — 3:00 p.m.

Place: The Virginian (Assembly Room), Fairfax

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Paul Hople (703) 978-9381 (H), (703) 409-8493 (C); phopler4@gmail.com

Leaders:

LORRIN and ANN GARSON began traveling internationally in 1978. They have visited all seven continents and 119 countries.

They have given multiple travel presentations to various audiences. They enjoy seeing not only the "must see" places, but also encountering the traditions, people and culture of their destinations.

Course 16W30P Nine Essential Things I've Learned About Life (2 Sessions)

Join Rabbi Aft as he discusses this practical guideline for us to lead better and more fulfilling lives. His talks will be based upon a book written by the noted Jewish author, Rabbi Harold Kushner. Rabbi Kushner has written many books including the well-known *When Bad Things Happen to Good People*.

Dates & Time: Wednesdays, April 13, 20; 2:30 p.m. — 4:00 p.m. (Note class time.)

Place: Greenspring Village (Village Square Theater), Springfield

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Ellen Gale (703) 569-3370 (H)

Leader:

Rabbi BRUCE AFT has been the spiritual leader at Adat Reyim Synagogue since 1991. He is a graduate of Reconstructionist Rabbinical College in Philadelphia. Rabbi Aft has worked with March of the Living Space since 1992 and with B'nai Brith Youth Organization since 1985. He is also involved in teen dialogue groups at George Mason University's Institute for Conflict Analysis and Resolution.

Course 16W31P Writing Your Memoirs (1 Session)

Whether you hope to capture your life's meaningful moments for family, publication, or personal satisfaction, this class will help you get started. We will discuss what a memoir is and what it is not. We will talk about how to compose your storytelling and offer some insights into what makes for memorable reading. We will discuss the difference between writing a memoir and writing an autobiography. We will also touch on publication options and some of the rules you need to know and understand regarding publication of your written works.

Date & Time: Wednesday, April 20; 1:30 p.m. — 3:00 p.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 30

LLI Coordinator: Bonnie Hople (703) 978-9381 (H), (703) 508-6219 (C); pbhople@cox.net

Leader:

CALVIN KRAFT is author of the book, *The Ramblings of an Old Man*, and the author of the monthly column, "The Chef's Corner." He has been participating in memoir writing classes for several years. Some of you know him as "Chef Cal" for his classes on cooking techniques and styles. Cal is also an award-winning Toastmaster.

Course 16W32P Popes of the Roman Missal (2 Sessions)

Inside the Daily Roman Missal is the General Roman Calendar that lists the remembrances for many days of the year. Fifteen of these remembrances are for popes who became saints. This course briefly sketches the pontificates of each, starting from Clement I (r. 90-98) through Pius X (r. 1903-1914). These men were worthy popes, although two of them will make you think twice. We've already met some of these popes during previous papal history courses: Leo I and Gregory I (the first popes dubbed "The Great"),

Gregory VII (history's most important pope), and Pius X (the pope straight out of Hollywood central casting who lowered the age of communion to seven).

Dates & Time: Wednesdays, April 27, May 25; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 60
LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net
Leader:

BRUCE COLLETTI is a retired Air Force officer, career operations research analyst, and was an adjunct professor of mathematics at NOVA-Alexandria from 2000-2015. He has been a student of papal history since 1978 (the "Year of Three Popes"). If he could spend just 10 minutes with anyone from history, that would be Pope John XXIII—Angelo Roncalli and not the 15th century antipope by the same name who was fired by the Council of Constance (1414-1418) that he had convoked!

Thursday Mornings

Course 16W33A Downsizing Your Home (1 Session)

This class provides techniques for organizing, sorting and disposing of the accumulated furnishings we all have. A list of various ways to sell or donate items will be provided, in addition to a list of professional services, ranging from estate appraisers, to movers, to services which help you dispose of your valuables and household furnishings.

Note: This is a repeat of the *Downsizing Your Home* class that was offered during the Fall 2015 semester.

Date & Time: Thursday, January 28; 10:00 a.m. — 11:30 a.m.
Place: St. Matthew's United Methodist Church (Room 304), Annandale
Class Size: Min. 10, Max. 50
LLI Coordinator: Bonnie Hople (703) 978-9381 (H), (703) 508-6219 (C); pbhople@cox.net
Leader:

NICKIE MYERS retired from teaching and opened her own interior design business. She specializes in working with the homeowner's furnishings. Over the last 16 years Nickie has helped many clients downsize their homes.

Course 16W34A Glorious Catastrophe: The Twilight of European Civilization, 1900-1945 (4 Sessions)

This course consists of four lectures and discussions about European civilization from 1900 to 1945. We will not focus on the world wars, the Holocaust, Nazism or the usual topics covered by histories of this dark and eventful period. Rather than discussing the roles of Hitler, Stalin and Churchill in depth we will concentrate on the contributions and roles of several other notables such as Einstein, Freud, Picasso, Rachmaninoff, Ravel, Alexander Fleming (penicillin), John Maynard Keynes, Proust, Henry Mann, and T.S. Eliot.

Session 1: Art, music, literature, and philosophy
Session 2: Scientific and industrial developments
Session 3: Politics and society, including parliamentarianism, nationalism, socialism, and racism

Session 4: A "sequel" comparing what happened in Europe to the decline and fall of Greek civilization and its supplanting by the civilization of Rome, with the United States playing the role of Rome since World War II

Dates & Time: Thursdays, April 7, 14, 21, 28; 10:00 a.m. — 11:30 a.m.
Place: Annandale United Methodist Church (Room 300), Annandale
Class Size: Min. 10, Max. 40
LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net
Leader:

MICHAEL ANDERSON, B.A., University of Illinois; M.A. and Ph.D. in history, University of Chicago. Dr. Anderson is a retired foreign service officer (1973-2002). Following retirement he taught U. S. history and western civilization at NOVA and George Mason University (2002-2013). In addition to his long-term association with LLI teaching a variety of courses, he teaches courses at ENCORE (Arlington County adult learning program).

Thursday Afternoons

Course 16W35P Great Decisions (8 Sessions)

Join an in-depth discussion of eight major foreign policy issues facing the United States in 2014-2015. Each session addresses one of these issues in accordance with a briefing book of short articles prepared by the Foreign Policy Association. Each session will commence with a 30-minute video of a discussion by experts broadcast on TV by the Foreign Policy Association, followed by a one-hour discussion based on the briefing book article. **Cost is \$25 for the briefing book and your contribution to the cost of the video. Please enclose a check payable to LLI/NOVA with your registration.**

February 4 Middle East
February 11 The Rise of ISIS
February 18 The Future of Kurdistan
February 25 Migration
March 3 The Koreans
March 10 The United Nations
March 17 Climate Change
March 24 Cuba and the U.S.

Dates & Time: Thursdays, February 4, 11, 18, 25; March 3, 10, 17, 24; 1:30 — 3:00 p.m.
Place: St. Matthew's United Methodist Church (Room 304), Annandale
Class Size: Min. 25, Max. 50
LLI Coordinator: Peter B. Schwarzkopf (703) 998-0769 (H), (703) 201-8991 (C); pschwarzkopf@verizon.net
Leader:

PETER SCHWARZKOPF, B.A., Dartmouth College; J.D., LL.M. in international law, Harvard Law School. Peter retired from the U.S. Department of Transportation (2007) where he engaged primarily in international negotiations for commercial airline landing rights with numerous foreign countries. He has led discussions for several courses at LLI. (Note: Mr. Schwarzkopf and other LLI volunteers will lead the discussion at individual sessions.)

Course 16W36P Study/Travel: Romantic Alpine Villages and Untamed Iceland (2 Sessions)

Climb every mountain and soak in every hot spring. You can enjoy these experiences (if you travel with us) and learn many interesting facts when attending this year's study/travel program. The program features two sessions, with Jona Wheeler presenting on Iceland and Doug Johnson presenting on the Alps. We will view picturesque videos and learn fascinating information about the history and cultures of these two areas. In between these sessions, Barry Centini will present his *Fire and Ice* lecture about the geology of Iceland and the Alps. (**Note:** See course 16W37P. A separate registration is required.)

Although this course should be of special interest to LLI members traveling on the trips to Iceland and the Alps, registration is open to all members.

Dates & Time: Thursdays, April 7, 28; 1:30 p.m. — 3:30 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Doug Johnson (703) 628-3115 (C); llinovadoug@gmail.com

Leaders:

DOUG JOHNSON has been an active member of LLI since 2004. He has served on the Board of Directors, has served as an instructor, is a member of the study/travel group, leads the Financial Discussion Group, and is currently the chair of the Curriculum Committee. He is a retired financial consultant and enjoys every minute of retirement life.

JONA WHEELER joined LLI in 2013 and is a member of the study/travel group. She is a native of Iceland, and an Icelandic retiree. She loves traveling and has done so extensively.

Course 16W37P Fire and Ice: Geology of Iceland and the Alps (1 Session)

This course will begin with the geology of Iceland, with special attention to recent volcanic disturbances, as well as the important role Iceland plays in plate tectonics. As for the Alps, its geologic history will be discussed, with particular focus on the effects of glaciation and the resulting spectacular landscape.

Although this course should be of particular interest to those members who are traveling abroad with LLI this summer on the Alpine and Iceland tours, registration is open to all members. (**Note:** See course 16W36P, *Romantic Alpine Villages and Untamed Iceland* for information on 2016 study/travel trips.)

Date & Time: Thursday, April 14; 1:30 p.m. — 3:30 p.m. (**Note class time.**)

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Doug Johnson (703) 628-3115; llinovadoug@gmail.com

Leader:

BARRY CENTINI, Ph.D. in geology, University of North Carolina at Chapel Hill. Barry has been offering geology and science classes to LLI members for several years.

Course 16W38P The Genius of Hildegard of Bingen (1 Session)

Welcome to tumultuous 12th century Germany where you will meet one of its leading lights, Hildegard of Bingen. Learn about her extraordinary life as visionary theologian, composer, healer, scientist, politician, writer, and artist. She left behind an amazing body of work for a person who was chronically ill, self-educated and, most difficult of all, a woman!

Date & Time: Thursday, April 21; 1:30 p.m. — 3:00 p.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Judy Robison (703) 440-8479 (H), (703) 850-5795 (C); robisonja23@gmail.com

Leader:

BARBARA STIFFLER attended a weekend seminar on Hildegard's life at the National Cathedral in 2003, and since then has extensively researched the life of this remarkable person. She has presented several classes on Hildegard, including a series given on the heels of Hildegard's canonization and elevation to Doctor of the Church. This class is a distillation of that work for which she has drawn on a wide selection of books by recognized Hildegard scholars.

Friday Mornings

Course 16W39A Of Microbes and Men: The Dynamic Interplay (NOVA Faculty) (1 Session)

This course will address the role of microbes in human health. Topics to be discussed include the role of microbes in both protecting us from disease and causing disease. We will also discuss emerging infections and antibiotic resistance. Background information as well as current research will be discussed.

Date & Time: Friday, January 22; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. KAREN BUSHAW-NEWTON received her B.S. with honors in microbiology and her Ph.D. in ecology from the University of Georgia. Her research in microbial ecology and the structure and function of bacterial communities has taken her from the Beaver Ponds in northern Canada to the coastal and inland waters of Georgia and the mid-Atlantic, including the Patuxent and Anacostia Rivers. She was a Knauss Sea Grant Policy Fellow and did her postdoctoral work at the Academy of Natural Sciences in Philadelphia. Most recently she worked as a researcher at the U.S. Geological Survey studying pathogens of amphibians. She has taught undergraduate and graduate microbiology courses for over ten years. Her research has been published in several journals including *Nature*, *BioScience*, *the Journal of the Northern American Benthological Society*, and *the Journal of Environmental Pollution Research*.

February

2016

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

	1 16W02A—Understanding Opera, Part II	2 16W05A—Johnstown Flood	3 LLI Forum & Open House	4 16W35P—Great Decisions	5	6
7	8 16W02A—Understanding Opera, Part II	9 16W06A—Lincoln's Great Speeches	10	11 16W35P—Great Decisions	12 16W46P—Plants & Society	13
14	15 16W01A—Journey Down the Alimentary Canal	16 16W07A—Risk Management	17 16W21A—Sharpen Your Knife Skills	18 16W35P—Great Decisions	19 16W47P—Marshall Law	20
21	22	23 16W08A—Managing Your Retirement Investments	24 16W22A—Savvy SS Planning 16W54P—Park Ranger Grab Bag II	25 16W35P—Great Decisions	26 16W54P—Park Ranger Grab Bag II	27
28	29	January 2016				
		<p>Tuesday, January 5: LLI Forum & Open House Tuesdays, January 5,12: 15F46P—Constitution/Bill of Rights, II Wednesday, January 13: 15F72A—Geology/History of Man Monday, January 18: 16W01A—Journey Down Alimentary Canal Tuesday, January 19: 15F46P—Constitution/Bill of Rights, II Wednesday, January 20: 16W20A—Paint Along with Davi, I Tuesday, January 22: 16W39A—Of Microbes and Men Friday, January 22: 16W45P: American Muslims Monday, January 25: 15F46P—Constitution/Bill of Rights, II Monday, January 25: 16W02A—Understanding Opera, Part II Thursday, January 28: 16W33A—Downsizing Your Home Friday, January 29: 16W40A—Anglo-Irish Animosity</p>				

Remove this calendar to use as a handy reference.

March

2016

LLI Winter-Spring Program 2016

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		1	2 LLI Forum & Open House I6W54P—Park Ranger Grab Bag II	3 I6W35P—Great Decisions	4 I6W41A—Civil War Music I6W48P—Poetry Writing I6W54P—Park Ranger Grab Bag II	5
6	7	8 I6W13P—Civil War and Occoquan, Virginia I6W14P—Three Pros Help Sell Your Home	9 I6W23A—Paint Along with Davi, II	10 I6W35P—Great Decisions	11 I6W48P—Poetry Writing I6W49P—U.S. Constitution & the Founding Fathers	12
13	14 I6W04P—Great American Bestsellers	15 I6W15P—Philosophy Presentations	16 I6W28P—Women as a Voting Block	17 I6W35P—Great Decisions	18 I6W48P—Poetry Writing	19
20	21 I6W01A—Journey Down the Alimentary Canal	22 I6W09A—How to Speak with Your Doctor I6W16P—iPhone/iPad Guru	23 I6W24A—Prophets & a Just Society	24 I6W35P—Great Decisions	25 I6W48P—Poetry Writing	26
27	28	29 I6W10A—Memorializing Our War Dead I6W15P—Philosophy Presentations	30 I6W24A—Prophets & a Just Society	31		

Remove this calendar to use as a handy reference.

April

2016

LLI Winter-Spring Program 2016

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

3	4	5 I6W10A—Memorializing Our War Dead I6W53P—Constitution/Bill of Rights, III	6 LLI Forum & Open House I6W29P—History/Heritage/Culture of East Asia	7 I6W34A—Glorious Catastrophe I6W36P—Study/Travel	8 I6W50P—Poetry and You	9	2
10	11 I6W03A—Staging Your Home for Sale I6W04P—Great American Bestsellers	12 I6W17P—iPhones/iPads for Beginners I6W53P—Constitution/Bill of Rights, III	13 I6W25A—Artful Trip Across America I6W29P—History/Heritage/Culture of East Asia I6W30P—Essential Things about Life	14 I6W34A—Glorious Catastrophe I6W37P—Fire and Ice	15 I6W42A—Land Lease/Cold War Origins I6W50P—Poetry and You	16	
17	18	19 I6W11A—Spring Blooms Tour, Meadowlark Grdns I6W18P—Public Women I6W53P—Constitution/Bill of Rights, III	20 I6W26A—The Life of Hummingbirds I6W30P—Essential Things about Life I6W31P—Writing Your Memoirs	21 I6W34A—Glorious Catastrophe I6W38P—Genius of Hildegard of Bingen	22 I6W43A—Practicing Individual Ethics Today I6W50P—Poetry and You I6W53P—Constitution/Bill of Rights, III	23	
24	25	26 I6W12A—Honoring Civil War Veterans	27 I6W27A—Zen Doodle I6W32P—Popes of the Roman Missal	28 I6W34A—Glorious Catastrophe I6W36P—Study/Travel	29	30	

Remove this calendar to use as a handy reference.

May

2016

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

1	2	3	4 LLI Forum & Open House	5	6 16W44A—Peace & Stability in Afghanistan 16W51P—Seed and Blood	7
8	9	10	11	12	13	14
15	16	17	18	19	20 16W44A—Peace & Stability in Afghanistan	21
22	23	24	25 16W32P—Popes of the Roman Missal	26	27 16W52P—The U.S. Economy	28
29	30	31	June 2016 Wednesday, June 1: LLI Forum & Open House Tuesdays, June 7,14,21,28: 16W19P—Constitution/Bill of Rights, IV			

Remove this calendar to use as a handy reference.

Course 16W40A Anglo-Irish Animosity (NOVA Faculty) (1 Session)

Why have the Irish and the British been enemies for so long? This course surveys the ethnic, religious, and cultural foundations of their conflicts; examines such decisive periods as Cromwell's dictatorship, World War I, and "the Troubles"; and looks at key actors like Charles Stewart Parnell, Gerry Adams, and Ian Paisley. The course will be of particular interest to those of British or Irish ancestry, and to those curious about European politics.

Date & Time: Friday, January 29; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. MARK R. ROYCE, Ph.D., George Mason University, has examined the English Constitution, Irish nationalism, and related themes for his dissertation, "The Political Theology of European Integration," and has taught political science for two years at NOVA. His research interests include Anglicanism, the British Empire, and religion in international politics.

Course 16W41A Music of the Civil War (1 Session)

Jon Vrana, local historian and musician, will present a program of traditional music and stories of the American Civil War Era, as well as traditional Irish tunes. He will feature mandolin, concertina, harmonica, and other instruments.

Date & Time: Friday, March 4; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 40

LLI Coordinator: Judy Robison (703) 440-8479 (H), (703) 850-5795 (C); robisonja23@gmail.com

Leader:

JON VRANA is a 38-year veteran of the United States Department of Agriculture, Natural Resources Conservation Service (formerly Soil Conservation Service). He holds a federal certification as a chief information officer. He merges his interest and experience in museums and history, particularly Antebellum and Civil War history, with his professional knowledge and experience in agriculture and natural history, and maps and geographic information systems, to bring a unique look at history of the 19th century.

Course 16W42A Lend Lease and the Origins of the Cold War (NOVA Faculty) (1 Session)

In April 2015, as part of the LLI NOVA Faculty history series, Professor Michael McGregor presented an overview of the events leading up to the enactment of the Lend Lease Act on March 11, 1941 by President Roosevelt. The Act authorized the United States to sell, transfer, lease, and dispose of defense articles to other countries. This course will focus on the Soviet Union's participation in the Lend Lease Program during World War II. Why was the program terminated and what was its role in the origins of the Cold War?

Date & Time: Friday, April 15; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

MICHAEL MCGREGOR works at Fannie Mae and teaches the History of Western Civilization at Northern Virginia Community College as an adjunct professor. He earned his B.A. from the University of Northern Iowa, and his M.A. in history from George Mason University. He has been researching the history of the Lend Lease Program for the past several years.

Course 16W43A What Does it Mean to be "Good"? Practicing Individual Ethics Today (NOVA Faculty) (1 Session)

Immanuel Kant wrote: "Two things awe me the most, the starry night and the moral law within me." We do not all agree on what it means to be "moral," but concern over right and wrong is built into the human condition. For most of us, the personal ethics and values comprising our moral codes are a core part of who we are and how we live each day.

Though philosophers have debated good and evil for centuries, there has been a recent wave of interest pertaining to topics of ethics and morality, and a body of research is growing. Psychology professor Deanna DeGidio will explore with us some interesting current ethical dilemmas from the standpoint of morality, values and virtues.

Date & Time: Friday, April 22; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

DEANNA DEGIDIO is an associate professor of psychology at NOVA-Annandale. She has an M.A. in clinical psychology from Cleveland State University, and worked in that field for several years prior to teaching full time. Professor DeGidio is currently working on another M.A. at New York University (Gallatin School) where she is studying morality and ethics across the disciplines of philosophy, psychology, sociology, and anthropology.

Course 16W44A Potential for Peace and Stability in Afghanistan (NOVA Faculty) (2 Sessions)

Is it possible for Afghanistan to achieve the peace and stability that has eluded it for so long, or is it just a "pipe dream" given the growing insurgency movement by ISIS and the Taliban? Join Ms. Hodei Sultan from the U. S. Institute of Peace (USIP) in coming up with possible ways for Afghanistan to achieve a brighter future during a time of transition. During this two-session course she will describe the USIP's efforts to assist with the country's peace efforts and through an interactive exercise explore with us the elements necessary for brokering peace in Afghanistan.

Dates & Time: Fridays, May 6, 20; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 30
LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net
Leader:

HODEI SULTAN is a program officer for South and Central Asia at the U.S. Institute of Peace (USIP). She leads a training program at a private university in Kabul, Afghanistan that aims to institutionalize a peace studies degree program within the university. She earned her A.A. at NOVA and continued at George Mason University, earning a B.A. in global affairs and an M.S. in conflict analysis and resolution. Ms. Sultan serves on the adjunct faculty at NOVA-Annandale teaching political science courses.

Friday Afternoons

Course 16W45P American Muslims: The Sanction of the New World (NOVA Faculty) (1 Session)

The course will provide an overview of the history of American Muslims from the colonial slave population of the eighteenth century to the changing demographics of the 1960s and 1970s. Attention will be given to the origin, occupations, and reception of Muslims in the United States and the relatively unknown personalities who have been a part of the community. The period covered corresponds roughly to 1680-1973. The post-1979 perceptions of Muslims by the general American population will also be briefly examined.

Date & Time: Friday, January 22; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

ALBERT THOMPSON is a military and conflict historian with particular interests in medieval Europe, the American South, the British Empire, and the Middle East. Professor Thompson has a B.A. from Oral Roberts University and an M.A. from Norwich University. He is a Fellow of The Royal Society for the Encouragement of Arts, Manufactures and Commerce, and an amateur photographer. His blog can be found at noircurations.wordpress.com.

Course 16W46P Plants and Society (NOVA Faculty) (1 Session)

Human life requires plants for the oxygen and food that they produce; however, the interactions between plants and humans are more complex. Relationships between plants and humans will be considered within a historical context beginning 10,000 years BCE through modern time. The instructor will focus on medicinal uses of plants, their various roles in cultures, and their ecological impacts in a model environment.

Date & Time: Friday, February 12; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Class Size: Min. 10, Max. 30
LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net
Leader:

LISA WILLIAMS is an assistant professor of biology at NOVA where she teaches botany, general biology, and human anatomy and physiology. She earned B.A. and M.S. degrees in biology (botany focus) from George Mason University and an M.S. from the University of Montana (Bozeman). She surveyed wetlands in Fairfax County in 2000 and carried out a two-year survey of the flora of the eastern Goose Creek watershed in Loudoun County from 2001-2003. Working with faculty at Montana State University and her NOVA students, Professor Williams recently completed research on college student attitudes towards plants and the effectiveness of teaching botany from a plant-people perspective.

Course 16W47P Marshall Law: The Jurisprudence of Chief Justice John Marshall (NOVA Faculty) (1 Session)

This course will examine the impact Chief Justice John Marshall had on the U.S. Supreme Court and on constitutional law. John Marshall was the longest serving Chief Justice (1801-1835) and the fourth longest Supreme Court justice. He participated in over 1,000 decisions, writing 519 of the opinions himself. *Marbury v. Madison* was the first important case before the Marshall Court (1803). The opinions of the Marshall Court helped lay the basis for United States constitutional law and made the Supreme Court a coequal branch of government, establishing the obligation of courts to exercise judicial review.

Date & Time: Friday, February 19; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

THOMAS COGLIANO (B.S., University of Mary Washington; M.A., George Mason University) has been an instructor at NOVA-Annandale since 2004. While serving as an adjunct professor he was nominated twice for "Adjunct of the Year." He is now a full-time faculty member teaching U.S. history and western civilization courses.

Course 16W48P Poetry Writing — Let's Make it Happen (4 Sessions)

Join us to discover or re-visit the poet within! From the beatific to the bawdy, we will write, share, and cheer each other on.

Dates & Time: Fridays, March 4, 11, 18, 25; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 8, Max. 20

LLI Coordinator: Marianne Moerman (703) 751-0523 (H); marianne.c.moerman@gmail.com

Leader:

ED SADTLER has been reading and writing poetry for many years. He is a long-time LLI attendee of Richard Risk's Poetry and You course, and a long-time member of the Poetry Workshop at

George Mason University's Osher Lifelong Learning Institute. Ed is also the co-leader of the Osher LLI Writer's Workshop.

Course 16W49P The U.S. Constitution and the Founding Fathers (NOVA Faculty) (1 Session)

This course will examine how the U.S. founding fathers emerged from the Revolutionary War and dealt with conflict over the Articles of Confederation to create the U.S. Constitution. We will learn how different leaders compromised over differing ideologies to create America's body of law.

Date & Time: Friday, March 11; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

ALLISON MILLWARD holds a B.A. in government and international politics from George Mason University and an M.A. in history from the State University of New York (SUNY) Albany. Her research interests include New York State Revolutionary history and women's contributions to the Revolutionary War.

Course 16W50P Poetry and You (4 Sessions)

April is National Poetry Month! Join us for one of LLI's long-time favorite courses and learn more about how poetry can change your life. We will read and talk about the work of contemporary poets as well as our favorite classics.

Dates & Time: Fridays, April 1, 8, 15, 22; 1:30 p.m. — 3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 10, Max. 30

LLI Coordinator: Marianne Moerman (703) 751-0523 (H); marianne.c.moerman@gmail.com

Leader:

RICHARD RISK, B.S., University of Missouri. Richard is retired from the Environmental Protection Agency and is a founding member of LLI.

Course 16W51P Seed and Blood: Slavery and American Capitalism (NOVA Faculty) (1 Session)

This course will explore the entwined historical origins of American slavery and American capitalism. We will discuss the conventional dogma that American slavery was an inefficient relic of older labor systems that did not fit within the modern, free market enterprise system that developed in early 19th-century America. Instead, the enslavement of African American bodies was driven by transformative free market forces, and in turn, shaped a capitalist system that was increasingly dependent on the productive power of unfree labor and violence. This course will reveal many of the critical market mechanisms that drive economic growth today (i.e., conceptions of property, capital investment, debt, and credit access) which are rooted in the horrors of racial slavery.

Date & Time: Friday, May 6; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. NOAH CINCINNATI received his Ph.D. in history from the Johns Hopkins University in 2012. He is a specialist in modern American history, environmental history, the history of capitalism, and the U.S. and the world. He is particularly interested in how Americans have reacted to capitalism and modernity, especially in the realm of environmental change. He is currently transforming his dissertation into a book manuscript, which unearths the history hidden of zoos, wildlife trafficking, and global conservation through the lens of the early 20th-century struggles of concerned conservationists to rationalize and regulate global capitalism and imperialism. Dr. Cincinnati has served as an assistant professor at NOVA-Annandale since 2012.

Course 16W52P The U.S. Economy: Strengths and Weaknesses (NOVA Faculty) (1 Session)

Dr. John Min, who has made numerous economics presentations for LLI, will discuss the status of the U.S. economy a few months before a new president of the United States is elected. Is the country on sound economic footing, or are there some underlying issues that should be addressed? What are the positives and negatives of pursuing the issues? Dr. Min will explore the economic challenges the next president may be facing near and long term.

Date & Time: Friday, May 27; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Class Size: Min. 10, Max. 60

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@verizon.net

Leader:

Dr. JOHN MIN, B.A., M.B.A., George Washington University, Ph.D., George Mason University. Dr. Min is an assistant professor of economics at NOVA-Alexandria and performs consulting work on economic issues.

Various Days

Course 16W53P The Constitution and Bill of Rights, Part III (4 Sessions)

The development of our Constitution and the first 10 amendments (the Bill of Rights) will be analyzed. Their application and relevance to today's society will be discussed.

Note: This will be a continuation of the courses given in October 2015 and January 2016. Parts I and II are not prerequisites. For Part IV of this course, refer to the listing under Tuesday Afternoons.

Dates & Time: Tuesdays, April 5, 12, 19, and Friday, April 22; 1:30 p.m. — 3:00 p.m.

Place: Greenspring Village (Village Square Accotink Room), Springfield

Class Size: Min. 10, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115 (C); llinovadoug@gmail.com

Leader:

MARVIN WAGNER, L.L.B. Brooklyn Law School; L.L.M. Georgetown Law School. Marvin is an instructor at various NOVA campuses and other institutions. His focus is in criminal, constitution, business, and hospitality law.

Course 16W54P Park Ranger Grab Bag II (4 Sessions)

While celebrating the centennial of the National Park Service in 2016, it is fitting to highlight the versatility of the rangers who work in the DC Metro area. Park Rangers from National Mall and Memorial Parks return for a four-session course highlighting a new subject each session. Moments that shaped the world and the historical fabric of the federal city are investigated. The history and majesty of the Thomas Jefferson Memorial, the Korean War Veterans Memorial, and the World War II Memorials will be examined. The assassination of President Garfield and trial of the Lincoln conspirators will also be addressed. Dramas, tragedies, and histories alike are contained herein.

Dates & Time: Wednesday, February 24; Friday, February 26; Wednesday, March 2; Friday, March 4; 1:30 p.m. — 3:00 p.m.

Place: Mason District Governmental Center (Main Conference Room), Annandale

Class Size: Min. 25, Max. Unlimited

LLI Coordinators: Rick and/or Pat Daniels (703) 354-3792 (H), (703) 517-9725 (C); rwdaniels63@gmail.com

Leaders:

BRAD BERGER, B.A., in European history; M.A., in American colonial history. Brad served in the Federal Republic of Germany as a Security Specialist in the U.S. Air Force, and interned for the National Park Service at Harpers Ferry National Historical Park. Ranger Berger currently serves as a Park Ranger at the National Mall and Memorial Parks in Washington, DC where he helps coordinate operations for presidential inaugurations, annual National Independence Day celebrations, and National Cherry Blossom Festivals.

Rangers **HEIDI DEITZE**, **ERIC POMINVILLE**, and **ROGER POWELL** will also be instructors.

Please register as soon as possible, but not later than Friday, December 18, 2015.

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board supports the SIG coordinator's flexibility to invite non-LLI members to participate in an activity whenever the objectives of the SIG would be enhanced by non-member participation.

Special Interest Groups

BRIDGE GROUP

The LLI Bridge Group meets twice monthly to play social, i.e., not duplicate, bridge. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners, so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Please feel free to bring a brown bag lunch. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

Dates & Time: Usually the second and fourth Wednesdays of each month; 10:00 a.m.—2:00 p.m., January 14 (Thursday) and 20 (Wednesday), February 10 (Wednesday) and 25 (Thursday), March 9 (Wednesday) and 24 (Thursday), April 13 (Wednesday) and 21 (Thursday), May 11 (Wednesday) and 25 (Wednesday). **No meetings in June.** Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.
Place: Mason District Governmental Center, Annandale
Coordinators: Bob and Merry Huley, (703) 534-4819 or roberthuley@cox.net.

CURRENT EVENTS GROUP

Given the excitement and fluidity of changes in current political and worldly events, the Current Events Group will meet the first Friday of each month for continued interesting and educational discussions. Topics reflect the current events surrounding the time of the meeting. We welcome all to share your ideas and/or learn more about current events—whatever is your pleasure.

Dates & Time: First Friday of each month; 10:00 a.m.—11:30 a.m., January 8, February 5, March 4, April 1, May 6, June 3.
Place: Mason District Governmental Center (Small Conference Room), Annandale
Contact Information: LLI members can receive reminder notices by contacting Peter Schwarzkopf (703) 998-0769 or pschwarzkopf@verizon.net.

FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly LLI Newsletter prior to discussion.

Dates & Time: Third Thursday of each month; 11:30 a.m.—1:00 p.m., January 21, February 18, March 17, April 21, May 19, June 16.
Place: Braddock District Government Center (Kings Park Library, Braddock Hall), Burke
Coordinator: Lynne Smaldone, (703) 525-9623 or smaldonega@hotmail.com.

FINANCIAL DISCUSSION GROUP

Would you like to join a lively group of LLI members who talk about the fascinating and frustrating world of finance and investments? Whether you are a neophyte looking for some answers or Warren Buffet's "secret advisor," we think you will find us enjoyable and informative.

Dates & Time: Second Friday of each month; 1:30 p.m.—3:00 p.m., January 8, February 12, March 11, April 8, May 13, June 10.
Place: Braddock District Government Center (King's Park Library, Braddock Hall), Burke
Coordinator: Doug Johnson, (703) 628-3115 or llinovadoug@gmail.com.

FRENCH CONVERSATIONALISTS

Under the expert guidance of Al Brothers, we will continue to strive to improve our French language skills. We are currently working our way through the well-known language series, *French in Action*.

Dates & Time: First & third Tuesdays of each month; 10:00 a.m.—12:00 p.m., January 5 and 19, February 2 and 16, March 1 and 15, April 5 and 19, May 3 and 17, June 7 and 21.
Place: Goodwin House (Top of the West), Falls Church
Coordinators: Patty and Richard Steelman, (703) 504-6866 or richardsteelman@hotmail.com; pattysteelman@gmail.com.

GOURMAND GROUP

The Gourmand Group meets monthly. If you have ever been curious about what our group does, please join us at one of our monthly outings which can run the gamut from a wine pairing lunch, a weekend brunch, ethnic cuisine explorations, an afternoon tea or just good food. We encourage members to think outside the box since none of us has the corner on food opportunities in the Washington area. Each month a member volunteers to plan and manage the event. The Gourmand Group has been very active through the years and we think you'll find it a lot of fun. Contact Patti Volz at (703) 892-6124 or pattivolz@verizon.net, or Lynda Cyr at (703) 750-1257 or linda.cyr@verizon.net for further information.

PHOTOGRAPHY GROUP

LLI members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings of this SIG will focus on a specific topic or area of interest decided by the group. Topics to date have included "Sorting and Filing Your Digital Pictures" and "Understanding Exposure." New members are always welcome.

Dates & Time: Third Friday of each month; 10:00 a.m.—12:00 p.m., January 15, February 19, March 18, April 15, May 20. **No meeting in June.**

Place: Braddock District Government Center (King's Park Library, Braddock Hall), Burke
Coordinator: Buck Myers (703) 532-3726 or hbm@hbmphoto.com.

WALKABOUTS

Weather permitting, the Walkabouts Group meets twice each month, usually on the 2nd and 4th Fridays, for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not included in the published schedule are coordinated through Merry Macke. She can be reached at (703) 987-7751 or by e-mail at merry.macke@verizon.net. Members may sign up to receive notifications by contacting the coordinator.

Directions to Class Locations — Winter-Spring 2016

Annandale United Methodist Church, 6935 Columbia Pike, Annandale.

Directions from the Beltway

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and get into the left lane. At the next traffic light (Backlick Road), take a left onto Backlick Road and bear right immediately. You will go only a short block and after passing a Jiffy Lube, turn right onto Columbia Pike. Drive to the second traffic light which is at Gallows Road where you will see a small old white church on the right. Proceed just beyond the traffic light and turn right into the parking lot. Enter the brick church through the main entrance and look for signs.

Greenspring Village, Spring Village Drive, Springfield.

Directions from NOVA

Go east on Little River Turnpike. Turn right onto Backlick Road/VA-617. Go 4.3 miles to the Franconia/Springfield Parkway/Rt. 289 (old Rt. 7900). Merge onto Parkway and take the first right onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Fairfax and West of the Beltway

Drive south on Rolling Road. Exit from Rolling Road east onto the Franconia-Springfield Parkway/Rt. 289 (old Rt. 7900). Drive 1 mile and turn left onto Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Annandale, Falls Church and locations inside the Beltway

Drive south on Backlick Road, passing under the Beltway. Exit from Backlick Road, heading west onto the Franconia-Springfield Parkway/Rt. 289 (old Rt. 7900). Drive 1 mile and turn right onto Spring Village Drive. Proceed to the Greenspring entrance. See * below.

Directions from Alexandria and Arlington

Take I-395 south and exit at Duke Street East. Stay in right-hand lane and go through one light. Then move immediately to far right lane and take Van Dorn Street exit. Bear right at light. Drive south on Van Dorn Street, which becomes South Van Dorn as you pass over the Beltway. Turn right on Kingstowne Boulevard, which becomes the Franconia-Springfield Parkway. Drive 2 miles and turn right on Spring Village Drive. Proceed straight to the Greenspring entrance. See * below.

Directions from Centreville, Chantilly and Western Fairfax County

Drive south on the Fairfax County Parkway/Rt. 286 (old Rt. 7100), which becomes Rt. 289 (old Rt. 7900) at Rolling Road. Turn left at Spring Village Drive. Proceed to the Greenspring entrance. See * below.

**Advise the guard station attendant that you are going to be attending a Lifetime Learning Institute class. Follow signs to either Village Square or Town Center. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.*

Little River United Church of Christ, 8410 Little River Turnpike, Annandale.

Directions from the Beltway

Go west on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

Directions from Wakefield Chapel Road

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

Mason District Governmental Center, 6507 Columbia Pike, Annandale.

Directions from the Beltway

Go east on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna.

Directions from the Beltway

Proceeding on the Beltway toward Baltimore (and the American Legion Bridge), exit onto Route 123 South (Dolley Madison Boulevard) and proceed through two traffic signals (past Tysons Corner Center on your left and Tysons II Galleria on your right) to the intersection with Gallows Road (the third traffic signal). Turn right onto Gallows Road, moving immediately into the left turn lane. The next intersection is with Old Courthouse Road (and another traffic signal). Turn left onto Old Courthouse Road and proceed until it intersects with Beulah Road on your left. Proceed straight through this intersection (you may notice that the road's name changed from Old Courthouse to Beulah even though you kept straight). Proceed on Beulah Road until you reach Meadowlark Gardens (and Meadowlark Gardens Court) on your left. Turn into the Court and you will find parking on your left.

NOVA Campus Buildings

(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities: **USE THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$2.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

Ernst Community Cultural Center (CE), also called the NOVA Cultural Center, Annandale Campus. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

Spring Hill Club House, Lorton.

Directions from I-395 South (I-395 becomes I-95 south of the Beltway)

Take I-395 South to I-95 South and then take Exit 163 for Lorton. Turn right onto Lorton Road. At the very next traffic light (just a few feet ahead) turn right onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn left onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet).

** At this point, there is a gate. The gate does not open until 10:00 a.m. Enter through the gate. Go to the second street. Turn right. Go one block to the club house, just past the stop sign. (In case you are late you might have to knock on the door or go around the back to knock on a door.)*

Directions from the Fairfax County Parkway (old Route 7100 — new Route 286)

Take the Hooes Road south exit. After approximately 1.3 miles, turn left at the second traffic light onto Silverbrook Road. Continue on Silverbrook to the next traffic light and turn right onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet). Continue at * above.

Directions from Route 123

From Route 123 heading south, go to Silverbrook Road and turn left onto Silverbrook. Continue on Silverbrook to the second light. Turn right onto Laurel Crest Drive. Turn left onto Mountain Larkspur Drive (about 500 feet). Continue at * above.

St. Matthew's United Methodist Church, 8617 Little River Turnpike, Annandale.

Directions from the Beltway

Drive west on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto

Wakefield Drive; immediately turn right and then left into the church parking lot.

Directions from Braddock Road going East

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

Classroom: Enter the classroom on the far left-hand side of the building through a basement door. However, if this side basement door is not yet open, enter the church through the main doors in the center. Follow the signs to the main church office. Right before the office is a stairwell on your left. You need to open the door to see the stairwell. Walk down one level and the classroom is a few feet from the foot of the stairs.

The Virginian, 9229 Arlington Boulevard (Route 50), Fairfax.

Directions from the Beltway and Little River Turnpike (Route 236)

Drive west on Little River Turnpike to Pickett Road. Turn right on Pickett Road and drive to Arlington Boulevard. Turn right onto Arlington Boulevard and then turn right at the first traffic light which will take you into The Virginian's driveway.

Directions from the Beltway and Arlington Boulevard (Route 50)

Drive west on Arlington Boulevard. Turn left at the first traffic light* after Nutley Street into The Virginian's driveway.

Parking is permitted in any vacant slot that is not designated as handicapped or employee parking.

** Landmark at this traffic light: Stonehurst Drive is on the right. Be sure to take a left at the traffic light into The Virginian complex.*

LLI Course Registration Form – Winter/Spring 2016

*****Please use one form per person*****

Name: _____ Telephone: _____

Email: _____

Return Form to:

LLI/NOVA

Date: _____

Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	16W01A	Journey Down the Alimentary Canal			
	16W02A	Understanding Opera, Part II			
	16W03A	Staging Your Home for Sale			
	16W04P	Great American Bestsellers			
	16W05A	The Johnstown Flood			
	16W06A	Lincoln's Speeches Before His Presidency			
	16W07A	Risk Management and Asset Protection			
	16W08A	Managing Investments During Retirement			
	16W09A	Speak With Your Doctor About Your Heart			
	16W10A	How Americans Memorialize War Dead			
	16W11A	Meadowlark Botanical Gardens			
	16W12A	Honoring Those Who Served/Civil War			
	16W13P	Civil War/Town of Occoquan, Virginia			
	16W14P	Three Pros Help Sell Your Home			
	16W15P	Philosophy Presentations			
	16W16P	You Can Be an iPhone/iPad Guru			
	16W17P	iPhones and iPads for Beginners			
	16W18P	Prostitution During the American Civil War			
	16W19P	Constitution and Bill of Rights, Part IV			
	16W20A	Paint Along with Davi I	\$8.00		
<i>Continued on next page</i>					

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	For Office Use Only * <i>Action/comments</i>
	16W21A	Sharpen Your Knife Skills			
	16W22A	Social Security: Maximizing Benefits			
	16W23A	Paint Along with Davi II	\$8.00		
	16W24A	The Prophets and a Just Society			
	16W25A	An Artful Trip Across America			
	16W26A	The Life of Hummingbirds			
	16W27A	Zen Doodle	\$6.00		
	16W28P	Women as a Voting Block/Fact or Fiction?			
	16W29P	History, Heritage and Culture of East Asia			
	16W30P	9 Essential Things I've Learned About Life			
	16W31P	Writing Your Memoirs			
	16W32P	Popes of the Roman Missal			
	16W33A	Downsizing Your Home			
	16W34A	Catastrophe/European Civilization/1900-1945			
	16W35P	Great Decisions	\$25.00		
	16W36P	Study/Travel: Alpine Villages/Iceland			
	16W37P	Fire and Ice: Geology of Iceland & Alps			
	16W38P	The Genius of Hildegard of Bingen			
	16W39A	Of Microbes and Men			
	16W40A	Anglo-Irish Animosity			
	16W41A	Music of the Civil War			
	16W42A	Lend Lease/Origins of the Cold War			
	16W43A	What Does it Mean to be "Good"?			
	16W44A	Potential for Peace/Stability in Afghanistan			
	16W45P	American Muslims/Sanction of New World			
	16W46P	Plants and Society			
	16W47P	Jurisprudence of Chief Justice John Marshall			
	16W48P	Poetry Writing — Let's Make it Happen			
	16W49P	U.S. Constitution and the Founding Fathers			
	16W50P	Poetry and You			
	16W51P	Seed & Blood/Slavery & American Capitalism			
	16W52P	U.S. Economy: Strengths and Weaknesses			
	16W53P	Constitution and Bill of Rights, Part III			
	16W54P	Park Ranger Grab Bag II			

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	16W04P	Great American Bestsellers			
	16W05A	The Johnstown Flood			
	16W06A	Lincoln's Speeches Before His Presidency			
	16W07A	Risk Management and Asset Protection			
	16W08A	Managing Investments During Retirement			
	16W09A	Speak With Your Doctor About Your Heart			
	16W10A	How Americans Memorialize War Dead			
	16W11A	Meadowlark Botanical Gardens			
	16W12A	Honoring Those Who Served/Civil War			
	16W13P	Civil War/Town of Occoquan, Virginia			
	16W14P	Three Pros Help Sell Your Home			
	16W15P	Philosophy Presentations			
	16W16P	You Can Be an iPhone/iPad Guru			
	16W17P	iPhones and iPads for Beginners			
	16W18P	Prostitution During the American Civil War			
	16W19P	Constitution and Bill of Rights, Part IV			
	16W20A	Paint Along with Davi I	\$8.00		
<i>Continued on next page</i>					

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	16W25A	An Artful Trip Across America			
	16W26A	The Life of Hummingbirds			
	16W27A	Zen Doodle	\$6.00		
	16W28P	Women as a Voting Block/Fact or Fiction?			
	16W29P	History, Heritage and Culture of East Asia			
	16W30P	9 Essential Things I've Learned About Life			
	16W31P	Writing Your Memoirs			
	16W32P	Popes of the Roman Missal			
	16W33A	Downsizing Your Home			
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	16W37P	Fire and Ice: Geology of Iceland & Alps			
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	16W39A	Of Microbes and Men			
	16W40A	Anglo-Irish Animosity			
	16W41A	Music of the Civil War			
	16W42A	Lend Lease/Origins of the Cold War			
	16W43A	What Does it Mean to be "Good"?			
	16W44A	Potential for Peace/Stability in Afghanistan			
	16W45P	American Muslims/Sanction of New World			
	16W46P	Plants and Society			
	16W47P	Jurisprudence of Chief Justice John Marshall			
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	16W50P	Poetry and You			
	16W51P	Seed & Blood/Slavery & American Capitalism			
	16W52P	U.S. Economy: Strengths and Weaknesses			
	16W53P	Constitution and Bill of Rights, Part III			
	16W54P	Park Ranger Grab Bag II			

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Reminders:

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3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

LLI / NOVA Membership Form

Phone: (703) 503-0600

E-Mail: llinova.admn@gmail.com

Title: Mr., Mrs., Ms., Dr., Other _____ (circle one)

Name _____

Address _____

City _____ State _____ ZIP _____ - _____

Phone Number(s): Home () _____ Other () _____

E-Mail Address _____

Please indicate if any information above differs from latest LLI Directory.

Where did you hear about LLI? _____

Briefly tell us about your career, expertise, or skills _____

Fee: \$110 per year for individual membership. Checks should be made payable to **LLI /NOVA.**

Send to: LLI / NOVA
Building CG, Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743

As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.

Please also complete the following:

Date _____	Renewal <input type="checkbox"/>
Amount Paid _____	New <input type="checkbox"/>
Check # _____	

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Present a Course | <input type="checkbox"/> Plan a Course | <input type="checkbox"/> Coordinate a Course | <input type="checkbox"/> Serve on the Board |
| <input type="checkbox"/> Serve on a Committee | <input type="checkbox"/> Help in the Office | <input type="checkbox"/> Assist with A/V equipment | |
| <input type="checkbox"/> Assist with Travel Planning | <input type="checkbox"/> Other _____ | | |

Would you like for someone to contact you to answer any questions or provide additional information? _____

Program Compiled by the Curriculum Committee

Doug Johnson – Chairperson

(c) 703-628-3115 (email) llinovadoug@gmail.com

Moe Moser – Space Coordinator

Barry Centini

Philippa Centini

Pat Daniels

Lorin Goodrich

Paul Hopley

Carol Jeffords

Nickie Myers

Scott Pinckney

Kim Rendelson

Judy Robison

Peter Schwarzkopf

Gina Trapp

LLI President — George Chalou

(h) 703-573-7769

(email) gchalou@cox.net

The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations, and publishing the Program Catalogue with the required information.

If you would like to participate on the Committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above members.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.

*LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin.
It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.*



Active Adults - Inspired Learning
Travel - Friendship

Established 1996

Member of
Road Scholar
Institute Network

Lifetime Learning Institute
NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone / FAX: (703) 503-0600 / E-Mail: llinova.admn@gmail.com

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**Reminder:
Registration closes
December 18, 2015**