

Summer 2018 Program



Active Adults - Inspired Learning
Travel - Friendship

Lifetime Learning Institute

NOVA Annandale Campus
Godwin Building (CG), Room 202
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Annandale, VA 22003-3743
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Website: <http://lli.nova.org>
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Member of the
Road Scholar
LLI Resource Network

General Information

What Is LLI?

Affiliated with Northern Virginia Community College (NOVA), the Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Road Scholar Lifelong Learning Institute Resource Network and benefits from the services Road Scholar provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired), who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

LLI:

- is governed and financed by members.
- is supported by member-led planning, administration, and instruction.
- provides non-credit, non-degree courses.
- offers educational, cultural, and social events.
- recognizes that physical and mental health are major elements of vital aging.

What Do We Have to Offer?

- Participation in courses and special interest groups throughout the year, usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel Program.
- Attendance at social events such as the winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

In addition, association with both NOVA and Road Scholar means that, as a member of LLI/NOVA, you are entitled to a Community Patron card, obtained from the NOVA library by showing a picture ID. This entitles members to use the NOVA library, located on the third floor of the Godwin Building. Up to three books can be charged out for three weeks; they can be renewed online for an additional period. Go to <http://www.nvcc.edu/library> for more information. There is no cost for the card.

How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10:00 a.m. and 3:00 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers, and other suitable locations. See full addresses of class locations starting on page 13.

How Do I Become a Member and What Is the Cost?

Complete the membership application form found on page 19, and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

How Do I Register for Classes and Tours?

Complete the class registration form found on pages 15 and 17, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed, stamped envelope and any applicable fees as soon as possible; *registration for classes closes Friday, May 11, 2018*. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been cancelled. **As a courtesy to other LLI members, please call the Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.**

As a general rule, LLI courses are open to LLI members only. However, there may be occasions when non-members may attend (or may be invited to attend). Course Coordinators are authorized to admit non-members when appropriate, and when space is available. **Please note that if you are wait-listed for a course, you are not “accepted” unless notified.**

What Is the Monthly Forum?

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 4) on the NOVA Annandale Campus (see page 5 for schedule). For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on Center Drive next to the Ernst Center. There is a \$2.00 per hour charge to park in the garage.

What Are the Cancellation Policies?

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather, all LLI classes, special interest groups (SIGs), and Forums are cancelled regardless of location. LLI morning activities are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon activities are cancelled if the FCPS announces early dismissal. Trips and social events will take place unless cancelled at the leaders' discretion.

When Is the Registration Deadline?

The registration deadline for the courses in this catalog is *Friday, May 11, 2018*.

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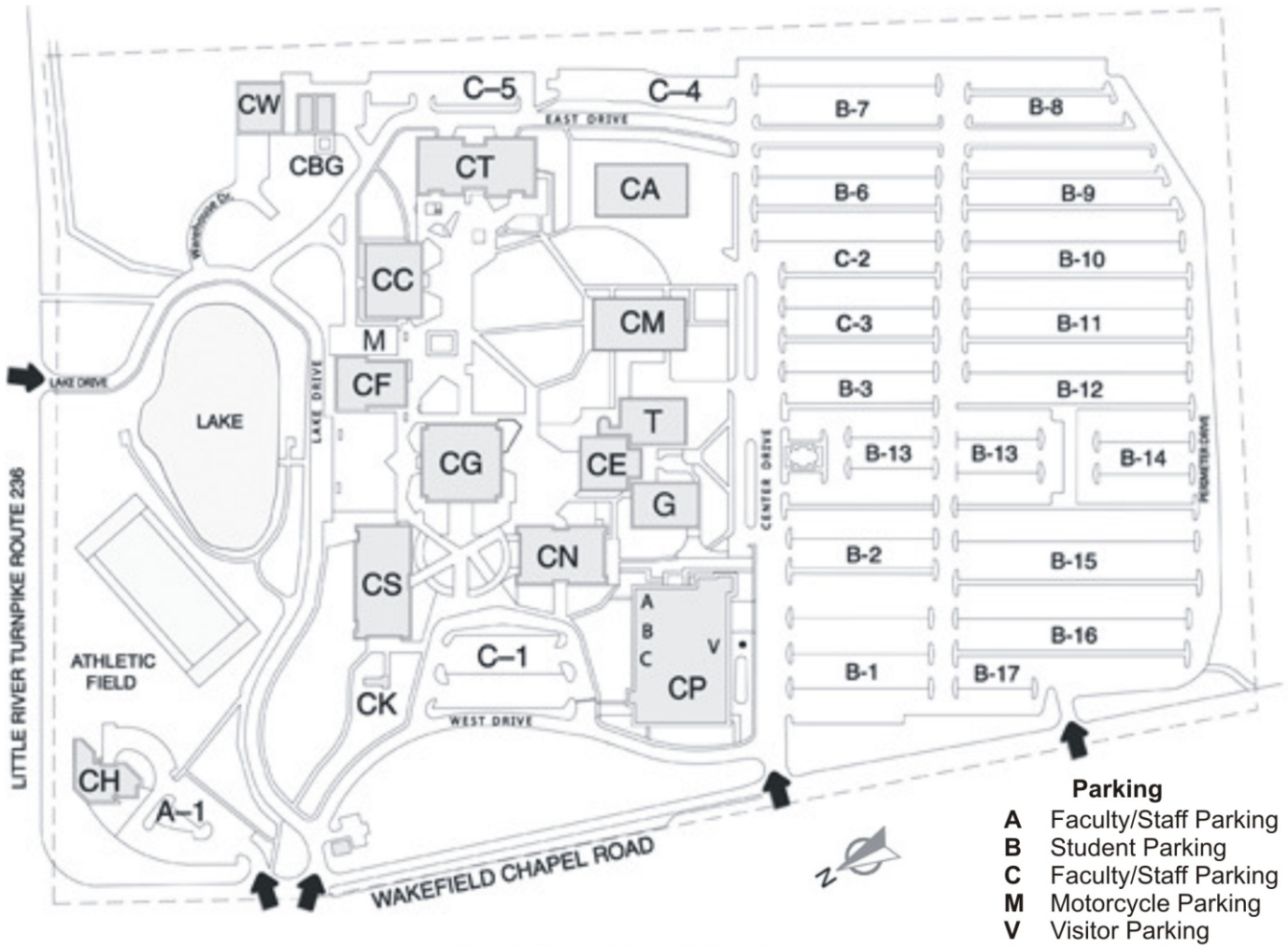
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NOVA Campus Map



Building Identification

- | | |
|---|--------------------------------------|
| CA Student Services Building Police | CN Nursing Building |
| CC Classroom Building | CBG Building and Grounds |
| CE Richard J. Ernst Comm. Cult. Ctr. | CP Parking Garage |
| CF Food Services Building | CS Shuler Building |
| CG Godwin Building | CT TV Tech. Building |
| CH Brault Building | CW College Warehouse Building |
| CK Greenhouse | G Gymnasium |
| CM McDiarmid Building | T Theater |

LLI Summer Program 2018

Note: All programs are free to members unless otherwise specified. See full addresses of course locations starting on page 13.

Members must register for the courses prior to attending because of space constraints. If you are unable to attend after registering, please contact the Course Coordinator so that our members who are on the waiting list can be given the opportunity to attend the course.

Remember that we are guests in the buildings where we attend courses; in some cases, these buildings are residents' homes. We need to be courteous to both the staff who work in these buildings as well as the residents. If we don't extend such courtesy, we run the risk of not being invited back.

LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations brief announcements are made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

Upcoming Forum dates are: Wednesdays, June 6, September 5. **No Forum in July or August.** Ernst Cultural Center (CE), NOVA Annandale Campus.

ATTENTION! PLEASE WEAR YOUR LLI BADGE/LANYARD TO ALL LLI ACTIVITIES.

This is imperative. If you have lost your badge/lanyard, just contact Janice Viola in the LLI office and she will send you a new one.

Monday Mornings

Course 18S01A Don't Be Scammed! (Aging in Place) (1 Session)

Fairfax County is home to thousands of retirees with good pensions and retirement savings. Criminals know this and will take advantage of older adults. Learn how to avoid and protect against the latest scams including woodchucks (tree-trimming), romance, grandparent scams, and how to handle door-to-door solicitors. This talk is part of Fairfax County's "Silver Shield" program.

Date and Time: Monday, July 9; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 15, Max. 80

LLI Coordinator: Cathy Becker (703) 354-6377 (H), (703) 505-9821 (C); cz.becker@verizon.net

Leader:

MELISSA SMARR, B.A. in consumer affairs; B.A. in family and child development; M.A. in public administration from Virginia Tech. Melissa has worked for Fairfax County government for 16 years and is currently working on the Silver Shield Campaign with six county agencies to educate residents on how to protect the elderly from scams to which they are particularly susceptible.

Course 18S02A Children of the Sun: The Rapid Rise and Fall of the Inca Civilization (1 Session)

Discover how a small tribe in the heart of the Andes created an empire that extended over 4,000 miles in length. Learn about their religions, social customs, and why they rose and fell so quickly. (**Note:** This course was previously offered in the Winter/Spring 2018 semester but was cancelled.)

Date and Time: Monday, July 16; 10:00 a.m. — 11:30 a.m.

Place: Greenspring Village (Village Square Theater), Springfield

Course Size: Min. 25, Max. Unlimited

LLI Coordinator: Doug Johnson (703) 628-3115 (C); llinovadoug@gmail.com

Leader:

CHARLES MCCLELLAND grew up in the Panama Canal Zone and has travelled extensively throughout Latin America and the Caribbean. He has studied in Mexico and was a Peace Corps volunteer in Colombia. Charles is a professional instructor and adjunct professor at Georgetown University. In his spare time he is a guest lecturer on several cruise lines.

Course 18S03A The Keys to Safe Driving as We Age (Aging in Place) (1 Session)

During all the years that we've been driving we've changed, traffic has changed, and our cars have changed. What do these changes portend for driving safety? This informative and interactive presentation will address this question by focusing on the myth of the unsafe older driver, how aging might affect driving performance, what drivers can do to stay safe, and how new automobile technologies can help us avoid crashes.

Date and Time: Monday, August 27; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 15, Max. 80

LLI Coordinator: Cathy Becker (703) 354-6377 (H), (703) 505-9821 (C); cz.becker@verizon.net

Leader:

MIKE PEREL retired from his 39-year career at the National Highway Traffic Safety Administration (NHTSA) in 2009. He headed a research group that focused on vehicle systems that can help prevent crashes such as forward lighting, rear signaling, mirrors, and advanced driver assistance technologies. His work also explored how crash risk could be affected by impairments due to driver age, fatigue, alcohol, and distraction. Mike is currently the Braddock District representative on the Fairfax Area Commission on Aging.

Tuesday Morning

Course 18S04A Cognitive Control of Self-Defeating Feelings (4 Sessions)

Learn about a specific strategy for minimizing the amount of emotional energy we sometimes waste on things we can't control. Each session will involve a presentation, informal discussion, and lots of opportunities for Q & A. The class will focus on how to apply this cognitive skill set to things (big and small) that "go wrong" in our lives.

Dates and Time: Tuesdays, June 5, 12, 19, 26; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale Campus

Course Size: Min. 10, Max. 30

LLI Coordinator: Gina Trapp (703) 522-7528 (H), (571) 345-5897 (C); GTrapp_26@msn.com

Leader:

BILL SECHRIST earned a B.S. from West Chester University of Pennsylvania and an M.A. from the University of Maryland (College Park). He began his teaching career at the University of Maryland and was on the faculty of the Health Department at the State University of New York until he retired. Bill offered courses including "Rational Emotive Education," "Mental Health and Counseling," and other classes involving the psychosocial aspects of health-related behaviors. He earned two levels of certification in Rational Emotive Behavior Therapy during training-in-residence programs at the Albert Ellis Institute in New York City.

Tuesday Afternoons

Course 18S05P Home Sale Process: All That Is Involved in the Decision (1 Session)

The flow chart for the real estate sales process can be confusing. Join Lynn Hoover to review the critical steps for maximizing profit and minimizing the expense of selling. Bring questions and concerns for a productive discussion in this open forum class. Lynn's 42 years as a real estate specialist will fill in the blanks! No question is off limits in helping to make the right decisions.

Date and Time: Tuesday June 12; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 25, Max. 80

LLI Coordinator: Nickie Myers (703) 532-3726 (H), (703) 507-6645 (C); nickie@yoursbydesign.com

Leader:

LYNN HOOVER is a certified senior advisor (CSA), a senior real estate specialist (SRES), and an associate real estate broker with McEneaney Associates. She has spent over 40 years helping folks buy and sell real property. Assisting and counseling her many over-55 clients and exploring their options is a large part of Lynn's business and one she treasures with each relationship she and her clients build together.

Course 18S06P Growing Old Successfully: Should I Renovate or Relocate? (1 Session)

Living longer and more actively are benefits of our times. Ensuring that older adults have the housing needed to enjoy high quality, independent, and financially secure living has taken on a new urgency. Learn how the "universal design" concept factors into your future housing choices.

Date and Time: Tuesday, July 10; 1:30 p.m. — 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 20, Max. 80

LLI Coordinator: Nickie Myers (703) 532-3726 (H), (703) 507-6645 (C); nickie@yoursbydesign.com

Leader:

LYNN HOOVER is a certified senior advisor (CSA), a senior real estate specialist (SRES), and an associate real estate broker with McEneaney Associates. She has spent over 40 years helping folks buy and sell real property. Assisting and counseling her many over-55 clients and exploring their options is a large part of Lynn's business and one she treasures with each relationship she and her clients build together.

Wednesday Mornings

Course 18S07A Cooking for One I (1 Session)

Discover delectable and simple recipes perfectly sized for one. Cook some great recipes that are easy and fun to prepare and make dinner special. Learn tips on how to cut recipes down to one serving. Chef Cal explains how to decrease meal size while keeping the flavor and also offers some handy tips on meals that freeze. Recipes will be provided. **Note: A \$4.00 fee will be collected in class (exact change please). This course is offered twice; sign up for I or II, not both.**

Date and Time: Wednesday, June 20; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale Campus

Course Size: Min. 10, Max. 30

LLI Coordinator: Bonnie Hopley (703) 978-9381 (H), (703) 508-6219 (C); bdhopley@gmail.com

Leader:

CALVIN KRAFT attended *L'Académie de Cuisine* and the Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring he became the owner and executive chef of Dinner Is Served, LLC, a personal chef/catering operation.

Course 18S08A Cooking for One II (1 Session)

Discover delectable and simple recipes perfectly sized for one. Cook some great recipes that are easy and fun to prepare and make dinner special. Learn tips on how to cut recipes down to one serving. Chef Cal explains how to decrease meal size while keeping the flavor and also offers some handy tips on meals that freeze. Recipes will be provided. **Note: A \$4.00 fee will be collected in class (exact change please). This course is offered twice; sign up for I or II, not both.**

Date and Time: Wednesday, June 27; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew's United Methodist Church (Room 304), Annandale Campus

Course Size: Min. 10, Max. 30

LLI Coordinator: Bonnie Hopley (703) 978-9381 (H), (703) 508-6219 (C); bdhopley@gmail.com

Leader:

CALVIN KRAFT attended *L'Académie de Cuisine* and the Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring he became the owner and executive chef of Dinner Is Served, LLC, a personal chef/catering operation.

Course 18S09A Tiny Foods (1 Session)

Celebrate any holiday with a unique “Tiny Foods” party. Chef Cal will show you how to present tasty and innovative foods served in a small format. Call them hors d’oeuvres or appetizers or anything else, they are still tiny foods and they taste great. Recipes will be provided. **Note: A \$4.00 fee will be collected in class (exact change please).**

Date and Time: Wednesday, July 11; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew’s United Methodist Church (Room 304), Annandale

Course Size: Min. 10, Max. 30

LLI Coordinator: Bonnie Hopley (703) 978-9381 (H), (703) 508-6219 (C); bdhopley@gmail.com

Leader:

CALVIN KRAFT attended *L'Académie de Cuisine* and the Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring he became the owner and executive chef of Dinner Is Served, LLC, a personal chef/catering operation.

Course 18S10A “Natural Disasters” in Modern American History (NOVA Faculty) (1 Session)

Many so-called “natural disasters” in American history were disasters only because people ignored clear evidence that their building choices or techniques made the location vulnerable to easily anticipated events that could destroy the original human effort. Some examples are the faulty dam above Johnstown, ignoring weather warnings during Katrina’s assault on New Orleans, and the U.S. Army’s use of dynamite to extinguish fires after the San Francisco earthquake. This course considers the significance of man-made disasters that arose after truly natural ones in modern American history. **(Note: This course was previously offered in the Winter/Spring 2018 and Fall 2017 semesters but was cancelled.)**

Date and Time: Wednesday, August 1; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus **(Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)**

Course Size: Min. 20, Max. 80

LLI Coordinator: Pam Hill (703) 323-7309 (H), (703) 627-4404 (C); rogerh67@yahoo.com

Leader:

Dr. ROGER HILL retired from the Air Force in 1992 after 27 years of service and used the GI Bill to earn a doctorate in history education. He has served as a part-time instructor at NOVA for the past decade. The current topic emerged from an LLI course Dr. Hill presented on the Johnstown Flood in the winter/spring program of 2016. Research on the flood prompted him to consider the impact of human-aided catastrophes compared with those in which humans played no role except as victims.

Course 18S11A Diet/Health/Gym Activities for Seniors (1 Session)

This class will provide a basic understanding of the role of strength in gaining and/or maintaining health, a set of exercises that establishes balance and strength, and a basic understanding of eating for strength. There will also be tips on what to do to prevent broken bones and how to eliminate the fear of going to a gym. The instructors will talk about general guidelines for nutrition for seniors and provide an outline of specific needs for protein, giving data on what and how much to eat.

Date and Time: Wednesday, August 8; 10:00 a.m. — 11:30 a.m.

Place: St. Matthew’s United Methodist Church (Room 304), Annandale

Course Size: Min. 10, Max. 30

LLI Coordinator: Bonnie Hopley (703) 978-9381 (H), (703) 508-6219 (C); bdhopley@gmail.com

Leaders:

CALVIN KRAFT attended *L'Académie de Cuisine* and the Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring he became the owner and executive chef of Dinner Is Served, LLC, a personal chef/catering operation. **LYNNE E. BALDRIGHI** is the owner and manager of Everybody Fitness center. She is passionate about health and fitness, educating herself on her own time during a career in the military and civil service. She earned her certifications from the National Academy of Sports Medicine. Lynne left her career and bought a local, independent gym in June 2017.

Course 18S12A Climate and Geoengineering: A Delicate Balance (1 Session)

With climate change accelerating some scientists have resurrected the idea of *geoengineering*: deliberate large-scale manipulation of the planetary environment. For example, scientists have suggested spreading reflective particles over 13 million square kilometers of ocean to reflect one percent of sunlight away from Earth. We will discuss the balance between the positive contributions of geoengineering against the many unintended consequences (mostly negative) that have resulted from previous human manipulation of natural systems.

Date and Time: Wednesday, August 22; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus **(Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.)**

Course Size: Min. 10, Max. 80

LLI Coordinator: Philippa Centini (703) 658-1545 (H), (703) 472-5269 (C); phil.centini@verizon.net

Leader:

BARRY CENTINI has a Ph.D. in geology from the University of North Carolina, Chapel Hill. He has been offering geology and science classes to LLI members for several years and is also an LLI member.

Wednesday Afternoon

Course 18S13P George Mason, Father of the Bill of Rights (1 Session)

This presentation highlights George Mason as a family man, a successful Virginia planter, and a patriot. It focuses on his important political legacy including the Fairfax Resolves, the Virginia Declaration of Rights, his work during the 1787 Constitutional Convention, and his contributions to our Bill of Rights. We will consider questions on how Mason differs from Washington and Madison and will discuss what we know about Mason and slavery.

Date and Time: Wednesday, August 15; 1:30 p.m. — 3:00 p.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 20, Max. 80
LLI Coordinator: Philippa Centini (703) 658-1545 (H), (703) 472-5269 (C); phil.centini@verizon.net
Leaders:

JOAN LEWIS earned a Master of Arts in Teaching from George Washington University and had a 25-year career as a media specialist in the Fairfax County Public Schools. She is the co-author of *George Mason, Father of the Bill of Rights* (1991) and has served as a docent at Gunston Hall Plantation for over a decade, where she created their Senior Outreach Program. Joan has also been involved in several civic activities, including serving two terms as president of the Falls Church League of Women Voters and president of the Virginia Continuing Care Residents Association.

SUSAN PEDERSON is a graduate of Georgetown University and the Johns Hopkins School of Advanced International Studies. She had a 35-year career working in various management positions in a number of defense consulting firms. Susan developed a deep interest in American history as a teenager. While her educational and work careers took her to Russia and then to Europe, she always knew that when she had the chance, she would return to her first love: American colonial history. Susan joined the docents at Gunston Hall in 2013 and since then has delivered talks on George Mason and his beautiful home to more than 500 people, from ages 5 to 85. In addition to her work as a docent, Susan serves as chair of the Senior Outreach Committee.

Thursday Morning

Course 18S14A Financial Planning in a New Tax Reality (1 Session)

The most dramatic tax reform we have seen in the last 30 years went into effect on January 1, 2018. The *Tax Cuts and Jobs Act* will produce many winners and losers. Corporations are among the winners, with significant tax rate cuts. Unfortunately, the losers include individuals in high-tax areas (I'm looking at you), non-profits, and their donors. As a retirement-only financial planning firm, Campbell Wealth Management has developed a workshop highlighting the strategies that aim to turn some of those losers into winners. In this modified educational workshop for LLI, we will cover Schedule A lumping, qualified charitable distributions, donor-advised funds, and other strategies to keep that tax bill down.

Date and Time: Thursday, July 19; 10:00 a.m. — 11:30 a.m.
Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)
Course Size: Min. 25, Max. 80
LLI Coordinator: Scott Pinckney (703) 323-9361 (H), (703) 300-6277 (C); spinck3@aol.com
Leader:

EVAN BEACH, a Certified Financial Planner (CFP) and an Accredited Wealth Management Advisor (AWMA), is a wealth manager with Campbell Wealth Management. He holds an Executive Certificate in Financial Planning from Georgetown University and has taught a number of courses for LLI.

Thursday Afternoons

Course 18S15P Study/Travel: The Canadian Maritimes (2 Sessions)

In August, members of the LLI Study/Travel program will be taking a 14-day tour in the Canadian Maritime provinces of Nova Scotia, New Brunswick, and Prince Edward Island. Among other places we will visit Halifax, Saint John, Saint Andrews, Campobello, Charlottetown, and Baddeck. In Study/Travel, however, we like to know before we go, so this overview course will provide a brief introduction to the history, culture, geography, arts, architecture, and perhaps even food and drink of this fascinating area. Two sessions will barely scratch the surface, but they will hopefully prepare us for the main course to come on our trip. This course should be of special interest to LLI members participating in the trip to the Maritimes, but is open to all LLI members interested in this region.

Dates and Time: Thursdays, June 28, July 12; 1:30 p.m. — 3:00 p.m.
Place: Mason District Governmental Center (Main Community Room), Annandale
Course Size: Min. 10, Max. 75
LLI Coordinator: Merry Huley (703) 534-4819 (H), (703) 489-9045 (C); roberthuley@cox.net
Leader:

BOB HULEY has been involved with the Study/Travel Program since joining LLI in 2004. He is currently chair of the committee, which organizes LLI's major travel activities. Bob is also on his third term as a member of the Board of Directors and is the head of the LLI Bridge SIG. Bob and his wife Merry enjoy traveling, especially with LLI. A graduate of Cornell University (M.E.E.), Bob retired from the Office of Personnel Management as Deputy Chief Information Officer.

Course 18S16P Underwater Wonders: Ocean Alphabet (1 Session)

This is an introduction to what lies beneath the waves, from "A is for anemone" to "Z is for zebra eel." Join Dr. Steve Cohen for an entertaining and instructive high-definition underwater video presentation.

Date and Time: Thursday, July 26; 1:30 p.m. — 3:00 p.m.
Place: Greenspring Village (Village Square Theater), Springfield
Course Size: Min. 10, Max. Unlimited
LLI Coordinator: Doug Johnson (703) 628-3115 (C); llinovadoug@gmail.com

Leader:

STEVE COHEN, D.V.M., New York College of Veterinary Medicine. Steve became a certified scuba diver in 1988 and began underwater video photography and editing in 1996. He travels the world pursuing his passion. His videos have won awards and been shown at the prestigious San Diego Underwater Film Exhibition.

Friday Mornings

Course 18S17A Roosevelt, Churchill, and Their Generals (NOVA Faculty) (1 Session)

This course will compare and contrast the interpersonal relationships between President Franklin Roosevelt and American generals, and those of Prime Minister Churchill and the British generals during World War II. The instructor will also examine how these relationships impacted the "Grand Alliance" and the successful outcome of the war. We will discuss how popular movies have portrayed the relationship between Roosevelt, Churchill, and their generals, including "Dunkirk" and "The Darkest Hour." Recommended reading: Andrew Roberts, *Masters and Commanders: How Four Titans Won the War in the West, 1941-1945*, New York: Harper Collins, 2009.

Date and Time: Friday, July 13; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 80

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@outlook.com

Leader:

MICHAEL MCGREGOR is a senior policy analyst in the Government and Industry Relations Department at Fannie Mae. He earned an A.A. at Iowa Lakes Community College, a B.A. at the University of Northern Iowa, and an M.A. in history at George Mason University. Mr. McGregor serves as an adjunct faculty member at NOVA-Annandale. His research interest has focused on the diplomatic history of the causes, development and consequences of World War II. He has researched the Congressional enactment of the Lend-Lease Act that gave President Roosevelt authority to provide military supplies to Great Britain, Russia, and other Allied countries.

Course 18S18A Afghan Civil Society from the Fall of the Taliban to Today (NOVA Faculty) (1 Session)

Afghan civil society has been instrumental in bringing about positive change from the ground up in a variety of sectors since the fall of the Taliban in Afghanistan. Oftentimes civil society organizations have filled a vacuum where the Afghan government has not been able to deliver even basic services. This course will explore the challenges the Afghan people face and will highlight the role of civil society and civilian organizations in helping to rebuild a peaceful Afghanistan.

Date and Time: Friday, July 20; 10:00 a.m. — 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms), NOVA Annandale Campus (**Note: Classroom location subject to change; however, report to Seminar Rooms unless notified otherwise.**)

Course Size: Min. 10, Max. 80

LLI Coordinator: Lorin Goodrich (703) 425-9574 (H), (703) 336-7119 (C); lorin.goodrich@outlook.com

Leader:

HODEI SULTAN is the senior program manager at the Center for South and Central Asia at the United States Institute of Peace (USIP). She coordinates and provides oversight in the development and planning, financial management, and gender programming outreach for the Afghanistan and Pakistan program. Ms. Sultan has worked at the USIP since 2009 and also teaches undergraduate courses at NOVA on peace building, conflict resolution, and stability operations. She is fluent in Farsi. Ms. Sultan started her academic pursuits at NOVA, earning an Associate Degree, and holds B.A. and M.A. degrees from George Mason University (global affairs, conflict analysis and resolution).

Friday Afternoon

Course 18S19P Richard Risk's Poetry and You (4 Sessions)

Join us for one of LLI's long-time favorite courses and learn that poetry can enrich your life. We share poems — contemporary or classic — illustrating a theme, form or school, or we may read and discuss one poet and his/her work. This class is dedicated to the memory of Richard Risk who established Poetry and You and was one of LLI's original founding members.

Dates and Time: Fridays, July 27, August 3, 10, 17; 1:30 p.m. — 3:30 p.m. (**Note class time.**)

Place: Little River United Church of Christ (Room 8), Annandale

Course Size: Min. 10, Max. 30

LLI Coordinator: Marianne Moerman (703) 751-0523 (H); marianne.c.moerman@gmail.com

Leader:

KATHRYN O'TOOLE currently serves on LLI's Board of Directors as the vice president and is the co-chair of the Automation Committee. She received her B.A. from the University of California. Kathryn joined LLI in 2011 and of its courses, she is especially fond of the poetry offerings. She is an avid reader and theatergoer and loves many musical genres.

Various Days

Course 18S20P Two Mysteries, or Lizzie and Bruno (National Park Service) (2 Sessions)

Two crimes that captured worldwide attention (and still do) are on the docket for our summer offering. Join National Park Service rangers as we discuss The Borden case and the Lindbergh kidnapping. As keen as the public was to find out any information on these horrible deeds, it seemed the more that was disclosed, the more questions were raised. We will find connections that tie these foul deeds to incidents and personalities associated with the National Mall, Memorial Parks, and the local area.

Dates and Time: Wednesday & Friday, August 22, 24; 1:30 p.m. — 3:30 p.m. (**Note class time.**)

Place: Mason District Governmental Center (Main Community Room), Annandale

Course Size: Min. 25, Max. 90

LLI Coordinator: Rick and/or Pat Daniels (703) 354-3792 (H); rwdaniels63@gmail.com

Leaders:

HEIDI DIETZE is a Minnesota native who spent much of her childhood traveling through several Midwest states, visiting sites from the Santa Fe Trail to the Corn Palace. From this random trundling, she developed an interest in history that led to an undergraduate degree in holocaust studies and a graduate degree in film history. Ranger Dietze came to National Mall and Memorial Parks as a park ranger in 2002 following two years at the United States Holocaust Memorial Museum.

BRAD BERGER has a B.A. in European history and an M.A. in American colonial history. Brad served in the Federal Republic of Germany as a security specialist in the U.S. Air Force, and interned for the National Park Service at Harpers Ferry National Historic Park. Ranger Berger currently serves as a park ranger at the National Mall and Memorial Parks in Washington, DC, where he helps coordinate operations for presidential inaugurations, annual national Independence Day celebrations, and National Cherry Blossom Festivals.

June

2018

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

					1	2
3	4	5 18S04A—Cognitive Control of Self-Defeating Feelings	6 LLI Forum & Open House	7	8	9
10	11	12 18S04A—Cognitive Control of Self-Defeating Feelings 18S05P—Home Sale Process	13	14	15	16
17	18	19 18S04A—Cognitive Control of Self-Defeating Feelings	20 18S07A—Cooking for One I	21	22	23
24	25	26 18S04A—Cognitive Control of Self-Defeating Feelings	27 18S08A—Cooking for One II	28 18S15P—Study/Travel: The Canadian Maritimes	29	30

Remove this calendar to use as a handy reference.

July

2018

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

1	2	3	4	5	6	7
8	9 18501A—Don't Be Scammed!	10 18506P—Growing Old Successfully	11 18509A—Tiny Foods	12 18515P—Study/Travel: The Canadian Maritimes	13 18517A—Roosevelt, Churchill, and Their Generals	14
15	16 18502A—Children of the Sun	17	18	19 18514A—Financial Planning in a New Tax Reality	20 18518A—Afghan Civil Society from the Fall of the Taliban to Today	21
22	23	24	25	26 18516P—Underwater Workers: Ocean Alphabet	27 18519P—Richard Risk's Poetry and You	28
29	30	31				

Remove this calendar to use as a handy reference.

August

2018

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

			1 18510A—"Natural Disasters" in Modern Am. History	2	3 18519P—Richard Risk's Poetry and You	4
5	6	7	8 18511A—Diet/Health/Gym Activities for Seniors	9	10 18519P—Richard Risk's Poetry and You	11
12	13	14	15 18513P—George Mason, Father of the Bill of Rights	16	17 18519P—Richard Risk's Poetry and You	18
19	20	21	22 18512A—Climate and Geo- engineering: A Delicate Balance 18520P—Two Mysteries, or Lizzie and Bruno	23	24 18520P—Two Mysteries, or Lizzie and Bruno	25
26	27 18503A—Keys to Safe Driving	28	29	30	31	

Remove this calendar to use as a handy reference.

September 2018

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

						1
2	3	4	5 LLI Forum & Open House	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
						30

Remove this calendar to use as a handy reference.

LLI Summer Program 2018

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board supports the SIG coordinator's flexibility to invite non-LLI members to participate in an activity whenever the objectives of the SIG would be enhanced by non-member participation.

Special Interest Groups

BRIDGE GROUP



The LLI Bridge Group meets twice monthly to play social, i.e., not duplicate, bridge. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners, so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Please feel free to

bring a brown bag lunch. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

Dates & Time: Usually the second and fourth Wednesdays of each month. June 13 and 27 (Wednesdays); July 11 (Wednesday) and 26 (Thursday); August 2 and 23 (both Thursdays); September 12 and 26 (both Wednesdays). All meeting times are 10:30 a.m.—2:30 p.m. Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.

Place: Mason District Governmental Center, Annandale

Coordinators: Bob and Merry Huley (703) 534-4819 or roberthuley@cox.net

FAVORITE BOOKS CLUB



The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly

LLI Newsletter prior to discussion.

Dates & Time: Third Thursday of each month; 11:30 a.m.—1:00 p.m., June 21, September 20. **No meetings in July and August.**

Place: Braddock District Government Center (Kings Park Library, Braddock Hall), Burke

Coordinator: Lynne Smaldone (703) 525-9623 or smaldonega@hotmail.com

FINANCIAL DISCUSSION GROUP



Would you like to join a lively group of LLI members who talk about the fascinating and frustrating world of finance and investments? Whether you are a neophyte looking for some answers or Warren Buffet's "secret advisor," we think you will find

us enjoyable and informative.

Dates & Time: Second Friday of each month; 1:30 p.m.—3:00 p.m., April 13, May 11, June 8, September 14. **No meetings in July or August.**

Place: Braddock District Government Center (Kings Park Library, Braddock Hall), Burke

Coordinator: Doug Johnson (703) 628-3115 or llinovadoug@gmail.com

FRENCH CONVERSATIONALISTS



Under the expert guidance of Al Brothers, we will continue to strive to improve our French language skills. After having worked our way through the well-known language series *French in Action*, we are now reading French short stories and novels and discussing them in French during the class.

Dates & Time: First & third Tuesdays of each month; 10:00 a.m.—12:00 p.m., April 3 and 17; May 1 and 15; June 5 and 19; July 17; August 7 and 21; September 4 and 18. **No meeting on**

Tuesday, July 3.

Place: Goodwin House (Top of the West), Falls Church

Coordinators: Patty and Richard Steelman (703) 504-6866 or richardsteelman@hotmail.com; pattysteelman@gmail.com

GOURMAND GROUP



The Gourmand Group meets monthly. If you have ever been curious about what our group does, please join us at one of our monthly outings which can run the gamut from a wine pairing lunch, a weekend brunch, ethnic cuisine explorations, an afternoon tea, or just good food. We encourage members to

think outside the box since none of us has the corner on food opportunities in the Washington area. Each month a member volunteers to plan and manage the event. The Gourmand Group has been very active through the years and we think you'll find it a lot of fun. Contact Patti Volz at (703) 892-6124 or pattivolz@verizon.net, or Cynthia Gronvall at (703) 748-8404 or cdgronvall@yahoo.com for further information.

PHOTOGRAPHY GROUP



LLI members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings of this SIG will focus on a specific topic or area of interest decided by the group. Topics to date have included "Sorting and

Filing Your Digital Pictures" and "Understanding Exposure." New members are always welcome.

Dates & Time: Third Friday of each month; 10:00 a.m.—12:00 p.m., April 20, May 18, June 15, July 20, August 17, September 21.

Place: Braddock District Government Center (Kings Park Library, Braddock Hall), Burke

Coordinator: Buck Myers (703) 532-3726 or hbm@hbmphoto.com

VISUAL AND PERFORMING ARTS



The District/Maryland/Virginia (DMV) region is unique in the vast number of educational and cultural institutions situated within reach. The Visual and Performing Arts SIG allows members to experience these opportunities in a way that would not be possible within the confines of a classroom.

Typical quarterly activities/events include a mix of meetings with films, speakers, and member research as well as field trips that take advantage of many museums, universities, galleries, and artist studios. Responsibility for meetings is split up among

members who take turns suggesting, planning, announcing, and coordinating SIG meetings and events. Members may sign up by contacting Anna Dixon at njoi2day@aol.com.

WALKABOUTS



Weather permitting, the Walkabouts Group meets twice each month, usually on the 2nd and 4th Fridays, for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not included in the published schedule are coordinated through Merry Macke. She can be reached at (703) 987-7751 or by e-mail at merry.macke@gmail.com. Members may sign up to receive notifications by contacting the coordinator.

Please register as soon as possible, but not later than Friday, May 11, 2018.

Directions to Class Locations — Summer 2018

Greenspring Village, Spring Village Drive, Springfield.

Directions from NOVA

Go east on Little River Turnpike about 2.5 miles. Turn right onto Backlick Road/VA-617. Go 4.3 miles to the Franconia/Springfield Parkway/Rt. 289 (old Rt. 7900). Merge onto Parkway and take the first right onto Spring Village Drive. Proceed straight to the Greenspring entrance. Stop at the guard house. You will receive a visitor's pass.

For the **Village Square Theater**, turn right at the second stop sign. As you proceed down the hill to Village Square, Parking Lot K will be on your left. **Ignore the "Residents Only" sign.** You may park in any space that does not have a red stripe. You may also park in any green space in Parking Lots I and J. The Theater and the Accotink Room are one level below the lobby.

For the **Conference Center**, veer left at the second stop sign. Hunters Crossing is the building with the canopy. There is a large parking lot in front of the building. You may park in any green striped space. The Conference Center is one level below the lobby.

Little River United Church of Christ, 8410 Little River Turnpike, Annandale.

Directions from the Beltway

Go west on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

Directions from Wakefield Chapel Road

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

Mason District Governmental Center, 6507 Columbia Pike, Annandale.

Directions from the Beltway

Go east on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic

lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

NOVA Campus Buildings

(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities: **USE THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$2.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

Ernst Community Cultural Center (CE), also called the NOVA Cultural Center, Annandale Campus. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

St. Matthew's United Methodist Church, 8617 Little River Turnpike, Annandale.

Directions from the Beltway

Drive west on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot.

Directions from Braddock Road going East

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

Classroom: Enter the classroom on the far left-hand side of the building through a basement door. However, if this side basement door is not yet open, enter the church through the main doors in the center. Follow the signs to the main church office. Right before the office is a stairwell on your left. You need to open the door to see the stairwell. Walk down one level and the classroom is a few feet from the foot of the stairs.

LLI Course Registration Form – Summer 2018

*****Please use one form per person*****

Name: _____ **Telephone:** _____

Email: _____

Date: _____ *Return Form to:* LLI/NOVA
 Godwin Building (CG), Room 202
 8333 Little River Turnpike
 Annandale, VA 22003-3743

In the form's priority column, please number your class choices in **priority sequence**, e.g., 1=1st choice, 2=2nd choice, 3=3rd choice, etc. **Do not repeat a priority number.**

Priority	Class Number	Class Name	Fee	Date (s)	Office Use Only Action/ Comments
	18S01A	Don't Be Scammed! (Aging in Place)		7/9	
	18S02A	Children of the Sun: The Rapid Rise and Fall of the Inca Civilization		7/16	
	18S03A	The Keys to Safe Driving as We Age (Aging in Place)		8/27	
	18S04A	Cognitive Control of Self-Defeating Feelings		6/5, 12, 19, 26	
	18S05P	Home Sale Process: All That Is Involved in the Decision		6/12	
	18S06P	Growing Old Successfully: Should I Renovate or Relocate?		7/10	
	18S07A	Cooking for One I	\$4	6/20	
	18S08A	Cooking for One II	\$4	6/27	
	18S09A	Tiny Foods	\$4	7/11	
	18S10A	"Natural Disasters" in Modern American History		8/1	
	18S11A	Diet/Health/Gym Activities for Seniors		8/8	
	18S12A	Climate and Geoengineering: A Delicate Balance		8/22	
	18S13P	George Mason, Father of the Bill of Rights		8/15	
	18S14A	Financial Planning in a New Tax Reality		7/19	
<i>continued on next page</i>					

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Date (s)	Office Use Only Action/ Comments
	18S15P	Study/Travel: The Canadian Maritimes		6/28, 7/12	
	18S16P	Underwater Wonders: Ocean Alphabet		7/26	
	18S17A	Roosevelt, Churchill, and Their Generals		7/13	
	18S18A	Afghan Civil Society from the Fall of the Taliban to Today		7/20	
	18S19P	Richard Risk's Poetry and You		7/27, 8/3, 10, 17	
	18S20P	Two Mysteries, or Lizzie and Bruno		8/22, 24	

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 Annandale, VA 22003-3743

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Priority	Class Number	Class Name	Fee	Date (s)	Office Use Only Action/ Comments
	18S01A	Don't Be Scammed! (Aging in Place)		7/9	
	18S02A	Children of the Sun: The Rapid Rise and Fall of the Inca Civilization		7/16	
	18S03A	The Keys to Safe Driving as We Age (Aging in Place)		8/27	
	18S04A	Cognitive Control of Self-Defeating Feelings		6/5, 12, 19, 26	
	18S05P	Home Sale Process: All That Is Involved in the Decision		6/12	
	18S06P	Growing Old Successfully: Should I Renovate or Relocate?		7/10	
	18S07A	Cooking for One I	\$4	6/20	
	18S08A	Cooking for One II	\$4	6/27	
	18S09A	Tiny Foods	\$4	7/11	
	18S10A	"Natural Disasters" in Modern American History		8/1	
	18S11A	Diet/Health/Gym Activities for Seniors		8/8	
	18S12A	Climate and Geoengineering: A Delicate Balance		8/22	
	18S13P	George Mason, Father of the Bill of Rights		8/15	
	18S14A	Financial Planning in a New Tax Reality		7/19	
<i>continued on next page</i>					

To be completed by LLI Office. A = registration accepted; C = course canceled; W = wait listed (you will be notified if space becomes available).

Reminders:

1. Have you listed all your class choices by your priority sequence?
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3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Date (s)	Office Use Only Action/ Comments
	18S15P	Study/Travel: The Canadian Maritimes		6/28, 7/12	
	18S16P	Underwater Wonders: Ocean Alphabet		7/26	
	18S17A	Roosevelt, Churchill, and Their Generals		7/13	
	18S18A	Afghan Civil Society from the Fall of the Taliban to Today		7/20	
	18S19P	Richard Risk's Poetry and You		7/27, 8/3, 10, 17	
	18S20P	Two Mysteries, or Lizzie and Bruno		8/22, 24	

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3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

LLI / NOVA Membership Form

Phone: (703) 503-0600

E-Mail: llinova.admn@gmail.com

Title: Mr., Mrs., Ms., Dr., Other _____ (circle one)

Name _____

Address _____

City _____ State _____ ZIP _____ - _____

Phone Number(s): Home () _____ Other () _____

E-Mail Address _____

Please indicate if any information above differs from latest LLI Directory.

Where did you hear about LLI? _____

Briefly tell us about your career, expertise, or skills _____

Fee: \$110 per year for individual membership. Checks should be made payable to **LLI/NOVA**.

Send to: LLI / NOVA
Building CG, Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743

As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.

Please also complete the following:

Date _____

Renewal

Amount Paid _____

New

Check # _____

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Present a Course | <input type="checkbox"/> Plan a Course | <input type="checkbox"/> Coordinate a Course | <input type="checkbox"/> Serve on the Board |
| <input type="checkbox"/> Serve on a Committee | <input type="checkbox"/> Help in the Office | <input type="checkbox"/> Assist with A/V equipment | |
| <input type="checkbox"/> Assist with Travel Planning | <input type="checkbox"/> Other _____ | | |

Would you like for someone to contact you to answer any questions or provide additional information? _____

Program Compiled by the Curriculum Committee

Doug Johnson – Chairperson

(c) (703) 628-3115 (email) llinovadoug@gmail.com

Moe Moser – Space Coordinator

Barry Centini

Philippa Centini

Pat Daniels

David Drachsler

Lorin Goodrich

Roger Hill

Paul Hopley

Deb Hunsberger

Janet Liebenau

Nickie Myers

Scott Pinckney

Kim Rendelson

Dick Robison

Judy Robison

Chris Suskiewicz

Gina Trapp

LLI President — Scott Pinckney

(h) (703) 323-9361

(email) spinck3@aol.com

The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations, and publishing the Program Catalogue with the required information.

If you would like to participate on the Committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above members.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.

LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin. It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.



Active Adults - Inspired Learning
Travel - Friendship
Established 1996

Member of
Road Scholar
LLI Resource Network

Lifetime Learning Institute
NOVA Annandale Campus
Godwin Building (CG), Room 202
8333 Little River Turnpike
Annandale, VA 22003-3743
Phone: (703) 503-0600 / E-Mail: llinova.admn@gmail.com

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**Reminder:
Registration closes
May 11, 2018**