

Lifetime Learning Institute Proudly Presents

## **SOUPS AND STEWS**

Presented by Chef Cal Kraft

Culinary Instructor, Author, Public Speaker

Wednesday, January 22, 2020

10:00 – 11:30 AM

Chilly weather and long nights call for meals that warm you from the inside out. In this class we will discuss the preparation of several soups and several stews that you can make in the coming winter months.

Recipes will be provided and we will sample a few of the recipes discussed.