

February 7 Forum

U.S. Institute of Peace and Its Global Peace & Stability Operations

Have you ever heard of the United States Institute of Peace? It is an independent, nonpartisan federal institution created by Congress to support the development and use of knowledge to promote peace and curb violent international conflicts. You are encouraged to come to the Forum meeting on Tuesday, February 7 to learn more from Senior Program Officer, Beth DeGrasse. She will speak about the Institute's role in global peace and stability operations, particularly following "9/11" and how the U.S. has changed as a nation.

The Forum room is located on the second floor of the Ernst Cultural Center, NVCC-Annandale. Coffee, tea, and refreshments will be served at 9:30 a.m. and the meeting will begin promptly at 10:00 a.m.

10th Anniversary "Birthday Bash"

Mark the date, Tuesday, May 2nd, on your calendar for that is when we will gather together to celebrate the 10th anniversary of LLI's founding. The Birthday Bash will be held during the daytime at Greenspring Village in Springfield. A subcommittee of the 10th Anniversary Committee, co-chaired by Bonnie Hopler and Martha Klee, is making arrangements for a wonderful celebration. Watch for details in subsequent issues of LLI's *News and Views* and flyers.

Important note: Members who paid for attendance at the December Holiday Party, which was cancelled because of snow, may have that money credited to their Birthday Bash reservations. Provision for doing this will be included in the forthcoming Birthday Bash reservation form. Those who wish to have their Holiday Party payment refunded should write to the LLI Office, attention Laura Charron, requesting it.

1996 LLI 2006



Happy 10th Birthday!

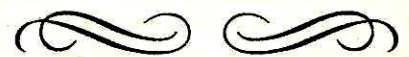
Lunch Bunch

Reservations have been made for lunch Feb. 7 at *Ribsters Restaurant* located at 7243 Little River Turnpike in Annandale. **Directions from NOVA:** Take a right on Little River Turnpike to Ravensworth Road in Annandale. The restaurant is on the right of Little River Turnpike. The restaurant features ribs, as well as, salads and sandwiches, etc., at modest cost.

Forum Parking: As of press time the new garage is scheduled to begin operation on Wednesday, January 25. This means that you will need to use the garage for the February 7 Forum meeting at a cost of \$1.00 per hour. Enter the lower level from Center Drive. Should the garage not be open on the 7th look for "LLI Parking" signs for parking in the surface lot.

Future Forum Speakers

Unfortunately Washington Post reporter Pamela Constable cannot make the March Forum so we are attempting to reschedule her. And, we are working on another speaker for the March 8 meeting (please note this is a Wednesday). Thank you for taking the time at the Forum to suggest possible topics and/or speakers for future meetings. Please contact Lorin Goodrich (703-425-9574 or lorin.goodrich@verizon.net) anytime with your ideas.

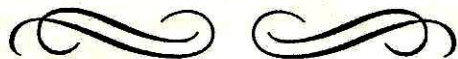


News & Views

Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

Calendar of Events

<i>February</i>	8	Trip: Baltimore Gardens (Harvey Ladew Topiary)
7		Forum
10		Board Meeting
10		Newsletter Deadline
21		Newsletter Mailing
<i>March</i>		
8		Forum (Wednesday)
10		Board Meeting
10		Newsletter Deadline
21		Newsletter Mailing
<i>April</i>		
11		Forum
14		Board Meeting
14		Newsletter Deadline
17		Newsletter Mailing
18		Ethnic Tour of Baltimore (repeat of popular Nov. trip)
25-28		Trip: Jewels of New York, Visiting Manhattan and Brooklyn
<i>May</i>		
2		10th Anniversary Party
12		Board Meeting
12		Newsletter Deadline
18		Trip: to Historic Frederick, Maryland
21		Newsletter Mailing
<i>June</i>		
6		Forum
8		Trip: Baltimore Gardens (Harvey Ladew Topiary)
9		Board Meeting
<i>July</i>		
—		No Forum
—		July planning retreat
<i>August</i>		
4		Newsletter Deadline
14		Newsletter Mailing
29		Forum
<i>September</i>		
8		Board Meeting
8		Newsletter Deadline
18		Newsletter Mailing
26-29		Trip: Historic Cape May, New Jersey
<i>October</i>		
3		Forum
13		Board Meeting
13		Newsletter Deadline
23		Newsletter Mailing
<i>November</i>		
7		Forum
10		Board Meeting
10		Newsletter Deadline
20		Newsletter Mailing
<i>December</i>		
—		No Forum; no newsletter
6		Board Meeting



LLI Board of Directors

President: Norma Hughes	Members: Richard DiBuono,
Secretary: Libby Burge	Burt Greenstein, Clinton Hall,
Treasurer: Phil Runge	Colletta Hammond, Paul Hopley,
Assistant Treasurer: Warren Hynes	Jane Jones, Curt Kornblau,
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President Emeritus: J. Knox Singleton	Don Reynolds, Barbara Rolling,
	Mary Underwood

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Liddell McLeod (703) 698-8366 / liddell_mcl@cox.net
Graphic Design/Desktop Publisher: Alfred Brothers
Mailing Coordinator: Colletta Hammond

LLI Name Game

Hello again from the 10th Anniversary Committee. Most of you breezed through the puzzler questions already posed so here goes the second round. How well do you know your colleagues? Who? What?

1996 LLI 2006



Happy 10th Birthday!

1. LLI's own "Music Man" or as aficionada and aficionado might prefer, "Maestro."
2. Tells us tales about famous ladies?
3. Brought poetic justice to the LLI classroom?
4. Glenn Miller's most welcome theme song?
5. "My _____ lies over the ocean." In fact we have two of them — one for the Atlantic and the other for the Pacific.
6. Computer whizzer; quick on the draw with his "mouse"?
7. Dapperest Dan among many making the LLI scene?
8. Red Sox cheer leader faithful through thin and thick?
9. Well known for "dollars for scholars" campaigns?
10. Favorite song is "Where did you get that HAT"?

WANTED:

Candidates for the Board of Directors

Have you wondered what LLI's Board of Directors actually does? Now is your chance to find out "from the inside". Although it seems like many months away, the Nominating Committee is starting to identify candidates for election to the Board at the annual meeting scheduled for Tuesday, June 6, 2006. The 15-member Board has a variety of responsibilities that must be carried out by LLI members who enjoy sharing their time and talents. This is a great opportunity to see how LLI operates and to influence its direction.

Please contact one of the Committee's members if you are interested. They are Lorin Goodrich (chairman) at 703-425-9574 or lorin.goodrich@verizon.net, Gladys Bucklew at 703-631-7889 or bucklew2@verizon.net, Dick DiBuono at 703-960-5981 or rjdibuono@aol.com, Arlene Gribben at 703-569-0357 or arlenegribb@aol.com, Mary Underwood at 703-329-8391 or maryunderwood29@hotmail.com.

All About Retirees

Question: When is a retiree's bedtime?

Answer: Three hours after he falls asleep on the couch.

Question: How many retirees to change a light bulb?

Answer: Only one, but it might take all day.

Question: What's the biggest gripe of retirees?

Answer: There is not enough time to get everything done.

Question: Why don't retirees mind being called Seniors?

Answer: The term comes with a 10% percent discount.

Question: Among retirees what is considered formal attire?

Answer: Tied shoes.

Question: Why do retirees count pennies?

Answer: They are the only ones who have the time.

Question: What is the common term for someone who enjoys work and refuses to retire?

Answer: NUTS!

Question: Why are retirees so slow to clean out the basement, attic or garage?

Answer: They know that as soon as they do, one of their adult kids will want to store stuff there.

Question: What do retirees call a long lunch?

Answer: Normal.

Question: What is the best way to describe retirement?

Answer: The never ending Coffee Break.

Question: What's the biggest advantage of going back to school as a retiree?

Answer: If you cut classes, no one calls your parents.

Question: Why does a retiree often say he doesn't miss work, but misses the people he used to work with?

Answer: He is too polite to tell the whole truth.

Trip News

The Harvey Ladew Topiary Gardens and the Walters Gallery are the stars of the June 8th LLI trip. Seats are still available for this LLI day trip. The registration form is in the winter/spring catalogue.

President's Corner

New Year's greetings to all. The Board of Directors regretfully made the decision to cancel the December Holiday Party. Had we not done so, we probably would have faced many inches of snow that morning and you can imagine the result. Our thanks to Mary Manion, Carol Flood and their committee for their preparations for what would have been a wonderful party. Please note elsewhere in the newsletter information regarding the party reservation fees.

We have had a succession of excellent Forum speakers. Our January speaker from the American Petroleum Institute, Ray Dougher, sent the following e-mail to Lorin: "I thoroughly enjoyed talking to your group. They were one of the very best audiences I've ever had. They were open, attentive and had wonderful questions. I came away thinking what a smart nice group. It was my pleasure." Her comments typify what all our Forum speakers tell us, which indicates that LLI is a pretty special organization. Don't miss our next speaker on February 7.

We have received grateful thank you notes from the organizations that were recipients of our food donations. It is obvious that the need exists and is growing. Each item of food can make a difference to someone in need; all your donations are appreciated.

Norma Hughes

Eliminate Unsolicited Credit Card Offers

First write to the offending companies and say you want to be taken off all mailing lists. The call (888) 5-OPTOUT — or (888) 567-8688 — toll free. You will reach, with just one call, the three major consumer reporting companies. Tell them to stop giving your information to companies that want to send you pre-approved credit offers. You are required to give your Social Security number, name and address. You can also have your name removed from many national direct mail lists by writing the Mail Preference Service, Direct Marketing Association, P.O. Box 643, Carmel, NY 10512. Or, for a \$5 fee, you can do this online at www.dmaconsumers.org/consumerassistance.html. The stream of offers should slow within 30 to 90 days of your request. For more information go to www.aarp.org and search "Unwanted Mail."

New Parking Garage Affects LLI Members

As of press time the new parking garage is slated to open on Wednesday, January 25, at which time LLI members will have to park in one of the three lower levels at an hourly cost of \$1.00. Please refer to the article about the February 7 Forum on the first page. Registrants for the February 8 class, "Touring Washington 1900" (6W22P), please take special note of this change since your class is the first one to be affected by this change.

All members were notified last October that reimbursement for the cost of parking would be available for (1) all instructors and coordinators of on-campus courses, (2) members who volunteer to work on projects in the LLI office, and (3) members who participate in committee activities that may meet on campus, including leaders of Special Interest Groups. Please **BE SURE TO OBTAIN A RECEIPT** when exiting the garage. Procedures for requesting a reimbursement will be announced at the February 7 Forum meeting and in the next newsletter.

LLI Community Outreach

Thanks go to Betty Mahon, who delivered 136 (!) pounds of food to the Arlington Food Assistance Center in January, and thanks to all of you who do such a great job of supporting this program. Special thanks to the members who have spontaneously volunteered to carry the donations from the Forum to the car since we started this program last August. We obviously have needed your help.

In February, Martie Klee will deliver our contributions to Ecumenical Communities Helping Others (ECHO). For 39 years, ECHO has been providing emergency care for the needy in Springfield and Burke, in the areas of food, clothing, house wares, financial counseling, and limited financial assistance. Particular needs: (no glass containers, please) peanut butter, tuna, pastas, canned fruits/vegetables, canned meats, jelly. Small size vegetable oil, condiments, one pound sugar bags, deodorants, hand soap and laundry detergents. Echo's website is www.echo-inc.org.

Do you have a favored agency you would like to receive one of our 2006 contributions? Would you volunteer to deliver the food? We will help load your car. Please see Jane Jones at the Forum or call her at (703) 799-7812.

Membership Update

New Members

Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.

Capetillo, Octavio and Margrita, 8098 Sleepy View Lane, Springfield, VA 22153; 703-866-6113; ocapetillo@cox.net

Denney, Mrs. Frances, 6106 Cloud Drive, Springfield, VA 22150; 703-971-4927

Fisher, Beverly, 7442 Spring Village Dr, #PV616, Springfield, VA 22150; 703-569-3765

Hoke, Ms. Virginia (Ginny), 307 Yoakum Pkwy #1506, Alexandria, VA 22304; 703-751-0592

Kilgore, Mrs. Dottie, 3303 Parkside Terrace, Fairfax, VA 22031-2715; 703-280-2932; dkilgore1@verizon.net

Siemering, Mrs. Martha, 8610 Powder Horn Road, Springfield, Va 22152; 703-569-2450

Thunman, Elizabeth C., 3701 Oak Hill Way, Fairfax, VA 22030; 703-591-0530

E-Mail Updates

Gladys and Bob Bucklew bucklew2@verizon.net

Mary Manion jemglm@aol.com

Mary O'Day meanderingwithmary@yahoo.com

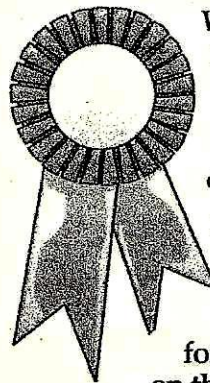
Rebecca Perry Perry8733@cox.net

Barbara Rolling brolling@verizon.net

Address Correction

Beverly Portman's ZIP code: 22003-1121

Student Awards



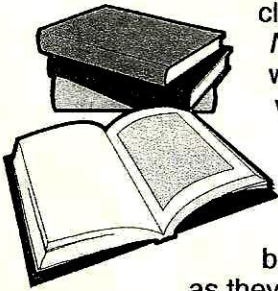
WE DID IT!!!! We surpassed our fund raising goal for 2005-2006. As of this date, over \$7,600 has been donated from members and friends. Over half made contributions of \$50 or more with one anonymous donor giving \$1500!! Thank you one and all.

We plan to award two \$2,000 scholarships this Spring – one for a deserving and needy student on the Annandale campus and another for the Medical Education campus in Springfield. We will give a \$2,000 student leadership grant to an outstanding leader from either campus. \$500 awards will be awarded to runner-ups in each category.

The winners will be presented at our June Forum.

Special Interest Groups

Favorite Books Club



On Thursday, February 16, the book club members will review *The Namesake*. This novel was written by the Pulitzer Prize winning author Jhumpa Lahiri. The writer tells the story of a family from Calcutta who immigrates to the United States. They are trying their best to become Americans even as they pine for home. The novel illuminates the immigrant experience and the tangled ties between generations.

If you are interested in delving into this theme, please join the group at the Mason District Governmental Center in Annandale from 11:30 a.m. to 1 p.m. If you have any questions, please call Arlene Gribben at 703-569-0357 or e-mail at arlenegribb@aol.com.

Bridge Group



The Bridge Group will meet the second and fourth **Thursdays**, February 9 and 23, at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). If you wish to attend, please call Bob and Gladys Bucklew at 703-631-7889. All are welcome. Note that if there are 'extra' people,

Bridge play is rotated (four hands per game) among all present. Also, most of our players are 'singles'; you do not need a partner to attend. We hope you can join us!"



Afternoon Delight – The Sequel

The second annual celebration of Valentine's Day is offered to all LLI members Tuesday afternoon, February 14. Come share light refreshments and join us in reading, reciting, or just listening to favorite poetry about love and romance.

Leader: Richard Risk; **Time:** 2:00 – 4:00 p.m.; **Place:** Little River United Church of Christ (Room 8), Annandale. Registration not necessary.

Discussion Group

Everyone Welcome (no need to register)

Date: Friday, February 17, 2006, 10:00-11:30 a.m.

Where: Seminar Rooms A & B, Ernst Cultural Center, NVCC

Topic: Is always determined by participants at the previous meeting. Please call for more information.

Information: Sue Swift (703) 448-0322

Gourmand Group

Twenty LLI Gourmands met at the Satay Sarinah Restaurant on January 10 where Virginia Fernbach arranged for the group to partake of Rijsttafel Sarinah, a traditional Indonesian meal. We enjoyed the detailed explanations before each course was served. The array of dishes included soup, appetizer, salad, entrees, and dessert — all with special flavors and tastes. Afterward several members even practiced their musical skills on a native Indonesian instrument. Eve Holtzman and Rocky Nelson are hosting an afternoon tea for the Gourmands on February 15. Events for March, April and May are being planned.

LLI Online

If you use the Internet, you can find LLI's web site at lli.nova.org. After you see "What's New," click on "LLI-NOVA Main Page." Thanks to Sid Sachs for maintaining it for us.

Weather Cancellation Policy

All LLI classes and other activities (except bus tours), regardless of location, are canceled whenever **Fairfax County Public Schools** close because of adverse weather conditions. Always check radio, television, or the Internet for **Fairfax County Public School** announcements when bad weather is imminent. For bus tours, please contact the tour leader as listed in the program booklet. LLI **morning** classes are canceled if the County announces a **2-hour delay** in school openings. LLI **afternoon** classes are canceled if the County announces **early dismissal**. You will be notified about a schedule for "makeup" classes. Remember: LLI Class cancellations follow Fairfax County schools — **NOT** the NVCC.



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Charities Express Appreciation

United Community Ministries (UCM) and Annandale Christian Community for Action (ACCA) each sent notes indicating that the food donations from LLI's August (UCM) and November (ACCA) Forum meetings were profoundly timely and important in enabling them to meet the needs of the communities they serve.

Registration Confirmations Mailed January 7

Confirmation for class registrations were mailed January 7, 2006. The forms indicate "W" for wait list or "A" for acceptance. If you selected a class and the action column is blank, be assured that you are in the class. However, if you have been wait-listed, please do not attend unless you receive a call from the class leader or coordinator.

Deadline for the March newsletter input is February 10.

