

June 2006 Volume 10 - Number 5

# Forum: Tuesday, June 6

# Fascinating Forum Speaker Precedes Annual Business Meeting

### Sonia Fuentes Talks about Her Life's Journey...

...from the dock in New York City to the Governor's Mansion in Maryland

You won't want to miss Sonia's inspiring success story. She arrived in the U.S. in May 1934 at the age of five with her parents and



Sonia Fuentes

brother to escape the Holocaust. In March 2000 she was one of five women inducted into the Maryland Women's Hall of Fame at a ceremony in Annapolis participated in by the Governor, Lieutenant Governor and Maryland's First Lady. Sonia will tell us about how she ended up in such august surroundings from a very modest beginning.

Remember LLI's food donation program and consider bringing an item for FACETS. More details can be found under "Community Outreach" elsewhere in the newsletter.

LLI's annual business meeting will convene following the break. There will be an election of officers and new members to the Board of Directors, a vote on proposed bylaws amendments, and a presentation of the budget for the fiscal year starting July 1. Please refer to your May newsletter to review the proposed amendments to the bylaws and the Nominating Committee's slate of candidates. The budget for next fiscal year appears in this newsletter.

### **Lunch Bunch**

Reservations have been made following the 6 June Forum meeting at the Carlos O'Kelly Restaurant at 9959 Main Street (Route 236) in Fairfax City. The phone number is (703) 591-7113. The restaurant features Mexican dishes at reasonable prices and has a private party room. Directions: From NOVA turn left on Route 236; proceed about a mile and a half toward Fairfax City. The restaurant is on the left side of the road across the street from the Main St. Shell gas station.

The next Forum is August 29. Look for more information in the August/September newsletter.

## Two Reasons to Bring Your Checkbook June 6

June 6 is the deadline for summer registrations. Please remember to bring your check book to the Forum so that you can renew your membership and/or register for classes and trips. Registrations must be received or postmarked no later than June 6. Only completed registration forms, including any fees, will be considered for registration.

Ms. Fuentes will have her book available for sale and signing. It's entitled Eat First-You Don't Know What They'll Give You, The Adventures of an Immigrant Family and Their Feminist Daughter (\$22.99).



# Calendar of Events

#### June

- 6 Forum
- 8 Trip: Baltimore Gardens (Harvey Ladew Topiary)
- 9 Board Meeting

### July

- No Forum
- 12 Board planning retreat
- 19 Lunch and play ("Footloose") – Shenandoah Theatre
- 21 Day Trip: Tudor Place and Textile Museum

### August

- 2 Day Trip: Ecology boat ride
- 4 Newsletter Deadline
- 14 Newsletter Mailing
- 29 Forum

### September

- 8 Board Meeting
- 8 Newsletter Deadline
- 18 Newsletter Mailing
- 26-29 Trip: Historic Cape May, New Jersey

#### October

- 3 Forum
- 13 Board Meeting
- 13 Newsletter Deadline
- 23 Newsletter Mailing

#### November

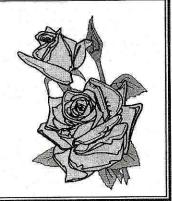
- 7 Forum
- 10 Board Meeting
- 10 Newsletter Deadline
- 20 Newsletter Mailing

#### December

- No Forum; no newsletter
- 6 Board Meeting
- 14 Holiday luncheon

# In Memoriam

LLI extends deepest condolences to the family and friends of former LLI member Judy B. Munske who died May 4.



#### **LLI Board of Directors**

President: Norma Hughes Secretary: Libby Burge Treasurer: Phil Runge

Assistant Treasurer: Warren Hynes
Past President: Lorin Goodrich

President Emeritus: J. Knox Singleton

Members: Richard DiBuono, Burt Greenstein, Clinton Hall, Colletta Hammond, Paul Hopler, Jane Jones, Curt Kornblau, Betty Mahon, Liddell McLeod, Don Reynolds, Barbara Rolling, Mary Underwood

Administrator: Laura Charron

#### **Newsletter Staff**

Newsletter Editor: Liddell McLeod (703) 698-8366 / liddell\_mcl@cox.net
Graphic Design/Desktop Publisher: Alfred Brothers
Mailing Coordinator: Colletta Hammond

# 10th Anniversary Name Game

- 1. Broadway and Hollywood had their "Funny Girls", Ms. Brice and Ms Streisand. If you were casting for the LLI production who has the role "sewed up"?
- 2. When a lot of us were kids, we could "get our kicks" on this famous national highway. Name the close by Va. State Route, numbered similarly today, that provides more angst than kicks.



Happy 10th Birthday!

- 3. Old Time gelatin brand with the same name as our founding president?
- 4. Keeping with brand names, who among us can boast a family name that produced an early typewriter and a tiny can of hors d'oeuvres spread as well?
- 5. Who has gained a reputation keeping us aware of the need for physical fitness to complement our mental fitness?
- 6. Best known duo who manage to keep all the LLI "Cookie Monsters" in check at each monthly Forum?
- 7. Name a more recently established Special Interest Group, pretty much female on most occasions, who meet regularly to eat fancy food (as long as somebody else does the cooking).
- 8. Highly dedicated "Forum Speaker Finder" prior to today's Lorin Goodrich?
- 9. Always time for Glenn Miller: Name his famous tune that put you on a train at Penn Station, New York and took you to central Tennessee where the "whistle's blowing eight to the bar."
- 10. What song is most sung all over the world?

SAVE the DATE: SEPTEMBER 20
The LLI Picnic will be held
at Fort Hunt.

### President's Corner

Congratulations to the Anniversary Party Committee — the planners, decorators, greeters and all the rest who had a part in making our Tenth Anniversary celebration a rousing success. A truly great time was enjoyed by all 195 attendees — members and guests. It was a fitting tribute to those who made LLI happen back in 1996 and these ten outstanding years. There are two more celebration events before the year is out — LLI's annual picnic in September and the annual Holiday party in December. Be sure to mark your calendars.

Don't forget to attend LLI's annual business meeting which takes place following the Forum on June 6. On the agenda are the elections of officers and new members to the Board of Directors, and voting on revisions to the LLI By-Laws. The Board-approved budget for FY2007 will also be introduced. Nominees were announced in the May newsletter and there will be a call for nominations from the floor. Terms are expiring for Board members Colletta Hammond, Jane Jones, and Barbara Rolling; Colletta served as membership liaison, Jane as hospitality liaison, and Barbara as trip committee liaison. We greatly appreciate the dedication and contributions of time they have given to the board and LLI.

Norma Hughes

### Community Outreach Food Program

Bonnie Hopler will be taking food to Fairfax Area Christian Emergency and Transitional Services (FACETS) after the June 6 Forum. This will be the second time for our donations to go to FACETS.

Current needs are: peanut butter, jelly, granola and breakfast bars, canned goods including tuna, salmon, ham, chicken, spaghettios, fruit (individual cups or cans), 100 percent juices (single servings and cans of concentrate). Also: can openers!

Again, thanks to all of you who have made this effort so successful — those who have contributed food, those who have delivered it (Betty Mahon, Carol Weber, the Klees, Hoplers, and Reynoldses), and Barry Newman, who has handled the carts.

# Student Award Winners Announced

fter many hours of interviewing and deliberation, the Student Awards Committee announced the 2006 winners of the Leadership Grant and Scholarships for the Annandale and Medical Education Campus (MEC). Six awards with a total value of \$7500 will be presented to the winners at the June Forum. The LLI Committee members include Alan Mayer, Doris Balinsky, Leah Porzel and Harvey Hamel.

The top honor for the Student Leadership Grant (\$2000) will go to Pamela Ononiwu, a business administration major who is the current President of the Student Government Association (SGA) on the Annandale campus. She has provided strong leadership and is actively involved in a number of activities on and off campus. She plans to enroll in a four year college, major in finance and eventually seek an MBA. A native of Nigeria, she is helping her mother raise four younger siblings.

Runner-up for the Student Leadership Grant (\$500) will be awarded to Majid Alotaibu. Majid is majoring in respiratory therapy at MEC. He helped establish and is current president of the Respiratory Care Practitioner Student Association and is involved in numerous activities on and off campus. He came to this country from Saudi Arabia twelve years ago at the age of 20, the first of his Bedouin family to leave. Majid won a nation-wide scholarship to come to the US. He is recognized at MEC for his strong leadership and engaging personality.

Geoffrey Kamau will receive the 2006 Annandale Scholarship (\$2000). He is enrolled in the General Science program with a goal of obtaining a BS degree in Nursing. With a 3.512 GPA, he is a member of the Phi Theta Kappa honor society and a senator in the SGA. Geoffrey is a native of Kenya where he worked extensively in health related organizations. His long term goal is to work in an international agency such as the World Health Organization.

A 2nd place scholarship (\$500) will go to Binh Nguyen. He has a 3.731 GPA majoring in biology. He plans to attend George Washington University and eventually go to medical school. An additional 2nd place award (\$500) will be presented to Ampuro Panaranda. She is majoring in business administration with a 3.23 GPA. She plans to obtain advanced degrees in international finance.

Winner of the MEC scholarship (\$2000) is Courtney Lyell who is majoring in respiratory therapy (GPA 3.69). Her goal is to become an authority in pulmonary science and patient care. She is a volunteer in the stroke unit at Virginia Hospital Center.

Over \$7500 was donated by LLI members and friends during the 2005-2006 fund-raising campaign to underwrite this program. Anyone wishing to contribute to this tax deductible effort may do so by sending a check made out to "LLI/NOVA" with a notation "Student Award fund."

# LLI Birthday Party

d Sullivan would have rated it a "Really Big Shew." So did the 198 members and friends of LLI who attended the LLI Tenth Birthday celebration May 2 at Greenspring Village.

Presenting an appropriate theme, *LLI Stirs Things Up*, the many events attracted former members and "moveaways" who enjoyed a balance of history and nostalgia. Guests of honor, Marjorie and Knox Singleton, were remembered with a rose bouquet for Marjorie and a commemorative scrapbook for the president emeritus and *LLI* founder along with 38 charter members.

Theme decorations were abundant and colorful. Heading the list were 20 table centerpieces depicting the mission and activities of several special groups and institutions. Three judges had difficulty limiting the winner's circle to five and agreed each centerpiece was prize worthy. Winners were International Study-Travel, Holiday Party, Music, Lunch Bunch, and Board of Directors.

A sparkling cider Tenth Anniversary toast and a group singing of "Happy Birthday" preceded the introduction of local, county and state representatives who awarded a citation and resolution that enumerated the performance and value of LLI to the community.

NOVA faculty and LLI instructors, committee chairs, charter members, and board members were acknowledged publicly and in detailed programs. Pictorial history was abundant. Storyboards displayed pictures of past trips, forums, classes, special events. Burma Shave jingle posters were especially applied to LLI.

Computer generated photos rotated on a large screen and reminded the audience of past events and membership activities during the pre-lunch hospitality hour. A power point history of the LLI Story was dedicated to "The Way We Were and the Way We Are," with pictorial and narrative accompaniment

Musical entertainment was provided by a senior male choral group, the "Arlington Songfellows," who sang several well remembered popular and folk songs.

**Birthday Party Committee:** Bonnie Hopler, Martie Klee, and Leah Porzel.

Program Speakers: Norma Hughes, Martie Klee, Lorin Goodrich, Alan Mayer, Don Reynolds Photo Storyboards: Arelene Gribben; Burma Shave posters: Don Reynolds

Computer Producers: Paul Hopler, Phil Runge

**Event photography/video:** Doris Balinsky, Octavio Capetillo, Sue Swift

Fairfax County: Penny Gross; Virginia Delegate: Mark D. Sickles

The Tenth Anniversary Committee invites you to participate in our next event, the Picnic, September 20 at Ft. Hunt.

#### **Member comments** about the party:

"The decor, the food, the entertainment, the fellowship were delicious, exciting and exhilarating!"

"Martie was the perfect M.C., and Don's presentation added just the right historical touch."

"I'm glad we're having Martie's history boards and Arlene's picture boards at the June Forum."

"...scrapbook for Knox is priceless."

### Refreshment Table Honor Roll

Thanks to all who have added so much to our Forum meetings by volunteering to bring wonderful refreshments: Patricia Denny, Kathy Hall, Jean Darvin, Norma Fisher, Sally Wise, Colletta Hammond, Betty Mahon, Leah Porzel, the McClanahans, Norma Perry, Bonnie Hopler, Dorothy Nance, Sally Reynolds Gladys Bucklew, Gina Trapp, Barbara Evans, Jane Rule Rita Pearsall, Penny Valavanis, Mary Manion, Marvin Burge, Bev Portman, Anne Solomon, Virginia Edgell, Merie Conway, Margaret Lowry Lillian Rook, Mary Underwood, Sarah Bell, Anna Fish, Danny Chapman, Barry Newman, Penny Wyeth, Janet Goodrich, Helen Clark, Marianne Moerman, Blanche Goulet, Eleanor Platt and Norma Hughes — 39 people! (Please forgive if we missed a name).

Special recognition goes to Barry Newman who carts the supplies to and from the Forum each month.

Your contributions are appreciated by all LLI members and by the continuing Education Office staff to whom we give any leftovers!

Bo Kelley and Jane Jones Hospitality Committee

# Special Interest Groups

#### Favorite Books Club

The book club is veering its focus to humor for the June 15 meeting. The members are

> going to discuss "Dave Barry Does Japan." The title is rather self-explanatory and anyone familiar with the humorist Dave Barry will have a sense of what tidbits will be in the book. If interested, please join the group at the Mason District Governmental Center, 6507 Columbia Pike, Annandale,

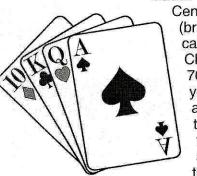
11:30 a.m. to 1:00 p.m. If you have any questions, call Arlene Gribben at 703-569-0357 or e-mail at arlenegribb@aol.com.

The book club will not meet in July or August. Once we've decided on a book for September. we'll get the word out via newsletter and forum.

### **Bridge Group**

In June, the LLI Bridge Group will meet the second and fourth Wednesdays, June 14 and 28, at the

Mason District Government



Center from 10 a.m. to 2 p.m. (bring a bag lunch). Please call Bob or Gladys Bucklew, Chairpersons, at 703-631-7889 any date you wish to attend to afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. Note that if there are "extra" people,

Bridge play is rotated (four hands per game) among all present. Also, most of our players are "singles"; you do not need a partner to attend. We hope you can join us!

### Discussion Group

Everyone Welcome (no need to register)

Date: Friday, June 16, 2006, 10:00-11:30 a.m.

Where: Seminar Rooms A & B, Ernst Cultural Center, NVCC

**Topic:** Is always determined by participants at the previous meeting.

Information: Shirley Lotz has agreed to take over the coordination of this group. She is looking for additional helpers and facilitators. Please call Shirley Lotz, 703-978-2977, for more information.

### Gourmand Group

Elly Mehl and Norma Goer hosted 11 Gourmands for a French dining experience at Le Canard in Vienna on April 25. It was an elegant meal. To continue our international flavor, Eda Pickholtz arranged for the Gourmands to dine at a Korean restaurant, Cho's Garden, in Fairfax on May 26. Martie Klee and Barbara Woods have made arrangements for the Gourmands to meet at the Smithsonian Museum of the American Indian on Thursday, June 22. That event will feature Native foods from Northwest Coast and South America as well as include a talk on the history of Indian people of the Washington, D.C. area. Gourmands wishing to attend this event (which is limited to 15/20) should contact Barbara Woods.

# Membership Update

#### New Members

Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.

Jacqueline R. Armstrong, 8360 Greensboro Drive, #723, McLean, VA 22102; (703) 356-9428; JackieA@aol.com.

### E-Mail Changes/Corrections

Marie Baglio and Sally Pfeifer:

salmarie3@verizon.net

Donna Coe: DonnaCoe@cox.net

Helen Fruchter: hafruchter@gmail.com

Diane Gatchell: novacherub@netscape.com

(Note: it's "com" not "net")

Ed Kazanowski: edandcathy@cox.net

Barbara Serage: Barbaraserage@cox.net

Louise Sousk: louisesousk@verizon.net

Penny Valavanis: pennyval@verizon.net

### Other Changes

Barbara Rolling, 7039 Leebrad St., Springfield, VA 22151; (703) 916-0279.





### Lifetime Learning Institute of Northern Virginia

c/o NVCC Continuing Education 8333 Little River Turnpike Annandale, Virginia 22003

Phone (703) 503-0600 / FAX (703) 503-5350

E-Mail: llinova@juno.com Website: http://lli.nova.org NON-PROFIT ORG. U.S. POSTAGE PAID Permit No. 2192 Merrifield, VA

Look at the date on this label. Is it time to send your dues? Time Sensitive Material Please Deliver by May 24, 2006

# Question About LLI Policies or Procedures?

Please read the publication of LLI's policies and practices included in the new membership directory you received.

### **Good News!**

Sally Wise and Mary Ellen Firor have graciously volunteered to coordinate LLI's monthly food donation program beginning with the first fall Forum August 29.

### Thank You, Jane!

Special thanks go to Board member Jane Jones, for inspiring us and coordinating the food donation program since its beginning.

Deadline for the Sept. newsletter input: Aug. 4.

