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nstitute uing No December Forum Next Forum: January 2, 2007

December 2006 Volume 10 – Number 9

Niecus

e take a break in December to enjoy the holidays. On Tuesday, January 2, 2007, Dr. Kate Tulenko will speak about prolonging independent living—what is happening world wide and in the United States. There will be more details in the "Winter Update" newsletter next month.

In 2007 the Forum meetings will typically be held on Tuesdays. Please take care to note the exceptions, which are listed in the "Calendar of Events" on page 2 of every monthly newsletter.

Forum topics for February through April

- ➤ Tuesday, February 6 Dr. Janet Muir (GMU): finding balance in the news to keep informed.
- ➤ Wednesday, March 7 James Litchko: organizing your life.
- ➤ Tuesday, April 3 speaker from WETA: the future of public television

Please contact Lorin Goodrich if you have suggestions for future speakers.



Scholarship Fund Drive

By now, everyone should have received a letter requesting a donation to the LLI 2007 Student Awards Program. Enclosed

reply envelope. Please use it to send a GENEROUS (and tax deductible!) check for this worthy cause. The more YOU give, the more scholarships can be awarded to deserving students whose education will enable them to become valuable

contributors to society.

If you have already responded, thank you.

For additional information contact Doris Balinsky at 703-941-1794 or *dorbal@juno.com*.

January Lunch Bunch

Come join other LLI members at the *First Watch Restaurant* in Fair City Mall following our Forum meeting on 2 January 2007. LLI members who have eaten there recommend it. The menu features a lunch menu of soups, salads and sandwiches at low-moderate prices. Address: 9600 Main St. Fairfax, phone, 703-978-3421. **Directions from campus:** Left on route 236 toward Fairfax, pass through the light at Pickett Rd., and enter Fair City Mall on right. The restaurant is on the Kinko's side of the center.

Register Now for Holiday Party

Deadline is November 28.

Celebrate the season with LLI!

Date: Thursday, December 14,

11:00 a.m.-3:00 p.m.

Place: Knights of Columbus Hall

5115 Little Falls Road Arlington, Virginia 22207

Mail your check today along with the registration form on the enclosed flyer. You will find driving directions inside this newsletter.

Laura Charron Home After Surgery

As some of you may know, our office administrator, Laura Charron, has had two surgeries recently. The first one was foot surgery then a week later, back surgery. After a week of physical therapy at Sibley Hospital, Laura is now home and looking forward to getting back to taking care of LLI business. She wants everyone to know how much she appreciates the flowers, cards and calls. We wish her a complete and speedy recovery.



Calendar of Events

December 2006

- No Forum
- Trip: Leesburg (Oatlands and Dodona)
- 8 Board meeting
- 8 Winter update deadline
- 14 Holiday Party
- 18 Update mailing

January 2007

- 2 Forum
- 12 Board meeting
- 12 Feb. newsletter deadline
- 22 Newsletter mailing

February 2007

- 6 Forum
- 9 Board meeting
- 9 Mar. newsletter deadline
- 20 Newsletter mailing

March 2007

- 7 Forum (Wednesday)
- 9 Board meeting
- 9 Apr. newsletter deadline
- 19 Newsletter mailing
- 28 Trip: Fredericksburg & Riverside Theater's "Bye, Bye, Birdie"

April 2007

- 3 Forum
- 6 May newsletter deadline
- 13 Board meeting
- 16 Newsletter mailing
- 20 Trip: Supreme Court & Sewell-Belmont House

May 2007

- 1 Forum
- 11 Board meeting
- 11 June newsletter deadline
- 21 Newsletter mailing

22–25 Trip: Long Island Tour (Hamptons, Montauk Point, Sagamore Hill, Winery)

June 2007

- 5 Forum
- 8 Board meeting
- 13 Trip: Richmond (Lewis Ginter Gardens, Wilton Plantation Home and Maggie Walker Home)

July 2007

- No Forum, no newsletter
- Board planning retreat

August 2007

- 3 Sept. newsletter deadline
- 13 Newsletter mailing
- 28 Forum

September 2007

- 7 Oct. newsletter deadline
- 14 Board meeting
- 17 Newsletter mailing
- 25–28 Trip: Plantations, Jamestown's 400 year anniversary, Wmsburg., and Yorktown

October 2007

- 9 Forum (second Tuesday)
- 12 Nov. newsletter deadline
- 22 Newsletter mailing
- 13-20 Trip: Cruise to Bermuda

November 2007

- 6 Forum
- 9 Board meeting
- 9 Dec. newsletter deadline
- 19 Dec. newsletter mailing





LLI Board of Directors

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Vice President: Dick DiBuono
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* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Liddell McLeod (703) 698-8366 / liddell_mcl@cox.net Graphic Design/Desktop Publisher: Alfred Brothers Mailing Coordinator: Colletta Hammond

President's Corner

As our 10th Anniversary celebrations draw to a close, we look forward to the next ten years with the hope for continued service from our members. We recognize that we exist as an organization only because our members contribute countless hours of their time and hard work. It is not a small job to organize and execute the activities that make LLI a success: finding and scheduling speakers, teachers, space, materials; planning travel; arranging special interest groups; keeping membership informed. Let us always remember that the benefits of LLI require a mighty force of volunteers drawn from all of us who enjoy those benefits.

As the holidays approach, I wish everyone good cheer, good health and happiness, both now and throughout the coming year. I look forward to seeing everyone at the LLI Holiday Luncheon on December 14.

Happy Holidays, Norma Hughes



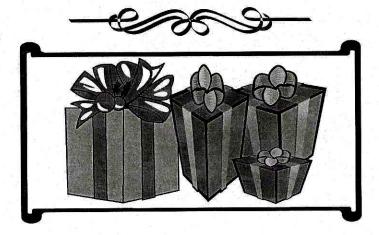
New Members

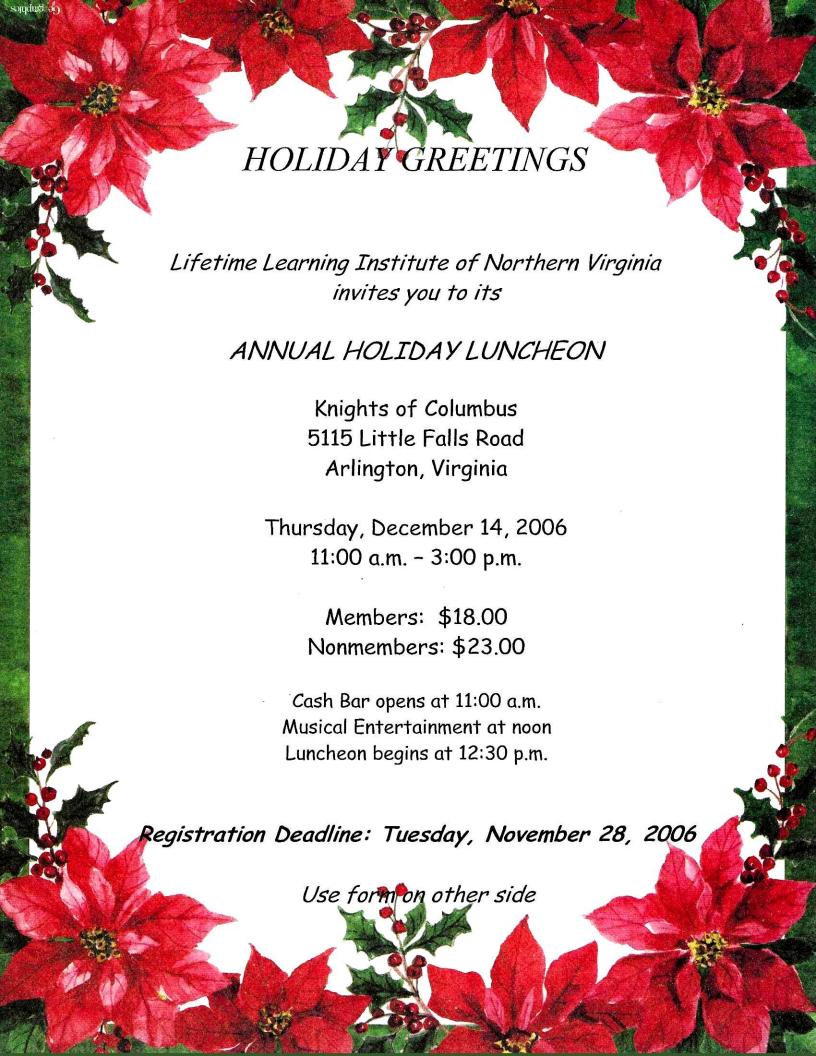
Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.

Nancy Jerdan, 8018 Rockwood Court, Springfield, VA 22153, 703-455-2699, pfeffy@erols.com

E-Mail Address Updates

Frances Goforth: go4th7@juno.com Lennart Lundberg: grgrl@verizon.net





To register, please complete the form below and return it along with your check made out to LLI/NOVA to:

LIFETIME LEARNING INSTITUTE OF NORTHERN VIRGINIA c/o NVCC Division of Continuing Education 8333 Little River Turnpike Annandale, VA 22003

DATE:		
E-mail:	@\$18.00 No	
		Check No:
(Refunds aft be filled.)	er November 2	8 th available <u>only</u> if your place can
Please circle	your entrée cho	ice below.
(1) Sliced eye	of round with r	nushroom sauce
(2) Maryland	-style crab cake	on garlic crouton
(3) Vegetaria	n plate	
salad, hot rol		wo vegetables, a tossed garden fruit cobbler and your choice of lemonade.

Directions to the Knights of Columbus

From I-495 and points west

Take Route 66 East to Exit 69 Washington Blvd/Lee Hwy. At the light at the end of the exit ramp, turn left onto Lee Highway. Go approx. 2.0 miles and turn left onto Harrison Street. Go approximately a half mile and turn right onto Little Falls Road. The K of C is at the top of the hill on the left.

From D.C. or Arlington

Take Route 66 West to the Sycamore Street Exit. At the end of the exit ramp, turn right onto Sycamore. At the second light, turn right onto Lee Highway. Go a little over 1 mile and turn left onto Harrison Street. Go approximately a half mile and turn right onto Little Falls Road. The K of C is at the top of the hill on the left.

From McLean/Tysons Corner

Take Route 123 to Old Dominion Drive. Turn right onto Old Dominion. Follow Old Dominion to Little Falls Road. Turn right onto Little Falls. Follow Little Falls .6 miles. The K of C will be on the top of the hill on the right.

LLI Cancellation Policy for Bad Weather Conditions

LLI classes are cancelled if the Fairfax County Public School System (FCPSS) cancels classes. Two-hour morning delays will cancel LLI morning classes. Early dismissal cancels LLI afternoon classes. Location of LLI classes does not impact cancellation policy. Both on campus and off-campus LLI classes follow the ruling of the FCPSS, not NVCC. PLEASE READ THE COMPLETE POLICY IN THE COURSE CATALOGUE.

Want to Contact VDOT?

Last year highway engineer Bob Driscoll advised LLI that the best way to contact the Virginia Department of Transportation (VDOT) is to call 703-383-8368 or 1-800-383-8368. This number should be used for any type of service request (e.g., pothole repair, snow removal).

You may want to refer to VDOT's web site www.virginiaDOT.org, for some helpful weather driving trips. And, before you drive you may want to call the number above for information about road conditions in Northern Virginia. For statewide highway information you can call the "Highway Helpline" at 1-800-367-7623.

Muir Woods

The trail is dusty
It climbs steeply from Cathedral
Grove
Though my pace is slow
The coastal redwoods lift me to the
Sky

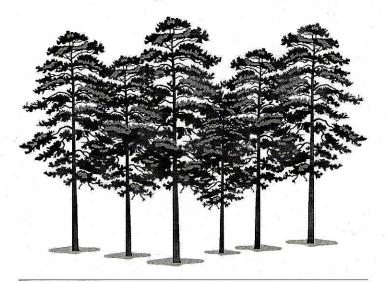
At higher elevations A green patina Gleams on their rich brown bark

At the crest, the fog drifts in Veiling trees and bushes Washing the dull August leaves to a bright April green

Descending to the ocean I see its jewels of moisture Caught in the meadow thistledown

Many days later I still see them sparkle.

by LLI Member Marianne Moerman



Do You Know a Member Who Should Receive a Card?

One of the benefits of LLI membership is making new friends. We like to show support for fellow members by sending a card to anyone who is ill or has suffered a loss. If you would like a card sent to someone on behalf of the LLI membership, please call Arlene Gribben at 703-569-0357 or e-mail at arlenegribb@aol.com. Include sufficient information so an appropriate card is selected.

Travel and Special Interest Groups

embers of LLI are not satisfied with just attending classes. Those with similar interests come together in variety of ways to pursue their favorite avocations. Several special interest groups have formed, and they are fortunate in that there is a strong cadre of dedicated coordinators which keep these groups going and growing. These are the volunteers to be saluted this month.

Travel is a favorite pursuit of LLIers. Early on, this love of roving prompted the formation of the Trip Committee. Louise Sousk, aided over the past eight years by fellow trip leaders Ann Austin, Marie Baglio, Doris Balinsky, Thelma Bartholomew, Marilyn Bernard, Deanna DeMember, Martie Klee, Kathy Mitchell, Ginny Moser, Mary O'Day, Becky Perry, Betty Pogerman, has offered 50 local day and 15 overnight trips. They are supported administratively by Barbara Evans and Bo Kelley. There is a trip offering almost very month of the year and they are usually fully subscribed.

The lure of travel abroad led **Alan Mayer** to form *Study/Travel*. The members of his loyal following have studied and then jetted to somewhere in Europe during each of the past ten years. With the completion of a decade of service Alan has retired and **Doug Johnson** continues the program. Offerings are being expanded to more than one trip a year. **Norma Hughes** will lead a group to South America next spring, and a trip to Ireland is in the works.

The *Theater Group* has been under the leadership of **Helen Clark** since its inception early in LLI's history. This year, the theater group is participating in the LLI Shakespeare Festival, coordinated by **Virginia Fernbach**. Tickets are being made available for four Shakespeare plays which will be paired with classroom presentations.

It is a known fact that LLIers have strong opinions and they have shared them for several years in the *Discussion Group*. **Sue Swift** facilitated discussions for the past two years. Now **Shirley Lotz** coordinates the renamed *Currents Events Group* where members exchange research on political and social issues of the day.

For seven years the *Bridge Group* has been under the leadership of **Gladys** and **Bob Bucklew**. Twice a month they haul and set up tables for play. Bridge enthusiasts of all levels are welcomed to play.

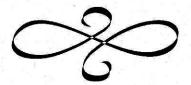
The *Favorite Books Club* is coordinated by **Arlene Gribben**. For the past four years dedicated lovers

of fiction and nonfiction have gathered every month for spirited views and reviews.

More recently those interested in good food and good conversation have banded together under the leadership of **Mary Underwood** and **Sarah Bell** to create the *Gourmands*. Members of this very active group take turns ferreting out restaurants to tickle their taste.

But LLI is always on the outlook for new interests. Two new special interest groups were launched this fall. **Doug Johnson** and **Donna Trogler** formed *Arts and Smarts*. They have already conducted their first visit to a local museum. **Liddell McLeod** leads the newly inaugurated *Walkabouts*. They now regularly cover territory on foot in the central Fairfax County parks.

LLIers are fortunate to have such a rich array of activities to choose from. They are doubly fortunate because there are dedicated people who work to inform members of activities, to invigorate participation, and keep these organizations going through the natural ebb and flow of membership. Let the coordinator of your favorite special interest group know his/her dedication is appreciated.



Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI's many other activities. Please complete the form in the Fall 2006 course catalogue and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue with

KING LEAR

By William Shakespeare Sunday, February 11th, 2007 The Folger Theatre Matinee at 2:00 P.M. Cost: 41.00

Loyalties are tested as an aging king rashly abandons all and struggles to divide his lands between his daughters. Stripped of the trappings of power, Lear must confront what is true and what is not.

Co-produced with The Classical Theatre of Harlem Directed by Alfred Preisser

Artistic Director and co-founder of The Classical Theatre of Harlem, called by the new York Times, a "a giant-killer of a company ... that makes a habit of locating the most challenging works in the canon and knocking them off as if with a slingshot."

Signup for the Jan. 30th class on King Lear will be in the Winter/Spring catalogue.

Directions to the Folger Theatre: Take blue/orange Metro to Capital South. Walk toward Capital and turn right on East Capital St. Theatre on the right. Four easy blocks. Theatre is one block East of the U.S. Capital.

Please return coupon with check. Please respond by			
King Lear Lifetime Learning Institute of No. Va c/o NVCC Continuing Education 8333 Little River Turnpike Annandale, VA 22003			
Name	_Phone		
Address			
	State and Zip Code_		
No. of tickets at \$41.00 each: Tot	al		

Special Interest Groups

Arts and Smarts

Once again LLI members enjoyed a fine time on our recent visit to view the Constable Exhibition at the National Gallery of Art. The excellent presentation by docent David Garriff greatly enhanced our appreciation of this renowned artist and his work. Mr. Garriff is a lecturer at both the National Gallery of Art and the Smithsonian.

Friday, November 17, will be our last museum trip of 2006. We will have a docent-led tour of the Freer Art Gallery. After the Freer tour, members may wish to view the current traveling exhibition now at the Sackler Gallery of Art, "In the Beginning: Bibles Before the Year 1000." Or, you may explore other treasures in either of these galleries. Everyone is invited to a group lunch. For more information, please call Donna Trogler, (703) 751-8932 or DTrogler@aol.com.

Bridge Group

The LLI Bridge Group will meet only once in December: come play on Wednesday, December 13; at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Please call Bob or Gladys Bucklew, Chairpersons, at 703-631-7889 if you wish to attend so that we can provide sufficient card tables for attendees. All are welcome. Note that if there are "extra" people, Bridge play is rotated (four hands per game) among all present. Also, most of our players are "singles;" you do not need a partner to attend. We hope you can join us!

Favorite Books Club

The Favorite Books Club will not meet in December.

Its next scheduled meeting is on January 18, 2007. At that time the group will discuss Anne Tyler's novel, Digging to America. The story starts in 1997 as two families arrive at BWI Airport to claim the Korean infants they have adopted. The families are destined to begin a friendship that will span their adoptive daughters' childhoods. Ms. Tyler weaves a story that speaks to how we come to terms with our identity in multicultural America and how we form friendships that move beyond the unease of differences.

Join the group at the Mason District Governmental Center, 6507 Columbia Pike, Annandale, from 11:30 a.m. to 1:00 p.m. If you have any questions, call Arlene Gribben at 703-569-0357 or e-mail at arlenegribb@aol.com.

Gourmands

Jean Downey has scheduled the January 23, 2007, outing at *The Lamplighter Restaurant* in Fairfax. Those wishing to lunch at The Lamplighter should contact Jean Downey at 703-250-8095.

LLI Current Events Group (formerly the Discussion Group)

Date: Friday, 1 December 2006 Place: Mason District Center Time: 10:00 to 11:30 a.m. Topic: Election 2006

- What do the results of the election in November mean?
- What should be the key areas for action in the incoming Congress?
- What do the election results portend for the 2008 Presidential election?

Our goal is a diverse discussion with equal participation by all who wish to speak. After about an hour on the topic, we will have an open forum on current events of interest to anyone in the group after choosing the next topic. Meetings are open to anyone who wants to participate or learn more about current events.

For more information, Email Shirley Lotz at svlotz@cox.net or call her at (703) 978-2977.

Walkabouts

Walks are planned for Wednesday, November 29 and Thursday, December 7. Because of the holidays, the schedule is a bit irregular.

On Nov. 29 we will once again visit the Fairfax County Trail that begins near the first parking lot on the left in Wakefield Park. Though the meeting place is the same as an earlier walk, we will head in a different direction. The Dec. 7 location is yet to be decided. Contact Liddell McLeod at <code>liddell_mcl@cox.net</code> or 703-698-8366 for more information.

Study/Travel Program

Come Fly with LLI ... Meet a Leprechaun!

We are planning a trip to IRELAND for May–June 2007.

Look for the Study/Travel Program in the Winter/Spring Catalogue.

For more information contact Doug Johnson at 703-549-0474 and leondougjohnson@yahoo.com.





Lifetime Learning Institute of Northern Virginia

c/o NVCC Continuing Education 8333 Little River Turnpike Annandale, Virginia 22003

Phone (703) 503-0600 / FAX (703) 503-5350 E-Mail: llinova@juno.com

Website: http://lli.nova.org

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Merrifield, VA

Look at the date on this label. Is it time to send your dues?

Time Sensitive Material Please Deliver by December 1, 2006

LLI Office Closure Announced

December 23 through January 1 the campus buildings will be closed and we will not be able to access our office.

Special Note from the Treasurer

Please be aware that any check you receive from LLI for refunds or reimbursements should be deposited immediately. These checks are void after 90 days.

Catalogues Coming Soon!

The Winter/Spring Catalogue for 2007 will be mailed by mid-December.

Deadline for Winter Update input: Dec. 8.

