



Downsizing and Decluttering

You Can't Take
It With You!

AARP[®]
Real Possibilities



Downsizing and Decluttering

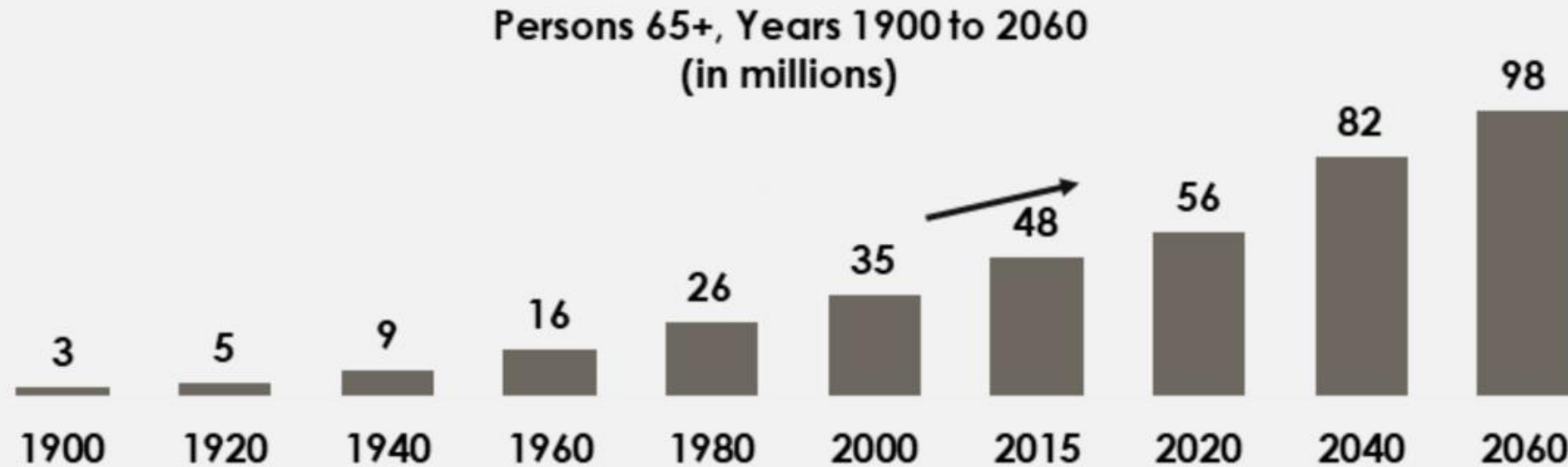
Goals:

- Help us gain a general understanding of why STUFF is so important
- Learn practical, easy-to-follow downsizing/decluttering tips

Older Americans the Fastest Growing Demographic

10,000 people turn 65 every day

Source: US Census



Generations & Their “Stuff”



So Why Does All This Matter?

- The largest amount of people EVER requiring healthcare (boomers and their parents).
- Two generations attach PRIDE to their STUFF because of hard work and memories.
- An impending shortage of affordable housing for downsizing.
- Rising costs of healthcare: more services provided within the home.

#1 thing that impedes people in leaving their home and/or getting healthcare into their homes is

...THE STUFF

2017 National Care Survey

The majority of caretakers said “handling the stuff” was the most stressful part of settling the estate.

Good Run Research

NO ONE WANTS YOUR STUFF!



Downsizing & Decluttering Tips

10 Helpful Hints

1. Include everyone in the house

- Husbands
- Grandkids
- Everyone!



10 Helpful Hints

2. 10-minute sweep



10 Helpful Hints

3. Unpack bags



10 Helpful Hints

4. Every item
has a home



10 Helpful Hints

5. 4-Pile Sort

- Keep
- Sell
- Donate
- Trash



10 Helpful Hints

6. Distribute legacy items now



10 Helpful Hints

7. Avoid punting
– Ask if they want it



10 Helpful Hints

8. Donate,
donate, donate!



10 Helpful Hints

9. Be realistic

- Clothing
- Food



10 Helpful Hints

10. Pare down paper and photos

- Sort mail at the source
- Shred old documents & bills
- Release photos if you don't know who is in them



Conclusion

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With You



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CONCLUSION

Survey

We welcome your feedback
on our session.

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**Thank You for
Joining Us!**

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