

**We're Going to Be on TV!**

*December 1 Lecture to Feature Norway*

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*News & Views*

The Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

With Alan Mayer at the helm, a committee has been formed to explore LLI's launch into cable television. Committee members **Phil Reeves** and **Ed McGuire**, along with **Knox Singleton** met recently at Channel 10 with Mr. Wyatt McGinnis, Jr., Recruiting/Retention Counselor at NVCC, Annandale. Mr. McGinnis, who hosts a monthly Channel 10 show, *Metro Voices*, has enthusiastically encouraged LLI to participate in the cable project and has offered his assistance. Tentative plans for the project include a LLI Web Page, development of a television program of information regarding LLI and senior issues, a possible panel discussion, and videos of our classes and lecture series. The committee is calling for LLI members to help participate in the design of the program, with opportunities to edit, direct, and conduct shows. Interested? Call the office, 503-0600, or Alan Mayer, 354-0239.

**M**rs. Berigt Enge from the Royal Norwegian Embassy will be the featured speaker at the Lifetime Learning Institute's monthly open-house program on Monday, December 1. Mrs. Enge comes from northern Norway. After graduating from the University of Oslo, she studied in England, receiving her Master's degree from the University of Sussex. Subsequently she studied for a year at the Monterey Institute of International Studies in California, where she specialized in the Pacific Rim. Mrs. Enge has been in Norway's foreign service since 1991, having spent three years in Tokyo before taking up her Washington assignment. She will profile for LLI members Norway's history, geography, and demographics, addressing as well her country's health-care program, the economy and — in the spirit of the season — Norway's Christmas traditions.



**Luncheon Group — Anyone for Ribs?**

For a change of pace, **Marjorie Clark** and **George Staten**, our monthly luncheon hosts, have selected The Ribsters for the post-lecture get-together on Monday, December 1, at 11:45 a.m., and sampling of "ethnic" cuisine. Ribs are the specialty of the house, but the blackened chicken or London broil are also tasty, as is the baked potato soup. Ribsters is located in the middle of Annandale, just 2.2 miles east of the NVCC campus on Little River Turnpike. You are automatically invited if you signed up for the luncheon group at the beginning of the semester. Others may come along if there is room. There will be a show of hands at the open-house program to ascertain how many intend to come. **Please note:** You will not be receiving a reminder phone call regarding the luncheon.

**President's Corner**

*After his Enlightenment some 2500 years ago in Northern India, the Buddha toured the country preaching that the cause of individual and universal suffering in the world was due to two things, ignorance and selfishness. He then prescribed the way, a lifelong process along the Eightfold Path, that individuals should pursue in liberating themselves from these two evils. Though this is a gross condensation of Buddhism, one of the world's great religions, it points to essential truths of our human condition that are as relevant today as they were then. About the same time in distant Israel, the prophet Jeremiah was directing individuals to "Look to the welfare of the community; for, the welfare of the community is your welfare." Taken together, these ancient complementary pearls of wisdom are at the foundation of the Lifetime Learning Institute program in our efforts to gain a fuller understanding and appreciation of our wonderful but suffering world, and to use that knowledge in helping to improve the communities in which we live. It gives meaning and purpose to all that we are doing.*

*Please call me anytime with questions, comments or suggestions on our program. Each of us has a responsibility to this community of learners.*

*Happy Holidays to Everyone.*

*Knox Singleton*

## Holiday Luncheon

Don't forget LLI's **Holiday Luncheon** on Tuesday, December 9 at 11:30 a.m. The event will be held at the Little River Turnpike United Church of Christ, 8410 Little River turnpike (directly across from NOVA's Annandale campus). Please RSVP 503-0600 no later than Friday, December 5. We look forward to sharing an enjoyable afternoon with you. Come, join us!

## Welcome, New Members

### L. Virginia Fernbach

307 Yoakum Parkway  
Apt. 610  
Alexandria, VA 22304-4015  
751-8369

### John & Donno Seymour

6036 Morgan Ct.  
Alexandria, VA 22312  
354-4125

Telephone number correction:

**Eleanor Horley**, 280-5282

Please add these additions to your membership list.

## LLI Study/Travel Group

**Alan Mayer** reports that the Study/Travel class has met three times this Fall and members are tentatively planning a trip to Europe sometime next year. The group is researching options ranging from river/barge cruises in Germany, France and England, to touring sites in Central Europe. If you are interested in joining the group, please call Alan at 354-0239.

## Video Discussion Series

The current Video Discussion Series began November 11 with a video of "The Power of the Past with Bill Moyers: Florence, Italy." Discussion Hostess was **Betty Mahon**. Rave reviews were received from the participants.

## Mark Your Calendar

December Video Seminars are:

### December 16, Tuesday

*"Myths and Mound Builders"*

Discussion Hostess: **Charlotte Shakovsky**

### December 30, Tuesday

*"Why Toes Tap: Marsalis on Rhythm"*

Discussion Host: **Ed McGuire**

The Video Seminars are held at the Little River United Church of Christ, from 10 a.m. to noon. Ed McGuire tells us his committee has an interesting line-up of videos for next semester, so plan to attend.

## Out and About

**Louise Sousk** featured some of her beautiful basket creations at the November 14-16 "Northern VA Christmas Market" at the Capital Expo Center in Chantilly, Virginia.

**Karen Skrivseth** and **George Staten** visited the Baltimore Museum of Art to see the *A Grand Design: The Art of the Victoria and Albert Museum* exhibit. They say it is worth the cost and a trip to Baltimore. Senior tickets are \$6.00 plus a \$2.00 service charge. The exhibit runs until January 18.

**Helen Clark** is recovering from recent eye surgery and is happy to be back "on the road again."

## George Staten and Friends

LLI members **Marjorie Clark** and **George Staten** along with LLI instructor and LLI newsletter publisher **Al Brothers**, have been busy putting together a program of several popular LLI courses for residents of Skyline Plaza in the Bailey's Crossroads area. George reports a large turnout at the evening classes with an enthusiastic response from attendees.

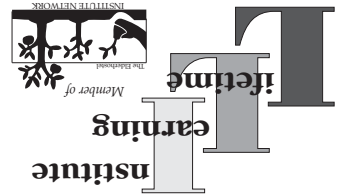
## Senior Discounts

**Louise Sousk** has informed us of "senior discounts" we can take advantage of.

<b>Ames</b> ( <i>need to apply for card — Sale items included</i> )	10%	Tuesdays
<b>Bob Evans</b>	Special Menu	Wednesday
<b>Caldor's</b>		Wednesday
<b>Denny's</b>	Special Menu	Wednesday
<b>Frank's</b>	10%	Wednesday
<b>Ford's Theatre Matinée</b>	½ price	Wednesday
<b>Jo-Anne's Sewing &amp; Crafts</b>	10%	Wednesday
<b>McCrary's</b>	10%	Tuesday
<b>Minnesota Fabrics</b>	10%	First Wednesday
<b>Ross's</b>	10%	Tuesday
<b>Spiegel Outlet — Potomac Mills</b>	10%	Tuesday
<b>Total Crafts</b>	10%	Any Day
<b>Wacamaw—Potomac Mills</b>	10%	Wednesday
<b>M.J.Designs</b>	10%	Wednesday
<b>Senior Movie at Springfield Mall</b> —Upper Level above eatery; first Thursday of the month. Line begins by 8:30 a.m. — Free coffee, juice and breakfast bun. Also, on tables outside the theatre, there is a list of merchants in the mall that offer discounts that day.		

If you know of any senior discounts that you would like to share, let us hear from you.

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c/o NVCC Continuing Education  
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## *Ernst Cultural Center Calendar of Events*

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### **Likas Pamana Foundation for the Arts**

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*Dawn of a Century*  
Filipino Centennial Musical  
December 6-7

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### **American Music Stage**

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*A Christmas Rose for April*  
Family Musical  
December 12-14

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### **Little River Theatre Company**

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*Auditions for "Peter the Great"*  
December 13-15

*Swan Ballet "The Nutcracker"*  
December 20-21

*Virginia Ballet "The Nutcracker"*  
December 26-30

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### **Hunt Country Cat Club**

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*Cat Show*  
January 3 & 4, 10 a.m. - 4 p.m.

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### **Virginia Opera**

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*Evening of Arias*  
Sunday, January 11, 7 p.m.

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### **NVCC Music Department**

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*Women in Jazz*  
Benefit Concert  
Friday, January 23, 7:30 p.m.



## Auditions Announced

The Little River Theatre Co. will be holding auditions for the premier of the full-length musical, "Peter the Great." The Company is looking for over 100 performers of all ages. The cast of 50 will include a 30-voice choir and a 20-piece orchestra. In addition, LRTC is looking for actors, musicians, technicians, help with costumes, lighting, set design, make-up, stage and house management. For more information, call Steve Rodgers, 323-3102.

## Special Volunteer Opportunity

LLI members have been invited by the Annandale Campus Provost to participate with the campus staff and students in a project supporting the education of students in the Timer Lane Elementary School at 2737 West Street, Falls Church. This school has a multicultural student composition similar to that of NVCC, with many students learning to speak English as a second language. If you enjoy working with children or are interested in the possibility of helping the school in some other way, please call Knox Singleton at 503-0600 for more information.

## New Spring Classes

Helen Clark, George Staten and their committee have been working hard to put together an outstanding list of courses for our Spring term. A few of the new courses which will be offered are "A Discussion of Ancient Coins," "Learning Brazilian Portuguese," and "A Look at the Caribbean, Its History and Its People." Also in the planning are courses in nutrition, exercise, alternative and complementary medicine, and "The Internet: A New Frontier for the Mainstream." Some of our on-going programs in the Spring will be "Story of Language III," reprise of "Story of Language I," "Great Books: Reading and Discussion" and the continuation of "The History of England" among others. An exciting mix of learning.

## A Holiday Invitation to LLI Members

The NVCC Annandale Provost Office has extended a special invitation to all LLI members to attend NVCC's **Annual Annandale Campus Holiday Potluck**. The luncheon will be held on Monday, December 15, in the Cultural Center Forum, 11:30 a.m. - 2 p.m. You are asked to bring your favorite dish to share.

### LLI Board of Directors

**President:** Knox Singleton  
**Vice President:** Alan Mayer  
**Secretary:** John Barringer  
**Treasurer:** Gordon Hamlett  
**Members:** Helen Clark, Martha Klee, Ed McGuire, Jean Packard, Philip Reeves, Richard Risk, Louise Sousk, George Staten

### Committee Chairs

**Administration:** John Barringer / Martha Klee  
**Finance:** Richard Risk  
**Membership:** Louise Sousk  
**Newsletter:** Martha Klee / Al Brothers  
**Program:** Helen Clark / George Staten  
**Publicity:** George Staten  
**Registration:** Philip Reeves / Laura Charon  
**Strategy:** Philip Reeves  
**Video Series:** Ed McGuire

## What's New?

## What's Happening With You?

Something unusual happen? Find an interesting store? Take a trip lately? Know any new senior information you would like to pass along? Our membership is such an informed group of individuals with diverse interests, we would like to share your news with fellow members. Please send your news to the LLI office, Attn: Newsletter, or call the office at 503-0600. Let's hear from you!

## Newsletter Deadline

Deadline for news items submitted to the newsletter has been changed to the third Monday of the month. Please mail or fax items of interest to the LLI office, Attn: Newsletter. Send you news items on typed (if possible) double-space text, along with your name and telephone number. Submissions are subject to editing.

## Happy Holidays!

Due to the holiday rush, *News & Views* will not be published in December. Wishing all of you a happy and healthy season and best of life in the New Year. —

*Martie*

## Merry Christmas

