

# LLI Board of Directors Hold First 2000 Meeting

**O**n January 14 the LLI Board of Directors held its monthly meeting. It opened with the report from our Treasurer, John Manion, who told the 12 members in attendance that there is a \$12,023 balance in the checking account and a \$12, 441 balance in our investment account as of December 31, 1999.

The Board approved the establishment of an account with the T. Rowe Price Funds in order to earn a more

reasonable rate of return on reserve balances and promote flexibility and prudent management of LLI's financial resources. It was also reported that the legislative proposal to grant an LLI exemption from Virginia sales taxes has been filed with the legislature and referred to the Committee on Finance.

With a view to the Institute's June elections, the Board unanimously approved the appointment of members to the Nominating Committee. They are Jean Packard as chair, Martie Klee, Jack Barringer, Richard Risk, and Mary Davis.

Martie Klee announced that Elaine Waggener will manage the Spring Kickoff meeting scheduled for February 7. The format of the program will be similar to that of last year. LLI President Alan Mayer will act as master of ceremonies.

George Staten will introduce the instructors and say a word about the courses. Ted Krivoruchka will prepare programs and other materials for the membership and invitees. Laura Charron reported that about 2800 invitations have been sent to potential members.

Contributions to the LLI Scholarship Fund have not yet reached the goal of \$1000. More emphasis will be placed

on soliciting individual contributions.

The Board unanimously approved a memorial resolution to honor our beloved and recently departed member and instructor, Dr. Rudolph Hegmon. The Board's sincere condolences go to his widow — likewise a member and class leader — Dr. Doris Balinsky.

George Staten, who has been handling the editorial duties for our newsletter, *New & Views*, and is stepping down with the publication of this February issue, said he will work with his successor for a reasonable time.

Alan Mayer noted that 14 people have signed up for the Study/Travel group planning a trip to France. He asked that the need for additional participation be publicized. **If you'd like to go with the LLI group to France, consult the Spring Program 2000.**

Under new business, Martie Klee reported that there will be a regional conference of the Elderhostel Institute Network at Rutgers University in June 2000. John Manion announced that he will be working more closely with Gordon Hamlet to be sure that the Assistant Treasurer will be able to step in whenever the Treasurer is absent. They will work together on further development of the LLI financial system.

## February 7 Is the Day Not to Forget

On the first Monday of February, our Institute will hold its Kickoff program for the Spring Semester in the Forum of the Cultural Center at the NVCC Annandale Campus. The program begins at 10:00 a.m. and concludes at 11:30 a.m. There is free parking at the gated lot across from the Cultural Center. Parking guides will be on hand.

The February 7 program will include a review of the courses and activities to take place during the period from February through June and an introduction of the instructors. There will be exhibits of LLI activities and announcements of local trips and overseas travel. Also on hand will be promotional literature and registration forms.

We expect a hundred or more guests — potential members to whom invitations have been sent. It is important, too, that members and instructors be present, for the semester Kickoffs are the truly big LLI events of the year. It's a time when we show ourselves off to the outside world unaware as yet of what a rewarding Institute we have. Please come on time. See you all at the Kickoff.

*News & Views*

Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

## LLI Establishes Publications Committee

Some volunteers and several members of the Board met on January 5 to form a Publications Committee. Mary Davis offered her services as chairperson. Phil Waggener, Grace Mayer, Betty Lee Thatcher, and Marion Grabowski will serve as members of the Committee. Board members present during these discussions were Alan Mayer, Ted Krivoruchka, Jack Barringer, George Staten, Helen Clark and Laura Charron.

The Publication Committee's primary functions are:

- To receive publication drafts from the originator/desktop publisher.
- To proofread the material for content and correctness of style. The *Chicago Manual of Style* will be used as reference.
- To return the corrected material to the desktop publisher in a timely manner.
- To obtain final camera-ready copy and deliver it to the printer (Kinko, Staples, other).
- To pick up the printed copies from the printer and deliver them to the LLI Office.
- To notify the Administration Director and the Mailing Committee chair that the material is ready for assembly and distribution.

The chair is responsible for ensuring that these functions are performed.

If you would like to assist your LLI in these functions or any other manner please contact Mary Davis at 354-0927. We are particularly interested in having someone volunteer to coordinate our newsletter, *News & Views*, in time to put out the issue to appear on or about March 1.

### LLI Board of Directors

**President:** Alan Mayer

**Vice President:** Lorin Goodrich

**Secretary:** Philip Reeves

**Treasurer:** John Manion

**Members:** Jack Barringer,

Laura Charron, Helen Clark, Marjorie Clark,

Gordon Hamlet,

Ted Krivoruchka, Martie

Klee, Jean Packard, Ann

Rourke, Knox Singleton

## The President's Corner

Well, we got through to the new Millennium without incident. Personally I believe this Y2K thing was overblown. My computer registered the year 2000 shortly after midnight. So far so good.

Speaking of computers, I was somewhat surprised and a little pleased to see how many in LLI own computers and have an E-mail address. We will be trying to take full advantage of this new miracle of communication in the months and years ahead. Sending this newsletter by E-mail is one of the options we are investigating as a cost-saving measure.

With the Spring Kickoff just around the corner, we are looking forward to another exciting semester of courses, seminars, tours, and trips. Helen Clark and George Staten have done another stellar job in assembling an interesting array of subject matter. Louise Sousk is busily planning day trips to interesting places, and John Bogart has lined up two tours to Europe as part of our Study/Travel program.

We are continuing to grow and should soon pass the 200 mark. To contend with the mounting work of running an office and meeting the demands of our members, the Board is examining the possibility of hiring a part time staff person. Along with this we are looking at our current, very low dues structure to see if this is something we want to change. We will want to hear your views on this benchmark decision in the months ahead.

In the mean time, Happy New Millennium. I hope to see you at our Spring Kickoff on February 7th.

Alan Mayer

## Goodbye to a Friend

It was with sadness that we learned over the recent holidays of the passing of one of LLI's well-known members, Dr. Rudolph Hegmon. Rudy — as we called him — participated in many of our classes and activities, taught a class on Israel and one on science for the layman, and frequently joined our luncheon get-togethers.

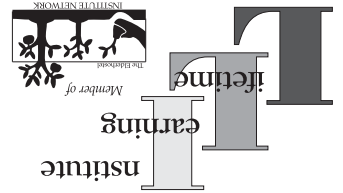
LLI extends its deep sympathy and condolences to Rudy's wife, Doris Balinsky, similarly an active member of our Institute as student, class leader, and committee participant.

"Rudy, you will be missed. You contributed significantly to our LLI legacy."

## Time Sensitive Material Please Expedite

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Annandale, Virginia 22003  
Phone (703) 503-0600 / FAX (703) 503-5350  
E-Mail: [llinovva@juno.com](mailto:llinovva@juno.com)



### Program Errata

The **Continuing German** course led by Al Brothers was inadvertently listed in the Spring Program 2000 under *Tuesday* classes. These classes will be held on **Wednesdays**, starting at 1:00 p.m., March 22, 29; April 5, 12, 19, 26; and May 3, 10. The location is the Little River United Church of Christ, across from the main entrance to the Annandale NVCC Campus.

### Dues Refund Policy

As a general practice LLI does not refund membership dues. If there are extenuating circumstances prompting a request for a refund, LLI will consider the merits of the case, provided that the request was made in writing within 30 days of the member joining our Institute.

### Change in Membership Period

The period of membership now runs for a 12-month period that begins in the month when you paid your annual dues. This means that qualified area residents can join LLI at any time during the year. If a membership expires while a member is attending a course for which he or she had previously registered, the member may complete the course. We hope, of course, that he or she will renew the membership.

### Remember to Mail Your Check to the Student Award for NVCC

In October the LLI Board of Directors voted to establish a monetary award of up to \$1500 for students on the Annandale Campus. The award, funded by **individual** contributions by LLI members, is to recognize students who have shown outstanding skill and leadership in fostering multicultural relationships and understanding.

LLI members who would like to make a tax deductible contribution may send checks payable to the **LLI Student Award Fund** to the LLI Treasurer, NVCC Division of Continuing Education, 8333 Little River Turnpike, Annandale, VA 22003. Send your contribution soon. Time is running out.



## What's *Your* Special Interest?

Some senior learning institutes feature — in addition to courses, special lectures, trips, and social activities — continuing extracurricular get-togethers to bring together people with like interests. These are clubs that meet as frequently as their members wish and without respect to the more conventional formats of time and location. Members of these clubs may elect their own leaders and set their own agendas — in keeping, of course, with the objectives and decorum of their institutes and sponsors.

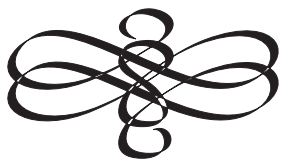
With that in mind, may we at LLI suggest a few clubs that might interest our membership?

**An Investment Club?** Focused on learning and discussing how forces of the financial market impact on our portfolios.

**A History Club?** Probably such a club should have a narrower focus such as on American history, European history — or narrower yet — on World War II, the French Revolution, and the like.

**A Theater Group?** Organized to see stage productions, availing ourselves of group rates and discussing them. Perhaps if we have thespians or wannabees among us, LLI could stage its own shows. Concerts could also be included

If these ideas ring a positive bell or you have other ideas on special interest clubs, please call the LLI Office at (703) 503-0600 and leave your name, telephone number, and what club you are interested in.



## *Learning about Zurich*

*Ms. Béatrice Ettlin, born and educated in Switzerland, pauses to answer a question about her hometown Zurich during her talk as one of the speakers in the four-session course on the Story of the World's Great Cities during the Fall 1999 program. Other cities covered included Paris, Lisbon, and Munich. The course was held at the Goodwin House West.*



## Brandywine: A Great Holiday Prelude

In early December a busload of LLI overnights, joined for the occasion by a half-dozen Elderstudy members from James Madison University, visited Brandywine River Valley in Delaware and Pennsylvania for three days filled with decorative splendor and Early American history.

The trip prompted LLI member Eda R. Pickholtz to write a letter to News and Views, commending Louise Souk for her excellent planning and follow-through and highlighting some of the many sights the group experienced.

"We began our tour with a visit to Longview Gardens and a yuletide tour of Winterthur. We checked into our beautifully decorated inn — with its attractive large rooms..." [After a Chinese dinner] "we returned to Longwood Gardens to see by night all the lights, the special fountain show, and the conservatory."

"On Day Two we were taken to the Eleutherian Mills Mansion, the powder yard buildings" and Blacksmith Hill with the Gibbons House and Sunday School. "That evening we enjoyed the buffet and Christmas show at the Three Little Bakers Dinner Theater."

On the final day, she wrote that Louise's tour group visited the Brandywine Battlefield, where they saw George Washington's headquarters, and toured the Brandywine River Museum with its Wyeth paintings. The sightseeing ended with four hours in the historic city of New Castle.

"Anyone who wants an informative and fun trip should travel with Louise," Eda concluded, adding "we even returned home on schedule."

# LLI Spring Program 2000

— offerings arranged  
by interest category —

## Language: Reading & Writing

Great Books: Reading & Discussion  
Continuing German  
Foreign Films  
Readers' Theater  
Writing for Fun & Posterity  
Development of the English Language

## Science & Technology

U.S. Naval Observatory  
Understanding Human Disease  
Personal Computing  
Science for Non-Scientists  
Meteorology

## Art, Hobbies, Culture

Rectangular Basket  
Photography  
Oil Painting  
Foreign Films  
Tea Time

## History, Politics, World Affairs

American Revolution  
Great Decisions  
Policy toward Central America & the  
Caribbean  
India & Pakistan  
Story of the Balkans  
Lincoln's Assassination

## Health & Safety

Understanding Human Disease  
Families with Elders: Caregiving  
55 Alive: Safe Driving  
Self-Healing: Massage & Meditation

## Travel: Near & Far

*Study/Travel:* France; Germany  
*Trips:* Plantation and River Cruise on  
James River with a look at  
Richmond Civil War sites

## J. Knox Singleton Receives Award

On November 15, 1999, the Fairfax Area Commission on the Aging (COA) presented the Louis B. Wagner Lifetime Achievement Award to Knox Singleton — LLI's founder, first president, and still active member.

Among Knox's many accomplishments were the work he did during his 10 years of service with COA, including two years as chairman; the establishment and direction of the peer-helper program at the Springfield Information and Counseling Center for Older Adults; development of the "Vital Aging" concept; and, of course, the initiation of our own LLI, sponsored by the Northern Virginia Community College, serving as its president for three terms.

The award is given annually in memory of Louis B. Wagner, Braddock District representative to COA for eight years, who worked tirelessly as advocate for older adults. Mrs. Wagner and COA chairperson Fran McWhorter presented the award to Knox, as his wife Marjorie stood by.



*Knox Singleton and his wife Marjorie, flanked by COA chairperson Fran McWhorter and Richard Risk, COA vice-chair and LLI member, pose for a photo following Knox's receipt of the Louis B. Wagner Lifetime Achievement Award by the Fairfax Area Commission on Aging.*

## Corrections/Additions

### to the Membership List of 15 October 1999

**Balinsky, Doris.** E-mail: ruddor@aol.com

**Beebe, Ruth.** 7311 Stafford Road; Alexandria, VA 22307; (703) 765-8202

**Berger, Milton.** Phone: (703) 820-1363

**Blackwood, Carolyn C.** Add middle name: Blackwood, Carolyn Chapin

**Davis, Mary.** E-mail: mdavism@starpower.net

**Davis, John.** E-mail: johndavis@starpower.net

**Hegmon, Rudolph.** Deceased

**Pattan, Mary (NEW MEMBER);** 2537 Flint Hill Road; Vienna, VA 22181

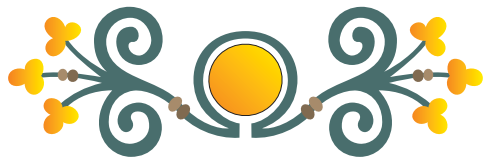
**Slate, Barbara.** Delete Phone Number

# LLI Starts a New Century

Our Institute is beginning the year 2000 with 190 members, 27 courses and individual classes, two scheduled trips abroad (France; Germany), two local trips, and four open-house programs and as many luncheon gatherings — all programmed to take place following the February 7 Spring Kickoff meeting.

These activities will take place at 12 locations; among them, the Goodwin House West, the NOVA (Annandale) Campus, Falls Church Presbyterian Church, Mason District Governmental Center, Greenspring Village, the Virginian, St. Matthews United Methodist Church, Little River Church of Christ, Chapel Square Center, Annandale United Methodist Church, Center for Multicultural Human Services, and the NVCC Center for Employee Development.

The 27 courses and classes, involving a faculty of 24 activity leaders, cover a variety of disciplines and fields of interest. See the breakout of these offerings arranged under topical headings elsewhere in this issue.



## Dear LLI Members...

I would like to thank the many of you who sent me cards or called while I was hospitalized after my "brush with the Grim Reaper" last November. You have no idea how much your kind expressions of concern meant to me. I'm sure they helped me to get back on my feet more quickly. I always knew you were a great group of people, but your kindness went far beyond my expectations.

*Und an die Deutsche Klasse — einen besonders großen Dank an Euch für das kleine Schweinchen, das Ihr mir geschenkt habt. Es war unsagbar lieb von Euch. Und Ihr hattet recht: ich habe doch wirklich Schwein gehabt!*

Thanks so much. Vielen herzlichen Dank.

*Al Brothers*

# News in Brief

**Lucy M. Scheer** has been named *volunteer coordinator*. She will maintain a list of LLI volunteers and respond to Board and Committee requests for help with certain tasks by finding appropriate help to fill the need from her list.

Several new committees have been formed, **Martie Klee** reported at the December 10 Board meeting. They are Publications, Special Events, Mailing, and Tours.

**Lorin Goodrich** and **John Barringer** have developed procedures for notification of registrants when a course or class must be cancelled. The policy on class cancellation owing to inclement weather is published in the Spring Program 2000. It is the same policy as in the past.

**Louise Sousk** announced at the December Board Meeting that 60 people had attended the Holiday Luncheon on December 3, among them 13 instructors. The total cost was \$600, of which \$366 was received from members and their guests.

The New York City trip planned for the end of the year will be held on the first week of December 2000. That is the plan as of now.



This Spring LLI will continue its popular course from last season, the Foreign Film Festival presented by Al Brothers. Unfortunately, three of the movies planned for last season were cancelled because of the instructor's unforeseen health-related problems. Those three movies will be the first ones shown this season:

**Feb. 28** **El Norte** (*The North*), Mexico, 1984, 2 hr. 20 min.

**Mar. 20** **Ofelas** (*Pathfinder*), Norway, 1987, 1 hr. 22 min.

**Apr. 17** **Skyggen af Emma** (*The Shadow of Emma*), Denmark, 1988, 1 hr. 38 min.

All three films have English subtitles and will be shown in Seminar Rooms A&B, next to the Forum, at 1:30 p.m.

# “... And They All Went and Had Sex in a Cave”



Impatiently awaiting their turn . . .



. . . caught in the act . . .



. . . the contented look . . .



. . . The bored look.

For the tribalists the Millennium has come, properly fêted on December 31, 1999. For the technocrats that momentous event is yet to arrive. No matter, the more merriment the better. Last semester LLI offered a number of classes on the subject of the transition, among them the trilogy: “The Last 1000 Years,” “Great Events and Personalities of the Second Millennium,” and “What Lies Ahead.”

The participants in this well-attended three-part presentation, consisting of nine sessions led by George Staten, developed a peculiar habit. Some of its members took to visiting a nearby Thai restaurant called Neisha for lunch after trekking through the centuries. It seemed they developed a strong urge to sample an item on the menu. After completing the “Last 1000 Years,” they resolved — as weary as they were — to celebrate their accomplishment by ordering a refreshing and youth-restorative potion called “Sex in a Cave.” The cocktail, appropriately named for the grotto-like atmosphere, was delicious but rather dear for doing it in a cave. That’s why they ordered one drink and a dozen straws. May next year’s technocrats do as well!

Speaking of the Millennium, we want to keep in mind a millennial event coming on March 13 in the Forum. It is part of the Monday morning monthly series of special programs. It is a review of the last 1000 years and prediction on what is to come in the decades and centuries ahead. Put together to be as informative as it is amusing, even if occasionally stochastic, the show is an especially reworked version of one George and his cast performed at the Skyline Academy of Learning Enjoyment.

If you want to prepare for the event, you may read the words to the poem he wrote for the occasion (at the left). **THE MILLENNIUM, Monday, March 13, at the Forum in the Cultural Center. The show begins promptly at 10:15 a.m.**

## Millennial Ode to Earth

(sung to the tune of “Twinkle, Twinkle, Little Star”)



Sparkle, sparkle, Planet Earth.  
How we cherish what you’re worth.  
Our dear home for times to come,  
Our third planet from the Sun.  
Sparkle, sparkle, Planet Earth.  
How we cherish what you’re worth.



Sparkle, sparkle, Mother Earth.  
Our true home and place of birth.  
We’ll keep your hills and fields green  
And your air and oceans clean.  
Sparkle, sparkle, Mother Earth.  
Our true home and place of birth.

Circle, circle, Spinning Earth  
’bout our Sun — its light and mirth.  
Keep our people safe and sound  
As you make your yearly round.  
Circle, circle, Spinning Earth  
’bout our Sun — its light and mirth.



George L. Staten  
November 1999



# Battles, Belles, Heroes, and Rogues

You Will See Their Memories and Enjoy Their Story as You Tour Historic Richmond on an Overnight Adventure with LLI on April 7 and 8

**Highlights Include:**

- Pamplin Historical Park and National Museum of the Civil War Soldier. They will bring history to life when you visit the military encampment, watch a live military exercise, and visit the exhibits and the Tudor Hall Plantation.
- A cruise on the James River aboard the Annabel Lee: sipping spirits, dining on delicacies, enjoying the passing countryside, and the lively entertainment. Your weekend will be informative and entertaining — just plain fun amid a wealth of Southern hospitality.

**And More! Your Package Also Includes:**

- Roundtrip bus transportation with transfers to all attractions on the itinerary in an air-conditioned, video and restroom equipped coach.
- Hotel accommodations at the Crowne Plaza Hotel, double occupancy; 1 night, 2 days. Inside corridors with large lobby area, indoor pool, whirlpool, sauna, health facility; downtown Richmond.

- Meals: Deluxe buffet breakfast with omelet & waffle center (*Saturday*)
- Box Lunch at Pamplin Park (*Friday*)
- Dinner Cruise on the Annabel Lee (*Friday*)
- Admissions, gratuity, taxes
- Guided tours:
  - White House of the Confederacy
  - Museum of the Confederacy
  - Guided Tour of Richmond: The Governor’s Mansion, Monument Avenues, Virginia Museum of Fine Arts, Science Museum, Edgar Allan Poe’s Museum, the Valentine Museum (Life & History of Richmond), St. Paul’s Church, Federal Reserve Money Museum, Shockoe Historic Center, and other places of interest. Stops: at the State Capitol, St. John’s Church & the Chimboarazo Visitors Center for exhibits, and a movie on the Civil War battles. (*Saturday*)
  - Guided Tour of Agecroft Hall, an English Tudor home (shipped to America and rebuilt), slide show of its shipment to America.

**Date:** Depart on Friday, April 7 at 7:30 a.m.; return on April 8 around 6-7 p.m.  
**Price:** \$184.00 per person. Based on 36 passengers and availability. Single supplement \$50.  
**Deposit:** \$50 per person due by February 1, 2000. Balance: February 29, 2000  
**Reservations:** Call Louise Sousk (703) 323-9144 or Irene Odorizzi (H) (703) 860-0556

Please complete the following (print or type) and send with your check made payable to **LLI / NOVA** to:  
Lifetime Learning Institute / NOVA — Division of Continuing Education — 8333 Little River Turnpike — Annandale, VA 22003  
Fees & Information: Call Louise Sousk at (703) 323-9144

Name \_\_\_\_\_ Phone (H) \_\_\_\_\_ (O) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Share Room with \_\_\_\_\_ I wish to share \_\_\_\_\_ I wish a single \_\_\_\_\_ Supplement \$ \_\_\_\_\_

Tour Title \_\_\_\_\_ Number of rooms \_\_\_\_\_ Cost \_\_\_\_\_ Check # \_\_\_\_\_

**This liability waiver must be read and signed. It is a prerequisite for participation**

I recognize that there are risks inherent to participation in recreational activities and I agree to hold harmless the Lifetime Learning Institute (LLI) of Northern Virginia, its Board of Directors, and volunteers from any and all claims for bodily injury and/or property damage which result from my participation in any and all activities sponsored by LLI.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Are you a member of LLI? (YES/NO): \_\_\_\_\_