

LLI Board Holds Its Third Annual Retreat

Thirteen Board members and four LLI members serving in key operational positions met on July 26 for an all-day planning retreat at Greenspring Village. The participants took stock of LLI as it begins its fifth year and formulated plans for the future. President **Alan Mayer** observed that LLI could be proud of its progress and encouraged exploration of ways in which the Institute can build on its solid foundation.

Discussions throughout the day were within the framework of a comprehensive five-year strategic plan, which had been prepared in advance by newly-elected Board member **Memphis Norman**. The plan includes a number of recommendations for preparing LLI to meet future demands and provides a basis for tracking progress.

It was noted that three of the “interest groups” initiated last spring have been successful (theater, games, and topical discussion), while the financial forum interest group is facing an uncertain future. The Special Events Committee is considering scheduling Sunday afternoon activities during the winter, such as a series of teas followed by vintage movies, as well as cultural events.

Membership and Finances

LLI began in 1996 with 38 members. Considerable discussion was devoted to how many members LLI can adequately and appropriately serve, since it has experienced significant growth in just four years. Membership totaled 239 as of June 30 (up from 167 a year ago); as of the Retreat there were 243 members. Because LLI uses dispersed locations for its classes, physical space is not presently a major concern; however, the Board recognizes that members prefer class sizes that foster discussion and interaction. Also, several have expressed the hope that LLI membership will remain at a level where socializing can continue.

The operating budget for the current fiscal year is based on revenue from 275 members, with no increase in dues. It is possible LLI will not have to grow much beyond, perhaps, 300 members to sustain its operations while preserving “organizational intimacy.” Discussions ensued as to what extent we need to recruit new members with the 275 level close to becoming a reality. The Board will assess this subject further after the results of upcoming membership renewals are known (181 are due September 1, 2000).

Programs

Ways were explored for LLI to offer a variety of courses, as well as trips and other activities just

Fall Kickoff

Date/time: Friday, September 8 at 10:00 a.m.
Location: Ernst Cultural Center, NOVA, Annandale

Betty O’Lear, Edelman Financial Services, will speak to us about *Investing for Seniors*.

Betty O’Lear, a Senior Financial Planner with Edelman Financial Services, will speak to us about *Investing for Seniors*. Ms. O’Lear has a Master’s degree in Business Administration and is a Certified Financial Planner. She has spoken at many seminars, on TV and radio.

for “fun.” A process has been initiated for planning course offerings on a year-round basis, and efforts are intensifying to recruit more college-level faculty. Videos will be acquired when appropriate to enhance course content, and the Board will explore how such videos can be made available to interested members unable to take a particular course.

Outreach

Knox Singleton reported on community service activities available to LLI members, another important aspect of continuing education. He urged participation in NVCC classes, such as the ESL program, and encouraged having an Institute presence at Alzheimer’s Memory Walks this fall. Knox also observed that LLI could contribute to the growing desire of seniors for lifelong educational experiences by helping with the formation of similar institutes at nearby college campuses. Advisory assistance already has been made available to a group hoping to start a program at NVCC Loudon.

Note: Members may obtain a copy of the Retreat minutes by calling the LLI office, (703) 503-0600. Arrangements can be made for members interested in reading the Five-Year Strategic Plan.

Meeting Highlights

June Forum/Annual Meeting

Forum attendees were treated to an enjoyable and entertaining presentation by speaker Linda McCarthy, former CIA staff member, now an author and lecturer.

Five new Board members were elected: **Mary Davis, Warren Hynes, Gladys Keating, Nan Liner,** and **Memphis Norman.** Outgoing members – **Jack Barringer, Laura Charron, Martie Klee, Louise Sousk,** and **George Staten** – received tokens of appreciation for their many efforts in LLI's behalf.

Treasurer **John Manion** reminded members that LLI has 501(c)(3) status, meaning that any contributions are tax deductible.

This year's Study/Travel program has been very successful, with 20 LLI members traveling to France in June, and 14 heading to Germany in September.

A Bylaws amendment was approved unanimously to delete the phrase "for one year" from Article V.1. Members, which now reads in part, "If the immediate past president does not continue as a Director s/he may serve as an ex-officio Director with voting privileges."

Lucy Scheer is now the Volunteer Coordinator.

June 22 Board Meeting

Reelection of Officers

Alan Mayer President
Lorin Goodrich Vice-President
Philip Reeves Secretary
John Manion Treasurer

Martie Klee and **Laura Charron** attended the Mid-Atlantic Regional Meeting of the Elderhostel Institute Network at Rutgers University in June. LLI is one of seven similar organizations in Virginia and has been recognized for its accomplishments during its short existence, achieved without paid staff.

A complimentary letter has been received from Linda McCarthy, the speaker at the June Forum.

Committee Reports

Publicity: The *Golden Gazette* receives wide distribution and is very responsive to LLI's publicity requests; however, because articles have to be submitted five weeks prior to publication date, we must set earlier deadlines for finalizing planned activities if we want them announced in the *Gazette*.

Program: The committee will begin a process of year-round planning. Recruiting additional qualified instructors is a concern.

Finance and Membership: To meet income expectations, 181 member renewals are needed by August 31.

Trips: There is now a waiting list for the December 2000 trip to New York.

Laura Charron has begun to work as a paid LLI staff member, effective July 1, 2000. Her e-mail address is lauragcharron@aol.com

The President's Corner

Fall is just around the corner and many plans are underway for another outstanding LLI year. **Helen Clark** and an expanded Program Committee have put together an interesting array of courses and seminars for the Fall Semester. **Martie Klee** and her committee are planning a number of special events for the year. **Louise Sousk** is continuing our popular trips program. **Jean Packard** and others are lining up speakers for our monthly Forums.

All this and more were discussed at a mid-summer Board Retreat where we reviewed LLI goals and objectives for the next five years. We were guided by an outstanding and very professional Strategic Plan prepared by new Board member **Memphis Norman**. One of the key policy issues discussed was how large the LLI membership should be. We have grown steadily to 243 members, with a goal of 275 by year end. No decision was made to cap membership at this point, but there are concerns about getting too big.

As a volunteer-based organization, our continued success depends on the willingness of members to give some of their time and talents to our program. We are redesigning a membership survey form in which we will be asking everyone to indicate where and when they are willing to help out. If you are not already involved, start thinking about where you can fit in. We have a multitude of talented people, and we need your help.

Alan Mayer

Louise Sousk and her committee continue to organize a trip each month. Louise also is working with the Delaware Technical Institute to conduct an Elderhostel just for LLI members at Rehoboth Beach next spring. Topics will be: big band sounds; the Civil War and World War II from a Delaware perspective.

July 28 Executive Committee

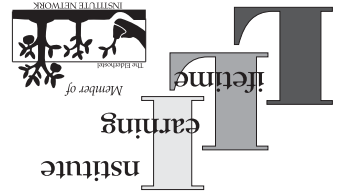
New Board member **Warren Hynes** has volunteered to serve as **Assistant Treasurer**.

Liz Snively, LLI newsletter editor, has agreed to succeed **Ted Krivoruchka** as Publicity Committee chair. Many thanks to Ted for all his efforts to get media coverage of LLI events.

**Time Sensitive Material
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U.S. POSTAGE
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Lifetime Learning Institute of Northern Virginia
c/o NVCC Continuing Education
8333 Little River Turnpike
Annandale, Virginia 22003
Phone (703) 503-0600 / FAX (703) 503-5350
E-Mail: llimova@juno.com



Calendar

Monthly Forum Schedule 2000-2001: 9:30–11:00 a.m.
(Ernst Cultural Center, unless otherwise indicated)

Friday, September 8, 2000 (*Kickoff*)
Monday, October 2, 2000
Monday, November 6, 2000
Friday, January 19, 2001 (*Kickoff*)
Monday, February 5, 2001
Monday, March 5, 2001 (*will be held in the Theatre*)
Monday, April 2, 2001
Monday, May 7, 2001
Monday, June 4, 2001 (*Annual Meeting*)

Holiday Luncheon – Friday, December 15, 2000, at
Belfour House, Fairfax

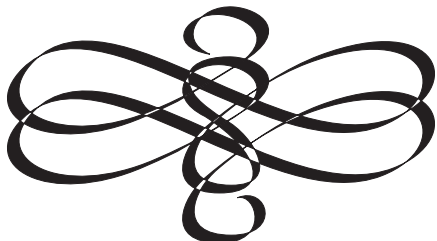
Newsletter deadlines – Friday, September 15; Friday,
October 20; Thursday, December 28.

The Lunch Bunch

The Lunch Bunch will gather after the September 8th Forum at the **Old Country Buffet** in Fair City Mall. From NOVA proceed left on Little River Turnpike for less than a mile to Fair City Mall on the right. There is a low-cost, self-serve, all-you-can-eat buffet. For information call **John Bogart** (703) 273-2547 or e-mail jebogart@juno.com.

Check Out These New Fall Class Offerings

Reliving the Seventies (Monday mornings); *Romeo and Juliet – Multimedia Style* (Tuesday mornings); *Presenting Alfred Hitchcock – An Afternoon at the Movies* (Tuesday afternoons); *Classical Mythology Part I* (Thursday afternoons).



LLI Community Outreach

The Memory Walk held in the fall of each year is the primary fund-raiser for the Northern Virginia Chapter of the Alzheimer's Association. The money raised enables the highly-dedicated staff of this non-profit organization to provide a range of vital services to the increasing number of patients and family care-givers who are struggling with this fatal disease. Services include a phone Help line, a Safe Return Program for wanderers, the organization and operation of Support Groups for over-stressed care-givers, an extensive program of public information and education about all facets of the disease, research, and political action at the local and state levels of government.

The LLI Board of Directors is promoting certain community outreach activities that can be identified with the collective LLI membership. The Alzheimer's Memory Walk program is particularly worthy of our support. All LLI members and their friends who would like to participate in the program at one of several levels of activity – on Saturdays September 23 or October 7 – should contact **Knox** or **Marjorie Singleton** after August 22 at (703) 532-2409 to obtain more information and a registration form. The Singletons will be among the leaders of one or both walks, carrying an LLI banner to identify our group.

LLI/NOVA Student Award Program

As our sponsoring institution, NVCC provides free office space to LLI, free use of the Cultural Center, parking for members and guests, access to the College bookstore and library, and other miscellaneous services. In return, LLI tries to contribute to the life of the student body on the Annandale Campus by assisting the faculty/staff in various ways.

A major step was taken last year with the establishment of the LLI Student Award Program. Working through the office of the Provost and the counseling staff, an award of \$1,000 was offered to a student on the Annandale Campus who – through leadership and example – contributed most to a collegial spirit among the multi-cultural student body on campus and to service in non-profit agencies in the surrounding community. Seven very worthy students applied for the award and, after very careful evaluations, a truly outstanding candidate, Makan Shirafkan, was selected. LLI was commended highly by NVCC officials for initiating this program.

Last year, to meet a short fundraising deadline, members of the LLI Board made the major contribution to the award fund. For the upcoming school year and future years a special LLI account has been created and **all members are invited to contribute**. Tax-deductible contributions of any amount are welcome. Checks should be made payable to LLI/NOVA and mailed to the LLI office in early fall; please include a note indicating your check is for the Student Award Fund.

LLI Board of Directors

President: Alan Mayer	Members: Helen Clark, Marjorie
Vice President: Lorin Goodrich	Clark, Mary Davis, Gordon
Secretary: Philip Reeves	Hamlet, Warren Hynes, Gladys
Treasurer: John Manion	Keating, Ted Krivoruchka, Nan
Past President: Knox Singleton	Liner, Memphis Norman, Jean
	Packard, Ann Rourke

Membership List Updates

Changes

- New e-mail address for **Phil Reeves**: preeves@gis.net
- New address and phone number for **Gordon Hamlet**: 4300 J. Cannon Ridge Court, Fairfax, VA 22033; (703) 934-4043; e-mail elgor2@juno.com

Welcome to new members! We hope you will participate in our classes and volunteer your talents to our various committees:

- **Burge, Marvin & Libby**, 6412 Four Oaks Lane, Burke, VA 22015; (703) 451-2534; e-mail mburge@erols.com
- **Harding, Susan J.**, 2744 Carter Farm Court, Alexandria, VA 22306; (703) 619-0479; e-mail sjohnsonharding@aol.com
- **Valavanis, Penny**, 6001 Arlington Blvd., Apt. 416, Falls Church, VA 22044; (703) 931-2534; e-mail PennyValavanis@erols.com

Reminder: Be sure to check the mailing label on your newsletter for your membership renewal date. You will find an application form in the Summer catalog; another will be in the Fall edition. If you wish to submit without a form, **please include the following information with your check:** name, address, phone number, e-mail address, date/number/amount of check, and whether it is a new membership or renewal. **The fee is:** \$100/year for individuals; \$150/year for two members at the same address.

Trips

Registrations will be accepted until September 15 for the Friday, September 22 trip to the Antietam National Battlefield, Sheperdstown, O'Hurley's General Store, and Charles Town. The **bus will leave at 8:15 a.m.** from Little River United Church of Christ, 8410 Little River Turnpike, Annandale. **Please arrive by 8 a.m.** Park along the left side of the parking lot. **Cost:** \$30 for members; \$35 for non-members; lunch on your own. Please send registration form and your check to LLI with a stamped, self-addressed envelope.

WANTED

SUGGESTIONS FOR MONTHLY FORUM SPEAKERS AND TOPICS. We currently are planning our speakers for the coming year and would like your ideas. Call or write **Jean Packard** (Tel: (703) 978-4782; e-mail jeanp22032@aol.com) or **Alan Mayer** (Tel: (703) 354-0239; e-mail amayer0239@aol.com)

LLI MEMBERS TO SERVE ON THE FOLLOWING COMMITTEES: Publicity, Hospitality, Special Events, Space, and Trip. If you enjoy the many activities and services that LLI provides, please keep in mind that they are being brought to you by your fellow members and we do need your help. It doesn't require a big time commitment, but it will give you a great deal of satisfaction, so please call the LLI office at (703) 503-0600 to sign up.

Special Interest Groups

Interested in Discussing Financial Matters?

Although over 25 members expressed a desire to participate in a Financial Forum special-interest group last spring, only half that number attended our two organizational meetings, which brings into question the true extent of interest. This fall we could initiate a series of discussions with speakers on financial matters important to seniors – assuming a sufficient number of members would attend. At the September 8 Forum you will have an opportunity to indicate your interest in such a program, or you can call the LLI office at (703) 503-0600.

Theater Group

The Balanchine ballet program at the Kennedy Center Opera House on September 16 at 2:00 p.m. is sold out, but **Virginia Fernbach** at (703) 751-8369 is accepting names for a waiting list in case there are some last-minute cancellations. For those who have signed up, Virginia will be contacting you in early September. She will distribute as many tickets as possible at the September Forum. If you don't attend the Forum, please meet Virginia at the Kennedy Center the day of the performance. She will be standing in front of the large bust of JFK, across from the Opera House entrance, and will be holding up an LLI sign.

Board and Card Games

September dates have not yet been selected. If you are interested in participating in this group, please call **Donna** and **John Seymour** at (703) 354-4125, or **Gladys** and **Bob Bucklew** at (703) 631-7889.

Discussion Group

Organizer: **Tom Buchanan** (703) 281-4894; Friday, September 1, 10:00–11:30 a.m.; Ernst Cultural Center, Conference Room A. **Topic:** The Environment; **Moderator:** Ted Nilsen.

Faculty/Volunteer Appreciation Luncheon

The luncheon on May 19 was well attended and a good time was had by all, as evidenced by the photographs below. Judging by the many tasty dishes provided by the attendees, there are a number of good cooks among the LLI membership, as well as many a sweet-tooth – the dessert table was very popular! Thanks to **Elaine** and **Phil Waggener**, entertainment was provided by pianist Reinhardt Liebig.



Trip Registration Form

Participants Please Note

This liability waiver must be read and signed and is a prerequisite for participation. I recognize that there are risks inherent to participation in recreational activities and agree to hold harmless the Lifetime Learning Institute (LLI) of Northern Virginia, its Board of Directors and volunteers from any and all claims from bodily injury and/or property damage which result from my participation in any and all activities sponsored by LLI.

Signature

Date

Signature

Date

Trip Title: Antietam, Sheperdstown **Trip #:** DT9-22

Trip Date: September 22, 2000 **Trip Fee:** _____

Please Print

Name: _____

Phone: (H) _____ (O) _____

Address: _____

City: _____ State: _____ ZIP: _____

Please provide name/address and membership status of any other registrants:

Guest Name	Address	LLI Member? (Y/N) *

* Surcharge for non-members: \$ 5.00

Number of reservations: _____

Total Cost: _____

Checks should be made payable to *LLI / NOVA*.

Please send to:

Lifetime Learning Institute
c/o Div. of Continuing Education, NVCC
8333 Little River Turnpike
Annandale, VA 22003

For Office Use Only

Date rec'd: _____

Treasurer: _____

Am't Paid: _____

Check #: _____

**Please include
a self-addressed
stamped envelope.**

Fees & Information: Louise Souk (703) 323-9144

Reservations & Payment: Payment of fee is required at time of registration. Reservations are accepted on a first-served basis. *Note:* Gratuities for bus drivers are at the participant's discretion as they are not included in the cost of the tours.

Refunds & Cancellations: Full refund minus any prepaid fees up to four calendar days prior to trip. After that date, refunds will be made only if the place can be filled. LLI follows Fairfax County School closings.

Notification: A few days prior to the trip, you should receive a confirmation in the mail. If you do not receive this, please call Louise Souk at (703) 323-9144 or e-mail at lousisesouk@erols.com to verify your registration.