

U.S. and China: Conflict Ahead?

The November 5 Forum presentation will be an up-to-date look at China. The speaker, Dr. Ellen L. Frost, is a Visiting Fellow at the Institute for International Economics in Washington, D. C. She holds a Ph.D. from Harvard's Department of Government, where she specialized in Chinese politics and development, and she recently co-chaired a two-volume study for the U.S. Navy and Marine Corps on the impact of globalization and development for Washington-based M.A. candidates from Syracuse University and the University of Pittsburgh. Dr. Frost has served in a number of government and private sector positions, including Counselor to the U.S. Trade Representative. She is a frequent speaker and writer on international affairs, especially Asian and transatlantic issues.

See you at the NVCC Ernst Cultural Center, Monday, November 5, 2001, at 10:00 a.m.!

Free parking is available at the Cultural Center parking lot. If the entrance gate is in a closed position, push the button in the yellow box to raise the gate. The gate at the exit will be open at the end of the meeting.

Scandinavia Next Stop for Study/Travel

At their October 3 meeting, the Study/Travel VI group selected Scandinavia as their destination. The group opted for the Grand Circle Tour "Scandinavian Odyssey," featuring stops in Denmark, Norway, Sweden, and Finland, with an optional trip to St. Petersburg. Those choosing the St. Petersburg extension will leave on June 21, 2002 with the others following on June 25. The basic cost of the trip is \$2,395 from NYC/JFK. Alan Mayer, who was selected Group Leader, has reserved places for a limited number and early indications are that they will be spoken for quickly. Anyone interested in taking this trip should call **Alan Mayer** at (703) 354-0239 or e-mail: alanmayer@cavtel.net. The study phase of the trip will be during the Spring Semester.

Holiday Luncheon

Be sure to calendar December 13, 2001 for our annual Holiday Luncheon which, this year, will be held in the Fort Myer Officers Club. The flyer enclosed with this newsletter has a reservation form, which should be completed and sent to LLI. Reservations and checks must be received by November 30, 2001. Important information follows:

Security Measures:

All passengers in a car or bus must have a valid photo ID with them in order to enter Fort Myer. Every car will be searched. Because of this security procedure, there has been a delay at the gates, so LLI is considering chartering a bus for

The Lunch Bunch

The **Lunch Bunch** will gather after the June Forum at **Ribster's**, 7243 Little River Turnpike, Annandale – just about a mile east of NOVA. The restaurant features salads, sandwiches, and **Ribster** specialties, all under \$10. Call John Bogart (703/273-2547) for further information.

the round-trip from the Little River United Church of Christ (across 236 from NOVA). The cost would be borne by the participants. If you are planning to attend and would like to travel by bus, please so indicate in the appropriate place on the reservation form. Chartering a bus will depend on availability and the number of people interested.

Directions (for those traveling by car):

Traveling North on I-95/-395: after you pass the Glebe Road exit in Arlington, take the next exit marked 8A Washington Blvd./Fort Myer. Bear left onto Washington Blvd. The third exit (approximately ½ mile on the right) will read Ft. Myer. Enter the Post at this point (Hatfield Gate). Turn left on Sheridan Ave. and proceed to the Officers Club on the left. You will pass Pershing Drive. Parking will be on the right and also on the left past the Club. You may wish to verify this route on the day of the event with the Officer at the Gate.

Traveling East on Route 50: proceed past Washington Blvd. to traffic light at Pershing Drive. Turn right into the Henry Gate of Ft. Myer. Turn left on Sheridan Ave. and proceed to the Officer's Club on the left. See comment about parking above.

Final details about security, the bus, and an additional charge if a bus is used, will be mailed to all participants. If you are driving, we encourage you to coordinate with other members who live near you. Thanks for your understanding.

If you have questions, call Marie Baglio (703) 532-4285 or Virginia Fernbach (703) 751-8369.

Calendar of Events

October

- 26 Bridge Group
- 26 Day Trip: Long Branch Manor House, etc., Winchester, VA

November

- 1 Reservations/deposits due for Philadelphia trip, June 2002
- 2 Discussion Group: America's Response to Terrorism
- 4 Board of Directors' Meeting
- 5 Forum: U.S. & China: Conflict Ahead?
- 7 Bridge Group (Tentative)
- 12 Newsletter Deadline
- 14 Bridge Group (Tentative)
- 14 Program Committee meets
- 16 Financial Forum: Investment Approaches in Challenging Times
- 18 Theater Group, *One of the Few*
- 19 Newsletter Mailing
- 28 Bridge Group (Tentative)

December

- No Forum Meeting in December
- 4 New York City trip
- 13 Holiday Luncheon at Ft. Myer Officers Club
- 14 Board Meeting
- 17 Mailings: Winter/Spring Catalog; Announcement of January Forum

January 2002

- 7 Winter/Spring Kickoff
- 11 Board Meeting
- 15 Class Registration closes
- 15 Newsletter Deadline
- 20 Theater Group: *Joseph & the Amazing Technicolor Dream Coat*
- 21 Newsletter Mailing

February 2002

- 4 Forum
- 4 Classes begin
- 11 Newsletter Deadline
- 18 Newsletter Mailing

March 2002

- 4 Forum
- 11 Newsletter Deadline
- 19 Newsletter Mailing

April 2002

- 1 Forum
- 15 Newsletter Deadline
- 22 Newsletter Mailing

May 2002

- 6 Forum/Summer Program Kick-off
- 12 Newsletter Deadline
- 20 Newsletter Mailing

June 2002

- 3 Forum/Annual Meeting

Special Interest Groups

Bridge Group

The **Bridge Group** meets twice monthly, on the second and fourth Wednesdays, at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Because the meeting dates cannot be confirmed with the Government Center until a month in advance, please call Bob or Gladys Bucklew, Chairpersons, at (703) 631-7889 if you wish to attend. Such calls not only confirm the meeting date for you but also afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. **Note:** the group is composed primarily of single individuals as opposed to couples. We play four hands per game and change partners at the conclusion of each game. We hope you can join us!

Important Date Change: The next meeting of the Bridge Group will be **Friday, October 26**, in the large conference room to the right of the Government Center entrance.

Discussion Group – Everyone Welcome!

Date: Friday, November 2, 2001, 10:00-11:30 a.m., Ernst Cultural Center, NVCC, Seminar Room A.

Topic: America's Response to Terrorism

Resource Person: Jack Barringer

Information: Tom Buchanan (703) 281-4894

Financial Forum – Everyone Welcome!

Date: November 16th, 2001, 10:00 a.m., Ernst Cultural Center, Seminar A&B

Topic: Investment Approaches in Challenging Times

Panel Presentation Members: Kathryn Dennehy, Lorin Goodrich, and Marvin Burge

Followed by group discussion and plans for 2002.

Organizers: Virginia Fernbach (703) 751-8369 and Warren Hynes (703) 644-0672. Opinions expressed are strictly those of the member speakers and do not represent endorsement by LLI. We hope to see you there.

Theater Group

See the enclosed flyer regarding reservations for a performance of "Joseph and the Amazing Technicolor Dream Coat," on January 20, 2002.

LLI Travel Diary

LLI is starting a Travel Diary so that members may share travel tips with one another. It will be kept in the LLI office, and will be made available at all monthly Forums. It is not our intent to provide a clipping service, but to report memorable events experienced by our membership. If you would like to submit a write-up, please contact Nan Liner (703) 824-9762. Your submission will be filed in a notebook in alphabetical order – *i.e.*, if you are sharing a trip experience in Minnesota, it will be filed under M. Regional or multi-country trips will be in a separate section, as will cruises. In an effort to keep our reports manageable, we ask that you include only the dated itinerary of a trip and a completed evaluation form. If you wish to provide your name as a contact, you are welcome to do so, but this is purely at your discretion.

NVCC Concerts

NVCC-Annandale Symphony Orchestra: "La Musique de France" Fall Concert, Friday, November 9, 8:00 p.m., Ernst Cultural Center Theater. Program Highlights: Orpheus in the Underworld — Jacques Offenbach; Carmen Suite No. 1 — Georges Bizet;

Fanfare — Paul Dukas, featuring the Annandale Brass; Concertino for Flute & Orchestra — Cecile Chaminade, Rosalie Morrow, soloist; Petite Symphony — Charles Gounod, featuring the Whirlwinds. Donations are welcomed. For further information, call (703) 323-3489

NVCC-Annandale Symphony Orchestra: "Triple Pleasure Concert," Orchestra Benefit

Saturday, November 17, 8 p.m., St Patrick's Episcopal Church, 3241 Brush Drive, Falls Church, VA. Evening Highlights: We call this event "triple pleasure" because the evening will feature **A Romantic Concert by the College Orchestra; Ballroom Dance Instruction by a Professional Teacher; and Dancing to Both Recorded and Live Music.** Complimentary passes for the first ten (10) LLI patrons to this event). Admission: \$15 per person/\$25 per couple. Attire: Coat & Tie. For further information, call (703) 323-6580.



From the Social Security News...

Benefits Increase

On October 19, Acting Social Security Commissioner Larry G. Massanari announced a 2.6 percent increase in Social Security and Supplemental Security Income (SSI) payments. The Cost-of-Living Adjustment (COLA) will begin in January 2002 for people who receive Social Security. For people who get SSI, the increase will start on December 31, 2001.

Need Help Reading Your Medicare Statement?

http://www.medicare.gov/Basics/SummaryNotice_HowToReadB.asp

Ever wonder what all those codes on your Medicare Statement mean? The Center for Medicare and Medicaid Services has a web page that explains all.

LLI Board of Directors

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President's Corner

At the October 1st Forum we observed a few moments of silence to remember all who have suffered a personal loss from the vicious attacks on September 11. We share in their grief. I was honored to lead the membership and guests in the pledge of allegiance to the American flag. American unity during these trying times has been inspiring.

Let us hope from this tragedy there will be an enduring understanding among all people. As you know, LLI is affiliated with a college that has a student body whose members represent over 160 countries. Soon after the attacks, NVCC President Dr. Belle Wheelen issued a heartfelt message which contained the following observation:

"...Let us not make assumptions about certain groups, Muslims in particular, as we did during the Oklahoma City bombings." "...At NVCC, we proudly welcome people of different ideologies and beliefs, whether political, social, or religious, into our family. In the spirit of exchanging those ideologies, we openly engage in discourse related to those differences. But we engage in intellectual discourse not physical discord even when we disagree. While our differences may be strong, our common belief in a valuable educational exchange must remain stronger."

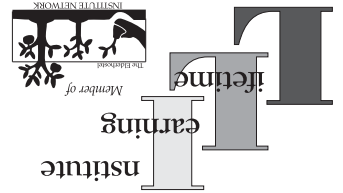
Through our annual Student Award, LLI attempts in a small, but meaningful, way to recognize leadership within the culturally diverse student body on the Annandale campus. Please keep making your tax-deductible contributions to the fund. Checks, payable to "LLI Student Award Fund," should be sent to the LLI office.

We hope you are enjoying the class offerings this fall. Plans are well underway for the "Winter/Spring 2002 Program." Please feel free to suggest subjects, volunteer as an instructor, or refer an instructor to us. Doris Balinsky at (703)

**Time Sensitive Material
Please Expedite**

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Merrifield, VA

Lifetime Learning Institute of Northern Virginia
c/o NVCC Continuing Education
8333 Little River Turnpike
Annandale, Virginia 22003
Phone (703) 503-0600 / FAX (703) 503-5350
E-Mail: llinovva@hotmail.com



Volunteers Wanted for Strength Study

Community Washington House (5100 Fillmore Avenue, Alexandria) is seeking adults, age 60 and over, to participate in a free no obligation eight-week strength study starting October 30 and running through December 20. It

consists of 16 one-hour classes on Tuesdays and Thursdays. To be eligible you must live in Alexandria, Arlington, or Falls Church and must not currently be doing any strength training. Your doctor will be consulted before the study begins to make sure the program is safe for you. Each session will be taught by certified personal trainers who have experience working with older adults. Call (703) 845-2961 for details.



NOVEMBER

Reminders!

Registration

New York Trip, December 4-6, 2001:
Balance of \$277/person (single supplement \$171 additional) due at LLI office by November 15.

Philadelphia Trip, June 11-13, 2002: reservation & deposit of \$100/person due November 1, 2001.

Holiday Luncheon (see enclosed flyer): reservation & check due November 30, 2001.



Membership Renewal

Please check the mailing label on this newsletter to see if your membership is current. Continued receipt of this newsletter and participation in LLI classes and events depend on your maintaining current membership. Membership is a bargain at \$100!