

Want to Know More About President Lincoln? Don't Miss the February Forum!

News & Views

Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

Gary Crawford, Executive Director of the Ford's Theatre Historical Association will be the guest speaker at our February 3, 2003 Forum. Mr. Crawford will discuss his book, *Lincoln 101 — Answers to 101 Questions About Our Sixteenth President*. He has lectured widely on the subject and is an expert on Abraham Lincoln. Mr. Crawford will be signing and selling his book after his presentation so you may want to bring your checkbook.

As usual, our meeting will be held in the Forum room of NVCC's Annandale Campus Cultural Center. Refreshments will be served at 9:30 a.m., followed by the program at 10:00 a.m. Parking is available in the Cultural Center lot – look for the LLI signs. Call the LLI office at (703) 503-0600 if you have questions.

And don't forget, we will be voting on the proposed changes to the Bylaws as outlined in the bright turquoise flyer enclosed in the December newsletter.

Nominating Committee Appointments

The following LLI members have accepted appointments to the nominating committee established for developing a slate of candidates to serve on the Board of Directors: Richard Risk (chairman), Mary Davis, Barbara Evans, Warren Hynes, and Martie Klee. The Board of Directors consists of 15 LLI members with staggered terms so that five Directors are elected each year to serve three-year terms.

Please contact any of the committee members if you are interested in being a candidate. And be prepared to say "yes" if you are contacted! Board members will be elected at the June 2 Forum meeting.

Lunch Bunch

The February 3 Lunch Bunch will meet at *Ribsters Restaurant*, 7243 Little River Turnpike, Annandale (703) 750-2751. This is Annandale's popular restaurant for ribs.

Directions: From NOVA turn right on Rte. 236, proceed beyond the Beltway to the center of Annandale. The restaurant is on the right side at Ravensworth Road. (No turns, approximately a mile from NOVA.)

LLI Members Recognized

The December 2002 issue of the *Golden Gazette* featured two of our members for their work with the Fairfax Area Agency for the Aging (AAA):

Grace Haines was honored as the "Volunteer of the Month." In a full-page article Grace is quoted as saying "Volunteering is something one does with an open heart. It benefits the giver and the receiver. Volunteers do what they do for the satisfaction it gives them by helping others, and they do it for that reason, not for recognition or compensation." Sound familiar?

Charles Gorsey, a VIICAP Volunteer, is pictured along with others who went to Richmond to meet with Governor Warner and accept the Governor's Award for Community Service and Volunteerism in recognition of AAA's many accomplishments.

Congratulations, Grace and Charles!

Student Award Program

Each of two deserving students on the NVCC Annandale campus will receive a \$2000 award at the end of the spring semester. The Student Leadership grant will be presented to an outstanding student leader. This year's winner will be the fourth person selected in this program. In addition, LLI is instituting a new \$2000 scholarship for a deserving student enrolled in one of NVCC's medical education programs.

Interviews of prospective candidates will take place in April. Anyone interested in becoming a member of the selection committee should contact Alan Mayer (703) 354-0239; e-mail alanmayer@caotel.net; or call the LLI office. Tax-deductible donations to the Student Awards Fund still are being accepted. Make your check payable to LLI/NVCC with the notation "Student Award Fund."

Needed: Your Self-Addressed, Stamped Envelopes

As indicated in the course catalog, it is important that you include with your class registration and trip reservation requests self-addressed, stamped envelopes (one for each class registration form and one for each trip reservation form). Two people at the same address can, of course, send us one envelope for your class registrations and one envelope for each of your trip reservations. Your cooperation will greatly assist our volunteers in providing you with timely confirmations.



Cookies, We Need Cookies!

If you can bring cookies for all to share at the February 3 Forum, please call Jane Jones at (703) 799-7812.

LLI Board of Directors

President: Lorin Goodrich
Vice President: Richard Risk
Secretary: Mary Davis
Treasurer: Warren Hynes
Past President: Alan Mayer
President Emeritus: J. Knox Singleton

Members: Doris Balinsky, Gladys Bucklew, Virginia Fernbach, Gladys Keating, Curt Kornblau, Nan Liner, John Manion, Memphis Norman, Donald Reynolds, Liz Snively

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Liz Snively (703) 683-6426 / jns-ginger@comcast.net
Graphic Design/Desktop Publisher: Alfred Brothers

President's Corner

We didn't start the new year with the interesting Forum program we had planned for January 6 because Mother Nature had other ideas; but don't worry, we have been able to reschedule Antonio Mendez, "The Master of Disguise," for the May 5 meeting.

Despite the meeting cancellation, course registration for the current academic session has not slowed down. The volume of class requests demonstrates your approval of the courses developed by the Program Committee under Doris Balinsky's direction. Most of you should have received your registration confirmation by the time you read this newsletter. If you haven't, please call the LLI office at (703) 503-0600. The Program Committee will start developing the summer curriculum soon under Norma Hughes' direction, assisted by Doris and the other committee members. Please contact Norma or Doris if you have any suggestions for courses. Their telephone numbers and e-mail addresses are in your directory (LLI Membership List, October 2002).

A nominating committee has been appointed to develop a slate of candidates to fill the Board vacancies that occur annually in June (see separate article). I encourage you to contact any of the committee members if you would like to be considered. Serving on the Board is rewarding and a good way to see how our member-run institute operates so successfully with volunteers. At the February 3 Forum meeting there will be a vote on a proposed amendment to LLI's Bylaws that would add another feature to the Board of Directors' nominating/election process. If adopted, at the June 2 Forum meeting you will be choosing those Board members who will serve as officers, as well as electing people to fill Board vacancies. The proposed Bylaws

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Lifetime Learning Institute of Northern Virginia
c/o NVCC Continuing Education
8333 Little River Turnpike
Annandale, Virginia 22003
Phone (703) 503-0600 / FAX (703) 503-5350
E-Mail: llinov@juno.com
Website: <http://communities.msn.com/LLINOVA>



Weather-Related Class/Meeting Cancellations

LLI classes, meetings, and other activities will not be held on those days on which the Fairfax County Schools System issues announcements canceling classes; if Fairfax Schools issue a two-hour opening delay, LLI's morning classes/meetings will not be held. Afternoon classes will be canceled if the school system announces early dismissal. You will be notified of a schedule for make-up classes.

How To Work With Your Doctor

Check out www.grandtimes.com for a very informative article on getting the most out of visits to your doctor.

Elderhostel Promotion of LLIs

Elderhostel has instituted a new feature in its domestic catalogs entitled "Community Spotlight." This new page will focus on a different city in each catalog issue and, for Spring 2003, that city is Seattle. The more than 576,000 people and 18,000 libraries across North America who receive the catalog will learn about the Seattle Elderhostel community, its Ambassadors, Alumni, and Lifelong Learning Institutes (LLIs). "Community Spotlight" is but one piece of a new Elderhostel initiative that will promote the educational opportunities that are available within one's home community through an LLI.

Be My Valentine



Special Interest Groups

Bridge Group

While the LLI Bridge Group usually meets twice monthly, *i.e.*, the second and fourth Wednesdays, in February **we will meet only the fourth Wednesday, February 26, 2003**, in the Small Conference Room at the Mason District Government Center from 10:00 a.m. to 2:00 p.m. (bring a bag lunch). Because Bob & Gladys Bucklew will be unavailable in February, please call Arline Sachs, at (703) 971-2092 if you wish to play on that date. Arline, who has volunteered to coordinate in the Bucklews' absence (thank you, Arline), will have the list of regular attendees and will call them several days in advance of February 26. All are welcome. Note: If there are extra people, bridge play is rotated (four hands per round) among all present. Also, most of our players are singles; you do not need a partner to attend. We hope you can join us!

Discussion Group — Everyone Welcome!

Date: Friday, February 7, 2003, 10:00-11:30 a.m., Seminar Room A, Ernst Cultural Center, NVCC

Topic: Can the U.N. Control the Situation in Iraq? Where are we headed? What is the role of the U.N. vs. the role of the U.S.? Please bring current clippings from newspapers and magazines as well as your opinions.

Information: Sue Swift (703) 698-8159

Favorite Books Club

The Favorite Books Club meets monthly to discuss books of the group's choosing at the Mason District Center on Columbia Pike (6507 Columbia Pike, Annandale). In February the group will begin meeting on the third Thursday of each month at lunchtime, 11:30 a.m.–1:30 p.m. Members are encouraged to bring lunch or a snack, and are free to come and go to accommodate other obligations or LLI courses. We hope this will help those who could not attend on Wednesdays and others who want to avoid rush hour traffic. The group is encouraged to bring book suggestions to each meeting for selection purposes. We try to read only books available in paperback and ones with lasting literary quality and/or interest.

Date: Thursday, February 20.

Book selection: *Dairy Queen Days* by Robert Inman. Pat Goddard will lead the discussion.

Information: Contact Nan Liner at (703) 824-9762 or e-mail at NOL8@juno.com

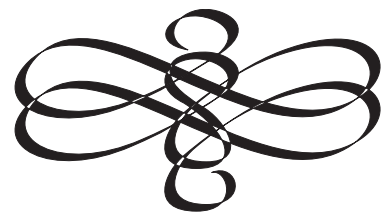
Travel Updates

Volga River Cruise, September 2003: We have just learned that this cruise will feature an Allied WW II veterans' reunion in Stalingrad. The cost of the 22-day cruise and air package is \$3000. A nonstop flight departs from Dulles Airport. Group members are offered a \$100 discount. For further information and a brochure please call John Bogart (703) 273-2547.

China Trip, October 2003: We now have about 13 people who have expressed an interest in possibly traveling to China in October, so we have scheduled a meeting on January 30 at 10:00 a.m. in the Chapel Square Center to discuss the trip. We are planning to book with Grand Circle Travel and need to make reservations as soon as possible to obtain the best price; we are holding some doubles and some singles. If you can't attend the meeting but intend to go on this trip, please contact Arline or Sidney Sachs at sachs@nova.org or (703) 971-2092 as soon as possible. If you have friends who are interested, feel free to bring them to the meeting. We are entitled to one free trip for every ten people who sign up, which lowers the cost for everyone.

Reserve Early for the Trip to Myrtle Beach in April

There is still room on the bus for the April 28 – May 2 trip to Myrtle Beach. A flyer was mailed with the Winter Update sent to you in December 2002. Contact Louise Sousek at (703) 323-9144 if you have questions.



Membership Renewal

Please check the mailing label on this newsletter for the expiration date of your LLI membership and send in your renewal when due to ensure that you continue to receive mailings and are eligible to participate in classes and other activities. The form appearing on page 39 or 41 of the "Winter/Spring 2003 Program" course catalogue should be mailed to the LLI office with a check in the amount of \$100 for each person wishing to continue with LLI.



Winter/Spring Course Registration Update

As of January 14 registration has closed for the following *Winter/Spring 2003 Program* courses:

- Short Stories (3W02A)
- Symphonic Sensations (3W05P)
- The Shadow of Hate (3W06P)
- Why People Believe Weird Things (3W07A)
- Focus On Basics (3W8A)
- The American Revolution (3W10P)
- Philosophy Of Our Times (3W12P)
- A History Of The English Language (3W16A)
- Exploring The Internet (3W19A & 3W20A)
- The Great Schism: The Church Divided, East And West (3W22A)
- The Johns Hopkins Prescription For Longevity (3W23A)
- Understanding Our Latin American Neighbors (3W26P)
- History Presentations By NVCC Faculty (3W31P)
- Advance Health Care Directive Workshop (3W33P)

Volunteers Needed

We have several opportunities for you to volunteer your time and talents. We need:

- A coordinator or coordinators for the "Financial Forum" interest group. Contact Virginia Fernbach or Warren Hynes.
- A person to assist in reviewing applications for LLI's Student Award and Scholarship that will be granted this spring. Contact Alan Mayer.
- A coordinator for the annual summer picnic tentatively scheduled for June. Contact Virginia Fernbach.
- Assistance with the May 8 Appreciation Event. Contact the event's coordinators Dorothy Cavagnaro, or Virginia Fernbach.
- Assistance with the December 2003 Holiday Luncheon. Contact the event's coordinators, Victoria Blackman or Virginia Fernbach.

Membership Update

Change:

Don Bartell, new address and phone: Apt. 420, 7414 Spring Valley Drive, Springfield, VA 22150-4903; tel: (703) 644-3988

New Members:

Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.

Ms. Phyllis T. Axelrod, 8613 Regor Lane, Annandale, VA 22003; tel: (703) 978-8357

Ms. Betty B. Beaubien, 5310 Oldcastle Lane, Springfield, VA 22151; tel: (703) 426-2803; e-mail: BB1Beaubien@aol.com

Mrs. Lou Ann Brown, 3402 Frenora Court, Falls Church, VA 22042; tel: (703) 533-7387; e-mail: fordbrown@aol.com

Sharon H. Cruden, 8318 Queen Elizabeth Blvd., Annandale, VA 22003; tel: (703) 764-3286; e-mail: crudens@earthlink.net

Mrs. M. Patricia Daniels, 4521 Brookside Drive, Alexandria, VA 22312; tel: (703) 354-3792; fax: (703) 354-1436; e-mail: rwdaniel@mindspring.com

Mr. Richard W. Daniels, 4521 Brookside Drive, Alexandria, VA 22312; tel: (703) 354-3792; fax: (703) 354-1436; e-mail: rwdaniel@mindspring.com

Mrs. Louise Jones, 3408 Diehl Court, Falls Church, VA 22041; tel: (703) 820-628.3

Mrs. Yolanda C. Markey, 5856 Doris Drive, Alexandria, VA 22311; tel: (703) 820-8347

Marianne Moerman, Apt. 518, 307 Yoakum Parkway, Alexandria, VA 22304; tel: (703) 751-0523; e-mail: mcmoerman@juno.com

Judy Munske, 3145 Barkley Drive, Fairfax, VA 22031-2720; tel: (703) 280-9723; e-mail: jbmunske@juno.com

Mr. L.A. Old, 9425 Winterberry Lane, Fairfax, VA 22032; tel: (703) 978-0663

Mr. and Mrs. David and Patricia Parker, 3407 Surrey Lane, Falls Church, VA 22042; tel: (703) 573-9465; e-mail: ds-pcparker@erols.com

Mr. William Schenck, 7909 Sycamore Drive, Falls Church, VA 22042; tel: (703) 560-4367; e-mail: wzschenck@aol.com

Ms. Dawn M. Smith, Apt. 103, 11338 Westbrook Mill Lane, Fairfax, VA 22030; tel: (703) 352-9226; e-mail: dawnsm@patriot.net

L. Nan Stout, 7841 Ashley Glen Road, Annandale, VA 22003; tel: (703) 573-7181

Calendar of Events



February 2003

- 3 Forum
- 7 Discussion Group: Can the U.N. Control the Situation in Iraq?
- 10 Newsletter Deadline
- 14 Board Meeting
- 17 Newsletter Mailing
- 20 Favorite Books Club
- 26 Bridge Group

March 2003

- 3 Forum
- 10 Newsletter Deadline
- 14 Board Meeting
- 17 Newsletter Mailing
- 23 Theatre Club: "1776," Ford's Theatre

April 2003

- 4 Historic Hampton House, Mrs. K's Toll House & Brookside Gardens
- 7 Forum
- 11 Board Meeting
- 14 Newsletter Deadline
- 21 Newsletter Mailing
- 28 –May 2
Trip: Myrtle Beach, SC

May 2003

- 5 Forum
- 8 Spring Fling Appreciation Event
- 9 Board Meeting
- 12 Newsletter Deadline
- 13 Tour & Tea, National Cathedral
- 19 Newsletter Mailing

June 2003

- 2 Forum
- 4 College Park Airport Museum & National Cryptologic Museum
- 13 Board Meeting
(No newsletter published in June)

July 2003

- (No Forum; no newsletter)
- 10 Richmond Museum of Fine Arts, White House of the Confederacy, and the Valentine Museum

August 2003

- (No Forum)
- 11 Newsletter Deadline
- 18 Newsletter Mailing

September 2003

- 8 Forum, Fall Kickoff
- 12 Board Meeting
- 15 Newsletter Deadline
- 17 Trip: Charlottesville, Ash Lawn, & Monticello
- 22 Newsletter Mailing

October 2003

- 6 Forum
- 7–9 Trip: New York City
- 10 Board Meeting
- 13 Newsletter Deadline
- 20 Newsletter Mailing

November 2003

- 3 Forum
- 10 Newsletter Deadline
- 14 Board Meeting
- 17 Newsletter Mailing

December 2003

- (No Forum)
- 12 Board Meeting
- ("Winter Update" mailed in Dec.; no January newsletter published)

More Advantages of Being Over 70...

- You can eat dinner at 4:00 p.m.
- You can live without sex but not without glasses.
- You enjoy hearing about other people's operations.
- You get into heated arguments about pension plans.
- You have a party and the neighbors don't even realize it.
- You no longer think of speed limits as a challenge.
- You quit trying to hold your stomach in, no matter who walks into the room.
- You sing along with elevator music.
- Your eyes won't get much worse.
- Your investment in health insurance is finally beginning to pay off.