Established 1996 nstitute <sup>stitute</sup> November Forum: What's Going on in Congress? earning ifetime

November 2003 Volume 7 – Number 8



Come to the Forum meeting on Monday, November 3 and find out from Gaar Kaganowich, who has spent more than 35 years in or with Congress. Gaar is a graduate of Rutgers and Northwestern Universities and, for almost 20 years, was on the staff of Senator Clifford Case, and later was a staff member of the Appropriations Committee. He also has been director of congressional relations for the RAND Corporation.

We hope to see you at 10:00 a.m. (refreshments available at 9:30) at the Ernst Cultural Center, NVCC Annandale Campus. As always, parking will be available in the gated lot.

## LLI Trips – Far and Near

*To Scotland in June 2004:* The Study/Travel Group selected Scotland as their next destination and has chosen a local travel consultant to arrange this customized trip to the highlands, the lowlands, and places in between. The group will leave Dulles on June 10, 2004, and return June 25. Only 25 slots are available and more than half already are spoken for. If you need more information or are interested in signing up for this exciting tour, call/e-mail Alan Mayer at (703) 354-0239; alanmayer@cavtel.net.

*Or to Pittsburgh:* LLI is going to Pittsburgh Tuesday, June 1–Thursday, June 3, 2004. We will visit Fallingwater and Kentuck Knob, both designed by Frank Lloyd Wright. Our trip includes a dinner boat ride, the Duquesne Incline, a city tour, a tour of the Carnegie Museum of Art, a tour of the Cathedral of Learning and a visit to Station Square. Look for a flyer with information and registration form in the December newsletter.

And where would you like to go on a day or overnight trip? Give your suggestions to Louise Sousk (703) 323-9144; e-mail louisesousk@erols.com.

## Lunch Bunch

Following the November 3 Forum meeting, the LLI Lunch Bunch will meet at the **Da Vinci Restaurant** in the Barcroft Shopping Center, 6347 Columbia Pike, Annandale area (phone: (703) 916-1147). The restaurant features reasonably priced Greek/American food. **Directions:** From NOVA turn right on Little River Turnpike toward Annandale. Turn left on John Marr Drive to Columbia Pike. Turn right on Columbia Pike and continue to the shopping center. The restaurant is located on the right next to the Harris Teeter grocery store.

# Holiday Luncheon – Aecember 11, 2003

Yes, it's that time of year again! A flyer with information about this year's event and a registration form is included with this newsletter. This year's luncheon is being held at the Fort Belvoir Officers' Club. More specifics will be provided in the December newsletter, but if you want to check out the directions you can find them on the Internet at BelvoirMWR.com – click on Map and Directions. Or, if you click on Officers' Club first and then Map and Directions you can get a map of Fort Belvoir

showing the Officers' Club. If you prefer not to drive, a chartered bus will be available at \$10.00 per person. It will leave from the Little River United Church of Christ (across Little River Turnpike from NVCC). Be sure to indicate on your reservation form if you need a seat on the bus.

More details will be available in the December newsletter, but be sure to make your reservations early – space is limited and usually fills up quickly.

# Calendar of **Events**

## November 2003

- Forum 3
- 10 German Conversation
- 10 Newsletter Deadline
- 14 Board Meeting
- 17 Newsletter Mailing
- 20 Favorite Books Club

## December 2003

- No Forum
- 4 Trip: Woodrow Wilson House: G'town Park
- Holiday Luncheon, 11 Fort Belvoir
- 12 Board Meeting "Winter Update" mailed in Dec., no
  - January newsletter published

## January 2004

- 5 Forum
- Board Meeting 9
- 12 Newsletter Deadline
- 19 Newsletter Mailing

## February 2004

- 2 Forum
- 9 Newsletter Deadline
- 13 Board Meeting
- 16 Newsletter Mailing

#### March 2004

- 1 Forum
- 12 Board Meeting
- 15 Newsletter Deadline
- 22 Newsletter Mailing

## April 2004

- Forum 5
- 9 **Board Meeting**
- Newsletter Deadline 12
- 16 Trip: Civil War in Washington

Faculty/Volunteer Appreciation Event May 2004

Newsletter Mailing

Forum

19

29

- 13 Trip: Gettysburg
  - Battlefield Tour;
- Eisenhower Farm
- 14 **Board Meeting**
- Newsletter Deadline 17
- 24 Newsletter Mailing

#### June 2004

- 1-3 Trip: Pittsburgh
- 7 Forum
- 11 Board Meeting
- No newsletter

#### July 2004

No Forum: No Newsletter

#### August 2004

- 9 Newsletter Deadline
- 16 Newsletter Mailing
- 30 Forum, Fall Kickoff

#### September 2004

- 10 Board Meeting
- 13 Newsletter Deadline

## October 2004

- 4 Forum
- Board Meeting
- 11 Newsletter Deadline
- 18 Newsletter Mailing

#### November 2004

1 Forum

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#### LLI Board of Directors

President: Lorin Goodrich Acting Vice President: Richard Risk Secretary: Noreen Wayland Treasurer: John Davis Past President: Alan Mayer President Emeritus: J. Knox Singleton

Members: Gladys Bucklew, Virginia Fernbach, Norma Hughes, Jane Jones, Martie Klee, Curt Kornblau, John Manion, Donald Reynolds, Barbara Rolling, Liz Snively

Administrator: Laura Charron

#### **Newsletter Staff**

Newsletter Editor: Liz Snively (703) 683-6426 / jns-ginger@comcast.net Graphic Design/Desktop Publisher: Alfred Brothers Mailing Coordinators: Libby and Marvin Burge

# President's Corner

LLI is now in full swing with its offerings of courses, trips, and interest groups for Fall 2003. Many thanks to the large network of volunteers who make this organization run so smoothly. The volunteer faculty work very hard to deliver interesting courses. Your continued attendance and attentiveness express your appreciation, but you might want to send a personal thank-you note to an instructor you especially enjoyed. While LLI typically writes a letter of appreciation to each instructor, hearing from students is a great addition.

The Program Committee has begun work on the Winter/Spring 2004 course curriculum. Classes will start in early February. Please contact committee chair, Norma Hughes at (703) 960-6279, e-mail: nah.home@verizon.net, with your course ideas and your recommendations for instructors, including yourself. Thank you for completing the Membership Survey Form you received with the last newsletter. Your input is very valuable for curriculum preparation and activity planning.

Accompanying this newsletter is a report reflecting LLI's financial condition as of June 30, 2003, based on an audit performed by John (Jack) Barringer and Theodore (Ted) Krivoruchka. We appreciate their serving as members of the Audit Committee and the professional quality of their report. Many thanks to past treasurer Warren Hynes, current treasurer, John Davis, and LLI Administrator, Laura Charron, who devoted a great deal of time supporting the committee during its review. I am pleased to report that the Institute is in sound condition financially, thanks in large part to the many members who generously contribute their time and talents.

Please don't delay making your reservation(s) for the December 11 holiday luncheon at Fort Belvoir (see flyer enclosed in this newsletter). It will be held in a beautiful room overlooking the Potomac River. Event chair, Victoria Blackman, and her cadre of assistants have devoted much energy to preparing for this affair.

- 20 Newsletter Mailing

- 8

#### Lifetime Learning Institute of Northern Virginia



c/o NVCC Continuing Education 8333 Little River Turnpike Annandale, Virginia 22003 Phone (703) 503-0600 / FAX (703) 503-5350 E-Mail: llinova@juno.com Website: http://communities.msn.com/LLINOVA



Time Sensitive Material Please Expedite

## **Membership Survey Form – Deadline Extended**

If you haven't done so already, please complete the *Membership Survey Form* included with the last newsletter and mail it to the LLI office. Yes, you probably have completed a similar form in the past, but we have many new members and also we need to update the information currently in our files. It will take you just a few minutes to complete the form, but the information is invaluable in telling LLI's Board and Committee members about your preferences and interests so that we may meet the needs of our membership and continue to offer updated and new courses and activities.

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## **Student Awards Program**

Contributions are now being accepted for the *LLI Student Awards Program.* The LLI Board voted to expand our awards program to two \$2,000 scholarships plus the \$2,000 Student Leadership Grant. The addition of a new scholarship this year presents a particular challenge to LLI members: our goal this year is to raise \$6000. Letters soliciting donations will be sent out in the near future. Checks

payable to *LLI Student Awards* are fully tax deductible. Your continuing generosity is appreciated.

Special Interest Groups

## LLI Bridge Group

Because of the Thanksgiving holiday, the Bridge Group will meet only once in November: Wednesday, November 12, at



the Mason District Government Center. Small Conference Room. from 10:00 a.m. to 2:00 p.m. (bring a bag lunch). Please call Bob or Gladys Bucklew, Chairpersons, at (703) 631-7889 if you wish to attend. Such calls not

only reconfirm the meeting date for you but also afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. Note that if there are extra people play is rotated (four hands per game) among all present. Also, most of our players are singles; you do not need a partner to attend. We hope you can join us!

## **Discussion Group** — Everyone Welcome!

Date: Friday, November 7, 2003,10:00-11:30 a.m., Chestnut Hill Room, Food Service Building (CF), NVCC Annandale Campus.

**Topic:** As our nation responds to the current threat of religious terrorism, what is the appropriate balance between concerns for national security and preservation of individual freedoms? In past times of crisis, the United States has, at least temporarily, altered the balance between personal freedom and national security interests. Increased concern for national security following the September 11 attacks on the World Trade Center and the Pentagon by Islamic militants has once again caused the government to alter this balance. Please bring current clippings from newspapers and magazines as well as your opinions.

Information: Sue Swift (703) 698-8159



## Favorite Books Club

Date: Thursday, November 20, 2003, 11:30 a.m. to 1:00 p.m., Mason District Center.

**Book selection:** The Great Gatsby by F. Scott Fitzgerald; Reviewer: Libby Burge. All are welcome, even if you just want to come and see if you'd like to read the book!

**Information:** Contact Nan Liner at (703) 824-9762 or e-Mail at NOL8@juno.com.

Please bring your suggestions for the Winter/Spring 2004 Catalogue. It has been suggested that we institute a "Best Picks" seament at each of our meetings. This does not mean that all of us will read the books presented. but it may lead to some selections. If you would like to participate in this effort, please come prepared to tell us what kind of book it is, and give the group a small summary of the plot, and/or the reason(s) we might like to read it.

## German Conversation Club

Date: Monday November 10, 1:30 to 3:00 p.m., Chestnut Hill Room, Food Service Building (CF), NVCC Annandale Campus.

**Information:** Contact Arline Sachs if you have any questions (703) 971-2092.

## LLI Singers

If you like to sing because it makes you feel good and can carry a tune, come join us! We definitely can use more male voices. Call Martie Klee (703) 644-4931 or e-mail marthaklee@earthlink.net. If you have to head to an afternoon class, bring along a brown bag lunch – we'll let you eat between songs!

Fall Rehearsal Dates (second and fourth Tuesdays) October 28; November 11, 25; December 9, 11:30 a.m.–1:00 p.m., Choir room of the Little River United



Church of Christ, on Little River Turnpike across from the entrance to NOVA.

Membership Update

New Members: Welcome!

We hope you will participate in our classes and volunteer your talents and time to our various committees.

Mr. & Mrs. Dom and Pat Bizier, 10029 Wheatfield Court, Fairfax, VA 22032; tel.: (703) 425-4697; e-mail: bizref@att.net

**Patricia B. Brennan**, 8303 Epinard Court, Annandale, VA 22003; tel.: (703) 425-6738; e-mail: patriciabbrennan@earthlink.net

**Mrs. Frances T. Chandler,** 9707 Laurel Street, Fairfax,VA 22032; tel.: (703) 503-9468; FranChandler@IWON.com

**Sara C. Dewalt,** Apt. C4, 140 Birch Street, Falls Church, VA 22046; tel.: (703) 532-2062

**Mrs. Jane Gullickson,** 3703 Washington Woods Drive, Alexandria, VA 22309; tel.: (703) 360-9757; e-mail: janegull@aol.com

**Mrs. Molly Hewitt,** 6818 Valley Brook Drive, Falls Church, VA 22042; tel.: (703) 534-4260

**Mrs. Merry Huley**, 6904 Cedarbrooke Court, Falls Church, VA 22042; tel.: (703) 534-4819; e-mail: merrygo4@aol.com

**Mrs. Melissa Harrell Jackson**, 12328 Fairfax Station Road, Clifton, VA 20124; tel.: (703) 830-1433; e-mail: mhjackson@starpower.net

**Mr. Leroy Merrifield,** 1907 Martha's Road, Alexandria, VA 22307; tel.: (703) 765-6935; e-mail: lmerrifield@cox.net

**Mr. & Mrs. John** and **Sonia Mullin**, 9115 Scott Street, Springfield, Va 22153; tel.: (703) 569-4755

**Ms. Charlotte L. Plasan,** Apt. PV-116, 7442 Spring Village Drive, Springfield, VA 22150-4448; tel.: (703) 569-2088

Dr. Frederick W. Rook, 7219 Brookcrest Place, Annandale, VA 22003; tel.: (703) 256-1633

**Ms. Lillian M. Rook,** 7219 Brookcrest Place, Annandale, VA 22003; tel.: (703) 256-1633; e-mail: lrook@mymailstation.com

**Ms. Mary B. Scholz,** 7903 Dassett Court, Annandale, VA 22003-4820; tel.: (703) 256-9047 **Mrs. Rose S. Snyder,** Apt. 919, 8350 Greensboro Drive, McLean, VA 22102; tel.: (703) 827-5407

**Mr. Edward Solomon,** 4532 Braeburn Drive, Fairfax, VA 22032; tel.: (703) 323-1720

**Mr. Paul K. Stahnke,** 6811 Lemon Road, McLean, VA 22101; tel.: (703) 827-0027 (h. and w.); e-mail: pkstan23@aol.com

**Mrs. Jean M. Stephens,** 6319 Lakeview Drive, Falls Church, VA 22041; tel.: (703) 256-0082



Check Out www.GrandTimes.com for:

#### Featured Book Excerpts:

Good and Bad Food Combinations – Balance Your Diet and Reclaim Your Health by Robert O. Young, Ph.D. and Shelley Radford Young.

*Ten Tips on How to Recharge Your Brain – Finding Focus* by Suzanne Zoglio, Ph.D.

## In the Health Section, a Humorous Look at Forgetfulness:

"What You Think Makes the Difference," from *Loving Life After Sixty* by Tom Paugh.

#### Finance & Law Section for articles such as:

"Save Yourself from Your Heirs and Protectors," "Real Estate Tips for Retirees," "The Most Common Home Repair Rip-Offs," "Protect Your Estate from the Tax Man," "Tax Breaks for Do-Gooders."

## To My Daughter

This poem was written by LLI member **Joan MacArthur** in 1990, following the sudden death of her daughter, **Jenne**, at age 30. Joan recently read her poem in Richard Risk's poetry class and we appreciate her sharing it with our membership.

Her efflorescent spirit is ever near, Her iridescent sparkle will never wane, But her precious soul Has returned to that celestial sphere From whence it came. As I pray for her, May she pray for me, My own, my very dearest one, That I may see the Divine Mystery with her, When this, my transitory, earthbound life is done.

## **Course Updates**

*Continuation* — Course 3F25P ("Onward to the Pacific – Lewis & Clark Blaze a New Trail"): We did not have time to cover the entire expedition during the September 25 session so we will complete the journey during the Winter/Spring 2004 session. Please look for a schedule in course catalogue that you will receive in December.

*Conflict* — Courses 3F26P & 3F30P (Economics and Psychology Presentations by NVCC Faculty): Unfortunately, the times for the November 20 classes for these two courses conflict. We apologize to the members who have registered for both and regret that you will have to make a choice. We had to accommodate the schedules of the college's faculty.

## NVCC Library Benefits from LLI Library's Close-out



Following the September Forum meeting the materials remaining in LLI's library were delivered to the NVCC-Annandale campus library. LLI has received the following letter of appreciation: "This is to acknowledge your gift today, of materials for the Annandale Campus Library. The students and faculty of NVCC will benefit from your thoughtfulness. The 14 audiocassettes covering country histories and the 6 videocassettes covering WW-II and the Great Decisions series will fill some gaps in our collection. The seven books on literature and history will also be heavily used. Thank you for thinking of us. We wish your organization success."

> Signed, Ellen Wertman Librarian, Annandale Campus

## "Social Security News" Online

## SSA Announces Cost-of-Living Adjustment

Because of the annual Cost-of-Living Adjustment, or COLA, you can expect a 2.1 percent increase in your benefit payments. If you're a Social Security beneficiary, the increase will start with your January 2004 benefit. SSI recipients will get increased payments beginning December 31, 2003.

## Check Out LLI's Updated Website

Former Board member Memphis Norman launched LLI's website a few years ago and, since then, has been adding to and improving it. Recently, LLI member Sidney Sachs has assumed the duties of LLI's webmaster and, with Memphis' guidance, has given the site a new look, so while you are "surfing the net," pay a visit to:

http://communities.msn.com/LLINOVA

## If You Enjoy Good Music...

...you might want to mark your calendar for Sunday, January 18, 2004, 3:00 p.m. Ivo Kaltchev, Assistant Professor of Piano at Catholic University, will be in concert with soprano Sharon Christman, a former soloist of the Metropolitan Opera, at the Schlesinger Concert Hall & Arts Center, NOVA-Alexandria. New LLI member Fran Chandler speaks very highly of Dr. Kaltchev's musical talents and recommends music-lovers attend this free concert. Dr. Kaltchev was born in Bulgaria, and began playing the piano at the age of six. He earned a Master of Music degree from Yale University and a Doctor of Musical Arts

degree from Rutgers. A prizewinner of international piano competitions, he has enjoyed a successful performing career as a recitalist, soloist with orchestras, chamber musician, and recording artist. He is an active adjudicator, and has presented lectures, workshops, and master classes at the World Piano Pedagogy Conference, the College Music Society, Yale University, SUNY Binghamton, and at several other sites.

## Elderhostel Institute Network Postings

LLI's Planning Retreat is the first link in the Elderhostel Institute Network's October 2003 newsletter. If you are interested in reading the article, log on to:

http://www.elderhostel.org/Ein/100103 newsletter.asp