

## February 2 Forum: Gary Crawford Returns!

If you missed Gary Crawford's presentation on President Lincoln at last year's February Forum, you have another chance to hear this expert talk about our 16th president. And if you were one of the fortunate ones in attendance last year, you know what a treat it will be to learn more. At our February 2 Forum, Gary will explore how Lincoln confronted the inner conflicts between the ideals of liberty expressed in the Declaration of Independence and the institution of slavery ordained by the Constitution. Gary, Executive Director of Ford's Theatre Historical Association, is a native Washingtonian and attended NOVA and George Washington University. Signed copies of his book, *Lincoln 101 - Answers to 101 Questions About the Sixteenth President*, will be available for purchase after the meeting.

As usual, our meeting will be held in the Forum room of NVCC's Annandale Campus Cultural Center. Refreshments will be served at 9:30 a.m., followed by the program at 10:00 a.m. Parking is available in the Cultural Center lot – look for the LLI signs.

### Have You Lost a Hearing Aid?

A black box containing a hearing aid and batteries was found on the bus after the December trip to the Woodrow Wilson House. Please call Louise Souk at (703) 323-9144 to make arrangements to retrieve it.

### Help, Please!

We are seeking someone to serve as coordinator for our Volunteer Appreciation event on April 29. This individual will work with an experienced Planning Committee so need not be concerned about having to start from scratch. To volunteer your services or get more information, please call Virginia Fernbach at (703) 751-8369.

### Lunch Bunch

The Lunch Bunch will meet at the **Temel Restaurant**, 3232 Old Pickett Road, Fairfax (telephone: (703) 352-5477) after the February Forum. The restaurant, which features a variety of Greek/Turkish foods (appetizers, salads, sandwiches, and menu items) in a cozy atmosphere, is located in the Stryker shopping center opposite the Home Depot store on Old Pickett Road. **Directions:** From NOVA turn left on Little River Turnpike toward Fairfax. Turn right on Pickett Road, go past the Post Office and, at the next light, turn left on Old Pickett Road. Just beyond the Japanese restaurant on the right is the Stryker shopping center. Temel's is located in the corner next to Charley's watch repair shop.

### Winter/Spring 2004 Program Catalogue – More Errata

Please make the following changes in your catalogue:

*Course 4W01A* "Meet the Patriarchs" – Correct dates are February 9 and 23 (not February 16).

*Courses 4W01A and 4W16* – Correct telephone number for Ellen Gale is (703) 569-3370.

*Course 4W13P* – Correct telephone number for Burt Greenstein is (703) 913-6153.

*Course 4W22P* – For description and cost, see *Course 4W14P* (not *4W13P*).

*Course 4W28P* – **Place:** Ernst Cultural Center (CE Bldg.) (not CN Bldg.).

*Course 4W30P* - "Great Decisions" – **Place:** St Matthew's United Methodist Church (not St Matthew's United Church of Christ).

### Help the Hospitality Committee

We need volunteers to provide goodies at the February 2 Forum meeting. If you can help, please call Bo Kelley at (703) 978-2993.

# Calendar of Events

## February 2004

- 2 Forum
- 9 German Conversation
- 9 Newsletter Deadline
- 13 Board Meeting
- 16 Newsletter Mailing

## March 2004

- 1 Forum
- 8 German Conversation
- 12 Board Meeting
- 15 Newsletter Deadline
- 22 Newsletter Mailing

## April 2004

- 5 Forum
- 9 Board Meeting
- 12 German Conversation
- 12 Newsletter Deadline
- 16 Trip: Civil War in Washington
- 19 Newsletter Mailing
- 29 Faculty/Volunteer Appreciation Event

## May 2004

- 3 Forum
- 10 German Conversation
- 13 Trip: Gettysburg Battlefield Tour; Eisenhower Farm
- 14 Board Meeting
- 17 Newsletter Deadline
- 24 Newsletter Mailing

## June 2004

- 1-3 Trip: Pittsburgh
- 7 Forum
- 10 Trip: Scotland
- 11 Board Meeting
- 14 German Conversation
- No newsletter

## July 2004

- No Forum; No Newsletter

## August 2004

- 9 Newsletter Deadline
- 10 Trip: Air & Space Museum
- 16 Newsletter Mailing
- 30 Forum, Fall Kickoff

## September 2004

- 10 Board Meeting
- 13 Newsletter Deadline
- 20 Newsletter Mailing

## October 2004

- 4 Forum
- 8 Board Meeting
- 11 Newsletter Deadline
- 18 Newsletter Mailing

## November 2004

- 1 Forum
- 12 Board Meeting
- 15 Newsletter Deadline
- 22 Newsletter Mailing

## December 2004

## President's Corner

We hope 2004 has started well for you; best wishes for continued good health and educational enrichment. LLI will mark its eighth year of operation during 2004 and is "alive and well." From a modest beginning in 1996, with 38 people, there are now 335 of us enjoying the results of the "pioneers'" efforts to lay a sound foundation. A great deal of credit goes to the members who have worked, and are working, diligently to keep a viable and relevant member-run institute in operation.

It is appropriate at the beginning of a new year to take stock of one's assets and look to the future. Here are some of LLI's noteworthy "assets:"

- The curriculum continues to grow in variety and quality, as evidenced by the offerings during the current session: 37 courses taught by LLI members, current and retired college faculty, and other experts as volunteers. The several members serving as course coordinators ensure smooth operations.
- "Special Interest Groups" now total seven, and most likely a "Gourmet Foods Group" will be started soon. Participation in these groups offers a great opportunity to enjoy the company of your fellow members.
- LLI's domestic and international trips offer additional educational experiences.
- We have opportunities to socialize during three events each year: faculty/volunteer appreciation, picnic, and holiday luncheon.
- Recruiting new members requires little publicity, other than word of mouth. This approach works: 49 new members in the last seven months!
- LLI is on sound financial footing, even at the bargain price of \$100 for members' annual dues.

These are just a few examples of LLI's success, but we must not become complacent; consequently, the Board of Directors is taking a strategic look at how LLI might be operating when it celebrates its tenth anniversary in 2006. Board member Curt Kornblau and former Board member Memphis Norman are leading the planning process. They would like your input on two questions: (1) What should LLI be doing that it is not doing already? and (2) What LLI programs, if any, are no longer needed? But please feel free to comment on any aspect of LLI. Curt and Memphis would appreciate your responses by the end of February. You can send them to the LLI office (attention: Curt Kornblau) or communicate with Curt directly at (703) 938-1575; e-mail: ckornblau@yahoo.com; or by

### LLI Board of Directors

**President:** Lorin Goodrich  
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### Newsletter Staff

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**Mailing Coordinators:** Libby and Marvin Burge



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## Weather-Related Class/Meeting Cancellations

If there is inclement weather, LLI classes and other activities are cancelled (except for bus tours) if the Fairfax County school system cancels school for the day, *regardless of the LLI class location and whether or not NVCC holds its regular college classes*. Listen for radio and TV announcements. LLI morning classes are cancelled if the County announces a two-hour delay in class openings. LLI afternoon classes are cancelled if the County announces early dismissal. You will be notified of a schedule for make-up classes. For bus tours, please contact the tour leader listed in the Winter/Spring 2004 Program booklet.

## Want to Decrease Your Arthritis Pain?

Check out [www.grandtimes.com](http://www.grandtimes.com) for an excerpt from the book, *Foods That Decrease Arthritis Pain*, by Harris H. McIlwain, M.D. and Debra Fulghum Bruce, M.S.

## Psychology Presentation Set for March 5

During the Fall 2003 session NVCC psychology professor Dr. Eric Shiraev was scheduled to make a presentation on *Age: Life Stages and How We See the World* but, unfortunately, he was ill with the flu on the scheduled class day. He has generously offered to make his presentation during our Winter/Spring 2004 session: **Friday, March 5, 1:30-3:00 p.m.**. Room CN 117 (Nursing Building). Registration is not necessary – we hope everybody who registered for the psychology presentations series last fall will be able to attend and we welcome other LLI members (the room can seat 130).



# Special Interest Groups

## LLI Bridge Group

The LLI Bridge Group will meet on **February 25, 2004** at the Mason District Government Center from 10:00 a.m. to 2:00 p.m. (bring a bag lunch). Please call Bob or Gladys Bucklew, Chairpersons, at (703) 631-7889 in advance of each date you wish to attend to confirm the meeting date for you and to afford us the opportunity to obtain sufficient decks of cards, score sheets, card tables, etc., for attendees. All are welcome. Note that if there are extra people play is rotated (four hands per game) among all present. Also, most of our players are singles; you do not need a partner to attend. We hope you can join us!

## Discussion Group — Everyone Welcome!

**Date:** Friday, February 6, 2004 10:00 – 11:30 a.m.

**Location:** Seminar rooms A&B, Ernst Cultural Center, NVCC

**Topic:** Why has the price of pharmaceutical drugs gone up so much, and is importation of them from Canada a good idea? How is the new Medicare bill going to affect the cost of our prescriptions? What are some other alternative ideas to controlling the price we pay for medicines? Please bring current clippings from newspapers and magazines as well as your opinions. (This was to have been our topic at our December meeting, which was canceled due to the weather.)

**Information:** Sue Swift (703) 698-8159

## Favorite Books Club

**Date:** Thursday, February 19, 2004, 11:30 a.m. to 1:00 p.m., Mason District Center

**Book selection:** *The Three Junes* by June Glass. Reviewer: Martie Klee. All are welcome, even if you just want to come and see if you'd like to read the book!

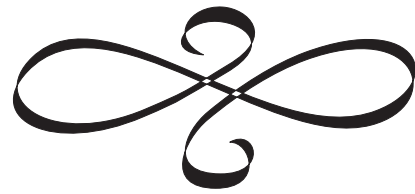
**Information:** Contact Nan Liner at (703) 824-9762 or e-Mail at NOL8@juno.com

**Upcoming Selections:** March 18: book by Jane Austin to be reviewed by Nan Liner

## New! Gourmet Food Group

Think food! **Are you interested in:** Meeting monthly at a home to share a meal with a small group (8-12 persons)? Making this a Saturday lunch? Sharing recipes, having theme-related foods? Planning a restaurant outing? Taking a cooking class together?

**First planning meeting: Friday, January 23, 2004, 10:00 a.m., Location:** Meeting Room at Sharon Bulova's office, Kings Park Library, 9002 Burke Lake Road, Burke, Virginia 22015. **Information:** Louise Souk (703) 323-9144.



## Calling All Churchill Fans

Elderhostel invites you to the Library of Congress for an exclusive Day of Discovery on Friday, February 6 or Saturday, February 7, 2004, celebrating the life of Sir Winston Churchill at the newly opened, major exhibition about his life and career, *Churchill and the Great Republic*. In addition to viewing the exhibition under the guidance of the Curator, a special feature of this program is the opportunity to meet and talk with Sir Winston's granddaughter, Celia Sandys, in a question/answer format following a talk that she will give about him. She is the author of several books including *Churchill Wanted Dead or Alive* and, most recently, *Chasing Churchill*, which retraces the steps of his far-flung travels. A signed copy of her book will be presented to you at the event and is included in the program cost. In addition, all participants will be given a one-year membership in the Churchill Society of Washington D.C., which includes four issues of *The Finest Hour*, a quarterly journal dedicated to the life and times of Sir Winston Churchill.

This program includes lunch at the Library of Congress. For more information on Program #11950, call Elderhostel's Registration Services Department, toll-free, at 1-877-426-8056, or go to <http://arial.elderhostel.org:80/ct00001101ntqa.html>