

Ambassador Husain Haqqani Addresses LLI's March 1 Forum

March 2004
Volume 8 – Number 2

News & Views

Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

Ambassador Husain Haqqani, the visiting scholar at the Carnegie Endowment for International Peace in Washington, and an adjunct professor at Johns Hopkins School of Advanced International Studies, will be the guest speaker at our March 1 Forum; he will discuss the Mid-East situation. Ambassador Haqqani is a diplomat, former advisor to Pakistani prime ministers, and a leading journalist. His syndicated column is published in the *Indian Express*, *Gulf News*, and *The Nation* (Pakistan). He holds a master's degree, with honors, in international relations from the University of Karachi.

As usual, our meeting will be held in the Forum room of NVCC's Annandale Campus Cultural Center. Refreshments will be served at 9:30 a.m., followed by the program at 10:00 a.m. Parking is available in the Cultural Center lot – look for the LLI signs.

Calling All Picnic People

The LLI annual picnic will be held at Mason District Park on June 13, 2004. If your expertise is greeting people, grilling exceptional hot dogs, setting up or cleaning up, your help is needed. Please contact Virginia Edgell at (703) 780-4537 or e-mail vcedgell@aol.com to volunteer for this fun-time summer activity.

Weather-Related Class/ Meeting Cancellations

If there is inclement weather, LLI classes and other activities are cancelled (except for bus tours) if the Fairfax County school system cancels school for the day, *regardless of the LLI class location and whether or not NVCC holds its regular college classes*. Listen for radio and TV announcements. LLI morning classes are cancelled if the County announces a two-hour delay in class openings. LLI afternoon classes are cancelled if the County announces early dismissal. You will be notified of a schedule

Lunch Bunch

Following the Forum, the LLI Lunch Bunch will meet at **Domani's Restaurant**, 7410-B Little River Turnpike, Annandale. The menu features Italian and Greek foods with very reasonable luncheon specials. **Directions:** from NOVA take a right on Little River Turnpike and proceed to the shopping center, which is on the left just as you enter Annandale (about a mile from NOVA). The restaurant (formerly the *Black Orchid*) is located at the east end of the shopping center just past the Safeway.

for make-up classes. For bus tours, please contact the tour leader listed in the Winter/Spring 2004 Program booklet.

NVCC Annandale Has a New Provost

LLI extends its congratulations to Dr. Barbara Saperstone upon her appointment as Provost of NVCC's Annandale Campus.



Dr. Barbara Saperstone

In this position she becomes the chief administrative officer for the college, coordinating all development and policy matters.

Dr. Saperstone had been serving as

Acting Provost since August 2002, having been with the college for 23 years, most recently as Dean of the Liberal Arts division. She has been a champion of LLI and, with her strong encouragement, many faculty members have become associated with LLI's curriculum. Moreover, she has been instrumental in expanding LLI's student leadership award and scholarship programs. We look forward to continuing

Calendar of Events

March 2004

- 1 Forum
 - 8 German Conversation
 - 12 Board Meeting
 - 15 Newsletter Deadline
 - 22 Newsletter Mailing
- No Forum; No Newsletter
 - 9 Trip: Building Museum; Organization of American States

April 2004

- 5 Forum
 - 9 Board Meeting
 - 12 German Conversation
 - 12 Newsletter Deadline
 - 16 Trip: Civil War in Washington
 - 19 Newsletter Mailing
 - 29 Faculty/Volunteer Appreciation Event
- 9 Newsletter Deadline
 - 10 Trip: Air & Space Museum
 - 16 Newsletter Mailing
 - 30 Forum, Fall Kickoff

May 2004

- 3 Forum
 - 10 German Conversation
 - 13 Trip: Gettysburg Battlefield Tour; Eisenhower Farm
 - 14 Board Meeting
 - 17 Newsletter Deadline
 - 24 Newsletter Mailing
- 9 Newsletter Deadline
 - 10 Board Meeting
 - 13 Newsletter Deadline
 - 20 Newsletter Mailing

June 2004

- 1-3 Trip: Pittsburgh
 - 7 Forum
 - 10 Trip: Scotland
 - 11 Board Meeting
 - 13 Annual Picnic
 - 14 German Conversation
 - No newsletter
- 1 Trip: Library of Congress; Ntl. Postal Museum
 - 4 Forum
 - 8 Board Meeting
 - 11 Newsletter Deadline
 - 18 Newsletter Mailing

July 2004

- No Forum; No Newsletter
- 9 Holiday Luncheon

August 2004

September 2004

October 2004

November 2004

December 2004

President's Corner

Almost 150 members and guests came to the February 2 Forum meeting to enjoy another presentation about the life and times of Abraham Lincoln by Gary Crawford, Executive Director of the Ford's Theater Historical Association. Gary was one of our finest speakers in 2003 and he didn't disappoint us this time either — many thanks to Bob Beyer for making the arrangements.

Course registration for the current session has been completed. The registration process is always time critical and our Administrator, Laura Charron, and her helpers have done another great job. In addition to Laura a big "thank you" is extended to Mary Virginia Baynes, Debbie Birnberg, Burt Greenstein, Bev Portman, and Sally Reynolds. About two-thirds of LLI's members registered for one or more courses, and these talented individuals ably executed a very involved task in a short period of time.

Planning for future sessions is under way, particularly for the Summer 2004 program that will be offered June 14 through August. For several years the group of LLI members who developed the course offerings has been called the "Program Committee." However, since LLI offers several programs in addition to courses, the group had been renamed the "Curriculum Committee." Through Norma Hughes' outstanding leadership this committee now has several new members — Dick DiBuono, Doug Horstman, Alice Maguire, Ed Sadtler, and Mary Underwood. They are bringing several suggestions for courses to the meetings. You can offer ideas also by contacting Norma at (703) 960-6279, or e-mail: nah.home@verizon.net.

Prior to the February 2 Forum the Board of Directors held a coffee reception for those individuals who had become members during the last six months or so. We had a great turnout and we plan to hold future "get-acquainted" sessions as warranted. Many thanks to Mary Montgomery for coordinating the affair. Assistance by Laura Charron, Martie Klee, and Louise

LLI Board of Directors

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Health Section for:

"Tips on How to Reduce Salt Intake — Low Sodium Lifestyle" by Bobbie Mostyn

"Osteoporosis in Men — Not Just for Girls" by Felicia Cosman, M.D.

"GERD: The Surprising Source of Many Physical Disorders — Acid Related Disorders (ARD)" by Dr. Kurt A. Barrett

Finance & Law Section for:

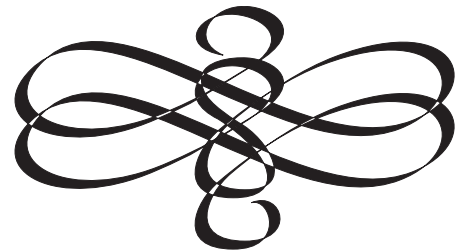
"How to Save \$100s to \$1,000s on Burials & Cremations — A Practical Consumer's Guide" by John M. Reigle

"How to Recover Your Money from Your Broker — Broken by Your Broker?" by Martin D. Weiss Ph.D.

"Redefining Your True Net Worth — Net Worth vs. Self-Worth" by Deborah L. Price

Space Still Available

Space is still available on the Gettysburg Battlefield and Eisenhower Farm day trip scheduled for Thursday, May 13, 2004. Details and registration form can be found in the Winter/Spring Program catalogue.



Special Interest Groups

Adventures in Eating

Are you open to adventures in eating? Several LLI members are; they met in January and formed this new Special Interest Group.



Members made a variety of suggestions for the group's activities: dining at ethnic restaurants, attending cooking demonstrations, going on food tours, and preparing theme-related foods. **If you are interested in becoming a member** of the group, why not **join us when we meet at noon on Monday, March 8, 2004** to enjoy Vietnamese specialties **at the Huong Que/Four Sisters Restaurant**, located in the **Eden Center, 6769 Wilson Boulevard, Falls Church** (near the intersection of Route 7 and Arlington Boulevard (Route 50)). **Note:** Reservations are limited, so please contact *Charlotte Shakofsky* at (703) 250-1647, or *cshakof@yahoo.com*, by March 5 to be included. **Also**, if you would like to become a member of the group but can't make this luncheon, call *Louise Sousk* (703) 323-9144 so she can add your name to the list for future events.

LLI Bridge Group

The LLI Bridge Group will meet March 10 and 24, the second and fourth Wednesdays, at the Mason District

Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Because the meeting dates can be confirmed with the Government Center only one month in advance, please call *Bob or Gladys*

Bucklew, Chairpersons, at (703) 631-7889 in advance of each date you wish to attend to confirm the meeting date for you and to afford us the opportunity to obtain sufficient decks of cards, score sheets, card



tables, etc., for attendees. All are welcome. Note that if there are extra people play is rotated (four hands per game) among all present. Also, most of our players are singles; you do not need a partner to attend. We hope you can join us!

Discussion Group — Everyone Welcome!

Date: Friday, March 5, 2004 10:00–11:30 a.m.

Location: Seminar rooms A&B, Ernst Cultural Center, NVCC

Topic: Why has the price of pharmaceutical drugs gone up so much and is importation of them from Canada a good idea? How is the new Medicare bill going to affect the cost of our prescriptions? What are some other alternative ideas to controlling the price we pay for medicines? Please bring current clippings from newspapers and magazines as well as your opinions. (The weather in February did us in again. This was to have been the topic at our December meeting, which was canceled due to the weather and then again in February. Maybe the third time will be the charm!)

Information: *Sue Swift* (703) 698-8159

Favorite Books Club

Date: Thursday, March 18, 2004, 11:30 a.m. to 1:00 p.m., Mason District Center



Book selection: *The Three Junes*, by June Glass, is set in Greece, Scotland, Greenwich Village, and Long Island and traces the members of a Scottish family as they confront the joys, longings, fulfillments, and betrayals of love in all its guises. **Reviewer:** Martie

Klee. All are welcome, even if you just want to come and see if you'd like to read the book!

March selection: *Missing Susan* by Sharon McCrumb. **Reviewer:** Elaine Cherry. This is our second selection by this versatile and accomplished mystery writer.

Information: Contact *Libby Burge* at (703) 451-2534 or e-mail at mburge@erols.com.

German Conversation Club

We usually meet the second Monday of each month. If you're interested, please call *Arline Sachs* (703) 971-2092.

LLI Singers

The LLI Singers began their Spring rehearsals the first week of February with a new array of lively songs, such as, "Give My Regards to Broadway," and "This Is My Country."

Pianist Shelley Rosenstein, who accompanied the group at LLI's Holiday Luncheon, has returned to accompany us during future rehearsals and performances. We have a lot of fun and enjoy singing together, so if you are interested in joining us, contact *Martie Klee* (703) 644-4931 or e-mail marthaklee@earthlink.net.

Rehearsal Dates (second and fourth Tuesdays): February 24, March 9 and 23, 11:30 a.m.–1:00 p.m., Choir room of the Little River United Church of Christ, on Little River Turnpike across from the entrance to NOVA.

If You Enjoy Good Music...

...but missed Ivo Kalitchev's piano concert on January 18, you have a second chance to hear and see him on Sunday, March 7, 2004, at 3:00 p.m., at the Schlesinger Concert Hall & Arts Center, NOVA-Alexandria. LLI member Fran Chandler speaks very highly of Dr. Kalitchev's musical talents and recommends music-lovers attend this free concert. Dr. Kalitchev was born in Bulgaria, and began playing the piano at the age of six. He earned a Master of Music degree from Yale University and a Doctor of Musical Arts degree from Rutgers. Currently, he is Assistant Professor of Piano at Catholic University.

Calling All Jazz and Swing Dance Aficionados

Check out the Potomac River Jazz Club's 2004 Jazz Jubilee, featuring traditional jazz, ragtime, and big band – great for swing dancers! Date: Sunday, March 21, 2004, 12:00 noon-7:15 p.m. Location: Radisson Hotel Old Town, 901 North Fairfax St., Alexandria, VA (free parking). Cost: \$25.00 at the door. This is a benefit for Hospice Caring, Inc. and the Hospices of the National Capital Region. For additional information, call Virginia Fernbach (703) 751-8369.

Life's Little Truths

(compiled by Alix Strauss)

The great pleasure in life is doing what people say you cannot do. — Walter Bagehot

As long as one keeps searching, the answers come. — Joan Baez

Love yourself first, and everything else falls into line. — Lucille Ball

Life is a succession of moments - to live each one is to succeed. — Corita Kent

The way I see it, if you want the rainbow, you gotta put up with the rain. — Dolly Parton

Life is change; growth is optional. — Karen Kaiser Clark

It's never too late, in fiction or in life, to revise. — Nancy Thayer

We are the hero of our own story. — Mary McCarthy

Life is like a camel: You can make it do anything except back up. — Marcelene Cox

In three words I can sum up everything I've learned about life: It goes on. — Robert Frost



Membership Update

Corrections

Richard J. DiBuono – e-mail:
rjdbuono@aol.com

Knox and Marjorie Singleton — telephone
and fax: (703) 970-3803

New Members

*Welcome! We hope you will participate
in our classes and volunteer your talents
and time to our various committees.*

Mrs. Carol L. Acey, 7920 Colorado Springs
Drive, Springfield, VA 22153; tel.: (703)
455-3836; e-mail: Aceycarol@aol.com

Mr. John B. Acey, 7920 Colorado Springs
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Ms. Sarah M. Bell, 8832 Burbank Road,
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Mrs. Elizabeth Belmonte, 2120 Marlboro
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820-6357; e-mail: ebelmonte@mit.edu

Mr. Joseph E. Belmonte, 2120 Marlboro
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820-6357; e-mail: ebelmonte@mit.edu

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(w) (703) 323-9144; fax: (703) 323-8638;
e-mail: louisessousk@erols.com

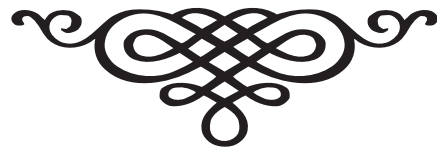
Mrs. Carolyn Mattaino, 4019 Robertson
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Mr. Robert R. Miller, 5421 Moultrie Road,
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e-mail: rrmiller@att.net

Mrs. Rebecca W. Perry, 11001 Cortez Court,
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Mr. William L. Ryon, Jr., 9003 Barb Anne
Court, Springfield, VA 22152-2601; tel.: (703)
451-7062; e-mail: wryonjr@verizon.net



Help the Hospitality Committee

We need volunteers to provide goodies at the
March 1 and subsequent Forum meetings. If you
can help, please call Jane Jones at (703) 799-7812 or
Bo Kelley at (703) 978-2993.

Membership Renewal Reminder

Please check the mailing label on this
newsletter for your membership renewal
date. You must renew in order to register
for courses and to participate in LLI's
many other activities. Please
complete the form in the
Winter/Spring 2004 course
catalogue and mail it to the LLI
office with a check in the amount
of \$100 for each person wishing
to continue with LLI.

