

Understanding the New Medicare and the Old Social Security

June 2004
Volume 8 – Number 5

News & Views

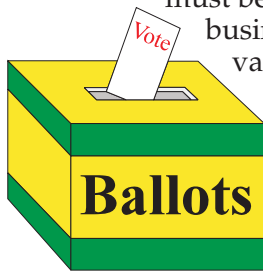
Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

This is the topic to be addressed by Laura Feldman, the guest speaker at our June 7, 2004 Forum meeting. She brings her skills as a teacher to educating senior groups and activists across the country. Ms. Feldman has an extensive working knowledge of long-term care and healthcare issues, as well as Social Security and Medicare, and is a professional advocate and lobbyist for older Americans, believing that the political realities of an aging population are important to all generations. She brings her observations and perspective from “inside the beltway” on the politics of the 108th Congress. Demystifying politics, personalizing them, and making it fun is one of her goals.

Ms. Feldman has been a grassroots organizer for the National Committee to Preserve Social Security & Medicare for the past 13 years. She is a graduate of American University; past president of the Southern Gerontological Society; on the Board of Trustees for the Florida Silver Haired Legislature; was the first Policy Chair for GROW (Grassroots Organization For The Well Being of Seniors); served on the Board of the Maryland Gerontological Association, the Virginia Council on Aging, and NANASP (National Association of Nutrition and Service Providers). She was appointed to the Seniors Cabinet of the Montgomery County Council of Maryland.

Election Reminder

Board of Directors and Officers Candidates: According to LLI’s By-laws, an election must be held at the annual business meeting to fill vacancies on the Board of Directors. Information on the candidates was provided in the May newsletter, but, in case you need a reminder, they are: for President, **Norma Hughes**; for Vice President, no candidate; for Secretary, **Libby Burge**; for Treasurer, **John Davis**; for *Board Members:* **Richard DiBuono, Burton Greenstein, Colletta Hammond, Elizabeth “Betty” Mahon, Don Reynolds, Ed Sadtler**. Nominations for Board vacancies and all officer positions



will be accepted from the floor at the June 7 meeting.

As usual, our meeting will be held in the Forum room of NVCC’s Annandale Campus Cultural Center. Refreshments will be served at 9:30 a.m., followed by the program at 10:00 a.m. Parking is available in the Cultural Center lot – look for the LLI signs.

Lunch Bunch

The Lunch Bunch meet on June 7 around noon, following the Forum/Annual Meeting, at **Squire Rockwell’s Restaurant**, 8700 Little River Turnpike in Annandale. The restaurant features a lunch buffet as well as menu selections. We understand they have hired a French chef and have a new daytime manager. **Directions:** From NOVA turn left on Little River Turnpike to Prosperity, take a right on Prosperity — the restaurant is behind the Exxon Station on the right.

Summer Picnic Reminder

The LLI summer picnic will be held at Mason District Park on June 13, 2004, at 5:30 p.m. It will be followed by a concert featuring the Navy Sea Chanters. For more details please see the May newsletter or call Sally Reynolds, (703) 352-7494, or Virginia Edgell, (703) 780-4537.

Calendar of Events

June 2004

- | | | | |
|-----|---------------------|----|---|
| 1-3 | Trip: Pittsburgh | 9 | Trip: Annapolis, MD House & Garden Tour |
| 7 | Forum | 10 | Board Meeting |
| 14 | German Conversation | 13 | Newsletter Deadline |
| 10 | Trip: Scotland | 20 | German Conversation |
| 11 | Board Meeting | 20 | Newsletter Mailing |
| 13 | Annual Picnic | | |
| | No newsletter | | |

July 2004

- | | | | |
|----|--|----|---|
| — | No Forum; No Newsletter | 1 | Trip: Library of Congress; Ntl. Postal Museum |
| 9 | Trip: Building Museum; Organization of American States | 4 | Forum |
| 14 | Bridge Group | 8 | Board Meeting |
| 22 | Trip: Manassas Battlefield | 11 | Newsletter Deadline |
| 28 | Bridge Group | 18 | German Conversation |
| | | 18 | Newsletter Mailing |

August 2004

- | | | | |
|----|---------------------|------------|---------------------|
| 9 | Newsletter Deadline | 15 | German Conversation |
| 16 | Newsletter Mailing | 15 | Newsletter Deadline |
| 30 | Forum, Fall Kickoff | 22 | Newsletter Mailing |
| | | 30-Dec.1&2 | Trip: Norfolk |

September 2004

December 2004



LLI Board of Directors

President: Lorin Goodrich	Members: Virginia Fernbach, Jane Jones, Martie Klee, Curt Kornblau,
Vice President: Norma Hughes	John Manion, Donald Reynolds,
Assistant Secretary: Gladys Bucklew	Richard Risk, Barbara Rolling,
Treasurer: John Davis	Liz Snively
Past President: Alan Mayer	
President Emeritus: J. Knox Singleton	

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Liz Snively (703) 683-6426 / jns-ginger@comcast.net
Graphic Design/Desktop Publisher: Alfred Brothers
Mailing Coordinators: Libby and Marvin Burge

President's Corner

The April 29 Volunteer Appreciation celebration was delightful; 96 people attended. Many thanks to the planning committee, led by Helen Clark, and to the several members who helped on the day of the event. This was our annual opportunity to review our many accomplishments from May 2003 through April 2004. During that time LLI offered 84 courses at 15 separate locations involving 62 faculty members/lecturers and 27 course coordinators/study leaders. Nine domestic and foreign trips were conducted, and two new special interest groups were created. Also worth noting is that attendance at the nine Forum meetings during this period averaged 142. These numbers speak volumes about LLI's success, due primarily to the generosity of so many talented members. The numerous Volunteer Leaders were recognized at the celebration and we thank everyone who has worked with them.

Your Board of Directors is important to LLI's operations. Several of its current members will be leaving the Board in June: Virginia Fernbach, Martie Klee, Alan Mayer, Richard Risk, and Liz Snively. On LLI's behalf I sincerely thank them for their service. They are very dedicated individuals, many of whom will most likely continue to volunteer in other capacities. Liz, we will miss your excellent work as newsletter editor and we wish you much happiness in your new home in North Carolina.

This is my last column as LLI President. It has been a privilege to serve in that capacity during the last three years. Your support, understanding, and encouragement have meant a great deal. It has been an interesting and challenging tour; I am looking forward to continuing to serve on the Board of Directors, but with the new title of "Immediate Past President".

I hope to see you at the June 7 Forum meeting and at the picnic on June 13.

Lorin Goodrich



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Board of Directors Approves FY 2005 Budget

At its May 14 meeting the Board of Directors prepared and approved a budget for the fiscal year running from July 1, 2004 through June 30, 2005 (see elsewhere in this newsletter). The budget will be discussed during the business portion of the June 7 Forum meeting. LLI is in sound financial condition, largely due to the substantial amount of volunteer time contributed to its operation by so many members. A wide array of educational programs is offered at the bargain price of \$100 a year!

Do We Have Your Current e-Mail Address?

We understand several members' e-mail addresses published in the April 2004 *LLI Membership List* are incorrect. Please contact the LLI office by e-mail (llinova@juno.com) or by telephone ((703) 503-0600) to make corrections. You can also contact the office with a change of mailing address or telephone number. We will publish the changes in future newsletters.

Calling All World War II Veterans

At the June 7 Forum meeting we would like to honor all LLI members who are veterans of World War II. Please contact President Lorin Goodrich if you are a vet.

Class Update

"Great Decisions 2004 Videos" Correction

For **Course 4S05A** please note that, during the August 17 session, a video on Latin America will be presented instead of one on public diplomacy.



Special Interest Groups

Adventures in Eating Group

Due to a number of scheduling conflicts among regular attendees, Adventures in Eating **will not meet in June**. The next scheduled adventure is a Thai dim sum brunch as follows:

Date & Time: Saturday, July 10, 2004, 12:00 noon

Restaurant: Rabieng Thai Restaurant, 5892 Leesburg Pike, Bailey's Crossroads

Directions: From the intersection of Leesburg Pike (Rt. 7) and Columbia Pike, proceed on Leesburg Pike toward Seven Corners. Go through the light at Crossroads Center; pass Duangrat's Restaurant and a Mattress Discounters sign (both on your right). Turn **right** at the next light onto Glen Forest Drive. Rabieng is in the small row of shops on your right; enter the parking area a couple of hundred feet down Glen Forest, approximately in front of Aphrodite Greek Imports. Rabieng is two doors down from Aphrodite.

RSVP Deadline: Wednesday, July 7, to Bev Portman, firse@juno.com, or (703) 560-6740. Reservations are limited.

NOTE: Please wear your LLI name tag and bring your calendar to help plan a date for our next adventure.



LLI Bridge Group

The LLI Bridge Group **will not meet during the month of June**. We plan to get together in **July on the second and fourth Wednesdays (July 14 and 28)**, if

rooms can be reserved for

those dates. Because the **July room reservations are not confirmed** at this time, please **call Bob or Gladys Bucklew**, Chairpersons, at (703) 631-7889 any date you wish to attend to ensure we have the room for

that day. Such calls confirm the meeting date for you and afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. Note that if there are extra people, play is rotated (four hands per game) among all present. Also, most of our players are singles; you do not need a partner to attend. We hope you can join us!

Discussion Group

Date: Friday, June 4, 2004 10:00-11:30 a.m.

Note new location: Little River United Church of Christ, Room 8

Topic: Interrogation of captured prisoners during a war. Should military responsibilities be delegated to private companies in a wartime situation? What are the historic precedents of U.S.-sponsored torture of prisoners in foreign lands? What are the moral and ethical implications of torture? Do you feel the ends justify the means? Please bring current clippings from newspapers and magazines as well as your opinions.

Information: Sue Swift (703) 698-8159

Favorite Books Club

There will not be a meeting in June or July.

Date: August 19, 2004, 11:30 a.m. to 1:30 p.m., Mason District Center

Book Selection: Olive Anne Burns' book *Cold Sassy Tree*. Arlene Gribben will lead the discussion. All are welcome.

Information: Contact Libby Burge at (703) 451-2534 or e-mail at lburge@cox.net.

German Conversation Club

We usually meet the second Monday of each month. If you're interested, please call **Arline Sachs** at (703) 971-2092. **NOTE:** Although we will meet in June, there will be no meetings in July or August. Beginning in September, we will meet on the **third** Monday of each month.

Read the Newsletter Before Anyone Else

Become editor of LLI's Newsletter and you will! I am moving to North Carolina in late June, so must relinquish my "job" as editor. If you have a computer, can read, spell, and like to play with other people's words, you have the necessary qualifications for this position. It is not time-consuming; I spend about 3-4 hours/month maximum.

Most of the articles you read in our newsletters are provided to me by e-mail, I don't write them. Once I have all of them, I put them into one format, make minor corrections for consistency, tweak the punctuation, and e-mail the package to Al Brothers, who does the layout and graphics. I proofread a draft; Al finalizes and leaves the master at his front desk; I collect it, take it to Kinko's, pick it up when it's ready, and take it to LLI's office to help with the mailing.

We do not publish a newsletter in June (the June issue goes out on May), July, or December; we do have a Winter Update, just a couple of pages, that is produced by the editor before Christmas, but it is not done in the standard newsletter format.

The schedule for the newsletter deadlines and mailings is set up once the monthly Forum meeting dates are firm. The newsletter must be mailed two weeks prior to each Forum, so the deadline is one week earlier.

Please give me a call at (703) 683-6426, or e-mail jns-ginger@comcast.net if you are interested. I have a "job description" that I would be happy to share with you.

Liz Snively

Thank You — But Not Goodbye

When I joined LLI four years ago, I had no idea what a great time I was going to have nor how many new friends I was going to make. I have taken classes, led classes, attended meetings and events, served on the Board, and edited the newsletter. Once I am settled in my new home, in Hendersonville, NC, I am going to check out LRI in Asheville. For those who are not familiar with that part of the country, it is beautiful, not congested, has lots of golf courses, and is a little cooler than this area.

In the meantime, thank you all for your kind remarks about the newsletter, but without Al Brothers' layouts and graphics it would be just pieces of paper with text. And special thanks, as well, to Libby and Marvin Burge for handling our mailings with such grace and good humor, and to Mary Davis who has stepped in to pick up at the printer and deliver to LLI when I have been away.

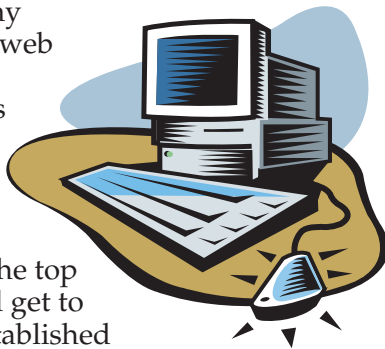
I will leave my new address and phone number with the LLI office, so y'all come visit, y'hear?

Liz Snively



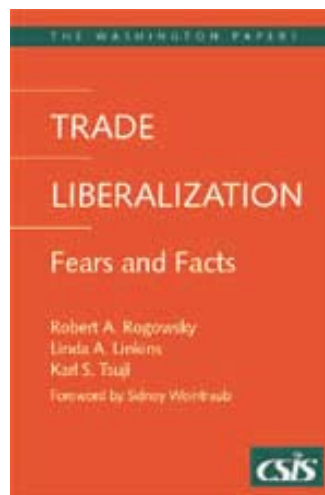
An Easier Way to Access LLI's Web Site

Several members have raised a concern about having to use our lengthy website address, so our web master, Sid Sachs, has worked out a way for us to conveniently access LLI's web site. You now can use <http://lli.nova.org> — just click on the link at the top of the page and you will get to the web site we have established with MSN. Thanks to Sid's efforts there is a wealth of useful information about LLI's programs on the Internet.



May 3 Forum Speaker's Book

During his presentation at the last Forum meeting Dr. Robert Rogowsky referred to a book he had authored. Following the meeting several members asked for more information. The book is titled *Trade Liberalization: Fears and Facts*, and is available



through www.Amazon.com in hard cover and paperback (new & used).

Membership Update

New Members

Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.

Margaret Fisher, Apt. 933, 3440 S. Jefferson Street, Falls Church, VA 22041-3128; tel.: (703) 578-7582; fax: (703) 578-7653; e-mail: mwfisher@cox.net

Robert Huley, 6904 Cedarbrooke Court, Falls Church, VA 22042; tel.: (703) 534-4819; e-mail: roberthuley@cox.net

Betty Kamerow, Apt. 2109, 2121 Jamieson Avenue, Alexandria VA 22314; tel.: (703) 567-0800

Liddell McLeod, 2565 Holly Manor Drive, Falls Church, VA 22043; tel.: (703) 698-8366; e-mail: liddell_mcl@cox.net

Beverly A. Perry, Apt. 5-214, 8380 Greensboro Drive, McLean, VA 22102; tel.: (703) 821-6941; e-mail: BevAPerry@aol.com

Jean Ruben, Apt. 1901, 2151 Jamieson Avenue, Alexandria VA 22314; tel.: (703) 299-9229

Change of Address

John and Mary Manion, Apt. 104, 7452 Spring Village Drive, Springfield VA 22150; tel.: no change

Lucille Martin, Apt. 315, 7452 Spring Village Drive, Springfield VA 22150; tel.: (703) 912-3836

Deceased Member

Bill Martin, husband of Lucille (see above), passed away last winter.

Phone Number Corrections

Lotte Goldman, tel. correction: (703) 451-0238

Doug & Leona Johnson, tel. correction: (703) 549-0474

E-Mail Corrections

Libby Burge, lburge@cox.net

Marvin Burge, marvburge@cox.net

Community Concerts of Fairfax (FCCA) Announces Program

FCCA, a local nonprofit community service organization that brings national and international artists to our community, has just announced their 2004-05 program. The four-concert series is booked in advance and gives artists and musical groups broad exposure and employment. This booking process allows discounted prices for subscribers. The series price of \$40 for adults and \$20 for students is for all four concerts, which are held in Fairfax City High School on weekends. Seats are excellent, parking is free. The 2004-05 series includes:

- ❖ **Oct. 2, 2004 Saturday at 7:30 p.m.** Artie Shaw Orchestra, with music of the big band era. (Can you imagine entertainment from 16 talented musicians for a pro-rated cost of a \$40 subscription?)
- ❖ **Dec. 5, 2004 Sunday at 3:00 p.m.** Tengstrand and Sun, a piano duo. This Swedish and Chinese duo won the 2003 International Two Piano Competition.
- ❖ **Feb. 20, 2005 Sunday at 3:00 p.m.** The Cassidys, a favorite international Irish Folk Group that sings, plays, and entertains.
- ❖ **May 1, 2005 Sunday at 3:00 p.m.** Wincenc and Allen, a flutist and harp duo. Allen is the main harpist with the NY Philharmonic Orchestra.

For further information call Elaine Bogart (703) 273-2547 or Helen Clark (703) 560-7517, or check the FCCA web site, www.fairfaxcommconcerts.org.

Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI's many other activities. Please complete the form in the Summer 2004 course catalogue and mail it to the LLI office with a check in the amount of \$100 for each person wishing to continue with LLI.



Do You Need A Handyman?

In response to his recent inquiry, LLI Treasurer John Davis has received a number of names from LLI members of providers of handyman and other services. The following list has been posted to LLI's web site and will be updated periodically. Please be aware that a person's name on this list does not imply any recommendation by LLI as an organization. LLI assumes no responsibility whatsoever for any aspect of the performance of these individuals. We are simply gathering information and passing it on. The name of the referring LLI member is indicated in parentheses if you have any questions.

Bricklayer

Lyle Mayer (703) 878-1332 (Leah Porzel)

Ceramic Tile

Duffin's Ceramic Tile (703) 502-4376 (Frederick Rook)

Computer

Darby Ford (571) 243-1336 (Alan Mayer)

Doors/Windows

Hodges Co. (703) 532-0184 (Leah Porzel)

General Handyman

Mac McCreery (571) 215-3839 (John Davis)

Peter Houlihan (703) 256-3596 (John Davis)

Douglas J. Montel (703) 455-4106 (John Manion)

Jacobs Ladder (Wayne) (703) 426-4171 (Betty Lee Thatcher)

Mira Construction (703) 321-8811 (John Davis)

Will Grant (703) 281-4185 (Leah Porzel)

Melvin Hernandez (703) 629-5981 (Mary Shea)

Glenn Spilman (703) 217-9234 (Frances Chandler)

Peter Pistolesi (703) 354-7047 (Marilyn Bernard)

Mower Repair

Roy Perry (703) 354-9499 (Alan Mayer)

Painter

Danny Norton (703) 368-9549 (Leah Porzel)

Plumbing

Morgan Plumbing (703) 590-0929 (Alan Mayer)

Tree Work

G & V Tree Service (703) 569-2570 (Alan Mayer)

Glen Ports (703) 323-7061 (John Davis)

Wallpaper

Tom Faid (703) 430-7350 (Leah Porzel)



Three outstanding NVCC students have been selected by LLI's Student Awards Committee (Alan Mayer, Chair; Doris Balinsky, Dr. Barbara Saperstein, Knox Singleton, and Mary Underwood) to be this year's winners of the \$2000 grant and scholarships. All three students will be presented with their awards at the June 7 Forum meeting.

The *Student Leadership Grant* goes to **Gurleen (Twiggy) Tiwana**. Twiggy was last year's runner-up for this award. Originally from India, she is one of the principal student leaders involved in a number of activities on and off campus. With a 3.8 GPA she is working toward a PhD in Economics and hopes to some day work for the World Bank or U.N. With an engaging smile and outgoing nature, you can't help loving this woman.

The *Annandale Campus Scholarship* was won by **Rukshand (Rose) Hasham**. Rose is a Physics major who plans to attend MIT to pursue a degree in Aerospace Engineering. Eventually she wants to work for NASA. She is President of the NVCC Chapter of the Society of Physics Students; volunteers at the Annandale Adult Day Care Center; and helps to provide support for her family of four by working at a Crystal City hotel. Originally from Pakistan, this remarkable young lady is an outstanding example of a hard-working, determined individual, balancing her personal ambitions with the desire to help her family and others.

Winner of the *Medical Education Campus Scholarship* is **Cherie Sandifer**. Cherie, an older student with a degree from Florida State University, has returned to college to pursue a new career in Respiratory Therapy. She was employed as a computer technician but found it unrewarding, preferring to work with people. Currently she works in the Virginia Hospital Center Emergency Department where she takes great satisfaction from helping both young and old patients who have respiratory problems. This scholarship will allow her to become a registered Respiratory Therapist (RT). After completing her education, Cherie's long-term goal is to teach at the new Medical Education Campus of NVCC.

Lifetime Learning Institute

Budget for Fiscal Year 2005

(July 1, 2004 through June 30, 2005)

INCOME

Membership Dues	\$ 33,000.00
Dividends Reinvested	150.00
Total	\$ 33,150.00

EXPENSES

Administrative Staff	\$ 8,500.00
Classroom Rental	3,700.00
Financial Systems	300.00
Furniture/Equipment/Services	1,000.00
Honoraria	600.00
Insurance	1,250.00
Publications Design	1,800.00
Office Supplies	1,650.00
Outside Printing	4,500.00
Postage	2,400.00
Teaching Materials	400.00
Refreshments	3,300.00
Special-Holiday Luncheon	600.00
Special-Volunteer Event	1,200.00
Telephone	1,400.00
Other	550.00
Total	\$ 33,150.00

INCOME OVER EXPENSES \$ 0.00

Prepared by the
Budget and Finance Committee
April 6, 2004
Approved by the Board of Directors
May 14, 2004