

Washington Post Columnist Abigail Trafford Addresses November 1st Forum

November 2004
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News & Views

Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

Don't miss Abigail Trafford's talk about "Dreaming in My Time: the Importance of Experimentation." Ms. Trafford's column, "My Time", appears in the Post's Health Section on Tuesdays. She will speak about the role of experimentation for each individual in finding "what's next?" and in discovering the potential and rewards in giving back to the community. Ms. Trafford is the author of *Crazy Time*, and more recently, *My Time: Making the Most of the Rest of Your Life* (Basic Books, January 2004).

We hope to see you at 10:00 a.m. (refreshments at 9:30) at the Ernst Cultural Center, NVCC Annandale campus. The Forum room is on the second level. Parking is available in the Center's lot (look for "LLI Parking" signs). PLEASE TRY TO CARPOOL SINCE PARKING MAY BE LIMITED. Thanks.

Lunch Bunch

The Lunch Bunch will meet at **Temel's Restaurant** in the Stryker Shopping Mall opposite the Home Depot store near Fairfax Circle. The address is 3232 Old Pickett Rd., Fairfax City. The restaurant features Turkish Mediterranean foods in a cozy setting. **Directions from NOVA:** Take a left on Little River Turnpike (Rt. 236) toward Fairfax, then take a right on Pickett Rd. (passing Firestone Garage on right). On Pickett Rd. take left on Old Pickett Rd. Past the recycling area on the left, turn into Stryker Shopping Mall on right and proceed on right side next to Charley's Watch Repair. Phone (703) 352-5477.

Annual Report to the Membership

(July 1, 2003 – June 30, 2004)

The Lifetime Learning Institute of Northern Virginia (LLI) can proudly point to a successful year. From its modest beginning in 1996 when 38 energetic people dedicated themselves to establishing an educational program for seniors LLI has grown to 339 members as of June 30, 2004.

It is important to reflect on how LLI has achieved its current membership level. An aggressive recruiting campaign was essential during the formative years. However, we are now able to maintain an acceptable (and operationally manageable) level with minimal advertising.

"Word-of-mouth" publicity by our members is the ideal recruiting approach since it reflects member satisfaction.

Volunteerism in LLI continues to be very strong resulting in rewarding experiences and the ability to offer a wide-ranging program at the bargain annual cost of \$100.

LLI is indeed fortunate to have the solid support of its sponsor—the Northern Virginia Community College (NVCC), Annandale campus. During this past year 16 faculty members offered classes. We continue to benefit from the support and guidance of the campus Provost, Dr. Barbara Saperstone. We also appreciate Dr. Robert Vaughn's assistance along with his staff in the Office of Continuing Education and Workforce Development.

You can readily see from the financial condition report LLI is in a comfortable position to continue offering quality programs. As we enter our ninth year we are confident that we can continue providing an educational experience attractive to new members while maintaining the interest of its long-standing members. LLI will always be open to

Continued on next page

Calendar of Events

November 2004

- | | |
|-------------|---------------------|
| 12 | Board Meeting |
| 17 | Newsletter Mailing |
| 1 | Forum |
| 12 | Board Meeting |
| 15 | Newsletter Deadline |
| 22 | Newsletter Mailing |
| 30-Dec. 1&2 | Trip: Norfolk |

December 2004

- No Forum; No Newsletter
- 9 Holiday Luncheon
- 10 Board Meeting; Winter Update Deadline
- 17 Winter Update Mailing

January 2005

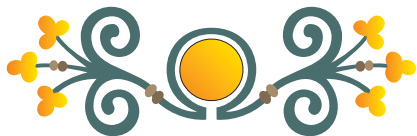
- 3 Forum
- 7 Newsletter Deadline

February 2005

- 7 Forum
- 11 Board Meeting; Newsletter Deadline
- 21 Newsletter Mailing

March 2005

- 7 Forum
- 11 Board Meeting; Newslett. Deadline
- 21 Newsletter Mailing
- 28-Apr. 1 Trip: Charleston, SC



Correction

The October newsletter item regarding cards of concern that LLI sends to members contained an error in the email address for Arlene Gribben. The correct address is arlenegribb@aol.com; (703) 569-0357 is the correct phone number.

LLI Board of Directors

President: Norma Hughes	Members: Gladys Buklew,
Vice President: Vacant	Libby Burge, Richard DiBuono,
Secretary: Libby Burge	Burt Greenstein, Colletta Hammond,
Treasurer: John Davis	Jane Jones, Curt Komblau,
Assistant Treasurer: Warren Hynes	Betty Mahon, John Manion,
Past President: Lorin Goodrich	Don Reynolds, Barbara Rolling,
President Emeritus: J. Knox Singleton	Edward Sadtler, J. Knox Singleton

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Liddell McLeod (703) 698-8366 / liddell_mcl@cox.net
Graphic Design/Desktop Publisher: Alfred Brothers
Mailing Coordinators: Libby and Marvin Burge

Annual Report to the Membership

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change and new ideas while resisting the temptation to take on more than can be done well by its members, who volunteer their time and talents.

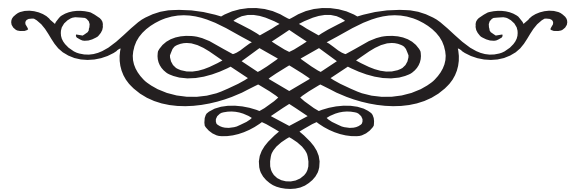
On behalf of LLI's Board of Directors I thank you for your continuing interest and support. I trust you believe as I do that our best years are ahead of us.

*Norma Hughes, President
October 1, 2004*

LLI Highlights

for Fiscal Year Ended 6/30/04

- 339 people were members in good standing (248 women, 91 men).
- 63 faculty members and lecturers (including 16 from the NVCC faculty) offered 84 courses at 17 separate locations.
- Nine (9) meetings were held with an average attendance of 137.
- Nine (9) educational trips were conducted (domestic and international).
- Ten (10) special "interest groups" were offered.
- Three (3) successful social events were held.
- Two (2) student scholarships and one (1) student leadership award of \$2,000 each were awarded with the generous member contributions.
- LLI actively participated in the Mid-Atlantic Elderhostel Institute Network (EIN) conference. Two LLI members (Virginia Fernbach and Louise Sousk) made presentations.



In Memoriam



LLI members extend our deepest condolences to Norma Fisher and her family on the loss of her husband, Fred. Fred was a devoted LLI member who most recently served on the Audit Committee.



Lifetime Learning Institute of Northern Virginia

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China — Fall 2005

If you are interested in a trip to China next October, please email Sidney and Arline Sachs at sachs@nova.org or call them at (703) 971-2092. In addition to their comments that follow, trip information is available on the web page at LLI.nova.org where you can click on China.

We have done some research and suggest a Grand Circle tour starting on October 24, 2005 for 3 weeks. This would give us a chance to see a lot of China. There is also a possible extension for another 3 days to Bangkok. We recommend Grand Circle because we have traveled with them several times and no one has ever had any problems because of food. A list of tentative participants shows that 15 are interested. A discount is available if more than 10 people go. The 11th person goes free. The savings would be split among the whole group. If you have traveled with Grand Circle or Oats before you may get an additional discount.

Please contact us ASAP. We hope to have a meeting in November to get details set and assure our booking reservations. — *Arline and Sidney Sachs*

Handicapped Parking on Campus

NVCC does not issue special parking permits for the handicapped. Permits issued by the Department of Motor Vehicles in any state and the District of Columbia are honored on campus. Vehicles displaying DMV-issued handicapped permit or plates are authorized to park in any space marked for the handicapped. The permit must be properly displayed and used only by the persons to whom they are issued.



Special Interest Groups

Classical Music Appreciation

This group meets each month at the home of Ferne Beyer, 7318 Spring Court, Springfield, VA. We listen to and discuss classical music selections prior to attending a free concert where they will be performed. Please join us!

For information on the date and time call Lynne Smaldone at (703) 525-9623.

LLI Bridge Group



The LLI Bridge Group will meet October 28 (Thursday), November 10 (Wednesday), and December 7 (Tuesday), 2004, at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Because of the various holidays in November and December we will only

meet once each of those months.

Please call Bob or Gladys Bucklew, Chairpersons, at (703) 631-7889 any date you wish to attend to insure we have the room for that day. Such calls not only confirm the meeting date for you but also afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. Note that if there are "extra" people, Bridge play is rotated (four hands per game) among all present. Also, most of our players are "singles"; you do not need a partner to attend. We hope you can join us!

Discussion Group — Everyone

Welcome (no need to register)

Date: Friday, Nov. 5, 2004 10:00-11:30 a.m.

Location: Seminar rooms A & B, Ernst Cultural Center, NVCC

Topic: *China: The Sleeping Colossus Awakens.* Will China emerge as a superpower? With one-fifth of the world's population, China is the second largest importer of oil. It has become a major exporter of trade goods and the U.S. currently imports more from China than we export to them creating a negative balance of trade. What does this portend for the future? Please bring current clippings from newspapers and magazines as well as your opinions.

Information: Sue Swift (703) 698-8159

Favorite Books Club

Date: Thursday, November 18, 2004, 11:30 a.m. to 1:00 p.m.

Location: Mason District Governmental Center.

Book selection: *Life of Pi* by Yann Martell. Mary Davis will lead the discussion of this story of a boy's efforts to survive in difficult circumstances. All are welcome.

Information: Contact Libby Burge at (703)451-2534 or email at lburge@cox.net.

German Conversation Club

We meet on the third Monday of each month.

Note: We will not meet in December 2004.

If you are interested, call Arline Sachs at (703) 971-2092.

Volunteers

*Many will be shocked to find,
when the day of judgment nears,
That there's a special place in heaven
set aside for volunteers,
Furnished with big recliners,
satin couches, and footstools
Where there's no committee chairman,
no group leaders or carpools,
No eager team that needs a coach,
no bazaar and no bake sale.
There will be nothing to staple,
not one thing to fold or mail.
Telephone lists will be outlawed,
but a finger-snap will bring
Cool drinks and gourmet dinners,
and rare treats fit for a king.
You ask who'll serve these privileged
few and work for all they're worth?
Why, all those who reaped the benefits
and not once volunteered on earth.*

Author Unknown



Campus Renovations Underway & Planned

As you drive on campus, you are probably noticing some construction activity — the most prominent being near the Wakefield Chapel Road entrance. With the opening of the Medical Education Campus in Springfield financing became available for making several physical improvements on the Annandale campus. Noted below are the renovation activities that will take place in the coming months.

- Over the next year a multi-level parking garage will be constructed near the Wakefield Chapel Road entrance providing at least 500 spaces. Assignment of the spaces in this facility has not been determined. Please note that the Cultural Center lot where LLI parks for Forum meetings and on-campus classes will not be affected during construction.



- Renovations in the CT/TV-Tech Building, started last summer, will be completed in December. Computer labs will be consolidated and a few more classrooms will be available.
- From January until late summer 2005 the CN (Nursing) Building will be closed for a complete renovation.
- Starting in the fall 2005, the CS (Schuler) Building will be undergoing renovation for about 18 months. All of the science labs and science learning centers will be improved. LLI will permanently move its office from CS to another location on campus next fall.
- Upgrades to the cooling/heating systems in the CG (Godwin), CF (Food Service) and CC (Classroom) buildings are in the plans, as are landscaping and paving improvements.

These renovations are long overdue. We look forward to their completion. However, we anticipate having fewer LLI classes on campus during the next 18 to 24 months. Rest assured that your Board of Directors and the Curriculum Committee is committed to continue providing you with the same level of course offerings that you now enjoy.

“Society’s Challenges — What Does the Future Hold for Us?” (Course 4F22P)

Registration for this course has exceeded capacity. Several people were placed on a waiting list. If you were accepted for the class (November 3 and 10) and find your plans change, please let the course coordinator, Lorin Goodrich, know immediately so that some of those on the waiting list can attend. Waiting list registrants — please do not come unless you are called. Lorin can be reached at (703) 425-9574 or by e-mail at lorin.goodrich@erols.com.



Membership Update

New Members

Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.

Bill and Shirley Carson, 7416 Spring Village Drive T15, Springfield, VA 22150, (703) 913-6088, bill-shirl-carson@aeitv.net.

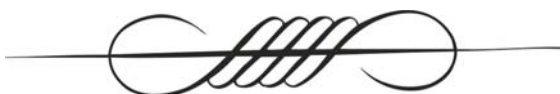
Susan and David Drachsler, 3313 Carolina Place, Alexandria, VA 22305, (703)549-5670, sdrachsler@comcast.net.

Membership Directory

Your membership directory is in the mail. Please verify your information and call the office if a change is needed.

Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI’s many other activities. Please complete the form in the course catalogue and mail it to the LLI office with a check in the amount of \$100 for each person wishing to continue with LLI.



Income & Expenses, Fiscal Year 2004

Revenue

Member dues	\$ 33,100.00
Dividends/market fluctuations	121.63
Total	\$ 33,221.63

Expenses

Contract services	\$ 9,000.00
Printing	5,386.58
Refreshments (e.g., "Forums", "New Members' Coffee") ..	3,644.96
Publications design	1,935.00
Mailings	1,736.22
Classroom rental	1,662.50
Office supplies	1,619.50
Special events	1,545.80
Conferences	1,500.00
Insurance	1,213.00
Telephone	1,160.34
Honoraria	568.00
Teaching materials	230.61
Financial system	135.75
Furniture & equipment	50.12
Miscellaneous/taxes/fees	441.15
Total expenses	\$ 31,829.53

Net revenue in excess of expenses*** **\$ 1,392.10**

(*** Amount added to Members' equity along with \$2,330.08 net gain from special activities)

Financial Condition as of June 30, 2004

In accordance with Article VIII (1) of LLI's by-laws a statement of financial condition resulting from an audit is hereby presented to the membership. The Audit Committee (LLI members Tom Buchanan and Fred Fisher) presented its findings to the Board of Directors on August 12, 2004. The auditors reported "...we are of the opinion that the balance sheet, income statement, and special activities report present the financial position and results of operations in an accurate and satisfactory manner." A copy of the auditor's report is available in the LLI office. Please call the office at (703) 503-0600 to make arrangements to read it.

Here is a summary statement of the financial position as of June 30, 2004:

Assets (cash & equivalents)..... \$ 43,276.05

Liabilities, Restricted Funds & Members' Equity

Current liabilities	\$ 4,332.41
Student award/scholarships	6,209.60
Members' equity	32,734.04
Total	\$ 43,276.05