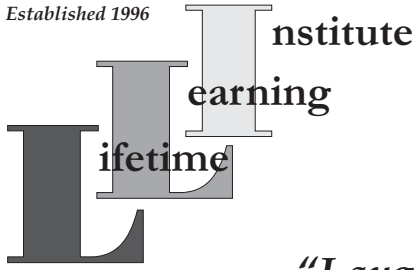


Established 1996



# A Double Bill for the June 6 Forum

June 2005  
Volume 9 – Number 5

## “Laughter & the Good Life”

and

### LLI’s Annual Business Meeting

**Guest Speaker:** Art Gliner will talk with us about the importance and practical value of laughter and humor. Humorous people develop certain mental skills enabling them to see everyday situations in the most positive light. Everyone has some of these skills and everyone can acquire more of them. Art maintains this “quest” is worthwhile — especially to help us deal with the changes and challenges inherent in life’s adventure. Get ready to laugh and learn as you hear about the wonderful world of funniness.

Art has been a practitioner of humor since 1959 and is currently on-the-air at WGMS, Classical 103.5. He founded the Center for Humor Studies at the University of Maryland in 1998.

**Business Meeting:** According to Article IV of the LLI bylaws, a general membership business meeting must be held each year. This year’s meeting is scheduled immediately after the June 6 Forum. The budget for fiscal year 2006, approved by the Board of Directors May 13, will be discussed. Members will then have the opportunity to vote on proposed amendments to the bylaws and candidates for the Board. Please refer to your May newsletter to review proposed bylaws changes and the Nominating Committee’s slate of candidates. The budget for next fiscal year appears in this newsletter.

The Forum room is located on the second floor of the Ernst Cultural Center, NVCC Annandale. Coffee and refreshments will be served at 9:30 a.m. and the meeting will begin promptly at 10:00 a.m.

**PARKING** is available in the Cultural Center lot. Look for detour signs when entering the campus from Wakefield Chapel Road. Drive to the next intersection, turn left, go beyond

### Lunch Bunch

The Lunch Group has reservations on Monday, June 6, at **Ribster’s Restaurant** in Annandale at 7243 Little River Turnpike. The restaurant specializes in BBQ, ribs, sandwiches and entrees at a modest cost. **Directions from NOVA:** Turn right on Route 236 toward Annandale. Ribster’s is under 2 miles from the college on the right at the corner of 236 and Ravensworth.

the fenced construction area and turn left again. Proceed to the end of the row of parking spaces, turn right and look for our “LLI Parking” sign. **NOTE:** If the spaces in the usual lot are filled, you may park in spaces directly behind the lot. The gate at the lower end of the Cultural Center lot will be open to accommodate the overflow.

### Future Forum Speakers

There will not be a Forum meeting in July. Please plan to attend on Monday August 29 when former CIA officer Garrett Cochran will speak about “The Ongoing Reorganization of the Intelligence Community — Pros and Cons.” We are starting to line up speakers for future meetings. Your ideas are important; please express them by responding to question number 9 on the “Views of the Members” survey included in the April 2005 “LLI Membership List.” You can also contact Lorin Goodrich at 703-425-9574 or [lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net).

### Five Tickets Still Available for *Hairspray*

Call Helen Clarke at 703-573-1671 if you are interested in buying a ticket to see *Hairspray* on July 16.

News & Views

Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350

# Calendar of Events

## June 2005

- 2 Trip: Fredericksburg
- 6 Forum
- 10 Board Meeting
- 14 Picnic: Fort Hunt

## July 2005

- No Forum
- 14 Planning Retreat
- 20 Trip: National Museum of the American Indian

## August 2005

- 5 Newsletter Deadline
- 5 Trip: George Washington Masonic Nat'l Memorial
- 15 Newsletter Mailing
- 25 Trip: Canadian Rockies (11 days)
- 29 Forum

## September 2005

- 9 Newsletter Deadline
- 9 Board Meeting
- 19 Newsletter Mailing
- 20-23 Trip: Mid-Hudson River Valley (4 days)

## October 2005

- 3 Forum
- 7 Trip: Virginia Arboretum
- 14 Newsletter Deadline
- 14 Board Meeting
- 23 Trip: China (3 weeks)
- 24 Newsletter Mailing

## November 2005

- 4 Trip: Baltimore and Evergreen House
- 7 Forum
- 11 Board Meeting
- 11 Newsletter Deadline
- 21 Newsletter Mailing

## December 2005

- No Forum; No Newsletter
- 2 Trip: Mt. Vernon
- 8 Holiday Party
- 9 Board Meeting
- 9 Winter Update deadline
- 19 Winter Update mailing



## Lorin Goodrich Honored by Fairfax County

On May 6, 2005, Fairfax County Department of Community and Recreation Services presented an "Outstanding Senior Adult Award" to LLI past president and current Board member, Lorin Goodrich. The award recognizes Lorin's exceptional commitment to the senior adult program of Fairfax County. Although Lorin was nominated by the Annandale chapter of NARFE, he was also cited for his work with LLI. Congratulations to Lorin!

*(Special request to LLI members from the Editor: If you learn of an LLI member who is recognized for contributions to the community, please submit the information for publication in our newsletter.)*

## In Memoriam

### Robert Beyer



Long time member Robert Beyer passed away on April 30, 2005, following a long illness. Bob actively participated in several LLI courses and programs. He worked tirelessly to arrange for many interesting Forum speakers. Bob will be especially remembered for his presentations and insights at Discussion Group meetings.

LLI will miss Bob. Several LLI members attended his burial service on May 3 at King David Cemetery in Falls Church during which Rabbi Aft spoke of Bob's continuing desire to learn. We offer our heartfelt sympathy to Ferne, his wife of 54 years, and to his loving family. We look forward to Ferne's continuing association with LLI.

**Special note:** *Ferne would like to express her deep gratitude for the outpouring of support and sympathy she has received from fellow LLI members.*

### LLI Board of Directors

**President:** Norma Hughes

**Secretary:** Libby Burge

**Treasurer:** Phil Runge

**Assistant Treasurer:** Warren Hynes

**Past President:** Lorin Goodrich

**President Emeritus:** J. Knox Singleton

**Members:** Gladys Buklew,

Richard DiBuono, Burt Greenstein,

Colletta Hammond, Paul Hopler,

Jane Jones, Curt Kornblau,

Betty Mahon, John Manion,

Liddell McLeod, Don Reynolds,

Barbara Rolling

**Administrator:** Laura Charron

### Newsletter Staff

**Newsletter Editor:** Liddell McLeod (703) 698-8366 / liddell\_mcl@cox.net

**Graphic Design/Desktop Publisher:** Alfred Brothers

**Mailing Coordinator:** Colletta Hammond



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### Exercise for Seniors

NVCC Physical Education Department is offering a special course for Seniors beginning May 17, and continuing for 12 weeks. Participants may join any time during that period. The classes will take place on Tuesday and Thursday from 10 am to 12 noon. The first hour will be weight training, and the second hour will be Hatha Yoga. The classes will be held in the weight room and the dance room at the Ernst Cultural Center Building. To participate, you must register in the Continuing Education Department on the upper level at Ernst Cultural Center Building.

**Get Ready for the Picnic!**  
Remember to send in the flyer to sign up for the picnic June 14. And dig out your Hawaiian attire!

**Deadline for Sept. newsletter input is Aug. 5.**



### Board of Directors Approves FY2006 Budget

At its meeting, May 13, the LLI Board of Directors prepared and approved a budget for the fiscal year running from July 1, 2005 through June 30, 2006. (See insert.) The budget will be discussed after the forum at the business meeting June 6. LLI is in sound financial condition, largely owing to the substantial amount of volunteer time contributed to its operation by so many members. A wide array of educational programs is offered at the bargain price of \$100 a year!



# Special Interest Groups

## LLI Gourmands

Sally Reynolds organized the April LLI Gourmands event. Thirteen members met at the new Wegmans in Fairfax and selected lunch from an extensive array of mouth-watering items. After dining and discussing upcoming events (May — Chez André; June — A Hands-On Lesson in Italian Cuisine), some then grabbed a grocery cart and explored the store for take-home items.

## Discussion Group – Everyone Welcome

(no need to register)

**Date:** Friday, June 3, 2005, 10:00 – 11:30 a.m.

**Where:** Choir Room, Little River United Church of Christ

**Topic:** Does the Development of our Local Communities Need to be Better Controlled?

Everywhere we turn, we are constantly seeing new construction of high-rises, condo developments and “McMansions.” This in turn brings more and more traffic congestion. Some people feel the answer is to just keep building more roads. Other people feel that the developers are getting to build whatever they want and limits need to be placed on future construction. How do we reconcile the need for open land with urban sprawl? Do we really need million dollar homes? Please bring current clippings from newspapers and magazines as well as your opinions.

**Information:** Sue Swift (703) 698-8159

## Bridge Group

The LLI Bridge Group will meet on June 8 and 22 (both Wednesdays), 2005, at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Please call Bob or Gladys Bucklew, Chairpersons, at 703-631-7889 any date you wish to attend to insure we have the room for that day. Such calls not only confirm the meeting date for you but also afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. Note that if there are “extra” people, Bridge play is rotated (four hands per game) among all present. Also, most of our players are “singles”; you do not need a partner to attend. We hope you can join us!”

## Summer Breaks for Three Special Interest Groups

The **Music Appreciation Group**, the **German Conversation Group**, and the **Favorite Books Club** will not meet in June, July, and August.

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## “Great Decisions 2005” Materials to Be Donated to NVCC Library

During the past two months some 40 members have enjoyed participating in the annual “Great Decisions” series. The videos will be presented again during Course 5S08A in August after which they will be donated to the college library for use by faculty and students. It would be appreciated if any of the participants in the spring sessions were to donate their books for donation as well. These books will be used during the summer LLI sessions prior to making the library donation. Lorin Goodrich will be glad to collect your books at the May 26 session, or you may give them to him at the June 6 Forum meeting.

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## President's Corner

*I look forward to seeing everyone at the June 6 Forum. I guarantee that the guest speaker will be entertaining and the business meeting to follow will be informative. The next Forum meeting will be held August 29. The Board of Directors will not be taking a vacation, but will conduct its annual retreat on July 14 to review the past year's activities and to plan and establish goals for the coming year and beyond. The next regular newsletter will be published in August, giving our newsletter editor a well deserved break; if needed, a condensed Summer Update may be issued. See you at the Forum and also at our Luau picnic on June 14, which is guaranteed to be fun filled.*

Norma Hughes



## 2005 LLI Student Award Winners Chosen

The winner of the 2005 Leadership Grant is Erin Quigley. Erin is an outstanding leader on the Annandale campus currently serving as Vice President of the Student Government Association and a number of other campus activities including the Phi Theta Kappa Honors Society. She has a 3.78 GPA majoring in International Affairs.

The winner of the 2005 Annandale Campus Scholarship is Abdel Rahman Zahr. Abdel is a science major with plans to move on to a four year university. His career goal is to become a physician specializing in pediatrics. He has served for the past two years as President of the Muslim Student Association on campus and is active in various community service activities including Volunteer Fire Fighter at the Dunn Loring Fire Station.

Both of these two outstanding students will be presented \$2000 checks at the Forum on June 6.

There were no qualified candidates for the Medical Education Campus (MEC) scholarship. The Committee voted to carry over the funds to next year. We will consider offering three scholarships in 2006.

The members of the Committee were Alan Mayer (Chair), Knox Singleton, Doris Balinsky, Mary Underwood, Barbara Saperstone (Provost, Annandale Campus), Marie Nieto-Shahsavarian (MEC).

## Local Study Sessions for Canadian Rockies Trip Are Open to All LLI Members



As noted in the May newsletter, the LLI Study/Travel group that is heading for the Canadian Rockies will have three classes before the trip. Speakers

will cover history, culture, and geology. Sessions will feature slides. All LLI members are welcome to attend.

Please check the May newsletter for details on time, place, and directions and call Virginia Fernbach at 703-753-8369 if you are going to attend.

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## Membership Update

### New Members

*Welcome! We hope you will participate in our classes and volunteer your talents and time to our various committees.*

**Ms. Carol L Buckingham**, 4941 Americana Dr., #112, Annandale, VA 22003; 703-941-5503; cell 703-801-1817; [cbuckingham1@cox.net](mailto:cbuckingham1@cox.net)

**Mr. Joseph A. Gildea**, 6251 Old Dominion Dr., Apt. 376, McLean, VA 22101, 703-970-3892; [joegildea@aol.com](mailto:joegildea@aol.com)

### Re-joined

**Ms. Betty Beaubien**, 5310 Old Castle Lane, Springfield, VA 22151; 703-426-2803

**Gladys B. Keating**, 5909 Parkridge Lane, Franconia VA 22310; 703-971-7421; Fax 703-971-1470

### Directory Corrections and Changes

**Hazel Cowles**: 703-671-0153

**Sharon K. Jaffee**: [skjaffee@juno.com](mailto:skjaffee@juno.com)

**Barbara Serage**: [barbara.serage@starpower.net](mailto:barbara.serage@starpower.net); remove fax number

**Mary Ann Snyder** (not Synder): [maryannsnyde@aol.com](mailto:maryannsnyde@aol.com)

**Jan Vanderstaay**, 309 Yoakum Pkwy, #515, Alexandria, VA 22304

**Jack and Peggy Wyatt**: [jackandpeggy2002@yahoo.com](mailto:jackandpeggy2002@yahoo.com)

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## Note from Morton Bachrach, Former Member

Dear Ms. Gribben,

Thank you for your sympathy card and your kind note. It has been some time since we were able to participate with Lifetime Learning. It is so nice that they thought of Carol.

Fondly,  
Mort Bachrach

Poem by LLI Member Eda R. Pickholtz

## Substitution

*For all these years, since I've been small  
I've always been afraid to fall.  
Never learned to ride a bike,  
Roller-skate, take a steep hike.  
One day a tiny ad I read  
"Learn to tap dance" the blurb said.  
"I think I can learn, I'd like to try.  
It's hard to fall, and it's nearby."  
Learning the dance steps is good for your brain.  
We hear the old music as we train:  
"New York, New York," "When I'm 64,"  
"Alexander's Ragtime Band," grand music from  
before.  
Throughout these years we've bought costumes  
We've put on shows in numerous rooms  
Nursing homes and nearby malls  
Local clubs and Shriner's halls.  
You don't need perfection to be a star  
Just lots of practice and "chutzpah"!*

---

## Your Chance to Be Heard



Have you returned your survey? It was sent to you along with the *April 2005 Membership List*. Please send it to the office by June 6 or bring it with you to the June Forum. LLI needs your opinions. Make sure you take this opportunity to get your ideas and comments to the Board.

## Spontaneous Combustion?

Absolutely not. A combination of energy and effort from LLI members is the source of LLI's ability to provide the good classes and teachers we enjoy every year. Please consider adding your energy and effort to the mix. Contact any member of the Curriculum Committee, or chair, Paul Hopler, to join the cause.

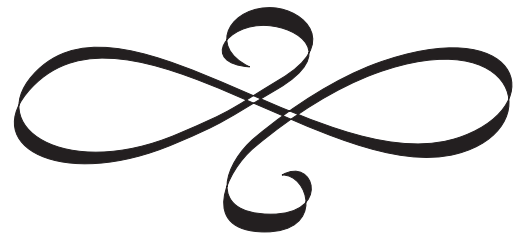
## Another Success from Bonnie Hopler and Her Committee



LLI volunteers and other LLI members were treated to a delicious breakfast and delightful entertainment on April 26. The "Hats Off" theme was great fun. Quite a variety of hats were scattered around the Forum room. The talented LLI Non-Singers brilliantly performed an original production number by Marie Baglio.

## Class Registration Deadline

June 6 is the last day for registering for Summer 2005 classes. See your catalog and sign up now. Don't forget to send a self-addressed, stamped envelope with your registration form.



## Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI's many other activities. Please complete the form in the Summer 2005 course catalogue and mail it to the LLI office with a check in the amount of \$100 for each person wishing to continue with LLI.

