

Owner of Cinema Arts Movie Theater Speaks at Next Forum

Tuesday, April 1, 2008 10:00 a.m. Social Hour Starts at 9:30 a.m.

Movies are a huge business and a major part of our cultural and entertainment life. Like the vanishing dinosaur, every year it seems that there are fewer independent movie houses which show the kind of cinema we love to see. Mark O'Meara, owner of Cinema Arts and the University Mall Theatres, will describe the joys and challenges of operating an independent theater. He will speak about his passion for cinema, his methods for selecting films, his best practices in managing employees, and the current artistic and business trends in the movie industry. Time-permitting, he will test our knowledge with a light-hearted movie pop quiz.

Please Note: *Parking is in the pay parking garage. Parking in the B and C lots is by permit only;*

Lunch Bunch

John Bogart bogartje@cox.net

The Lunch Bunch will meet after the April Forum meeting at *P.J. Skidoo's Restaurant*, 9908 Fairfax Blvd (extension of Arlington Blvd. in Fairfax City), phone: 703-591-4515. One of the more popular restaurants in the city, it features moderately priced sandwiches and luncheon items.

Directions: From NOVA turn left onto Route 236 toward Fairfax City. Turn right onto Prosperity Ave. to Arlington Blvd. Turn left onto Arlington Blvd., past Fairfax Circle to Skidoo's on the right, next to Regency Furniture, before Rebel Run St. Additional parking is behind the restaurant.

RSVP — The Retired and Senior Volunteer Program

At the March Forum, Virginia Fernbach called attention to the RSVP display (pictured on page 7), which provided information regarding this Federally sponsored program, administered locally by the Campagna Center in Alexandria, serving the City of Alexandria and Arlington and Fairfax Counties. The RSVP program is designed to encourage people 55 and over to volunteer their skills and experiences at approved agencies, and to offer benefits and support to those already giving volunteer service. There is no cost to enroll in RSVP and the benefits of membership are many, including: 1) free accident, supplemental personal and auto liability insurance while volunteering or en-route; 2) reimbursement of transportation expenses to and from assignments if needed (maximum of \$20 per month); and 3) social and recognition events. In return for these benefits, RSVP asks only that members make an earnest commitment to volunteering and send a monthly report to RSVP of their volunteer hours.

Program literature and enrollment forms were provided at the Forum. For LLI members who were not able to attend and wish to enroll or have questions, you may call the Campagna Center at 703-549-0111. For more information, visit *www.campagnacenter.org* and *www.getinvolved.gov*.



Course Change

Course 8W14A (Using DNA in Genealogy)

Time is changed to 1:30 p.m.; the date is the same. There are still a few openings for the course; contact the LLI Coordinator, Arline Sachs 703-646-5606, if you want to attend.

Course 8W43 (History Presentations by NVCC Faculty)

Professor Mary Zimmerman's discussion about "Women in Myth and Fairy Tale" has been rescheduled from May 13 to Monday, April 7, 1:30 a.m. to 3:00 p.m., Seminar Rooms C & D.

Calendar of Events

April 2008

- 1 Forum (Tues.)
- 4 Trip: Marine Corps Museum
- 11 Board meeting
- 11 May newsletter deadline
- 21 Newsletter mailing

May 2008

- 6 Forum (Tues.)
- 9 Board meeting
- 9 June newsletter deadline
- 19 Newsletter mailing

June 2008

- 2 Forum (Mon.)
- 5 Trip: Frederick County, MD; Monocacy Aqueduct, covered bridges & Catoctin Iron Furnace
- 13 Board meeting

July 2008

- No Forum, no newsletter
- Board planning retreat

Spotlight Minute

Lifetime Learning is fortunate to have fifteen volunteers who have been willing to work eleven months a year for three or more consecutive years for our organization. These volunteers are the officers and directors of LLI's Board of Directors. At the April Forum they will be

LLI Board of Directors

President: Dick DiBuono Memb Vice President: Bob Huley Dear Secretary: Gina Trann DiBu

Secretary: Gina Trapp Treasurer: Phil Runge Assistant Treasurer: Warren Hynes Past President: Norma Hughes

Members: Libby Burge 08*, Deanna deMember 09, Dick DiBuono 10, Paul Hopler 08, Norma Hughes 09, Bob Huley 10, Doug Johnson 09, Curt Kornblau 08, Liddell McLeod 10, Marianne Moerman 10, Barry Newman 10, Don Reynolds 09, Phil Runge 08, Gina Trapp 09, Mary Underwood 08

* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Co-Editors: Norma Hughes 703-960-6279 nah.home@verizon.net and Lynda Brittain 703-425-8240 brittains@cox.net Graphic Design/Desktop Publisher: Alfred Brothers Mailing Coordinators: Colletta Hammond and Kathy Hall

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August 2008

- 7 Sept. newsletter deadline
- 14 Trip: St. Michaels, MD
- 18 Newsletter mailing

September 2008

- 2 Forum (Tues.)
- 12 Board meeting
- 12 Oct. newsletter deadline
- 22 Newsletter mailing
- 23-25 Trip: New York City

October 2008

- 7 Forum (Tues.)
- 10 Board meeting
- 10 Nov. newsletter deadline
- 20 Newsletter mailing

November 2008

- 5 Forum (Wed.)
- 14 Board meeting
- 14 Dec. newsletter deadline
- 24 Newsletter mailing



Members

Martha Siemering 703-569-2450 martsiem@cox.net

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

Patricia Harris Harrison, 6723 Blanche Dr., Lorton, VA 22079-1323, 703-550-7530, pjharris80@msn.com

Wanda O'Dell McGuinness, 6134 Long Meadow Rd., McLean, VA 22101, 703-356-9038, wsodelll789@aol.com

Mary Oakes, 7807 Hayfield Rd., Alexandria, VA 22315, 703-921-5034, thegirlsss@hotmail.com

Jim Pullman, 9606 Nonquitt Dr., Fairfax, VA 22031-1711, 703-385-4858

Conne Rubinstein, 3302 Wessynton Way, Alexandria, VA 22309, 703-360-1936, mrubinstein@cox.net

Mark Rubinstein, 3302 Wessynton Way, Alexandria, VA 22309, 703-360-1936, mrubinstein@cox.net

Susan Schmitt, 5115 Southampton Dr., Annandale, VA 22003, 703-978-7233, sschmitt@cox.net

Albert and Barbara Sperling, 5204 Tamar Woods Ct., Fairfax, VA 22032, 703-323-8437, asperling@cox.net

Updates

Mary Quirk, 13021 Lupine Turn, Woodbridge, VA 22192

Eve Holtzman, eveholtzman@verizon.net

Yereth Knowles, yknowles@yahoo.com

Carol Wilson, carolgrant7012@verizon.net



President's Corner

hile we are about half way through our Winter-Spring program of courses, our Curriculum Committee is diligently working on preparing the program of courses for the Summer term. The members serving on that committee are among the hardest working of the many standing and *ad hoc* committee volunteers our Institute has. Our hats are off to them in gratitude for continually and consistently producing the interesting curricula that we members enjoy. To give you a peek into the social side of our activities, we know that we again will seek to have our annual picnic in September at Fort Hunt Park Pavilion (can't pin the site or date down until the National Park Service allows us to in May) but we know with certainty that this year our Holiday Luncheon will be held at the elegant Country Club of Fairfax. Bonnie Hopler, event planner extraordinaire, has agreed to chair the Picnic Committee again this year and Kathy Hall is eager to repeat her wonderful performance of this past December as chair of the Holiday Luncheon Committee.

Our thanks go to both of them and to Board member Don Reynolds who serves as overall Special Events Facilitator. Your President is happy to report that our Institute and the Ernst Cultural Center have entered into a contract that secures our use of the Forum room for our Forum meetings through the end of 2009. Although we once had use of it gratis, starting this year the Cultural Center finds it financially necessary to ask us to begin paying modest fees for use both of the Forum and the Seminar Rooms. We are happy to have achieved agreement with them, for the Cultural Center facilities greatly suit our needs.

Dick DiBuono

LLI's Friendship Connection

Arlene Gribben, 703-569-0357 arlenegribb@aol.com



One of the benefits of LLI membership is making friends. We like to show support for fellow members by sending a card to anyone who is ill or has suffered a loss. If you would like a card sent to someone on behalf of

the LLI membership, please contact Arlene Gribben. Include sufficient information so an appropriate

Knox Singleton Honored

To honor LLI's founder, Knox Singleton, who showed such outstanding leadership in the community, the current LLI student leadership scholarship will be renamed the Lifetime Learning Institute Knox Singleton Leadership Scholarship. Knox, together with Alan Mayer (the second LLI President) and a committee, conceived the idea of thanking the NVCC Annandale Campus for their sponsorship of LLI, by creating a student scholarship to recognize leadership qualities. To quote from the application forms, "These scholarships will be awarded to students who have, through leadership, community service and personal example, made an outstanding contribution to the development of collegiality among the multicultural student body, College faculty/staff, and the surrounding community." This program has since been expanded to provide academic scholarships to needy students as well, and now includes the NVCC Medical Education Campus as well as the Annandale Campus.

Share Your Teaching Talents With LLI

Many of our excellent courses are taught or led by LLI members. The Curriculum Committee would like to offer the following courses if one or more members would be willing to teach or moderate them. **NOTE**: A teaching certificate is not required!!

- Global Positioning Systems (GPS) These devices are becoming increasing affordable and seniors are finding them useful for driving since they do not have to look at written directions. Is there an LLI member familiar with the GPS who would be willing to offer a one or two session course?
- ➤ History and Development of the American Broadway Musical — The "Teaching Company" offers a series of lectures in DVD format tracing the Broadway musical from its origins (e.g. minstrel era) to the current day. Each 45-minute DVD lecture is presented by Mr. Bill Messenger from the Peabody Institute of Music. LLI will purchase the DVD set if one or two LLI members with music backgrounds, or just have a love for musicals, would be willing to lead a discussion following the video presentation. The DVD set includes 16 lectures, so the course could be offered in several sessions over three or four class terms.

Please contact Paul Hopler, Curriculum Committee Chair, if you are interested (pbhopler@cox.net, phone 703-978-9381).

A Valentine from the LLI Poetry Group

Eight years ago Richard Risk began leading a class of LLI members who had gathered to share their love of poetry by reading their favorites and learning more about poets and poetry, old and new. Ever since that first session, the group attendance has grown and the poetry class has never failed to be part of the curriculum listed in the fall, winter, and summer catalogs. In 2005, the Poetry Group hosted a Valentine Party for all LLI members, with poetry readings (about love, of course!) along with breaks for socializing and light refreshments. This was the beginning of the annual LLI Poetry Group Valentine Party, open to all LLI members.

This year, on February 14, the Poetry Group celebrated its eighth anniversary by hosting their fourth annual Valentine Party, which was attended by over 40 group members and guests. All were treated to a lovely setting in a room overlooking a wooded view. Poetry Group members beautifully decorated the room with balloons, flowers, and candles. Delicious sweets were abundant and romantic music filled the air.

Poetry Group member Ferne Beyer, with piano accompaniment, provided a special treat by singing a number of love songs, including "My Funny Valentine." Then Ferne and Colletta Hammond led everyone in a sing-along of some old favorites. Following the musical entertainment, Richard Risk and other Poetry Group members, as well as guests, provided their readings of love poems, including several that added a bit of humor. Thank you to the

LLI Trips

Tuesday, Sept. 23 to Friday, Sept. 26, 2008

The LLI four-day, three-night trip to New York City still has several vacancies. Reservations and deposits are due by April 15. In order to make your reservation, call Louise Sousk 703-323-9144 or Betty Pogerman 703-323-7634.

Saturday, Oct. 18 to Saturday, Oct. 25, 2008

Space is still available for the New England and Canada Cruise, October 18 – 25, from Philadelphia to Halifax and return, stopping at four ports along the way. We will travel by bus to and from Philadelphia. Please contact Louise Sousk

April Food Collection for United Community Ministries

Betty Lee Thatcher 703-354-8154 Carol Weber, caroljeanweber@hotmail.com

or 38 years, United Community Ministries (UCM) has been serving the needs of the low income and needy residents of Fairfax County's Route One corridor. In addition to their Food Bank, UCM programs include job training and employment assistance, emergency aid, community outreach, the Bryant Early Learning Center, and thrift shops. As numbers of needy clients continue to increase, the Food Bank's needs increase also.

Special needs: Tomato sauce; pasta; rice; beans; canned fruits, tuna and vegetables; juice boxes; small-sized snacks; and Enfamil with iron. Jane Jones will be delivering the food this month.



The organizations we assist are very grateful for our community outreach program, and we thank you for your generous donations.

Alaska Study Program

The Alaska travel/study program will take place on Wednesdays, April 2, 9, and 30, at the Mason District Govt. Center at 6507 Columbia Pike from 1:30 p.m. to 3:00 p.m. The first two sessions will be presentations by National. Park Rangers. The first will be an overview of Alaska and the second will be about Denali Park. The third session, hopefully, will be a talk by a Native American from the Pacific Northwest, who currently works for the National. Museum of the American Indian. His topic would be about Native American customs and how they are coping with today's society. There are openings for an additional 20 people. If you wish to attend, please contact Doug Johnson (LLIDOUG@yahoo.com, phone 571-282-3281).



Special Interest Groups



Arts and Smarts

Donna Trogler 703-751-8932 DTrogler@aol.com

At this time, the April museum tour is to be determined. Those on the e-mail list will be notified of the details. Others who are interested may call or e-mail Donna for information.



LLI Bridge Group

Bob or Merry Huley 703-534-4819 roberthuley@cox.net

April Play Dates

In April, we will play on **Thursday, April 10, and Wednesday, April 30.** Note, the first date is a Thursday, not our normal Wednesday. Location: Mason District Government Center. Time: 10 a.m. to 2 p.m. Bring a bag lunch.

You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call, or email me, if you would like to attend (or for more information) so we can provide sufficient card tables.

February Results — Top three finishers on February 13 were Donna Trogler, Lynda Brittain, and Betty Yeary; for February 27, they were Mary Underwood, Jeanne Nilsen, and Lynda Brittain. Congratulations to all.



Community Theater

Helen Clark, 703-573-1571 h.a.clark@worldnet.att.net

Join a group of LLIers on May 4 at 2:00 p.m. when the Providence Players at James Lee Center (2855

Annandale Rd., Falls Church) present "Steel Magnolias". The quintessential comedy of friendship, Steel Magnolias is a warm and winning play that was also made into a popular and critically acclaimed movie. The play serves up a slice of life in Louisiana that's as warm and comforting as sweet potato pie. In the haven of Truvy's beauty salon, six very different women come together to share their secrets and bare their souls, throwing in a little neighborly gossip for good measure. Senior tickets (62+) are \$12. For ticket reservations, e-mail providenceplayers@cox.net or leave a voicemail at 703-425-6782. I recommend you see their website www.providenceplayers.org for details concerning tickets

and seating. Possible plans for details concerning tickets performance will be announced at the May Forum and in the May newsletter.

> Deadline for May newsletter is April 11.



LLI Current Events Group

Date: Friday, April 4, 2008 Time: 10 am to 11:30 am Place: Mason District Governmental Center, Small Conference Room

Topic: Are We in a Recession?

- How did we get there?
- What is your solution?
- When do you forecast improvement?

Please join us to share your ideas or learn more about current events. We give all, who wish, a chance to speak. After an hour, we choose the next topic and then have open discussion on any topic of interest to anyone. For more information, e-mail Shirley Lotz at svlotz@cox.net or call at (703) 978-2977.



Favorite Books Club

Arlene Gribben, 703-569-0357 arlenegribb@aol.com

Date: Thursday, April 17

Time: 11:30 a.m. to 1:00 p.m.

Place: Mason District Governmental Center, Small Conference Room

In April the book club will discuss the popular novel, "Snow Falling on Cedars" by David Guterson. The story's initial setting is on an isolated island near Puget Sound in 1954. A local fisherman is found suspiciously drowned, and a Japanese American is charged with murder. As the trial delves into this murder mystery, the novel entwines past happenings in the nearby community, including memories of a love affair and what happened to the Japanese residents during World War II. The book is described as griping, tragic, densely atmospheric, and a masterpiece of suspense. Please come and join in the discussion.



Gourmands

On Friday, April 25, the Gourmands will be at P.F. Chang's China Bistro located at Fairfax Corner. The time for the lunch is noon. Please contact Sarah Bell at 703-978-4763 if you wish

to attend. Alina Otal has planned a Cuban lunch at her home for Gourmands on Wednesday, May 14. Please call her at 703-323-9366 if you want to attend. The cost for this lunch is \$25.

Walkabouts



Liddell McLeod 703-696-8366 Liddell_mcl@cox.net

Returning to Thursdays, April walks are scheduled at noon on the 10th and 24th. If you would like to join us, please contact Liddell to add your name to the Walkabouts email list or call for locations and directions.



Compliments of Liz Crenshaw, Consumer Reporter, NBC4, Washington, DC Online: www.nbc4.com/consumer Phone: (202) 885-4883

<u>To Reduce Telemarketing Calls</u> National Do Not Call Registry Call: 1-888-382-1222 Online: www.donotcall.gov

<u>To Get Information From the Federal Government</u> FirstGov.gov Call: 1 (800) FED-INFO Online: http://firstgov.gov

To Get a FREE Copy of The Consumer Action Handbook

Federal Citizen Information Center Call: 1 (888) 8-PUEBLO Mail: Send your name and address to: Handbook Pueblo, CO, 81009 Online: http://www.consumeraction.gov

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Online: Direct Marketing Association: http://www.dmaconsumers.org/cgi/offmailinglist

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Call: 1-888-5-OPT OUT

*This goes to the credit bureaus & you will have to give your Social Security #.

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Call: 1-877-322-8228

Mail: Download, fill out and send to:

https://www.annualcreditreport.com/cra/requestformfinal.pdf

Annual Credit Report Request Service P.O. Box 105281 Atlanta, GA 30348-5281 Online: https://www.annualcreditreport.com/cra/index.jsp

From the LLI Scrapbook

RSVP Program



RSVP exhibit, staffed by Charlene Johnson, Campagna Volunteer Coordinator

LLI Valentine's Party



Valentine décor

March Forum



March Forum speaker Liz Crenshaw, Channel 4 Consumer Reporter



President Dick DiBuono thanking our speaker



Valentine goodies



Valentine Friends



Lifetime Learning Institute of Northern Virginia

c/o NVCC Continuing Education 8333 Little River Turnpike Annandale, Virginia 22003 Phone (703) 503-0600 / FAX (703) 503-5350 E-Mail: llinova@juno.com Website: http://lli.nova.org



Look at the date on this label. Is it time to send your dues? Time Sensitive Material Please Deliver by March 25, 2008

Insert Contains Helpful Contacts from Liz Crenshaw

Our March Forum speaker, Liz Crenshaw, Channel 4 consumer reporter, was a most delightful speaker and included in her talk helpful advice on many issues, including ways to eliminate telemarketing calls, reduce pre-approved credit cards, and be removed from mailing lists. She also addressed identity theft and how to obtain a free credit report. At the conclusion of her talk she presented a list of phone numbers and addresses for contacting various organizations to request assistance with these and other issues. That list, provided on page 6, contains those very helpful contacts.



