

## PRESIDENT'S CORNER

Writing this in early morning of January 1, 1998, I am thinking of the challenge that the full year ahead presents to LLI. Basically of course, it is to offer a program of educational opportunities most conducive to the vital aging of an increasingly large number of adults over 50 in Northern Virginia. While the experience of vital aging (enjoying a high overall level of physical, mental, social and spiritual wellness) is unique to each member, there are certain realities that are common to each of us. We find ourselves in a fantastic new age of information, communication and space travel that makes it possible for us to readily access virtually all the information in the world and to communicate with persons anywhere on the earth or moon. We are truly rapidly approaching a one world community.

Within this environment I see two particular opportunities for older adults to contribute to the development of the kind of orderly and caring world that we would like to leave to our children, grandchildren and their children. But first we must attend to our own health, education and general welfare; else we cannot be of much help to others. Beyond that we can make a great contribution to the children, youth and younger adults of our community by sharing of our time and wisdom in providing the extra care that so many are lacking in today's fragmented society. The other opportunity is in helping to understand and accept the increasing number of persons of other cultures that we find in our local community and communicate with throughout the world.

In summary, we have a wonderful challenge in LLI in 1998 to work together not only to educate and enjoy ourselves, but to find ways that we can also help others; it is the ultimate education and the key to world survival as a livable community during the coming century.

*Knox Singleton*

## FEBRUARY GUEST SPEAKER

**SHE ALSO DOES HANDICRAFTS AND PHOTOGRAPHY...  
COME HEAR HER ON FEBRUARY 2ND**

At our next lecture in Foreign Countries & Cultures Series, to be held Monday, February 2nd, we will be treated to a presentation on a Nation within a State; its own culture, language and history already old before the arrival of Europeans in the New World.

Our guest speaker will be Ms. Irene Herder, a member of the **Navajo Nation of Northern Arizona**. She was born and raised on the Navajo Indian reservation, speaks her native language and is an advocate for native issues.

Ms. Herder has worked with various Native American organizations as well as having been a long-term employee with the U.S. Senate committee on Indian Affairs. Recently she has been a lobbyist for the Washington Office of the Navajo Nation, and does volunteer work for the local Indian community. In addition, she freelances as a photographer, has climbed Mt. Fuji and is a Navajo weaver and potter.

Ms. Herder will talk to us about Navajo culture, religion and customs as well as bring us up-to-date on current issues affecting American Indians. She will share with us her experiences living in two worlds and how she has adjusted. She lives in Skyline Plaza where many LLI members, class leaders and former speakers reside. **NOTE:** Lectures are held the first Monday of the month at 10 a.m. at The Forum in the Ernst Cultural Center on NVCC Annandale campus. There will be no parking fee.

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**News & Views**

The Lifetime Learning Institute of Northern Virginia ♦ c/o NVCC Continuing Education ♦ 8333 Little River Turnpike ♦ Annandale, Virginia 22003 ♦ Phone (703) 503-0600 ♦ FAX (703) 503-5350



## **LLI RECEIVES GIFT THANKS TO EDWIN AND HELEN LYNCH**

LLI is very pleased to be the recipient of its first gift of money from a non-member, thanks to the generosity of Edwin and Helen Lynch. Both Mr. and Mrs. Lynch are lifetime residents of Fairfax County and are well known for their many contributions to the educational and social welfare of Northern Virginia. They have had a longtime interest in promoting racial harmony and peace through conflict resolution on the local, national and international level.

Among his many distinctions, Edwin Lynch was the first, and at the time, only, delegate elected to the Virginia Assembly from Fairfax County. Helen Lynch has served in leadership roles of many charitable enterprises, and is also known as a talented artist.

## **MONTHLY LUNCHEON GROUP**

Marjoire Clark and George Staten have found a small but charming restaurant called the "Café Rose", featuring Persian cuisine and Iranian wall displays. Our hosts recently had lunch there and report that the lentil soup and salad as well as the lamb kebabs were very tasty. No coffee was available, but--no matter--good perfumed Persian tea served in handled glass tumblers was most satisfying. The luncheon follows the open-house/speaker program at the Forum on Monday, February 2nd. Table space has been reserved for 16 LLI members plus our guest speaker. The café is quite small, and our culinary venture will be rather "intimate." Café Rose is at 300 West Broad Street (that's Leesburg Pike--Route #7) in Falls Church, west of the town center. Telephone 532-1700. Directions will be available at the Open House/Speaker event. The group will meet at the restaurant at 12 noon.

## **LLI BOARD OF DIRECTORS MEET FOR DAY-LONG RETREAT**

On January 9, 1998, LLI Board of Directors met at NVCC for a day-long retreat. The meeting was called to give Board members time to explore the needs of LLI members and to streamline the operation of the organization. A few of the issues addressed were, the restructure of LLI'S organizational chart, clarification of duties of each committee, LLI'S strengths and weaknesses, and discussions on the expansion of LLI. Final results of this meeting will be available to you in the future.

## **PROGRAM COMMITTEE ANNOUNCES 32 COURSE SELECTIONS FOR WINTER/SPRING, '98**

By now you should have received your Winter/Spring, '98 catalog. Helen Clark and George Staten, chairs of LLI'S Program Committee, have worked long and hard to put together a diverse and interesting schedule of courses for you. The only problem: there is not enough time to take all the courses! If you have not received your schedule, please call the LLI office and one will be mailed to you.

## **VIDEO SERIES OFF TO AN ENTHUSIASTIC START IN JANUARY**

Video Series Chairman, Ed McGuire started the New Year off on January 8th with the video, "Fodor's Splendor of Spain." Participation in the discussion period was lively, with everyone present contributing. Enclosed with this newsletter, you will find the schedule for the series through the end of February. We hope to see you at these enjoyable events.

## **STUDY/TRAVEL PROGRAM**

Alan Mayer, Chair of the Study/Travel Group reminds us of the dates of future meetings of the group. The meetings will be held in Room 3 at Chapel Square Center in Annandale on Fridays from 10:00 to 11:30 a.m. Dates are: March 6, 13, 27 and April 3, 10, 24. These meetings will explore the study phase of the trips the group have planned for Spring and Summer, 1998. For directions to Chapel Square and more information on the program, please call the LLI office 503-0600, or Alan, 354-0239.

## **LLI MEMBER PROFILE**

Enclosed with this newsletter, you will find a "LLI Member Profile" sheet. LLI members come from all walks of life and many birthplaces. Most have traveled and/or lived all over the United States and the world. All have interesting stories to tell and we would like to share those stories with our membership. This profile is not meant to be intrusive, but is an effort to share our differences and commonalities. Who knows, you might find someone who went to the same school you did or know a shared place or event. You could even find someone who shares a hobby you may have thought only interested you. We plan to put this member profile in a book for you to enjoy, so please, fill it out and send it in. Thanks.



## SUGGESTED READING LISTS FOR FEBRUARY COURSES

In order to give you an advanced notice of some readings suggested by course instructors, should you want to purchase or reserve the books at the library, the following readings are listed:

### #8408 THE STORY OF LANGUAGE I

Barber, Charles, The English Language:  
A Historical Introduction.

Ruhlen, Merritt: The Origin of Language:  
Tracing The Evolution Of The Mother  
Tongue.

### #812 THE INTERNET-A NEW FRONTIER FOR THE MAINSTREAM

Worling & Hable, Basic Computer Literacy  
For Beginners.

Fristrup, Jenny, The Web Basics.

Lamb, Peek, Using e-mail Effectively.

### #8419 HISTORIC OVERVIEW OF THE CARIBBEAN

Knight, Franklin W., The Caribbean.

David Lowenthal, West Indian Perspectives.

Works by Sidney Mintz, W.H.Knowles,  
Y.K. Knowles, Alan Burns, David Lowenthal.

### #8422 BRIEF SURVEY OF THE WORLD'S RELIGIONS.

Smith, Huston, The World's Religions.

### #8424 NORTHERN EXPOSURE (O CANADA O QUEBEC)

Thompson, Wayne C. "Canada 1997,"  
World Today Series, 1994,1996. Post Publ.

Axworthy & Trudeau, Toward a Just Society.

Bowen Catherine, Miracle at Philadelphia

Suggested reading lists will be published in the newsletter for the next few months for your convenience. Remember, these are **suggested** readings only. They are not required if you wish to take the course.

## LLI MEMBER'S RECENT COMINGS ...AND GOINGS

**Louise Souk** joined her daughter in Valencia, Spain where her daughter is studying at U. Valencia for the year. They enjoyed a three-week jaunt through Switzerland, Amsterdam, Brugge, Belgium and Frankfort. Louise said it was a wonderful trip, but the weather could have better.

**Marianne Freeman** enjoyed a 12-day visit to Indian Rocks Beach, Florida to meet her new grandson, Kai.

**Helen Clark**, proud grandmother that she is, witnessed her oldest grandson's induction into Eagle Scouts at St. John's Methodist Church in Springfield.

**Laura Charron**, her two daughters and sister, spent the first week in January in St.Lucia. Laura came back with a healthy tan, but doesn't know how she got it since she was sick with a sinus infection the whole week. She was, however, impressed with the health care she received on the island; and all for a nominal fee.

Know any "NEWS" you want to share? We would like to hear from you.

## INCLEMENT WEATHER ANNOUNCEMENTS

LLI's inclement weather policy adheres to Fairfax County School closing announcements. If there is a 2-hour delay in Fairfax County School class openings, LLI's morning classes will be cancelled. When in doubt, listen to your favorite radio station for weather and school closing announcements.

**AGAIN, WELCOME,  
NEW MEMBERS!!**



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