

Oct. 1 Forum — NVCC Medical Education Campus

Dr. Charlene Connolly, Provost for the planned NVCC Medical Education Campus in Springfield, is our October 1, 2001 Forum speaker. No issue confronts citizens more directly than health. Dr. Connolly will give us a look into the future on this critical subject, *i.e.*, what are the state of Virginia, Fairfax County, our communities and businesses, together with Northern Virginia Community College, planning for Northern Virginia? We are encouraged that seed money is being programmed to launch the bioinformatics industry, which integrates medical and information technologies. Business and industry endeavors are essential to promote and create such an industry in the Greater Springfield/Alexandria Northern Virginia area. Come and find out what is being planned!

See you at NVCC, Ernst Cultural Center, Monday, October 1, 2001, at 10:00 a.m.!

J. Knox Singleton, President Emeritus

At LLI's September 10 Fall Kickoff, Knox Singleton - LLI's founder and first President - was presented with a framed resolution bestowing upon him the title of President Emeritus in grateful acknowledgment of his many contributions to LLI and to senior citizens of Northern Virginia. Among Knox's many achievements he: secured the sponsorship of the NVCC - the first such program on a community college campus in Virginia; assembled 38 charter members of LLI and organized the first schedule of classes in 1996; and organized and taught many courses on the problems and challenges of vital aging and dying with peace of mind. As a result of Knox's leadership, LLI's Student Award Fund was established for outstanding students at NVCC's Annandale campus.

Congratulations, Knox, and many thanks.

Mark Your Calendars

The November 5 Forum presentation will be an up-to-date look at China. The speaker, Ms. Ellen Frost, is a scholar with a Ph.D. from Harvard's Department of Government, where she specialized in Chinese politics and development. More details in the next newsletter.

The Lunch Bunch

The Lunch Bunch will gather after the October Forum at Domani's Restaurant on Little River Turnpike in Annandale. From NOVA proceed east on Little River Turnpike past the Beltway. Domani's (formerly the Black Orchid) is just beyond the Safeway in the shopping center on the left. John Bogart will provide further information at the October Forum.

LLI Lending Library

A small but, hopefully, growing lending library has been set up on a shelf in the LLI office. There will be a sign-out sheet requiring your name, phone number, book/video title, and date borrowed. Currently, the library consists of a few books (*e.g.*, "Defining Our Role in the Changing World;" a book providing information on Living Trusts), and a video series on a Classical Mythology class. If you are interested in checking out a book or video, please call Betty Mahon (703) 841-0571.

Volunteers Needed!

LLI is an all-volunteer organization and, as the organization continues to grow, so do our needs. Here are a few areas where we could use some help - keep in mind that these do not involve huge commitments of time - please share your talents and experiences.

Board of Directors is looking for members who have legal and/or liability insurance backgrounds. **Mailing Committee** needs some strong men occasionally to transport mailings from the LLI Office to the Merrifield Post Office. The mailings occur monthly for newsletters; three times/year for catalogs and occasional flyers. As our mailings increase in size, they are getting heavier and harder to handle. **Monthly Forum Committee** needs greeters to welcome attendees, also members willing to contact and recruit Forum speakers for our monthly meetings in 2002. Volunteers also are needed to occasionally bring three dozen cookies or equivalent to Monthly Forums. **Membership Committee** could use some occasional afternoon help with mailings. **Program**

Continued on next page

Calendar of Events

October

- 1 Forum: Provost, NVCC Medical Center
- 5 Discussion Group, Topic: Immigration with Emphasis on Mexican Immigration
- 10 Bridge Group (Tentative)
- 12 Board of Directors' Meeting
- 15 Newsletter Deadline
- 19 Financial Forum — Topic: Evaluating Corporate Earnings Statements – Pro-Forma vs. Generally Accepted Accounting Principles
- 24 Bridge Group (Tentative)
- 26 DT 10-26 Long Branch Manor House, etc, Winchester, VA

November

- 2 Discussion Group: Topic to be Determined
- 5 Forum, Topic to be announced
- 9 Board of Directors' Meeting
- 12 Newsletter Deadline
- 14 Bridge Group (Tentative)
- 18 Theater Group, "One of the Few"
- 28 Bridge Group (Tentative)

December

- 4 New York City Holiday
- 13 Holiday Luncheon at Ft. Myer's Officers' Club

2002

- Jan. 7 Forum
- June 11-13 Philly – A Cultural and Historic Tour

Special Interest Groups

Bridge Group

The **Bridge Group** meets twice monthly, on the second and fourth Wednesdays, at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Because the meeting dates cannot be confirmed with the Government Center until a month in advance, please call Bob or Gladys Bucklew, Chairpersons, at (703) 631-7889 if you wish to attend. Such calls not only confirm the meeting date for you but also afford us the opportunity to obtain sufficient card tables for attendees. All are welcome.

Note: The group is composed primarily of single individuals as opposed to couples. We play four hands per game and change partners at the conclusion of each game. We hope you can join us!

Discussion Group – Everyone Welcome!

Date: Friday, Oct. 5, 2001, 10:00-11:30 a.m., Chestnut Hill Room, Bldg. CF, NVCC Annandale Campus

Topic: Immigration with Emphasis on Mexican Immigration

Resource person: Yereth Knowles

Organizer: Tom Buchanan (703) 281-4894

Financial Forum – Fall Program – Everyone Welcome!

Date: Friday, October 19, 2001, 10:00 a.m., Ernst Cultural Center, Seminar A & B.

Topic: Evaluating Corporate Earnings Statements - Pro-Forma vs. Generally Accepted Accounting Principles

Member Speakers: Warren Hynes, CPA, and John Manion, CPA

Organizer: Virginia Fernbach (703) 751-8369. Opinions expressed are strictly those of the guest and member speakers and do not represent endorsement by LLI. We hope to see you there.

Theater Group

A flyer giving details about the November 18 production, "One of the Few," and the three workshops being presented following the play, was distributed at the Fall Kickoff. The performance will take place at the Jewish Community Center of Northern Virginia, which has offered LLI members a group rate of \$14 per person (minimum of 20 sign-ups) if registration is received by October 19. Complete the bottom portion of the flyer, indicate which workshop you'd like to attend, attach your check (payable to LLI/NOVA), and mail to LLI. If you didn't attend the September 10 meeting but are interested in this event, please call Helen Clark at 703-573-1671 (after October 1), or Ellen Gale at 703-978-3360.

Volunteers Needed!

Continued from front page

Committee is always looking for instructors to teach classes. **Publications Committee** seeks proofreaders for newsletters monthly, and for course catalogs three times a year.

Special Events Committee needs assistance with the Holiday Luncheon, May Appreciation Luncheon, and Summer Picnic. **Trip Committee** needs individuals to assist in leading LLI trips. **Registration Committee** needs assistance three times a year with registration processing.

Sunshine Cards

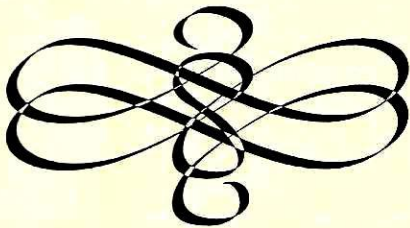
If you know of any member who is indisposed, please call Barbara Evans at (703) 978-2122 so that she may send them a card.

President's Corner

What a great start to LLI's fall programs! Over 125 people attended the September 10 Fall Kickoff, including several new or prospective new members. State Senator Janet Howell presented some interesting observations on how the General Assembly has gone about redistricting. Unfortunately, Delegate Jim Dillard, who also was scheduled to speak, had to cancel at the last minute, but Senator Howell did a good job of covering redistricting matters pertaining to the entire state legislature despite little advance notice. We also were very pleased to surprise Knox Singleton with the presentation of a framed resolution naming him "President Emeritus" of LLI. Thank you for your many contributions, Knox. We know that you are not going to "rest on your laurels," but will continue to participate in LLI activities.

By the time you receive this newsletter our fall classes will be well under way. Please remember that registration for courses and participation in other LLI activities are contingent upon members keeping their dues current. We hope to see you on October 1 for a presentation on the NVCC's new medical complex near Springfield Mall.

Lorin Goodrich



LLI Board of Directors

President: Lorin Goodrich	Members: Doris Balinsky, Helen Clark, Marjorie Clark, Virginia Fernbach, Gordon Hamlet, Warren Hynes, Gladys Keating, Nan Liner, Memphis Norman, Donald Reynolds
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Past President: Alan Mayer	
President Emeritus: J. Knox Singleton	

Newsletter Staff

Newsletter Editor: Liz Snively
Graphic Design/Desktop Publisher: Alfred Brothers

Information from the Social Security News

Social Security in Plain English — Do you get SSI and wonder if SEI will affect your amount? Or maybe you paid enough FICA for the QCs you need to qualify for SSDI or RIB — wonder what your PIA will be after the COLA? If you answered "what are you talking about" to these questions and you want to know, visit the new online glossary — <http://www.ssa.gov/glossary.htm> "The Glossary of Social Security Terms" gives meaning to even the most intimidating terms and acronyms. From "AIME" to "Worker," the glossary will put you in the know and make sure you will never be at a loss when reading a Social Security document.

Exercise Video From the National Institute on Aging,
<http://www.maillist.org/exercise/>

NIA has an exercise video specifically for seniors. It's available for \$7.00 and includes an 80-page booklet. View clips from the video at their web site.

Prescription Drug Proposal Comparison,
<http://www.kff.org/content/2001/1635/>

With a prescription drug benefit for Medicare beneficiaries high on the Congressional agenda this summer, the Kaiser Family Foundation released this side-by-side comparison of five key proposals under consideration to improve drug coverage.

The Resource Directory for Older People,
<http://www.aoa.gov/directory/>

Intended to serve a wide audience, this directory from the Administration on Aging contains names, addresses, phone numbers, and fax numbers of organizations which provide information and other resources on matters relating to the needs of older persons.

HHS Announces Update To Federal Program Catalog,
<http://aspe.hhs.gov/cfda/index.htm>

The Catalog of Federal Domestic Assistance Programs (CFDA) is a government-wide compendium of all 1,458 Federal programs, projects, services, and activities that provide assistance or benefits to the American public.

Hoax Targets Elderly Americans Regarding Government Refunds,
<http://www.ssa.gov/pressoffice/TREAFact.htm>

The Social Security Administration's (SSA) Office of the Inspector General (OIG) recently completed its investigation of two flyers that target the elderly. The two distinct flyers falsely reference changes in Social Security benefits.

Center for Disease Control Offers Foreign Travel Tips,
<http://www.cdc.gov/travel/>

CDC offers health information on specific destinations, on outbreaks of concern to international travelers, specific diseases that can affect travelers, vaccination recommendations, and health information on specific cruise ships (including inspection scores).

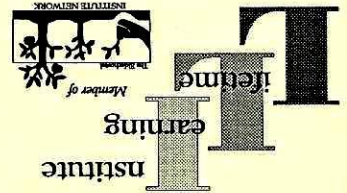
Medicare To Cover Surgical Procedure For Incontinence,
<http://www.seniors.gov/articles/0801/incontinence.html>

The Centers for Medicare & Medicaid Services (CMS) will expand Medicare coverage to include a surgical treatment known as sacral nerve stimulation for urinary incontinence and other voiding difficulties.

**Time Sensitive Material
Please Expedite**

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Permit No. 2192
Merrifield, VA

Lifetime Learning Institute of Northern Virginia
c/o NVCC Continuing Education
8333 Little River Turnpike
Amandale, Virginia 22003
Phone (703) 503-0600 / FAX (703) 503-5350
E-Mail: llinova@hotmail.com



Can You Solve Our Registration Mystery?

In early September a registration form for course numbers 1523, 1527, and 1531 was received by the LLI office. There was no name on the form, nor on the envelope. It may be yours, so if you haven't received a registration confirmation by the time you read this newsletter please call the LLI office at 703-503-0600 as soon as possible in order that we can complete your registration.

LLI Travel Diary

LLI is starting a Travel Diary so that members may share travel tips with one another. It will be kept in the LLI office, and will be made available at all monthly Forums. It is not our intent to provide a clipping service, but to report memorable events experienced by our membership. If you would like to submit a write-up, please contact Nan Liner (703) 824-9762. Your submission will be filed in a notebook in alphabetical order – *i.e.*, if you are sharing a trip experience in Minnesota, it will be filed under M. Regional or multi-country trips will be in a separate section, as will cruises. In an effort to keep our reports manageable, we ask that you include only the dated itinerary of a trip and a completed evaluation form. If you wish to provide your name as a contact, you are welcome to do so, but this is purely at your discretion.

Membership Renewal Reminder

At press time, more than 30 renewals due August 31 had not been received, and over 40 renewals are due by September 30. To find your renewal date, please check your mailing label. Membership is a bargain at \$100, and you can't attend classes or participate in other LLI events without it!

