

Next LLI Forum

Tuesday, March 3, 2009 at 10:00 a.m.
(social hour at 9:30 a.m.)

How Are Breakthrough Discoveries in Genetics Changing the Face of Medicine?

Dr. Carla Easter, NIH Science Education Specialist with the National Human Genome Research Institute, will report on several surprises that scientists have learned as a result of the complete mapping of the human genome. She will present an overview of how genes are coded and will describe some promising research projects underway. Her talk will also address the following questions: How do researchers connect genes to particular functions or diseases, how are genes turned on or “expressed,” and what are some of the most tangible benefits from our expanding knowledge? What exactly do we mean by personalized medicine? What are some of the ethical issues and challenges before us in the genetics revolution? Her presentation will be accompanied by free NIH brochures and will include the opportunity to ask questions and explore concerns.

Please Note: *Parking is in the pay parking garage (\$1/hour). Parking in the B and C lots is by permit only.*

Lunch Bunch

John Bogart bogartje@cox.net

Following the Forum, join the Lunch Bunch at the **China Star Restaurant** in the Fair City Mall, Fairfax. Phone: 703-323-8822. The restaurant is popular for its Chinese food; lunch prices are very reasonable.

Directions: From NOVA, turn left onto Rt. 236. After Picket Rd., look for Fair City Mall on your right; enter into the Mall near Kinko’s. The restaurant is a few doors down on the right.

LLI Special Program

John Rybicki will present four sessions on *“The Book of Isaiah and the Different Messianic Expectations in the Monotheistic Faiths”*

Dates: March 4, 11, 18, and 25

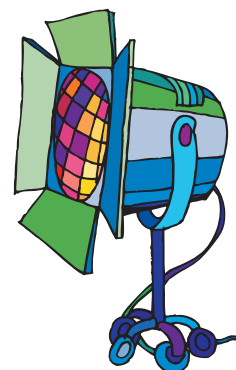
Time: 2 p.m. – 3:30 p.m.

Place: Greenspring Village Theater
(Village Square), Springfield

All are welcome, registration is not required. For information, contact Ellen Gale 703-569-3370.

Volunteer Spotlight

The Volunteer Spotlight at the February Forum focused on the volunteers who coordinate and organize the monthly Open Forums. The March Forum spotlight will recognize the Trip Committee members who volunteer their time and efforts to organize and lead frequent trips, pursuing education and fun.



Reminder

In the event of inclement weather, LLI activities (except day trips/travel) are cancelled in accordance with Fairfax County Public School cancellations, regardless of class location. LLI morning classes are cancelled if FCPS announces a two-hour delay; LLI afternoon classes are cancelled if FCPS announces early dismissal. Trip/Travel cancellations: The person designated as the trip leader for a particular trip is responsible for the decision to cancel a trip.

Calendar of Events



March 2009

- 3 Forum (Tues.)
- 13 Board meeting
- 13 April newsletter deadline
- 23 Newsletter mailing

April 2009

- 7 Forum (Tues.)
- 10 May newsletter deadline
- 10 Board meeting
- 20 Newsletter mailing
- 24 Trip: Virginia's Capitol Bldg., Richmond

May 2009

- LLI Annual Picnic (date TBD)
- 5 Forum (Tues.)
- 8 Board meeting
- 8 June newsletter deadline
- 18 Newsletter mailing
- 18–22 Trip: Southern Highlights

June 2009

- 2 Annual Meeting & Forum (Tues.)
- 6 Trip: John Wilkes Booth Escape Route (Sat.)
- 12 Board meeting

July 2009

- No Forum, no newsletter
- 15 LLI Board Retreat

August 2009

- No forum, no newsletter
- 7 September newsletter deadline
- 17 Newsletter mailing

September 2009

- 1 Forum (Tues.)
- 9 Trip: Montpelier
- 11 Board meeting
- 11 October newsletter deadline
- 14–24 Trip: Western National Parks
- 21 Newsletter mailing

October 2009

- 6 Forum (Tues.)
- 9 Board meeting
- 9 November newsletter deadline
- 15 Trip: Gettysburg Battlefield and Visitor Center and the Eisenhower Farm
- 19 Newsletter mailing

Members

Martha Siemering 703-569-2450
 marsiem@cox.net

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

Janet Garber, 4531 Saucon Valley Ct., Alexandria, VA 22312, 703-256-7988, garberj@cox.net

Allen Gillette, 6122 Union Village Dr., Clifton, VA 20124, 703-830-4748, gillettefam@cox.net

Updates

Doris Balinsky, dorbal123@gmail.com

Norma Fisher, villagenorma@gmail.com

Marianne Galloway, j.a.galloway@gmail.com

David and Doris Lawrie, dadolaw@verizon.net

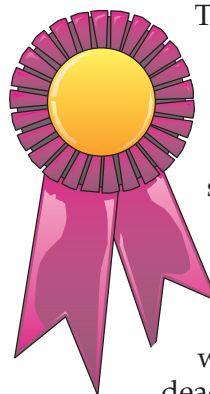
Margaret Lowry, mlowrypine@cox.net

Charlotte Plasan, charlclp@juno.com

Ann H. Rourke, ahrouke@verizon.net



LLI Scholarship Program



Through the generosity of our members, we have enough money to award at least the nine advertised scholarships. Announcements of these scholarships are posted all over the Annandale and Medical Education campuses; some students have picked up the application packets already and will hopefully send them in. The deadline for receipt of applications is

March 16, 2009, at the end of Spring break. This will give the students ample time to prepare the required essay and other materials, as well as to get recommendation letters from their professors. We will keep you informed as the process continues. Thank you again for your donations, which make these scholarships possible.

LLI Board of Directors

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* year term ends

Administrator: Laura Charron

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Graphic Design/Desktop Publisher: Alfred Brothers

Mailing Coordinators: Colletta Hammond and Kathy Hall

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President's Message

Despite an ominous sounding weather forecast, which nature proved wrong, 115 members and guests attended the Forum meeting on the morning of Tuesday, February 3, where we heard Mr. Sam Clay talk about the multi-faceted resources of the extensive Fairfax County Public Library system, of which he is Director. Injecting humor into his clear and rapid delivery of a well prepared lecture, Mr. Clay's presentation was both interesting and informative. Among many things we learned is that printed books, computers and information technology products and services of many kinds co-exist in the modern library as sources of information and enjoyment for today's users. Speaking about Forum meetings, you always can find information about the upcoming one in this newsletter and on the LLI website (<http://lli.nova.org>).

In the way of news, Louise Sousk, who, as chair of the Trip Committee for ten or more years, has diligently, competently and enthusiastically managed our Institute's very productive and successful trip program, has informed us that she will retire from that position at the end of this 2008-09 operating year, June 30. Volunteering to step into that post are Anne Austin and Martie Klee, who wish to serve as co-chairs. With approval of the Board of Directors I already have appointed them as successor co-chairs so that they can immediately begin to plan trips that will follow those which Louise and her committee already has planned.

While on the topic of next year, Don Reynolds and his nominating committee are busy developing a slate of candidates to fill officer positions and the vacancies on the Board of Directors for the 2009-10 operating year, which begins on July 1. They will present a slate of nominees to the Board of Directors in March. If you are called by the Nominating Committee, please give serious consideration to serving as a Board member or officer.

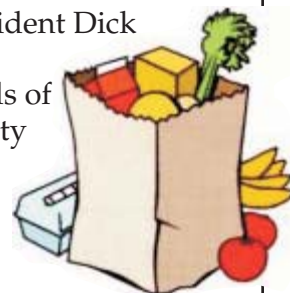
Finally, our wonderful Curriculum Committee is working on preparing the program of courses for the summer term. If you have an idea for a course I encourage you to contact committee chairman Paul Hopler or one of the committee members, all of whom are listed on the inside of the back cover of the current Winter/Spring term catalogue.

Dick DiBuono

Community Outreach

Betty Lee Thatcher 703-354-8154
Carol Weber, caroljeanweber@hotmail.com

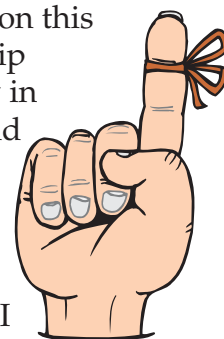
At the February Forum, President Dick DiBuono announced that members donated 124 pounds of food to the Lorton Community Action Center in January. Thank you! Food pantries in the area are reporting low supplies and high demand. Our contributions are greatly needed and appreciated.



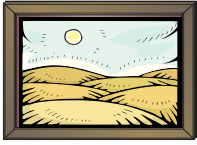
Food for Others is the designated recipient of the LLI food donations collected at the March 3, 2009, Forum. As a regional food distribution organization, Food for Others distributes food throughout Northern Virginia in three ways: at their warehouse, emergency food is provided to an average of 75-100 families and individuals each day who are referred by social services organizations. Every weeknight, food is distributed at more than 15 sites in high poverty neighborhoods in Arlington, Falls Church and Fairfax. Throughout the year, bulk food distributions are provided to many community-based organizations, including churches, soup kitchens, homeless shelters and day care and community centers. While all donations are appreciated, current needs include canned fruit, chili, tomatoes, and beans; and jellies or preserves. Bev Portman will deliver the LLI donations.

Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI's many other activities. Please complete the form in the Winter/Spring 2009 course catalogue and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue with LLI.



Special Interest Groups



Arts & Smarts

Donna Trogler, 703-751-8932 or
E-Mail at DTrogler@aol.com

Our first trip for 2009 will be a visit to the recently re-opened American History Museum. It will be on Friday, March 20. The tentative time is set for a 10:00 am docent lead tour of the remodeled facility. We should meet at 9:45 in the lobby by the information center. The best Metro stop is Smithsonian on the Blue-Orange line. Please let Donna Trogler know if you plan to attend. If there are any changes we will let you know. In April we are planning a visit to the National Gallery of Art to view the Dutch Citiscapes collection. Details will be in the next newsletter.



LLI Bridge Group

Bob or Merry Huley 703-534-4819 or
703-489-9045 (roberthuley@cox.net)

Play Dates — In March, we will play on Thursday, March 5, and Wednesday, March 18. In April, we will play on Wednesday, April 8, and Wednesday, April 22.
Location: Mason District Governmental Center.
Time: 10 a.m. to 2 p.m. Bring a bag lunch.
You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call, or E-mail Bob, if you would like to attend (or for more information) so that we can provide sufficient card tables.

January Results — The top three finishers on January 18 were Jessica Burmester, George Chalou, and Mary Underwood. Congratulations to all.



Community Theater

Helen Clark 703-573-1571,
h.a.clark@worldnet.att.net
Norma Hughes 703-960-6279,
nah.home@verizon.net

Our next theater venture will be the Arlington Players' production of the musical, "Follies" at 2:30 p.m., Sunday, April 26, at the Thomas Jefferson Community Center, 3501 2nd Street S. Arlington, VA, 22204. If you are interested in attending, contact Norma Hughes. A nearby restaurant will be chosen for refreshments and socializing following the performance, and announced in the next newsletter.
Please note: The Arlington Players no longer accepts unpaid reservations via phone; however,

they will ALWAYS have tickets available at the door. You may go to their website www.thearlingtonplayers.org for information regarding reservations paid in advance.



LLI Current Events Group

Former, current, and future members of the Current Events Group: Meet with Mary

Underwood after the Forum on March 3, to share ideas for current or new approaches for this group.
Next Group meeting, Friday, March 6

Place: Mason District Governmental Center, Small Conference Room

Time: 10:00 a.m. to 11:30 p.m.

Topic: Ramification of Stimulus action and international scale of recession

Join us if you wish to share your ideas or learn more about current events. We want to give all who wish, a chance to speak. After an hour, we choose the next topic. Then we have open discussion on current events of interest to anyone. We are looking for new ideas, approaches and volunteer leaders. For more information, E-mail Shirley Lotz, shirley.lotz@ericksonresident.com or svlotz@alum.wellesley.edu or call her at (703) 451-4371.



Favorite Books Club

Arlene Gribben 703-569-0357,
arlenegribb@aol.com

Date: Thursday, March 19

Time: 11:30 a.m. - 1 p.m.

Place: Mason District Governmental Center, Small Conference Room

The March book for review happens to be titled "March" by Geraldine Brooks. The author has taken the father character (Mr. March) from the famous book "Little Women" and developed his story as he joined the Union Army during the Civil War as an idealistic chaplain. The book is a lushly written, wholly original tale steeped in details of another time.

*Deadline for April
newsletter is March 13.*



LLI Gourmands

The Gourmands started the New Year off with a bang as 13 of us met in January at the Saigon Café for a Vietnamese lunch. The

February event was at Tempo in Alexandria which Eleanor Shubinski-Mosser arranged. On Friday, March 6, the Gourmands will be dining at the Tortilla Factory in Herndon. Contact Beverly Harris, 703-437-5140 or beverh@verizon.net if you wish to attend. Alina Otal has planned the April event at Mojitos and Tapas Bar in Warrenton. Contact her at aotal@hotmail.com or 703-323-9366 if you wish to attend the April luncheon.

LLI Bacchus Wine Tasting Group is a new subgroup of the Gourmands, led by Anne Austin, 703-569-5994, abbaustin@aol.com. The group will not be meeting each month, but their gatherings will be announced at the Forums and in the newsletters. Contact Anne if you wish to be included on the mailing list.



Nimble Fingers

Bev Portman, 703-698-8366,
firse@juno.com

The March meeting of Nimble Fingers is scheduled for Friday, March 13, 1:00 to 2:30, in the

Small Conference Room of the Mason District Governmental Center. Bring a small needlecraft project of any type to work on. For more information, contact Bev Portman.



Walkabouts

Liddell McLeod 703-698-8366,
Liddell_mcl@cox.net

On Thursdays March 12 and 26, walks will begin at noon from the Eakin Park parking lot on Prosperity Avenue between Little River Turnpike and

Arlington Boulevard. Notify Liddell if you would like to be added to the Walkabouts email list or you need further information.

Handymen and Tradesmen List

Anne Austin (ABBAustin@aol.com; 703-569-5994)

Anne has recently volunteered to become the LLI coordinator/editor of the reinstated and revised Handymen and Tradesmen list. This list can be found on the LLI website, <http://lli.nova.org> (click on the LLI/NOVA Main Web Page in the upper right-hand corner, then scroll down the left side of the "Home Page" to "Handymen"). In this new assignment Anne will be adding and updating this list on a regular basis, both on the website and also periodically in the LLI newsletter, *News and Views*.

The purpose of this list is to provide LLI members with the names of handymen/tradesmen (and women, too) that other LLI members have not only employed but were so satisfied with the results that they believe the individual warrants being recommended to fellow LLI members. Only LLI members may make these recommendations; none can be accepted from the handymen/tradesmen themselves. LLI's policy prohibits commercial advertising in LLI publications or at LLI functions.

In making these recommendations LLI does not warrant, guarantee, and /or in any way promise satisfactory results to LLI members if and when they select a person from the list. The list is understood to be solely informational in nature. Because of this it is suggested that contact be made with the referring LLI member to find out specifically what services were provided and when.

LLI members may send the information (name, telephone number, and services provided) to Anne Austin at ABBAustin@aol.com; 703-569-5994.



LLI's Friendship Connection

Arlene Gribben, 703-569-0357, arlenegribb@aol.com

One of the benefits of LLI membership is making friends. We like to show support for fellow members by sending a card to anyone who is ill or has suffered a loss. If you would like a card sent to someone on behalf of the LLI membership, please contact Arlene Gribben. Include name, address and sufficient information so an appropriate card may be chosen.

Change of Date for the "Soldier Life in the Civil War"

Course 9W14P, *Soldier Life in the Civil War*, has been changed from Wednesday, March 11, to Tuesday, March 24. Time and Place are the same — 1:30-3:00 p.m., John Marshall Library Meeting Room, Alexandria (details in the Winter-Spring catalogue).

Established 1996



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