

Next LLI Forum

Tuesday, June 2, 2009 at 10:00 a.m.
(Social Hour at 9:30 a.m.)

Breakthrough Discoveries in Genetics Will Change the Face of Medicine

Dr. Carla Easter, NIH Science Education Specialist with the National Human Genome Research Institute, will report on several surprises that scientists have learned as a result of the complete mapping of the human genome. She will give an overview of how genes are coded and describe some promising research projects underway. How do researchers connect genes to particular functions or diseases, how are genes turned on or “expressed” and what are some of the most tangible benefits from our expanding knowledge? What exactly do we mean by personalized medicine? What are some of the ethical issues and challenges before us in the genetics revolution? Her presentation will be accompanied by a generous supply of free NIH brochures and include the opportunity to ask questions and explore concerns.

Mark Your Calendar for Future Forum Topics

September 1: The Shakespeare authorship controversy, LLI member Joseph Pincus will present “The Man Who Wrote Shakespeare.”

October 6: Our speaker will be Channel 4 Weatherman Bob Ryan.

November 3: Ben Boxer, Fairfax County Waste Management Dept. will discuss recycling and other environmental issues.

Please Note: *Parking is in the pay parking garage (\$1/hour). Parking in the B and C lots is by permit only.*

***Deadline for the
September newsletter
is August 7.***

Reminder — LLI Picnic

Thursday, May 28, 11 a.m.
Fort Hunt Park

Members, \$15.00
Guests, \$20.00

If you still wish to attend, call or e-mail
Bonnie Hopler, 703-978-9381,
pbhopler@cox.net



Don't Forget

***LLI's Annual Meeting will be held
immediately following the Forum
speaker. Elections for officers and
positions on the Board of Directors
will be conducted and
the annual budget for FY 2010
will be presented.***

Lunch Bunch

John Bogart bogartje@cox.net

Following the Forum, join the Lunch Bunch at **Esposito's Restaurant**, 9917 Fairfax Blvd., Fairfax, Ph. 703-385-5912. The restaurant is located opposite P. J. Skidoo's Restaurant at Rebel Run. It features Italian foods and is a favorite of our new Immediate Past President Dick DiBuono.

Directions from NOVA: Upon leaving NOVA turn left on 236 to Prosperity Ave. Turn right onto Prosperity Ave. to Arlington Blvd. (Rt. 50). Turn left on Arlington Blvd., go past Fairfax Circle about a half mile. The restaurant is on the left (opposite P. J. Skidoo's Restaurant), just before Rebel Run Rd.

Calendar of Events

June 2009

- 2 Annual Meeting & Forum (Tues.)
- 6 Trip: John Wilkes Booth Escape Route (Sat.)
- 12 Board meeting

July 2009

- No Forum, no newsletter
- 15 LLI Board Retreat

August 2009

- No Forum, no newsletter
- 7 September newsletter deadline
- 17 Newsletter mailing

September 2009

- 1 Forum (Tues.)
- 10 Trip: Montpelier and Gordonsville, VA
- 11 Board meeting
- 11 October newsletter deadline

- 14-24 Trip: Western National Parks
- 21 Newsletter mailing

October 2009

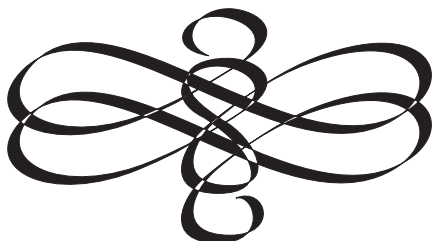
- 6 Forum (Tues.)
- 9 Board meeting
- 9 November newsletter deadline
- 15 Trip: Gettysburg, led by Mike Kelly and Mary O'Day
- 19 Newsletter mailing

November 2009

- 3 Forum (Tues.)
- 13 Board meeting
- 13 December newsletter deadline
- 23 Newsletter mailing

December 2009

- No Forum, no newsletter
- 4 Winter update deadline
- 9 LLI Holiday Party
- 14 Newsletter mailing



LLI Board of Directors

President: Dick DiBuono
Vice President: Bob Huley
Secretary: Gina Trapp
Treasurer: Phil Runge
Assistant Treasurer: Warren Hynes
Past President: Norma Hughes

Members: Terry Brittain 11*, Deanna deMember 09, Dick DiBuono 10, Paul Hopley 11, Norma Hughes 09, Bob Huley 10, Doug Johnson 09, Liddell McLeod 10, Marianne Moerman 10, Moe Moser 11, Barry Newman 10, Don Reynolds 09, Phil Runge 11, Gina Trapp 09, Mary Underwood 11

* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Co-Editors: Norma Hughes 703-960-6279 nah.home@verizon.net and Lynda Brittain 703-425-8240 brittain@cox.net

Graphic Design/Desktop Publisher: Alfred Brothers

Mailing Coordinators: Colletta Hammond and Kathy Hall

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Members

Martha Siemering 703-569-2450
martsiem@cox.net

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

Judy Dellinger, 9525 Wallingford Dr., Burke VA 22015, 703-865-5039, dellingbirds@cox.net

James McCall, 3271 Rose Glen Ct., Falls Church, VA 22042, 703 532-1405, mccalljw@juno.com

Ruth C. Olsen, 7707-C Haynes Point Way, Alexandria VA 22315, 703-339-8927, msruthies@hotmail.com

Updates

Jessica Burmester, 5217 Grinnell St., Fairfax, VA 22032, 703-978-4390, jburmester@verizon.net

Raymond Burmester, 5217 Grinnell St., Fairfax, VA 22032, 703-978-4390, rburmester@verizon.net

Helen Clark, 3750 Joseph Siewick Dr., #327, Fairfax, VA 22030, 703-955-7330, HelenatSunrise@yahoo.com

Patricia Denny, paydenn@yahoo.com

Sybil Descheemaeker, sybilshome@yahoo.com

Mariann Horejsi, 9610 Counsellor Dr. NW, Vienna, VA 22181, 703-255-7074, jhorejsi@cox.net

Charles Hulick, 6587 Zoysia Ct., Alexandria, VA 22312, 703-750-3180, chulick@verizon.net

Donald Seiler, 129 Mendon Lane, Vienna, VA 22180, 703-938-7164, dwseiler@juno.com

Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI's many other activities. Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI.



It is important to include the form with your check, as it is much easier to credit your membership renewal in our database.

President's Message

This is my final message to you as your President. I hope the past two years have been for you, as they have been for me, a time of very enjoyable involvement in the many programs and activities of our fine Institute. Following our guest speaker's presentation at the June 2 Forum meeting, we will be conducting our Annual Meeting at which we will elect five members to the Board of Directors to fill the vacancies of those completing their three-year term of office in June, and elect our officers for the next operating year (July 1, 2009 through June 30, 2010). At that meeting you also will learn about the Board-approved fiscal year 2010 budget, a copy of which appears elsewhere in this newsletter. I encourage all of you to attend and participate in this important meeting.

Although a summary of LLI's activities and accomplishments during FY 2009, which ends June 30, will be presented in the August/September newsletter (no newsletter in July) I want to provide you with a few facts as we near the end of LLI's 13th operating year: We currently have 360 members; we've managed to hold our annual dues at the \$110 level for a third consecutive year; we conducted a successful year-long education program extending over three terms with 19 courses of instruction in the summer curriculum, 38 courses in the fall and 36 courses in the current winter-spring term; we have held seven very interesting Forum meetings (March was cancelled by weather and the eighth will be on June 2); we conducted seven day-trips, two overnight trips and 1 cruise; we gave \$9,000 in scholarships to NVCC students; we enjoyed a fall picnic and a holiday luncheon; we've sponsored eight very active special interest groups; we donated hundreds of pounds of food to charitable food banks and food kitchens; and we have secured use of the Ernst Cultural Center Forum and Seminar rooms at least through the end of 2010. These and more we've achieved through the vast volunteer efforts of our members with the administrative support of just one paid part-time person. I especially want to recognize and thank the members of the Board of Directors for their dedication to LLI and the support they provided me, my fellow officers for their diligence, support and leadership, our Administrator for the proficiency exercised in carrying out her duties, and most of all, everyone who gave me their friendship.

As I conclude my year as your president I am proud of our Institute and its accomplishments. Continuation of this success depends on all of you members volunteering for at least one activity or committee in the coming year.

Dick DiBuono

Community Outreach

Betty Lee Thatcher 703-354-8154
Carol Weber, caroljeanweber@hotmail.com

This month the food collected at the Forum will be donated to ACCA (Annandale Christian Community for Action). Founded in 1967 by a small group of church activists, the ACCA, through the collaboration of 26 churches in the Annandale, Lincolnia, Baileys Crossroads, and Culmore areas of Fairfax County, provides a wide range of services including developmental child care, furniture, transportation, and a food pantry. ACCA also supports scholarships for students with disabilities, Rebuilding Together (housing rehab), the CROP Walk, and Meals-on-Wheels. With the exception of the Child Development Center, all ACCA services are delivered by volunteers.



The requests for food have increased dramatically this year, as they have for other community groups. Although donations of any non-perishable food is appreciated, please note the greatest needs: **cooking oil, rice (1-2 lb. bags), dried beans, maseca (corn flour), tuna fish, canned or bottled juices, peanut butter, canned fruit, crackers, small bags of sugar and flour, and paper goods.** Betty Lee Thatcher and Carol Weber will deliver the LLI donations.

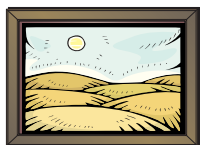
This will be the last food collection until the September Forum. Many thanks to all who have donated this year. LLI members have been very generous.

D-Day Remembrance

LLI Member to Be Honored

Don Reynolds, long-time active member of LLI and veteran of World War II, will be in Normandy, France, for the 65th anniversary of the D-Day Invasion in the first week of June. While attending re-enactments, he will receive an award from the French government for his unit's part in the Normandy Campaign. Don served in the Advance Section Communications Zone, responsible for the logistical support of the 1st, 3rd, and 9th Armies from Normandy through VE Day. Congratulations to Don for receiving the recognition that is so well deserved.

Special Interest Groups



Arts & Smarts

Donna Trogler, 703 751-8932 or
DTrogler@aol.com

June 19, 2009: Arts & Smarts will be going to the National Gallery of Art for a docent-led tour of **“Heaven on Earth: Manuscript Illuminations from the National Gallery of Art.”** The Gallery’s collection of medieval and Renaissance manuscript illuminations, dating from the twelfth to the sixteenth centuries, is one of its most spectacular yet least known treasures. This exhibition offers the first presentation of these exquisite works in more than three decades. For more information, please call or E-Mail Donna Trogler. There will not be an Arts & Smarts museum visit in July owing to the art tour being led by Tom Hardy.



LLI Bridge Group

Bob or Merry Huley 703-534-4819 or
703-489-9045 (roberthuley@cox.net)

June and July Play Dates — In June, we will play on **Wednesday, June 3**, and **Wednesday, June 17**. In July, we will play on **Wednesday, July 1**, and **Wednesday, July 29**. **Location:** Mason District Government Center. **Time:** 10 a.m. to 2 p.m. Bring a bag lunch.

You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call, or email me, if you would like to attend (or for more information) so that we can provide sufficient card tables.

Recent Results — Top three finishers on April 22 were Janet Goodrich, Nelva Berend, and Doug Johnson. Top three on May 7 were Betty Yeary, Nate Rosenbaum, and Lynda Brittain. Congratulations to all.



Community Theater

Norma Hughes 703-960-6279,
nah.home@verizon.net

Let’s get together to attend some of the many and varied stage productions that are presented by community theater groups in Northern Virginia. I have attended three within our area alone, and I know there are several more to choose from. While these amateur productions are not Broadway, neither is their cost of admission (senior tickets are generally in the \$15

range). The musicals and dramas are usually far beyond just “good.” If you enjoy the stage, you will really appreciate and enjoy the amazing talents that these theater groups present.

At the June Forum members who are interested in organizing a series of community theater events are invited to meet immediately following the Forum to discuss how we can proceed. Please call or e-mail Norma if you wish to be included on an e-mail list of those interested in future events.



LLI Current Events Group

Our group will continue to meet the **1st and 3rd Fridays of the month**, and will meet during the months of **July and August**. Topics for discussion will reflect the current political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or learn more about current events. Discuss, listen, present — whatever is your pleasure.

Date/Time: **Friday, June 5**, 10:00 – 11:30 a.m.

Place: Mason District Governmental Center, Small Conference Room; 6507 Columbia Pike, Annandale, VA 22003

Date/Time: **Friday, June 19**, 10:00 – 11:30 a.m.

Place: George Mason Regional Library, Conference Room; 7001 Little River Turnpike, Annandale, VA 22003

Friday, July 3, 10:00 – 11:30 a.m. – Mason District Governmental Center

Friday, July 17, 10:00 – 11:30 a.m. – George Mason Regional Library

Friday, August 7, 10:00 – 11:30 a.m. – Mason District Governmental Center

Friday, August 21, 10:00 – 11:30 a.m. – George Mason Regional Library

For more information, e-mail Marion Jacknow at mjacknow@aol.com or call (703) 698-8702.



In Memoriam

Condolences to the family and friends of **Arthur Thue**, a long time member of LLI.



Favorite Books Club

Arlene Gribben 703-569-0357,
arlenegribb@aol.com

Date: Thursday, June 18

Time: 11:30 a.m. – 1:00 p.m.

Place: Mason District Governmental Center, Small Conference Room

June's book selection, written by Patricia O'Brien, is about a family that has been described as the Kennedys of yesteryear. The novel, "Harriet and Isabella," has three main characters from the famous Beecher family — Harriet Beecher Stowe of "Uncle Tom's Cabin" fame, her sister Isabella Beecher Hooker, who was active in the emerging women's movement, and their preacher brother, who was caught up in a scandal and trial that caused much suffering and turmoil within the family. Some of the story's dynamics cover family loyalty, truth, wealth, notoriety, power, and arrogance.



LLI Gourmands

On Friday, June 19, Gourmands will dine at Martha Siemering's home where appetizers / soup / salad / sandwiches will be served.

Contact Martha at 703-569-2450 or e-mail martsiem@cox.net if you wish to attend. Martie Klee has arranged the July event, a Sunday brunch at Girasole Restaurant in The Plains, VA. Reservations have been made for Sunday, July 12, at noon . Please contact Martie by July 5 if you are able to join the Gourmands for this event; call 703-644-4931 or E-Mail marthaklee@verizon.net.

On Monday, August 24, Barbara Woods has made luncheon reservations at noon, for a maximum of 15 people at the Springfield Country Club. We will each order from the menu of quite reasonable prices. The club is a private organization and does not deal in cash or credit, thus individual payments will be made by cash or check. The club is in West Springfield at 8301 Old Keene Mill Rd., near the intersection of Rolling Rd. & Keene Mill Rd., across from the Cardinal Forest Shopping Center. We will all meet in the club lobby by noon.

Call or e-mail Barbara (703) 569-1278 or bwoodscgc@hotmail.com , by August 16 if you plan to attend or wish further details about this event. Please understand that if you do not show up, you will prevent someone else from attending; as a club member, Barbara is obligated not to exceed the maximum number of attendees for this event.

LLI Bacchus Wine Tasting Group — Anne Austin, 703-569-5994, abbaustin@aol.com. This group meets quarterly. Future dates will be announced in

the newsletter or a Forum. Contact Anne if you wish to be included on the mailing list.



Nimble Fingers

Bev Portman, 703-698-8366,
firse@juno.com

The June meeting of Nimble Fingers will be on Friday, June 12, 1:00 to 2:30, in the Small Conference Room of the Mason District Governmental Center. Bring a small needlecraft project of any type to work on. In July, the group will meet on July 10. In August, our meeting is August. 14. For more information, contact Bev Portman.



Walkabouts

Liddell McLeod 703-698-8366,
Liddell_mcl@cox.net

No walks are scheduled for the summer. The August/September newsletter will contain the schedule for September.

Handymen and Tradesmen List

Anne Austin (ABBAustin@aol.com; 703-569-5994)

LLI members who would like to add their recommendations to this list may send the handyman's information (Name, Phone Number, and Services Provided) to Anne Austin.

Fuel Shortage?

Let's not forget that LLI runs on the energy generated from its members. Without tapping into all available sources of energy, LLI's engines will not run. Please think creatively about how you can become a source of energy for LLI. During your next class or trip or other LLI activity, please spend some time talking to another member who already volunteers, such as a trip leader or class coordinator, a Board member, a committee member. Find out how you can help. Sign-up lists are always available at the Forum Volunteer Table, but a direct conversation with someone involved with specific activities is the best way to learn where you might fit best. Check your monthly newsletter or directory for names and contact information. Ask a friend to volunteer with you. Better yet, volunteer and make new friends. Remember, LLI needs you.

*Lifetime Learning Institute
of
Northern Virginia*

Budget for Fiscal Year 2010

(1 July 2009 through 30 June 2010)

Income & Expenses, Fiscal Year 2010

Income

| | | |
|-----------------------|-----------|---------------|
| Membership Dues | \$ | 39,050 |
| Interest Income | | 350 |
| Total | \$ | 39,400 |

Expenses

| | | |
|--|-----------|---------------|
| Administrative Staff | \$ | 11,500 |
| Financial System | | 500 |
| Furniture & Equipment/Service | | 400 |
| Conferences/Retreats | | 850 |
| Honoraria | | 420 |
| Insurance | | 1,500 |
| Parking Reimbursement | | 100 |
| Ernst Center (forum/seminar rooms) | | 1,500 |
| Classroom Rent | | 3,500 |
| Office Supplies | | 1,750 |
| Publications Design | | 2,800 |
| Outside Printing | | 5,600 |
| Postage/Mailing | | 2,200 |
| Teaching Materials | | 400 |
| Social Events | | 1,100 |
| Telephone | | 1,000 |
| Refreshments | | 3,500 |
| Taxes and Fees | | 50 |
| Miscellaneous | | 500 |
| Total | \$ | 39,170 |

Allocation to Members Equity

| | | |
|--|----|-----|
| | \$ | 230 |
|--|----|-----|

Approved by the Board of Directors on 8 May 2009

LLI Scholarship Winners

Presented here are the bios for our remarkable 2009 scholarship winners. It was the committee's pleasure and difficult task to choose these students after reading their essays and the wonderful supporting letters from their professors, and meeting them face-to-face in interviews. Some of you had a chance to meet them at the May Forum meeting, where they received their checks and certificates

ESTHER CLARK, winner of the \$2,000 Knox Singleton Leadership scholarship is a 16-year-old student who is President of the Student Government Association, Vice President of the Society of Physics Students, and a candidate for President of Phi Theta Kappa for next year. She has participated in international science competitions abroad, and would like to be a US ambassador in the future.

Hospitality Appreciation

As we approach the end of another year of successful LLI Forums, we would like to show our appreciation to all the volunteers who help make that possible. Along with the guest speaker, a highlight of our meetings is our 9:30 "coffee klatsch." Scores of members provide snacks, cookies and fruit for all to enjoy. Many have volunteered more than once, while some bring treats and remain anonymous. Anyone who wishes to take part may sign up at the Volunteer table. Hospitality Coordinators, Trudy Hynes and Sally Reynolds, wish to thank the following members for their efforts this past year:

| | | |
|--------------------|-------------------|-----------------|
| Doris Balinsky | Coletta Hammond | Tania Moser |
| Ferne Beyer | Beverly Harris | Mary Oakes |
| Carolyn Blackwell | Pat Harrison | Eda Pickholtz |
| Dianne Boyle | Delsa Hildebrandt | Shirley Politte |
| Sue Carbo | Bonnie Hopley | Leah Porzel |
| Jean Chybinski | Trudy Hynes | Connie Rubin |
| Helen Clark | Marion Jacknow | Jane Rule |
| Marie Conway | Nancy Jerdan | Arlene Sachs |
| Pat Daniels | Leona Johnson | Janice Schiff |
| Deanna DeMember | Jane Jones | Ann Solomon |
| Kathy Dennehy | Martie Klee | Gina Trapp |
| Pat Denny | Linda LeDuc | Mary Underwood |
| Sybil Descheemaker | Shirley Lytle | Carol Weber |
| Norma Fisher | Sheri Masek | Carol Wilson |
| Judy Fitton | Jeanie McGillen | Salli Wise |
| Arlene Gribben | Marianne Moerman | Jane Yance |

Her name will appear on the plaque of our top leadership scholars which hangs outside the Provost's office in the CG Building.

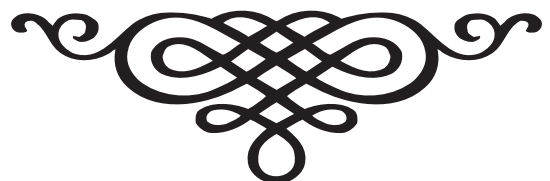
MONICA GIBSON, winner of the \$1,000 Leadership Scholarship, has, together with fellow student Nancy Tappan and Professor Nancy Chamberlain, Assistant Dean of the Department of Recreation, Parks and Leisure Studies, developed a remarkable after school nature play program, which was adopted by the Fairfax County Public School system in March 2009, thereby fulfilling an important need in the community

LIDUINA NGUNDAM, winner of the \$2,000 Academic Scholarship wants to pursue a career as a nurse. Despite encouragement from family and friends to study medicine, as her GPA of 4.0 would easily permit, she considers that the relationship of a nurse to her patients is more important - ultimately she wants to obtain a doctorate in nursing

YOUSSEF ZAKI, winner of the second \$2,000 Academic Scholarship, is an electrical engineering student. Youssef worked in restaurants, gradually working his way up to more responsible positions, but realized he wanted to become an electrical engineer as a more fulfilling career. His goal is to study nanoengineering, a cutting edge technology, at the University of Wisconsin

JASON UPCHURCH, winner of the \$1,000 Academic Scholarship, is another fine product of the electrical engineering department. He too had a previous career, as Director of Business Development for a telecommunications firm. When he was transferred to Northern Virginia, he discovered the Northern Virginia Community College, and decided to enroll as an electrical engineering student. He plans to continue with a BS in this field, and to continue on to graduate school and a career in research.

JONAS SHELLENBERGER, winner of the second \$1,000 Academic Scholarship, is majoring in respiratory therapy at the Medical Education Campus. He ultimately plans to become a doctor, after working as a respiratory therapist and earning a bachelor's degree in biology.



From the LLI Scrapbook



LLI President Dick DiBuono thanking the Newseum speaker, John Maynard.



Betty Lee Thatcher and Carol Weber organize Community Outreach.

Committees & Events at LLI



LLI Picnic Committee singing "Take Me Out to the Picnic."



The LLI Curriculum Committee. *Front row: Gina Trapp, Paul Hopley, Helen Clark, Mary Underwood, Virginia Fernbach. Back row: Salli Wise, Moe Moser, Lorin Goodrich, Peter Schwarzkopf.*



Nimble Fingers enjoying a monthly meeting.

2009 Scholarship Award Presentation



2009 Scholarship Winners at May Forum. Front row, Jason Upchurch, Jonas Shellenberger, Youssef Zaki; back row, Monica Gibson, Liduina Ngundam, Esther Clark.



NVCC Professors Abe Eftekhari and Bruce Colletti with award winners Zaki, Upchurch, and Ngundam.



LLI Scholarship Committee with Marge Singleton; the award winners; NVCC Professors Abe Eftekhari, Bruce Colletti, and Bruce Mann; and LLI President Dick DiBuono.



Marge Singleton presenting the Knox Singleton Leadership scholarship award to Esther Clark.



LLI Scholarship Committee: Stan Lichtman, Deanna deMember, Leah Porzel, Doris Balinsky, Marianne Moerman, and Professor Bruce Mann with Marge Singleton and award winners.

Established 1996



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