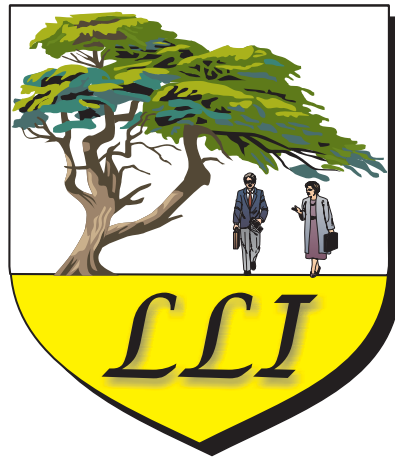




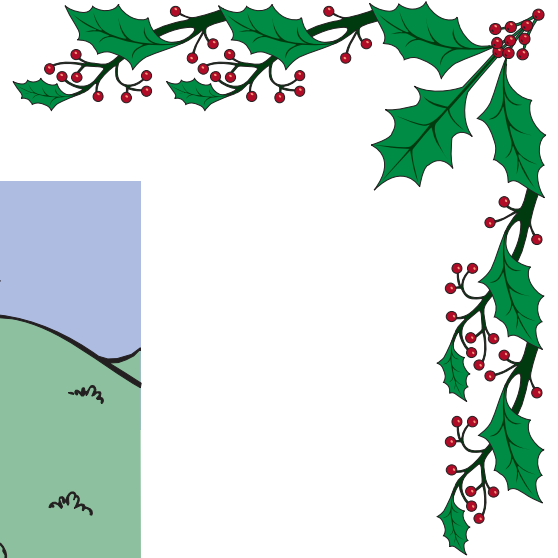
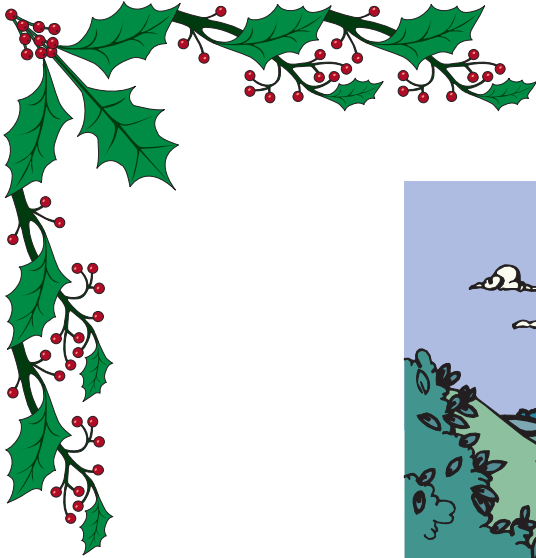
# *Fall 2010 Program*



## **Lifetime Learning Institute**

c/o Division of Continuing Education, NOVA Annandale  
8333 Little River Turnpike  
Building CF, Room 218  
Annandale, VA 22003-3743  
Phone: (703) 503-0600 / FAX: (703) 503-5350  
Website: <http://lli.nova.org>  
E-Mail: [llinova@juno.com](mailto:llinova@juno.com)





We're looking down the road to the  
**Annual LLI Holiday Luncheon**  
at The Country Club of Fairfax



on Tuesday, December 7, 2010  
Watch future LLI Newsletters  
for Specifics

# General Information

## What Is LLI?

Sponsored by Northern Virginia Community College (NOVA), Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Elderhostel Institute Network (EIN) and benefits from the services EIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired), who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

### LLI

- is governed and financed by members
- is supported by member-led planning, administration, and instruction
- provides non-credit, non-degree courses
- offers educational, cultural, and social events
- recognizes physical and mental health are major elements of vital aging.

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## How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

## When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10 a.m. and 3 p.m. The courses are held on the NOVA Annandale campus and off-campus in churches, community centers and other suitable locations.

## Benefits of Membership

- Participation in courses and special interest groups throughout the year usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic and winter holiday luncheon.
- Monthly newsletter.
- And hopefully, new friendships.

## How Do I Become a Member and What Is the Cost?

Complete the membership application form found on pages 29 and 31, and mail with your check to the address shown. The current annual membership fee is \$110. The membership period is for 12 months beginning with the month in which dues are paid.

## How Do I Register for Classes and Tours?

Complete a class registration form found on pages 25 and 27, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed stamped envelope and any applicable fees as soon as possible; *registration for classes closes August 25, 2010*. Registration forms received after that date will be considered only if there are spaces remaining in the courses you select. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been canceled. As a courtesy to other LLI members, please call the Leader/Coordinator listed in the specific course description if you will not be able to attend part or all of a course after you have been accepted. This will give members on a waiting list an opportunity to attend.

Registration for trips should be submitted on the separate forms provided. Please remember to sign the "Assumption of Risk and Acknowledgment of Responsibility" statement.

LLI courses are open only to those LLI members who have **registered and been accepted** into the course unless otherwise specified. **Please note** that if you are wait-listed for a course, you are not "accepted" unless notified. The next time the course is offered, you must re-register but will be given priority acceptance.

## Monthly Forums

Members and non-members are warmly welcomed as guests to attend the Speakers Program and Open House Forum. The Forum is held monthly (except December and during the summer) at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on page 5) on the NOVA Annandale Campus (see page 7 for schedule).

For more information, call the LLI office at (703) 503-0600 or check the website at <http://lli.nova.org>; also see information in the LLI monthly newsletter. Persons attending these Forums should park in the garage on

Center Drive next to the Ernst Center. There is a \$1.00 per hour charge to park in the garage.

## Class Cancellations

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather or other emergency, all LLI classes, Forums, and other activities, (**except for Trips/Travel — see below**), are cancelled regardless of class location. LLI morning classes are cancelled if the FCPS announces a two-hour delay in class openings; LLI afternoon classes are cancelled if the FCPS announces early dismissal.

**Trip/Travel Cancellations:** The Trip Committee Chair is responsible for the decision to cancel a trip.

## Directions to Class Locations — Fall 2010

**Annandale United Methodist Church**, 6935 Columbia Pike, Annandale

### *Directions from the Beltway*

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and go into the left lane. At the next traffic light (Backlick Road), which is at the intersection where Fuddruckers restaurant is located on the left and a Mobil service station is on the right, take a left onto Backlick Road and bear right immediately. You will go only a short block and after passing a Jiffy Lube, turn right onto Columbia Pike. Drive to the second traffic light which is at Gallows Road where you will see a small old white church on the right. Proceed just beyond the traffic light and turn right into the parking lot. Enter the brick church through the main entrance and look for signs.

**Greenspring Village**, 7440 Spring Village Drive, Springfield

### *Directions from the Beltway*

Take exit 4 (South) and drive to the first exit on I-95 South which is the Springfield interchange. Exit to the right onto Old Keene Mill Drive and follow signs to Backlick Road South. Proceed on Backlick Road to the Franconia-Springfield Parkway (Route 7900). Take the first right turn to enter the Parkway. Proceed on the Parkway to the first traffic light and turn right onto Spring Village Drive. Advise the guard station attendant that you are going to be attending a "Lifetime Learning Institute" class. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.

**James Lee Community Center**, 2855 Annandale Road, Falls Church

### *Directions from the Beltway*

Take Arlington Blvd. (Rte. 50) towards Falls Church to Annandale Road. Turn left on Annandale Road (going towards the center of Falls Church) to a traffic light at James Lee Street. Turn right into the parking lot. Please enter the building on the parking lot side and take an immediate right to the classrooms.

**Little River United Church of Christ**, 8410 Little River Turnpike, Annandale

*Directions from the Beltway*

West on Little River Turnpike (Route 236) to the second traffic light (you will see the NOVA campus on the left). Turn right at the light and follow the road to the church parking lot.

*Directions from Wakefield Chapel Road*

Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

**Mason District Governmental Center**, 6507 Columbia Pike, Annandale

*Directions from the Beltway*

East on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

**McConnell Public Safety and Transportation Operations Center (MPSTOC)**, 4890 Alliance Drive, Fairfax

*Directions from the Beltway*

Driving from the Capital Beltway, take the I-66 West exit and continue to Exit 55A onto the Fairfax County Parkway South; exit onto Lee High/West Ox Road and turn left at the second light at the Lee Highway interchange. Turn left again at the second light onto West Ox Road. At the second light, turn left onto Alliance Drive. Visitor parking is the first lot on the left.

*Directions from Springfield*

Driving north on the Fairfax County Parkway (Rt. 7100), take the exit for Lee Highway/West Ox Road; bear right to West Ox Road, northbound; turn left at the third light onto Alliance Drive. Visitor parking is the first lot on the left.

**Meadowlark Botanical Gardens**, Beulah Road, Vienna

*Directions from the Beltway (Route 495)*

Proceeding on the Beltway toward Baltimore (and the American Legion Bridge), exit onto Route 123 South (Dolley Madison Blvd.), and proceed through two traffic signals (past Tysons Corner Center on your left and Tysons II on your right) to the intersection with Gallows Road (the third traffic signal). Turn right onto Gallows Road, moving immediately into the **left** turn lane. The next intersection is with Old Courthouse Road (and another traffic signal). Turn left onto Old Courthouse Road and proceed until it intersects with Beulah Road on your left. Proceed **straight** through this intersection (you may notice that the road's name changed from Old Courthouse to Beulah even though you kept straight...only in Virginia!). Proceed on Beulah Road until you reach Meadowlark Gardens (and Meadowlark Gardens Court) on your left. Turn into the Court and you will find parking on your left.

**NOVA Campus Buildings**  
(Refer to campus map on p. 5.)

Parking for all Campus Classes and Activities. **PLEASE PARK IN THE PAY PARKING GARAGE NEXT TO THE CULTURAL CENTER. THERE IS A \$1.00 PER HOUR CHARGE TO PARK IN THE GARAGE.**

**Ernst Community Cultural Center (CE)**, also called the NOVA Cultural Center, Annandale Campus, building marked "1" on the map. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum.

**Providence Presbyterian Church**, 9019 Little River Turnpike, Fairfax

*Directions from the Beltway*

Drive west on Little River Turnpike. Cross Wakefield Chapel Road and Guinea Road. Church is on the left a short distance after Guinea Road. Turn into the church and park in the lot behind the church. Overflow parking is available in parking lot on the side of the church. Enter the large double doors and immediately turn right. Go through the inside double doors and you will be in the classroom.

*Directions from Fairfax*

Drive east on Little River Turnpike. Cross Olley Lane and go through light at Prince William Drive. Church is on the right a short distance after Prince William Drive. Turn into church and go all the way to the rear to park. Enter the large double doors and immediately turn right. Go through the inside double doors and you will be in the classroom.

**St. Matthew's United Methodist Church**, 8617 Little River Turnpike, Annandale

*Directions from the Beltway*

West on Little River Turnpike (Route 236). Pass the NOVA campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot. Park in spaces near the left-hand side of the church since you will be entering the building through a basement door on the left side.

*Directions from Braddock Road going East*

Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NOVA on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

**The Virginian**, 9229 Arlington Boulevard (Route 50), Fairfax

*Directions from the Beltway and Little River Turnpike (Route 236)*

Drive west on Little River Turnpike to Pickett Road. Turn right on Pickett Road and drive to Arlington Boulevard. Turn right onto Arlington Boulevard and then turn right at the first traffic light which will take you into The Virginian's driveway. Follow signs for visitor parking.

*Directions from the Beltway and Arlington Boulevard  
(Route 50)*

Drive west on Arlington Boulevard. Turn left at the first traffic light\*\* after Nutley Street into The Virginian's driveway. Follow signs for visitor parking.

Parking is permitted in any vacant slot that is not designated as employee parking.

\*\* Landmark at this traffic light: Stonehurst Drive is on the right. Be sure to take a left at the traffic light into The Virginian complex.

**The Woodlands, 4320 Forest Hill Drive, Fairfax**

*Directions from the Beltway*

Take the Braddock Road West exit and go west on Braddock Road (approximately 7 miles) to Shirley Gate Road (Rt. 655). Turn right on Shirley Gate Road and proceed to the first traffic light at Lee

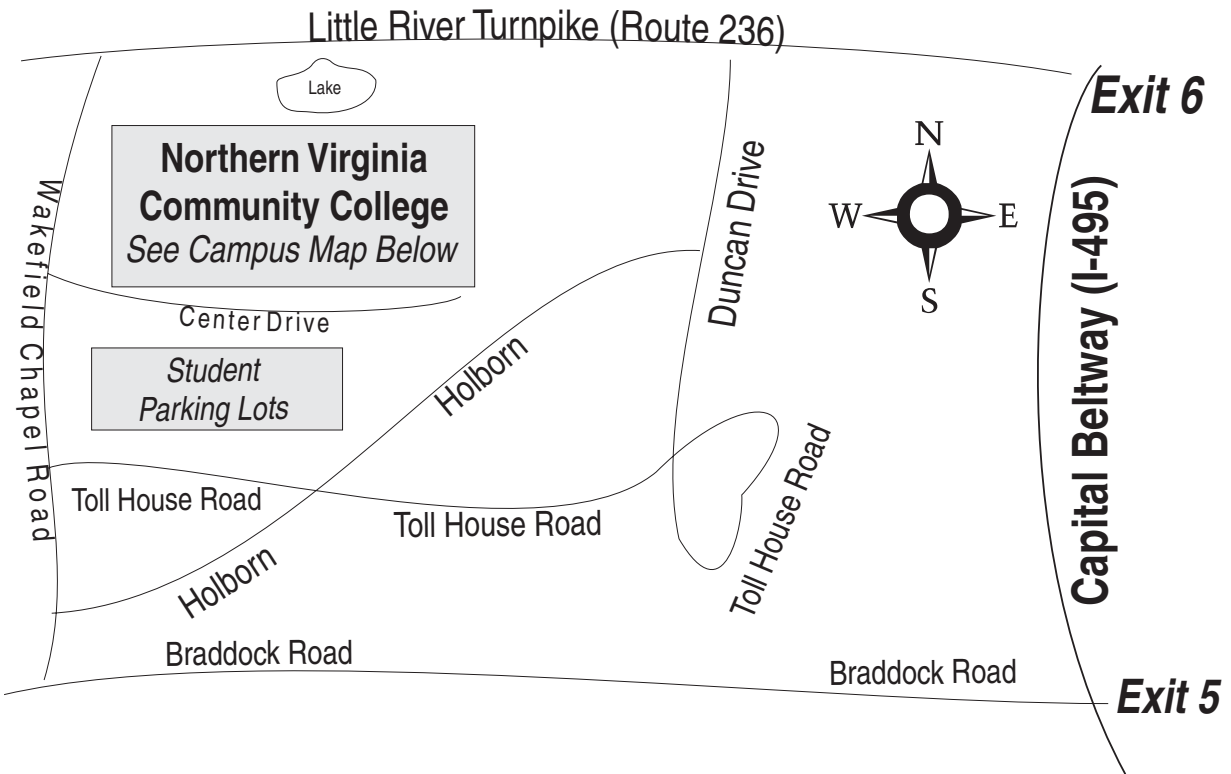
Highway. Turn left on Lee Highway and then turn left at the next traffic light (Forest Hill Road). Continue to the second entrance on your right at The Woodlands sign.

Parking is permitted at The Woodlands as well as at the first building, The Gardens, next door. If both parking lots are full, street parking is permitted on Forest Hill Drive.

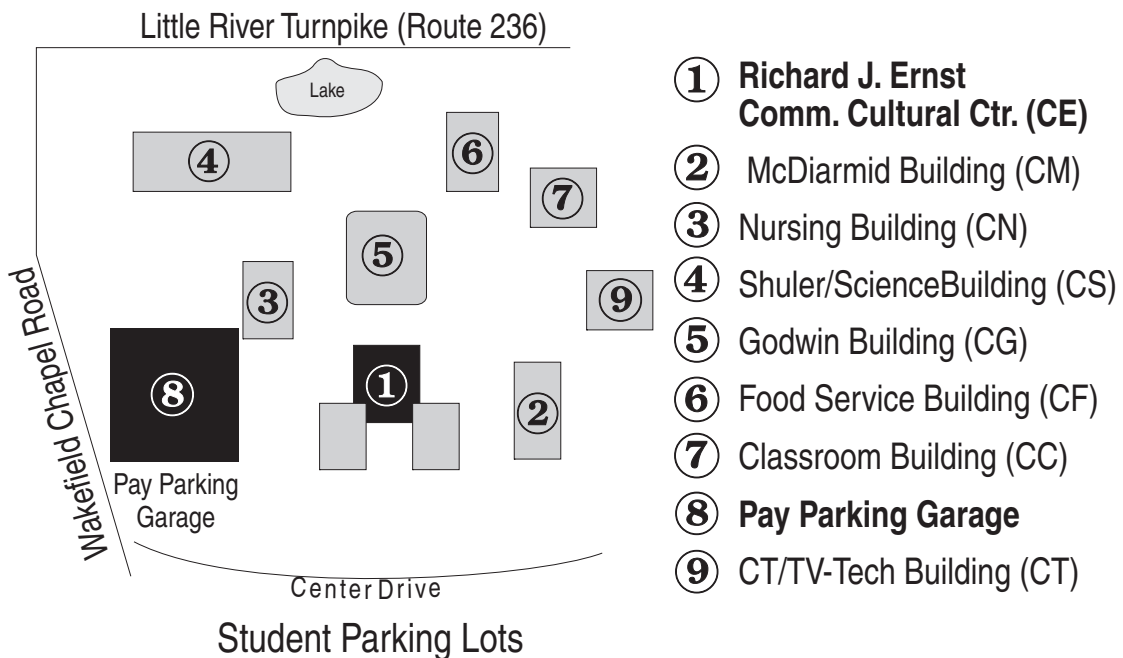
*Directions from Rt. 66*

Take Rt. 66 to the exit for Rt. 50 East (Fairfax). Go right at first traffic light (Waples Mill Road). Go right at Lee Highway, and turn left at first light (Forest Hill Drive). Take second entrance on right into The Woodlands on the left.

# NOVA Campus Maps



## Annandale Campus Map





# LLI Fall Program 2010

**Note:** All programs are free to members unless otherwise specified. See full addresses of class locations starting on page 2.

**Members must register for the classes prior to attending because of space constraints. If you are unable to attend after registering, please contact the course coordinator so that anyone on the waiting list can be given the opportunity to attend the class.**

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## LLI Forum and Open House

The "Forum" is a meeting that offers presentations by guest speakers on a variety of topics. It is open to both members and non-members. Following the presentations, brief announcements are usually made regarding LLI's activities. Light refreshments are available at 9:30 a.m. The meeting begins at 10:00 a.m. Refer to the LLI newsletter for details.

**Upcoming Forum dates are:** Wednesday, September 1, Tuesdays, October 5, November 2. No Forum in December.

**Place:** Ernst Cultural Center (CE), NOVA Annandale Campus

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## Lunch Bunch

LLI members and guests are invited to join fellow members for lunch following each Forum meeting. For the convenience of participants, a restaurant not too far from the NOVA Campus that offers quality food at moderate prices is selected each month. The lunch gives attendees a chance to meet and greet fellow LLI members. No advance reservation is necessary. A count of those planning to participate that day is taken at the Forum. Contact John Bogart at (703) 273-2547 or [jbogart@juno.com](mailto:jbogart@juno.com).

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## Monday Mornings

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### Course 10F01A Knitting for Beginners and Others (6 Sessions)

Join one of LLI's favorite courses and review basic knitting stitches—knit, purl, cast on, increase, decrease, cast off, and yarn over. Knit simple objects or garments using these stitches. The instructor will contact each student prior to the first class regarding purchase of yarn and knitting needles.

**Note:** Knitters of *all* skill levels are encouraged to participate. You don't need to be an expert. You can learn not only from the instructor but from each other!

**Dates & Time:** Mondays, September 13, 20, 27, October 4, 18, 25; 10:00 a.m.—11:30 a.m.

**Place:** Little River United Church of Christ (Room 8), Annandale

**Class Size:** Min. 5, Max. 10

**Leader/LLI Coordinator:** Genevieve Thiem (703) 764-5866

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### Course 10F02A "We Are the Pioneers of the World:" The United States, 1809 to 1841 (8 Sessions)

With the above words, author Herman Melville captured the development of the indomitable American spirit from the frontier wilderness to an undeniable force on the world stage. By 1809,

revolutionaries such as Washington, Franklin, Sam Adams, George Mason, Patrick Henry, and Alexander Hamilton had died and John Adams and Thomas Jefferson had retired. A new generation of leaders named Clay, Calhoun, Webster, Madison, Monroe, and Jackson emerged to cultivate the American experiment. Civil war and disunion threatened to overwhelm an American republic wrestling with exuberant nationalism, imperialism, economic panics, tariff fights, foreign invasion, suffrage battles, border disputes, and "transplantation" of the American Indian. We will examine many of the unforgettable personalities that influenced United States history during the "second war for American independence," "the era of good feelings," and "Jacksonian democracy."

**Dates & Time:** Mondays, October 18, 25, November 1, 8, 15, 22, 29, December 6; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Class Size:** Min. 25, Max. 65

**Leader:** Michael Kelly

**LLI Coordinator:** Pat Daniels (703) 354-3792;  
[rwdaniel@mindspring.com](mailto:rwdaniel@mindspring.com)

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### Course 10F03A Further Explorations in Watercolor Painting (continued) (3 Sessions)

This class is a continuation of the Winter/Spring program and is for those who have already painted in watercolors and want to explore the medium further. Using student-supplied references, i.e., unfinished paintings or favorite photos, the instructor will offer advice on how to finish an already-started painting or how to select a new subject. We'll cover composition, color choices, techniques, etc. Students should bring their own watercolor paints (tubes or pans), watercolor paper, i.e., from a watercolor pad with a weight of 120 mg. or more, and a plastic or homemade palette. Students will need the following colors: cadmium yellow light or medium, yellow ochre, cadmium red light, alizarin crimson, ultramarine blue, pthalo green, burnt sienna, and raw umber. The amount of watercolor paper needed is at least one sheet per class.

**Dates & Time:** Mondays, November 22, 29, December 6; 10:00 a.m.—12:00 p.m. (**Note class time.**)

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 5, Max. 8

**Leader:** Marcia Toepfer

**LLI Coordinator:** John McClanahan (703) 323-1346;  
[johnpmcva@aol.com](mailto:johnpmcva@aol.com)

**Course 10F04A Searching for Local History**

(3 Sessions)

Interested in local history? Be introduced to the Aviator, Dr. Christmas, and learn the many resources available you can use to learn more about our local history. The first class will cover such local history as: Native Americans, the Civil War and Mosby and Stuart, a race track which also had jousting, fox hunting, and the fight against the construction of a new jet airport. The second class will focus on Dr. Christmas, an experimental aviator, who was possibly the third American to fly after the Wright Brothers. The last class will cover instructions on available resources on the Internet and in libraries for use in research. John Wilkes Booth will be the subject of our research for this class. For those who are interested, a tour of the Virginia Room of the City of Fairfax Regional Library will be offered on a day agreed upon at the last class. The Virginia Room houses local history and genealogy resources for the county.

**Dates & Time:** Mondays, January 10, 17, 24; 2011; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Class Size:** Min. 10, Max. 50

**Leader:** Mary Lipsey

**LLI Coordinator:** Salli Wise (703) 256-8001; sarahwise7@verizon.net

## Monday Afternoon

**Course 10F05P Great Presidents: Franklin D. Roosevelt (2 Sessions)**

In preparation for the November 4 day trip, *An American Dynasty: The Roosevelts*, the four DVD's in this Teaching Company lecture series will provide some background on Franklin D. Roosevelt. He was elected to an unprecedented four terms in office, led the nation through the worst depression in its history and the most destructive war the world had ever known. Roosevelt redefined the presidency and dramatically expanded the power and responsibilities of the government. We will view two 30-minute DVD's followed by 30 minutes of discussion at each session. The four lectures to be presented and discussed are:

- Franklin D. Roosevelt—Provocative Politician
- Franklin D. Roosevelt—New Dealer
- Franklin D. Roosevelt—Into the Storm
- Franklin D. Roosevelt—President in a World at War

**Dates & Time:** Mondays, October 18, 25; 1:30 p.m.—3:00 p.m.

**Place:** Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus

**Class Size:** Min. 20, Max. 40

**Leader:** Brent Beeson

**LLI Coordinator:** Peter Schwarzkopf (703) 998-0769; pschwarzkopf@verizon.net

## Tuesday Mornings

**Course 10F06A Independent Living Project/Helping You Live in the Home You Love (6 Sessions)**

The goal of the Independent Living Project is to help older adults and adults with physical disabilities remain in their homes and maintain their independence. This project offers a mix of classes and workshops to help prevent falls, increase and/or maintain health and fitness, and increase knowledge of services for older adults which exist locally. This six-week course will cover a number of topics of interest to older adults including:

**September 14** Nutrition and Cooking for One or Two (Kathy Hall, Coordinator)

**September 21** Fire/Fall Prevention (Peter Schwarzkopf, Coordinator)

**September 28** Your Medications Should Make You Feel Better, Not Worse (Mary Underwood, Coordinator)

**October 12** Food Safety/Preventing Food-Borne Illnesses (Kathy Hall, Coordinator)

**October 19** Preparing for Your Doctor's Appointment (Mary Underwood, Coordinator)

**October 26** Personal Safety (Peter Schwarzkopf, Coordinator)

**Note:** Although various LLI members will be coordinating these classes, if you need to cancel or have any questions, please contact LLI Coordinator Mary Underwood (see below).

Sessions will last approximately one hour and will be followed by 45 minutes of yoga, focusing on strength and balance. You will be asked to fill out a brief survey after each session as this is an outcome-based project. Pre- and post-assessments will be used to determine a person's progress over the six weeks. A home visit is offered to participants to review home safety/fall risks and the possibility of installing grab bars will be discussed. This comprehensive program has been in existence for several years and is offered free of charge through the Fairfax Area Agency on Aging.

**Dates & Time:** Tuesdays, September 14, 21, 28, October 12, 19, 26; 10:00 a.m.—12:00 p.m.\* (Note class time.) \*The October 26 session will run until 12:30 p.m.

**Place:** Mason District Governmental Center, Annandale (Note: all classes except September 21 and October 19 will be held in the Main Community Room. These two classes will be held in the Large Conference Room.) Also note: if you have not received your course acceptance by the time the first class begins, please contact the Course Coordinator.

**Class Size:** Min. 15, Max. 25

**Leader:** Jennifer Edge, LCSW

**LLI Coordinator:** Mary Underwood (703) 329-8391; maryunderwood29@verizon.net

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**Course 10F07A Art in the Collection of the Freer Gallery, Washington, DC (3 Sessions)**

Our three sessions on art at the Freer Gallery will include:

**October 26** American Art at the Freer. The lives and works of American artists James MacNeil Whistler, Thomas Dewing, Abbott Thayer, and Dwight Tryon will be discussed. Insights into Charles Freer's taste in art and artists will be included.

**November 9** Japanese Art at the Freer. This session will be a survey of highlights from the Freer's Japanese collection including screen paintings, hanging scrolls, hand scrolls, ceramics and lacquer ware. The influence of Korea and China on Japanese art will be included, along with a brief explanation of Japanese Shinto and Buddhist traditions. Materials and methods will also be discussed.

**November 23** Chinese Art at the Freer. This session will be a survey of highlights from the Freer's Chinese collection including ancient bronzes and jades, hanging scrolls, hand scrolls, ceramics and calligraphy. The influence of Buddhism and Daoism on Chinese art will be included. Materials and methods will also be discussed.

**Dates & Time:** Tuesdays, October 26, November 9, 23; 10:00 a.m.—11:30 a.m.

**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus

**Class Size:** Min. 5, Max. 30

**Leader:** Robert (Rip) Stockho

**LLI Coordinator:** Doris Balinsky (703) 941-1794; [dorbal123@gmail.com](mailto:dorbal123@gmail.com)

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**Course 10F08A Flying the Helicopter in Vietnam (1 Session)**

This course will highlight the adventure of learning how to fly a rotary wing aircraft and the reality of flying this helicopter in Vietnam. Hovering an aircraft is very unnatural. Dan Dennison will discuss the basics of helicopter flight and the new aviation technologies that were emerging in the mid-1960's, including gas turbine engines and small Gatling guns. Dan served in the Central Highlands of the Republic of South Vietnam from September 1967 to September 1968 as a Helicopter Aviator. During his tour of duty, he participated in the Battle of Dakto in November 1967 and the American response to the Tet Offensive from January to March 1968. During Tet, he flew a Night Hawk Light ship that operated from sunset to sunrise. He will discuss his experience of flying in combat.

**Date & Time:** Tuesday, November 16; 10:00 a.m.—11:30 a.m.

**Place:** Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus

**Class Size:** Min. 10, Max. 50

**Leader:** Dan Dennison

**LLI Coordinator:** Blanche Goulet (703) 971-1460; [bbgoulet@cox.net](mailto:bbgoulet@cox.net)

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**Course 10F09A Museum Masterpieces: The Louvre (3 Sessions)**

Renowned art historian Richard Brettell of The University of Texas at Dallas will take us on a sumptuous exploration of The Louvre's Department of Paintings. With masterful insight, he will show us how its many masterpieces are connected and guide us through the great works and personal worlds of Leonardo, Rubens and Vermeer. The six lectures, shown in 30-minute DVD presentations as prepared by The Teaching Company, are: (1) Palace to Museum—The Story of The Louvre; (2) Leonardo and the Origins of the Collection; (3) Italian Renaissance and Baroque Painting; (4) Spanish School of Painting; (5) Rubens and Flemish Painting, Early German; and (6) Rembrandt, Vermeer, and Dutch Painting. Each DVD will be followed by discussion.

**Dates & Time:** Tuesdays, November 16, 23, 30; 10:00 a.m.—11:30 a.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 15, Max. 30

**Leader:** Marcia Toepfer

**LLI Coordinator:** Donna Trogler (703) 751-8932; [dtrogler@aol.com](mailto:dtrogler@aol.com)

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**Course 10F10A Embodying...E Pluribus Unum (1 Session)**

The Honorable Robert C. Winthrop, who as Speaker of the House had attended the July 4, 1848 Washington Monument cornerstone-laying ceremony, proudly stood among the ranks of other shivering dignitaries on February 21, 1885, to witness the dedication exercises. In a speech he had prepared for the occasion, he noted that the completed structure embodied "the idea of our cherished motto, *E pluribus unum*." Truly, when speaking of the stones comprising the Monument, it is a case of "out of many, one," but why are the stones so different? Nearly every visitor to the Nation's Capital wants to know why the city's most famous resident wears a coat of many colors. There is a veritable cottage industry in this town attempting to explain why the Washington Monument stone color varies so greatly. Navigating through the morass of myths and legends can be a full-time job. As is frequently the case, an exploration of facts reveals a fascinating story that trumps the greatest work of fiction.

**Date & Time:** Tuesday, December 14; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Class Size:** Min. 25, Max. 65

**Leader:** Michael Kelly

**LLI Coordinator:** Pat Daniels (703) 354-3792; [rwdaniel@mindspring.com](mailto:rwdaniel@mindspring.com)

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## Tuesday Afternoons

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**Course 10F11P English History, Part I: From Early Celtic Times to 1485 (10 Sessions)**

We will explore the history of England/Britain from early Celtic times through Roman occupation, the settlement of the Anglo-Saxons and Vikings, and the conquest by the Normans. We will also explore the development of feudal England, the rise of the landed

gentry, and their lives and times to 1485. Suggested text: *The Oxford Illustrated History of Britain*, ed K.O. Morgan.

**Dates & Time:** Tuesdays, October 12, 19, 26, November 2, 9, 16, 23, 30, December 14, 21; 1:30 p.m.—3:00 p.m.

**Place:** Little River United Church of Christ (Room 8), Annandale

**Class Size:** Min. 12, Max. 25

**Leader/Coordinator:** Burt Greenstein (703) 913-6153

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**Course 10F12P Climate Change Mitigation: Status and Outlook (1 Session)**

We will look at the status of U.S. and international efforts to mitigate climate change. The course will cover topics including: (1) timing—how long do we have to act to avoid severe global damage?; (2) a review of previous efforts to reduce global warming, including the Kyoto Protocol; (3) possible solutions beyond Kyoto, including cap and trade systems, carbon taxes and direct regulation; (4) the status of some green fuel developments; (5) U.S. legislative proposals and international negotiations; and (6) the outlook for success. The session will include both a presentation and discussion.

**Date & Time:** Tuesday, October 26; 1:30 p.m.—3:00 p.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 20, Max. 35

**Leader:** Donald Igo

**LLI Coordinator:** Peter Schwarzkopf (703) 998-0769;

*pschwarzkopf@verizon.net*

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**Course 10F13P Memory: Losing It or Aging? (2 Sessions)**

Memory: Am I losing it, or just aging? Worried about forgetting things so often? Feel that you are memory-challenged? In two sessions, we will define positive aging and look into three principles regarding memory issues. Accepting, forgiving and compensating—learn and brainstorm techniques.

**Dates & Time:** Tuesdays, November 9, 16; 1:30 p.m.—3:00 p.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 20, Max. 30

**Leader:** Merry Macke

**LLI Coordinator:** Peter Schwarzkopf (703) 998-0769;

*pschwarzkopf@verizon.net*

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**Course 10F14P Operations Research: From the Battle of Britain to Now (2 Sessions)**

Operations Research (OR) means different things to different people. To the U.S. Army, *it's the analytical study of military problems, undertaken to provide a scientific basis for decisions*. To C.H. Waddington (one of Churchill's OR analysts), *OR defines itself by how it borrows from each branch of science to address executive concerns*. But to many, OR is practical mathematical black magic. This class provides an overview of Operations Research, from its birth (as Operational Analysis) in 1930's Britain (who knew the Luftwaffe was coming), to its role in World War II (and in every conflict since), to its pervasive use today — from the National Football League, to manufacturing, to governance, to deep space exploration. In the closing moments of this non-technical class, we'll look at the fascinating mathematics that OR practitioners use to get results.

**Dates & Time:** Tuesdays, November 9, 16; 1:30 p.m.—3:00 p.m.

**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus

**Class Size:** Min. 10, Max. 40

**Leader:** Prof. Bruce Colletti

**LLI Coordinator:** Paul Hopler (703) 978-9381; *pbohpler@cox.net*

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## Wednesday Mornings

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**Course 10F15A Jesus, Paul and the Law (2 Sessions)**

Jesus spoke of the Kingdom of God. Paul spoke to the emerging church. Their teachings and comments on the law were not always compatible. Many won't hear of such fundamental differences, but it is evident in the scriptures. We will examine the similarities and differences in their messages. **Note: This course will begin prior to your receiving your acceptance notifications. Since space for this course is unlimited, please feel free to attend even without your acceptance.**

**Dates & Time:** Wednesdays, September 22, 29; 10:00 a.m.—11:30 a.m.

**Place:** Greenspring Village, Village Square Theater, Springfield

**Class Size:** Unlimited

**Leader:** John Rybicki

**LLI Coordinator:** Ellen Gale (703) 569-3370

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**Course 10F16A Chinese History, Part III (4 Sessions)**

In the third set of videos on Chinese history from The Teaching Company, Professor Kenneth Hammond begins with a half-hour lecture on the conquest of the north by non-Chinese after the Tang dynasty in the 11th century. He continues with the history and culture through the late Ming dynasty in the 17th century. He describes the society, culture, and thought during this period. There will be some time for discussion after each half-hour DVD.

**Dates & Time:** Wednesdays, October 20, 27, November 3, 10; 10:00 a.m.—11:30 a.m.

**Place:** Greenspring Village, Village Square Classroom, Springfield

**Class Size:** Min. 8, Max. 30

**Leaders/LLI Coordinators:** Shirley Lotz (703) 451-4371;

*svlotz@gmail.com*, Marjorie Runge (703) 451-0589;

*mrrunge@earthlink.net*

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**Course 10F17A Topics of Interest: Carl Steiner's Perspectives (4 Sessions)**

*October 20* The China Conundrum

*October 27* The Best Government?

*November 3* The Mystery of Life

*November 10* Whatever Happened to the Melting Pot?

**Dates & Time:** Wednesdays, October 20, 27, November 3, 10; 10:00 a.m.—11:30 a.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 10, Max. 35

**Leader:** Dr. Carl Steiner

**LLI Coordinator:** Warren Hynes (703) 644-0672;

*warrenjhynes@verizon.net*

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**Course 10F18A Iran's Nuclear Program: History, Current Status and Policy (2 Sessions)**

This course will describe the history of Iran's nuclear program, including those actions that violated Iran's obligations under the Nuclear Non-Proliferation Treaty and under its agreement with the International Atomic Energy Agency. We will look at international efforts since 2002 to bring Iran back into compliance with these obligations, including actions by the U.N. Security Council. What are the stakes involved for other countries in the Middle East, for the United States, for preventing nuclear terrorism, and for global efforts to prevent and ultimately eliminate nuclear weapons? The current status of the standoff between Iran and the international community will be examined, with a focus on Iranian motivations and policy options for the United States and its international partners.

**Dates & Time:** Wednesdays, October 27, November 10; 10:00 a.m.—11:30 a.m.

**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus

**Class Size:** Min. 7, Max. 25

**Leader:** Dean Rust

**LLI Coordinator:** Lorin Goodrich (703) 425-9574; [lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

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## Wednesday Afternoons

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**Course 10F19P Make a Handy DVD Basket (3 Sessions)**

This handy basket is sized to store DVD's but can also be very useful to hold other items. The basket has a 6" by 12" handle and is approximately 6" wide by 14" long. It stands approximately 5" high. There will be colored reed available to make this uniquely yours.

**Materials Fee:** \$13. Enclose a check made payable to Louise Sousk with your registration.

**Dates & Time:** Wednesdays, September 22, 29, October 6; 11:30 a.m.—3:30 p.m. (**Note class time.**)

**Place:** The Woodlands (Craft Room), Fairfax

**Class Size:** Min. 4, Max. 10

**Leaders/LLI Coordinators:** Louise Sousk (703) 323-9144 and Edward Mark (703) 323-9144; [louisesousk@verizon.net](mailto:louisesousk@verizon.net)

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**Course 10F20P Mexico, South America and Latin America Highlights (2 Sessions)**

Join world travelers Lorrin and Ann Garson and enjoy highlights from their recent trip. In the first class, we will visit two popular resort towns, Puerto Vallarta and Zihuatanejo, Mexico. Then see the town of Antigua, Guatemala, nestled between three volcanoes, and colonial León, an authentic Spanish city in Nicaragua. From Panama City, follow the Garsons as they travel by dugout canoe to the jungles of Chagres and a day at an Embera Indian village. From Salaverry, Peru, visit archaeological sites including Chan Chan, the largest mud city in the world.

The second class includes Lima, Peru, which features diverse neighborhoods, hidden pre-Inca archeological sites, pre-Columbian art museums and more. In Guayaquil, Ecuador, visit Parque Histórico, featuring

native flora, fauna and restored buildings. Find out where your tuna fish is processed and where Panama hats are really made. Observe white faced capuchin monkeys in their natural habitat in Costa Rica. See historic neighborhoods in Tapachula, Mexico. Finish this spectacular trip by viewing some rural communities and traditions in Huatulco and marvel at the cliff divers of Acapulco.

**Dates & Time:** Wednesdays, September 22, October 6; 1:30 p.m.—3:00 p.m.

**Place:** The Virginian (Assembly Room), Fairfax

**Class Size:** Min. 15, Max. 50

**Leaders:** Lorrin and Ann Garson

**LLI Coordinator:** Paul Hopler (703) 978-9381; [pbohpler@cox.net](mailto:pbohpler@cox.net)

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**Course 10F21P Russia: Empire or Nation? (3 Sessions)**

The first and second sessions of this course will look at the history of Russian expansion (and contraction) under the tsars and under Communist and post-Communist leaders. The final session will address the question of whether Russia today is a "status quo" power, or a country determined to reassert its old imperial control over neighboring states and peoples.

**Dates & Time:** Wednesdays, October 6, 13, 20; 1:30 p.m.—3:00 p.m.

**Place:** Annandale United Methodist Church, Room 300

**Class Size:** Min. 10, Max. 25

**Leader:** Prof. Michael Anderson

**LLI Coordinator:** Lorin Goodrich (703) 425-9574; [lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

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**Course 10F22P A History of the Early Christian Church: Part III—A Church Divided (4 Sessions)**

A Church Divided (from the post-Chalcedonian schism of the 5th century through the East-West schism of the 11th century): discussion will continue with the post-Chalcedonian churches of the schism of 451 CE, through continuing controversies concerning church structure and authority, to the Arab invasions of the 7th century which overran many of the early areas of developing Christian thought. We will then continue through the numerous conflicts that led to the final break, East and West, which has divided the Church to this day. **Note: Attendance at Mr. Rybicki's course given during the Winter/Spring 2010 term is not a prerequisite.**

**Dates & Time:** Wednesdays, October 6, 13, 20, 27; 2:00 p.m.—3:30 p.m. (**Note class time.**)

**Place:** Greenspring Village, Village Square Theater, Springfield

**Class Size:** Unlimited

**Leader:** John Rybicki

**LLI Coordinator:** Ellen Gale (703) 569-3370

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**Course 10F23P Canada 2009 by River and Road (1 Session)**

How lucky could we be! Thanks to my sister and brother-in-law, who won a raffle, we had a sibling reunion for a week on a one-house island in the Thousand Islands of the St. Lawrence River near Gananoque, Ontario. We enjoyed spectacular sunrises and sunsets, and traveled in style on their antique yacht to the boat museum in Clayton and Boldt Castle

in Alexandria Bay, NY. We motored past riverfront homes on the St. Lawrence and under the beautiful Thousand Islands International Bridge. We followed that up with two weeks of travel in Québec, focusing on the Montréal and Québec City areas, and finished off with a visit to an International Balloon Festival. In addition to the city highlights, we entered a photographer's paradise in Olympic Park and Canyon Ste. Anne. This is more than a travelogue—it's both beautiful and entertaining!

**Date & Time:** Wednesday, October 13; 1:30 p.m.—3:00 p.m.

**Place:** The Virginian (Assembly Room), Fairfax

**Class Size:** Min. 15, Max. 75

**Leader:** Conne Rubinstein

**LLI Coordinator:** Carol Wilson (703) 765-3750;  
carolgrant7012@verizon.net

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### Course 10F24P Is Peace Possible? (2 Sessions)

Is peace possible? A look at the Israeli-Palestinian relationship through the lens of conflict resolution.

**Dates & Time:** Wednesdays, November 3, 17; 2:30 p.m.—4:00 p.m.  
(Note class time.)

**Place:** Greenspring Village, Village Square Theater, Springfield

**Class Size:** Unlimited

**Leader:** Rabbi Bruce Aft

**LLI Coordinator:** Ellen Gale (703) 569-3370

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### Course 10F25P Egypt Is for Tourists (1 Session)

SO WHAT if a long-awaited trip begins and ends with travel nightmares? The airline horror stories simply bookend (and provide contrast with) an otherwise memorable trip. In this DVD presentation, we will tour the highlights of Egypt with Mark and Conne. Visit the amazing Sphinx and pyramids of the Old Kingdom. View the massive and awe-inspiring temples of Karnak and Luxor and the magnificent temples at Abu Simbel of the Middle/New Kingdoms. See the amazing Ptolomaic temples at Dendera, Edfu, Philae, and Kom Ombo. Also tour many other fascinating archeological sites. In addition, you'll see some of the most important religious sites in Cairo and the massive new library in Alexandria, visit great museums, and sample modern Egyptian life. Cruise with us along the Nile to see Egyptians engaged in their daily activities and marvel at the way the Nile creates almost unbelievable reflections in the early morning light.

**Date & Time:** Wednesday, January 12, 2011; 1:30 p.m.—3:00 p.m.

**Place:** The Virginian (Assembly Room), Fairfax

**Class Size:** Min. 15, Max. 75

**Leader:** Conne Rubinstein

**LLI Coordinator:** Carol Wilson (703) 765-3750;  
carolgrant7012@verizon.net

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## Thursday Mornings

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### Course 10F26A With Investing, It's Not What You Make, It's What You Keep! (1 Session)

People make the same mistakes over and over again, causing them to lose incredible amounts of money in the stock market. But with a few simple secrets, you will be able to avoid those mistakes and come out

ahead. Yes, there is a way to consistently make money and actually keep it! This class will dispel the myths about investing in mutual funds, index funds, long only assets and taxable investments. It will also explain how to measure volatility, sell high and buy low, and make potentially higher returns with less risk. Come with an open mind and lots of paper as you will be rapidly taking notes.

**Date & Time:** Thursday, September 23; 10:00 a.m.—11:30 a.m.

**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus

**Class Size:** Min. 10, Max. 40

**Leader:** Kelly Campbell

**LLI Coordinator:** Gina Trapp (703) 522-7528; GTrapp\_26@msn.com

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### Course 10F27A Capital Crimes (1 Session)

We are familiar with the names Jack the Ripper, Lizzie Borden, and John Wayne Gacy. They and other murderers have shown the world the horrors that lie at the base of the human soul. Entire sciences have been created in order to study these seemingly inhuman people, only to discover how human they really are and that every one of us is capable of wreaking similar havoc. Scary? You bet, but how does Washington, D.C. fit into this? A surprisingly high number of murderers have passed through the capital city, or have had connections to its people. It is the combination of who, how, and why that makes this subject so intriguing and unforgettable.

**Date & Time:** Thursday, October 28; 10:00 a.m.—11:30 a.m.

**Place:** Mason District Governmental Center (Main Community Room), Annandale

**Class Size:** Min. 25, Max. 65

**Leader:** Heidi Dietze

**LLI Coordinator:** Pat Daniels (703) 354-3792;  
rwdaniel@mindspring.com

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### Course 10F28A Turkey: An Ancient and a Modern Land (2 Sessions)

Come join us for a visual vacation to Turkey. The first class will cover Western Turkey, including Istanbul, Cappadocia, Ephesus, visits to local residents, and much more. The second class will cover Eastern Turkey with more emphasis on archaeology and a visit to the oldest human-built structures in the world. The 12,000-year-old site is similar to Stonehenge, but far older and more complex. See where Abraham is supposed to have lived, and the base of Mt. Ararat where Noah supposedly landed.

**Dates & Time:** Thursdays, November 11, 18; 10:00 a.m.—11:30 a.m.

**Place:** Greenspring Village, Village Square Theater, Springfield

**Class Size:** Unlimited

**Leader:** Arline Sachs

**LLI Coordinator:** Carol Wilson (703) 765-3750;  
carolgrant7012@verizon.net

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### Course 10F29A How to Look Good at Any Age, Weight, and Income Level (1 Session)

As the title indicates, this is a seminar about looking your best. It is intended to be lighthearted with lots of audience participation! Included will be tips on "how not to look old," selecting flattering clothing and jewelry suitable for your personality and body type, and other suggestions for looking "nifty after fifty."

**Date & Time:** Thursday, November 18; 10:00 a.m.—11:30 a.m.  
**Place:** Ernst Cultural Center (CE), Seminar Rooms C & D, NOVA Annandale Campus  
**Class Size:** Min. 10, Max. 40  
**Leader:** Linda Barker  
**LLI Coordinator:** Arlene Gribben (703) 569-0357; arlenegribb@aol.com

## Thursday Afternoons

### Course 10F30P From Solomon to Gaudi: A History of European Church Architecture (9 Sessions)

This course will trace the development of church architecture from Solomon's Temple through the early Romanesque structures of the 4th century, the Gothic Cathedrals of the Middle Ages, the Baroque Churches of the Italian Renaissance to the Spanish Modernisme of Gaudi. The nine sessions will examine with lectures, slides, illustrations, models and elevations the 130 churches that the instructor has visited in England, France, Italy, Germany, Switzerland and Spain during the past seven years.

**Dates & Time:** Thursdays, October 7, 14, 21, 28, November 4, 11, 18, December 2, 9; 1:00 p.m.—3:00 p.m. (**Note class time.**)  
**Place:** St. Matthew's United Methodist Church (Room 304), Annandale  
**Class Size:** Min. 10, Max. 40  
**Leader:** Thomas Clay  
**LLI Coordinator:** Paul Hopler (703) 978-9381; pbhopler@cox.net

### Course 10F31P Psychology Presentations by NOVA Faculty (4 Sessions)

Members of the NOVA's Psychology faculty will continue their annual informative presentations.

- October 21* Fitness after 60 (Dr. Darlene VanEvery)  
*November 4* Aging and Change (Prof. Donald Devers)  
*December 2* When Leaders Were Young: Political Psychology of Kings, Dictators and Presidents (Dr. Eric Shiraev)  
*December 16* Motivating the Millennial Student (Prof. Kathleen Lloyd)

**Dates & Time:** Thursdays, October 21, November 4, December 2, 16; 1:30 p.m.—3:00 p.m.  
**Place:** Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus  
**Class Size:** Min. 10, Max. 70  
**Leader/Faculty Coordinator:** Prof. Pamela Stewart  
**LLI Coordinator:** Lorin Goodrich (703) 425-9574; lorin.goodrich@verizon.net

### Course 10F32P Estate Planning: Basics and Beyond (4 Sessions)

Our first class will include an introduction to estate planning, including the current estate tax system, the probate process, use of a last will and testament, and powers of attorney. The second class will cover trusts: the definition of a trust, how it is used, the benefits a trust offers, and different types of trusts for different needs. The third class will address maintaining control over health care decision-making, including

an Advance Health Care Directive, how one is used, and what your options are in preparing/using one; we'll also explore hospice care and your rights as a hospice patient. The last class will cover retirement living considerations and will include both a wrap-up of the entire course and time for questions.

**Dates & Time:** Thursdays, October 28, November 4, 11, 18; 1:30 p.m.—3:00 p.m.  
**Place:** James Lee Community Center (Room 111), Falls Church  
**Class Size:** Min. 10, Max. 20  
**Leader:** Sarah Parks  
**LLI Coordinator:** Doris Balinsky (703) 941-1794; dorbal123@gmail.com

## Friday Mornings

### Course 10F33A Meadowlark Botanical Gardens—Outdoor Tropical Gardens (1 Session)

Patricia Dietly, Education Specialist, will focus on Meadowlark's lush Bold Garden. This delightful outdoor tropical garden holds some late-summer surprises. Our tour will continue around Lake Lena for those who want to venture farther into the park's 94 acres. Walking on unpaved surfaces is required. The cost of the tour is \$1.50 per person, cash at the door. This includes admission to the Gardens for the day.

**Date & Time:** Friday, September 24; 10:00 a.m.—11:30 a.m.  
**Place:** Meadowlark Botanical Gardens Visitor Center, Vienna  
**Class Size:** Min. 8, Max. 20  
**Leader:** Patricia Dietly  
**LLI Coordinator:** Elaine Cherry (703) 560-4860; elainecherry@cox.net

### Course 10F34A Underwater Wonders II (1 Session)

Based on the enthusiastic response to the Underwater Wonders class presented during the Winter/Spring 2010 term, Dr. Steve Cohen, a veterinarian, skilled diver, and film maker, has put together a second program. This time the focus will be the Pacific, using his video from Fiji, the Solomon Islands, Palau, and Galapagos. We'll view a myriad of sea creatures in their own habitat with plenty of time for questions and dialog. If you didn't get to attend the first class, here is another chance! Underwater Wonders I is not a prerequisite.

**Date & Time:** Friday, November 5; 10:00 a.m.—11:30 a.m.  
**Place:** Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus  
**Class Size:** Min. 10, Max. 50  
**Leader:** Dr. Steve Cohen, DVM  
**LLI Coordinator:** Ed McKnight (703) 425-6224; edjem@aol.com

## Friday Afternoons

### Course 10F35P Economics Presentations by NOVA Faculty (2 Sessions)

Dr. John Min, Economics Professor at NOVA's Alexandria Campus, continues his presentations on current economic issues. **Note: This course will begin prior to your receiving your acceptance**

notifications. Please feel free to attend even without your acceptance.

**September 17** Global Economic Issues

**November 5** Is the U.S. Economy on the Path to Sustainable Recovery?

**Dates & Time:** Fridays, September 17, November 5; 1:00 p.m.—3:00 p.m. (Note class time.)

**Place:** Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus

**Class Size:** Min. 10, Max. 70

**Leader:** Dr. John Min

**LLI Coordinator:** Lorin Goodrich (703) 425-9574; [lorin.goodrich@verizon.net](mailto:lorin.goodrich@verizon.net)

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**Course 10F36P McConnell Public Safety and Transportation Operations Center (MPSTOC) Tour (1 Session)**

Come tour a fascinating facility designed for the sole purpose of promoting public safety. Voted for in November 2002, construction of the MPSTOC began in 2006 with substantial completion in August 2008. In a partnership between Fairfax County and the Commonwealth of Virginia, multiple agencies come together to enhance public safety response, traffic congestion management, and response and recovery from major emergencies. At 114,000 square feet with 117 miles of cable, it's clearly much more than just the 911 call center!

**Date & Time:** Friday, October 1; 1:30 p.m.—3:00 p.m.

**Place:** McConnell Public Safety and Transportation Operations Center, Fairfax

**Class Size:** Min. 5, Max. 20

**Leaders:** Tracy Shelton and Sulayman Brown

**LLI Coordinator:** Ed McKnight (703) 425-6224; [edjem@aol.com](mailto:edjem@aol.com)

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**Course 10F37P Poetry and You (4 Sessions)**

Join us for one of LLI's long-time favorite classes and learn more about how poetry can change your life. We will read and talk about the work of contemporary poets as well as our favorite classics.

**Dates & Time:** Fridays, October 8, 15, 22, 29; 1:30 p.m.—3:00 p.m.

**Place:** Little River United Church of Christ (Room 8), Annandale

**Class Size:** Min. 8, Max. 20

**Leader/LLI Coordinator:** Richard Risk (703) 578-9898

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**Course 10F38P Spectacular Films (4 Sessions)**

Join us in viewing four spectacular films that were very popular and made big returns.

**October 22** Lawrence of Arabia (Clint Hall, Coordinator)

**October 29** Spartacus (Peter Schwarzkopf, Coordinator)

**November 5** The Man Who Would be King (Louis Ferrand, Coordinator)

**November 12** Elmer Gantry (Louis Ferrand, Coordinator)

**Note:** Although various LLI members will be coordinating these classes, if you need to cancel or

have any questions, please contact LLI Coordinator Mary Underwood (see below).

**Dates & Time:** Fridays, October 22, 29, November 5, 12; 12:00 p.m.—3:00 p.m. (Note class time.)

**Place:** The Virginian (Assembly Room), Fairfax

**Class Size:** Unlimited

**Leader:** Betty Toepfer

**LLI Coordinator:** Mary Underwood (703) 329-8391; [maryunderwood29@verizon.net](mailto:maryunderwood29@verizon.net)

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**Course 10F39P Brontë's Jane Eyre and Wuthering Heights (3 Sessions)**

In the early 19th century in England, men wrote novels and women with some leisure read them. Certain women began to break this barrier, and Charlotte and Emily Brontë were two Yorkshire sisters determined to make their marks as novelists. Charlotte published *Jane Eyre* under the name of Currer Bell, and it quickly became a success. Emily published *Wuthering Heights* under the name of Ellis Bell, but it did not become a success until decades after her early death. *Jane Eyre* has been a favorite novel of millions of people, especially of girls and young women. It is one of the sources of Gothic novels, which have continued to be very popular ever since the late 18th century.

*Wuthering Heights* usually makes it onto the top ten lists of most major critics of the novel. It is a good idea to start reading *Jane Eyre* before class begins, and if you would like, it isn't a bad idea to see one of the films made from this story. Our instructor prefers the classic with Joan Fontaine and the still handsome, young Orson Welles. But, our instructor requests, PLEASE do not see any of the films of *Wuthering Heights!* All of them make critical deviations from the book, including omitting the last half! Time will be provided during class for discussion.

**Dates & Time:** Fridays, November 19, December 3, 10; 1:30 p.m.—3:00 p.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 10, Max. 25

**Leader:** Betty Toepfer

**LLI Coordinator:** Marianne Moerman (703) 751-0523; [mcmoerman@juno.com](mailto:mcmoerman@juno.com)

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## Various Days

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**Course 10F40A Wellness Essentials (4 Sessions)**

This course is designed to provide LLI members with much needed information to learn how we can help ourselves experience better health through better living. It will present effective solutions in the quest for wellness, teaching us how to take action steps and achieve results.

**Fri., Sept. 24** Wellness Essentials: The Top Choices and Strategies Wellness Doctors Use to Keep Themselves Healthy

**Mon., Sept. 27** Acupuncture and Back Pain

**Fri., Oct. 1** Chiropractic...The Best Kept Secret to Wellness

**Mon., Oct. 4** Arthritis – Cutting Edge Treatment Options

**Dates & Time:** Friday, September 24, Monday, September 27, Friday, October 1, Monday, October 4; 10:00 a.m.—11:30 a.m. **Note:** The September 24 and October 1 classes are on Fridays, while the September 27 and October 4 classes are on Mondays. Also note: drive around to the back of the church and park in the back lot; enter through the door closest to the back lot.

**Place:** Providence Presbyterian Church (Fellowship Hall), Annandale

**Class Size:** Min. 10, Max. 50

**Leaders:** Bill Reddy and Dr. Ronald Weinstein

**LLI Coordinator:** Salli Wise (703) 256-8001; sarahwise7@verizon.net

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### Course 10F41A History Presentations by NOVA

#### Faculty (3 Sessions)

**Mon., Oct. 4** "Beyond the French Revolution." An examination of some of the reasons French society fell apart, why it was so hard to restore it, and the impact the new ideas emanating from the French Revolution had in creating a French "identity." (Prof. Vicki Arnold)

**Wed., Oct. 13** "The Life and Legacy of Alexander the Great." An examination of the empire he created that transformed the known world culturally and economically, including his role in influencing the Greek ideals of democracy, philosophy, science, art and education. (Dr. Philip Shiman)

**Fri., Nov. 19** "Tibet and China—An Uneasy Relationship." Tibet declared independence from China in 1913, but disagreements between the "Government of Tibet in Exile" and the Chinese Communist government continue. This session will explore the historical origin of this dispute and the relationship between the two countries today. (Prof. Carol Truesdell)

**Dates & Time:** Monday, October 4, Wednesday, October 13, Friday, November 19; 10:00 a.m.—11:30 a.m. **Note that each class meets on a different day of the week.**

**Place:** Ernst Cultural Center (CE), Seminar Rooms B, C & D, NOVA Annandale Campus

**Class Size:** Min. 10, Max. 70

**Leaders:** Prof. Vicki Arnold, Prof. Carol Truesdell, Dr. Philip Shiman

**LLI Coordinator:** Lorin Goodrich (703) 425-9574;

lorin.goodrich@verizon.net

## Day Trip

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### DT-11-4-10 An American Dynasty: The Roosevelts

There have been the Presidents Adams (father and son) and the Presidents Bush (father and son) but there has also been another political dynasty ("the Roosevelt cousins") that had a tremendous influence on our country. This tour will explore the life of Teddy, Franklin, and Eleanor in Washington, DC, and discuss the impact they each had on the nation's capital. We will view some little known "secret gems" as well as the renowned Franklin D. Roosevelt (FDR) Memorial.

The bus trip will begin with a tour of the FDR Memorial, Theodore Roosevelt Island, Lafayette Park, and a view of the Kalorama house where Franklin and Eleanor lived when she learned about Lucy Mercer. The Kalorama neighborhood has a number of embassies which we will also pass by.

We will stop for lunch at the Vantage Point Rooftop Restaurant in Rosslyn that has been described as a great neighborhood gem. It also has some spectacular views of Georgetown, the Potomac River, and other parts of DC. The buffet lunch will include soup and salad, three entrees, two desserts, and a selection of nonalcoholic drinks (coffee, iced tea, and soda).

Carol Bessette, our tour guide, is an LLI member, a retired Air Force Intelligence Officer, a Vietnam Veteran, and a Certified Master Tour Guide.

#### Physical Requirements:

FDR Memorial—flat walking, places to sit

Theodore Roosevelt Island—walk from bus over causeway to Island, about 2 "city blocks" to see the Memorial Plaza; a slight incline is involved

Lafayette Park—flat walking, benches to sit on

Kalorama R St. house—about 2-3 short blocks each way

**Date:** Thursday, November 4, 2010. **Cost:** \$40 for members; \$50 for non-members. Please submit check payable to LLI/NOVA with your registration. Be sure to sign the "Assumption of Risk and Acknowledgement of Responsibility" statement. **YOUR TRIP CONFIRMATION NOTICE WILL BE SENT TO YOU VIA E-MAIL. IF YOU DO NOT HAVE AN E-MAIL ADDRESS LISTED IN THE LLI HANDBOOK AND MEMBERSHIP DIRECTORY, PLEASE INCLUDE A SELF-ADDRESSED, STAMPED, LEGAL-SIZE ENVELOPE WITH YOUR CHECK AND REGISTRATION.**

**Time & Place of Departure:** Bus leaves from Little River United Church of Christ, Annandale, promptly at 9:00 a.m. and returns at approximately 4:00 p.m. Please arrive at least 15 minutes prior to departure. Park in the center of the parking lot, away from the church entrance. **DO NOT** park in the back row of the lot.

**Trip Size:** Max. 44

**Trip Coordinator:** Anne Austin, [abbaustin@aol.com](mailto:abbaustin@aol.com), (703) 569-5994. For trip cancellations, please e-mail the LLI office at [llinova@juno.com](mailto:llinova@juno.com), or call the LLI office at 703-503-0600.

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*Please register as soon  
as possible,  
but not later than  
Wednesday,  
August 25, 2010.*

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# September 2010

## LLI Fall 2010 Program

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

			<b>1</b> LLI Forum & Open House	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> I0F01A—Beginners' Knitting	<b>14</b> I0F06A—Independent Living	<b>15</b>	<b>16</b>	<b>17</b> I0F35P—Econ. Presentation	<b>18</b>
<b>19</b>	<b>20</b> I0F01A—Beginners' Knitting	<b>21</b> I0F06A—Independent Living	<b>22</b> I0F15A—Jesus, Paul, the Law I0F19P—Make a DVD Basket I0F20P—Mex., S.Am., Lat.Am.	<b>23</b> I0F26A—Investing: Not What You Make...	<b>24</b> I0F33A—Meadowlark Botanical Gardens I0F40A—Wellness Essentials	<b>25</b>
<b>26</b>	<b>27</b> I0F01A—Beginners' Knitting I0F40A—Wellness Essentials	<b>28</b> I0F06A—Independent Living	<b>29</b> I0F15A—Jesus, Paul, the Law I0F19P—Make a DVD Basket	<b>30</b>		

**Remove this calendar to use as a handy reference.**

# October

# 2010

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

<b>3</b>	<b>4</b> 10F01A—Beginners' Knitting 10F40A—Wellness Essentials 10F41A—Hist. Presentation	<b>5</b> LLI Forum & Open House	<b>6</b> 10F19P—Make a DVD Basket 10F20P—Mex., S.Am., Lat.Am. 10F21P—Russia: Empire or Nation? 10F22P—Early Christ. Church	<b>7</b> 10F30P—Solomon to Gaudi	<b>8</b> 10F37P—Poetry and You	<b>9</b>	
<b>10</b>	<b>11</b>	<b>12</b> 10F06A—Independent Living 10F11P—English History	<b>13</b> 10F41A—Hist. Presentation 10F21P—Russia: Empire or Nation? 10F22P—Early Christ. Church 10F23P—Canada 2009	<b>14</b> 10F30P—Solomon to Gaudi	<b>15</b> 10F37P—Poetry and You	<b>16</b>	
<b>17</b>	<b>18</b> 10F01A—Beginners' Knitting 10F02A—World Pioneers 10F05P—Great Presidents	<b>19</b> 10F06A—Independent Living 10F11P—English History	<b>20</b> 10F16A—Chinese History, III 10F17A—Topics of Interest 10F21P—Russia: Empire or Nation? 10F22P—Early Christ. Church	<b>21</b> 10F30P—Solomon to Gaudi 10F31P—Psych. Presentation	<b>22</b> 10F37P—Poetry and You 10F38P—Spectacular Films	<b>23</b>	
<b>24</b>	<b>25</b> 10F01A—Beginners' Knitting 10F02A—World Pioneers 10F05P—Great Presidents	<b>26</b> 10F06A—Independent Living 10F07A—Freer Gallery 10F11P—English History 10F12P—Climate Change	<b>27</b> 10F16A—Chinese History, III 10F17A—Topics of Interest 10F18A—Iran's Nuclear Prg. 10F22P—Early Christ. Church	<b>28</b> 10F27A—Capital Crimes 10F30P—Solomon to Gaudi 10F32P—Estate Planning	<b>29</b> 10F37P—Poetry and You 10F38P—Spectacular Films	<b>30</b>	
							<b>31</b>

**Remove this calendar to use as a handy reference.**

# November

# 2010

## LLI Fall 2010 Program

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

	<b>1</b> 10F02A—World Pioneers	<b>2</b> LLI Forum & Open House 10F11P—English History	<b>3</b> 10F16A—Chinese History III 10F17A—Topics of Interest 10F24P—Is Peace Possible?	<b>4</b> 10F30P—Solomon to Gaudi 10F31P—Psych. Presentation 10F32P—Estate Planning DT-11-4-10—An American Dynasty: Roosevelts	<b>5</b> 10F34A—Underwater Wonders 10F35P—Econ. Presentation 10F38P—Spectacular Films	<b>6</b>
<b>7</b>	<b>8</b> 10F02A—World Pioneers	<b>9</b> 10F07A—Freer Gallery 10F11P—English History 10F13P—Memory 10F14P—Operations Research	<b>10</b> 10F16A—Chinese History III 10F17A—Topics of Interest 10F18A—Iran's Nuclear Prg.	<b>11</b> 10F28A—Turkey: Ancient and Modern Land 10F30P—Solomon to Gaudi 10F32P—Estate Planning	<b>12</b> 10F38P—Spectacular Films	<b>13</b>
<b>14</b>	<b>15</b> 10F02A—World Pioneers	<b>16</b> 10F08A—Flying the Helicopter 10F09A—The Louvre 10F11P—English History 10F13P—Memory 10F14P—Operations Research	<b>17</b> 10F24P—Is Peace Possible?	<b>18</b> 10F28A—Turkey: Ancient and Modern Land 10F29A—Look Good at Any Age... 10F30P—Solomon to Gaudi 10F32P—Estate Planning	<b>19</b> 10F41A—Hist. Presentation 10F39P—Brontë's Jane Eyre/ Wuthering Heights	<b>20</b>
<b>21</b>	<b>22</b> 10F02A—World Pioneers 10F03A—Watercolor Painting	<b>23</b> 10F07A—Freer Gallery 10F09A—The Louvre 10F11P—English History	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> 10F02A—World Pioneers 10F03A—Watercolor Painting	<b>30</b> 10F09A—The Louvre 10F11P—English History				

**Remove this calendar to use as a handy reference.**

# December

# 2010

## LLI Fall 2010 Program

**Sun. Mon. Tues. Wed. Thurs. Fri. Sat.**

<b>January 2011</b> Mondays, 10, 17, 24: 10F04A—Searching for Local History Wednesday, 12: 10F25P—Egypt Is for Tourists						
<b>5</b>	<b>6</b> 10F02A—World Pioneers 10F03A—Watercolor Painting	<b>7</b> Holiday Luncheon	<b>8</b>	<b>9</b> 10F30P—Solomon to Gaudi	<b>10</b> 10F39P—Brontë's Jane Eyre/ Wuthering Heights	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b> 10F10A—E Pluribus Unum 10F11P—English History	<b>15</b>	<b>16</b> 10F31P—Psych. Presentation	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b> 10F11P—English History	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	

**Remove this calendar to use as a handy reference.**

While the activities of LLI Special Interest Groups (SIGs) are first and foremost for the benefit of LLI members, the Board recognizes that there may be occasions when non-members may be invited to participate. The Board, therefore, supports the SIG Coordinator's flexibility to invite non-LLI members to participate in an activity whenever there is insufficient member participation to preclude a cancellation.

## Special Interest Groups

### ARTS and SMARTS GROUP

The Arts & Smarts Group has a monthly trip to one of the many museums and art galleries in Washington, DC. We take advantage of a variety of visiting exhibitions, as well as touring some of the museums' permanent exhibits. We always have a docent. The tours are approximately one hour in length, after which we have a choice to enjoy a group lunch or continue on with more museum/gallery exploration. Information about our tours is available in the LLI Newsletter, on the LLI web site, or by contacting either Donna Trogler at (703) 751-8932 or [dtrogler@aol.com](mailto:dtrogler@aol.com); or Doug Johnson at (703) 638-3115 or [lldoug@yahoo.com](mailto:lldoug@yahoo.com).

### BRIDGE GROUP

The LLI Bridge Group meets twice monthly to play social (i.e., not duplicate) bridge with a brown bag lunch. We are always looking for new players, and all levels of players are welcome in this very friendly game. You do not need a partner because we rotate partners so you will play with everyone. If there are "extra" players, bridge play is rotated among all present. Specific play dates are published in the Newsletter. Please contact the coordinators before you attend so that we can confirm the play date and ensure that we have sufficient card tables for attendees.

**Dates and Time:** Usually, second and fourth Wednesdays; 10:00 a.m. – 2:00 p.m. Occasionally, scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.  
**Place:** Mason District Governmental Center, Annandale  
**Coordinators:** Bob and Merry Huley, 703-534-4819 or [roberthuley@cox.net](mailto:roberthuley@cox.net).

### COMMUNITY THEATRE GROUP

We are fortunate that many excellent stage productions, drama and musical, are available in Northern Virginia through a number of very excellent community theatre organizations. LLI maintains a list of members who are interested in getting together to attend these productions. One or two members or couples volunteer to be "hosts" for an event, selecting a play from a provided list of theatres and their scheduled productions. The hosts then inform everyone (via e-mail) of the play, the theatre location, date and time (Sunday matinees are usually preferred). Also, the hosts will select a restaurant near the theatre where some may wish to gather after or before the play to enjoy light fare, socialize, and decide on upcoming productions. Those attending the theatre will each purchase their own tickets either at the box office or by reservations in accordance with the particular theatre's policy. An added benefit is that Senior tickets are offered at very reasonable costs.

Future plans of the Theatre Group will be in the Newsletter. If you are interested in further information, contact Norma Hughes at (703) 960-6279 or [nah.home@verizon.net](mailto:nah.home@verizon.net).

### CURRENT EVENTS GROUP

Make new friends while keeping posted on current events. The Current Events Group meets the first Friday of each month for interesting and educational discussions on political issues and world events. All are welcome! Come to listen to the discussion or come to share your thoughts with the group.

**Dates & Time:** First Fridays of each month; 10:00 a.m.–11:30 a.m.  
**Place:** Mason District Governmental Center (Small Conference Room), Annandale  
**Coordinator:** Charles Hulick (703) 750-3180 or [chulick@verizon.net](mailto:chulick@verizon.net).

### FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books the group has identified for review. The members select from a variety of genres, e.g., fiction, non-fiction, historical, contemporary, best sellers, classics, etc. We try to select only books available in paperback. Information on each selected book is published in the monthly LLI Newsletter prior to discussion.

**Dates and Time:** Third Thursdays: September 16, October 21, November 18, and January 20. There is no meeting in December.  
**Place:** Mason District Governmental Center (Small Conference Room), Annandale. The October meeting place is pending and will be announced later.  
**Coordinator:** Connie Fullerton (703) 764-3779 or [gfuller540@aol.com](mailto:gfuller540@aol.com).

### FRENCH CONVERSATIONALISTS

Forgotten your classroom French skills? Been to Paris and like the idea of learning some French? The French Conversationalists, under the guidance of "Prof" Al Brothers, will also view French classic movies and are planning to sample some area French restaurant cuisine.

**Dates and Time:** Usually the third Tuesday of each month, at 10:00 a.m. Occasionally, scheduling conflicts require that we meet on a different day or location, so please always call ahead to ensure the date and location are correct.  
**Place:** George Mason Regional Library, 7001 Little River Turnpike, Annandale.  
**Coordinator:** Sally Reynolds, 703-352-7494 or [saldonrey@aol.com](mailto:saldonrey@aol.com).

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## GOURMAND GROUP

The Gourmand Group meets monthly and enjoys adventures in dining out. Each month a member plans a particular meal event that can include a traditional meal prepared at home, a full English tea, or an ethnic meal at a local restaurant. Contact Mary Underwood (703) 329-8391 or [maryunderwood29@verizon.net](mailto:maryunderwood29@verizon.net) for further information.

### Bacchus Wine Tasting Subgroup

Bacchus Wine Tasting is a subgroup under the Gourmands. This group is for anyone who enjoys having a glass of wine with others; our feeling is that everyone is a connoisseur of the wines they like. The current plan is to have an event once every three months. Proposed events include a wine tasting at a local wine bar/shop, a wine and cheese gathering at a member's home, and a day trip to a Virginia winery. Contact Anne Austin at (703) 569-5994 or [abbaustin@aol.com](mailto:abbaustin@aol.com) for further information.

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## NIMBLE FINGERS

Share your enjoyment of needlecrafts with fellow LLI members. Bring a small project to work on; learn a new stitch, technique or craft; get help on a particular problem; discover a new source of supplies or classes or just chitchat. Any type of needlecraft is welcome — knitting, crochet, embroidery, cross stitch, needlepoint, tatting, etc.

**Dates & Time:** Second Friday of each month: September 10, October 8, November 12, and December 10; 1:00 p.m. – 2:30 p.m. (**Note Time.**)

**Place:** Mason District Governmental Center (Small Conference Room), Annandale

**Coordinator:** Bev Portman (703) 560-6740 or [firse@juno.com](mailto:firse@juno.com).

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## WALKABOUTS GROUP

Weather permitting, the Walkabouts Group meets twice each month for an outdoor walk for fun and health. Each walk begins at noon and lasts about one hour. Dates and locations for scheduled walks are listed in the LLI Newsletter and on the LLI web site. Notifications of any changes or special details not in the published schedule are coordinated through Merry Macke. She can be reached at (703) 451-3248 or by email at [merry.macke@verizon.net](mailto:merry.macke@verizon.net). Members may sign up to receive notifications by contacting the Coordinator.

# Faculty

**Rabbi BRUCE D. AFT**, spiritual leader at Adat Reyim Synagogue since 1991; graduate of the Reconstructionist Rabbinical College, Philadelphia; worked with the March of the Living since 1992, B'nai Brith Youth Organization since 1985, and is on the Jewish Federation's Rabbinic Cabinet; past president of the George Mason University Community Hillel Board and of the Board of Jewish Education of Greater Washington; chaired the Board of Operation Understanding, D.C., a Black/Jewish dialogue; currently involved in developing teen dialogue groups through George Mason University's Institute for Conflict Analysis and Resolution.

**Professor MICHAEL G. ANDERSON**, BA, University of Illinois; MA and PhD, Univ. of Chicago; Adjunct Professor at NOVA Alexandria Campus, George Mason University, and the U.S. Coast Guard Academy; retired from the Foreign Service with the State Department where he reported on political developments in Poland and Italy and served at our Embassy in Islamabad, Pakistan; has conducted numerous courses for LLI.

**LINDA J. BARKER**, a certified color/fashion/image consultant who has maintained an interest in helping women look their best since retiring from a career with the government; currently conducts seminars and workshops for various organizations on a volunteer basis.

**BRENT BEESON**, BA, Sociology, Purdue Univ.; graduate credits in Sociology and Education; retired from Doubleday & Co.; member of LLI Curriculum Committee; recently completed readings on President Roosevelt by Arthur M. Schlesinger, Jr., *The Coming of the New Deal, 1933-1935, The Age of Roosevelt*; and Joseph P. Lash's *Eleanor and Franklin, The Story of Their Relationship Based on Eleanor Roosevelt's Private Papers*.

**SULAYMAN BROWN**, BA, Communications, Ohio State University in Columbus; Fairfax County Office of Emergency Management, Emergency Operations Center Manager with over 15 years of experience in emergency management; 11 years working international emergencies with the United States Agency for International Development.

**KELLY CAMPBELL**, graduate, University of Maryland; Certified Financial Planner; Chartered Financial Consultant; Chartered Mutual Fund Counselor; Certified Senior Advisor; Founder and CEO of

Campbell Wealth Management, Inc., a Northern Virginia Asset Management Firm that is ranked in the top 25 in the state and the top 1,000 in the country; author of a new book, *Fire Your Broker*.

**THOMAS D. CLAY**, an Episcopal Priest who has been retired for 12 years following 35 years of parish ministry; from 2002 until 2007, was a docent at the Washington National Cathedral where he conducted special woodcarving tours; has traveled extensively in Europe to visit, study, and photograph over 130 noted cathedrals, abbeys and churches.

**Dr. STEVE COHEN**, BS, DVM, Cornell Univ.; practicing Veterinarian since 1980; began scuba diving and traveling in 1989 developing photography and video skills to support this hobby, which has resulted in award winning underwater videos; produced "Shark Parade" and "New Year's at Socorro" which were shown at the San Diego Undersea Film Expo in September 2009.

**Dr. BRUCE COLLETTI**, an Adjunct Professor of Mathematics at the NOVA Alexandria Campus and of Operations Research at Florida Institute of Technology; a retired Air Force Officer, he is a career Operations Researcher who believes theory and application are two sides of the same coin; co-founded a Department of Defense University Research Consortium that through 2009, was funded by the Air Force Office of Scientific Research; the Consortium addressed the mathematical modeling of wartime and peacetime operations of Air Mobility Command and used his research that applied the "pure mathematics" of *group theory* to the practical science of *tabu search* (which favors timely adequate solutions to late exact solutions); he has also been a student of papal history since 1978, the Year of Three Popes.

**DAN DENNISON**, an interest in flying since childhood drew him to Texas Tech Univ., the U.S. Army Reserve Officer Training Corps' Aviation Cadet Program, and tours of duty in Vietnam flying helicopters; served in the Central Highlands of the Republic of South Vietnam from September 1967 to September 1968 as a Helicopter Aviator; is an aerial photographer in Northern Virginia.

**PATRICIA DIETLY**, is an experienced Field Biologist who specializes in native plants; works at Meadowlark Botanical Gardens where she is the lead educator; studied botany at Grove City College and attained certification to teach secondary science through

Gannon University (both in Pennsylvania); has a background in environmental project consulting, as well as wetlands delineation; enjoys sharing her knowledge and love of plants with students of all ages.

**JENNIFER EDGE**, BA in Sociology, Clark Univ.; MA, Social Work, Rhode Island College Graduate School of Social Work; held a variety of positions in the human services field; since moving to Virginia, has worked with children, families, young adults, couples and older adults and earned her clinical license (L.C.S.W.); a geriatric care manager for the ElderLink Program; currently serves as the coordinator for the Independent Living Project.

**ANN and LORRIN GARSON**, began traveling internationally in 1978. But since Lorrin retired from the American Chemical Society and Ann from the Fairfax County Public Schools, they have been able to take longer trips and go on more unique itineraries; have visited all seven continents and 100 countries; in their travels, they often go independent or “off the beaten path”; have given travel presentations on Antarctica, Africa, and Asia to various audiences.

**BURT GREENSTEIN**, Bachelor and Master degrees, Univ. of Buffalo; majors in History, Geography and Languages; taught English History and European Governments; worked in the Department of the Air Force and the Defense Intelligence Agency.

**DONALD IGO**, AB in Economics, Harvard College; MA in Economics, American University; retired, Assistant for Energy Policy in the Office of the Secretary of the U.S. Department of Transportation; served as the Department’s representative on government-wide climate change task forces; has taught courses on climate change for LLI, OLLI at George Mason University, and the Arlington Learning in Retirement Institute.

**MARY LIPSEY**, BA in History and Sociology; MA in Education; retired seventh grade American History teacher; co-author of *Braddock’s True Gold*; Braddock District Representative to Fairfax County History Commission; avid interest in first ladies and local history.

**SHIRLEY LOTZ**, BA in History/English, Wellesley College; MA in Education/History, George Washington University; briefly served as a junior high school English/History teacher; retired from the Defense Department as a Program Manager for automating civilian personnel operations.

**MERRY MACKIE**, MA in Social Work, Univ. of Illinois, Chicago; after working in the Peace Corps and community jobs in Illinois and Wisconsin, she relocated to Virginia and began a psychodrama internship at St. Elizabeth’s Hospital, later working on a day-treatment

team for chronically mentally ill and addicted individuals; following retirement she joined LLI and is currently a member of the Board.

**EDWARD MARK**, a retired Federal Government Public Utilities Attorney; makes and sells baskets, specializing in Nantucket baskets; regularly teaches an LLI basket class.

### **NATIONAL PARK SERVICE**

**HEIDI DIETZE**, spent most of her childhood traveling through the Midwest states, visiting sites from the Santa Fe Trail to the Corn Palace, from which she developed an interest in history that led to an undergraduate degree in Holocaust Studies and a graduate degree in Film History. Ranger Dietze spent two years at the U.S. Holocaust Memorial Museum before joining the National Park Service at the National Mall and Memorial Parks as a Park Ranger.

**MICHAEL KELLY**, has directed his reading, research, and writing skills toward a course of study in American History as well as a career with the National Park Service. Ranger Kelly helps manage several park editing, publication and wayfinding projects; he also participates in ongoing park planning initiatives, coordinates the interpretive outreach program, aids the park partnership division and contributes to exhibit area designs for memorials. Prior to his Washington, DC position at National Mall and Memorial Parks, he served at Eisenhower National Historic Site and Gettysburg National Military Park.

### **NOVA FACULTY**

#### ***Economics Department***

**Dr. JOHN MIN**, BA, MBA, George Washington Univ.; PhD, George Mason University

#### ***History Department***

**Prof. MICHAEL G. ANDERSON**, BA, University of Illinois; MA and PhD, University of Chicago

**Prof. VICKI ARNOLD**, BA, MA, Univ. of South Carolina

**Dr. PHILIP SHIMAN**, BA, Yale Univ.; MA and PhD, Duke University

**Prof. CAROL TRUESDELL**, BA, Univ. of Oklahoma; MED, Marymount College

#### ***Psychology Department***

**Dr. ERIC SHIRAEV**, BA, PhD, St. Petersburg University (Russia)

**Prof. DONALD DEVERS**, BA, University of Hawaii; MA, Catholic University

**Prof. KATHLEEN LLOYD**, BA, Smith College; MEd, Loyola College; MS, Howard University

**Prof. PAMELA STEWART**, BS, MA, George Mason University

**Dr. DARLENE Van EVERY**, BA, Parker College; MA, Catholic University; DA, George Mason University

**SARAH PARKS**, Bachelor's Degree, Randolph-Macon Women's College; graduate of George Mason University School of Law and Georgetown Univ. Law Center; practicing Attorney in estate planning; teaches estate planning for George Mason's LRI and the Fairfax County Public School System Adult Education division.

**BILL REDDY**, a nationally board-certified licensed Acupuncturist who studied under graduates and professors from Beijing and Shanghai medical schools; currently serves on the Board of Directors of the American Assn. of Acupuncture and Oriental Medicine and the Integrated Healthcare Policy Consortium, and is the former President of the Acupuncture Society of Virginia; is the author of over 40 publications, lecturer and avid practitioner of Qi Gong and Tai Chi.

**RICHARD RISK**, graduate, Univ. of Missouri; retired, U.S. Environmental Protection Agency; founding member of LLI; has taught a variety of LLI courses.

**CONNIE RUBINSTEIN**, since retiring from teaching English to talented and gifted students at Oxon Hill Science and Technology High School, has been engrossed in creating technically sophisticated family and vacation videos on her computer, including six 45-minute travelogues, each of which took 6 months to produce and is available to be shared.

**MARJORIE RUNGE**, BA in English, Beloit College; Masters in Library Science, University of Illinois; a retired librarian who has taught many Marymount University students how to use computer databases to find books and articles for their research projects.

**DEAN RUST**, BS in Mathematics, Bowling Green State Univ., MA in Political Science, Ohio State Univ.; completed a year of study at the National War College in Washington, D.C.; retired from the Department of State after 35 years of working on nuclear arms control issues; served in the U.S. Arms Control and Disarmament Agency; has worked as a consultant for Los Alamos and Brookhaven National Laboratories since his retirement.

**JOHN RYBICKI**, BS, Clarkson College of Technology; MA, Univ. of Arkansas; MS, George Washington Univ.; diplomas in Theological Studies, Virginia Theological Seminary and the Antiochian Orthodox Church; studied at St. George's College, Jerusalem; received a Masters of Theology from St. John of Damascus School of Theology, Balamand Univ.; lectured at the Benedictine Pastoral Center, OLLI at George Mason Univ., LLI at NOVA, the Jewish Community Center of Northern Virginia and in local churches; retired as a Systems Engineer from the Missile Defense Agency; and serves as Pastoral Associate at the Riderwood Erickson Retirement Community in Maryland.

**ARLINE SACHS**, BS, Mathematics, Univ. of Illinois; Masters in Computer and Information Systems, American Univ.; retired Assoc. Professor at NOVA where she taught computer classes for 22 years; avid genealogist, which led her to write a published book about her great-great-grandfather. See <http://www.BernhardCahn.org>. Arline loves to travel and take pictures; she has given numerous travelogues and genealogy classes for LLI.

**TRACY SHELTON**, BA, Business Administration, Mary Washington College; General Manager of the McConnell Public Safety and Transportation Operations Center (MPSTOC); has over 25 years of experience and leadership with transportation and public safety organizations; was involved in the development of the MPSTOC from both the Commonwealth of Virginia and the County of Fairfax perspectives.

**LOUISE SOUSK**, retired public school teacher; contributing member of LLI since the steering committee formed; served on the board for four years; planned and led day and overnight trips for LLI members for over 10 years; organized a Charter Elderhostel for LLI; regularly teaches an LLI basket class.

**CARL STEINER, PhD**, Professor Emeritus, George Washington Univ.; pursues studies in many areas of knowledge and gives lectures on his findings.

**ROBERT (RIP) STOCKHO**, a History/Political Science major at Rollins College; attended the Navy's aviation officer candidate program at Pensacola, FL; flew in P-3 aircraft for the Atlantic Fleet; during 21 years of active duty in the Navy traveled to approximately 15 countries; influenced in art through both his mother, who was a professional art educator in St. Louis and at the Smithsonian, and his wife, who was also an art educator; volunteers as a docent with the Smithsonian's Freer and Sackler Galleries.

**GENEVIEVE THIEM**, BS in Nursing, St. Joseph College, West Hartford, Conn.; worked as a Maternal & Child Health nurse and a Public Health nurse; began knitting as a child and has been teaching knitting for many years.

**BETTY TOEPFER**, majored in English literature at the City College of New York. She graduated as a Phi Beta Kappa, and went on to do graduate work in English literature at the State University of New York at Buffalo. Her almost finished dissertation was a psychoanalytic study of *Wuthering Heights*. After spending 10 years in market research, she went to the Cardozo School of Law, graduating in 1989. She retired as an Attorney from the Federal Energy Regulatory Commission. She studied film as both an undergraduate and a graduate student. Her loves have always been literature, art and film, and travel.

**MARCIA TOEPFER**, PhD, Univ. of Virginia, in American History; retired Intelligence Analyst; an LLI member; and is a long time member of The Art League

at the Torpedo Factory and The Loft Gallery in Occoquan where she has had four solo shows of her oils and watercolors; was one of 300 artists juried into The Art League Gallery's select bin category and won Honorable Mention in the July 2006 show for her oil painting "Rooftops"; her work also has been shown at Green Spring Park, River Farm and various craft shows in our region.

**Dr. RONALD A. WEINSTEIN**, a Chiropractor and Director of the Pinecrest Wellness Center; a graduate of Life University in Atlanta, GA; has advanced certificates in Applied Kinesiology and Metabolic Typing; has lectured extensively to doctors, patients and athletes; presented workshops for Whole Foods and Arlington and Fairfax County Community Centers, and conducted "Back Care Safety" workshops for companies such as Wal-Mart, IKEA and Canon; has performed spinal screening for local YMCA's and community health fairs, as well as the Australian Embassy, Marriott Hotels and various government agencies.

## LLI Tour Registration Form

### Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for participation, this Assumption and Acknowledgement must be signed and **two** emergency contact numbers must be supplied.

The tours of the Lifetime Learning Institute of Northern Virginia require walking and the physical capability to access sites that may have structural obstacles. By participating, I assume the risks inherent in this tour and agree to hold LLI, its Board of Directors, Administrator, volunteers, and other agents harmless from any and all claims from bodily injury and/or property damage that result from my participation in this tour, or my inability to participate fully.

Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

_____	/	_____
Participant Signature		Emergency Contact No. 1 / Emergency Contact No. 2
_____	/	_____
Participant Signature		Emergency Contact No. 1 / Emergency Contact No. 2

**Tour Title:** American Dynasty: The Roosevelts **Tour #:** DT 11-4-10

**Date of Day Trip:** Thursday, November 4, 2010

**Tour Fee:** Members: \$40 Nonmembers: \$50

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Number of reservations:** \_\_\_\_\_ **Total Cost:** \_\_\_\_\_

Checks should be made payable to *LLI / NOVA*.  
Please send to:

LLI — c/o Div. of Continuing Ed., NOVA  
8333 Little River Turnpike  
Annandale, VA 22003-3743

*For Office Use Only*

Am't Paid: \_\_\_\_\_

Check #: \_\_\_\_\_

#### TO BE REGISTERED:

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.
3. If you do not have an e-mail address listed in the LLI Handbook and Membership Directory, please enclose a self-addressed, stamped envelope for this trip only.

**Fees & Information:** Anne Austin (703) 569-5994; abbaustin@aol.com

**Reservations & Payment:** Payment of fee is required at time of registration. Reservations are accepted on a first-come, first-served basis.

**Refunds & Cancellations:** Refunds will be made if notice is received at least 4 days before tour date, less any non-refundable deposits made by LLI unless your place can be filled by someone else. After that date, refunds will be made only if the place can be filled. For day trips, LLI does not follow Fairfax County Public School closings. The trip will go unless you are notified otherwise. Refunds will be made after trip is completed.

**Notification:** You will receive confirmation by e-mail. If you do not have an e-mail address, you will receive confirmation in your self-addressed, stamped envelope. If you do not receive either, please contact Anne Austin ((703) 569-5994; abbaustin@aol.com) to verify your registration.



## LLI Course Registration Form — *Fall 2010*

◆◆◆◆◆ Please one form per person ◆◆◆◆◆

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

*Return Form to:* LLI/NOVA c/o Continuing Education  
8333 Little River Turnpike  
Annandale, VA 22003-3743

Date: \_\_\_\_\_

In the form's priority column, please number your class choices by preference, *i.e.*, 1 = 1st choice, 2 = 2nd choice, *etc.*

Priority	Class Number	Class Name	Fee	Check Number	FOR OFFICE USE ONLY * <i>Action/Comments</i>
	10F01A	Knitting for Beginners and Others			
	10F02A	"We Are the Pioneers of the World"			
	10F03A	Further Exploration in Watercolor Painting			
	10F04A	Searching for Local History			
	10F05P	Great Presidents: Franklin D. Roosevelt			
	10F06A	Independent Living Project			
	10F07A	Art in the Collection of the Freer Gallery			
	10F08A	Flying the Helicopter in Vietnam			
	10F09A	Museum Masterpieces: The Louvre			
	10F10A	Embodying...E Pluribus Unum			
	10F11P	English History, Part I			
	10F12P	Climate Change Mitigation			
	10F13P	Memory: Losing It or Aging?			
	10F14P	Operations Research			
	10F15A	Jesus, Paul and the Law			
	10F16A	Chinese History, Part III			
	10F17A	Topics of Interest: Carl Steiner's Perspectives			
	10F18A	Iran's Nuclear Program			
	10F19P	Make a Handy DVD Basket	\$ 13.00		
<i>Continued on next page</i>					

\* To be completed by LLI Office. **A** = registration accepted; **C** = course canceled; **W** = wait-listed (you will be notified if space becomes available).

**REMINDERS:**

1. Have you listed your class choices by your priority?
2. Have you enclosed separate checks, payable as stated in the catalogue's class description, for any class with a required fee?
3. Have you enclosed a stamped, self-addressed envelope (preferably business size)?

Priority	Class Number	Class Name	Fee	Check Number	FOR OFFICE USE ONLY * Action/Comments
<i>Continued from other side</i>					
	10F20P	Mexico, S. America & Latin America Highlights			
	10F21P	Russia: Empire or Nation?			
	10F22P	A History of the Early Christian Church			
	10F23P	Canada 2009 by River and Road			
	10F24P	Is Peace Possible?			
	10F25P	Egypt Is for Tourists			
	10F26A	Investing, Not What You Make, What You Keep			
	10F27A	Capital Crimes			
	10F28A	Turkey: An Ancient and a Modern Land			
	10F29A	How to Look Good at Any Age...			
	10F30P	From Solomon to Gaudi			
	10F31P	Psychology Presentations by NOVA Faculty			
	10F32P	Estate Planning: Basics and Beyond			
	10F33A	Meadowlark Botanical Gardens			
	10F34A	Underwater Wonders II			
	10F35P	Economics Presentations by NOVA Faculty			
	10F36P	McConnell Pub. Safety / Trans. Op. Ctr. Tour			
	10F37P	Poetry and You			
	10F38P	Spectacular Films			
	10F39P	Brontë's <i>Jane Eyre</i> and <i>Wuthering Heights</i>			
	10F40A	Wellness Essentials			
	10F41A	History Presentations by NOVA Faculty			

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	10F10A	Embodying...E Pluribus Unum			
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	10F12P	Climate Change Mitigation			
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	10F19P	Make a Handy DVD Basket	\$ 13.00		
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# LLI / NOVA Membership Form

Phone: (703) 503-0600 E-Mail: [llinova@juno.com](mailto:llinova@juno.com)

Title: Mr., Mrs., Ms., Dr., Other \_\_\_\_\_ (circle one)

*Please indicate if any information differs from latest directory.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_

Phone Number(s): Home ( ) \_\_\_\_\_ Other ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

**Fee: \$110 per year for individual membership.** Checks should be made payable to **LLI / NOVA**

*Send to:* Lifetime Learning Institute of Northern Virginia  
c/o Division of Continuing Education, NOVA Annandale Campus  
8333 Little River Turnpike  
Annandale, VA 22003-3743

*As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.*

<b>Please also complete the following:</b>	
Date _____	<input type="checkbox"/> New
Amount Paid _____	<input type="checkbox"/> Renewal
Check # _____	

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area (s) below.

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Present a Course            | <input type="checkbox"/> Plan a Course          | <input type="checkbox"/> Coordinate a Course |
| <input type="checkbox"/> Serve on a Committee        | <input type="checkbox"/> Serve on the LLI Board | <input type="checkbox"/> Help in the Office  |
| <input type="checkbox"/> Assist with Travel Planning | <input type="checkbox"/> Other _____            |  |

If you have any questions about volunteer opportunities, contact the LLI Volunteer Coordinator, Liddell McLeod, at [liddell\\_mcl@cox.net](mailto:liddell_mcl@cox.net) or (703) 698-8366.



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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_

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## Program Compiled by the Curriculum Committee

Mary Underwood – Chairperson

(h) 703-329-8391 (Email) maryunderwood29@verizon.net

Salli Wise – Co-Editor

Gina Trapp – Co-Editor

Moe Moser – Space Coordinator

Peter Schwarzkopf

Lorin Goodrich

Ellen Gale

Ed McKnight

Pat Daniels

Marianne Moerman

John McClanahan

Doris Balinsky

Paul Hople

Carol Wilson

Don Reynolds

Mary Ferrand

Louis Ferrand

Brent Beeson

LLI President — Paul Hople

(h) 703-978-9381

(fax) 703-425-5515

(email) pbhople@cox.net

The Curriculum Committee is charged with identifying a wide range of appropriate courses, arranging for the course instructors and locations and publishing the Program Catalogue with the required information.

If you would like to participate on the committee to help develop plans for future semesters, please contact the Chairperson.

For suggestions for courses to be included, contact any of the above.

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.

*LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin. It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.*



**Lifetime Learning Institute**

c/o Division of Continuing Education, NOVA Annandale

8333 Little River Turnpike

Annandale, VA 22003-3743

Phone: (703) 503-0600 / FAX: (703) 503-5350 / E-Mail: llinova@juno.com

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**Reminder:  
Registration closes  
August 25, 2010**