

# General Information

## What Is LLI?

Sponsored by Northern Virginia Community College (NVCC), Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Elderhostel Institute Network (EIN) and benefits from the services EIN provides in program development.

LLI membership is especially attractive to individuals 50 years old or older (retired or semi-retired), who are interested in pursuing intellectual enrichment and enjoying social interaction with their peers.

### LLI

- is governed and financed by members
- is supported by member-led planning, administration, and instruction
- provides non-credit, non-degree courses
- offers educational, cultural, and social events
- recognizes physical and mental health are major elements of vital aging.

## What Do We Have to Offer?

55 Alive – Mature Driving Program	10
Baroque Art	10
Civil War in Alexandria, The	8
Day Trip: Tour of Library of Congress and the Postal Museum	10
Democracy and Stability in Latin America	5
Dialogue on Interfaith Issues	8
Discover Your Regional Parks	10
Downsizing	6
Early Wartime First Ladies	8
English History, Part I	7
Exploring Virginia State Government	7
Fairfax History – Another Chapter	5
Fall 2004 Kickoff Forum/Open House Meeting	5
Festival of Foreign Films	7
Great Books Reading and Discussion Program	6
Guided Tour of the FDR Memorial	5
History and Intrigue of Foreign Postage Stamps	9
History and Tour of the C&O Canal	9
Hot Topics in Health Care	8
Jewelry through the Centuries, Part I	6
Knitting for Beginners and Others	7
LLI Forum and Open House	5
LLI Lunch Bunch	5
Make a Newspaper Basket	7, 8
Meadowlark Gardens Tour and Lecture	9
On Human Nature	6
Opera Spotlight	10

Poetry and You	8
Psychology Presentations by NVCC Faculty	9
Senior Exercise: Stretch for Strength	7
Society's Challenges – What Does the Future Hold for Us? – A NVCC Faculty Presentation	8
Study Travel IX, Phase 1	7
Symphonic Sensations	6
Tales from the Tombstones: A Walking Tour of Fairfax City Cemetery	5
Tea at Green Spring Gardens	7
Transportation Options for Seniors in Fairfax County	9
U.S. Supreme Court – Some Issues; Some Justices, The	8
<b>Directions to Class Locations</b>	<b>2</b>
<b>Biographies of Faculty</b>	<b>12</b>

## How Are the Courses Organized?

Courses generally consist of one to ten 90-minute sessions, are informal, and frequently include group discussion. They are taught by outside faculty and by your fellow LLI members. Most courses are free to members, but some include assigned reading and purchase of a textbook, or require a small materials fee.

## When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between the hours of 10 a.m. and 3 p.m. The courses are held on the NVCC Annandale campus and off-campus in churches, community centers and other suitable locations.

## Benefits of Membership

- Participation in courses and special interest groups throughout the year usually without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic, winter holiday luncheon and an appreciation event for faculty and volunteers.
- Monthly newsletter
- And hopefully, new friendships

## How Do I Become a Member and What is the Cost?

Complete the membership application form found on pages 21 and 23 and mail with your check to the address shown. The current annual membership fee is \$100. The membership period is for 12 months beginning with the month in which dues are paid.

## How Do I Register for Classes and Tours?

Complete a class registration form found on pages 17 and 19, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with a self-addressed stamped envelope and any applicable fees as soon as possible; *registration for*

*classes closes August 30, 2004.* Registration forms received after that date will be considered only if there are spaces remaining in the courses you select. Your registration form will be mailed back to you in your self-addressed envelope shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been canceled. As a courtesy to other LLI members, please call the LLI office at (703) 503-0600 if you find that you will not be able to attend a course after you have been accepted. This will give members on a waiting list an opportunity to attend.

Registration for trips should be submitted on the separate forms provided. Please remember to sign the "Assumption of Risk and Acknowledgment of Responsibility" statement.

### Monthly Forums

Members and non-members are warmly welcomed as guests to attend the Monday Speakers Program and Open House forum. The forums are held monthly (except during the summer) on the first Monday at 10:00 a.m. in the Richard J. Ernst Community Cultural Center (see map on next page) on the NVCC Annandale Campus. For more information, call the LLI office (703) 503-0600, and also see information in the LLI monthly newsletter, Golden Gazette and other local publications. Persons attending these forums should park in the Cultural Center lot near the front of the Ernst Center. Look for temporary signs reading "LLI Parking."

### Class Cancellations

If there is inclement weather, LLI classes and other activities are canceled (**except for bus tours**) if the Fairfax County school system cancels school for the day, *regardless of the LLI class location and whether or not NVCC holds its regular college classes.* Listen for radio and TV announcements. LLI morning classes are canceled if the County announces a 2-hour delay in class openings. LLI afternoon classes are canceled if the County announces early dismissal. You will be notified of a schedule for "make-up" classes. For bus tours, please contact the tour leader (listed in the program booklet).



## Directions to Class Locations — Fall 2004

**Chapel Square Center**, 4401 Holborn Avenue, Annandale.

#### *Directions from Little River Turnpike*

Turn onto Wakefield Chapel Road and pass the NVCC campus to Toll House Road (third street on the left after passing the campus parking lot). Left onto Toll House Road to the first stop sign, Holborn Avenue. Left onto Holborn and go over a rise in the street. Chapel Square Center, a former elementary school, is on the left just beyond an athletic field. Park at the far end of the building or on Holborn Avenue. Enter through the main doors — Room 3 is the first room on the first left-hand corridor. Room 5 is the third room on this corridor.

#### *Directions from Braddock Road*

Turn onto Wakefield Chapel Road to the fourth right turn, Holborn Avenue. Continue on Holborn through the stop sign at Toll House Road. See directions above.

**C&O Canal National Historical Park, Georgetown Visitors Center**, 1057 Thomas Jefferson St., N.W., Washington, D. C.

The Visitors Center is between M St. and the Potomac River in lower Georgetown. On street parking is EXTREMELY limited and the District of Columbia will ticket illegally parked cars. The nearest commercial parking to the Visitors Center is from M St.; go down 30th St. for one block (crossing the canal); parking garage is on the right.

**Fairfax Museum and Visitor Center**, 10209 Main St., Fairfax.

From the NVCC Annandale campus, proceed west on Little River Turnpike (Route 236), which changes name to Main Street in Fairfax City. The Museum is located on Main St. between the intersections with Locust Ave. and East St./Old Lee Hwy. next door to Gold's Gym and across the street from the new Main Street Market Place (Harris Teeter, TJ Maxx, etc.)

**Fort Ward Park**, 4301 West Braddock Road, Alexandria.

#### *From I-495 (the Beltway)*

Go east on Little River Turnpike (Route 236) past Landmark Mall (Little River Tpk. becomes Duke St). Continue past the Alexandria Public Library and Foxchase Shopping Center, both on your left. At the traffic light immediately after the shopping center turn left onto N. Jordan St. Proceed on N. Jordan St. and at the second traffic light turn left onto N. Howard St. Follow N. Howard to end; turn right onto W. Braddock Road and take an immediate left into the Fort Ward entrance.

#### *From Bailey's Crossroads and Route 7*

Go east on Seminary Road to Alexandria Hospital (on your right). Turn left at the traffic light at the hospital, onto N. Howard St. Follow N. Howard to end; turn right onto W. Braddock Road and take an immediate left into the Fort Ward entrance.

**FDR Memorial**, West Ohio Drive and West Basin Drive, S.W., Washington, D. C.

There is limited parking on Ohio Drive.

**Goodwin House West**, 3440 South Jefferson Street, Falls Church (across Route 7, Leesburg Pike, from the Skyline Center complex).

*Since visitor parking is limited at Goodwin House West, you are encouraged to park behind the Giant Food Store located in the "Crossroads Place" Shopping Center.*

#### *Directions from Bailey's Crossroads (Intersection of Columbia Pike and Leesburg Pike)*

East on Route 7, Leesburg Pike; left at the traffic light at South Jefferson Street. South Jefferson Street is located between the "Crossroads Place" and "Leesburg Pike Plaza" shopping centers. Go to the first traffic light and turn left into the parking lot of the "Crossroads Place Shopping Center" where there are several stores, including Burlington Coat Factory and Giant Food. Drive to the left side of Giant Food; turn right at the corner of the store and park in one of

the spaces along a fence line. A gate with a "Private Property" sign will be unlocked. Go through the gate to the main entrance of Goodwin House West (a 12-story brick building). It is only a short walk!

**Green Spring Gardens Park**, 4603 Green Spring Road, Alexandria.

*Directions to the new park entrance from I-495 (the Beltway)*  
Take Little River Turnpike east 3.5 miles; turn left onto Braddock Road. Drive 2/10 miles and turn right onto Witch Hazel Road to the parking lots.

**Greenspring Village**, 7440 Spring Village Drive, Springfield.

*Directions from Annandale*  
At the intersection of Little River Turnpike and Backlick Road, go south on Backlick Road. Follow Backlick Road for approximately four miles to the sign for Franconia-Springfield Parkway (Route 7900). Take the first right onto the Parkway, going west. At the first traffic light turn right onto Spring Village Drive. At the guard gate, inform the attendant that you are attending a "Lifetime Learning Institute" class. Park in a visitor's space at the "Hunters Crossing" complex, which is on the left of the Chapel.

*Directions from Braddock Road*  
From Kings Park Shopping Center drive south on Rolling Road for four miles to the Franconia-Springfield Parkway (Route 7900). Exit left at the second traffic light for the Parkway south. Continue one mile; turn left at the traffic light onto Spring Village Drive. At the guard gate, follow the directions above.

**Little River United Church of Christ**, 8410 Little River Turnpike, Annandale.

*Directions from the Beltway*  
West on Little River Turnpike (Route 236) to the second traffic light (you will see the NVCC campus on the left). Turn right at the light and follow the road to the church parking lot.

*Directions from Wakefield Chapel Road*  
Turn right onto Little River Turnpike (Route 236) and get into the left lane. Turn left at the first traffic light and follow the road to the church parking lot.

**Mason District Governmental Center**, 6507 Columbia Pike, Annandale.

*Directions from the Beltway*  
East on Little River Turnpike (Route 236). Turn left onto John Marr Drive (next light after passing Giant Food on the left). Turn right at the next light, which is Columbia Pike. Go through several traffic lights. Following the traffic light at the intersection with Whispering Lane, there is a sign in the median reading "Fairfax County Police Station." Proceed a short distance and turn right into the parking lot of the Center.

**Meadowlark Botanical Gardens** located on Beulah Road, Vienna.

*Directions from the Beltway (I-495 toward Baltimore)*  
Exit onto Route 123 South (Chain Bridge Road.); pass Tyson's Corner Center on your left and Tyson's II on

your right. Continue on Route 123 to the intersection with Old Courthouse Road (traffic light), and turn right. **Immediately** move into the **left** lane and then turn left at the next traffic light where Old Courthouse Road turns left. Continue on Old Courthouse Road for 2.3 miles to a four-way stop sign and intersection with Beulah Road. Proceed straight ahead (which is now Beulah Road) for 0.8 miles to Meadowlark Gardens on your left; turn into Meadowlark Court and parking lot.

**National Gallery of Art**, 6th and Constitution Ave., N. W., Washington, D. C.

Closest Metro station is Archives/Navy Memorial (on the green and yellow lines).

**NVCC Campus Buildings**  
(Refer to campus map on p. 4.)

Parking for all Campus Classes and Activities: **PLEASE PARK IN THE LOT RESERVED FOR THE CULTURAL CENTER (THE LOT WITH THE ARM-TYPE GATES)**. If the gate is closed, push the button in the yellow box for entry. You will receive a token at the class to be used for exiting, or the exit gate will be raised by the time the class session ends.

**Ernst Community Cultural Center (CE)**, also called the NVCC Cultural Center, Annandale Campus, building marked "1" on the map. The Forum is the large open space (with fireplace) on the mezzanine level. Seminar rooms are on the mezzanine level adjacent to the Forum. The Dance Room is located on the first floor behind the elevator.

**NVCC Food Service Building (CF)**, marked "6" on the map, Chestnut Hill Room. Enter on plaza level. Turn left through the Faculty Dining Room.

**NVCC McDiarmid Building (CM)**, marked "2" on the map.

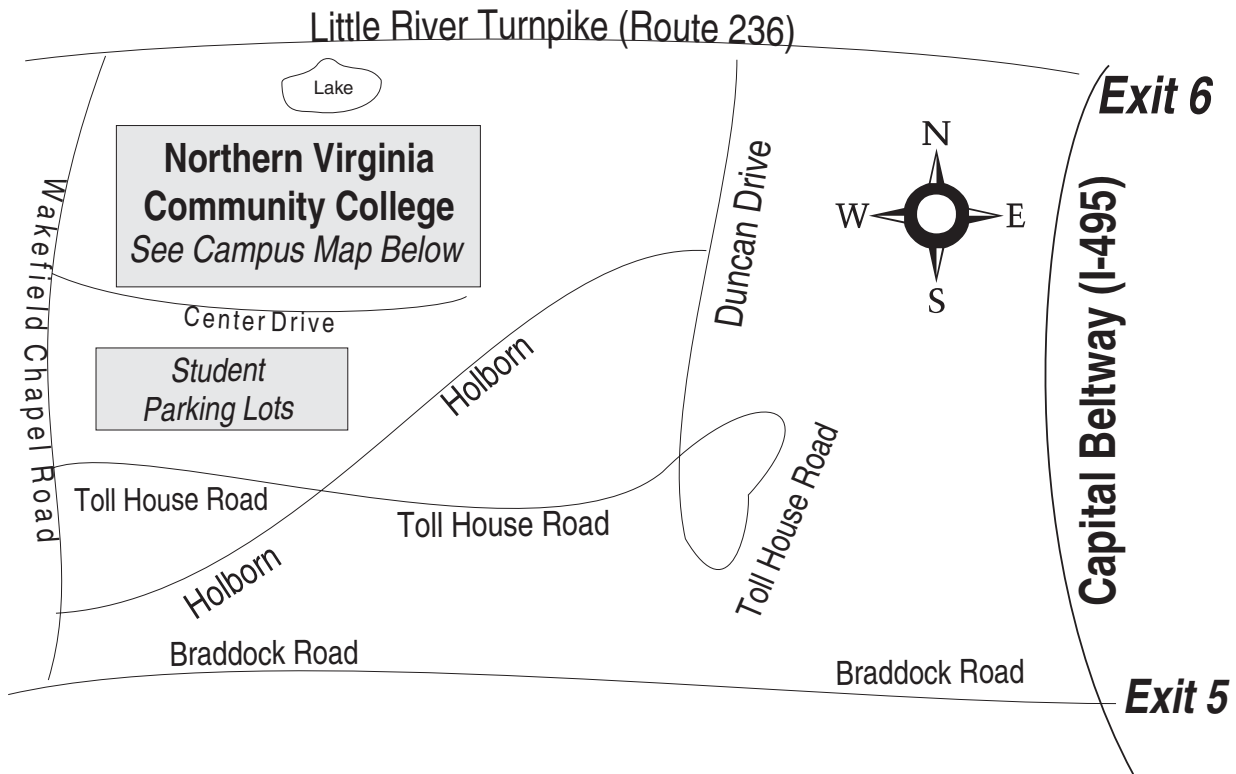
**NVCC Shuler/Science Building (CS)**, marked "4" on the map. The LLI office is in this building (Room 238).

**St. Matthew's United Methodist Church**, 8617 Little River Turnpike, Annandale.

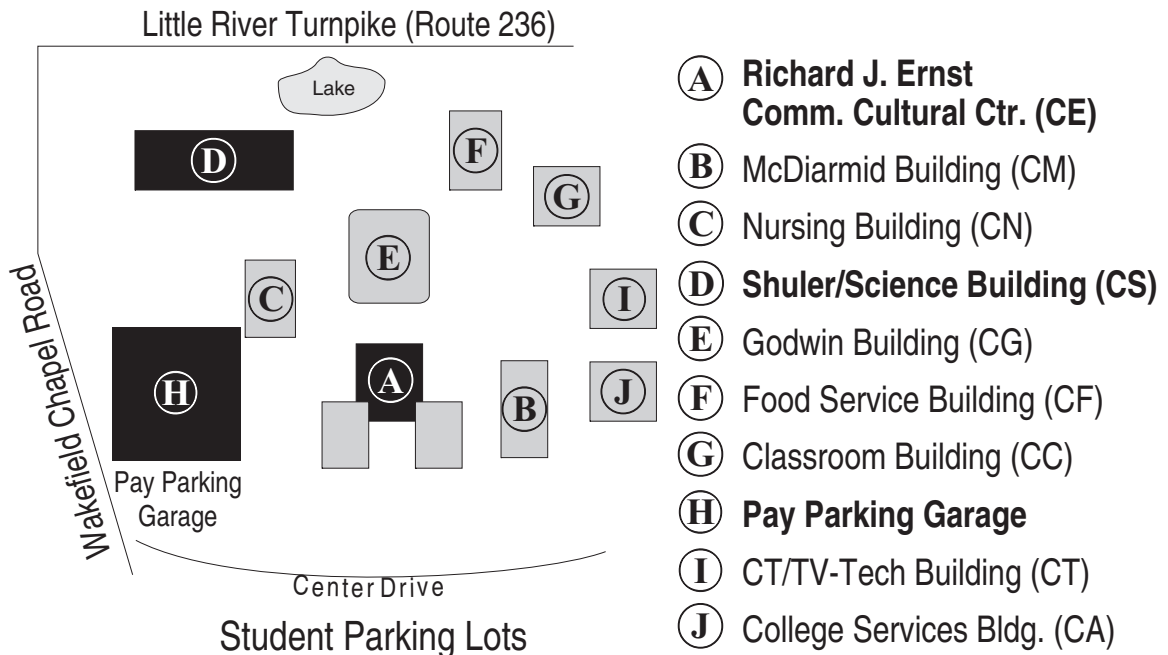
*Directions from the Beltway*  
West on Little River Turnpike (Route 236). Pass the NVCC campus and Wakefield Chapel Road (second and third traffic lights). Take the next left (which does not have a traffic light) onto Wakefield Drive; immediately turn right and then left into the church parking lot. Park in spaces near the left-hand side of the church since you will be entering the building through a basement door on the left side.

*Directions from Braddock Road going East*  
Turn left onto Wakefield Chapel Road. Continue for approximately 1.3 miles (passing NVCC on the right) and turn left onto Virginia Avenue. At the stop sign turn right onto Wakefield Drive and then turn left into the church parking lot.

# NOVA Campus Maps



## Annandale Campus Map



# LLI Fall 2004 Program

**Note:** All programs are free to members unless otherwise specified. **Morning** courses have the suffix A; **afternoon** courses have the suffix P. See full addresses of class locations starting on page 2.

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## Fall 2004 Kickoff Forum/Open House Meeting

The Fall 2004 kickoff meeting is scheduled for the last Monday in August. This meeting introduces the fall program to members and prospective members and serves as a general invitation to join the LLI program. All LLI members, their friends and other interested persons are cordially invited to attend. Light refreshments are served starting at 9:30 a.m.

**Date & Time:** Monday, August 30, 10:00 – 11:30 a.m.

**Place:** Ernst Cultural Center (CE), (Forum Room), NVCC Annandale Campus

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## LLI Forum and Open House

The Forum is a meeting that offers presentations by guest speakers on various topics. It is usually held the first Monday of the month and is open to both members and non-members. Following the presentation, brief announcements are given regarding LLI's activities. At the conclusion, members, friends and the guest speaker may socialize. Light refreshments are served starting at 9:30 a.m. before the 10:00 a.m. program. Refer to the LLI newsletter for details.

**Dates & Time:** Mondays, Oct. 4, Nov. 1; 10:00 – 11:30 a.m.

**Place:** Ernst Cultural Center (CE), (Forum Room), NVCC Annandale Campus

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## LLI Lunch Bunch

After each Forum meeting, join members and friends to enjoy socializing over lunch at a pre-selected restaurant in the local area, starting at noon. Refer to the current LLI newsletter for the name and address of the selected restaurant. Participants may gather at the Cultural Center after the program or go directly to the restaurant. Directions to the restaurant are provided at the Forum meeting and in the newsletter. Cost, including tax and tip, averages less than \$12.00.

**Hosts:** John and Elaine Bogart (703) 273-2547

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## Monday Morning

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### Course 4F01A Fairfax History – Another Chapter (2 Sessions)

Susan Gray, curator of the Fairfax Museum, gives further insights into the fascinating history of Fairfax. Her first session highlights Civil War-era letters that Union and Confederate soldiers wrote from Fairfax Court House and Fairfax Station describing aspects of life, war and other topics of that time. The second session examines the lives of several 19th and 20th century Fairfax women, including Nancy Allison of Ratcliffe-Allison House, Confederate heroine Antonia Ford, social activist Dr. Kate Waller Barrett and *Washington Post* columnist Kitty Barrett Pozer.

**Sept. 13** “Address Your Letters to Fairfax Court House”: Civil War Soldier Letters

**Sept. 20** Pioneering Fairfax Women

**Dates & Time:** Mondays, Sept. 13, 20; 10:00 – 11:30 a.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 10, Max. 40

**Leader:** Susan Gray (703) 385-8415

**LLI Coordinator:** Doris Balinsky (703) 941-1794

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### Course 4F02A Tales from the Tombstones: A Walking Tour of Fairfax City Cemetery (1 Session)

Curator Susan Gray follows up her two-part Fairfax history lecture series with a guided walking tour of Fairfax City Cemetery, the oldest community cemetery in Fairfax County. Begun in 1866 as a burying ground for Confederate dead, the cemetery's history illustrates the role women played in setting aside the grounds and in raising funds for the Confederate Monument. See the gravesites of Civil War soldiers, government leaders, the niece of an American president and a member of the National Football League Hall of Fame. Participants should wear comfortable walking shoes and be prepared for inclement weather. In the event of heavy rain, the tour will be rescheduled. Transportation is NOT provided.

**Date & Time:** Monday, Sept. 27; 10:00 – 11:30 a.m.

**Place:** Meet at Fairfax Museum and Visitors' Center, 10209 Main St., Fairfax

**Class Size:** Min. 10, Max. 40

**Leader:** Susan Gray (703) 385-8415

**LLI Coordinator:** Doris Balinsky (703) 941-1794

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### Course 4F03A Guided Tour of the FDR Memorial (1 Session)

With our tour guide, Mary O'Day, learn about the planning and controversies of one of Washington's new memorials, while appreciating the results. The memorial is located in West Potomac Park between the Tidal Basin and the Potomac River. Meet at the memorial entrance and wear comfortable walking shoes. Parking in the area is *very limited* so consider car-pooling.

**Date & Time:** Monday, Oct. 18; 10:00 – 11:00 a.m. (Note tour time)

**Place:** FDR Memorial, West Basin Drive, Washington, D.C.

**Class Size:** Min. 5, Max. 20

**Leader:** Mary O'Day (703) 490-3455

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## Monday Afternoon

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### Course 4F04P Democracy and Stability in Latin America (8 Sessions)

Stability and progress in Argentina, Chile, and Brazil  
Weakness in Colombia, Peru, and Venezuela

Peace in Central America

Historical influences: Iberian history, demography (indigenous people), metropolitan powers and mercantilism, contrast of cultures, church, and the military as “guardians of the constitution”

Political development in the 20th century

Effects of globalism in the 21st century

From corporate state to free market economy

**Dates & Time:** Mondays, Sept. 13, 20, 27, Oct. 4, 11, 18, 25, Nov. 1; 1:00 – 2:30 p.m. (Note class time)

**Place:** Little River United Church of Christ (Room 8), Annandale

**Class Size:** Min. 12, Max. 25

**Leader:** Yereth Knowles (703) 912-3371

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**Course 4F05P Great Books Reading and Discussion Program (5 Sessions)**

We will read the first book from the 5th series. The selections are:

**Oct. 4** Ecclesiastes

**Oct. 18** Oedipus the King

**Nov. 8** On Dreams

**Nov. 15** The Metamorphosis

**Dec. 6** Faust, Part One

The course may be entered at any point. Please call The Great Books Foundation, 1-800-222-5870 to purchase books. Cost is \$28.95 (+ \$4.50 shipping). You may charge your order.

**Dates & Time:** Mondays, Oct. 4, 18, Nov. 8, 15, Dec. 6; 1:30 – 3:00 p.m.

**Place:** Food Service Bldg. (CF) (Chestnut Hill Room), NVCC Annandale Campus

**Class Size:** Min. 5, Max. 10

**Leader:** Lana Massoni (703) 642-0621

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**Course 4F06P Symphonic Sensations (2 Sessions)**

William Hudson, music director and conductor of the Fairfax Symphony Orchestra (FSO), returns to present works of composers that will be featured in two of the FSO's fall concerts. Through discussion and the use of CDs, he provides insights into the composers' music and their personal backgrounds.

**Oct. 18** Stravinsky's colorful ballet score *Petrouchka* & Brahms' *Piano Concerto No. 2*

**Nov. 8** Mozart's *Piano Concerto No. 9*, Prokofiev's *Symphony No. 1*, and more

**Dates & Time:** Mondays, Oct. 18, Nov. 8; 1:30-3:00 p.m.

**Place:** Little River United Church of Christ (Choir Room), Annandale

**Class Size:** Min. 20, Max. 60

**Leader:** William Hudson

**LLI Coordinator:** Lorin Goodrich (703) 425-9574

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## Tuesday Morning

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**Course 4F07A Jewelry through the Centuries, Part I (2 Sessions)**

A feast for the eye and the mind alike – what could be better? This new offering is Part I of a journey through

the endless glories of jewelry through the centuries. Each 2-hour class consists of dazzling color slides, accompanied by a lecture placing each beautiful item in the historical, social and political context of its day.

**Sept. 21** “The Language of Jewelry” surveys great jewels through the ages, focusing on the messages they convey about the wearer.

**Sept. 28** “The Ancients” begins with ancient Egypt and proceeds through the masterpieces created by the ancient Greeks, Scythians, Etruscans and Romans.

**Dates & Time:** Tuesdays, Sept. 21, 28; 10:00 – 12:00 noon (Note class time)

**Place:** Ernst Cultural Center (Forum Room), NVCC Annandale Campus

**Class Size:** Unlimited

**Leader:** Brenda Forman (703) 893-8459

**LLI Coordinator:** Fern Beyer (703) 455-6999

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**Course 4F08A On Human Nature (4 Sessions)**

Dr. Carl Steiner offers another of his thought-provoking courses.

**Oct. 5** Man and Nature: An Uneven Relationship

**Oct. 12** Great Migrations: People on the Move in History

**Oct. 19** God and the Universe: Six Disparate Views

**Oct. 26** Utopias and Dystopias: A Historical Perspective

**Dates & Time:** Tuesdays, October 5, 12, 19, 26; 10:00 – 11:30 a.m.

**Place:** St. Matthew's United Methodist Church (Room 304), Annandale

**Class Size:** Min. 12, Max. 25

**Leader:** Carl Steiner (703) 569-1640

**LLI Coordinator:** Curt Kornblau (703) 938-1575

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**Course 4F09A Downsizing (3 Sessions)**

Back by popular demand! Moving into smaller quarters requires “letting go” of many things, careful planning and organization. An expert in the field of relocation and reorganization can show seniors how to accomplish downsizing and relocation with relative ease.

**Nov. 2** *Downsizing with Care* – the how, what and when to downsizing, organizing and disposing of the excess.

**Nov. 9** *Disposing of the Excess* – where and how to dispose of surplus or unwanted items. An auction house representative will discuss what items can go to auction and what to expect.

**Nov. 16** *Relocating* – what and how much to take, where does it all go? Receive ideas that make your transition simpler and suggestions on how to assess floor plans, sizes of furniture you are taking and what to look for if you are moving to a new home.

**Dates & Time:** Tuesdays, Nov. 2, 9, 16; 10:00 – 11:30 a.m.

**Place:** St. Matthew's United Methodist Church (Room 306), Annandale

**Class Size:** Min. 10, Max. 25

**Leaders:** Jean Marie King and Suzanne Ruppel (571) 236-3915

**LLI Coordinator:** Norma Hughes (703) 960-6279

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**Course 4F10A Exploring Virginia State Government**  
(4 Sessions)

In January 2005, we will review Virginia State government, including organization of the Executive, Legislative and Judicial branches. Discuss how a bill becomes a law, how lobbyists operate and issues facing the 2005 General Assembly. Invited speakers include a key Delegate and/or Senator and a long-time lobbyist in Richmond. The last class session, Jan. 25, 2005, is a one-day field trip to Richmond to observe committees in action, meet Delegates and Senators, tour the Capitol and observe a session of the House and Senate. The course leader is a former Delegate in the Virginia House.

**Dates & Time:** Tuesdays, Jan. 4, 11, 18, 25, 2005; 10:00 – 12:00 noon (Note class time)

**Place:** Jan. 4, 11, 18, Chapel Square Center (Room 3), Annandale; Jan. 25, field trip to Richmond; details will be discussed in class.

**Class Size:** Min. 10, Max. 30

**Leader:** Gladys Keating (703) 971-7421

**LLI Coordinator:** Alan Mayer (703) 354-0239

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## Tuesday Afternoon

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**Course 4F11P Make a Newspaper Basket (3 Sessions)**

Don't know what to do with all those newspapers? Make a basket! This basket has a 13" x 16" base and is approximately 6" high with two side handles. Color accents available. Cost: \$18. Send check made payable to Louise Souk with registration form.

**Dates & Time:** Tuesdays, Sept. 14, 21, 28; 1:00 – 4:00 p.m. (Note class time)

**Place:** Little River United Church of Christ (Social Hall), Annandale

**Class Size:** Min. 4, Max. 8

**Leaders:** Louise Souk and Edward Mark (703) 323-9144

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**Course 4F12P English History, Part I (10 Sessions)**

Learn about the history of England from early Celtic times and the Roman occupation; the invasions and settlements by the Angles, Saxons and Vikings, followed by the Norman conquest; and the life and times of the House of Tudor. Suggested text: *The Oxford Illustrated History of Britain*, ed. K. O. Morgan.

**Dates & Time:** Tuesdays, Sept. 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23; 1:30 – 3:00 p.m.

**Place:** Little River United Church of Christ (Choir Room), Annandale

**Class Size:** Min. 10, Max. 30

**Leader:** Burt Greenstein (703) 913-6153

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**Course 4F13P Tea at Green Spring Gardens (1 Session)**

Enjoy a traditional tea, preceded by a program on aromatherapy. Aromatherapy uses the scents of herbs and flowers to heal, comfort and uplift the heart, mind and body. Enhance your well-being through the benefits of herbs. Please enclose a check made payable to LLI/NOVA for \$25 (for each member) or \$35 (for non-members) with your registration.

**Date & Time:** Tuesday, Sept. 28, 12:00 noon – 2:00 p.m. (Note class time)

**Place:** Green Spring Gardens (Meet at the Horticulture Building), Annandale

**Class Size:** Min. 18, Max. 36

**Leader:** Bonnie Hopley (703) 978-9381

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**Course 4F14P Senior Exercise: Stretch for Strength**  
(8 Sessions)

Slow easy movements to stretch and strengthen the muscles. Wear comfortable clothing; bring a mat and a light towel or long belt (or old necktie) to aid in holding some of the stretches. This is an easy class; you should be able to proceed to your next LLI class without feeling ruffled or sweaty!

**Dates & Time:** Tuesdays, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23; 12:00 noon – 1:00 p.m. (Note class time)

**Place:** Ernst Cultural Center (CE) (Dance Room 107, first floor behind elevator), NVCC Annandale Campus

**Class Size:** Min. 8, Max. 20

**Leader:** Trudy Hynes (703) 644-0672

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**Course 4F15P Festival of Foreign Films (4 Sessions)**

An LLI favorite, now in its twelfth season, featuring movies from around the world. Most, if not all, were nominated for or won Academy Awards in the categories of Best Foreign Language Film, Best Directing or Best Screenplay category. All films are in a foreign language with English subtitles.

**Nov. 16** *L'homme du train (The Man on the Train)*, 2002, France; in French, 90 min.

**Nov. 23** *Good Bye, Lenin (Good Bye, Lenin)*, 2003, Germany; in German, 121 min.

**Nov. 30** *Cidade de Deus (City of God)*, 2002, Brazil; in Portuguese, 130 min.

**Dec. 7** *Les invasions barbares (The Barbarian Invasions)*, 2003, Canada; in French, 99 min.

**Dates & Time:** Tuesdays, Nov. 16, 23, 30, Dec. 7; 1:15 – 3:15 p.m. (Note class time)

**Place:** Goodwin House West (Auditorium), Falls Church

**Class Size:** Unlimited

**Leader:** Al Brothers (703) 820-3732

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## Wednesday Morning

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**Course 4F16A Study Travel IX, Phase 1 (3 Sessions)**

In the spring or summer, 2005, a group of LLI'ers will travel together to a foreign destination. In Phase 1, select where and when we travel and which tour company to use. In Phase 2 (Spring 2005), study the places we plan to visit, followed by the trip (Phase 3). This is the 9th year for our popular program.

**Dates & Time:** Wednesdays, Sept. 15, 22, 29, 10:00 – 12:00 noon (Note class time)

**Place:** Chapel Square Center (Room 3), Annandale

**Class Size:** Min. 10, Max. 30

**Leader:** Alan Mayer (703) 354-0239

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**Course 4F17A Knitting for Beginners and Others**  
(6 Sessions)

Review basic knitting stitches – knit, purl, cast on, increase, decrease, cast off, yarn over, etc. Following the review, knit simple objects or garments of the student's choice, such as hats, mittens or scarves. Instructor will contact each student prior to the first class regarding the purchase of yarn and knitting needles.

**Dates & Time:** Wednesdays, Oct. 20, 27, Nov. 3, 10, 17, Dec. 1; 10:00 – 11:30 a.m.

**Place:** Little River United Church of Christ (Room 8; Room 7 on Nov. 10 only), Annandale

**Class Size:** Min. 5, Max. 10

**Leader:** Genevieve Thiem (703) 764-5866

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**Course 4F18A Early Wartime First Ladies (4 Sessions)**

The early wartime first ladies: from Martha Washington to Mary Lincoln, with stops along the way at Dolley Madison and Sarah Polk. How did these very different women handle the stresses of war? How did they help, or hinder, their mates?

**Dates & Time:** Wednesdays, Oct. 20, 27, Nov. 3, 10; 10:00 – 11:30 a.m.

**Place:** Ernst Cultural Center (Seminar Rooms A, B), NVCC Annandale Campus

**Class Size:** Min. 10, Max. 40

**Leader:** Mary O'Day (703) 490-3455

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## Wednesday Afternoon

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**Course 4F19P The U.S. Supreme Court – Some Issues; Some Justices (2 Sessions + Tour)**

Professor Jim O'Hara briefly reviews what the Supreme Court does and tells the stories of three great Justices: John Marshall, Oliver Wendell Holmes and William J. Brennan. Plenty of time is provided for questions and comments. Following the lectures, a tour of the Supreme Court Building will be given at a later date and time to be determined. Tour participants will meet at the Supreme Court Building. Directions will be furnished in class. Transportation will NOT be provided.

**Dates & Time:** Wednesdays, Sept. 22, 29; 1:00 – 3:00 p.m. (Note class time)

**Place:** Sept. 22, Ernst Cultural Center (CE) (Theater); Sept 29, Ernst Cultural Center (CE) (Forum Room), NVCC Annandale Campus; tour of the Supreme Court Bldg. to be determined

**Class Size:** Min. 5, Max. Unlimited

**Leader:** Prof. Jim O'Hara (410) 828-8409

**LLI Coordinator:** Dick DiBuono (703) 960-5981

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**Course 4F20P Make a Newspaper Basket (3 Sessions)**

See **Course Number 4F11P** for course description.

**Dates & Time:** Wednesdays, Sept. 29, Oct. 6, 13; 1:00 – 4:00 p.m. (Note class time)

**Place:** Little River United Church of Christ (Social Hall), Annandale

**Class Size:** Min. 4, Max. 8

**Leader:** Louise Sousk and Edward Mark (703) 323-9144

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**Course 4F21P Dialogue on Interfaith Issues (4 Sessions)**

Attend an interfaith dialogue in which significant issues in Christian-Jewish relationships will be analyzed and discussed. Subjects include: Do we worship the same God? How do we read the Bible? Do our ethics overlap or differ? What is the meaning of Israel? How do we view sin and atonement? Is suffering redemptive?

**Dates & Time:** Wednesdays, Oct. 6, 13, 20, 27; 1:30 – 3:00 p.m.

**Place:** Greenspring Village (Chapel), Springfield

**Class Size:** Unlimited

**Leaders:** Rabbi Arnold Fink and Rev. Charles Jaekle

**LLI Coordinator:** Ellen Gale (703) 569-3370

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**Course 4F22P Society's Challenges – What Does the Future Hold for Us? – A NVCC Faculty Presentation (2 Sessions)**

John Naisbitt, the renowned author of *Megatrends*, has said, "The most reliable way to anticipate the future is by understanding the present." During this 2-session course, NVCC sociology Professor Dean Haledjian examines society's global challenges and looks to the future. The course includes a look at emerging societal crises and explores opportunities for meeting them with some "breakthrough" thinking.

**Dates & Time:** Wednesdays, Nov. 3, 10; 1:30 – 3:00 p.m.

**Place:** Ernst Cultural Center (Seminar Rooms A, B), NVCC Annandale Campus

**Class Size:** Min. 15, Max. 40

**Leaders:** Prof. Dean Haledjian

**LLI Coordinator:** Lorin Goodrich (703) 425-9574

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## Thursday Morning

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**Course 4F23A The Civil War in Alexandria (1 Session)**

The director of the Fort Ward museum presents a slide-enhanced program on Alexandria during the Civil War. After the presentation, tour the Fort and the museum. Please wear comfortable low-heeled shoes; touring the fort is difficult in high heels. NOTE: The lecture is in an upstairs classroom that is NOT wheel-chair accessible.

**Date & Time:** Thursday, Sept. 23; 10:00 – 11:30 a.m.

**Place:** Fort Ward Park, 4301 W. Braddock Road, Alexandria (near Alexandria Hospital)

**Class Size:** Min. 5, Max. 40

**Leader:** Susan Cumbey (703) 838-4848

**LLI Coordinator:** Helen Clark (703) 573-1671

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**Course 4F24A Poetry and You (4 Sessions)**

Come read or recite your favorite poems with your fellow members. What is poetry? Can poetry change your life? Who is the poet laureate? What is prose poetry? These questions and more will be answered. Join us and put more joy in your life. This LLI course continues to be a favorite.

**Dates & Time:** Thursdays, Oct. 7, 14, 21, 28; 10:00 – 11:30 a.m.

**Place:** Little River United Church of Christ (Room 8), Annandale

**Class Size:** Min. 8, Max. 15

**Leader:** Richard Risk (703) 578-9898

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**Course 4F25A Hot Topics in Health Care (3 Sessions)**

Recently retired from her practice in internal medicine, Dr. Frances Durocher shares her knowledge of current health topics. Questions are welcome at the start of each session.

**Nov. 4** Differences between normal aging patterns and signs of dementia and Alzheimer's disease, and end of life issues

**Nov. 11** Navigating the health care system

**Nov. 18** Common medical problems in aging; medications and drug interactions; and the role of vitamins

**Dates & Time:** Thursdays, Nov. 4, 11, 18; 10:00 – 11:30 a.m.

**Place:** Little River United Church of Christ (Choir Room), Annandale  
**Class Size:** Min. 8, Max. 40  
**Leader:** Dr. Frances Durocher (703) 691-9391  
**LLI Coordinator:** Alice Maguire (703) 256-8161

## Thursday Afternoon

### Course 4F26P History and Tour of the C&O Canal (2 Sessions + Tour)

Learn about the historic C&O Canal from a National Park Service Ranger who works at this interesting site. An **OPTIONAL** tour of the canal follows the two lectures.

**Sept. 16** History of the development and decline of the C&O Canal

**Sept. 23** Development of the C&O Canal National Historic Park

**Sept. 30** Optional tour of the C&O Canal. Ride along the historic canal in a towboat pulled by mules and experience rising 8 feet in a lock. Park rangers in period costume describe what life was like for families that lived and worked on the canal.

The hour-long canal tour commences at 11:00 a.m.; cost of the tour is \$6.00 (seniors), \$8 (adults) and \$5 (children) payable by cash, check or credit card at the Visitors Center on the date of the tour. Attendees provide their own transportation to the site. On-street parking is *very limited*. The nearest commercial parking to the Visitors Center is from M St., go down 30th St. for one block (crossing the canal); parking garage is on the right. Meet at the Visitors Center, 1057 Thomas Jefferson St., NW, Washington, D.C.

**Dates & Time:** (Lectures) Thursdays, Sept. 16, 23; 1:30 – 3:00 p.m.; (Tour) Thursday, Sept. 30, 11:00 a.m.

**Place:** (Lecture) Ernst Cultural Center (Forum Room), NVCC Annandale Campus; (Tour) C & O Canal Georgetown Visitors Center, Washington, D.C.

**Class Size:** (Lecture) Min, 20, Max. Unlimited; (Tour) Max. 50

**Leader:** Ranger John McCarthy (202) 653-5190

**LLI Coordinator:** Dick DiBuono (703) 960-5981

### Course 4F27P Transportation Options for Seniors in Fairfax County (1 Session)

This course will present valid and tangible transportation resources that exist for the senior population of Fairfax County. Two specific programs will be presented: the first, **Seniors On-The-Go!**, is a subsidized taxicab program that has been in existence since March 2001, which presents Fairfax County residents 65 years of age or older, who meet income criteria, with a supplemental transportation resource to meet one's personal needs. A second program, **Travel Training**, is a short-term group instruction demonstrating to seniors how to travel safely and independently using the public transportation system in their community. This somewhat new concept has been broadened to inform seniors of the advantages of the fixed route transit system in place in the greater Washington Metropolitan area. Also discussed will be **FASTRAN**, **Metro/Access** and the **WMATA Senior Citizen Reduced Fare Program**.

**Date & Time:** Thursday, Sept. 30, 1:30 – 3:00 p.m.

**Place:** Ernst Cultural Center (Seminar rooms A, B), NVCC Annandale Campus  
**Class Size:** Min. 10, Max. 40  
**Leader:** Denis Paddeu (703) 324-1439  
**LLI Coordinator:** Norma Hughes (703) 960-6279

### Course 4F28P History and Intrigue of Foreign Postage Stamps (2 Sessions)

Miles Manchester, an avid stamp collector for 70 years, relates the history and intrigue of some famous stamps and explains what we can learn of the history and geography of a country through its stamps. He also reveals the secrets of how to identify a stamp's country of origin. Students are encouraged to bring any stamps they are unable to identify.

**Dates & Time:** Thursdays, Oct. 7, 14; 1:30 – 3:00 p.m.

**Place:** St. Matthew's United Methodist Church (Room 306), Annandale

**Class Size:** Min. 5, Max. 25

**Leader:** Miles Manchester (703) 938-2924

**LLI Coordinator:** Doris Balinsky (703) 941-1794

### Course 4F29P Psychology Presentations by NVCC Faculty (6 Sessions)

Join us once again for an interesting series of presentations by the NVCC (Annandale) Psychology Department faculty.

**Oct. 7** ("Forum"): Work and the Maturing Adult (Dr. Darlene VanEvery)

**Oct. 14** (Theater): Psychology and Culture (Professor Kathleen Lloyd)

**Oct. 21** ("Forum"): Two Different Perspectives on Personality (Professor Judith Vajda)

**Oct. 28** ("Forum"): Mindfulness, Bliss, and Joy in Aging Through our 60s, 70s, and Beyond (Professor Donald Devers)

**Nov. 11** (Theater): Aging and Mental Health (Professor Pamela Stewart)

**Dec. 16:** (Seminar Rooms B,C, & D) Psychology in International Relations; What Psychologists Know About How Leaders Make Decisions (Dr. Eric Shiraev)

**Dates & Time:** See above schedule. All sessions are 1:30-3:00 p.m.

**Place:** Ernst Cultural Center, NVCC Annandale Campus. See above schedule for location for each session.

**Class Size:** Min. 20, Max. 90

**Faculty Coordinator:** Prof. Kathleen Lloyd

**LLI Coordinator:** Lorin Goodrich (703) 425-9574

## Friday Morning

### Course 4F30A Meadowlark Gardens Tour and Lecture (1 Session)

Enjoy a lecture about paintings that have been inspired by nature. Following the lecture, take a walk through the gardens to view the flowers and plants that inspired the paintings. This is our 8th tour to this popular destination. The program involves a short hike and some standing. (**NOTE:** In case of rain, the tour will be conducted indoors at the Visitor Center. Entrance fee to the gardens is waived for class participants.)

**Date & Time:** Friday, Sept. 24, 10:00 a.m. – 12:00 noon (Note class time)  
**Place:** Meadowlark Botanical Gardens Visitor Center, Vienna  
**Class Size:** Min. 10, Max. 50  
**Leader:** Keith Tomlinson (703) 255-3631, Ext. 5  
**LLI Coordinator:** Curt Kornblau (703) 938-1575

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**Course 4F31A Discover Your Regional Parks**  
(1 Session)

The Northern Virginia Regional Park Authority (separate from and not a part of the Fairfax County Park Authority) was developed in the 1950's to protect Northern Virginia's rich heritage of woods, meadows, lakes and streams from approaching suburban sprawl. Through a volunteer board appointed from three counties and three cities, the Authority plans, acquires, develops and operates a system of regional parks for all Northern Virginians to enjoy. Through the use of illustrations and handouts, discover the many facilities and services in the area parks operated by the Northern Virginia Regional Park Authority. Note: This program is held totally indoors and does NOT include a guided garden tour. Participants are invited to tour the indoor and outdoor gardens on their own following the session. (Entrance fee to the gardens is waived for class members.)

**Date & Time:** Friday, Nov. 19, 10:00 – 11:30 a.m.  
**Place:** Meadowlark Botanical Gardens Atrium, Vienna  
**Class Size:** Min. 10, Max. 50  
**Leader:** Keith Tomlinson (703) 255-3631, Ext. 5  
**LLI Coordinator:** Curt Kornblau (703) 938-1575

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## Friday Afternoon

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**Course 4F32P Baroque Art (3 Sessions)**

Join Professor Tom Hardy for another in his ever-popular series of discussions regarding art history.

- Oct. 8 Italian
- Oct. 15 French and Spanish
- Oct. 22 Dutch, Flemish and English

**Dates & Time:** Fridays, Oct. 8, 15, 22; 1:30 – 3:00 p.m.  
**Place:** McDiarmid Bldg. (Room CM 215), NVCC Annandale Campus  
**Class Size:** Min. 15, Max. 65  
**Leader:** Prof. Tom Hardy (703) 323-3479  
**LLI Coordinator:** Curt Kornblau (703) 938-1575

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## Various Days

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**Course 4F33A Opera Spotlight (6 Sessions)**

Opera Spotlight presents an in-depth look at each of the operas presented by Virginia Opera during its 2004-2005 season. The first three sessions focus on Puccini's masterpiece, *Turandot*; the last three sessions take a close look at Lehar's delightful operetta, *The Merry Widow*. The classes are scheduled to precede Virginia Opera's performances of each opera (Oct. 15 and 17 for *Turandot* and Nov. 19 and 21 for *The Merry Widow*) at the Center for the Arts at George Mason University. The more you know about opera, the more you enjoy it. Join us and discover that opera is a feast for the eyes, the ears and the intellect!

**Dates & Time:** Wednesdays, Sept. 29, Oct. 6, Oct. 13; Tuesdays, Nov. 2, Nov. 9, Nov. 16; 10:00 – 11:30 a.m.  
**Place:** St. Matthew's United Methodist Church (Room 304), Annandale  
**Class Size:** Min. 10, Max. 40  
**Leader:** Candy Leibundguth (703) 266-7782  
**LLI Coordinator:** Helen Clark (703) 573-1671

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**Course 4F34A 55 Alive – Mature Driving Program**  
(2 Sessions)

55 Alive, a classroom refresher course for experienced older motorists, teaches about the normal age-related changes that interfere with vision, hearing and physical strength that typically influence driving ability and attitudes. Learn about the impact of medications when driving and their effect when mixed with alcohol prior to driving. These problems are what lead to the typical traffic violations committed by older drivers. At the end of the course, each person who attends BOTH sessions receives a certificate that can be sent to your car insurance company for a discount.

**Dates & Time:** Wednesday and Thursday, Nov. 17 & 18; 10:00 a.m. – 3:00 p.m., with a one-hour lunch break from Noon – 1:00 p.m. Participants provide their own lunch. Cost: Please enclose a check with your registration for \$10.00 made payable to AARP.  
**Place:** Goodwin House West (Top of the West), Falls Church  
**Class Size:** Min. 15, Max. 25  
**Leader:** Wayne Krumwiede (703) 998-0251

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## Day Trip

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**DT10-01 Tour of Library of Congress and the Postal Museum**

The Library of Congress was founded in 1800. When the original collection was destroyed in the War of 1812, the new Library of Congress was formed with Thomas Jefferson's personal collection of more than 6,000 volumes. The guided tour of the Jefferson Building includes the Main Hall, Gutenberg Bible and the Main Reading Room, as well as the Gershwin and Bob Hope exhibits. Lunch is on your own at Union Station, which has seven sit-down restaurants and a food court with more than 40 vendors. Following lunch, walk across the street to the Postal Museum and meet in the lobby PROMPTLY at 2:15 p.m. for a 45-minute tour. There will be time to view exhibits on your own before boarding the bus to return to Virginia.

**Date:** Friday, October 1  
**Cost:** \$25 for members, \$35 for non-members. Please submit a check payable to LLI/NOVA with your registration. Be sure to sign the "Assumption of Risk and Acknowledgment of Responsibility" statement and include a SELF-ADDRESSED, STAMPED ENVELOPE. Bus leaves from Little River United Church of Christ, 8410 Little River Turnpike, Annandale, at 9:00 a.m. and returns at approximately 5:00 p.m. Please arrive 15 minutes prior to departure. Park in the center of the parking lot.  
**Leaders:** Barbara Rolling (703) 916-0279 and Louise Souk (703) 323-9144

## Special Interest Groups

### BRIDGE GROUP

The LLI Bridge Group meets twice monthly, 10:00 a.m. – 2:00 p.m. Because meeting dates can be confirmed with the Governmental Center only one month in advance, please call coordinators Bob or Gladys Bucklew (see below) before you plan to attend to insure we have a room for that day. Your call not only confirms the meeting date for you but also enables us to obtain sufficient card tables for attendees. All are welcome. Note that if there are "extra" people, bridge play is rotated (four hands per game) among all present. Also, most of our players are "singles"; you do not need a partner to attend.

**Dates & Time:** Second and fourth Wednesdays, 10:00 a.m. – 2:00 p.m. (You may bring a bag lunch.) **NOTE:** Occasionally scheduling conflicts require that we play on a different day, so please always call ahead to ensure the date is correct.

**Place:** Mason District Governmental Center, Annandale

**Coordinators:** Bob and Gladys Bucklew (703) 631-7889

### DISCUSSION GROUP

The LLI Discussion Group meets monthly on the first Friday to provide an opportunity to discuss topics of current interest in an open forum. At the end of each meeting, the Group selects a topic for the following meeting. We then seek a volunteer to be the Resource Person for the selected topic; that person gives a 10-15 minute opening summary for the topic at the next meeting. After the opening presentation, the meeting is open for everyone to present his or her thoughts on the topic. All LLI members are welcome at all meetings. Information on upcoming meetings can be found in LLI's newsletter. Contact Sue Swift (see below) for further information.

**Dates & Time:** Fridays, Sept. 3, Oct. 1, Nov. 5, Dec. 3, 10:00 – 11:30 a.m.

**Place:** Ernst Cultural Center (Seminar Rooms A, B), NVCC Annandale Campus

**Coordinator:** Sue Swift (703) 698-8159

### FAVORITE BOOKS CLUB

The Favorite Books Club meets monthly to discuss books of the group's choosing. Book selections for this term will be published in the LLI newsletter. The group is encouraged to bring book suggestions to each meeting for selection purposes. We try to select only those books available in paperback and ones with lasting literary quality or interest. Please contact Libby Burge (see below) for further information.

**Dates & Time:** Third Thursday of the month, 11:30 a.m.-1:30 p.m. (You may bring a bag lunch.)

**Place:** Mason District Governmental Center, Annandale

**Coordinator:** Libby Burge (703) 451-2534; e-mail: lburge@cox.net

### GERMAN CONVERSATION AND DISCUSSION

This group meets monthly on the third Monday to provide an opportunity to converse in German and practice our German language skills. Specific dates and further details will be given in the LLI newsletter, or contact Arline Sachs (see below).

**Dates & Time:** Mondays, Sept. 20, Oct. 18, Nov. 15; 12:00 noon - 1:15 p.m. (Note time)

**Place:** Food Service Building, (CF), (Chestnut Hill Room), NVCC Annandale Campus

**Coordinator:** Arline Sachs (703) 971-2092; email: sachs@nova.org

### LLI SINGERS

This group meets to sing for the joy and fun of it. Professional training is not a requirement. Bring a snack lunch if you like. For more information, call Martie Klee (see below).

**Date & Time:** Every other Tuesday, 11:30 a.m. – 1:00 p.m.

**Place:** Little River United Church of Christ, Annandale

**Coordinator:** Martie Klee (703) 644-4931;

email: marthaklee@earthlink.net

### THEATRE GROUP

The Theatre Group, open to all LLI members, attends plays and musicals that are available at the numerous venues in the Washington metropolitan area. Call Helen Clark (703) 573-1671 or the LLI office (703) 503-0600 for further information.

### TRAVEL CLUB

The Travel Club maintains a list of places with the time of year that our members would like to travel. When 12 people have a common interest, we will get them together to select the tour, followed by a study phase, before taking the tour. In addition, the club maintains a list of foreign currencies that can be sold to others. To join, e-mail Sidney Sachs at [sachs@nova.org](mailto:sachs@nova.org) with your information or see him at the LLI monthly Forum.

# Faculty

**AL BROTHERS**, Merrimack College, North Andover, MA; University of New Hampshire, Dover, NH; German major, French minor; taught English at The Berlitz School of Languages and the Inlingua *Sprachenschule* in Pforzheim, Germany; accredited German/English translator, certified by the *Industrie- und Handelskammer* in Wiesbaden; well versed in Germanic, Romance and Slavic languages; knowledgeable in major dialects of High German, English and Portuguese.

**SUSAN G. CUMBEY**, BA, art history, Georgetown Univ.; Masters art history and museum studies, George Washington Univ.; Director of the Fort Ward Museum and Historic Site; instructor in Art History, School for Summer and Continuing Education at Georgetown Univ.; previously taught Art History at NVCC; experienced lecturer on civil war art.

**Dr. FRANCES DUROCHER**, M.D.; Internal Medicine, Women's College of Pennsylvania; MS Brown University; BA Trinity College; Professor at George Washington University Medical School, Elmira College, and Hahnemann Medical College; on staff at INOVA Fairfax Hospital; recently retired from a 25 year private practice of Internal Medicine in Fairfax.

**Rabbi ARNOLD FINK**, ordained Rabbi; 33 years at Beth El Hebrew Congregation in Alexandria; educated at Princeton, Hebrew Union College and Temple University; taught courses in Jewish history and thought and encouraged interfaith dialogue and understanding throughout the metropolitan area.

**Dr. BRENDA FORMAN**, Ph.D., political science, City Univ. of New York; Phi Beta Kappa; retired from Federal government and aerospace industry; currently pursuing her lifelong interest in, and love of, jewelry; in 2001, her translation from the original French of Henri Vever's 1906-1908 three-volume landmark study, *French Jewelry in the 19th Century*, was published by Antiquorum Auctioneers (Geneva and New York); former Editor of *The District of Gemology*, the quarterly newsletter of the D.C. Chapter of the Gemological Institute of America (GIA) Alumni Association; has taught an 8-week course, "A Brief History of Jewelry."

**SUSAN INSKEEP GRAY**, B. S. degree in journalism and political science, West Virginia Univ.; masters in American history, George Mason Univ.; formerly employed in various media positions and as a museum specialist for the National Park Service; currently Curator/Visitor Services Manager at the Fairfax Museum, Office of Historic Resources, City of Fairfax, where she has worked for several years.

**BURT GREENSTEIN**, Bachelor's (1950) and Master's (1953) degrees, University of Buffalo; majors in history, geography and languages; taught English history and European governments; worked in the Dept. of the Air Force and the Defense Intelligence Agency.

**Prof. TOM HARDY**, AB in English, Georgetown University; MA in English, University of North Carolina, Chapel Hill; second MA in Art History, George Washington University;

native Washingtonian; NVCC instructor for more than 30 years.

**WILLIAM HUDSON**, Bachelor of Music, Philadelphia Conservatory of Music; BA, Univ. of Pennsylvania; Master of Music, Yale University; more than 30 years with the Fairfax Symphony Orchestra (FSO); conducted performances at the Kennedy Center and Wolf Trap; established a summer residency at the Shenandoah Valley Music Festival where the FSO is "orchestra-in-residence."

**TRUDY HYNES**, educated at Mass. General Hospital and Boston College School of Nursing; retired (1987) as an R.N.; later trained in a volunteer program at NVCC to lead senior exercise; has led classes at senior centers and assisted care facilities.

**Rev. CHARLES JAEKLE**, ordained Episcopal Priest; long time director of Pastoral Counseling and Consultation centers.

**GLADYS KEATING**, member, Virginia General Assembly, 1978-2000; first woman to chair the Corporations, Banking and Insurance committee; also served on the Counties, Cities and Towns committee.

**JEAN MARIE KING**, degree in Interior Design; 12 years experience as a lighting/plumbing designer; currently manages the senior moving division of Ann E. O'Neill, Inc. providing relocation and reorganization services to assist seniors and the disabled assess and manage an alternative living space; organize household and personal items; and assess household contents and identify unwanted or surplus items.

**YERETH KNOWLES**, BA and Master's in political science, University of Wisconsin; Ph.D. in political development, International Institute, University of Geneva, Switzerland; professor of political science at Inter-American University, San German, Puerto Rico (1960-79); visiting professor of Latin American studies at George Mason University (1980-92); traveled and lived in Puerto Rico, Grenada, Holland, Switzerland, China and South/Central America; publications include "History of Caribbean Organizations," fiction, and a novel, "The Town is Aaron."

**WAYNE KRUMWIEDE**, BA in Business, Univ. of Maryland's University College; retired with more than 21 years' military service in budget and finance, followed by civilian budget positions with the District Government and Coast Guard; currently a real estate agent; participates in numerous volunteer positions.

**CANDY LEIBUNDGUTH**, BA, Music, Douglass College of Rutgers Univ.; former music teacher and singer; worked with Education Dept. of Virginia Opera since 1993; wrote the original children's opera program *Freedom's Journey*, *The New Adventures of Alice in Opera Land*, and *Highlights of Porgy and Bess* for performance in Virginia's public schools;

developed Virginia Opera's Adopt-a-School Program; has produced numerous teacher resource materials and study guides, prepared training classes for Virginia Opera docents, and written articles for Virginia Opera's magazine, the *Opera Voice*. She recently taught a course entitled "Invitation to the Opera" for the Lifelong Learning Institute of Chesterfield County, Va., and is currently preparing the study guide for Virginia Opera's 2004-2005 Season.

**MILES B. MANCHESTER**, began collecting stamps at age 11; became very involved in stamp collecting after retiring from the Federal government; belongs to two stamp clubs; past president of the Va. Philatelic Federation; Trustee of the Va. Postal History Society; currently a docent at the National Postal Museum.

**LANA MASSONI**, BA in English, St. John's Univ., New York; MA in English, George Mason Univ.; retired Fairfax County Public Schools English teacher (28 years).

**ALAN MAYER**, BS in business administration, Univ. of Maryland; Master's in urban planning, Univ. of Virginia; served for 10 years as a Member, Virginia House of Delegates; retired from the Central Intelligence Agency (1950-1980).

**JOHN MCCARTHY**, National Park Service Ranger at the C&O Canal National Historical Park's Georgetown Visitor Center; interprets the historic C&O Canal and its environs to Park visitors; conducts recreated canal boat journeys aboard the replica 1870's canal boat "Georgetown"; professional experiences include college professor, archeologist, interpretive exhibits designer, historic site director and collections curator.

#### NVCC FACULTY

##### Art Department

**Prof. TOM HARDY**, see above

##### Psychology Department

**Prof. DONALD DEVERS**: BA, University of Hawaii MA, Catholic University

**Prof. KATHLEEN LLOYD**: BA, Smith College, MEd, Loyola College, MS, Howard University

**Dr. ERIC SHIRAEV**: BA & PhD, St. Petersburg University (Russia)

**Prof. PAMELA STEWART**: BA & MA, George Mason University

**Prof. JUDITH VAJDA**: BA & MA, George Washington University

**Dr. DARLENE Van EVERY**: BA Parker College, MA Catholic University, DA, George Mason University

##### Sociology Department

**PROF. DEAN HALEDJIAN**, BA, Clemson University, MS, Virginia Tech.

**MARY O'DAY**, BA in history/government, Westminster College, PA; MS in guidance and counseling, Edinboro College, PA; certificate in administration from SUNY, Fredonia; certificate in program development and evaluation from SUNY, Albany; retired educator and long-time advocate for women's issues; background in American history and

psychology; extensive research in psychology at Edinboro College and St. Bonaventure University, NY.

**Prof. JAMES B. O'HARA**, retired administrator and professor at Loyola College (Baltimore); specialist on the Justices and literature of the Supreme Court; Trustee of the Supreme Court Historical Society, and a frequent contributor to the *Journal of Supreme Court History* and *The Supreme Court Historical Quarterly*; member, Maryland and Supreme Court Bar.

**DENIS P. PADDEU**, a Senior Citizen Transportation Specialist with the Fairfax County Department of Transportation, employee of the County for nearly twenty years; first managed a federally subsidized Summer Youth Employment Program providing employment opportunities (and transportation) for economically disadvantaged and special needs Fairfax County youth. Was Program Manager for eligible Fairfax County citizens who use the FASTRAN (door-to-door) transportation service with Information and Referral under the Department of the Human Services; managed the Customer Service Department of FASTRAN before taking his current position with Fairfax County DOT.

**RICHARD RISK**, graduate, Univ. of Missouri; Executive Director, Missouri Commission on Human rights; retired, US Environmental Protection Agency; member, Fairfax Area Commission on Aging since 1996; founding member of LLI; has taught a variety of LLI courses.

**SUZANNE RUPPLE**, degree in Liberal Arts; 10 years with GTE Telenet; volunteered for 17 years with the Fairfax County School system implementing alternative outdoor learning environments for elementary schools; member of the senior moving division of Ann E. O'Neil, Inc. since 2001.

**LOUISE SOUSK**, retired public school teacher; contributing member of LLI since the steering committee formed; served on the board for four years; since 1998, plans and leads day and overnight trips for LLI members; organized a Charter Elderhostel for LLI; regularly teaches an LLI basket class.

**Dr. CARL STEINER**, professor emeritus, George Washington University; expert in Germanic Studies and Culture; has published three books and numerous articles.

**GENEVIEVE THIEM**, BS in Nursing, St. Joseph College, West Hartford, Conn.; began knitting as a child and has created numerous knitted garments and other items.

**KEITH TOMLINSON**, interpretive naturalist and Administrator, Meadowlark Botanical Gardens; previously, Education Specialist in Natural Science at Bishop Museum, Honolulu; studied botanical gardens in the Americas, Asia, Europe and the Pacific; wrote several popular and technical articles dealing with conservation, environmental education, and plant diversity; worked as a natural science consultant on several books, including the Smithsonian Institution's *Guide to Natural America*; leads several summer trips annually for the Smithsonian Associates.



# LLI Tour Registration Form

## Assumption of Risk and Acknowledgement of Responsibility

As a prerequisite for participation, this Assumption and Acknowledgement must be signed and **two** emergency contact numbers must be supplied.

The tours of the Lifetime Learning Institute of Northern Virginia require walking and the physical capability to access sites that may have structural obstacles. By participating, I assume the risks inherent in this tour and agree to hold LLI, its Board of Directors, Administrator, volunteers, and other agents harmless from any and all claims from bodily injury and/or property damage that result from my participation in this tour, or my inability to full participate.

Further, I understand that, should I require personal assistance to participate in this tour, I am responsible for securing such assistance. That responsibility includes registering a person with LLI who can and will be totally responsible for providing all assistance. I will register the person by having him or her sign below. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

_____	/
Participant Signature	Emergency Contact No. 1 / Emergency Contact No. 2
_____	/
Participant Signature	Emergency Contact No. 1 / Emergency Contact No. 2

*Tour of Library of Congress  
and Postal Museum*

Tour Title: \_\_\_\_\_ Tour #: *DT 10-01*

Date of Day Trip: *Friday, October 1, 2004*

Tour Fee: *Members: \$25 Nonmembers: \$35*

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Number of reservations: \_\_\_\_\_ Total Cost: \_\_\_\_\_

Checks should be made payable to *LLI / NOVA*. Please send to:

Lifetime Learning Institute  
c/o Div. of Continuing Ed., NVCC  
8333 Little River Turnpike  
Annandale, VA 22003

<i>For Office Use Only</i>
Am't Paid: _____
Check #: _____

### TO BE REGISTERED:

1. Each person must sign the above Assumption of Risk and Acknowledgement of Responsibility.
2. Enclose a check in payment for this trip only.
3. Enclose a self-addressed, stamped envelope for this trip only.

**Fees & Information:** Louise Souk (703) 323-9144

**Reservations & Payment:** Payment of fee is required at time of registration. Reservations are accepted on a first-served basis.

**Refunds & Cancellations:** Refunds will be made if notice is received at least 4 days before tour date, less any non-refundable deposits made by LLI unless your place can be filled by someone else. After that date, refunds will be made only if the place can be filled. LLI follows Fairfax County School closings.

**Notification:** A few days prior to the trip, you should receive a confirmation in the mail in your self-addressed stamped envelope. If you do not receive this, please call Louise Souk (703) 323-9144 to verify your registration.

Cut along dotted line





# LLI Course Registration Form

(Please print all information)

Please enter your choices *IN PRIORITY ORDER* and mail completed form to:

Lifetime Learning Institute (Registration)  
c/o Division of Continuing Education NVCC  
8333 Little River Turnpike  
Annandale, VA 22003

**ENCLOSE A SELF-ADDRESSED STAMPED ENVELOPE**

## Registration Request

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

LLI Member (Yes/No) \_\_\_\_\_ Date \_\_\_\_\_

I wish to register for the following LLI courses and activities. My choices are listed *IN PRIORITY ORDER*.

Priority	Course Number	Course Title	Action*
1			
2			
3			
4			
5			
6			
7			
8			

\* To be completed by LLI Office. **A**= registration accepted; **C**= course canceled owing to insufficient demand; **W**= waitlisted (you will be notified if space becomes available).

Cut along dotted line





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Cut along dotted line





# LLI / NOVA Membership Form

Phone: (703) 503-0600 E-Mail: [llinova@juno.com](mailto:llinova@juno.com)

Title: Mr., Mrs., Ms., Dr., Other \_\_\_\_\_ (circle one)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_

Phone Number(s): Home ( ) \_\_\_\_\_ Other ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

*Please indicate if any information above differs from latest LLI Directory.*

Where did you hear about LLI? \_\_\_\_\_

Briefly tell us about your career, expertise, or skills \_\_\_\_\_

\_\_\_\_\_

**Fee: \$110 per year for individual membership.** Checks should be made payable to **LLI/NOVA**.

Send to: LLI / NOVA  
Building CG, Room 202  
8333 Little River Turnpike  
Annandale, VA 22003-3743

*As a general practice LLI does not refund membership dues. Under extenuating circumstances LLI will consider requests for refunds if they are made in writing within 30 days of joining the Institute.*

Cut along dotted line



**Please also complete the following:**

Date \_\_\_\_\_  New

Amount Paid \_\_\_\_\_  Renewal

Check # \_\_\_\_\_

LLI is operated by volunteers. This is part of our education as well as an opportunity to meet other people and be involved. If you are willing to help in some area, please indicate in which area(s) below.

Present a Course       Plan a Course       Coordinate a Course       Serve on the Board

Serve on a Committee       Help in the Office       Assist with A/V equipment

Assist with Travel Planning       Other \_\_\_\_\_

Would you like for someone to contact you to answer any questions or provide additional information? \_\_\_\_\_

If you have any questions about volunteer opportunities, contact the LLI Volunteer Coordinator, Phil Centini, at [barry.centini@verizon.net](mailto:barry.centini@verizon.net) or (703) 658-1545.



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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_

Phone Number(s): Home ( ) \_\_\_\_\_ Other ( ) \_\_\_\_\_

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