

LLI Presents: *Salads for Dinner*

Bursting with fresh flavors and filling enough to make a complete meal, these easy salads can be made in a flash. Just add some sliced rustic bread and a glass of wine and dinner is on the table and ready to eat. While almost all these salads serve four, they can easily be reduced in half to serve two.

Today's Recipes are:

Mediterranean Salad
White Beans with Tuna
An Italian Antipasto Salad Bowl
Broccoli and Lentil Salad
Seafood Romaine Salad
Dilled Salmon and Bean Salad
Shrimp Couscous Salad
Layered Chicken Salad
Beef Noodle Salad
Arugula, Cherry Tomato and Spicy Salami Pasta Salad
Tender Green Salad with Strawberries, Cucumber, Pistachio and Basil
A Beautiful Summer Salad
Bacon, Lettuce and Tomato Pasta Salad