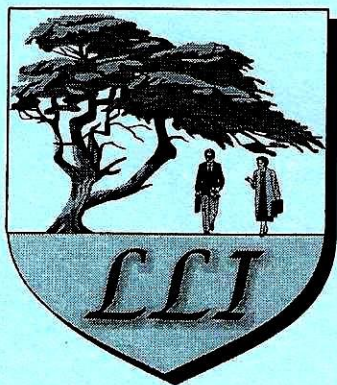


Winter/Spring Program 2003



Lifetime Learning Institute

c/o Division of Continuing Education, NVCC Annandale
8333 Little River Turnpike
Building CS, Room 238
Annandale, VA 22003

Phone: (703) 503-0600 / FAX: (703) 503-5350

Website: <http://communities.msn.com/LLINOVA>

E-Mail: llinova@hotmail.com

Winter/Spring 2003 at a Glance

ART AND MUSIC

Acrylic Painting (hands-on) (3W17A); Symphonic Sensations (3W05P)
Russian Folk Music (3W15P)

GENERAL INFORMATION

Why People Believe Weird Things (3W07A); Focus on Basics (3W08A)
Wills and Trusts (3W32P); Advance Healthcare Directive (3W33P)

GOVERNMENT, POLITICS, INTERNATIONAL RELATIONS

Exploring Virginia State Government (2F08A); Shadow of Hate (3W06A)
Philosophy of Our Times (3W12P); Understanding Our Latin American
Neighbors (3W26A); Great Decisions 2003 (3W27A)

HEALTH/SCIENCE

Wellness Forum (3W01A); Science & Technology Today (3W09A);
Prescription for Longevity (3W23A); Understanding Genetic Engineering
(3W35P); Senior Exercise (3W38A)

HISTORY AND RELIGION

American Revolution (3W10P); Modern Judaism & Christianity In the
Common Era (3W18A); The Great Schism (3W22A); Effects of
Globalization on South America (3W25P); Egypt's Influence on Modern
Day Religions (3W28A); History Presentations by NVCC Faculty
(3W31P)

LITERATURE AND MOVIES

Short Stories (3W02A); Great Books (3W03P); Classic British Films
(3W13P); Foreign Film Festival (3W14P); History of English Language
(3W16A); Poetry (3W29A)

PERSONAL DEVELOPMENT

Power Point & Corel (3W04P); Basket Class (3W11P & 3W24P);
Exploring the Internet (3W19A & 3W20A); Mature Driving Program
(3W37A); Beginning Computing (3W36A)

TRIPS/TOURS

Study/Travel Planning (3W21A); Bird Walks (3W30A); Meadowlark

General Information

What Is LLI?

Sponsored by Northern Virginia Community College (NVCC), Lifetime Learning Institute of Northern Virginia (LLI/NOVA) is a non-profit, member-run organization dedicated to providing continuing educational opportunities to older adults of all backgrounds and income levels. LLI/NOVA is a member of the Elderhostel Institute Network (EIN) and benefits from the services EIN provides in program development.

The basic challenge of LLI/NOVA is to help meet the continuing educational and social needs of the 400,000 persons over 50 years of age in Northern Virginia.

- Governed and financed by members
- Supported by member-led planning, administration and instruction
- Provides non-credit, non-degree courses
- Offers educational, cultural and social events

What Do We Have to Offer?

55 ALIVE – MATURE DRIVING PROGRAM	16
ADVANCE HEALTH CARE DIRECTIVE WORKSHOP	14
AMERICAN REVOLUTION, THE	5
BEGINNING COMPUTING	15
BIRD WALKS	13
BRIDGE GROUP	19
Day Trip: TREASURES OF MARYLAND: HAMPTON HISTORIC SITE, MRS. K's TOLL HOUSE, AND BROOKSIDE GARDENS	17
Day Trip: NATIONAL CATHEDRAL TOUR AND TEA	17
Day Trip: COLLEGE PARK AVIATION MUSEUM, COLLEGE PARK AIRPORT, 94th AERO SQUADRON RESTAURANT, AND THE NATIONAL CRYPTOLOGIC MUSEUM	17
DEVELOPMENT OF MODERN JUDAISM AND CHRISTIANITY IN THE COMMON ERA	8
DISCUSSION GROUP	19
EALING STUDIOS PRESENTS	6
EFFECTS OF GLOBALIZATION ON SOUTH AMERICA, THE	10
EGYPT'S INFLUENCE ON MODERN DAY RELIGIONS	12
EXPLORING THE INTERNET	

Lifetime Learning Institute — Winter/Spring Program

GREAT DECISIONS 2003	
The GREAT SCHISM: THE CHURCH DIVIDED, EAST AND WEST	
HISTORY OF THE ENGLISH LANGUAGE, A	
HISTORY PRESENTATIONS BY NVCC FACULTY	
INTRODUCTORY ACRYLIC PAINTING	
JOHNS HOPKINS PRESCRIPTION FOR LONGEVITY, THE	
KICKOFF MEETING	
MAKE A BASKET	
MEADOWLARK BOTANICAL GARDENS: A LANDSCAPE HISTORY, PLUS TOUR	
MONDAY LUNCHEON GROUP	
MONDAY SPEAKERS PROGRAM AND OPEN HOUSE	
PHILOSOPHY OF OUR TIMES	
POETRY VIII	
RUSSIAN FOLK MUSIC	
SCIENCE AND TECHNOLOGY TODAY	
SENIOR EXERCISE	
SHADOW OF HATE, THE	
SHORT STORIES	
STUDY/TRAVEL VII (Phase 2)	
SYMPHONIC SENSATIONS	
THEATRE GROUP	
TRAVEL CLUB	
UNDERSTANDING GENETIC ENGINEERING	
UNDERSTANDING OUR LATIN AMERICAN NEIGHBORS	
USING <i>POWERPOINT</i> AND <i>COREL PRESENTATIONS</i> FOR YOUR PICTURES	
WELLNESS FORUM, THE	
WHY PEOPLE BELIEVE WEIRD THINGS	
WILLS AND TRUSTS	

<i>Directions to Class Locations</i>	
<i>Biographies of Faculty</i>	
<i>Biographies of LLI Coordinators</i>	

Courses and activities this semester:

How Are the Courses Organized?

When Are the Classes and Where?

Classes are offered throughout the year, subdivided into Winter/Spring, Summer, and Fall semesters. They are typically held on weekdays between hours of 10 a.m. and 3 p.m. The courses are held on the NVCC Annandale campus and off-campus in churches, community centers and other suitable locations.

Benefits of Membership

- Participation in courses and special interest groups throughout the year without charge.
- Participation in day and overnight trips at the special membership rate.
- Participation in the group overseas Study/Travel program.
- Attendance at social events such as the annual picnic, winter holiday luncheon and faculty volunteers' appreciation event.
- Monthly newsletter
- And hopefully, new friendships

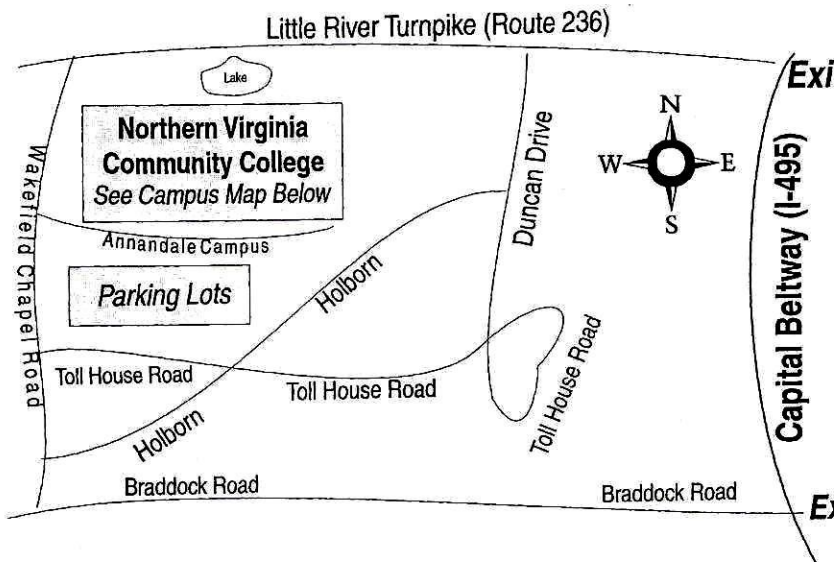
How Do I Become a Member and What is the Cost?

Complete the membership application form found on pages 39 and 41 and mail with your check to the address shown. The current annual membership fee is \$100. The membership period is for 12 months beginning in the month in which dues are paid.

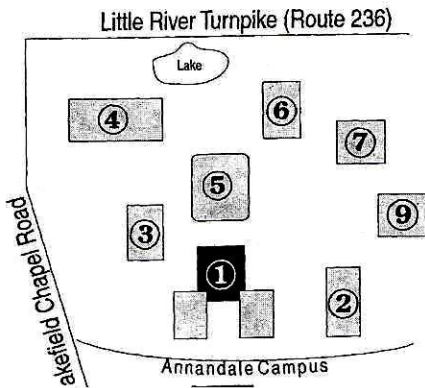
How Do I Register for Classes and Tours?

Complete a class registration form found on pages 35 and 37, listing the courses you wish to attend *in order of preference*. Mail to the LLI office with self-addressed stamped envelope and any applicable fees as soon as possible *but not later than January 13, 2003*. Registration forms received after that date will be considered only if there are spaces remaining in the courses you selected. Your registration form will be mailed back to you shortly after the closing date, but in advance of the first class, indicating whether you have been accepted, wait-listed, or whether the class has been canceled. As a courtesy to other LLI members, please call the LLI office at (703) 503-0600 if you find that you will not be able to attend a course after you have been accepted. This will give members on a waiting list an opportunity to attend.

Registration for trips should be submitted on the separate forms provided. Please remember to sign the waiver.



Annandale Campus Map



- ① Richard J. Ernst Comm Cultural Ctr. (CE)
- ② McDiarmid Building (CN)
- ③ Nursing Building (CN)
- ④ Shuler/Science Building (CN)
- ⑤ Godwin Building (CG)
- ⑥ Food Service Building (CG)
- ⑦ Classroom Building (CC)
- ⑧ Culture Ctr. Parking Lot (CC)

Directions to Class Locations

Annandale United Methodist Church is located at 6935 Columbia Pike in Annandale.

Directions from the Beltway

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and go into the left lane. At the next traffic light (Backlick Road), which is at the intersection where *Fuddrucker's* restaurant is located on the left and a Mobil service station is on the right, take a left onto Backlick Road and bear right immediately. You will go only short block and after passing a Jiffy Lube, turn right onto Columbia Pike. Drive to the second traffic light which is at Gallows Road where you will see a small old white church on the right. Proceed just beyond the traffic light and turn right into the parking lot. Enter the brick church through the main entrance and look for signs.

The **Chapel Square Center** is located at 4401 Holborn Avenue in Annandale. It is a former elementary school. Park at the far end of the building or on Holborn Avenue. Enter through the main doors — Room 3 is the first room on the first left-hand corridor. Room 5 is the third room on this corridor.

Directions from Little River Turnpike

Turn onto Wakefield Chapel Road and drive past the NVCC campus to Toll House Road (the third street on the left after passing the campus parking lot). Turn left onto Toll House Road and proceed to the first stop sign which is at Holborn Avenue. Turn left onto Holborn and after traversing a rise in the street you will see Chapel Square Center on the left just beyond an athletic field.

Directions from Braddock Road

Turn left onto Wakefield Chapel Road and take the fourth right turn onto Holborn Avenue. Continue on Holborn through the stop sign at Toll House Road. See directions above.

Congregation Olam Tikvah is located at 3800 Glenbrook Road in Fairfax.

Directions from the Beltway (Route 495)

Exit at Little River Turnpike (Route 236) West through five (5) traffic lights (the fifth light is at the intersection with Guinea Road). Proceed through the fifth light, past Ridgelea Drive to the intersection with Glenbrook Road (you will pass a small white Seventh Day Adventist church on the right). Take a right on Glenbrook Road and continue past Denise Lane on the left to Olam Tikvah's entrance on the left (it is marked by a stone monument-type sign). Turn into the driveway and proceed to the rear of the brick house. You will see the Synagogue on

Lifetime Learning Institute — Winter/Spring Program

The **Falls Church Presbyterian Church** is located at 225 East Broad Street, Falls Church.

Directions from Beltway

Take Arlington Boulevard (Route 50) to Route 7 West at Severn Corners. Proceed west on Route 7, which is called Broad Street in the city of Falls Church. Drive several blocks to Fairfax Street North, turn right and then left into the parking lot at the rear of the church. The door at back of the church.

Goodwin House West is located at 3440 South Jefferson Street, Falls Church (across Route 7, Leesburg Pike, from the Skyline Center complex). Since parking is limited at Goodwin House West, you are encouraged to park behind the Giant Food Store located in the "Crossroads Place" Shopping Center.

Directions from Bailey's Crossroads

Drive east on Route 7, Leesburg Pike, and take a left turn at the traffic light at South Jefferson Street. South Jefferson Street is located between the "Crossroads Place" and "Leesburg Pike Plaza" shopping centers. After taking a left from Route 7 onto South Jefferson Street to the first traffic light and turn left into the parking lot of the "Crossroads Place Shopping Center" where there are several stores, including Burlington Coat Factory and Giant Food. Drive to the left side of Giant Food, turn right at the corner of the store and park in one of the spaces along a fence line. There will be a gate with a "Property" sign which will be unlocked. Go through the gate to the main entrance of Goodwin House West (a 12-story brick building). It is only a short walk!

Greenspring Village is located at 7440 Spring Village Drive in Springfield.

Directions from the Beltway

Drive to the first exit on I-95 South which is the Springfield interchange. Exit to the right onto Old Keene Mill Drive and follow the signs to Backlick Road South. Proceed on Backlick Road to the Franconia-Springfield Parkway (Route 7900). Take the first right turn to enter the Parkway. Proceed on the Parkway to the first traffic light and turn right onto Spring Village Drive. Advise the guard attendant that you are going to be attending a "Lifetime Learning Institute" class. Proceed to the Village Square Parking Garage. You will need to sign a guest register at the reception desk. The receptionist will give you directions to your classroom.

St. Paul's United Church of Christ is located at 8410 Little Rock Road.

Directions from Wakefield Chapel Road

Turn right onto Little River Turnpike (Route 236) and get into the right lane. Turn left at the first traffic light; the road will take you to the church parking lot.

The **Mason District Governmental Center** is located at 6507 Columbia Pike.

Directions from the Beltway

Drive east on Little River Turnpike (Route 236). Proceed through 5 traffic lights and go into the left lane. At the next traffic light (Backlick Road), which is at the intersection where *Fuddrucker's* Restaurant is on the left and a Mobil service station is on the right, turn left onto Backlick Road and bear right immediately. You will go a short block and after passing a Jiffy Lube, turn right onto Columbia Pike. Proceed through 5 traffic lights. Following the 5th traffic light (intersection with Whispering Lane), you will see in the median a sign reading "Fairfax County Police Station." Proceed a short distance and go into a right turn lane which will take you into the parking lot of the Center.

Meadowlark Botanical Gardens is located on Beulah Road, Vienna.

Directions from the Beltway (Route 495)

Proceeding on the Beltway toward Baltimore (and the American Legion Bridge), exit onto Route 123 South (Dolley Madison Blvd.), proceed through two (2) traffic signals (past Tyson's Corner Center on your left and Tyson's II on your right) to the intersection with Old Courthouse Road. Turn right onto Old Courthouse Road, moving directly into the left turn lane. At the next light, Old Courthouse Road goes to the left. Follow Old Courthouse Road and proceed until it intersects with Beulah Road on your left. Proceed **straight** through this intersection (you may notice that the road's name changed from Old Courthouse to Beulah even though you kept straight...only in Virginia!). Proceed on Beulah Road until you reach Meadowlark Gardens (and Meadowlark Gardens Court) on your left. Turn into Meadowlark Gardens Court and you will find parking.

NVCC, CT/TV Tech (CT) Building, Computer Lab is the building marked "9" on the Annandale Campus map located on page iv of this program.

NVCC Cultural Center is located in the Ernst Community Cultural Center, Annandale Campus (Building CE). The Seminar Rooms are located on the second floor adjacent to the large Forum room. Please park in the lot reserved for the Cultural Center (the lot with the arm-type gates). If the gate is in a closed position, push the button in the yellow box for entry. You will be given a token at the class to be used for exiting.

Lifetime Learning Institute — Winter/Spring Program

NVCC McDiarmid Building is adjacent to the NVCC Cultural Center (Building number 2 on the campus map on page iv). Same parking arrangements as for the NVCC Cultural Center.

Parking for those classes located in an NVCC Annandale Campus building "gated" lot reserved for the Cultural Center.

Saint Matthews United Methodist Church is located at 8617 Little Turnpike, Annandale.

Directions from the Beltway and Little River Turnpike (Route 236)
Proceed west from Little River Turnpike to Wakefield Chapel (third traffic light). Turn left onto Wakefield Chapel and take right onto Virginia Avenue. Go to the stop sign at Wakefield, turn right and then take a left into the parking lot. Park in space on the left-hand side of the church since you will be entering through a basement door on the left side. Follow sign to classroom.

Directions from Braddock Road going West
Turn right onto Wakefield Chapel Road. Turn left onto Virginia Avenue and follow directions above.

The **Virginian** is located at 9229 Arlington Boulevard (Route 50) in Fairfax.

Directions from the Beltway and Little River Turnpike (Route 236)
Drive west on Little River Turnpike to Pickett Road. Turn right onto Pickett Road and drive to Arlington Boulevard. Turn right onto Arlington Boulevard and then turn right at the first traffic light which will lead into the Virginian's driveway. Follow signs for visitor parking.

Directions from the Beltway and Arlington Boulevard (Route 50)
Drive west on Arlington Boulevard. Turn left at the first traffic light after Nutley Street into the Virginian's driveway. Follow signs for visitor parking.

** Landmark at this traffic light: Stonehurst Drive is on the right. Be sure to take a left at the traffic light into the Virginian complex.

Wild Bird Center is located in Alexandria.

Directions from the Beltway (Route 495)
Proceeding East toward the Wilson Bridge, exit at Telegraph Road North (Route 611). Once on Telegraph Road, move into the left lane and follow the signs to Route 236 (Duke Street). When on Duke Street, move into the center lane and proceed through the traffic signals. At the third traffic signal, turn right into the parking lot of The Alexandria Commons Shopping Center. The Wild Bird Center is located in the back of the shopping center.

LLI Winter/Spring 2003 Program

Note: *All programs are free to members unless otherwise specified. Morning courses have the suffix A; afternoon classes have the suffix P. See full addresses of class locations starting on page v.*

KICKOFF MEETING

The meeting is planned to introduce LLI's winter/spring program to members and prospective members, and serves a general invitation to join us for this program. All LLI members, their friends, and other interested persons are warmly invited to attend. Light refreshments will be served starting at 9:30 a.m.

Date & Time: Monday, Jan. 6 at 10:00 – 11:30 a.m.

Place: Ernst Cultural Center (CE) (Forum Room), NVCC Annandale Campus.

Monday Mornings

MONDAY SPEAKERS PROGRAM AND OPEN HOUSE

This is a continuing program of lectures on various topics, held usually on the first Monday of the month. Following the presentation there will be brief announcements and a chance for members, friends, and the speaker to socialize. See LLI newsletter for details. Light refreshments are served starting at 9:30 a.m.

Dates & Time: Mondays, Feb. 3; Mar. 3; Apr. 7; May 5; June 2 at 10:00 – 11:30 a.m.

Place: Ernst Cultural Center (CE) (Forum Room), NVCC Annandale Campus.

MONDAY LUNCHEON GROUP

Interested members and friends enjoy socializing at a restaurant after each Monday speakers program. The luncheons begin shortly after noon at various restaurants in the surrounding area. Participants may meet at the Cultural

Course 3W01A THE WELLNESS FORUM (4 Sessions)

Join us for four classes on health related topics, presented at the Arlington Center for Well-Being. These classes are designed to pique your interest and encourage you to take action to improve your physical well-being.

Feb. 10 – *Weight Management*: A look at foods and other factors to achieve the goal of feeling better, looking better and functioning better. Body fat analysis after class.

Feb. 24 – *Exercise, Energy, Endurance and Eating*: Solve the mystery of how carbohydrates, proteins and fats are used by the body. Body band video workout after class.

Apr. 21 – *Cancer, Can You Prevent It?*: Diet, exercise, stress and genetics play a role in promoting cancer; one in three cancer deaths are related to diet.

Apr. 28 – *To Be or Not to Be a Vegetarian*: An informative program whether you are considering becoming a vegetarian or are just curious.

Dates & Time: Mondays, Feb. 10, 24; Apr. 21, 28 at 10:30 a.m. – Noon (note start time)

Place: Falls Church Presbyterian Church (Room 120), Falls Church

Class Size: Min. 10, Max. 25

Leader: Judy Caddell (703) 522-7710, Ext. 3

Course 3W02A SHORT STORIES (4 Sessions)

- March 10 – *Gimpel the Fool* and *The Admirer* by Isaac Bashevis Singer (2 stories)
- March 17 – *The Nick Adams Stories* by Ernest Hemingway
- March 24 & 31 – To be decided

Dates & Time: Mondays, Mar. 10, 17, 24, 31 at 10:00 – 11:30 a.m.

Place: Annandale United Methodist Church (Room 302), Annandale

Class Size: Min. 8, Max. 20

Leader: Rosalind Newman (703) 931-3102

Monday Afternoons

Course 3W03P GREAT BOOKS READING AND DISCUSSION PROGRAM (5 Sessions)

We will be reading the second book from the 4th Series

Lifetime Learning Institute — Winter/Spring Program 2003

The course may be entered at any point. *Cost:* For those who don't have the series 4 books, the cost is \$26.95 payable by check to Lana Massoni with your registration

Dates & Time: Mondays, Feb. 10, 24; Mar. 3, 10, 31 at 1:30 – 3:00 p.m.

Place: Falls Church Presbyterian Church (Room 120), Falls Church.

Class Size: Min. 1, Max. 8

Leader: Lana Massoni (703) 642-0621

Course 3W04P USING POWERPOINT AND COREL PRESENTATIONS FOR YOUR PICTURES (2 Sessions)

This hands-on class is designed to help you create a computer slide show of your digital pictures. The first class meeting will be on *PowerPoint*, which is a Microsoft product. The second class will use *Presentations* (a Corel product which is 95% the same as *PowerPoint* and much cheaper). Bring a few of your pictures in a .jpg format on a floppy disk if you want to practice with your own pictures.

Dates & Time: Mondays, Feb. 24; Mar. 3 at 1:30 – 3:00 p.m.

Place: CT/TV-Tech Building (Room 228), NVCC Annandale Campus

Class Size: Min. Max. 20

Leader: Arline Sachs (703) 971-2092

Course 3W05P SYMPHONIC SENSATIONS (2 Sessions)

The Fairfax Symphony Orchestra's (FSO) music director and conductor, William Hudson, will be returning to present the works of the composers featured in two of the FSO's spring concerts (March 15 and April 19). He will provide insights to the composers' music through discussion and the use of CDs.

Dates & Time: Mondays, Mar. 10; Apr. 14 at 1:30 – 3:00 p.m.

Place: The Little River United Church of Christ (Choir Room), Annandale

Class Size: Max. 50

Leader: William Hudson

LLI Coordinator: Lorin Goodrich (703) 425-9574

Course 3W06P THE SHADOW OF HATE (6 Sessions)

This course will explore the history of intolerance in the United States. Too often "we" (the comfortable citizens of the most powerful and affluent country in the world) point an accusing finger at "them" (countries where human rights abuses abound) without taking a close look at our own

be used during this course. Please enclose a check for \$4.00 made payable to Mary O'Day with your registration form.

Dates & Time: Mondays, Apr. 7, 14, 21; May 5, 12, 19 at 1:30 – 3:30 p.m.
(Note: two hour class sessions)

Place: Ernst Cultural Center (CE) (Seminar Rms. A, B, C), NVCC Annandale Campus

Class Size: Min. 10, Max. 20

Leader: Mary O'Day (703) 680-6330

LLI Coordinator: Lorin Goodrich (703) 425-9574

Tuesday Mornings

Course 2F08A EXPLORING VIRGINIA STATE GOVERNMENT (4 Sessions)

The first session will cover an overview of the Virginia State Government including the roles of the Governor, his cabinet, major state agencies and departments, the judiciary and the General Assembly. In the second session we will take a close look at the General Assembly, including the committee structure, key players and how a bill becomes law. The third session will be a discussion of some of the major issues facing the 2002 General Assembly. The 21st of January will be a one-day field trip to Richmond to observe committees in action, meet Delegates and Senators, tour the Capitol and Governor's mansion, and watch a session of the House of Delegates and the Senate.

NOTE: This class was completely booked PRIOR to the publication of this catalogue (see Fall 2001 catalogue). If you were accepted for this class in the Fall, it is NOT necessary to register again.

Dates & Time: Tuesdays, January 7, 14, 21, 28, 10:00 – 11:30 a.m.

Place: Chapel Square Center, Room 3, 4401 Holborn Street, Annandale

Class Size: Min. 10, Max. 25.

Leader: Gladys Keating (703) 971-7421

Course 3W07A WHY PEOPLE BELIEVE WEIRD THINGS (3 Sessions)

This course is based on Michael Shermer's book of the same title (subtitled "Pseudo-science, Superstitions, and Other Confusions of Our Times), published in 1997. "Why do so many people believe in mind readings, past life regression therapy, abductions by extraterrestrials and ghosts? What led to the rise of scientific creationism and the belief that th

Course 3W08A FOCUS ON BASICS 2 (4 Sessions)

This is a follow-on to Dr. Steiner's popular course given in Fall 2002. He will discuss the following topics:

- Mar. 4 – Culture and Civilization
- Mar. 11 – Activity and Industry
- Mar. 18 – Knowledge and Science
- Mar. 25 – Homo sapiens – how wise?

Dates & Time: Tuesdays, Mar. 4, 11, 18, 25 at 10:00 – 11:30 a.m.

Place: St. Matthews United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 25

Leader: Carl Steiner (703) 569-1640

Course 3W09A SCIENCE AND TECHNOLOGY TODAY (4 Sessions)

This course will introduce you to some of the latest discoveries in science and technology. Several experts will cover topics ranging from rocket science to problems with your eyes

- Mar. 25 – Bioengineering for an aging population – Oxidative stress leads to tissue damage and to diseases aging. Bioengineering may help to provide functioning replacements for faulty body parts in the future – Dr. Henry Rodriguez
- Apr. 22 – Energy – Speaker discusses a rational energy policy which uses renewable sources, is environmental friendly, and releases us from long-range dependence upon foreign interests – Dr. Coleman Raphael
- May 6 – Rocket science – Some of the frustrations and satisfactions of a rocket scientist (with some discussion technical principles as presented for the understanding the layman) – Dr. Coleman Raphael.
- May 13 – Age-Related Eye Diseases and Nutrition – Speaker discusses the merit of nutrition for age-related macular degeneration and cataract – Dr. Emily Chew

Dates & Time: Tuesdays, Mar. 25; Apr. 22; May 6, 13 at 10:00 – 11:30 a.m.

Place: Ernst Cultural Center (CE), (Seminar Rms. C, D), NVCC Annandale Camp

Class Size: Min. 15, Max. 50

LLI Coordinator: Doris Balinsky (703) 941-1794

Lifetime Learning Institute — Winter/Spring Program

Republic with emphasis on the public sentiment for various momentous acts. (This course is a follow-up American Colonial History given in the Fall 2002 semester but the Fall course is NOT a prerequisite for this course.)

Dates & Time: Tuesdays, Feb. 4, 11, 18, 25; Mar. 4, 11, 18, 25; Apr. 1, 8
3:00 p.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 8, Max. 25

Leader: Burt Greenstein (703) 931-8818

Course 3W11P MAKE A BASKET (3 Sessions)

This small market basket is the perfect size – 6" x 16" CDs. It fits nicely in a small space and can be used as for a variety of objects. Several colors of reed will be for you to "jazz up" your basket with a color accent i choose. Materials cost \$12. Please enclose a check for made payable to Louise Sousk with the registration f

Dates & Time: Tuesdays, Feb. 11, 18, 25 at 1:00 – 4:00 p.m.

Place: Little River United Church of Christ (Social Hall), Annandale

Class Size: Min. 4, Max. 8

Leader: Louise Sousk (703) 323-9144

Course 3W12P PHILOSOPHY OF OUR TIMES (6 Sessions)

A search for the philosophical, political, economic and religious foundation of an environmentally sustainable society of peace, liberty and justice for all. An admitted idealistic quest, the six sessions of discussion can hardly more than provide a bare outline of the ultimate goal in mind the truism that "Ideals are like stars; you can't touch them with your hands, but using them as your guide they will lead you safely to your destination" (Anon. an attempt to see some order that might be brought to the present world society that is terribly out sync of with wisdom that can be found among the finest philosophical, scientific, economic and religious minds of civilization.

Dates & Time: Tuesdays, Mar. 4, 11, 18, 25; Apr. 1, 8 at 1:30 – 3:00 p.m.

Place: Falls Church Presbyterian Church (Room 120), Falls Church

Class Size: Min. 6, Max. 15

Leader: Knox Singleton (703) 532-2409

Lifetime Learning Institute — Winter/Spring Program 20

- Apr. 1** *Lavender Hill Mob*, 1950, b/w, 77 min. Shy bank clerk devises "foolproof" scheme to rob gold shipment.
- Apr. 8** *The Ladykillers*, 1955, color, 86 min. Crooks pose as musicians while plotting a major heist.

Dates & Time: Tuesdays, Mar. 25; Apr. 1, 8 at 1:30 – 3:00 p.m.

Place: Goodwin House West (Auditorium), Falls Church

Class Size: Unlimited

Leader: Marilyn Bernard (703) 569-4995

Course 3W14P FESTIVAL OF FOREIGN FILMS (3 Sessions)

A popular program in its ninth season featuring movies from foreign countries. This time the films are ones that *have already been shown* but which are some of the leader's favorites. A number were nominated for Academy Awards in the Best Foreign Language Film category. All films are in a foreign language with English subtitles.

April 15 *Kolja (Kolya)*, 1996. In Czech and Russian. 105 min.

April 22 *Vor (The Thief)*, 1997. In Russian. 96 min.

May 6 *Central do Brasil (Central Station)*, 1998. In Portuguese. 113 min.

Dates & Time: Tuesdays, Apr. 15, 22; May 6 at 1:30 – 3:00 p.m.

Place: Goodwin House West (Auditorium), Falls Church

Class Size: Unlimited

Leader: Al Brothers (703) 820-3732

Course 3W15P RUSSIAN FOLK MUSIC (1 Session)

This presentation will be about the folk music of Russia and Ukraine. It will begin with a description and demonstration of the unique instruments that are the foundation of this genre: the balalaika, the domra, and the gusli.

The bulk of the time will go towards listening to lots of music to illustrate the different styles that make this wonderful music what it is. The Washington Balalaika Society will perform its annual concert in May, additional details will be in the LLI newsletter.

Date & Time: Tuesday, Apr. 15 at 1:30 – 3:00 p.m.

Place: Ernst Cultural Center (CE) (Seminar Rooms A, B, C), NVCC Annandale Campus

Class Size: Min. 20. Max. 60

Wednesday Mornings

Course 3W16A A HISTORY OF THE ENGLISH LANGUAGE (4 Sessions)

This class will be geared to those participants who are interested in the development of the English Language, how it came to be, how and why it changed, and what it is unique among the Germanic languages.

Special attention will be given to sounds, grammar, vocabulary, and the differences found in the variants of modern English. We will also spend some time on "translating" a passage from Middle English.

- Feb. 5 Proto-Germanic, Anglo-Saxon, and Early English
- Feb. 12 The Norman Conquest, Late Middle English
- Feb. 19 Chaucer, the Canterbury Tales, and Shakespeare
- Feb. 26 English dialects/accents and the future of English

Dates & Time: Wednesdays, Feb. 5, 12, 19, 26 at 10:00 – 11:30 a.m.

Place: Goodwin House West (Board Room), Falls Church

Class Size: Min. 12, Max. 35.

Leader: Al Brothers (703) 820-3732

Course 3W17A INTRODUCTORY ACRYLIC PAINTING (4 Sessions)

Vera Olmstead will teach hands-on introductory acrylic painting. Students will use water-based acrylic paint that cleans up easily and dries quickly. The paint and solution are odorless. A kit (\$25) including brushes and a variety of paint colors will be provided to each student. Please enclose a check for \$25 made payable to Vera Olmstead with the registration form.

Dates & Time: Wednesdays, Feb. 26; Mar. 5, 12, 19 at 10:00 – 11:30 a.m.

Place: Greenspring Village (Craft Studio, "Village Square" Complex), Springfield

Class Size: Min. 4, Max. 10

Leader: Vera Olmstead (703) 323-3945

Course 3W18A DEVELOPMENT OF MODERN JUDAISM AND CHRISTIANITY IN THE COMMON ERA (4 Sessions)

During the first century tumultuous changes in the East led to a radical break from the past and produced Judaism and Christianity. The Judaism of the early period, which was destroyed with the temple in 70

Lifetime Learning Institute — Winter/Spring Program 200

Dates & Time: Wednesdays, Mar. 5, 12, 19, 26 at 10:00 – 11:30 a.m.

Place: Congregation Olam Tikvah, Fairfax

Class Size: Unlimited

Leader: Rabbi Arnold Fink

LLI Coordinator: Ellen Gale (703) 978-3360

Course 3W19A EXPLORING THE INTERNET (6 Sessions)

NOTE: This course and **Course 3W20A** are exactly the same with different dates.

This course will teach students to use tool bars and the address bar; how to search the "web"; e-mail (*i.e.*, send, receive, reply, forward, attachments); downloading; clean out "cookie" and temporary files; content "blockers" (for children); internet safety; chatting; and internet security

Dates & Time: Wednesdays, Mar. 5, 12, 19; Monday, Mar. 24; Wednesdays, Apr. 9 at 10:30 a.m. – Noon (note starting times)

Place: CT/TV-Tech Building (CT) (Room 116), NVCC Annandale Campus

Class Size: Min. 6, Max. 16

Leader: Victoria de la Paz (e-mail vicdelpaz@att.net)

LLI Coordinator: Lorin Goodrich (703) 45-9574

Course 3W20A EXPLORING THE INTERNET (6 Sessions)

See **Course 3W19A** above.

Dates & Time: Wednesdays, Apr. 16, 23; May 7, 14, 21, 28 at 10:30 a.m.-Noon (note starting times)

Leader: Victoria de la Paz (e-mail vicdelpaz@att.net)

LLI Coordinator: Lorin Goodrich (703) 425-9574

Course 3W21A STUDY/TRAVEL VII (Phase 2) (5 Sessions)

The Study/Travel Group selected Portugal as its next destination, leaving on a 12-day tour starting May 15, 2003. The next phase will be to study our destinations. There will be four sessions devoted to history, geography, government and language. The last session will deal with trip preparations for those who signed up. Even if you are not going, you are welcome to come to the study phase of the trip.

Dates & Time: Wednesdays, Mar. 26; Apr. 2, 9, 16; May 7 at 10:00 – 11:30 a.m.

Place: Chapel Square Center (Room 3), Annandale.

Class Size: Min. 15, Max. 45

Church through the ecumenical councils and em resolution of numerous doctrinal heresies, the CH diverse but one. Eventually, in the mid and late f millennium, the doctrine and meaning of the Chr role and authority, emerged as an issue and the o began. This together with the realities inherent in disintegration of the Roman Empire eventually r schism. In this discussion, we will investigate the problem, earlier schisms and their resolutions, th 1054, and the subsequent failed attempts at reuni

Dates & Time: Wednesdays, Apr. 2, 9, 16, 23; May 7 at 10:00 – 11:30

Place: Little River United Church of Christ (Choir Room), Annandale

Class Size: Min. 10, Max. 30

Leader: John Rybicki (703) 391-7305

LLI Coordinator: Ellen Gale (703) 978-336

Course 3W23A THE JOHNS HOPKINS PRESCRIPTION FOR LONGEVITY
(1 Session)

This prescription is prepared by the editors of "Fifty Years Old and Younger" and the experts at The Johns Hopkins Medical School. It is a practical anti-aging plan that focuses on the two-thirds of health problems attributable to lifestyle choices and one-third resulting from our genes.

Date & Time: Wednesday, May 14 at 10:00 – 11:30 a.m.

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 11, Max. 25

Leader: Richard Risk (703) 578-989

Wednesday Afternoons

Course 3W24P MAKE A BASKET *(3 Sessions)*

For description, cost, location, etc. See Course 3W24P Tuesday afternoons

Dates & Time: Wednesdays, Feb. 5, 19, 26 at 1:00 – 4:00 p.m.

Course 3W25P THE EFFECTS OF GLOBALIZATION ON SOUTH AMERICA
(10 Sessions)

This course will discuss globalization, world trade, development and effects on the struggle for democracy.

Dates & Time: Wednesdays, Feb. 12, 19, 26; Mar. 5, 12, 19, 26; Apr. 2, 9, 16 at
– 2:45 p.m. (note starting time)

Place: Little River United Church of Christ (Room 8), Annandale

Class Size: Min. 10, Max. 25

Leader: Yereth Knowles (703) 912-3371

Thursday Mornings

Course 3W26A UNDERSTANDING OUR LATIN AMERICAN NEIGHBORS
(6 Sessions)

This is an introductory course given in association with Greenspring Village

- Jan. 16 – Introduction to Latin America, generalizations, similarities.
- Jan. 23 – The differences – an overview of Mexico and Central America, the Andean countries, South America including Argentina, Brazil and Chile
- Jan. 30 – Modernization, in Mexico, Guatemala, Costa Rica, El Salvador, and Peru/ Colombia
- Feb. 13 – Modernization, in Argentina/Chile, Uruguay/Paraguay/Bolivia
- Feb. 20 – Latin American theory – differences between North America and South America
- Feb. 27 – Viewing the people, cultures, and influences of all these countries

Suggested readings: *The Americas*, by Peter Winn, Univ. Calif. Press.; *Latin America, Its Problems and Its Promise*, a multidisciplinary introduction. Jan Knippers Black, Westview Press, a readable, literate text; and *Latin American Politics and Development*, Wiarda, Westview press — all have extensive bibliographical material.

Dates & Time: Thursdays, Jan. 16, 23, 30; Feb. 13, 20, 27 at 11:00 – 12:30 p.m.
(note class time)

Place: Greenspring Village (Classroom, "Village Square" Complex), Springfield

Class Size: Min. 6, Max. 12

Leader: Yereth Knowles (703) 912-3371

Book and read the materials before the class. Cost is \$15. Briefing Book plus contribution to cost of videotape. Please include a check for \$15 made payable to Helen Clark with your registration. The issues to be discussed are:

- Multilateralism vs. Unilateralism
- Afghanistan
- U.S. and Saudi Arabia
- Nigeria
- World Trade and Food Policy
- China
- European Integration
- Women's Rights

Dates & Time: Thursdays, Jan. 30; Feb. 6, 13, 20, 27; Mar. 6, 20, 27 at 10:00 - 11:30 a.m.

Place: Goodwin House West, Falls Church — Feb. 27 and March 27 sessions in the Auditorium; all others are in the Board Room

Class Size: Min. 20, Max. 40

Leader: Helen Clark (703) 573-1671

Course 3W28A EGYPT'S INFLUENCE ON MODERN DAY RELIGIONS (1 Session)

Egypt's influence extended far beyond the borders of the country itself. Many of the beliefs of modern day religions were already found in Egypt 4,000 years ago. Learn about how similar some of the legends and stories of Egypt were to those found as part of religions that followed many years later.

Date & Time: Thursday, Feb. 27 at 10:00 - 11:30 a.m.

Place: Ernst Cultural Center (CE) (Seminar Rms. C, D), NVCC Annandale

Class Size: Unlimited

Leader: Arline Sachs (703) 971-2092

Course 3W29A POETRY VIII (4 Sessions)

Participants read or recite their favorite poems and quotations. April is National Poetry Month, so take this opportunity to put joy and poetry into your life. Learn how poetry can change your life and what some of the contemporary poets are doing, as well as getting reacquainted with our favorite classic poems.

Dates & Time: Thursdays, Apr. 3, 10, 17, 24 at 10:00 - 11:30 a.m.

Place: Little River United Church of Christ (Room 8), Annandale

Course 3W30A BIRD WALKS (3 Sessions)

Join us for a bird walk in Huntley Meadows Park, Alexandria (Fairfax Co.). Since this is wetlands, we may see great blue herons, egrets, and various species of ducks, to say nothing of turtles and beavers. Bring binoculars if you have them and wear comfortable walking shoes.

Dates & Time: Thursdays, Apr. 3, 10, 17; meet at 8:45 a.m. for a 9:00 a.m. departure and return by Noon. Meet at the Wild Bird Center, 3113 Duke St., Alexandria (in the shopping center with Giant, across the street from CVS) and carpool for the short drive to Huntley Meadows.

Class Size: Min. 4, Max. 12

Leader: Ken Moore, owner of the Wild Bird Center

LLI Coordinator: Liz Snively (703) 683-6426

Thursday Afternoons

Course 3W31P HISTORY PRESENTATIONS BY NVCC FACULTY (7 Sessions)

LLI has arranged for a series of interesting presentations by the NVCC (Annandale) History Department faculty.

- Feb. 13 – (Seminar Rms. A,B,C) – “A history of adoption in the U.S.” (Dr. Ellen Johnson)
- Feb. 20 – (Theater) – “Frederick Jackson Turner and the closing of the frontier” (Dr. James Wall)
- Feb. 27 – (Seminar Rms. A, B, C) – “Women – worst case scenario” (Professor Mary Zimmerman)
- Mar. 6 – (Seminar Rms. A, B, C) – “The Russian view of the causes of the Cold War” (Dr. Wallace Hutcheon)
- Mar. 20 – (Forum) – “Solving a historical mystery on Old Town Alexandria” (Dr. Terry Alford)
- Mar. 27 – (Seminar Rms. A, B, C) – “Fire, plague and gunpowder plots” (Professor Mary Zimmerman)
- Apr. 3 – (Seminar Rms. B, C, D) – “The uniqueness of the Greeks” (Dr. William Kinsella)

Dates & Time: Thursdays, Feb. 13, 20, 27; Mar. 6, 20, 27; Apr. 3 at 1:30 – 3:00 p.m.

Place: Ernst Cultural Center (CE), NVCC Annandale Campus (See above schedule for room locations)

Class Size: Min. 10, Max. 80

Leader: Dr. Wallace Hutcheon

LLI Coordinator: Lavinia Goodrich (703) 425-9574

Course 3W32P WILLS AND TRUSTS (4 Sessions)

This course will explain basic estate planning issues and concepts. It is a repeat of the course given in Fall 2002.

- Mar. 13 – Financial and medical powers of attorney
- Mar. 27 – The probate process and its avoidance
- Apr. 3 – The use of wills and trusts
- Apr. 10 – Records necessary to settle an estate

Dates & Time: Thursdays, Mar. 13, 27; Apr. 3, 10 at 1:30 – 3:00 p.m.

Place: St. Matthews United Methodist Church (Room 304), Annandale

Class Size: Min. 10, Max. 25

Leader: Sarah Parks (703) 426-1854

LLI Coordinator: Alan Mayer (703) 354-0239

Course 3W33P ADVANCE HEALTH CARE DIRECTIVE WORKSHOP (1 Ses

An Advance Health Care Directive is a legal document that gives you the ability to prepare for possible incompetency by making some choices now concerning "pull the plug" issues and allows you to appoint a trusted relative or friend to make medical decisions for you in the event that you are not able to make those decisions for yourself. This workshop will provide a lecture on the use of health directives, including a discussion of some of the issues raised by the directives. Following the lecture, each participant may complete an Advance Health Care Directive document, with witnessing and notarization available. NOTE: The workshop is limited to 12 participants.

Pre-registration is required so that preliminary materials can be mailed to participants; materials cost is \$8.00 per person. Please enclose a check payable to Sarah Parks with the registration form,

Date & Time: Thursday, Apr.17 at 1:30 – 3:00 p.m.

Place: St. Matthews United Methodist Church (Room 304), Annandale

Class Size: Min. 5, Max. 12

Leader: Sarah Parks (703) 426-1854

LLI Coordinator: Alan Mayer (703) 354-0239

Friday Mornings

In case of rain, the tour will also be indoors at the Atrium and the Visitor Center. The usual entrance fee to the gardens will be waived for class participants.

Date & Time: Friday, May 2, at 10:00 a.m. – 12 Noon

Place: Meadowlark Botanical Gardens (Atrium), Vienna

Group Size: Min. 10, Max. 50.

Leader: Keith Tomlinson (703) 255-3631 x 302

LLI Coordinator: Curt Kornblau (703) 938-1575

Friday Afternoons

Course 3W35P UNDERSTANDING GENETIC ENGINEERING (3 Sessions)

Every day we hear about new advances in genetic engineering. How much of it do you understand? The non-scientist in particular may be puzzled by it all or may simply be ignoring the developments. However, there are both pros and cons to genetic engineering, and it is important that as citizens we understand what is happening. Come learn more about DNA, RNA, genes, and GMOs (genetically modified organisms). Discuss the pros and cons.

Dates & Time: Fridays, Mar. 28; Apr. 11, 18 at 1:30 – 3:00 p.m..

Place: Ernst Cultural Center (CE) (Seminar Rms. A, B), NVCC Annandale Campus

Class Size: Min. 12, Max. 30

Leader: Sue Swift (703) 698-8159

Various Days

Course 3W36A BEGINNING COMPUTING (6 Sessions)

This course is an elementary introduction for people who have little or no personal computer experience, but want to get started. It is intended to help the beginner over the first intimidating threshold. We will begin by turning the computer on and off (a non-trivial action). Next we will become familiar with the "mouse." The class will be limited (like the instructor) to the "Windows" system. We will talk about drives, folders, sub-folders and files, and computer security/privacy. As time permits, specific interests of the students will be addressed. By the end of the course it is hoped that the students will be able to send and receive

Dates & Time: Wednesday, Feb. 5; Monday, Feb. 10; Wednesdays, Feb. 12
Monday, Feb. 24; Wednesday, Feb. 26 at 10:30 a.m. – Noon

Place: CT/TV-Tech Building (CT) (Room 116), NVCC Annandale Campus

Class Size: Min. 6, Max. 16

Leader: John Davis (703) 354-0927

LLI Coordinator: Lorin Goodrich (703) 425-9574

Course 3W37A 55 ALIVE – MATURE DRIVING PROGRAM (2 Sessions)

55 Alive is a classroom refresher course for experienced motorists. It teaches you about the normal, age-related changes that interfere with vision, hearing, and physical strength that typically influence driving ability and attitude and the impact of medications when driving, as well as effect when mixed with alcohol prior to driving. These problems are what lead to the typical traffic violations committed by older drivers, including failure to yield the right-of-way, improper left turns, incorrect lane changing, passing, and entering and leaving expressways. At the end of the course, each person who attends both sessions will receive a certificate, which can be sent to your car insurance carrier for a discount on your insurance.

Dates & Time: Wednesday and Thursday, Feb. 5, 6. The class will run from 9 a.m. – 3:00 p.m. with a one hour lunch break from 12 noon – 1:00 p.m. Participants provide their own lunch. Cost: Please enclose a check for \$10.00 made payable to AARP with your registration.

Place: Goodwin House West (Boardroom), Falls Church

Class Size: Mn. 15, Max. 25

Leader: Wayne Krumwiede (703) 998-0251

Course 3W38A SENIOR EXERCISE (6 Sessions)

This is a basic program for Seniors to increase flexibility, strength, and muscle tone. The program consists of warm-up, stretching, mild to moderate aerobic activity; and relaxation. Wear comfortable clothing, appropriate footwear, and bring a mat to class.

Each participant should check with their physician about their ability to participate in group exercise. A liability waiver will be required prior to participation.

Dates & Time: Twice a week on Tuesdays and Thursdays Mar. 4, 6, 11, 13, at 10:00 – 11:30 a.m.

Place: Mason District Government Center, Annandale

Day Trips

DT04-04

TREASURES OF MARYLAND: HAMPTON HISTORIC SITE, MRS. K'S TOLL HOUSE, AND BROOKSIDE GARDENS

At Hampton House, a stately Georgian mansion, we will have a 45 minute guided tour of the first two floors of this elegantly furnished home of prominent early Marylanders. Built in the late 1780s by Captain Charles Ridgely, it stayed in the family until 1979, when it was turned over to the National Park Service. The gardens, farm and outbuildings can also be visited. From there we head to Mrs. K's Toll House, a historic inn, for lunch. Our last stop of the day is Brookside Gardens, where there are two Conservatories plus fifty acres of garden to view. The April Conservatory display includes fuchsias, Easter lilies and forced bulbs, along with the tropical plants. Maps will be provided at the Visitor Center, and you are free to explore at your own pace.

Date: Friday, Apr. 4, 2003. Cost, including lunch, is \$40 for members, \$50 for non-members. Please submit a check made payable to LLI with your registration and remember to sign the Waiver of Liability. Bus leaves from the Little River United Church of Christ, 8410 Little River Turnpike, Annandale, at 8:30 a.m. and returns by 5:30 p.m. Please arrive 15 minutes prior to departure. Park straight ahead as you enter the parking lot.

Leader: Louise Sousk (703) 323-9144

DT05-13

NATIONAL CATHEDRAL TOUR AND TEA

Join us for a tour of the National Cathedral, Washington, D. C., and an afternoon tea. We will arrive early enough to have time to tour the herb cottage and the gardens. Guided tour of the Cathedral begins at 1:30; tea is served at 3:00. We will be able to purchase items for a 10% discount at the herb cottage.

Date: Tuesday, May 13, 2003. This trip is limited to 30 people. Cost is \$35 for members, \$45 for non-members. Please submit a check made payable to LLI with your registration and remember to sign the Waiver of Liability. Bus leaves from the Little River United Church of Christ, 8410 Little River Turnpike, Annandale, at 12:00 Noon, and returns by 5:30 p.m. Please arrive 15 minutes prior to departure. Park straight ahead as you enter the parking lot.

Leaders: Dorothy Cavagnaro (703) 464-0510 and Louise Sousk (703) 323-9144

DT06-04

COLLEGE PARK AVIATION MUSEUM, COLLEGE PARK AIRPORT 94th AFRO SQUADRON RESTAURANT, AND THE

Lifetime Learning Institute — Winter/Spring Program

and then time on your own to explore the museum. We will walk to the 94th Aero Squadron Restaurant for a delicious buffet lunch. Following lunch we head to The National Cryptologic Museum for a guided tour and time to explore on your own. The museum houses authentic exhibits and artifacts, once highly classified, that reveal the secret U.S. Intelligence and enemy code.

Date: Wednesday, Jun. 4, 2003. Cost, including lunch, is \$35 for members and \$45 for non-members. Please submit a check made payable to LLI with your registration. Please remember to sign the Waiver of Liability. Bus leaves from the Little River United Church of Christ, 8410 Little River Turnpike, Annandale, at 8:30 a.m. and returns at 5:30 p.m. Please arrive 15 minutes prior to departure and be sure to park well ahead as you enter the parking lot.

Leaders: Betty Pogerman (703) 323-7634 and Louise Sousk (703) 323-9111

February

Sun.

Mon.

Tues.

January 2003

Monday, January 6, Kickoff Meeting

2F08A—Tuesdays: January 7, 14, 21, and 28

3W26A—Thursdays: January 16, 23, and 30

3W27A—Thursday: January 30

2

3 Open House

4

3W10P—American Revolution

9

10

3W01A—Wellness Forum

3W03P—Great Books

3W36A—Begin. Computing

11

3W07A—Weird Things

3W10P—American Revolution

3W11P—Make a Basket

16

17

18

3W07A—Weird Things

3W10P—American Revolution

3W11P—Make a Basket

23

24

25

Remove this calendar to use as a handy reference.

2003

Wed. *Thurs.* *Fri.* *Sat.*

			1
of Engl. Lang. a Basket Computing ve	6 3W27A—Great Decisions 3W37A—55 Alive	7	8
of Engl. Lang. ization Computing	13 3W26A—Latin Am. Neighbors 3W27A—Great Decisions 3W31P—NVCC Hist. Pres.	14	15
Engl. Lang. Basket ization Computing	20 3W26A—Latin Am. Neighbors 3W27A—Great Decisions 3W31P—NVCC Hist. Pres.	21	22
	27	28	

Summers
10
20

March

Sun.

Mon.

Tues.

Remove this calendar to use as a handy ref

<p>2</p>	<p>3 Open House 3W03P—Great Books 3W04P—Using PowerPoint and Corel Pres.</p>	<p>4 3W08A—Focus on Basics 2 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>	<p>5 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>
<p>9</p>	<p>10 3W02A—Short Stories 3W03P—Great Books 3W05P—Symphonic Sensations</p>	<p>11 3W08A—Focus on Basics 2 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>	<p>12 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>
<p>16</p>	<p>17 3W02A—Short Stories</p>	<p>18 3W08A—Focus on Basics 2 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>	<p>19 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>
<p>23</p>	<p>24 3W02A—Short Stories 3W19A—Explore the Internet</p>	<p>25 3W08A—Focus on Basics 2 3W09A—Science/Technology 3W10P—American Revolution 3W12P—Philosophy 3W13P—Ealing Studios Presents...</p>	<p>26 3W10P—American Revolution 3W12P—Philosophy 3W38A—Senior Exercise</p>
<p>29</p>	<p>31</p>		

2003

Wed. Thurs. Fri. Sat.

<p>lyicPainting Christianity the Internet tion</p>	<p>6 3W27A—Great Decisions 3W31P—NVCC Hist. Pres. 3W38A—Senior Exercise</p>	<p>7</p>	<p>1 8</p>
<p>lyicPainting Christianity the Internet tion</p>	<p>13 3W32P—Wills and Trusts 3W38A—Senior Exercise</p>	<p>14</p>	<p>15</p>
<p>lyicPainting Christianity the Internet tion</p>	<p>20 3W27A—Great Decisions 3W31P—NVCC Hist. Pres. 3W38A—Senior Exercise</p>	<p>21</p>	<p>22</p>
<p>Christianity vel VII tion</p>	<p>27 3W27A—Great Decisions 3W31P—NVCC Hist. Pres. 3W32P—Wills and Trusts</p>	<p>28 3W35P—Genetic Engineering</p>	<p>29</p>

2003 Winter/Spring Program 20

April

Sun.

Mon.

Tues.

Remove this calendar to use as a handy ref

		1 3W10P—American Revolution 3W12P—Philosophy 3W13P—Ealing Studios Presents...
6	7 Open House 3W06P—Shadow of Hate	8 3W10P—American Revolution 3W12P—Philosophy 3W13P—Ealing Studios Presents...
13	14 3W05P—Symphonic Sensations 3W06P—Shadow of Hate	15 3W14P—Foreign Film 3W15P—Russian Folk Music
20	21 3W01A—Wellness Forum 3W06P—Shadow of Hate	22 3W09A—Science/Technology 3W14P—Foreign Film
27	28	29

2003

d. Thurs. Fri. Sat.

yricPainting /Christianity the Internet ation	6 3W27A—Great Decisions 3W31P—NVCC Hist. Pres. 3W38A—Senior Exercise	7	1 8
yricPainting /Christianity the Internet ation	13 3W32P—Wills and Trusts 3W38A—Senior Exercise	14	15
yricPainting /Christianity the Internet ation	20 3W27A—Great Decisions 3W31P—NVCC Hist. Pres. 3W38A—Senior Exercise	21	22
/Christianity avel VII ation	27 3W27A—Great Decisions 3W31P—NVCC Hist. Pres. 3W32P—Wills and Trusts	28 3W35P—Genetic Engineering	29

PHOTO COURTESY OF THE UNIVERSITY OF VIRGINIA

May

Sun.

Mon.

Tues.

Remove this calendar to use as a handy ref

4	5 Open House	6 3W09A—Science/Technology 3W14P—Foreign Film	3 3 3
11	12 3W06P—Shadow of Hate	13 3W09A—Science/Technology DT05-13—National Cathedral Tour and Tea	3 3
18	19 3W06P—Shadow of Hate	20	3 3
25	26	27	3

2003

Thurs. Fri. Sat.

	1	2 3W34A—Meadowlark Botanical Gardens	3
the Internet Level VII thism	8	9	10
the Internet ppkins tion for y	15	16	17
the Internet	22	23	24
	29	30	31

WINNER/SPRING PROGRAM 2003

Special Interest Groups

BRIDGE GROUP

The LLI Bridge Group meets twice monthly, i.e., the second and fourth Wednesdays, at the Mason District Government Center from 10 a.m. to 2 p.m. (bring a bag lunch). Because meeting dates can only be confirmed with the Government Center one month in advance, please call Bob or Gladys Bucklew, Chairpersons, at (703) 631-7889 in advance of any date you wish to attend to insure we have a room for that date. Such calls not only confirm the meeting date for you but also afford us the opportunity to obtain sufficient card tables for attendees. All are welcome. Note that if there are "extra" people, bridge play is rotated (four hands per game) among all present. Also, most of our players are "singles"; you do not need a partner to attend. We hope you can join us.

Dates & Time: Second and fourth Wednesdays at 10:00 a.m. – 2 p.m. (bring a lunch)

Place: Mason District Government Center, Annandale

Coordinators: Bob and Gladys Bucklew (703) 631-7889

DISCUSSION GROUP

LLI has a Discussion Group that meets on the first Friday of the month from 10:00 – 11:30 am on the Annandale campus at the Northern Virginia Community College. The purpose of the group is to give LLI members the opportunity to discuss in an open forum topics of current interest. At the conclusion of each meeting the Group selects a topic for the following meeting. A volunteer is then sought to be the Resource Person for the selected topic; that person will give a 10-15 minute opening summary for the topic at the next meeting. After the opening presentation, the meeting is open for everyone to present his or her thoughts on the topic.

All LLI members are welcome at all meetings of the Discussion Group. Information on upcoming meetings can be found in LLI's newsletter. For further information call Sue Swift (703) 698-8159

Dates & Time: First Friday of the month at 10:00 – 11:30 a.m.

Place: Ernst Cultural Center, NVCC Annandale Campus

Coordinator: Sue Swift (703) 698-8159

February 20, the group will meet on the third Thursday of each month between 11:30 a.m. and 1:30 p.m. The book for discussion in February will be "Dairy Queen Days," by Robert Inman. Future book selections will be published in LLI newsletters. The group is encouraged to bring book suggestions to each meeting for selection purposes. We try to select only those books available in paperback and ones with lasting literary quality and/or interest.

Dates & Time: Third Thursday of the month at 11:30 a.m. – 1:30 p.m. (you may bring a bag lunch)

Place: Mason District Government Center, Annandale

Coordinator: Nan Liner (703) 824-9762; e-mail NOL8@juno.com.

GERMAN CONVERSATION AND DISCUSSION GROUP

A new interest group is being formed to provide opportunity to converse in German and practice our German language skills. A preliminary meeting will be held January 20, from 10:00 to 11:30 a.m. in the Chestnut Hill Room, Food Service Building (CF), NVCC Annandale Campus. This first meeting is intended to get to know each other, to decide how often we want to meet, and exactly what we want to do. Let's talk German. Contact Arline Sachs at sachs@nova.org or (703) 971-2092.

THEATRE GROUP

The Theatre Group is open to all LLI members. We attend plays and musicals that are available at the numerous venues in the Washington metropolitan area. Call Helen Clark (703) 573-1671 or the LLI office (703) 503-0600 for further information.

TRAVEL CLUB

This newly formed club maintains a list of places with time during the year that our members would like to visit. When a dozen persons have a common interest, we would get them together to select the tour, followed by a study phase before taking the tour. To join the club, e-mail Sidney Sachs at sachs@nova.org with your information or see him at the LLI Monthly Speaker Program and Open House.

Faculty

AL BROTHERS attended Merrimack College in North Andover, MA, and University of New Hampshire in Dover, NH, majoring in German with a minor in French. He worked as an English-language instructor at The Berlitz School of Languages and the *Inlingua Sprachenschule* in Pforzheim, Germany. He is an accredited German/English translator, certified by the *Industrie- und Handelskammer* in Wiesbaden. Well versed in the Germanic, Romance and Slavic languages, he is also knowledgeable in the major dialects of High German, English and Portuguese.

MARILYN BERNARD moved to Northern Virginia in 1960, because it was cold in upstate New York. She taught in elementary school in Fairfax County, then became a school librarian. Since retiring, Marilyn has avoided housework and, instead, reads many mysteries!

JUDY CADDELL has worked in the United States, Europe and Asia. Her specialty is in guidance and counseling. Judy is the director of the Wellness Forum programs at The Arlington Center for Well Being. As a teacher, counselor and health coach Judy provides seminars and classes on nutrition, weight management, fitness, and health challenges. She works with clients to make healthy lifestyle changes and cope with disease recovery.

EMILY CHEW obtained her medical degree at the University of Toronto. After her residency in Ophthalmology at the University of Toronto, she received further training in medical retina at the Wilmer Eye Institute of The Johns Hopkins University and University of Nijmegen in Holland. Emily is currently the Deputy Director of the Division of Epidemiology and Clinical Research, at the National Eye Institute, National Institutes of Health in Bethesda, Maryland. Her research includes epidemiologic and randomized, controlled clinical trials of retinal diseases, specifically diabetic retinopathy and age-related macular degeneration.

HELEN CLARK is retired from Northrop Grumman Corporation. She worked in an international marketing and international licensing role during her 33 years with Northrop. She has a B.S. degree (*magna cum laude*) in

VICTORIA de la PAZ has more than 18 years of progressively responsible experience in computer systems and networks. She has technical skills and expertise with a wide variety of hardware, software, and peripheral equipment and excellent communications skills. She operates a home computer repair business.

JOHN DAVIS first met a computer 48 years ago – an IBM 650, almost the size of a Volkswagen Beetle, and about the performance of today's programmable calculator costing \$50. During his working career as a research physicist and operations research analyst, John used FORTRAN, BASIC AND PL-1 programs. Now that he has been retired for 8 years, he begins his day by turning on his computer, getting the correct time from Boulder, CO, and looking at his e-mail. He also uses his computer for home bookkeeping, drawing plans for shop projects and some web surfing.

RABBI ARNOLD FINK is Rabbi Emeritus of Congregation Beth El in Alexandria. He was educated at Princeton, Hebrew Union College and Tufts University. He has taught courses in Jewish history and thought, and has encouraged interfaith dialogue and understanding throughout the metropolitan Washington community.

BURT GREENSTEIN graduated from the University of Buffalo, where he majored in history, geography and languages, receiving his Bachelor's degree in 1950 and his Master's degree in 1953. He has taught classes in English, history and European governments. In 1955 he came to Washington, first working with the Department of the Air Force in Soviet area intelligence, then serving with the Defense Intelligence Agency.

WILLIAM HUDSON has been with the Fairfax Symphony Orchestra (FSO) for over 30 years. Under his leadership the orchestra has performed at the Kennedy Center with internationally renowned soloists and at Wolf Trap with such popular performers as Ella Fitzgerald. He has established a summer residency at the Shenandoah Valley Music Festival where the FSO is "orchestra-in-residence." Mr. Hudson holds a Bachelor of Music degree from the Philadelphia Conservatory of Music, a B.A. from the University of Pennsylvania, and a Master of Music degree from Yale University.

TRUDY HYNES is a retired R.N. (1987) educated at Massachusetts General Hospital and Boston College School of Nursing. After retirement Trudy took part in a volunteer program at NVCC under the leadership of Sue Thompson.

Keating, (Lt Col. Ret.). She is the mother of five grown children, and has lived in Virginia since 1961.

YERETH KNOWLES was professor of political science at Inter-American University, San German, Puerto Rico (1960-79), and later, visiting professor of Latin American studies at George Mason University (1980-92). She has traveled, and lived in Puerto Rico, Grenada, Holland, Switzerland, China and South/Central America. She has a B.A. and a Master's degree in political science from the University of Wisconsin and a Ph.D. in political development from the International Institute, University of Geneva, Switzerland. Among her publications are "History of Caribbean Organizations" and a novel, "The Tenth is Aaron."

WAYNE KRUMWIEDE was born in a farming community in central Illinois and enlisted in the Air Force at 17 and retired after more than 21 years of service in the budget and finance field. He has a B.A. in Business from the University of Maryland's University College. After retirement he started a second career as a civilian, working as a budget analyst for the District Government and for the Coast Guard. He obtained a real estate license in Virginia after retiring from the Federal Government and sells homes for the About Town Real Estate Agency. He has been active in numerous volunteer positions.

STEPHEN LUCHTER is Vice President and community outreach coordinator of the Washington Balalaika Society, an organization that has been bringing Russian and Eastern European music to the greater Washington Metropolitan area since 1988. He is also the founder and leader of the Russkiye Musiki, an ensemble comprised of Washington Balalaika Society musicians who perform at community events. He plays the alto balalaika in both of these groups.

LANA MASSONI is a retired Fairfax County Public Schools English teacher. For 28 years she taught students from grades 7-12. She has a B.A. in English from St. John's University, NY, and an M.A. in English from George Mason University, Fairfax, VA. She spends her retirement traveling, participating in book clubs and practicing yoga.

The Honorable ALAN E. MAYER is a former Member, Virginia House of Delegates, where he served for 10 years. He is retired from the Central Intelligence Agency (1950-1980). He earned a B.S. degree in business administration in 1949 from the University of Maryland and a Master's degree

not-for-profit organizations, taught English as a second language and became a diet counselor.

NVCC HISTORY DEPARTMENT FACULTY

DR. TERRY ALFORD: B.A., M.A., Ph.D. Mississippi State University

DR. WALLACE HUTCHEON: B.S. Pennsylvania State University
M. Phil., Ph.D. George Washington State University

DR. ELLEN JOHNSON: B.A. Smith College; M.A., Ph.D. University of
North Carolina

DR. WILLIAM KINSELLA: A.B., M.A. John Carroll University; Ph.D.
Georgetown University

DR. JAMES WALL: B.S. Tennessee Technological University; Ph.D.
University of Tennessee

PROFESSOR MARY ZIMMERMAN: B.A. Carleton College; M.A.
Vanderbilt University

MARY O'DAY is a retired educator and long-time advocate for women's issues. She has a background in American history and psychology. She has a B.A. in history/government from Westminster College, PA and an MS in guidance and counseling from Edinboro College, PA. Ms. O'Day has a certificate in administration from State University New York (SUNY), Freeport and in program development and evaluation from SUNY, Albany. She has done extensive research in psychology at Edinboro College and St. Bonaventure University, NY.

VERA OLMSTEAD took art classes at the Manchester NH Institute of Art and Sciences. She furthered her training in Omaha, NE with artist Rene Rees, then trained under Sister Ilene Tomlison at San Luis Rey Mission in California. She has been involved with the "US TOO" studio in Fairfax City for 10 years.

SARAH PARKS is an attorney at Custom Estate Planning in Annandale, VA. She is a graduate of George Mason Law School and the Georgetown University Law Center. She writes articles for Fairfax County's Golden Gazette and teaches estate planning for Fairfax County Public Schools Department of Education.

COLEMAN RAPHAEL is the retired CEO and Chairman of Atlantic Research Corporation, and Dean Emeritus of the School of Business Administration at George Mason University. Earlier in his career, he taught mechanical engineering at Pratt Institute. His industrial experience includes being a

RICHARD RISK, born in Illinois, is a graduate of the University of Missouri. He has lived in Virginia since 1971. After retiring from the US Environmental Protection Agency he has volunteered regularly and since 1966 has served on the Fairfax Area Commission on Aging. At LLI he has taught a course on Environmental Science for Nonscientists, led a discussion group on U.S. Foreign Policy, and conducted an ongoing series of poetry classes.

HENRY RODRIGUEZ is a Project leader in the DNA Technologies Group at the National Institute of Standards and Technology (NIST). He has an M.S. from Florida International University and a Ph.D. from Boston University. His research interests are the detection, mapping and repair of oxidative DNA damage and its relation to diseases associated with aging. He is the recipient of domestic and international honors and awards for his efforts on nuclear technology development. Prior to joining NIST, he trained at the Scripps Institution of Oceanography Research Institute and later at the City of Hope Cancer Research Hospital.

JOHN RYBICKI has a B.S. from Clarkson College of Technology, an M.S. from the University of Arkansas, and an M.S. from George Washington University. He has diplomas in Theological Studies from both the Virginia Theological Seminary and the Antiochian Orthodox Church. He has studied at St. George's College in Jerusalem and is currently enrolled in the St. John's Damascus School of Theology, Balamand University. John has lectured at the Benedictine Pastoral Center, the Learning in Retirement Institute at George Mason University, the LLI, the Jewish Community Center of Northern Virginia, and in local churches. He is a consultant to the Missile Defense Agency and lives in Herndon, Virginia.

ARLINE SACHS, an avid genealogist, is a retired Associate Professor of History at NVCC having taught Computer Information Systems. Currently she is co-hostess of the twice monthly TV show "Tracing Your Family Roots" shown on Fairfax County Access Station channel 10. Her book "Bernhard Cahn, Man of His Times" about her great-great-grandfather is scheduled to come out in 2003.

JULIUS KNOX SINGLETON has a B.A. degree in physics from Berea College, a Masters degree in secondary school mathematics from the University of Virginia, and a Masters degree in counseling from George Mason University. He also has taken other graduate studies in counseling and gerontology. Since 1981 he has been active as a volunteer in a wide range of programs and services for older adults, including service for ten years as

and leading day trips for LLI members, as well as overnight trips including to New York City; she also organized a Charter Elderhostel for LLI. In addition, Louise regularly teaches a basket class for LLI.

Dr. CARL STEINER is a professor emeritus from George Washington University. His expertise is in Germanic Studies and Culture. He has published three books and numerous articles.

SUE SWIFT has a Master's degree in Biochemistry and has kept up an interest in all scientific fields even while working with computers for 23 years.

KEITH TOMLINSON is an interpretive naturalist and Administrator of the Meadowlark Botanical Gardens. Previously, Keith worked as Education Specialist in Natural Science at Bishop Museum in Honolulu. He has traveled to the Americas, Asia, Europe and the Pacific, studying botanical gardens. He is the author of several popular and technical articles dealing with conservation, environmental education, and plant diversity. He has worked as a natural science consultant on several books, including the Smithsonian Institution's Guide to Natural America. A study tour leader for the Smithsonian Associates, he leads several trips during the summer months each year.



LLI Coordinators



DORIS BALINSKY grew up in South Africa and has lived in the US since 1975. She has a Ph.D. in Biochemistry from London University, England. For many years she carried out basic research related to human diseases. After retirement she was a scientist administrator at the US Department of Agriculture and at the National Institutes of Health. She is a docent at the National Museum of African Art, and has led LLI tours there. She loves nature and has led wildflower walks for LLI in the spring.

JOHN BOGART earned his B.A. in political science from the University of Connecticut after Army service in WWII. He followed with an M.A. degree

Chicago, with special assignments in Kansas City, Birmingham, and Dallas. In 2002 she was elected to LLI's Board of Directors.

BYRON (BOB) BUCKLEW is a native of Toledo, OH. He earned an Associate Degree in Electronics Engineering from DeVry Technical Institute and a Bachelor's Degree in Business Management from Elmhurst College, both located in Chicago. He served three years with the Army Security Agency and worked 30 years as a manager of technical publications and proposal development operations for various large aerospace, service, and construction corporations.

DOROTHY H. CAVAGNARO, Professor Emeritus, Northern Virginia Community College, retired after 25 years. She has a Bachelor's degree in food and nutrition, from McGill University; and a Master's degree in adult education from Virginia Tech. She taught food chemistry and bacteriology at the New York State community college system in Canton, New York. In 1971 she joined the faculty at Northern Virginia Community College, Annandale campus, and taught in the Hotel, Restaurant, and Institution Management Program.

L. VIRGINIA FERNBACH retired from a major financial institution. Prior to that, she worked in a variety of health care settings including one year with Project Hope in Southeast Asia. She holds a B.S. degree from Teachers College, Columbia University, and an M.A. degree from New York University. Virginia is on the LLI Board of Directors, the Program Committee, and is the Board's liaison for Special Events. She is the outgoing co-coordinator of the Financial Forum.

ELLEN GALE was born and educated in New York City, and holds degrees in sociology/anthropology and economics from Brooklyn College. She has lived all her tax-paying years in Fairfax County, has worked as administrator for various non-profit social service agencies, and has volunteered for various museums and county citizen advocacy groups. She is currently serving on various committees dealing with education – this is her ninth year on the Learning in Retirement (LRI) program committee, her fifth year for the Northern Virginia Jewish Community Center, and her second year for the Program Committee.

LORIN GOODRICH retired from the Federal Government after working 33 years in various administrative support positions. He was the Director of Administration at the U.S. International Trade Commission when he retired in 1995. Lorin and his wife, Janet, enjoy traveling and ushering at the Kenn

CURT KORNBLAU was educated at City College of New York and Boston University. During World War II he served in the US Army and Office of Strategic Services. His adult working career was with the food industry, first with two trade associations, Supermarket Institute and its successor, Food Marketing Institute, where he served at various times as director of research, special projects, strategic planning, treasurer, secretary and senior vice president. Curt was born in Vienna, Austria, and now lives in Vienna, VA.

NAN LINER is a retired physical therapist, real estate broker, and gerontologist. Her last position was at Goodwin House where she was employed as Marketing-Admissions Coordinator. Since retiring she has been involved in several health care related activities including the Northern Virginia Ombudsman Program, Virginia Counseling and Advocacy Program (VICA) and Maturals (Mature Adult Learners.) She also volunteers at the Smithson and teaches ESL (English as a second language) on the Alexandria Campus of NVCC.

BETTY POGERMAN was born in New York City and taught history in the school system for many years. After leaving New York City, she first lived in Maryland, and moved to Northern Virginia 15 years ago.

LIZ SNIVELY is editor of LLI's newsletter and is a member of the Board of Directors. A friend introduced her to birding several years ago, but she still considers herself a beginner birdwatcher. Liz saw her first great blue heron at Huntley Meadows, and looks forward to sharing that pleasure with LLI birdwatchers.

LLI Tour Registration Form

Waiver of Liability and Responsibility

This waiver must be read and signed and is a prerequisite for participation. The Lifetime Learning Institute of Northern Virginia's (LLI) tours require walking and the physical capability to access sites that may have structural obstacles. I recognize there are risks inherent to participation in this tour and agree to hold LLI, its Board of Directors and volunteers harmless from any and all claims from bodily injury and/or property damage which result from my participation in this tour. Further, I understand that, should I require assistance to participate in this tour, I will be accompanied by a person registering with me on this form who can and will be totally responsible for providing all assistance. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

 Signature

 Date

 Signature

 Date

 Tour Title: Treasures of Maryland Tour #: DT 04-

 Date of Day Trip: Friday, April 4, 2003

 Tour Fee: Members: \$40 Nonmembers: \$50

Name: _____

Phone: _____

E-Mail: _____

Address: _____

City: _____

State: _____

ZIP: _____

Number of reservations: _____

Total Cost: _____

Check (✓) Your Choice of Entrée
 (choose one):

- Grilled London Broil w/ Wild Mushr'm Sauce
 Grilled Chicken w/ Sautéed Vegetables
 Pesto Crusted Salmon Filet

 Checks should be made payable to *LLI / NOVA*. Please send to:

 Lifetime Learning Institute
 c/o Div. of Continuing Education,
 NVCC
 8333 Little River Turnpike
 Annandale, VA 22003

For Office Use Only

Am't Paid: _____

Check #: _____

TO BE REGISTERED:

1. Each person must sign the waiver of liability.
2. Enclose a check in payment for this trip only.
3. Enclose a self-addressed, stamped envelope for this trip only.

Cut along dotted line



LLI Tour Registration Form

Waiver of Liability and Responsibility

This waiver must be read and signed and is a prerequisite for participation. The Lifetime Learning Institute of Northern Virginia's (LLI) tours require walking and the physical capability to access sites that may have structural obstacles. I recognize there are risks inherent to participation in this tour and agree to hold LLI, its Board of Directors and volunteers harmless from any and all claims from bodily injury and/or property damage which result from my participation in this tour. Further, I understand that, should I require assistance to participate in this tour, I will be accompanied by a person registering with me on this form who can and will be totally responsible for providing all assistance. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

Signature _____

Date _____

Signature _____

Date _____

Tour Title: National Cathedral Tour & Tea Tour #: DT 05-13

Date of Day Trip: Tuesday, May 13, 2003

Tour Fee: Members: \$35 Nonmembers: \$45

Name: _____

Phone: _____ E-Mail: _____

Address: _____

City: _____ State: _____ ZIP: _____

Number of reservations: _____ Total Cost: _____

Checks should be made payable to LLI / NOVA. Please send to:

Lifetime Learning Institute
c/o Div. of Continuing Education, NVCC
8333 Little River Turnpike
Annandale, VA 22003

For Office Use Only

Am't Paid: _____

Check #: _____

TO BE REGISTERED:

1. Each person must sign the waiver of liability.
2. Enclose a check in payment for this trip only.
3. Enclose a self-addressed, stamped envelope for this trip only.

Cut along dotted line



LLI Tour Registration Form

Waiver of Liability and Responsibility

This waiver must be read and signed and is a prerequisite for participation. The Lifetime Learning Institute of Northern Virginia's (LLI) tours require walking and the physical capability to access sites that may have structural obstacles. I recognize there are risks inherent to participation in this tour and agree to hold LLI, its Board of Directors and volunteers harmless from any and all claims from bodily injury and/or property damage which result from my participation in this tour. Further, I understand that, should I require assistance to participate in this tour, I will be accompanied by a person registering with me on this form who can and will be totally responsible for providing all assistance. I also understand that LLI reserves the right to deny a request to participate in this tour if, as determined by LLI, such participation would impede the tour's operation or diminish the enjoyment of other participants.

 Signature

 Date

 Signature

 Date

Tour Title: College Park Aviation Museum, Airport, and Nat'l Cryptologic Museum Tour #: DT 06-04

Date of Day Trip: Wednesday, June 4, 2003

Tour Fee: Members: \$35 Nonmembers: \$45

Name: _____

Phone: _____

E-Mail: _____

Address: _____

City: _____

State: _____

ZIP: _____

Number of reservations: _____

Total Cost: _____

Checks should be made payable to LLI / NOVA. Please send to:

Lifetime Learning Institute
 c/o Div. of Continuing Education, NVCC
 8333 Little River Turnpike
 Annandale, VA 22003

For Office Use Only

Am't Paid: _____

Check #: _____

TO BE REGISTERED:

1. Each person must sign the waiver of liability.
2. Enclose a check in payment for this trip only.
3. Enclose a self-addressed, stamped envelope for this trip only.

Cut along dotted line

LLI Course Registration Form

(please print all information)

Please enter your choices *IN PRIORITY ORDER* and mail completed form

Lifetime Learning Institute (Registration)
c/o Division of Continuing Education NVCC
8333 Little River Turnpike
Annandale, VA 22003

ENCLOSE A SELF-ADDRESSED STAMPED ENVELOPE

Registration Request

Name _____

Phone _____

Address _____

LLI Member (Yes/No) _____ Date _____

I wish to register for the following LLI courses and activities. My choices are listed in priority order.

Priority	Course Number	Course Title	Action
1			
2			
3			
4			
5			
6			
7			

Cut along dotted line



Cut along dotted line

NOVA Membership Application Form

Mr., Ms., Dr. (circle one) Name _____

State _____ ZIP _____

Home () _____ Work () _____

E-Mail Address _____

year for individual membership.

made payable to **LLI/NOVA**

Continuing Education, NVCC Annandale

er Turnpike

A 22003

503-0600

LLI does not refund membership dues. Under

nces LLI will consider requests for refunds if they

within 30 days of joining the Institute

Please also complete the following:

Date _____

Amount Paid _____

Check # _____

New

Renewal

LLI reserves the right to deny a request for participation in any of its sponsored courses, programs and tours, or to terminate participation therein if, as determined by LLI, such participation would substantially impede its operation or diminish the enjoyment of other participants.

LLI is an equal opportunity institution and does not discriminate on the basis of race, color, or ethnic origin. It is a 501 (c) (3) organization and contributions are deductible to the extent allowed by law.



Learning Institute
c/o Division of Continuing Education, NVCC Annandale

8333 Little River Turnpike

Annandale, VA 22003

Phone: (703) 503-0600 / FAX: (703) 503-5350 / E-Mail: llinova@hotmail.com

Time Sensitive
Please Expedite