

# Objective Quality-of-Life Indicators of Residential Settlements

## PERSONAL RESIDENCE

Tenure (owner, renter, coop, condo)  
Emergency shelter  
Size, physical design, and condition  
Equity, affordability  
Possessions (e.g., photos, books, antiques)

## LAND USES AND TRANSPORTATION

Land use patterns, density, sprawl  
Compactness, walkability  
Building and street design features  
Zoning regulations  
Driver education and licensing rules  
Auto, public transit accessibility  
Paratransit availability

## RETAIL, PERSONAL, COMMUNITY ESTABLISHMENTS AND SERVICES

Shopping, restaurants, beauty shops  
Religious clubs, places of worship  
Banks, accountants, brokers  
Police and fire protection

## RECREATIONAL RESOURCES

Spas, exercise, and fitness  
Hiking, bicycle trails, camping  
Parks, nature preserves  
Libraries, museums, dancing  
Movies, plays, cultural activities  
Computer, card clubs  
Arts and crafts, gardening

## NATURAL AMBIENCE

Climate, weather  
Open space  
Topography  
Scenic features (e.g., lakes, rivers)

## SOCIETAL ILLS

Crime  
Traffic congestion  
Natural disasters  
Pollutants  
Environmental toxins

## ECONOMIC CLIMATE

Cost of living, housing affordability  
Economic vitality, unemployment rate  
State and local property taxes  
Property tax relief  
Estate taxes

## SOCIAL CLIMATE

Socioeconomic, ethnic status, and gender orientation of population  
Family, friend, neighbor availability  
Staff and employee behaviors  
Civic engagement (volunteerism) opportunities  
Resiliency of older population

## LEADERSHIP AND GOVERNANCE

Public sector affordable housing and long-term care programs  
Age-friendly community programs  
Regulatory environments  
Motivated, innovative, and capable private and public leaders

## PLANNED SENIOR HOUSING

Active adult and cohousing communities  
Elder villages  
NORC-supportive service programs (SSPs)  
Independent living properties  
Assisted living properties, board and care  
Continuing care retirement communities

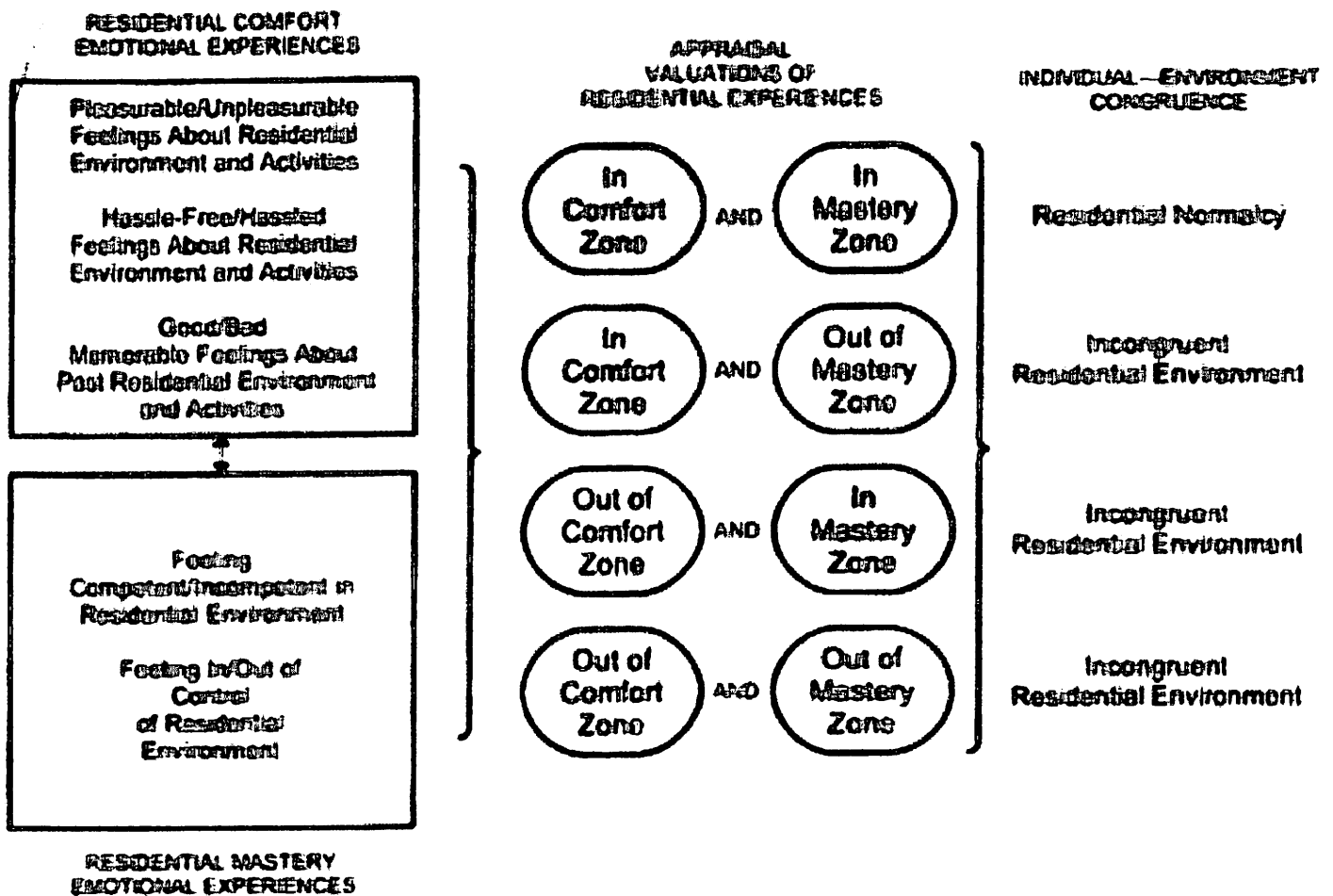
## HEALTH AND MEDICAL SERVICES

Hospitals, subacute care, clinics  
Nursing homes, rehabilitative care  
Primary care, specialist doctors  
Emergency room services  
Wellness centers  
Pharmacies

## HOME- AND COMMUNITY-BASED CARE

Assistive devices  
Home repair and modification services  
Smart Home technologies, security  
Geriatric care managers  
Licensed or certified professionals  
Direct care workers  
Senior centers  
Adult day care

# Alternative Residential Normalcy Outcomes



# Coping Strategies available to older people out of their residential mastery zones

