

LLI PROUDLY PRESENTS

24 DIFFERENT WAYS TO COOK CHICKEN

Chicken, the most versatile of all proteins offers today's cooks numerous ways to prepare and present this delicious item. In this class, I will present many different recipes, from simple wing recipes, some soups and casseroles and some creative Asian preparations. I will discuss the proper handling of chicken, the cooking of chicken, how to know when it is done and how to get the most flavor from your dishes. Each recipe will be discussed in class. A few of the recipes will be sampled.

Oh yes, I cheated a little, I actually gave you 26 recipes! Enjoy and I will see you in class.

Chef Cal