



LLI Fall 2022 Catalog

Class: **22FA01** **The Constitution, the Founding Fathers, and the Making of a Nation (1 Session)**

Written in 1787, the United States Constitution has survived and even flourished as it changed to meet the values of new generations of Americans. This class will focus on the roles that George Washington, Ben Franklin, Alexander Hamilton, and George Mason played in the writing and ratification of the Constitution. It will also examine the issue of slavery and how the founding fathers embedded it in the final document.

Date/Time: Wed, Sep 7, 1:30-3:00 PM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Nan Peck

Instructor: **CHARLES ERRICO** is a professor at NOVA-Woodbridge. He has won teaching awards from the Educational Foundation, the Alumni Association, and in 2007 was named by the State Council for Higher Education as one of the outstanding faculty members in Virginia. His book, "Portrait of America," is required reading at numerous colleges in the United States and abroad.

Class: **22FA02** **Let's Learn Spanish! (8 Sessions)**

If you would like to learn Spanish or recover the Spanish you took in school, this is the class for you. It's designed for those who don't know or have very limited knowledge of Spanish and will emphasize oral fluency via a thematic and integrative approach that includes movement, music, speaking exercises, and Hispanic cultures. **NOTE: Students should bring notebook, pens, pencils, glue stick, scissors, and colored pencils or markers.**

Dates/Time: Thu, Sep 8; Sep 15; Sep 22; Sep 29; Oct 6; Oct 13; Oct 20; Nov 10, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 105

Class Size: Min. 10, Max. 20

Coordinator: Philippa Centini

Instructor: **SHELLEY LUCKE-JENNINGS** has a B.A. in Spanish, an M.A. in Latin American studies, and is a recent retiree from Arlington Public Schools where she taught Spanish, English, and elementary education. She has also taught in bilingual, Foreign Language in the Elementary School (FLES), and partial immersion programs, was a teacher consultant for the National Geographic Society, and received the Sally Mae Foundation Teaching Award.

Class: 22FA03 Take Heart: From Despair to Hope in Turbulent Times: Reading and Discussion (1 Session)

Using sections of his recently published book, *Take Heart: From Despair to Hope in Turbulent Times*, the instructor will discuss ancient and contemporary texts and stories as they relate to societal issues, particularly those found in the last six years in the U.S.

Date/Time: Mon, Sep 12, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 123

Class Size: Min. 10, Max. 38

Coordinator: Nan Peck

Instructor: **HEMCHAND GOSSAI** is Associate Dean of Social Sciences and Humanities, NOVA-Annandale. He earned his Ph.D. in Hebrew studies at the University of St. Andrews, Scotland.

Class: 22FA04 Who Was General Braddock and Where Is His Gold? (1 Session)

This class will discuss the background of the French and Indian War, General Braddock's expedition from Alexandria to the Allegheny frontier, and the legend of the buried treasure associated with his campaign.

Date/Time: Tue, Sep 13, 10:00-11:30 AM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Philippa Centini

Instructor: **CINDY L. BENNETT** earned a B.A. and M.A. in political science. Prior to retirement, she spent 15 years as the director of a trade association foundation and currently co-owns the Archery Academy in Fairfax Station. Cindy is the treasurer of the Burke Historical Society and the author of *Wicked Fairfax County and Celebrating 100 Years of Gearing: The History of the American Gear Manufacturers Association*.

Class: 22FA05 Intergenerational Communication: Problems and Solutions, Part 2 (1 Session)

In this presentation we will continue discussing the importance of understanding intergenerational communication in family relationships and the impact of information and communication technology on these interactions. We will also discuss ways that promote better communication through dialogue and behavior.

Date/Time: Wed, Sep 14, 7:00-8:30 PM (Online Only)

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Nan Peck

Instructor: **CAROL QUADE** is a NOVA adjunct faculty member in the Communication Studies and Theater Department at NOVA-Annandale. She holds a **Ph.D.** in communication and has been teaching and living overseas as a foreign service family member for 20 years.

Class: 22SU33 Afternoon Tea with Mrs. B (1 Session)

Tea with Mrs. B., a special event tearoom in a whimsical old warehouse in Falls Church, features etiquette training and camps primarily catering to children, but also accommodates adults for special events. Brush up on your manners while enjoying a delicious afternoon tea consisting of sandwiches, scones, and a variety of confections. This in-person event is open to LLI/NOVA members for \$52 and non-members for \$57; cost does not include transportation. **Register by September 7 at 12:00 noon.** Directions: From I-66 East take Exit 68. Turn right on North Westmoreland Street and left on Fairfax Drive. Proceed to the first intersection with a right onto Little Falls Drive and left onto West Jefferson Street. Tea with Mrs. B is on the right at 136 West Jefferson Street.

Date/Time: Thu, Sep 15, 2:00-3:00 PM (Note time)

Location: Tea With Mrs. B.

Class Size: Min. 8, Max. 20

Coordinator: Bonnie Hopley

Instructor: This event requires no instructor.

Class: 22FA06 Russia's Hegemonic Wars: Tsarist, Soviet, and Putinist Trend and Transformation in Security Policy (1 Session)

With the recent reappearance of Russian external aggression against Ukraine, this class will provide an historical and comparative overview of Russian power projection in Eurasia. Beginning with the unexpected Leninist persecution of the former Romanov dependencies, continuing with the imposition of a new constitution in 1936 under Stalin, and concluding with President Putin's sustained efforts to revive Russian imperial power, this class will place the current Ukrainian situation within a larger context. Representation of these conflicts in Russian literature and film, and tentative predictions for the near and far term future of European security will be discussed.

Date/Time: Fri, Sep 16, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 117

Class Size: Min. 10, Max. 117

Coordinator: Nan Peck

Instructor: **MARK ROYCE**, Ph.D., is assistant professor of international relations at NOVA-Annandale. He is a frequent essayist and lecturer on the intersection of religion and politics and international relations and law.

Class: 22FA07 Financial Planning in Retirement (1 Session)

Tax planning during working years tends to be a simple exercise: work, save, copy the information from your W2 onto your 1040. However, at retirement there are a number of landmines to be aware of: capital gains can jump based on selling a home or other life events which may trigger higher Medicare premiums that could reduce your Social Security benefits. This class is focused on how to maximize income, minimize taxes, and plan your estate.

Date/Time: Fri, Sep 16, 1:30-3:00 PM

Location: St. Matthew's United Methodist Church, Room 304

Class Size: Min. 10, Max. 40

Coordinator: Scott Pinckney

Instructor: **EVAN BEACH** received his Financial Planning Executive Certificate from Georgetown University. He has published two articles in Kiplinger Magazine on the significant disruptions the Secure Act may impose on retirement funds. Evan is a regular financial planning instructor at LLI-NOVA.

Class: 22FA08 Navigating Life Transitions (1 Session)

This class will briefly review three books recommended in dealing with life transitions which address the grief and isolation, as well as the less structured life in the aftermath of the pandemic. From the lens of a therapist, Dr. Higgins will discuss the applicable concepts presented by the authors in these best selling self-help books.

Date/Time: Mon, Sep 19, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 105

Class Size: Min. 10, Max. 34

Coordinator: Richard Robison

Instructor: **DAWN HIGGINS** received M.S.W. And Ph.D. degrees from The Catholic University of America in Washington, D.C. For the past 20 years she has specialized in the areas of trauma, grief and loss, and traumatic brain injury. For her dissertation study, Dr. Higgins interviewed young adults who were adolescents when their parent died on 9/11 exploring how the loss of a parent in a national tragedy shapes an adolescent's world view. She is an assistant professor at Eastern Kentucky University's online M.S.W. program and has a private psychotherapy practice in Old Town Alexandria.

Class: 22FA09 The Intelligence of Birds (1 Session)

How intelligent are birds? How should the intelligence of birds be measured? During the past 20 year scientists have discovered that birds are capable of much more complex thought processes than previously believed. This class will examine many aspects of bird intelligence, including problem solving, memory, artistic talent, and the ability to be devious.

Date/Time: Tue, Sep 20, 10:00-11:30 AM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Philippa Centini

Instructor: **WILLIAM YOUNG** is a writer who lives in Arlington, VA. His book "The Fascination of Birds: From the Albatross to the Yellowthroat" examines the relationship between birds, biology, environment, history, linguistics, art, and other areas. He is the co-creator of the MPNature.com website, which contains a wealth of information about the natural history of Monticello Park in Alexandria. William teaches classes and makes presentations about birds and nature for numerous groups in the greater Washington area.

Class: 22FA10 Who is Prophet Muhammad? (3 Sessions)

There are almost **two** billion people in the world who love Prophet Muhammad more than themselves and who follow this man in every aspect of their lives. This class will explain the background of Prophet Muhammad, his biography, and his legacy.

Dates/Time: Tue, Sep 20; Sep 27; Oct 4, 1:30-3:00 PM

Location: NOVA CN Bldg, Room 126

Class Size: Min. 10, Max. 68

Coordinator: Nan Peck

Instructor: **DAOUD NASSIMI** is an associate adjunct professor of Islam at NOVA-Annandale with an M.A. and Ph.D. in Islamic Studies.

Class: 22FA11 Muffins, Muffins, Muffins (1 Session)

This class is all about muffins. They can be sweet or savory and eaten at any meal or snack time. Recipes will be provided. **Note: there is a \$5.00 per person fee for this class, payable at the door.**

Date/Time: Wed, Sep 21, 10:00-11:30 AM

Location: St. Matthew's United Methodist Church, Room 304

Class Size: Min. 10, Max. 28

Coordinator: Bonnie Hopler

Instructor: **CALVIN KRAFT** attended *L'Academie de Cuisine* and The Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring, he was the owner and executive chef of Dinner Is Served LLC, a personal chef/catering operation.

Class: 22FA12 Underwater Wonders: Strange & Unusual (1 Session)

Deep beneath the ocean blue, what strange creatures hide from view? Retired veterinarian and award winning underwater videographer Steve Cohen will be your guide. Using high definition video, Steve will show some of the more strange and unusual animals he has encountered: from the small but aggressive mantis shrimps, colorful nudibranchs, southern stargazer, to cephalopods, many types of eels, and even hammerhead sharks will be presented. Audience participation is encouraged so don't be afraid to ask questions during the seminar. **NOTE: This class will also be presented live on Oct. 12.**

Date/Time: Wed, Sep 21, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Richard Robison

Instructor: **STEVE COHEN** is a retired veterinarian who has been scuba diving all over the world since 1988. He has produced underwater videos since 1996 that have been seen internationally and several have been featured at prestigious underwater film festivals. He works with the Coral Reef Alliance to help preserve and protect coral reefs and is an LLI member.

Class: 22FA13 From Hollywood to Hiroshima (1 Session)

For decades the United States suppressed films of the Hiroshima and Nagasaki bombings. Learn about the making of those films and their significance from Leslie Sussan, the daughter of the man whose crew shot the only color footage of the aftermath of the atomic bombings. She lived in Hiroshima, interviewed survivors he filmed, and shared the stories in a memoir. For additional background, see the optional book: *Choosing Life: My Father's Journey in Film from Hollywood to Hiroshima*, available in paperback and e-book.

Date/Time: Thu, Sep 22, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Philippa Centini

Instructor: **LESLIE SUSSAN** loves everything about books and words. She recently retired after many years as a federal administrative appellate judge and is active in several Quaker organizations.

Class: 22FA14 Where Did I Come From? Putting Together Your Family History (5 Sessions)

Using FamilySearch.org (the world's largest free family tree and research program), we will discover how to preserve family photos, stories, and documents for future generations; create an online family tree to preserve and share one's own family's history; understand historical record types, and learn how to search records. Each session will begin with a group presentation, followed by one-on-one instruction with an experienced FamilySearch tutor on each student's own family history. Each student should have a wifi capable laptop.

Dates/Time: Fri, Sep 23; Sep 30; Oct 7; Oct 14; Oct 21, 10:00-12:00 AM (NOTE TIME)

Location: ONLINE

Class Size: Min. 10, Max. 25

Coordinator: Philippa Centini

Instructor: **MICHAEL VERMILLION** is passionate about family history and has many years of experience, both working on his own lines and helping others with their efforts. He is currently serving as the director of the Ashburn Family History Center.

Class: 22FA15 Digital Literacy: Skills to Survive in the Digital Age (1 Session)

Are you drowning in technology and information overload? Do you have trouble distinguishing truth from fiction and need some basic skills and tools to help survive the digital age? This presentation will delve into many resources of information that bombard us. How do we effectively use, manage, analyze, and cope with new technology?

Date/Time: Wed, Sep 28, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Philippa Centini

Instructor: **DOUGLAS POVICH** is a management analyst in the Communications Policy and Regulation Division of Fairfax County's Department of Cable and Consumer Services where he works on cable TV, media, and technology issues. Before joining the county government in 2017, Doug practiced telecommunications and technology law for over thirty years, focusing on regulatory and transactional matters in the wireline, wireless, and public safety communications sectors. He holds a B.A. in English and philosophy from Union College (1982) and a J.D. from Georgetown University Law Center (1985).

Class: 22FA16 Origins of Familiar Sayings (1 Session)

The use of the word "familiar" begs the question: familiar to whom? Every generation has its own particular way to express itself and convey a specific meaning to a phrase in colorful, sometimes cryptic ways. Many familiar expressions reflect the historical use of language in modern everyday activities.

Date/Time: Mon, Oct 3, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **IRA DOLICH** had a career as an executive with a chemical company and actively volunteers for the U.S. Coast Guard and Coast Guard Auxiliary as an instructor. He has a wide variety of interests and enjoys presenting his research to LLI and to residents at the Greenspring community where he lives. Ira is an LLI member.

Class: 22FA17 Only Hope: My Mother and the Holocaust Brought to Light (1 Session)

Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps: Auschwitz and Gross-Rosen. Her powerful stories have recently been published by her son, Irving Lubliner, Professor Emeritus at Southern Oregon University. He will share excerpts from "Only Hope: A Survivor's Stories of the Holocaust," shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process in bringing the book to fruition. The book is available from Amazon or directly from the Felabra Press website, onlyhopebook.com.

Date/Time: Mon, Oct 3, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Judy Robison

Instructor: **IRV LUBLINER** teaches math, blues harmonica, and literature classes for the Osher Lifelong Learning Institute at Southern Oregon University (SOU), where he has also served on the Council of Directors. An emeritus SOU professor specializing in mathematics education, he taught for 40 years (at all levels, kindergarten through graduate school), led seminars for teachers in 39 states, and gave over 350 conference presentations, including several keynote addresses. In 2019, he created Felabra Press and published his mother's writings about her experiences during the Holocaust, the book that will serve as the theme for this presentation.

Class: 22FA18 When Worlds Collide: The Columbian Exchange (1 Session)

The Columbian Exchange, named after Christopher Columbus, was the transfer of goods, culture, and ideas between the New World (the Americas) and the Old World. Along with the sharing of ideas, new diseases for which the indigenous people had no defenses were introduced, cultural and religious beliefs were imposed, and precious metals were stolen.

Date/Time: Tue, Oct 4, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **CHARLES McCLELLAND** grew up in the Panama Canal Zone and has traveled extensively throughout Latin America and the Caribbean. He studied in Mexico, was a Peace Corps volunteer in Colombia, and is a professional instructor and adjunct professor at Georgetown University. In his spare time Charles is a guest lecturer on several cruise lines.

Class: 22FA19 Autumn Tour at Meadowlark Botanical Gardens (1 Session)

Enjoy a walk through the natural areas and gardens of Meadowlark with a focus on the plants and flowers that change as the weather gets cooler. Please wear walking shoes as the tour will include hills and mulched paths. Bring water.

Date/Time: Wed, Oct 5, 10:00-11:30 AM

Location: Meadowlark Botanical Gardens

Class Size: Min. 10, Max. 30

Coordinator: Mary Lu Bednarsky

Instructor: **JULES MALONEY** started as the Meadowlark Gardens specialist in 2014. For 13 years she served as a public relations specialist for the Northern Virginia Regional Park Authority, Meadowlark's parent organization, and promoted all regional parks and their programs and events. As Meadowlark's Program Manager, Jules enjoys leading garden tours, presenting educational programs, and facilitating special events.

Class: 22FA50 George Washington Masonic Memorial Tour (1 Session)

We will begin our guided tour with our entry into the Memorial Hall through its massive portico, symbolic of the entrances of ancient Greek and Roman temples. On either side of the portico are tablets engraved with passages from Washington's correspondence that reflect his deep regard for the Masonic fraternity. We will then visit several beautifully presented rooms on our way to the observation deck at the top of the memorial where we will gain a breathtaking view of the City of Alexandria. After the tour we will stop at Panera's, 3201 Duke Street, Alexandria, a couple miles west of the memorial for an optional lunch and socializing before we head home. **NOTE: Registration deadline is 12 PM on Oct 6. If you wish to invite friends, family, or non-member guests, when you register select the total number of participants you are registering (maximum 6) and include the names and email addresses of the guests so that we can contact them if necessary. Guests may not register themselves for this event. Please arrive not later than 11:15 to pay and get your tickets. Tickets are \$18 per person, payable at the door. Tour will begin promptly at 11:30. Transportation is on your own. The memorial is located at 101 Callahan Drive, Alexandria, VA 22301.**

Date/Time: Fri, Oct 7, 11:15 AM - 12:30 PM (NOTE TIME)

Location: George Washington Masonic Memorial

Class Size: Min. 5, Max. 25

Coordinator: Carol Fagnani

Instructor:

Class: 22FA20 Richard Risk's Poetry and You (4 Sessions)

Join us for one of LLI/NOVA's long-time favorite classes and learn how poetry can enrich your life. We share poems -- contemporary or classic -- illustrating a theme, occasion, form, or school movement, or we may read and discuss poems by the same poet as selected by the class. This class is dedicated to the memory of Richard Risk who established Poetry and You and was one of LLI/NOVA's founding members.

Dates/Time: Fri, Oct 7; Oct 14; Oct 21; Oct 28, 1:30-3:30 PM (NOTE TIME)

Location: ONLINE

Class Size: Min. 8, Max. 15

Coordinator: Marianne Moerman

Instructor: **KATHRYN O'TOOLE** joined LLI/NOVA in 2011 and recently served on the LLI/NOVA Board of Directors. She is especially fond of LLI/NOVA's poetry offerings and is active with the organization's Favorite Books Special Interest Group (SIG). She received her B.A. from the University of California.

Class: 22FA21 History and Customs of African American Cemeteries in Fairfax County (1 Session)

Funeral customs were one of the few areas of African American life into which slave owners tended not to intrude. Many cemeteries of the enslaved were not recorded or marked and as a result were lost through the years. After the Civil War African American cemeteries were established on private land or on church properties. Unfortunately these have been threatened by development and may be lost as well.

Date/Time: Tue, Oct 11, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 105

Class Size: Min. 10, Max. 34

Coordinator: Arlene Gribben

Instructor: **MARY LIPSEY** is a native of Fairfax County and a retired seventh grade American History teacher. After retirement, she began researching and writing books.

Class: 22FA22 Underwater Wonders: Strange & Unusual (1 Session)

Deep beneath the ocean blue, what strange creatures hide from view? Retired veterinarian and award winning underwater videographer Steve Cohen will be your guide. Using high definition video, Steve will show some of the more strange and unusual animals he has encountered: from the small but aggressive mantis shrimps, colorful nudibranchs, southern stargazer, to cephalopods, many types of eels, and even hammerhead sharks will be presented. Audience participation is encouraged so don't be afraid to ask questions during the seminar. **NOTE: This class will also be presented online on Sept. 21.**

Date/Time: Wed, Oct 12, 1:30-3:00 PM

Location: NOVA Shuler Bldg (CS), Room 129

Class Size: Min. 10, Max. 105

Coordinator: Debi Hunsberger

Instructor: **STEVE COHEN** is a retired veterinarian who has been scuba diving all over the world since 1988. He has produced underwater videos since 1996 that have been seen internationally and several have been featured at prestigious underwater film festivals. He works with the Coral Reef Alliance to help preserve and protect coral reefs and is an LLI member.

Class: 22FA51 Ladew Topiary Gardens (1 Session)

Members, family, and guests are welcome to join us for this tour of the Ladew Topiary Gardens, a place of ever-changing beauty, with 22 acres of spectacular award-winning gardens, more than 100 remarkable topiaries, a mile-long Nature Walk, and native Butterfly House. **Notes: The fee of \$10 per person is due in advance at registration, payable by credit card or check. Fee includes the Gardens, Nature Walk, and Butterfly House. Butterfly House is seasonal and may not be open. A docent led tour of the home is available for an additional fee of \$5, payable at the garden. Gardens are open until 4 pm and tours of the home are available at 11, 12, and 1 pm with a maximum of 8 per tour due to COVID restrictions. Lunch is available for purchase at the onsite café. Ladew Topiary Gardens is located at 535 Jarrettsville Pike, Monkton, MD 21111. Allow approximately 1.5 hours travel time. Contact tour leader, Carol Fagnani, if interested in car pooling.**

Date/Time: Thu, Oct 13, 10:30 AM - 3:30 PM (NOTE TIME)

Location: Ladew Topiary Gardens

Class Size: Min. 6, Max. 15

Coordinator: Carol Fagnani

Instructor:

Class: 22FA23 Hearing Aids: Beware and Be Wise! (1 Session)

Learn about the types and causes of hearing loss, how to interpret an audiogram, types and styles of hearing aids, and the differences between hearing aids, hearables, **and** personal sound amplification products. **We will also discuss what's** happening with **over-the-counter** hearing aids, useful apps, and a few communication strategies.

Date/Time: Mon, Oct 17, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Philippa Centini

Instructor: BONNIE O'LEARY is outreach manager for the Northern Virginia Resource Center for Deaf and Hard of Hearing Persons (NVRC), the area's leading non-profit for people with hearing loss. Bonnie is a late-deafened adult who has been providing outreach to seniors aging into hearing loss since January of 2001. Before COVID, Bonnie was a frequent visitor to Greenspring, providing monthly hearing screenings, programs for residents, and training for staff.

Class: 22FA24 Rivers of Distress: The World Water Crisis (1 Session)

The intersections of hydrology, water management, and climate change are putting the world's water systems at risk. There is frequent news about water issues affecting both water supply and electric generation connected with the world's largest rivers. We will look at the consequences of poor water management, significant droughts connected to climate change, and what is being, and should be done, about it.

Date/Time: Tue, Oct 18, 10:00-11:30 AM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Philippa Centini

Instructor: BARRY CENTINI holds a Ph.D. in geology from the University of North Carolina, Chapel Hill. After teaching geology at Emory and Nova Southeastern Universities, his interests turned to distance learning. On retiring, Barry joined LLI and returned to his roots by presenting some thirty-five geology and science classes to its members.

Class: 22FA25 The Humble Potato (1 Session)

Everyone likes them--the versatile potato. This class will explain the varieties, how to choose your favorites, and how to use them. Recipes will be provided. **Note: there is a \$5.00 per person fee for this class, payable at the door.**

Date/Time: Wed, Oct 19, 10:00-11:30 AM

Location: St. Matthew's United Methodist Church, Room 304

Class Size: Min. 10, Max. 28

Coordinator: Bonnie Hopler

Instructor: **CALVIN KRAFT** attended *L'Academie de Cuisine* and The Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring, he was the owner and executive chef of Dinner Is Served LLC, a personal chef/catering operation.

Class: 22FA26 Coping With Grief (1 Session)

Grief doesn't have to be about death. It can follow a marriage breaking up, friendship unraveling, declining health, and other losses. In our lifetime we all experience grief, no one gets a pass. In this class we will look at several facets of grief, discuss observations about the experience, and explore how to live through it and with it.

Date/Time: Wed, Oct 19, 1:30-3:00 PM

Location: NOVA Shuler Bldg (CS), Room 129

Class Size: Min. 10, Max. 105

Coordinator: Philippa Centini

Instructor: **LYNN HOOVER** is a certified senior advisor (CSA), a senior real estate specialist (SRES), and an associate real estate broker with McEneaney Associates. She has spent over 40 years helping folks buy and sell real property. Assisting and counseling her many over-55 clients and exploring their options is a large part of Lynn's business and one she treasures with each relationship she and her clients build together.

Class: 22FA27 They Ruled the World (1 Session)

This class will show how environmental, rather than biological differences, pre-determined European world domination in the 16th-19th centuries. (This is based on Jared Diamond's book *Guns, Germs, and Steel: The Fates of Human Societies*).

Date/Time: Tue, Oct 25, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **CHARLES McCLELLAND** grew up in the Panama Canal Zone and has traveled extensively throughout Latin America and the Caribbean. He studied in Mexico, was a Peace Corps volunteer in Colombia, and is a professional instructor and adjunct professor at Georgetown University. In his spare time Charles is a guest lecturer on several cruise lines.

Class: 22FA28 Preparing to Write Your Life Story (1 Session)

Students will plan an outline that will facilitate the writing of their life stories.

Date/Time: Tue, Oct 25, 1:30-3:00 PM

Location: NOVA CN Bldg, Room 119

Class Size: Min. 5, Max. 15

Coordinator: Nan Peck

Instructor: **MEMUNA SILLAH** holds an M.F.A. in Creative Writing from Virginia Commonwealth University and has been teaching English at NOVA since 2006. She has edited NOVA's *Calliope* and has written a memoir of her childhood in Africa.

Class: 22FA29 Eleanor and Franklin: Saving a Nation at Home and Abroad (1 Session)

Eleanor and Franklin Roosevelt overcame enormous obstacles in their personal lives. They worked as a team to lead the United States through two crises, the Great Depression and the Second World War. This class will examine the New Deal and the struggle to save democracy from the threats of the Axis powers.

Date/Time: Wed, Oct 26, 1:30-3:00 PM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Nan Peck

Instructor: **CHARLES ERRICO** is a professor at NOVA-Woodbridge. He has won teaching awards from the Educational Foundation, the Alumni Association, and in 2007 was named by the State Council for Higher Education as one of the outstanding faculty members in Virginia. His book, "Portrait of America," is required reading at numerous colleges in the United States and abroad.

Class: 22FA30 A Community of Reading Women in Early Republic Virginia (1 Session)

This class explores the importance of print culture in creating rural reading societies, consumer networks, and gendered consumption patterns in Virginia planter society during the early republic. Cultural historians have analyzed books, libraries, and reading practices to discern conversations between authors and readers. This class focuses specifically on the relationships created between planter women as they acquired, shared, and internalized their books and reading. Between 1785 and 1826, Lady Skipwith, a plantation owner, purchased over 384 titles and 850 volumes to create one of the largest American women's libraries of the period. Her library is unique not only because of its size and content, but because it remained relatively intact. Analyzing invoices, letters, newspapers, and the library itself reveals a community of reading women and widens our understanding of the importance of print culture to southern women living in Southside Virginia.

Date/Time: Thu, Oct 27, 1:30-3:00 PM

Location: NOVA CN Bldg, Room 102

Class Size: Min. 10, Max. 46

Coordinator: Nan Peck

Instructor: **ALICIA TUCKER** is an associate professor of history at NOVA-Manassas. She has taught American history in the Virginia Community College system for over 20 years with specialties in early American history and race and gender in southern history. She has a master's degree from the College of William and Mary and is currently working on her Ph.D. dissertation, "A Small, but Well Chosen Library: Women and Rural Reading Communities in the Age of the Early Republic".

Class: 22FA31 Rome: Art and Architecture (1 Session)

Renaissance Rome, from Early Renaissance to the Baroque period, included developing styles of architecture, sculpture, and painting. This class will show works of celebrated artists Michelangelo, Raphael, Bernini, and Caravaggio, as well as painted walls and mosaics that reveal a picture of everyday Roman life. The Jewish presence in Rome from 2000 years ago through contemporary times will also be discussed.

Date/Time: Fri, Oct 28, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **CONNIE RUBINSTEIN** taught English at Oxon Hill Science and Technology High School for twenty-five years. Since retiring she has been creating videos of the numerous trips she has taken.

Class: 22FA32 History of American Newspapers (6 Sessions)

This is an overview of the development of the American newspaper from colonial times to the present. We will look at the stories of the colorful characters who founded many of the nation's most **important** dailies and how their papers influenced American politics and culture. The final session will look at the future of the news business in America and whether the electronic media of today and tomorrow will be able to provide the information needed to keep the American public abreast of current events and prepared to act intelligently to protect our democracy from fakes and would-be tyrants.

Dates/Time: Tue, Nov 1; Nov 8; Nov 15; Nov 22; Nov 29; Dec 6, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 105

Class Size: Min. 10, Max. 34

Coordinator: Nan Peck

Instructor: **MICHAEL ANDERSON** holds a Ph.D. in history from the University of Chicago. A retired foreign service officer, he has taught at NOVA and George Mason University and now enjoys offering classes for ENCORE (Arlington County Adult Learning Program) and LLI.

Class: 22FA33 The Great Western Schism (1378-1417) (1 Session)

Except for the Lombard threat of 568-774, the greatest crisis that confronted the papacy was the Great Western Schism of 1378-1417. Needlessly caused by the deranged Pope Urban VI, this schism ultimately split Christendom into the Roman, Avignonese, and Pisan Obediences **in which** each pope excommunicated the others. During this time no soul supposedly entered Heaven. The good news is that the Council of Constance (1414-18) ended the Schism, but that was also the bad news. The end is a cliff hanger. You just can't make up this stuff!

Date/Time: Thu, Nov 3, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Nan Peck

Instructor: **BRUCE COLLETTI** is a retired Air Force officer, career operations researcher, and was an adjunct professor of mathematics at NOVA-Alexandria (2000-2015). He has been a self-taught student of papal history since 1978 (the Year of Three Popes).

Class: 22FA34 Music with Historical Significance (1 Session)

Historical events can be marked by specific pieces of music. Some music, along with its lyrics, can transport us back to the time when it was written. Other pieces, composed in times of great mental and physical distress, convey the emotions of that turbulent period. We will explore music that has added a richness and depth to history.

Date/Time: Fri, Nov 4, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **IRA DOLICH** had a career as an executive with a chemical company and actively volunteers for the U.S. Coast Guard and Coast Guard Auxiliary as an instructor. He has a wide variety of interests and enjoys presenting his research to LLI and to residents at the Greenspring community where he lives. Ira is an LLI member.

Class: 22FA35 Poetry Writing--Let's Make It Happen (4 Sessions)

Join us to discover or revisit the poet within! From the beatific to the bawdy, we will write, share, and cheer each other on.

Dates/Time: Fri, Nov 4; Nov 11; Nov 18; Dec 2, 1:30-3:30 PM (Note time)

Location: ONLINE

Class Size: Min. 8, Max. 15

Coordinator: Marianne Moerman

Instructor: **ED SADTLER** has been reading and writing poetry for many years. He is a long-time member of LLI/NOVA and attendee of *Richard Risk's Poetry and You* classes and of the Poetry Workshop at George Mason University's Osher Lifelong Learning Institute (OLLI). He also is the co-leader of the OLLI Writer's Workshop.

CAROLYN WYATT is a retired federal information officer who has traveled widely. She has an M.A. in Spanish from Indiana University, writes haunting and often humorous poetry, and has co-taught classes at both LLI/NOVA and OLLI with Ed Sadtler.

Class: 22FA36 Early Modernist Houses (2 Sessions)

In the early to mid-20th century several architects began to examine new approaches to domestic architecture. In the United States Frank Lloyd Wright broke away from the repetitive building of colonial style houses to incorporate simple lines and local materials. A handful of European architects also broke from tradition with inspiration from the simplicity of the Bauhaus to develop the International Style. We'll start with a look at Wright, then move to Europe to examine key houses designed by Le Corbusier, Mies van der Rohe, Gerrit Rietveld, and Alvar Aalto. Returning to the U.S., we'll end with homes that Philip Johnson and Charles and Ray Eames built for themselves in 1949. Considering that some of these homes are close to a century old, they all look remarkably fresh and modern.

Dates/Time: Mon, Nov 7; Nov 14, 10:00-11:30 AM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Nan Peck

Instructor: **ROZ HOAGLAND** is a retired art historian with a B.A. from Marietta College and an M.A. from Penn State. She taught at NOVA for 40 years and also at the Corcoran College of Art + Design and gave lectures at the US State Department Training Center. In retirement she continues to take groups to Europe for study tours focusing on art, architecture, historic, and unusual sites. Since 1999 she has led 55 trips to over 20 countries.

Class: 22FA37 Park Ranger Grab Bag: Part 1 (1 Session)

Join Park Rangers from the National Mall and Memorial Parks cadre as they present on a topic of their choice based on Ranger availability. Presentations this term will focus on the Revolutionary War, a Jefferson memorial near Independence Hall, war memorials in Washington, D.C., and a surprise topic to be determined.

Date/Time: Tue, Nov 8, 1:30-3:00 PM

Location: Mason District Governmental Center, Large Room

Class Size: Min. 10, Max. 50

Coordinator: Debi Hunsberger

Instructor: **BRAD BERGER** has a B.A. in European history and an M.A. in American colonial history. Brad served in the Federal Republic of Germany as a security specialist in the U.S. Air Force and interned for the National Park Service at Harpers Ferry National Historic Park. Ranger Berger currently serves at the National Mall and Memorial Parks in Washington, D.C., where he helps coordinate operations for presidential inaugurations, annual national Independence Day celebrations, and National Cherry Blossom Festivals.

JENNIFER EPSTEIN graduated from Gettysburg College and is an education specialist for the National Mall and Memorial Parks in Washington, DC. She demonstrated her historical and educational background through work in education and at several National Park Service sites such as Gettysburg National Military Park, Adams National Historical Park, Mount Rushmore National Memorial, and Jamestown National Historic Site.

SUSAN PHILPOTT is a Park Ranger with the Belmont-Paul Women's Equality National Monument in Washington, D.C. For more than 90 years the site has been the headquarters of the National Woman's Party founded by Alice Paul. The 200 year old house on Capitol Hill is now a museum dedicated to the fight for woman suffrage and the ongoing struggle for women's equality. Susan has been an interpreter for the National Park Service for over 10 years. She earned her bachelor's and master's degrees in public history from the University of Maryland, Baltimore County (UMBC.) She loves to engage visitors with the history of freedom and justice in the United States and explore the stories of those who work for social change.

BETHANY BAGENT began her National Park Service career at the Jefferson National Expansion Memorial (St. Louis, MO) where she spent two summers as a seasonal. In March, 1999, she joined the staff at the National Mall and Memorial Parks. Bethany is currently involved in various projects ranging from event planning to education programs.

Class: 22FA38 Only in America (1 Session)

Let's explore some ideas that are uniquely U.S. American.

Date/Time: Wed, Nov 9, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 104

Class Size: Min. 10, Max. 32

Coordinator: Nan Peck

Instructor: **NAN PECK** is a professor emerita from NOVA-Annandale, having taught communication studies with a specialty in interpersonal persuasion. She is an LLI member, currently serves on the curriculum committee, and formerly served on the board of directors.

Class: 22FA39 This Present Moment: What's New at the Renwick Gallery? (1 Session)

The exhibit "This Present Moment: Crafting a Better World" celebrates the 50th anniversary of the Renwick Gallery and asks us to consider what craft means in contemporary life. It explores how artists have responded to challenging times, including the pandemic, eruptions for social justice, the "Me Too" movement, insurrection at the Capitol, and the issues of climate change. In planning for this exhibit, one goal was to acquire works that would expand the museum's holdings created by people of color, women, LGBTQ+, and other marginalized communities. In this presentation we will focus primarily on new works and consider the influence of craft now and over time.

Date/Time: Wed, Nov 9, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Philippa Centini

Instructor: **SARA SHOOB** is a graduate of Boston University. She has a background in teaching and educational administration with an emphasis in history, social studies, and the arts. Sara currently works as a docent at the Smithsonian American Art Museum and Renwick Gallery. She has presented a number of classes for LLI and loves sharing her passion for art.

Class: 22FA40 Park Ranger Grab Bag: Part 2 (1 Session)

See "Park Ranger Grab Bag: Part 1" for details about the classes to be presented this term.

Date/Time: Thu, Nov 10, 1:30-3:00 PM

Location: Mason District Governmental Center, Large Room

Class Size: Min. 10, Max. 50

Coordinator: Debi Hunsberger

Instructor: One or more of the Park Rangers listed in Part 1 will present this class.

Class: 22FA41 Park Ranger Grab Bag: Part 3 (1 Session)

See "Park Ranger Grab Bag: Part 1" for details about the classes to be presented this term.

Date/Time: Tue, Nov 15, 1:30-3:00 PM

Location: Mason District Governmental Center, Large Room

Class Size: Min. 10, Max. 50

Coordinator: Debi Hunsberger

Instructor: One or more of the Park Rangers listed in Part 1 will present this class.

Class: 22FA42 How to Host an Afternoon Tea (1 Session)

Would you like to host a tea during the holiday season or any time? Recipes will be provided and Chef Cal always has samples. **Note: there is a \$5.00 per person fee for this class, payable at the door.**

Date/Time: Wed, Nov 16, 10:00-11:30 AM

Location: St. Matthew's United Methodist Church, Room 304

Class Size: Min. 10, Max. 28

Coordinator: Bonnie Hopler

Instructor: **CALVIN KRAFT** attended *L'Academie de Cuisine* and The Culinary Institute of America and has taught culinary classes. He worked in the corporate world of the travel and hospitality industry for 30 years. After retiring, he was the owner and executive chef of Dinner Is Served LLC, a personal chef/catering operation.

Class: 22FA43 Park Ranger Grab Bag: Part 4 (1 Session)

See "Park Ranger Grab Bag: Part 1" for details about the classes to be presented this term.

Date/Time: Thu, Nov 17, 1:30-3:00 PM

Location: Mason District Governmental Center, Large Room

Class Size: Min. 10, Max. 50

Coordinator: Debi Hunsberger

Instructor: One or more of the Park Rangers listed in Part 1 will present this class.

Class: 22FA44 Super Special Sardinia (1 Session)

The beautiful island of Sardinia, a part of Italy, has been populated in various waves of immigration from prehistory until present time. We will view pictures of archaeological finds dating from the Neolithic through the Bronze Age and see the recreation of ancient musical instruments. From present day we will watch colorful cultural festivals with parades and dancing and admire beautiful works of art made from cork, a naturally growing tree in the Sardinian forests.

Date/Time: Tue, Nov 22, 1:30-3:00 PM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **CONNIE RUBINSTEIN** taught English at Oxon Hill Science and Technology High School for twenty-five years. Since retiring she has been creating videos of the numerous trips she has taken.

Class: 22FA45 Demystifying Dementia (1 Session)

Ten percent of people over 65 have been diagnosed with Alzheimer's dementia. What can you expect after the diagnosis? These classes will give you an understanding of this disease and other forms of dementia, enable you to start planning for the future, and give you ways to adjust to a new life with someone who has dementia. Discussions will focus on how to distinguish various types of dementia, the typical path of progression, communication techniques, services available to caregivers, and ways to engage with a person who has dementia.

NOTE: The final session of this class will meet on Dec. 13 at 10:00-11:30 (instead of 1:30-3:00 PM) at Greenspring, Village Square Theater.

Dates/Time: Tue, Nov 29; Dec 6; Dec 13, 1:30-3:00 PM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Doug Johnson

Instructor: **KAY YONG** is the Educational and Outreach Director for Insight Memory Care Center. She is passionate about quality dementia care, support and education for families, and assisting those with dementia retain a sense of self purpose.

Class: 22FA46 Highlights and Hidden Gems at the Walters Art Museum (2 Sessions)

Most people know that the Walters owns Tiffany jewelry, a Raphael, and has its own mummy on display. But what about the other treasures at the Walters? In this two part session we will discover a Byzantine vase once owned by Peter Paul Rubens, a Torah ark door from the oldest synagogue in Egypt purchased at auction by a dentist, and artwork by fierce female artists.

Dates/Time: Wed, Nov 30; Dec 14, 10:00-11:30 AM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Anna Dixon

Instructor: **PAM MAZERSKI** earned a B.A. and an M.P.A. in jurisprudence. Prior to retiring she led a research and development organization for the federal government. Pam is a docent at the Walters Art Museum, a volunteer for the Smithsonian Associates program, and teaches biblical studies.

Class: 22FA47 Electronic Surveillance (3 Sessions)

This class will examine the federal management of electronic surveillance for criminal investigations.

Dates/Time: Thu, Dec 1; Dec 8; Dec 15, 10:00-11:30 AM

Location: NOVA CN Bldg, Room 109

Class Size: Min. 10, Max. 26

Coordinator: Nan Peck

Instructor: **WES CLARK** is a former Justice Department prosecutor. He was also a federal attorney for over 38 years. The last 20 years Wes was with the Drug Enforcement Agency.

Class: 22FA48 Chautauqua: "The Most American Thing in America" (1 Session)

College, summer resort, health movement, religious assembly -- Chautauqua, an adult education movement, was a combination of all these elements. After the Civil War it dominated and reached millions with its summer assemblies, reading clubs, and traveling circuits. Before radio and television it was the place to politic for public office by presidential wannabes. Famous for its commitment to democracy, women's rights, and social justice, Chautauqua remained silent on the critical issues of race and class in America. It is the story of white, Protestant, middle class Americans struggling to reconcile their parochial experiences and attitudes with new, radical ideas about social progress. According to President Teddy Roosevelt, Chautauqua was "the most American thing in America."

Date/Time: Mon, Dec 12, 1:30-3:00 PM

Location: ONLINE

Class Size: Min. 10, Max. 97

Coordinator: Judy Robison

Instructor: **BARBARA STIFFLER** was introduced to the Chautauqua Movement while doing research for an LLI class which led to current research for an historical fiction book she is writing about one of Chautauqua's most popular and frequent speakers. She has read *The Hall in the Grove* by Isabella ("Pansy") Alden published in 1880, once famous as "the Chautauqua novel." It has been said a person "will know more, on reading it, of culture in the American eighties [1880s] than can otherwise be described." Barbara's research extended to a mystery set in the 1990s when Chautauqua was smaller and sleepier. She has read issues of the Chautauquan Daily newspapers from 1917 to 1961 and delved into the Chautauqua Institution archives. Barbara attended the Chautauqua Summer Program in July 2022.

Class: 22FA49 Religious Philosophies in Jewish and Christian Thought – Part 1 ... Desiderius Erasmus (1 Session)

Desiderius Erasmus (1466 – 1536) was a pre-reformation Roman Catholic “reformer”, church critic, and bible scholar. He is best known for publishing a Greek-Latin parallel New Testament (first edition 1516) which clearly showed the many errors and corruptions of the Latin Vulgate bible used by the western church. This was the first non-Latin Vulgate text of the scripture to be produced in a millennium. It drew instant criticism from the church but was generally used by the reformers. This is the first in a series of influential Jewish and Christian religious philosophers to be discussed. The series will continue in spring term.

Date/Time: Wed, Dec 14, 10:00-11:30 AM

Location: Greenspring Village, Village Square Theater

Class Size: Min. 10, Max. 45

Coordinator: Arline Sachs

Instructor: **JOHN RYBICKI** lectures for many organizations including LLI. He is an expert at comparing religions and their philosophers and the resulting beliefs today.