Website

• JoanPrice.com

Joan Price is an author, speaker and advocate for ageless sexuality. Her website has lots of great resources, a blog and links to all of her books, films and projects.

Professionals

<u>RachelRubinMD.com</u>

Dr. Rachel S. Rubin is a board-certified urologist and sexual medicine specialist. She is a physician in sexual medicine for all genders. I highly recommend her!

Justyn Hintz – justynashley@gmail.com

Justyn is a licensed therapist who can help you develop practical strategies and skills to improve your relationships and reclaim your sexuality. I personally recommend her!

 <u>AASECT.org</u> – <u>Locate a Sexuality Professional | AASECT:: American Association</u> of <u>Sexuality Educators</u>, <u>Counselors and Therapists</u>

You can search AASECT for credentialed and skilled sexuality therapists, counselors and educators by state here

Sexual Health and Toy Stores

Kim Airs' online store - <u>GrandOpening.com</u>

All of the products Kim demonstrated on week 2 are available through her website, plus many of Kim's other fun sex positive projects.

Lotus Blooms, 1017 King St, Alexandria VA LotusBlooms.com

Store specializes in creating a warm, sex-positive atmosphere for all guests. Welcoming of all identities and experience levels and our education-focused staff works hard to answer customer questions that meet customers where they are in a shame-free and easy-to-understand way.



By Andy Butler dtvAndy4@gmail.com

Books

- Naked at Our Age: Talking Out Loud About Senior Sex (2011) by Joan Price
 - An inviting and informative guide to sex for seniors, with a clear message that as far as sex in the senior years goes, the best is yet to come. In *Naked at Our Age,* Joan Price offers a candid, straight-talking exploration of senior sexuality -- the challenges, the disappointments, and the surprises, as well as the delights of love and passion.
- <u>The Ultimate Guide to Sex After 50 How to Maintain or Regain a Spicy Satisfying Sex Life</u> (2015) by Joan Price
 - This definitive guide to sex and aging has it all: medical challenges, loss of libido, loss of intimacy, dating, elusive orgasms, erectile dysfunction, vaginal pain, self-pleasuring, sex toys, kink, and more. Solid, practical information in a friendly, accessible style to help all genders and orientations, partnered or unpartnered, enjoy their sexuality for the rest of their lives.
- <u>The Monster Under the Bed: Sex, Depression, and the Conversations We Aren't Having</u> (2020) by JoEllen Notte
 - Whether it's you, a family member, a friend, or a partner who is affected, depression has the potential to touch us all. But you're not alone and you can have successful relationships and satisfying sex with depression. JoEllen Notte will help you understand how sexual function is affected by depression and what keeps us from effectively addressing it.
- <u>Gray Love Stories About Dating and New Relationships After 60</u> (2023) edited by Nan Bauer-Maglin, Daniel E. Hood
 - Gray Love narrates stories about the most common themes searching for and (perhaps) finding love. Forty-five men and women between ages 60 and 94 from diverse backgrounds talk about dating, starting or ending a relationship, embracing life alone or enjoying a partnered one.
- <u>Come As You Are: Revised and Updated: The Surprising New Science That Will Transform</u> <u>Your Sex Life</u> (2021) by Emily Nagoski PhD
 - Groundbreaking science and research to prove that the most important factor in creating and sustaining a sex life filled with confidence and joy is not what the parts are or how they're organized but how you feel about them.
- <u>The Come as You Are Workbook: A Practical Guide to the Science of Sex</u> (2019) by Emily Nagoski
 - A new, practical workbook from the *New York Times* bestselling author of *Come As You Are* that allows you to apply the book's groundbreaking research and understanding of why and how women's sexuality works to everyday life.
- <u>Urban Tantra, Second Edition: Sacred Sex for the Twenty-First Century</u> (2017) by Barbara Carrellas and Annie Sprinkle
 - If you think sexual and spiritual bliss can't be found in today's fast-paced world, you haven't experienced Urban Tantra. Acclaimed sex educator Barbara Carrellas radically updates the ancient practice of Tantra for modern sexual explorers desiring to discover new frontiers.



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