

## Decluttering Resources – Updated August 2022

- **AARP Online Learning**  
<http://learn.aarp.org>
- **AARP Resources for Caregivers and their Families**  
[aarp.org/caregiving](http://aarp.org/caregiving)
- **An Organized Financial Life is a Gift to Yourself and Your Loved Ones**  
<https://www.aarp.org/caregiving/financial-legal/info-2018/organize-financial-records/>
- **Declutter Your Life Now**  
<https://www.aarp.org/home-family/your-home/info-2014/declutter-tips-for-home/>
- **Downsizing? Ditch These Items**  
<https://www.aarp.org/money/budgeting-saving/info-2015/downsizing-items-to-ditch-photo>
- **Downsizing the Family Home: What to Save, What to Let Go**  
[www.aarp.org/downsizing](http://www.aarp.org/downsizing)
- **Downsizing the Family Home Workbook – AARP book (for purchase)**  
['Downsizing the Family Home'—What to Save, What to Let Go \(aarp.org\)](http://www.aarp.org/downsizing-the-family-home-workbook)
- **FTC Stopping Unsolicited Mail, Email and Phone Calls**  
<https://consumer.ftc.gov/articles/how-stop-junk-mail>
- **5 Easy Steps to Get Rid of Absolutely Anything**  
<https://www.aarp.org/home-family/your-home/info-2014/declutter-sell-items-online>

### **What Your Stuff is Costing You**

<https://www.aarp.org/money/budgeting-saving/info-2018/clutter-cost-fd>

- **How Long Do You Have to Keep Tax Records?**  
<https://www.aarp.org/money/taxes/info-2020/how-long-to-keep-records>
- **How Much Is Your Stuff Worth?**  
<https://www.consumerreports.org/cro/magazine/2012/10/how-much-is-your-stuff-worth/>
- **How to Organize Your Closet**  
<https://www.aarp.org/entertainment/style-trends/info-2018/closet-organizer-tips>
- **How to Make Money Selling Your Stuff Online**  
<https://www.moneymanagement.org/credit-counseling/resources/how-to-make-money-selling-your-stuff-online>
- **How to Plan for a Manageable Move**  
[www.aarp.org/caregiving/home-care/info-2017/moving-plan](http://www.aarp.org/caregiving/home-care/info-2017/moving-plan)

- **How to Tell if You Have a Real Hoarding Problem**  
<https://www.aarp.org/home-family/your-home/info-2014/compulsive-hoarding-pack-rat>
- **National Association of Productivity & Organizing Professionals**  
[www.napo.net](http://www.napo.net)
- **NAPO A Hiring Guide: How to Work with a Professional Organizer or Productivity Consultant**  
[https://cdn.ymaws.com/www.napo.net/resource/resmgr/guides/how\\_to\\_hire\\_guide\\_final.pdf](https://cdn.ymaws.com/www.napo.net/resource/resmgr/guides/how_to_hire_guide_final.pdf)
- **NAPO: Frequently Asked Questions about Working with a Professional**  
<https://www.napo.net/page/howtohire>
- **Organizing Your Loved One's Financial Records**  
[www.aarp.org/caregiving/financial-legal/info-2018/organize-financial-records](http://www.aarp.org/caregiving/financial-legal/info-2018/organize-financial-records)
- **Replacing Important Documents**  
<https://www.aarp.org/caregiving/financial-legal/info-2018/replacing-important-documents>
- **Relocating Someone Who Hoards**  
<https://www.aarp.org/caregiving/home-care/info-2018/moving-hoarder>
- **Support Our Troops – American's Military Charity**  
<https://supportourtroops.org/war-relics>
- **The National World War II Museum**  
<https://www.nationalww2museum.org/artifact-donation-faq>
- **Yard Sale 2.0: Smart Ways to Get Rid of Stuff**  
<https://www.aarp.org/home-family/your-home/info-2018/donate-sell-get-rid-of-stuff>