



Index to Classes by Category

Spring 2024

24SP06	25 Quick Bread Recipes	Wed, Jan 24
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Art/Music

24SP51	Small Island Big Song	Sat, Apr 20
24SP18	Artists Depict the American West	Tue, Feb 27
24SP38	Music with Historical Significance	Tue, May 7
24SP45	Hamid Rahmainian's Song of the North	Sat, Jan 27
24SP46	Virginia Opera: Sanctuary Road	Fri, Feb 2
24SP47	A.I.M by Kyle Abraham	Sat, Feb 17
24SP48	Frederick Douglass Home & National Portrait Gallery	Tue, Feb 20
24SP49	Jubilee/Mnozil Brass	Sun, Feb 25
24SP50	Spring Outing to Glenstone	Thu, Apr 18

Biology

24SP41	Birds of Paradise: The Ultimate in Sexual Selection	Thu, May 16
24SP36	Evolutionary Biology: Are You Game?	Fri, Apr 19

Botany

24SP26	The Flowers that Bloom in the Spring Fa La!	Wed, Mar 20
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Communication

24SP32	Media Literacy for Older Adults	Fri, Apr 5
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Cooking

24SP43	Picnic Salads	Wed, May 22
24SP37	30 Ways to Cook a Chicken	Wed, Apr 24
24SP29	Pasta, Pasta, Pasta	Wed, Mar 27
24SP19	Cooking from Your Pantry	Wed, Feb 28

Economics

24SP28	What's Next For the U.S. Economy?	Fri, Mar 22
24SP21	Downsizing and Decluttering	Wed, Mar 6
24SP40	Protect Yourself from Fraud & Identity Theft	Wed, May 15

Excursion

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24SP35	Spring Tour at Meadowlark Botanical Gardens	Wed, Apr 17

Finance

24SP17	Sleep Well at Night: Simple Investing in the Stock Market	Tue, Feb 27
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Health

24SP02	Keeping Your Brain Young	Mon, Jan 15
24SP31	Dementia 101: Raising Awareness, Promoting Prevention	Thu, Apr 4, Apr 11, Apr 25
24SP04	Organizing for Seniors	Wed, Jan 17
24SP34	Discussing Kindness and Respect	Mon, Apr 15
24SP13	Tai Chi, Qigong, and Daoist Philosophy	Fri, Feb 16, Feb 23

History

24SP30	This Old House	Thu, Mar 28
24SP15	The Great Atlantic Speed Race of the Grand Ocean Liners	Tue, Feb 20
24SP11	Between Pearl Harbor and Midway: Turning Defeat into Victory in the Pacific Theater	Tue, Feb 13
24SP08	The Southern Campaign: Where the American Revolutionary War Was Won	Tue, Feb 6
24SP05	Genealogy	Mon, Jan 22
24SP16	Leadership in Time of Crisis, the American Revolution, and the Creation of a Constitution	Wed, Feb 21
24SP33	Controversial Presidential Elections	Wed, Apr 10
24SP07	America's Most Decorated Warship: The USS Enterprise	Tue, Jan 30
24SP14	Alternate History: What If?	Tue, Feb 20
24SP39	The Trial of Dr. Samuel Mudd	Thu, May 9
24SP24	What is Texas?	Thu, Mar 14, Mar 21, Mar 28
24SP01	The Ritchie Boys	Thu, Jan 11
24SP12	A Brief History of World Religions	Wed, Feb 14
24SP03	The Extraordinary Pacific Voyages of Captain James Cook	Tue, Jan 16
24SP27	Making "The Man of the People": The Invention of the American Presidency	Fri, Mar 22
24SP10	Blue Light and the Amazing Story of the Confederate Submarine CSS Hunley	Tue, Feb 13

Politics

24SP09	Great Decisions 2024	Thu, Feb 8, Feb 15, Feb 22, Feb 29, Mar 7, Mar 14, Mar 21, Mar 28
24SP25	League of Women Voters and its Roots in Women's Suffrage	Tue, Mar 19
24SP27	Making "The Man of the People": The Invention of the American Presidency	Fri, Mar 22

History, Religion

24SP12	A Brief History of World Religions	Wed, Feb 14
24SP23	Biblically Speaking	Tue, Mar 12, Mar 19, Mar 26, Apr 2, Apr 9, Apr 16

Science/Technology

24SP20	Journey to the Moon	Mon, Mar 4
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Travel

24SP22	Getting High On Dubai	Mon, Mar 11
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24SP42	Spain and Portugal in 2012: Ole'	Tue, May 21
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