# The Science of Learning

**NOVA LLI** 

Robert Loser

March, 2025

# Notes from Session 4: How to Achieve Mastery

### Introduction

Questions from previous sessions:

- The effect of stress on implicit learning
- The tip-of-the-tongue phenomenon

### Today's session:

• How experts differ from novices

The path to mastery

How Experts Differ from Novices
More knowledge

Better organization of knowledge

## **How Experts Differ from Novices**

Better pattern recognition	
More fluid performance	

Better transfer between contexts

How Experts Differ from Novices
Blind spots
Can't transfer expertise to other domains
Can thansier expendse to other domains

# The Path to Mastery Learning component skills

Integrating components

Applying integrated skills

### The Path to Mastery

• Deliberate practice

Q & A

Locations for session notes, bibliography, and related documents:

- LLI web site course folder
- Bob's Google drive: https://tinyurl.com/SOL-LLI