

Forum Schedule

There is no Forum in August. Here is a preview of the Forums to be held in the fall.

September 2: International Trade, Tariffs, & Trade Deficits: Facts & Fiction. Having spent more than 30 years with the U.S. Treasury dealing with international trade policy issues, **Jim Wallar** will talk about the twists and turns of trade policy, including the misconception that exports are good and imports are bad.

October 7: Two Great Loves of George Washington. We welcome back **Peter Henriques**, Professor of History, Emeritus, GMU, to speak about the two great loves of our first president.

November 4: A Week in the Life of a Virginia Winemaker. Our speaker will be **Chris Pearmund**, educator and vintner in the Virginia wine industry for 30+ years.

Register for Fall Semester

After a blistering summer, we'll soon be enjoying cooler days and 46 LLI Fall Semester classes from which to choose! They include the popular history and science classes, and many other topics. Note that cooking classes are back—all three about laminate pastries.



We plan to post the class catalog online in early August and to open registration August 10. Be sure to check out the catalog and sign up early!

LLI POTLUCK PICNIC

Save the Date: Wednesday, September 30, 12:30 to 3:30 p.m., [Roundtree Park](#)



Let's party! We did it last year, and it was a blast, so we're planning another potluck picnic for members and family. The picnic will again be at the [Roundtree Park](#) picnic shelter off of Annandale Road near Annandale. So, save the date! The registration fee is \$15 per person (cash, to be collected at the entrance). Please register in advance on the LLI Events [Calendar](#). The fee covers the cost of hamburgers, veggie burgers, hot dogs, buns, condiments, and paper products. When registering, members are requested to sign up to bring a salad, entrée or dessert. Please also bring your own beverage. Volunteers are needed for check-in, set up, cleanup, and food prep. When registering, please indicate how you can help. Contact [Carol Fagnani](#) or [Mary Alexander](#) with any questions.

LLI/NOVA Board of Directors

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LLI Newsletter Committee

Chair: Cathy Becker, newsletter@llinova.org
Loren Brandman, Patricia Brennan

Cultural Excursions

Tour [NOVA Labs](#) in Fairfax City



Sunday, August 30,
2:00 p.m., Free
3850 Jermantown Rd.,
Fairfax

Join us for a private tour of NOVA Labs, a 40,000-square-foot facility, home to a vibrant maker community, where members learn, create, and collaborate. Nova Labs offers access to resources, tools, advanced machining, and technology equipment to craft, make, prototype, and fabricate. It is the ultimate workspace for hobbyists, tinkerers, engineers, artisans, and entrepreneurs. Its focus is on learning by doing. There are a variety of shops, studios, and equipment including 3D printing (both extrusion and resin), computer numerical control machines, robotics, woodworking, crafts, electronics, laser cutters, metal work, mixed media, plastics, and composites. Come and tour to see all that is offered!

The facility has a school that offers classes for both adults, and children (K-12) all year-round. It also offers summer camp programs for children.

Visit the LLI website [here](#) for accessibility and parking information. LLI Board and NOVA Labs member Andy Butler recommended this tour.

This tour is limited to a maximum of 15 participants. If you must cancel your registration, a 48-hour notice to trip coordinator [Carol Fagnani](#) is requested so that waitlisted members may be substituted. Registration deadline is August 24.

POC Information

Underlined names are points of contact (POCs). Click on them, sign into our website, and find the POC's contact information in our member directory in our updated website.

Community Outreach

Summer is a time to recreate - or re-create - our body, mind, and spirit. We hope you are able to do that this summer. And while

you're at it, help someone who needs a boost with their nutrition do the same. As the Capital Area Food Bank (CAFB) [website](#) says, "Good food today. Brighter futures tomorrow."



Capital Area Food Bank is the largest hunger relief organization in the D.C. metro area. It distributes food to more than 400 nonprofit partners in the DMV area, and provides direct distribution to kids, seniors, and others in need. They can provide two meals for every dollar donated.

You may donate to CAFB [online](#), or by mailing a check to Capital Area Food Bank (Attn: Brad Jensema, Sr. Dir. of Development), 4900 Puerto Rico Ave NE, Washington DC 20017.

Thank you. Keep re-creating for yourself and others!

– Betsy Pugin and Debbie Omori

Welcome New Members

- Carol McManus
- Andrea Nygren
- Michele Palella



Greeting Cards for our LLI Friends

Do you know an LLI member who might appreciate receiving a greeting card with get-well wishes, sympathy, "thoughts of you," or other supportive words from LLI? If so, contact [Arlene Gribben](#).

Final Month of Summer Classes

Don't miss the chance to register on our website for the last of the summer classes; click on [Classes & Events - lilnova.org](https://www.lilnova.org/classes-events).

CLASS TITLE	INSTRUCTOR	Day	DATE	TIME	NOTES	NOVA ROOM
Oregon Trail-Fact, Fallacies & Funny Stories	Mary Alexander	M	8/10/2026	10-11:30 am		CN 103
Simple Changes to End Chronic Pain	Nancy Shaw	Tu	8/11/2026	1:30-3:00 pm		CN 103
Ernest Hemingway's Secret Adventures	Nicholas (Nick) Reynolds	W	8/12/2026	10-11:30 am		CN 103
Phenomenology and WW II	Daniel Blier	Tu	8/18/2026	1:30-3:00 pm		CN 103
Market Volatility and New Tax Legislation	Kelly Campbell	Th	8/20/2026	1:30-3:00 pm		CN 103
War and Peace in an Age of Empire: What About China?	Richard Rubenstein	W	8/26/2026	10-11:30 am	ZOOM --	
America's Policy Consensus Countering China's Challenges - Is It Softening?	Robert Sutter	Fri	8/28/2026	10-11:30 am		CN 104
Invasive Plants and How to Control Them (Fairfax County)	Rekha Dolas	Fri	8/28/2026	1:30-3:00 pm		CN 104

Special Interest Group (SIG) Meetings at a Glance

KPL = Kings Park Library, 9002 Burke Lake Rd., Burke

POC = Point of Contact

Bridge – Wednesday, August 12, and Thursday, August 27, 10:30 a.m. – 2:30 p.m., at Mason District Governmental Center. All levels of player are welcome. For more info, click [here](#). POC Martin Stutsman, bridge@lilnova.org

Favorite Books – No meetings in July and August. See you in September!

POC Lynne Smaldone, favoritebooks@lilnova.org

Foodies & Friends – Monday, August 17, 12:00 p.m. See article on next page for details.

Mystery Books – No meetings in July or August. See you in September!

POC Mary Lu Bednarsky, mysterybooks@lilnova.org

Photography – Friday, August 21, 10:00 a.m. – 12:00 p.m. at KPL

New members are always welcome. Cell phone cameras are fine.

POC Buck Myers, photo@lilnova.org

Tabletop Games – Tuesday, August 25, 1:30 – 3:00 p.m. at KPL

Contact POC Mary Lu Bednarsky, tabletopgames@lilnova.org, for game info.

Foodies & Friends

Monday, August 17, 12:00 p.m.

[Chutzpah Deli](#),

12214 Fairfax Towne
Center, Fairfax

Please join Foodies &
Friends as we experience
a local version of a *real*

New York Deli. Chutzpah's huge menu includes
not only dozens of sandwich choices, but also a
wide variety of salads, sides, soups, and hard-
to-choose-just-one dessert options. Interested
in knishes, kugel, kreplach, or blintzes?

Chutzpah can satisfy your craving. Or you may
want to consider breakfast choices from the all-
day breakfast portion of the menu.



You might think it takes a
lot of gall or nerve to call
your deli Chutzpah. But
what sets this one apart
from other area delis is that
you actually believe you're

in a real New York deli – from the aroma when
you walk through the front door, to the pickles
and homemade coleslaw placed on your table
when you're seated. The sandwiches are over-
stuffed, and the chicken soup is probably better
than your grandmother's. They make their own
corned beef, top rounds, brisket, chopped liver,
salads, matzo balls, kreplach, and potato latkes.
Just about everything else, including the
smoked fish, pastries, bagels, bialys, and
cheese cake are from New York. Opened more
than 25 years ago, Chutzpah still has the same
owner/manager.

There is plenty of parking, easy accessibility,
and separate checks will be provided.

Please **reserve early** for this small but **very**
popular restaurant that cannot accommodate
large groups. Our reservation is limited and a
waitlist will be established if needed. RSVP to
[Bev Portman](#) before August 13.

LLI/NOVA Member Benefit:

\$20 Tickets at the Center for the Arts

Once again our fellow member Anna Dixon has
negotiated deeply discounted tickets (\$20) for
selected performances at the George Mason
University Center for the Arts.

The offerings include music, dance, and
theater, September through April. Additional
performances and later options (for May/June
2027) may be announced in the future.

The discounted performances (with links to the
GMU website) are:

- [Music from the Sole](#), Saturday, September 26 at 7:30 p.m.
- [VOCES8](#), Saturday, October 17 at 7:30 p.m.
- [Compagnie HERVÉ KOUBI](#), Saturday, October 24 at 7:30 p.m.
- [Shanghai Ballet: Giselle](#), Sunday, November 8 at 4:00 p.m.
- [Spanish Harlem Orchestra](#), Saturday, December 5 at 7:30 p.m.
- [Aquila Theatre: Dr. Jekyll and Mr. Hyde](#), Saturday, January 23 at 2:00 p.m.
- [National Symphony Orchestra of Ukraine](#), Sunday, January 31 at 3:00 p.m.
- [Third Coast Percussion](#), Saturday, February 6 at 7:30 p.m.
- [Orpheus Chamber Orchestra with Isata Kanneh-Mason](#), Sunday, February 21 at 2:00 p.m.
- [Martha Graham Dance Company](#), Saturday, April 3 at 7:30 p.m.
- [Silkroad Ensemble featuring Cécile McLorin Salvant](#), Saturday, April 10 at 7:30 p.m.
- [Angélique Kidjo](#), Sunday, April 25 at 7:00 p.m.

Beginning August 4, members may use the
code found on our website to purchase tickets
online, over the phone, or in person at the ticket
office. For online purchases, enter the code (not
case-sensitive) in the "Set Your Search
Options" menu prior to selecting seats. Coupon
code cannot be added in the cart.